

1 **Influence of Westerly Wind Events stochasticity on El**  
2 **Niño amplitude: the case of 2014 vs. 2015.**

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10 **Abstract** The weak El Niño of 2014 was preceded by anomalously high equatorial  
11 Pacific Warm Water Volume (WWV) and strong Westerly Wind Events (WWEs),  
12 which typically lead to record breaking El Niño, like in 1997 and 2015. Here, we  
13 use the CNRM-CM5 coupled model to investigate the causes for the stalled El  
14 Niño in 2014 and the necessary conditions for extreme El Niños. This model is  
15 ideally suited to study this problem because it simulates all the processes thought  
16 to be critical for the onset and development of El Niño. It captures El Niño pre-  
17 conditioning by WWV, the WWEs characteristics and their deterministic behaviour  
18 in response to warm pool displacements. Our main finding is, that despite their  
19 deterministic control, WWEs display a sufficiently strong stochastic component  
20 to explain the distinct evolutions of El Niño in 2014 and 2015. A 100-member  
21 ensemble simulation initialized with early-spring equatorial conditions analogous  
22 to those observed in 2014 and 2015 demonstrates that early-year elevated WWV  
23 and strong WWEs preclude the occurrence of a La Niña but lead to El Niños  
24 that span the weak (with few WWEs) to extreme (with many WWEs) range.  
25 Sensitivity experiments confirm that numerous/strong WWEs shift the El Niño  
26 distribution toward larger amplitudes, with a particular emphasis on summer/fall  
27 WWEs occurrence which result in a five-fold increase of the odds for an extreme  
28 El Niño. A long simulation further demonstrates that sustained WWEs through-  
29 out the year and anomalously high WWV are necessary conditions for extreme  
30 El Niño to develop. In contrast, we find no systematic influence of easterly wind  
31 events (EWEs) on the El Niño amplitude in our model. Our results demonstrate  
32 that the weak amplitude of El Niño in 2014 can be explained by WWEs stochastic  
33 variations without invoking EWEs or remote influences from outside the tropi-  
34 cal Pacific and therefore its peak amplitude was inherently unpredictable at long  
35 lead-time.

36 **Keywords** El Niño · Westerly wind events · Easterly wind events · Predictability ·  
37 extreme El Niño events · El Niño predictors

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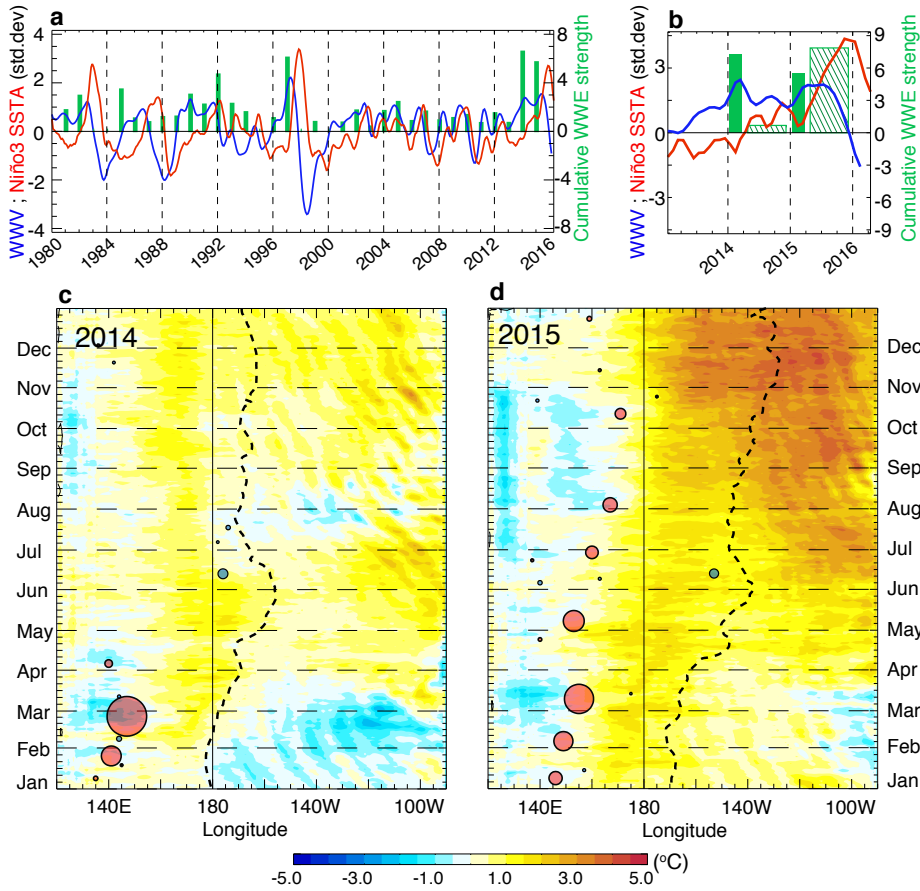
## 1 Introduction

The El Niño Southern Oscillation (ENSO) is the most prominent year-to-year climate fluctuation on earth (McPhaden et al, 2006a). El Niño, the positive phase of ENSO, is characterized by an equatorial Pacific anomalous warming peaking near the end of the calendar year, and occurs every 2 to 7 years. On some occasions, these El Niño events can be exceptionally large, as in 1982, 1997 and 2015, with surface temperature (SST) anomalies in the equatorial eastern Pacific exceeding  $2.5^{\circ}\text{C}$  (Fig. 1a). These extreme events result in a massive reorganization of tropical atmospheric convection (Cai et al, 2014) and have particularly strong impacts on extreme weather events such as cyclones, marine and terrestrial ecosystems and agriculture worldwide (McPhaden et al, 2006a).

El Niño grows as a result of the Bjerknes feedback (Bjerknes, 1966), a positive feedback loop between the ocean and atmosphere in the equatorial Pacific. An initial warm SST anomaly in the central Pacific, usually during boreal spring, drives enhanced deep atmospheric convection and westerly wind anomalies. This in turn induces eastward currents and deepens the thermocline in the central/eastern equatorial Pacific, reinforcing the initial warming. The onset of an El Niño event tends to be favored when the equatorial upper Pacific ocean is anomalously warm (Jin, 1997). The Warm Water Volume (WWV), defined as the anomalous volume of water warmer than  $20^{\circ}\text{C}$  in the equatorial Pacific (Meinen and McPhaden, 2000, Fig. 1a,b), is for instance a widely used El Niño predictor, with a 0.6 lead-correlation six months before the peak of El Niño (McPhaden, 2015).

Atmospheric high frequency forcing can also promote the development and/or initiation of El Niño events (e.g. McPhaden and Yu, 1999; Boulanger et al, 2001, 2004; Vecchi and Harrison, 2000; Lengaigne et al, 2004a; Seiki and Takayabu, 2007a; Fedorov et al, 2015; Larson and Kirtman, 2015) by affecting the equatorial SSTs, amplified afterward by the Bjerknes feedback. In the equatorial Pacific, this high frequency atmospheric forcing mostly occurs under the form of synoptic short-lived westerly wind events (WWEs), characterized by westerly wind anomalies lasting between 5 and 30 days, with typical amplitudes of  $5\text{ m.s}^{-1}$  and zonal and meridional extent of  $30^{\circ}$  and  $10^{\circ}$  respectively (Harrison and Vecchi, 1997; Seiki and Takayabu, 2007a,b; Puy et al, 2015). They preferentially occur over the western Pacific warm pool during boreal winter and spring and are effective triggers for El Niño when the WWV is anomalously high (Ludescher et al, 2014; Lengaigne et al, 2002; Vitart et al, 2003). WWEs are an essential contributor to El Niño diversity, in terms of timing (Jin et al, 2007), magnitude (Eisenman et al, 2005) and spatial pattern (Lian et al, 2014).

WWEs were initially thought to be purely stochastic, occurring randomly and independently from ENSO (Penland and Sardeshmukh, 1995; Kessler et al, 1995; Kleman and Moore, 1997), hence raising concerns for El Niño predictability (Fedorov et al, 2003). There is now a clear body of evidence (Eisenman et al, 2005; Gebbie et al, 2007; Gebbie and Tziperman, 2009a; Seiki and Takayabu, 2007a; Puy et al, 2015) that WWEs occur more frequently when the western Pacific warm pool is abnormally shifted to the east. For instance, a very strong WWE in March 1997 (e.g. McPhaden and Yu, 1999; Yu and Rienecker, 1999; Boulanger et al, 2001, 2004) shifted the warm pool eastward via anomalous zonal advection (Lengaigne et al, 2004a). This promoted an eastward expansion of the deep atmospheric convection, favouring the occurrence of subsequent WWEs later in

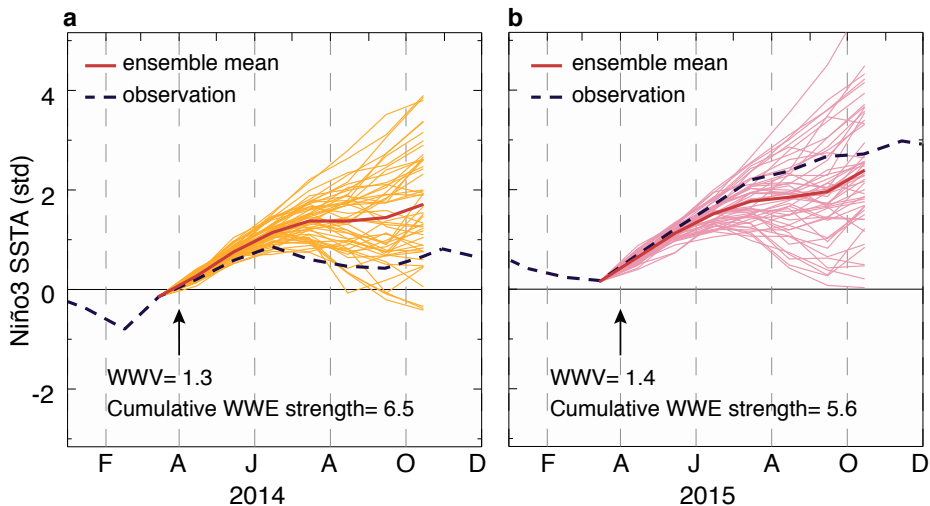


**Fig. 1** a, b, Time evolution of (red) standardized Niño3 SSTA (std.dev=1.24°C, see methods) and (blue) WWV anomalies from (a) 1981 to present (5-month running mean) and (b) from 2013 to early 2016 (monthly values). The green bars on panels a and b display the cumulative Westerly Wind Events (WWEs) strength (a good proxy of their oceanic dynamical response, see methods) for the January-March period. c, d, 2014 and 2015 time-longitude section of averaged 2°N-2°S SST anomalies, and WWEs (red circles) and EWEs (easterly wind events, blue circles). The size of the circles that indicate the wind events central dates and longitudes is proportional to the wind event strength. The black line indicates the eastern edge of the western Pacific warm pool (i.e the 28.5 isotherm).

86 the year (Lengaigne et al, 2004b), and the development of the extreme 1997/98  
 87 El Niño. This positive loop between the large-scale SST field (i.e. the warm pool  
 88 eastward extension) and WWEs numbers and magnitude (Eisenman et al, 2005;  
 89 Gebbie et al, 2007; Lengaigne et al, 2003; Puy et al, 2015) can be viewed as an  
 90 intraseasonal component of the Bjerknes feedback. Studies indicating that WWEs  
 91 are modulated by the large scale SST field raised hopes for the potential to im-  
 92 prove ENSO prediction (Gebbie and Tziperman, 2009a,b; Lopez and Kirtman,  
 93 2014). Yet, the occurrence of individual WWEs cannot be predicted more than a  
 94 couple of weeks ahead because they are not only influenced by large-scale condi-  
 95 tions but also by shorter time-scale atmospheric processes (Seiki and Takayabu,

2007a; Puy et al, 2015). In addition, while WWEs are more likely to occur when the warm pool is shifted eastward, there is still a stochastic component in their number, amplitude or location that limits ENSO predictability.

The stark contrast in the evolution of the Pacific in 2014 and 2015 is a compelling reminder of the competing role of the deterministic vs. stochastic WWEs behaviour on El Niño evolution and predictability. Operational forecasts in spring 2014 predicted the advent of an El Niño at the end of the year. (Ludescher et al, 2014; Tollefson, 2014; McPhaden, 2015). The WWV index reached the highest value since 1997 during January to March of 2014 (Fig. 1ab). This period also witnessed the strongest series of WWEs since 1997 (Menkes et al, 2014, Fig. 1ab). These early WWEs shifted the warm pool towards the central Pacific ( $160^{\circ}\text{W}$  in May 2014, Fig. 1c, Menkes et al, 2014), laying the ground for subsequent WWEs. The ensemble-mean of the European Centre for Medium-Range Weather Forecasts (ECMWF) seasonal forecasts (Molteni et al, 2011) initialized on the 1st of April 2014 predicted a moderate El Niño (Fig. 2a). Early 2015 was very similar to early 2014 in terms of positive WWV anomaly and early-year WWE activity (Fig. 1b). The April 2015 ECMWF forecasts were also similar to those of 2014 and their ensemble mean again pointing to a moderate (but slightly stronger) El Niño (Fig. 2b). The resemblance between these forecasts likely arose from the similar upper heat content and WWEs precursors. Yet, 2014 developed into an at most weak “borderline” El Niño (McPhaden, 2015), while 2015 ranked amongst the strongest El Niños on record, comparable in strength to those of 1997 and 1982 (Fig. 1a).



**Fig. 2** a, b, Standardized Niño-3 SST anomaly plume from ECMWF 51-members ensemble forecasts initialized on the 1st April 2014 and 2015. The dashed line on panels a, b represents the 2014-2015 observed Niño-3 SST anomaly and the red line on panels a,b,c the ensemble mean.

118 What caused the different evolution of the El Niño events of 2014 and 2015?  
 119 Several authors argued that high-frequency wind variability in summer 2014 could  
 120 be responsible for the failure of El Niño (Hu and Fedorov, 2016; Menkes et al,



121 2014). The occurrence of Easterly wind events (WWEs, Fig. 1c), the eastward  
122 counterpart to WWEs (Chiodi and Harrison, 2015; Puy et al, 2015), possibly  
123 in relation with extra-tropical forcing (Min et al, 2015), could have halted the  
124 development of El Niño in 2014 (Hu and Fedorov, 2016). On the other hand,  
125 the lack of summer WWEs could also explain why no El Niño developed in 2014  
126 (Menkes et al, 2014). Although the warm pool was shifted eastward, increasing  
127 the probability of occurrence of subsequent WWEs, there was no enhanced WWE  
128 activity after the early-year WWEs in 2014 as compared to 2015 (Fig. 1b). Using  
129 coupled model ensemble experiments initialized with SSTs only in early 2014 and  
130 2015, Larson and Kirtman (2015) also suggested that these two events falls well  
131 within the expected uncertainty for noise-driven error growth independent from  
132 ENSO. While some external factors may have contributed to suppress WWEs  
133 activity in summer 2014 (McPhaden, 2015; Hu and Fedorov, 2016; Levine and  
134 McPhaden, 2016; Zhu et al, 2016; Min et al, 2015), this could also have happened  
135 by random chance (i.e. due to the stochastic part of the WWEs).

136 Understanding why two similar early-year conditions led to such different out-  
137 comes is an important question, as extreme El Niños such as in 1982/83, 1997/98  
138 or 2014/15 have impacts that are disproportionately stronger relative to weaker  
139 El Niños (Cai et al, 2014). Yet, the mechanisms giving rise to extreme El Niño  
140 events are still debated (Barnston et al, 2012). In this study, we investigate whether  
141 WWEs stochasticity can yield either a 2014-like weak El Niño or a 2015-like ex-  
142 treme El Niño when the initial state is similar to that in early 2014 and 2015. To  
143 reach that goal, we use dedicated numerical simulations using a coupled general  
144 circulation model that simulates reasonably well El Niño events, WWEs and their  
145 mutual relationship. The datasets and model set up are presented in section 2.  
146 The good performances of the model are described in section 3. In section 4, we  
147 show that conditions similar to those observed in 2014 and 2015 can lead to ei-  
148 ther a weak or extreme El Niño, depending on the spring and fall WWE activity,  
149 while EWEs play a less systematic role. In section 5, we further show that both a  
150 recharged WWV and strong summer-fall WWEs are necessary conditions to yield  
151 an extreme El Niño. We also use sensitivity experiments to demonstrate that, even  
152 in presence of a recharged WWV, the lack of WWEs can increase by up to 5 the  
153 odds of a weak 2014-like El Niño, compared to when WWEs occur. A summary  
154 and a discussion about these findings are finally provided in section 6.

## 155 2 Data and methods

### 156 2.1 Climate indices and datasets

157 We use TropFlux (Kumar et al, 2013) daily zonal wind stresses ([http://www.incois.  
158 gov.in/tropflux/](http://www.incois.gov.in/tropflux/)), weekly sea level anomaly from AVISO ([http://www.aviso.oceanobs.  
159 com/en/data/products/](http://www.aviso.oceanobs.com/en/data/products/)) and SST from the NOAA optimum Interpolation dataset  
160 (Reynolds et al, 2002). Anomalies with respect to the long-term mean seasonal  
161 cycle (over 1980-2015 except for sea-level: 1992-2015), are simply referred to as  
162 anomalies. The observed WWV index, defined as the anomalous volume of Pacific  
163 waters above the 20°C isotherm averaged within the equatorial band (5°N-5°S,  
164 120°E-80°W) (Meinen and McPhaden, 2000), is derived from temperatures anal-  
165 yses based on in situ data (<https://www.pmel.noaa.gov/elnino/upper-ocean-heat->

166 content-and-enso). ENSO evolution is characterized as the 3-month running mean  
 167 of SST anomalies in the Niño3 region ( $5^{\circ}\text{N}$ - $5^{\circ}\text{S}$ ;  $150^{\circ}\text{W}$ - $90^{\circ}\text{W}$ ). The Warm pool  
 168 eastern edge (WPEE), a measurement of the eastward expansion of the warm  
 169 pool, is computed as the location of the  $28.5^{\circ}\text{C}$  isotherm in the same dataset.  
 170 WWV and Niño3 indices are normalized by their standard deviation and have no  
 171 units. El Niño events are classified into three amplitude categories, based on the  
 172 value of the standardized December Niño3 SST anomaly: “Neutral state” events  
 173 for a value below 1.25, “Moderate” El Niños for a value between 1.25 and 2.5 and  
 174 “extreme” El Niños for a value exceeding 2.5. With this definition, 2014, which  
 175 is considered as a borderline (i.e. weak) El Niño (McPhaden, 2015) according to  
 176 some criteria, falls in the “Neutral state” category while 1982, 1997 and 2015 fall  
 177 into the “extreme” El Niño category.

178 The oceanic dynamical response to WWEs depends on the intensity, duration  
 179 and zonal fetch of the intraseasonal wind stress forcing. The “WWE strength”,  
 180 defined as the space-time integration of the zonal wind stress intraseasonal anom-  
 181 alies over the wind event patch and normalized by its standard deviation, computed  
 182 over all the detected WWEs, is then a good proxy of the WWE-induced oceanic  
 183 impact (“WEI” in Puy et al (2015)). We define the “early-year” and “subsequent”  
 184 strength as the cumulative wind event strength for January to March and April  
 185 to November, respectively, as a way to characterize the impact of episodic wind  
 186 forcing on the ocean during these periods. Since this cumulative value is based on  
 187 normalized values, it has no units.

188 To investigate the role of WWEs in El Niño predictability, sensitivity exper-  
 189 iments where WWEs are removed during the model computation (more details  
 190 about these experiments in section 2.3.1) are performed. Such experiments would  
 191 be, however, extremely difficult to conduct with Puy et al (2015)’s WWEs defini-  
 192 tion, which allows to properly compute the “WWE strength”, because it requires  
 193 to have the zonal wind stress field 45 days before and after a given WWE in or-  
 194 der to compute the intraseasonal anomalies needed for the detection. Fortunately,  
 195 WWEs stand out from the seasonal and interannual variability (Equatorial in-  
 196 traseasonal zonal wind stress average standard deviation of  $0.026\text{ N.m}^{-2}$  between  
 197  $120^{\circ}\text{E}$  and the dateline compared to  $0.01\text{ N.m}^{-2}$  for the interannual and seasonal  
 198 variability). Therefore, defining the WWEs as  $2^{\circ}\text{N}$ - $2^{\circ}\text{S}$  averaged zonal wind stress  
 199 that exceed  $0.025\text{ N.m}^{-2}$  (corresponding to one standard deviation of the  $2^{\circ}\text{N}$ - $2^{\circ}\text{S}$   
 200 average wind stress in the western-central Pacific) during at least 5 days with a  
 201  $10^{\circ}$  minimum zonal extension, gives similar results compared to Puy et al (2015)  
 202 in term of WWEs “strength” (0.98 correlation between the WWEs detected using  
 203 the present method and Puy et al (2015)’s method). Because this method doesn’t  
 204 require anomalies to detect the WWEs, it’s simpler to implement in a numerical  
 205 modelling strategy (more details about these experiments in section 2.3.1).

206 EWEs have however a weaker amplitude than WWEs, comparable to seasonal  
 207 and interannual wind stress variations (Puy et al, 2015). The method described  
 208 above for the WWEs is then not relevant regarding EWEs detection. Furthermore,  
 209 no sensitivity experiment has been performed where the EWEs are removed. We  
 210 hence keep Puy et al (2015) method and define the EWEs as  $2^{\circ}\text{N}$ - $2^{\circ}\text{S}$  averaged  
 211 zonal wind stress intraseasonal anomalies (5 to 90 days bandpass filtered using a  
 212 triangle filter) that exceed  $-0.04\text{ N.m}^{-2}$  during at least 5 days with a  $10^{\circ}$  minimum  
 213 zonal extension.

## 2.2 ECMWF ensemble forecasts

We also use ECMWF ensemble seasonal forecasts (Molteni et al, 1996) of Niño3 SST anomalies starting on the 1st of April 2014 and 2015. The forecasts are initialized using ocean and atmosphere observations. The ocean initial conditions are key for ENSO prediction; they are produced through the data assimilation of temperature and salinity in situ profiles, as well as sea level anomalies from satellite altimeter and sea surface temperature (Balmaseda et al, 2013). This information is evolved in time via a coupled ocean-atmosphere circulation model, whose components are to a large extent similar to those in the CNRM-CM5 coupled model, used in the present study. An ensemble of 51 members is produced in order to take into account uncertainty in initial conditions and model formulation (Weisheimer et al, 2014): the spread in error forecast is hence essentially due to the amplification of initial and model errors by the ocean-atmosphere chaotic behaviour. The forecast anomalies are then obtained from the difference to the model climatology (Stockdale et al, 1998).

## 2.3 CNRM-CM5 model

### 2.3.1 Model and reference experiment description

The numerical simulations in this study are performed with the earth system model CNRM-CM5 (Voldoire et al, 2013), used in the Fifth Coupled Model Inter-comparison Project. Its oceanic component, NEMO v3.2 (Nucleus for European Modelling of the Ocean”) is a primitive equation ocean general circulation model, with a free sea surface (Roulet and Madec, 2000). It has a  $1^\circ$  nominal resolution with a meridional refinement of  $1/3^\circ$  at the equator (i.e. ORCA1 configuration, Hewitt et al, 2011). The model has 42 vertical levels, with a resolution ranging from 10m near the surface to 300m at 5000m. The vertical mixing parametrization uses a Turbulent Kinetic Energy (TKE) closure model based on a prognostic vertical turbulent kinetic equation (Blanke and Delecluse, 1993). The lateral mixing is applied using a Laplacian operator that acts along isopycnal surfaces (Guilyardi et al, 2001). Short-wave fluxes penetrate into the ocean based on a single exponential profile corresponding to oligotrophic water (Paulson and Simpson, 1977) with an attenuation depth of 23m (Lengaigne et al, 2007). The spectral general circulation model ARPEGE (Action de Recherche Petite Echelle Grande Echelle) is coupled to the ocean through the coupler OASIS v3 (Valcke et al, 2003). It has a horizontal resolution of  $1.4^\circ$  and 31 vertical levels, with resolution ranging from 10m at the surface to 70km. Deep atmospheric convection parametrization follows a mass convergence scheme (Bougeault, 1985) that uses a humidity convergence closure. Deep atmospheric convection is either triggered by low-level humidity convergence or by an unstable vertical temperature profile. Large scale precipitations are computed with a statistic precipitation scheme described by Smith (1990). Finally, surface processes are computed with SURFEX (Surface Externalisee) model (Le Moigne et al, 2009). A more detailed description of CNRM-CM5 can be found in Voldoire et al (2013).

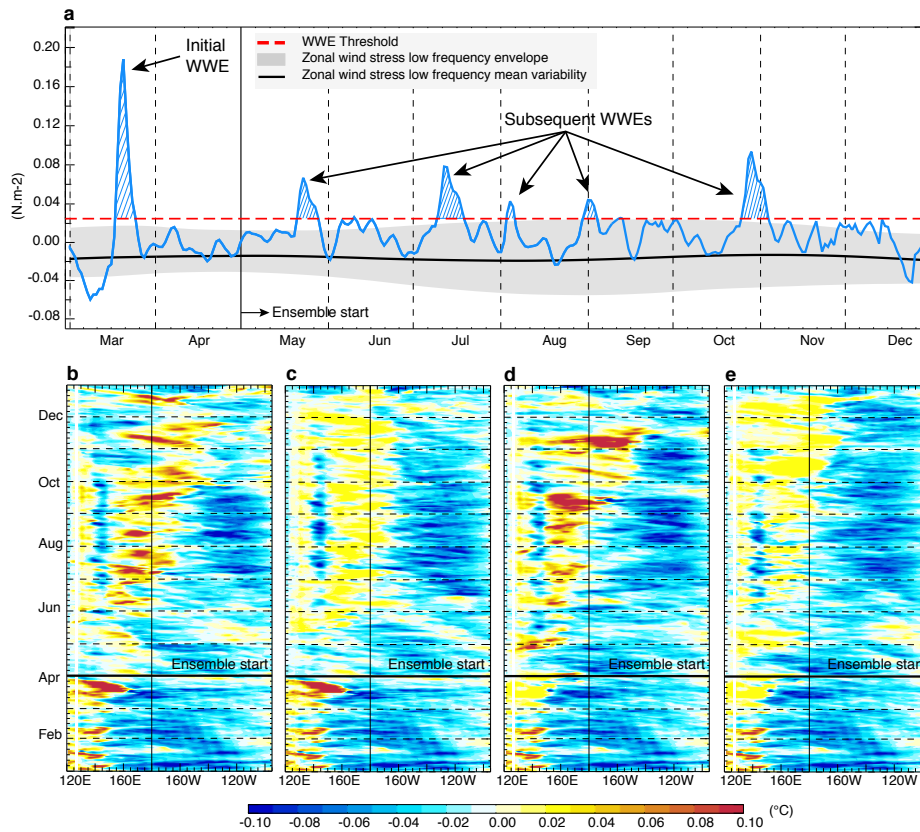
An 800-years long control simulations is performed after a 200-years spin-up, using pre-industrial forcings, with greenhouse gases (GHG) concentrations and

258 solar irradiance fixed to their value observed in 1850. 150 years of the 800-years  
259 control simulation OLR and wind stress daily outputs are used to characterize  
260 the modelled WWEs and their relationship with ENSO. Monthly outputs from  
261 the 800-years control simulation are used to quantify El Niño distribution and  
262 preconditioning by the equatorial oceanic heat content. In the model, we use the  
263 same definitions as in observations for defining the WWV index, El Niño amplitude  
264 and WWEs characteristics. Modelled climatologies are computed over the entire  
265 length of the control simulation. The modelled eastern edge of the warm pool is  
266 computed using the 27.5°C isotherm rather than 28.5°C in observations, because  
267 of the cold equatorial bias simulated by this model (Voltaire et al, 2013)

### 268 2.3.2 Ensemble and sensitivity experiments

269 In order to explore the limitations of predictability by the ocean-atmosphere sys-  
270 tem chaotic behaviour, a 100-members control ensemble simulation was run, start-  
271 ing from the 1<sup>st</sup> April of a given year of the model simulation, with 0.1°C amplitude  
272 random white noise perturbations applied to SST to generate the ensemble. The  
273 choice of the specific model year from which this ensemble is initiated is further  
274 justified in section 4. We chose to start our ensemble on the 1<sup>st</sup> of April because  
275 ECMWF ensemble forecasts in April 2014 and 2015 are similar (amplitude range  
276 and spread, see Fig. 2a,b) and include the impact of the strong WWEs that oc-  
277 curred in March 2014 and March 2015.

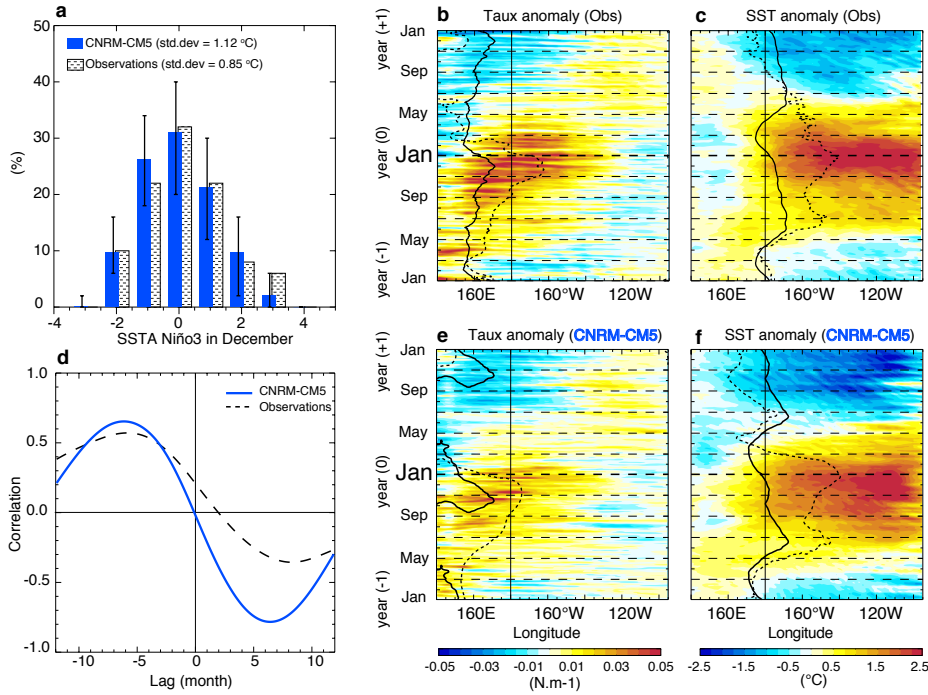
278 We also performed three types of sensitivity experiments to quantify the impact  
279 of WWEs on El Niño evolution. In the control ensemble, the El Niño amplitude  
280 probability distribution has reasonably converged with 50 members (not shown)  
281 and we hence use only 50 members for these sensitivity experiments. WWEs are  
282 “removed” during the model calculation by limiting positive zonal wind stress to  
283 0.025 N.m-2 within the equatorial band (5°N-5°S, 90°E-90°W). We verified that  
284 seasonal wind stresses (defined as three-month moving averages) almost never ex-  
285 ceed this threshold in the equatorial band in the control ensemble simulation (Fig.  
286 3a), i.e. that this strategy efficiently removes both the stochastic and determinis-  
287 tic components of the wind events without affecting the large-scale low-frequency  
288 Bjerknes feedback. We performed three 50-members sensitivity ensemble simula-  
289 tions where “initial” (January to March), “subsequent” (April to November) and  
290 “all” (January to November) WWEs are removed. For removing initial WWEs,  
291 we proceeded as follows: there is only one strong WWE in March in the control  
292 simulation from which our ensemble starts (Fig. 3b). We ran one single mem-  
293 ber with suppressed WWEs for March, checked that the 1st of April WWV was  
294 not significantly affected, and started our 50-member ensemble from this date. Fig.  
295 3c,d,e show the evolution of equatorial zonal wind stress for sample members of the  
296 control and three sensitivity experiments. Low-frequency westerly winds that char-  
297 acterize the (low-frequency) Bjerknes feedback still develop in the central/western  
298 Pacific in the “subsequent” and “all” sensitivity experiments, indicating that our  
299 approach indeed removes WWEs without affecting the lower frequency wind vari-  
300 ability.



**Fig. 3** **a**, Time series of the March to December zonal wind stress averaged over the [180; 160°W] region in one member of the CNRM-CM5 reference ensemble experiment (conditions before the 1st April come from the long CNRM-CM5 experiment from which the ensemble is initiated). The red line illustrates the threshold applied to remove WWEs in the “No WWE” experiments (and values above this threshold are hatched). “Initial” WWEs are defined as WWEs during January–March and “subsequent” as WWEs during April–November. Climatological (black curve) and envelope of the 1st–99th percentiles of the low frequency (90 day-smoothed, grey shading) of 2°N–2°S Pacific zonal wind stress in the CNRM-CM5 long experiment. **b**, **c**, **d**, **e** January to December time-longitude section of averaged [2°N–2°S] zonal wind stress from the member with the strongest warming in the Niño3 region in December for **b** control ensemble, **c** No subsequent WWE, **d** No initial WWE and **e** No WWE experiments. The low-frequency (here defined as periods >90 day) zonal wind stress variability along the equator almost never exceeds the threshold defined to remove WWEs in our experiments. I.e. WWEs are well separated in absolute zonal wind stress values from the seasonal and interannual variability, hence justifying our method for “cutting” them.

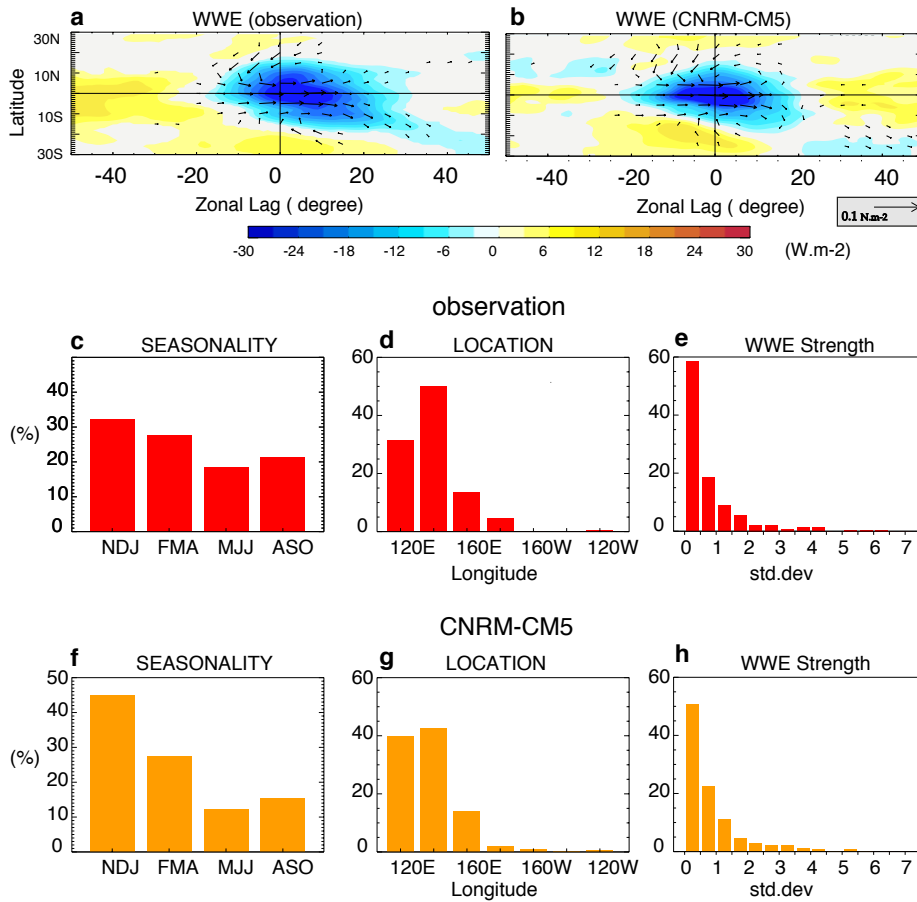
### 301 3 Model Validation

302 We chose the CNRM-CM5 model because it simulates the ENSO cycle and as-  
 303 sociated ocean-atmosphere feedbacks well (Bellenger et al, 2014). In particular,  
 304 it accurately reproduces the El Niño amplitude distribution (Fig. 4a), with the  
 305 observed distribution (50 years period) falling within the range of modelled ampli-  
 306 tudes (whiskers on Fig. 4a were obtained from 50-years segments of the 800-years



**Fig. 4** a, Observed and CNRM-CM5 El Niño amplitude distributions. Normalized December Niño-3 SST anomaly distribution for (grey) 1966-2016 (50 years) ERSST v4 observations (Huang et al, 2015) and (blue) the 800-years CNRM-CM5 control simulation. The whiskers represent the 5-95% confidence interval on CNRM-CM5 distribution, obtained from all the 50 years segments in the 800-years simulation. The model has a good representation of El Niño amplitude distribution, considering observational uncertainties. This result stay robust when using different SST products and for every bin, the observed distribution ranges between the simulated distribution error intervals. Observed (b, c) and CNRM-CM5 (e, f) 2°N-2°S average time longitude section composite El Niño anomalies b, e, zonal wind stress (shading, N.m-2) and c, f SST (shading, °C). On panels b and e, the dashed black line represents the -0.01 N.m-2 absolute wind stress contour composite (i.e. western edge of equatorial easterlies) and the thick line its climatological value. On panels c and e, the dashed black line represents the warm pool eastern edge composite (see methods) and the thick line its climatological value. d Lagged correlation between the 5-month running-mean Niño-3 SST anomaly and the 5-month running-mean WWV anomalies in the observations (dashed) and the 800-years CNRM-CM5 control simulation (blue). On panel d, WWV anomalies lead Niño-3 SST anomalies.

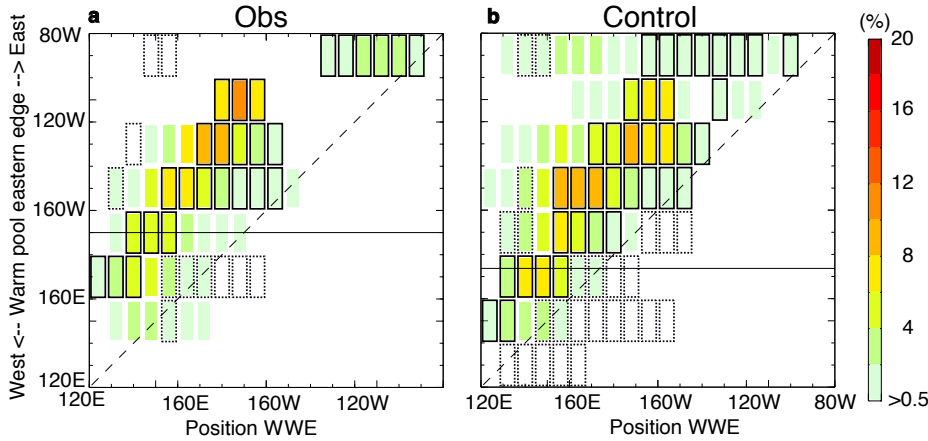
307 long control simulation). It also reproduces the space-time evolution of equatorial  
 308 zonal wind stress (Fig. 4b,e) and SST anomalies (Fig. 4c,f) associated with El  
 309 Niño. As in the observations, early westerly wind anomalies induce an eastward  
 310 shift of the warm pool and weak central Pacific positive SST anomalies in boreal  
 311 spring (Fig. 4b,e). The SST and westerly wind anomalies grow through summer to  
 312 reach a peak at the end of the year and generally evolve towards a La Niña state  
 313 during the following boreal spring. The composite SST anomalies have comparable  
 314 amplitudes in the model and observations, with up to 2.5 °C warming in Decem-  
 315 ber in the eastern Pacific (Fig. 4c,f). The low-frequency westerly wind response is  
 316 however underestimated in the model (Fig. 4b,e). This is a recurrent bias of ocean-  
 317 atmosphere coupled models, which tend to underestimate the Bjerknes feedback



**Fig. 5** **a** Observed and **b** modelled Spatial composite of WWEs wind stress (vectors, N.m<sup>-2</sup>) and outgoing long-wave radiation (shading, W.m<sup>-2</sup>) intraseasonal (5-90 days filtered) anomalies. The composites are centred on WWEs central dates and longitudes. Observed (**c,d,e**) and modelled (**f,g,h**) WWEs **c,f**, seasonal **d,g**, longitudinal and **e,h**, strength (see methods) distributions.

318 (Guilyardi, 2006; Bellenger et al, 2014). In addition to low frequency dynamics, this  
 319 bias may affect the influence of WWEs on ENSO by limiting the large-scale amplification  
 320 of WWE-induced SST anomalies and hence preventing the occurrence  
 321 of subsequent WWEs. The El Niño preconditioning through enhanced WWV is  
 322 relatively well simulated in the model, with positive WWV anomalies leading El  
 323 Niño by about 6 months (negative lags on Fig. 4d). The unrealistic negative correlation  
 324 for positive lags on Fig. 4d is also a common bias of the ocean-atmosphere  
 325 coupled models that tend to produce a too symmetric ENSO cycle (skewness of  
 326 Niño-3 SST interannual anomalies equal to 0.4 in the model in comparison to 0.8  
 327 in the observation, Zhang and Sun, 2014).

328 The confidence in the model results discussed below strongly relies in the ability  
 329 of the model to capture WWEs essential characteristics and their relationship with  
 330 low-frequency SST anomalies. Fig. 5 compares the characteristics of observed and



**Fig. 6** **a, b** Zonal distribution of the WWE occurrence probability (%), as a function of the position of the eastern edge of the Warm pool for **(a)** observations and **(b)** the model. Black solid (dashed) boxes represent bins where the wind event occurrence probability is significantly higher (lower) than what would be expected with a random distribution at the 95 % confidence level. The horizontal black line indicates the warm pool eastern edge mean position.

331 modelled WWEs following Puy et al (2015). Both observed and simulated WWEs  
 332 are characterized by increased deep atmospheric convection (i.e. negative OLR  
 333 anomalies) and by a zonal and meridional extension of about  $40^\circ$  and  $20^\circ$  respec-  
 334 tively (Fig. 5ab). The modeled WWEs are modulated by equatorial atmospheric  
 335 Rossby waves and the Madden-Julian Oscillation (Puy, 2016), in agreement with  
 336 observations (Puy et al, 2015). Observed and modelled WWEs occur preferentially  
 337 in boreal winter (Fig. 5c,f) in the western Pacific (Fig. 5d,g). The long positive tail  
 338 of the observed WWEs strength distribution is also well captured by the model  
 339 (Fig 5e,h). This is an important aspect of the WWEs characteristics, since the oc-  
 340 currence of exceptionally strong WWEs such as the one in March 1997, have been  
 341 suggested to have a particularly strong impact on El Niño evolution (Lengaigne  
 342 et al, 2004a).

343 A proper model representation of the observed modulation of WWEs probabil-  
 344 ity by the warm pool zonal displacement (i.e. the WWEs deterministic component)  
 345 is of particular importance for the present study. Fig. 6 assesses this relationship  
 346 in both observations and model by showing the zonal distribution of the WWEs  
 347 occurrence probability, as a function of the position of the eastern edge of the  
 348 warm pool (i.e. a quantification of the eastward expansion of the warm pool) for  
 349 the observations and the model. The WWEs occurrence probability is computed  
 350 as the ratio of the total duration of WWEs for a given longitude and position of  
 351 the WPEE to the total number of days for which the WPEE is at this longitude.  
 352 In both cases, the highest probability for WWEs occurrence shifts eastward along  
 353 with the warm pool. More quantitatively, the WWEs probability of occurrence is  
 354 multiplied by up to 20 in the central Pacific when the warm pool is shifted east-  
 355 ward beyond  $160^\circ\text{W}$ . The WWEs deterministic component (i.e. their occurrence  
 356 probability modulated by WPEE east-west displacements) is hence also very well  
 357 captured by this model.



#### 4 Linking El Niño amplitude to WWEs activity

As discussed above, early 2014 and 2015 were very similar in terms of equatorial oceanic and atmospheric preconditioning. First, the WWV in early 2014 and 2015 was also anomalously high (1.4 standard deviation as in early 1997 (Fig. 1a)). These two years were also characterized by a series of early-year WWEs (Fig. 7d,g), which were one of the strongest on record (a cumulative strength of 7.3 standard deviation in 2014 and 5.6 standard deviation in 2015), comparable to the one in 1997 (cumulative strength of 6, Fig. 7a). These WWEs shifted the warm pool eastward (Fig. 7b,e,h) and triggered downwelling Kelvin waves that deepened the thermocline in the eastern Pacific (Fig. 7c,f,i).

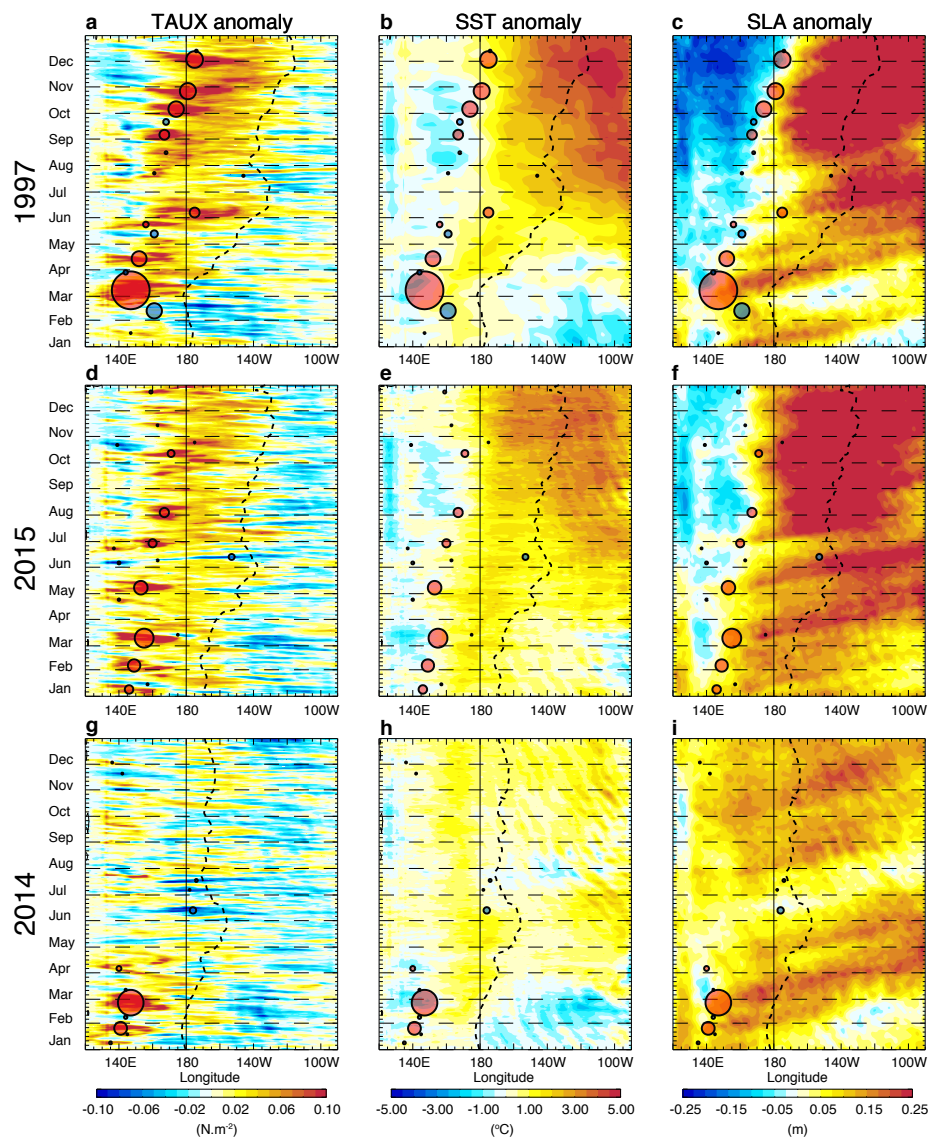
In this section, we further investigate the role of high frequency wind forcing (WWEs and EWEs) in promoting an extreme El Niño in the model for a situation comparable to that observed in early 2014 and 2015. We first identified in the control simulation an analogue to the equatorial Pacific conditions observed in early 2014 and 2015. We defined this analogue as a model background state having similar March WWV anomalies and January-March cumulative WWE strength to those observed in early 2014 and 2015 (Fig. 8). Fig. 8a,b is similar to Fig. 1a,b but for a 35-years chunk of the long control simulation. This analysis led us to select the model year 2154 as it exhibits an initial WWE strength of about 6 standard deviation (compared to 5.6 and 7.3 in 2015 and 2014 respectively; Fig. 8c) and WWV anomaly reaching 1.4 (as in 2014 and 2015, Fig. 8d).

However, if the WWV quantifies the recharge state of the equatorial Pacific, it doesn't precisely account for the spatial structure of the subsurface temperature anomalies. While March 1997 and 2014 both exhibit warm subsurface anomalies confined to the central Pacific near the dateline, March 2015 and the model initial conditions show shallower warm anomalies located further east and sloping upwards in the eastern Pacific (not shown). These subtle differences in initial subsurface temperature anomalies are not encompassed by the WWV index, which is an integrated measure over the entire equatorial band. This may play a role in the subsequent Pacific evolution but this is out of scope of the present study.

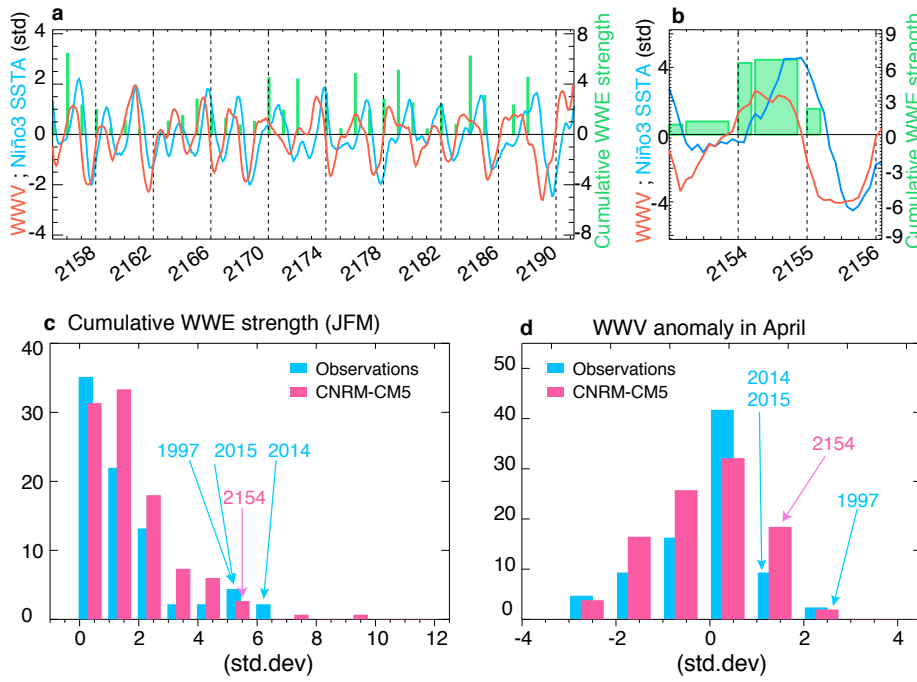
Off-equatorial SST anomalies in the tropical Pacific have also been suggested to play a role in the development of El Niño (Chang et al, 2007; Zhu et al, 2016; Min et al, 2015). Observations in March 2015 in the north Pacific are reminiscent of the north Pacific meridional mode (Fig. 9 a) discussed in Chang et al (2007) but this pattern is weaker in March 1997 and 2014 (Fig. 9 b,c) and absent in the model initial conditions (Fig. 9 d). Similarly, observations in March 2014 and 2015 display negative SSTA in the south-eastern Pacific (Fig. 9 bc), consistent with the South Pacific Meridional mode suggested by Min et al. (2013), but such anomalies are absent in March 1997 and our initial conditions (Fig. 9 a,d).

The experimental framework used in the present study is designed to focus on two equatorial El Niño precursors (i.e. WWV and early-year WWEs) which were similar in early 2014 and 2015. It does not allow, however, to test the potential influence of off-equatorial SST precursors or the spatial structure of the subsurface temperature anomalies on the evolution of El Niño.

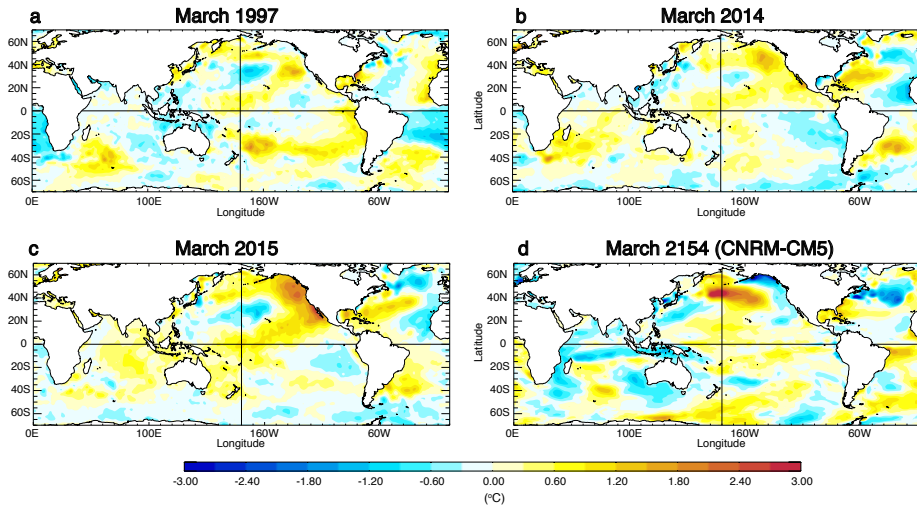
A 100-members ensemble simulation is run from small perturbations applied to this 2014 and 2015 analogue initial state on the 1st of April (see section 2), i.e. after that the early-year strong WWE has shifted the warm pool eastward and seeded the potential for more WWEs. The El Niño amplitude ensemble diversity is



**Fig. 7** Averaged  $2^{\circ}\text{N}$ - $2^{\circ}\text{S}$  time-longitude section of observed **a**, Zonal wind stress Kumar et al (2013) **b**, SST (Reynolds et al, 2002) and **c**, sea surface height (a proxy for thermocline depth, <http://www.aviso.altimetry.fr/duacs/>) anomalies during 1997. **d**, **e**, **f**, Same for 2015. **g**, **h**, **i**, Same for 2014. The dotted black contour indicates the eastern edge of the western Pacific Warm Pool (defined as the  $28.5^{\circ}\text{C}$  isotherm). On all panels, WWEs (red circles) and EWEs (easterly wind events, blue circles) have been added. The size of the circles that indicate the wind events central dates and longitudes is proportional to the wind event strength.

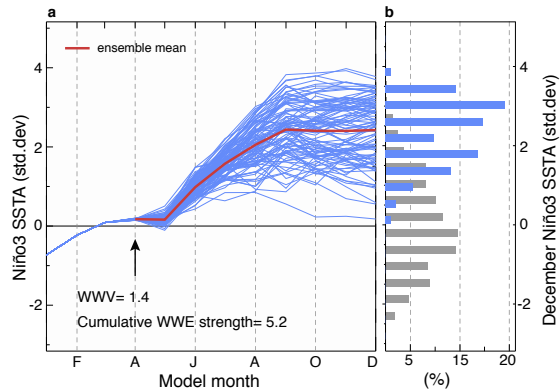


**Fig. 8** a,b, Similar to Fig 1a,b but for 30 years of the control simulation. Amplitude distribution of c, January-March cumulative “initial” WWE strength (see methods) and d, March WWV in (blue) observations and (pink) model. On both panels, the observational values of those parameters for 1997, 2014 and 2015 and chosen model year 2154 are indicated.



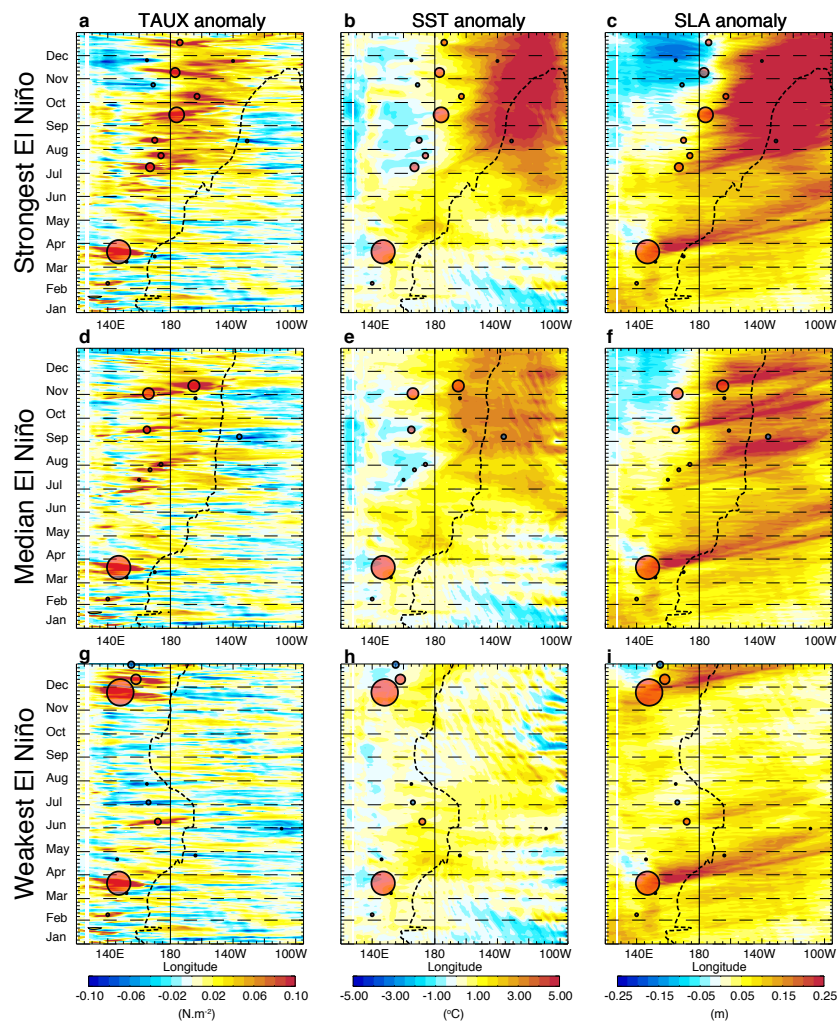
**Fig. 9** Monthly average SST anomaly during March (a) 1997,(b) 2014, (c) 2015 and (d) modelled year 2154. The product HadISST is used for the observations (Rayner et al, 2003).

406 hence uniquely due to the now-famous butterfly effect (Lorenz, 1993, i.e. sensitivity  
 407 to initial conditions). Fig. 10 however illustrates that this chaotic behaviour does  
 408 not preclude predictability for early spring forecasts of El Niño’s peak at 9 months  
 409 lead times. The ensemble El Niño amplitude probability distribution function is  
 410 indeed very different from that of the 800-yr long reference experiment (Fig. 10b),  
 411 indicating El Niño predictability (Stockdale et al, 1998) from initial conditions such  
 412 as those of early 2014 or 2015. The positive WWV anomalies and early-year WWEs  
 413 indeed preclude the occurrence of a La Niña, with end-of-year conditions that range  
 414 from a nearly neutral state to extreme El Niño in both ECMWF forecasts and our  
 415 model framework (Fig.2a,b and Fig. 10a).



**Fig. 10** **a**, January to December standardized Niño-3 SST anomaly evolution for 100 members of the CNRM-CM5 ensemble run with a similar initial state to that in 2014 and 2015, in terms of the main precursors of El Niño: early-year WWV and WWEs cumulative strength, and **b**, corresponding December standardized Niño-3 SST anomaly distribution (blue). The December standardized SST anomaly distribution for the 800-years long CNRM-CM5 simulation (grey) is also shown on panel **b**. The red line on panel **a** represent the ensemble mean.

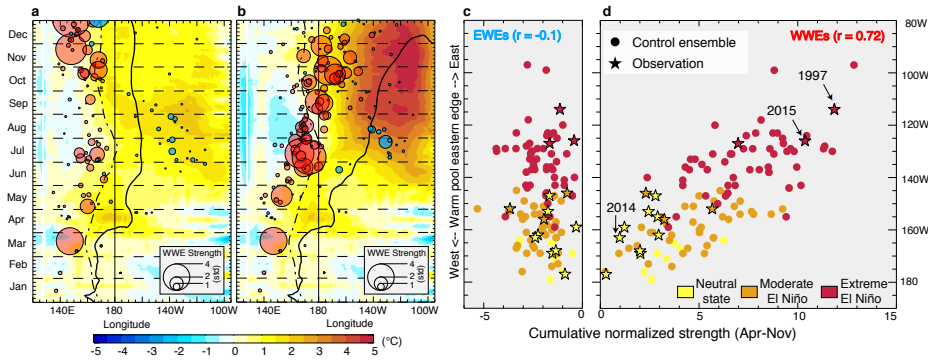
416 Fig. 11 suggests that the initial WWE strongly contribute to the El Niño  
 417 amplitude, as indicated by previous studies (Lengaigne et al, 2004a; Fedorov et al,  
 418 2015; Lengaigne et al, 2002; McPhaden et al, 2006b). The strong initial March  
 419 WWE forces a downwelling Kelvin wave, whose related eastward current anomalies  
 420 induce an eastward displacement of the warm pool and central Pacific warming  
 421 during April in all the ensemble members (Fig. 11). The oceanic impact of this  
 422 initial WWE is consistent with the observations in early 1997, 2014 and 2015  
 423 (Fig. 7). After this common initial evolution, there is a clear divergence between  
 424 ensemble members, some of which evolve into extreme El Niños and others into  
 425 weaker El Niños (Fig. 11). The composite of the ten members that show the  
 426 largest warming in the Niño3 region in December are of course associated with  
 427 larger eastern and central Pacific SST anomalies and eastward expansion of the  
 428 warm pool (Fig. 12b). But they are also associated with more frequent and intense  
 429 subsequent WWEs, especially during summer (Fig. 12ab), as in 2015 (Fig. 7d).  
 430 The ten strongest simulated El Niños are indeed associated with twice as many  
 431 summer WWEs than the ten weakest El Niño (6/year compared to 3/year, Fig.  
 432 12ab). Strong El Niños are not only associated with more WWEs but with a



**Fig. 11** Comparison between extreme, moderate and weak warming events in CNRM-CM5 ensemble simulation. As Figure. 5, but for three members of the CNRM-CM5 reference ensemble that produce qualitatively similar evolutions to those in **a, b, c**, 1997 (strongest warming in the model November-January ensemble Niño-3 SST anomaly); **d, e, f**, 2015 (the median warming); **g, h, i**, 2014 (the weakest warming). The dotted black contours indicate the eastern edge of the western Pacific Warm Pool (defined as the 27.5 °C isotherm, see methods). On all panels, WWEs (red circles) and EWEs (easterly wind events, blue circles) have been added. The size of the circles that indicate the wind events central dates and longitudes is proportional to the wind event strength.

433 larger cumulative WWEs strength. There is indeed a strong linear relationship  
 434 (0.72 Pearson correlation,  $p < 0.01$ ) between the cumulative strength of subsequent  
 435 (i.e. April to November) WWEs and the eastward expansion of the warm pool (i.e.  
 436 measured as the location of the warm-pool eastern edge) in December across the  
 437 ensemble (Fig.12d). A similar correlation is found between the cumulative strength  
 438 of subsequent WWEs and the Niño-3 SST anomaly in December (0.7, Fig. 13).

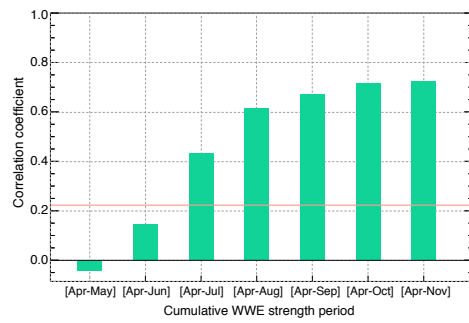




**Fig. 12** a,b, Composite time-longitude section of  $2^{\circ}\text{SN}-2^{\circ}\text{SS}$ -averaged SST anomalies for the 10 weakest and 10 strongest El Niños in the CNRM-CM5 control ensemble experiment. Red (blue) circles indicate the WWEs (EWEs) central dates and longitudes for all the members in each composite, the size of the circle being proportional to the WWE strength (see methods). The black line on panels a,b indicates the eastern edge of the western Pacific warm pool and its climatological position (dash-dotted line). c, d Scatter plot of the December Pacific Warm pool eastern edge position versus the April to November cumulative (c) EWEs and (d) WWEs strength (see methods) for the 100 members of the CNRM-CM5 ensemble control run and (stars) from observations with the colour indicating the El Niño category (yellow for neutral state, orange for moderate and red for extreme El Niños)

439 The observed 1997 and 2015 El Niños align with some of the most intense El  
 440 Niños and subsequent cumulative WWE strength in our experiment (Fig. 12d). As  
 441 a comparison, the magnitude and evolution of El Niño in the member associated  
 442 with the warmest SST anomaly in the Niño3 region bears strong similarities with  
 443 the observed 1997 El Niño (i.e. a series of strong WWEs in summer and fall asso-  
 444 ciated with the rapid eastward shift of the warm pool and SST anomalies reaching  
 445  $5^{\circ}\text{C}$  in the eastern Pacific, Fig. 11a,b,c and Fig. 7a,b,c). A similar comparison can  
 446 be done with the median El Niños in our ensemble and the observed 2015 El Niño,  
 447 both associated with a series of strong WWEs in summer and fall (weaker than in  
 448 1997 though) and the rapid eastward shift of the warm pool and SST anomalies  
 449 reaching  $3^{\circ}\text{C}$  in the eastern Pacific ( Fig. 11d,e,f and Fig. 7d,e,f). On the other  
 450 side of the distribution, the observed weak 2014 event lies at the lower end of this  
 451 relationship, in line with studies suggesting that the 2014 El Niño was linked to an  
 452 absence of summer WWEs (Menkes et al, 2014). Indeed, the member associated  
 453 with the weakest El Niño exhibits weak SST anomalies in the central/eastern Pa-  
 454 cific ( $< 1^{\circ}\text{C}$ ) and a reduced WWEs activity in summer/fall following the strong  
 455 initial (Fig.12a and Fig. 11g,h,i) as in 2014 (Fig. 7g,h,i).

456 We will now explore during which period of the forecast WWEs occurrence  
 457 influences most the El Niño amplitude at the end of the year. Fig. 13 shows the  
 458 correlation between the December Niño-3 SST anomaly (i.e. El Niño amplitude  
 459 at its peak) and cumulative WWEs strength integrated progressively over longer  
 460 periods between April and November. There is a large increase in correlation (from  
 461 0.15 to 0.6) when including June, July and August in the averaging period, and  
 462 a stabilization afterwards. This suggests that WWEs occurring during the June-  
 463 August period (i.e. boreal summer) are critical to set the El Niño amplitude at  
 464 the end of the year (this results is further confirmed in section 5).



**Fig. 13** Correlation coefficient between the cumulative WWEs strength and Niño3-SSTA in December for the 100 members of the control ensemble simulation as a function of the period used to cumulate the WWEs strength. The red line represent the 99% of significance (t-test) threshold.

465 We have demonstrated above a strong statistical link between April-November  
 466 cumulative WWE strength (with June and July contributing most) and the El  
 467 Niño peak amplitude. Previous studies (Hu and Fedorov, 2016; Levine and McPhaden,  
 468 2016) have also suggested that a series of EWEs in June and July (Fig. 7g) could  
 469 have halted the 2014 El Niño on its way. Yet, some strong EWEs occur in July in  
 470 some of the members with the ten largest El Niños in our simulation (Fig. 12b).  
 471 Symmetrically, there are members in our control ensemble which do not develop  
 472 EWEs, but end up producing a weak El Niño (not shown). The scatterplot between  
 473 the April-November cumulative EWEs strength and the El Niño amplitude shown  
 474 in Fig. 12c further indicates that there is no significant correlation between the  
 475 EWEs activity and El Niño amplitude in neither our ensemble nor observations.  
 476 In our ensemble simulation, there is hence a much stronger statistical relationship  
 477 between El Niño amplitude and WWEs than with EWEs (0.7 vs. -0.1 correlation,  
 478 Fig. 12cd). This of course does not preclude that some EWEs may play a role  
 479 in specific ensemble members, but suggests that their role is not as systematic as  
 480 those of WWEs. We will come back to this in the discussion section.

## 481 5 Necessary conditions for extreme El Niño events

482 This statistical relationship between WWEs activity and El Niño amplitude does  
 483 not reveal if WWEs only passively respond to warm pool displacements, or if they  
 484 actively participate to El Niño growth. To investigate this, an additional ensemble  
 485 is performed in which subsequent WWEs were artificially removed (hereafter called  
 486 "no subsequent WWEs" ensemble - see section 2 for details). Fig. 14a,b compares  
 487 the evolution and December values of Niño3 SST anomalies of the control and "no  
 488 subsequent WWEs" ensembles. As seen earlier for the control simulation (Fig. 11),  
 489 the "initial" WWE forces a downwelling Kelvin wave which induces an eastern  
 490 Pacific warming from May to early July in both ensembles (Fig. 14a). From July  
 491 onwards, however, the two ensemble mean start diverging. The mean Niño3 SST  
 492 of the "no subsequent WWEs" ensemble continues warming for two more months,  
 493 but then stalls and even decays after September. This confirms the prominent  
 494 impact of the subsequent WWEs occurring in summer, as suggested by Fig. 13.

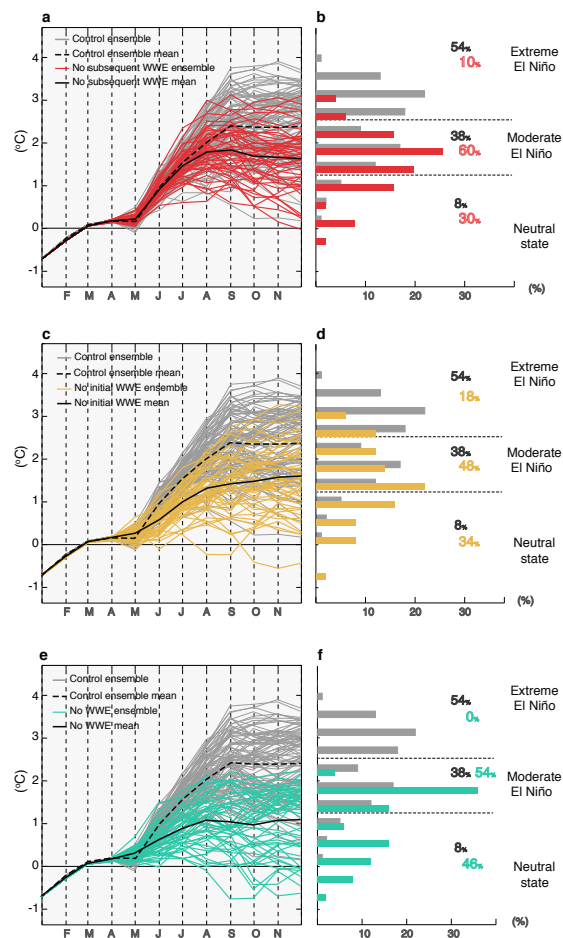
One should however not only focus on the ensemble mean, as El Niño forecasts need to be considered as probabilistic forecasts. Fig. 14b hence further compares the probabilities for neutral, moderate or extreme ENSO state in the control and "no subsequent WWEs" ensembles. Subsequent WWEs strongly enhance the odds (54% vs. 10%) of a 2015-like extreme El Niño and reduce those of a 2014-like weak El Niño (30% vs. 8%, Fig. 14b).

To investigate the role of the initial WWEs in the evolution of El Niño in 2014 and 2015, a similar experiment is performed with the influence of the March WWE removed in the initial conditions (hereafter called "no initial WWEs" ensemble; see section 2). Unlike the "no subsequent WWEs" ensemble, the ensemble mean of the "no initial WWEs" and control ensembles start diverging in May, revealing the strong impact of the initial March WWE on eastern Pacific SST (Fig. 14c). While subsequent WWEs continue to induce a rise in the ensemble-mean Niño3 SST until the end of the year in the "no initial WWEs" ensemble, it never catches up with the control ensemble, indicating the strong impact of the initial WWE on the peak El Niño amplitude. The occurrence of strong initial WWEs indeed significantly favours the advent of extreme El Niño events (54% against 18%) and prevents weak 2014-like El Niños (34% vs. 8%, Fig. 14d).

A last experiment is finally conducted where both the initial and the subsequent WWEs are removed (hereafter called "no WWEs" ensemble, Fig. 14e,f). In this experiment (as in "no subsequent WWEs"), the "intraseasonal Bjerknes feedback" (tendency for WWEs to induce an eastward displacement of the warm pool and more WWEs) has been suppressed. The "initial kick" of the March WWE has also been suppressed, with the recharged WWV providing the only El Niño-favourable initial condition. The preconditioning by a recharged WWV still favors a warming at the end of year without the occurrence of WWEs (Fig. 14e), which is purely the result of the classical "low-frequency" Bjerknes feedback. However, the occurrence of an extreme El Niño such as that in 2015 is nullified in this ensemble and a weak-borderline 2014-like El Niño become almost six times more likely (46% against 8%, Fig. 14f). This clearly shows that sustained WWEs throughout the year are a necessary condition for extreme El Niños in that model.

In observations, the three recent extreme El Niños all occurred after a recharged oceanic state and intense WWE activity (Fig. 1a). The results above demonstrate that when the equatorial Pacific is initially recharged, sustained WWEs are necessary to yield an extreme El Niño. Is a recharged initial state also necessary for the development of an extreme El Niño? In the long-control run, a strong WWE activity throughout the year is also a necessary condition for extreme El Niños to occur, whatever the early-year recharge state (Fig. 15a). In this figure, "No or weak (resp. strong) WWE" characterize the years with WWEs strength less or equal to (resp. larger than) one standard deviation and the discharged, neutral and recharged states are respectively defined as January-March WWV anomalies below -0.75, between -0.75 and 0.75 and above 0.75 standard deviation. While a recharged state excludes the occurrence of a La Niña, a strong WWE activity is also necessary to obtain an extreme El Niño (Fig. 15a). Extreme El Niños can also occur following a neutral state and intense WWEs but this is very rare in our experiments (5% versus 22% for a recharged state and strong WWEs and 4% when all cases were considered, Fig. 15a). In the long-control simulation, initial WWEs are also efficient in triggering extreme El Niño events (Fig. 15b), with all extreme El Niño being preceded by a strong WWE activity in JFM. More gener-

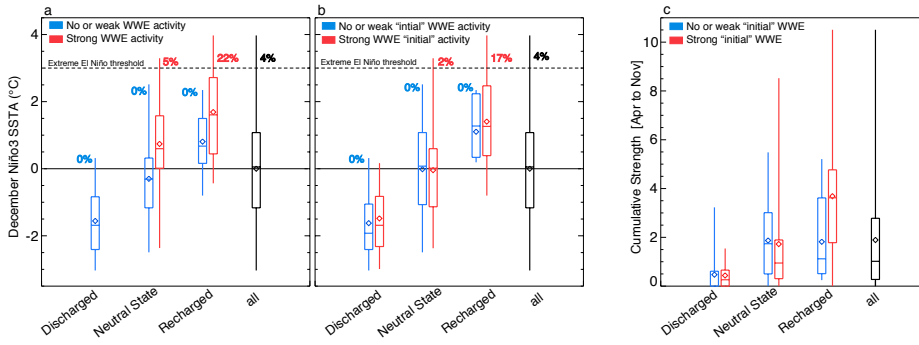




**Fig. 14** **a, c, e** January to December Niño-3 SST anomaly evolution for the first 50 members of the (grey) control ensemble run, (red) No “subsequent” WWE, (gold) No “initial” WWE and (teal blue) No WWE sensitivity experiments. **b, d, f** corresponding December Niño-3 SST anomaly distribution for the 50 members of the (grey) control ensemble run, (red) No “subsequent” WWE, (gold) No “initial” WWE and (teal blue) No WWE sensitivity experiments. On **b, d, f**, the percentage of each El Niño categories have been added. On **a, c, e** the solid black line indicates the corresponding ensemble mean and the dashed black line the control ensemble mean.

544 ally, the WWE activity tends to shift the El Niño amplitude towards higher values  
 545 for recharged and neutral states, but has little impact for discharged states (Fig.  
 546 15a)

547 This weakened impact of WWEs on El Niño during discharged state is likely  
 548 due to the fact that the tendency for an initial WWE to induce successive ones also  
 549 depends on the oceanic background state. When the Pacific is initially recharged,  
 550 an initial WWE makes the occurrence of more WWEs later in the year 2.5 times  
 551 more likely (Fig. 15c), in agreement with the results presented above and suggested  
 552 in the observations (Lengaigne et al, 2004a). However, this relationship is modified



**Fig. 15** a, Average December Niño3 SSTA when the "initial (January-March) and "subsequent (April-November) WWE activity is (blue) weak or (red) strong for 3 initial (January-March) recharge state of the Pacific in the CNRM-CM5 control simulation (see text for further details). b, Average December Niño3 SSTA anomalies when the "initial" (January-March) WWE activity is (blue) weak or (red) strong for 3 initial (January-March) recharge state of the Pacific in the CNRM-CM5 control simulation. On panels a and b, the average December Niño3 SSTA anomalies during all recharge and WWE activity conditions is also shown in black. c, Average standardized cumulative WWE strength for April-November when the initial WWE activity (January-March) is (blue) weak or (red) strong for 3 initial (January-March) recharge state of the Pacific in the CNRM-CM5 control simulation (see text for further details). On all panels, the boxes (whiskers) give the 1st, 25th, 75th, 99th percentiles and the median of the distributions. The percentage of extreme El Niño (see method for further detail) for each categories are also given. On panel a, the distribution of December Niño3-SSTA for discharged state and strong WWE activity is not given because 0 year satisfied those criteria in the control simulation.

553 when the Pacific exhibits neutral or discharged conditions, with a weaker impact  
 554 of initial WWEs on the subsequent WWEs activity in neutral conditions (1.5  
 555 times more likely) and no impact when the Pacific is discharged (Fig.15c). In this  
 556 figure, "No or weak (resp. strong) initial WWE activity" on Fig. 15c characterize  
 557 the years with initial (i.e. Jan to March) cumulative strength less or equal to  
 558 (resp. larger than) one standard deviation. Overall, once an early year WWE has  
 559 occurred in presence of elevated WWV, this enhances the odds for an extreme El  
 560 Niño (Fig. 15a). This positive feedback between initial and successive WWEs is  
 561 reduced in presence of a neutral state, and nullified in a discharged state, hence  
 562 reducing (or altogether cancelling) the odds for an extreme El Niño.

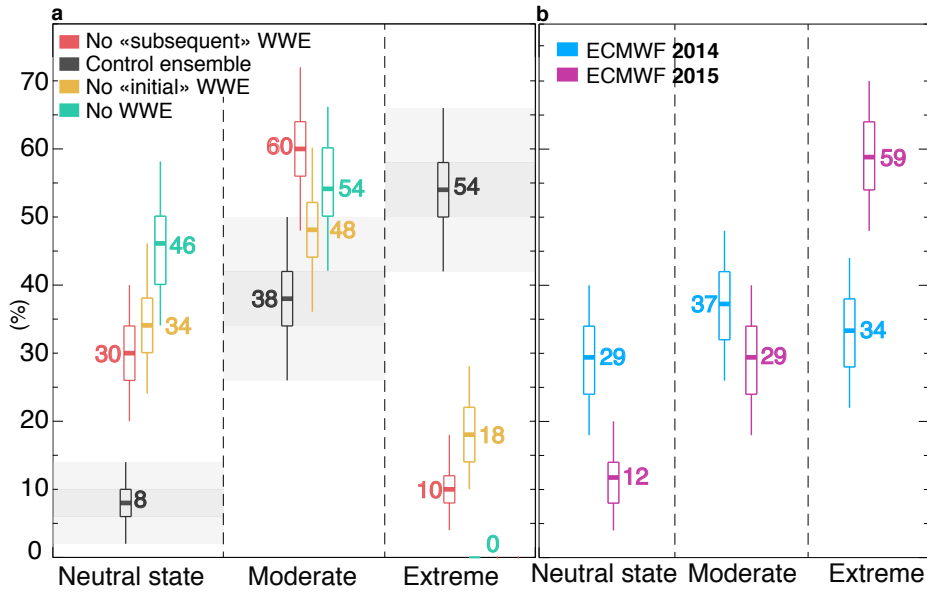
## 563 6 Summary and Discussion

564 The strongest El Ninos on record were preceded by anomalously high upper ocean  
 565 heat content combined with exceptionally strong westerly wind variability. Similar  
 566 conditions evolved into a weak El Niño in 2014 and forecasts failed to predict  
 567 the peak amplitude of this event. Similar conditions also occurred in 2015, which  
 568 turned into a record-breaking event by the end of the year. Why did similar equa-  
 569 torial conditions in early 2014 and 2015 evolved so differently? Unpredictable wind  
 570 variability could be responsible for the 2014 El Niño failure (Hu and Fedorov, 2016;  
 571 Zhu et al, 2016; Menkes et al, 2014) and the advent of the extreme event in 2015  
 572 (Hu and Fedorov, 2017). Unlike in 2015 and 1997, the summer and fall WWE

573 activity was indeed not as strong in 2014 (Fig. 7d,g). WWEs have a determinis-  
574 tic component: they are more likely when the western Pacific warm pool extends  
575 anomalously eastward (Eisenman et al, 2005; Gebbie et al, 2007; Lengaigne et al,  
576 2003; Puy et al, 2015). This relationship, however, remains probabilistic: an ab-  
577 normally warm central Pacific favors more WWEs than usual, but there is still a  
578 probability that less WWEs than usual may occur. In this study, we tested the hy-  
579 pothesis that intrinsic WWEs stochasticity could explain the differences between  
580 2014 and 2015 El Niño evolutions. We also investigated conditions conducive to  
581 extreme El Niños: are early-year intense WWEs and recharged upper ocean heat  
582 content as observed prior to exceptionally strong El Niños always necessary?

583 We used the CNRM-CM5 coupled ocean-atmosphere model because it repro-  
584 duces the ENSO cycle, its preconditioning by WWV, WWEs characteristics and  
585 the influence of the warm pool displacements on WWEs quite exceptionally for  
586 a CGCM (Section. 3). Our ensemble simulations show that despite their deter-  
587 ministic behaviour, WWEs still display a sufficiently strong stochastic component  
588 to explain the different 2014 and 2015 evolutions, consistently with the findings  
589 of Larson and Kirtman (2015). Although early-year strong WWEs and elevated  
590 WWV preclude the occurrence of La Niña events, El Niño amplitude ranges be-  
591 tween weak 2014-like (with few WWEs) to extreme 2015-like El Niño events (with  
592 many WWEs). We showed that the diversity of El Niño magnitude is linearly re-  
593 lated to the cumulative WWEs strength (a metric that characterize the WWEs  
594 activity) from April to November, with WWEs occurring in June-July contribut-  
595 ing most. We further ran sensitivity ensemble experiments starting from the same  
596 initial conditions as above, but with WWEs filtered out (Fig. 16a). Extreme El  
597 Niños become five times less likely if summer and fall WWEs are artificially sup-  
598 pressed and three times less likely when initial WWEs are removed. No extreme El  
599 Niño occur in the sensitivity ensemble experiment when all WWEs are removed.  
600 A weak El Niño such as in 2014 was not unlikely in ECMWF forecasts (29%, Fig.  
601 16b) but our experiments show that such a weak event becomes almost four times  
602 more likely if no initial or subsequent WWEs occur and five time more likely when  
603 both initial and subsequent WWEs are absent. These results confirm the hypoth-  
604 esis of Menkes et al (2014) who suggested, using forced oceanic simulations, that  
605 the lack of summer WWEs could explain the stalled 2014 El Niño progression.

606 The long control simulation allowed us to further investigate necessary condi-  
607 tions for the development of extreme El Niños for various contexts, different than  
608 the 2014 and 2015 El Niños. In this simulation, extreme El Niños never occur when  
609 the equatorial Pacific is initially discharged. We also showed that they occur very  
610 rarely after a neutral state ( only 2.4% of the cases when a strong WWE activity  
611 is also present throughout the year), in line with precedent studies (Fedorov et al,  
612 2015). Extreme El Niños become the most frequent when the equatorial Pacific is  
613 initially recharged, but only when a strong WWE activity is also present through-  
614 out the year, in which case they occur 17.8% of the time (corresponding to 4.5  
615 times more likely compared to the probability of occurrence of an extreme El Niño  
616 considering all cases). We also confirmed that an early-year WWE increases the  
617 probability of subsequent WWEs later in the year, as suggested in the observa-  
618 tions. This effect is however more efficient when the equatorial Pacific is initially  
619 recharged. We speculate that this is due to the fact that recharged states are as-  
620 sociated with a warm pool that extends further eastward, favouring subsequent  
621 WWEs. Recharged states are also associated with a more intense zonal sea surface



**Fig. 16** a, Percentage of neutral state, moderate and extreme El Niños in the CNRM-CM5 2014/15-like ensemble experiment (black) and for experiments where subsequent (April to November, red), initial (January to March, gold) and all Westerly Wind events (teal blue) are artificially suppressed (see methods) and (b), ECMWF 1st of April 2014 (light blue) and 2015 (purple) operational forecasts. The boxes (whiskers) give the 25 and 75 (5 and 95) % confidence intervals (see methods), and the grey shading on panel (a) displays this confidence interval for the control ensemble.

622 temperature gradient in the central Pacific which lead to a stronger SST response  
 623 to a given WWEs (Puy et al, 2016), and hence is more efficient to shift the warm  
 624 pool further eastward.

625 The potential impact of a series of EWEs halting the 2014 El Niño during its de-  
 626 velopment has also been suggested (Hu and Fedorov, 2016; Levine and McPhaden,  
 627 2016). Yet, there was a similar EWE in June 2015 (Fig.7d,g) that did not stop  
 628 the developing El Niño. Also, unlike for WWEs, we found no significant correla-  
 629 tion between summer/fall EWEs activity and El Niño amplitude in neither our  
 630 ensemble nor observations (Fig. 12c). This indicates that the impact of EWEs on  
 631 El Niño amplitude may be model-dependent (no impact in our model, an impact  
 632 in (Hu and Fedorov, 2016; Levine and McPhaden, 2016)). More studies with other  
 633 coupled models are hence probably needed to ascertain whether the summer 2014  
 634 EWEs did indeed stop the El Niño on its way. Overall, our study does not exclude  
 635 an EWE having played a role in 2014, but suggests that the effect of EWEs on  
 636 El Niño is not systematic (as opposed to WWEs). Our alternative (but not neces-  
 637 sarily exclusive) explanation simply relates the uncertainty in El Niño amplitude  
 638 forecasts to the WWE stochastic component: a moderate El Niño was more likely  
 639 in 2014, but nature followed the less likely option in which few WWEs and a weak  
 640 El Niño occurred.

641 Due to its state-of-the-art oceanic and atmospheric initialization (Balmaseda  
 642 et al, 2013) and ensemble generation methods (Weisheimer et al, 2014), the ECMWF

ensembles take into account the differences between 2014 and 2015 early-year initial conditions. April 2014 forecasts predicted almost equally likely odds for a 2014-like weak (29%), moderate (37%) or extreme (34%) El Niño (Fig. 16b). There is however a clear tendency for the April 2015 ECMWF forecast distribution to be shifted towards higher El Niño amplitude relative to that of 2014, with significantly more chances for an extreme El Niño in 2015 (59%), and less for no El Niño (12%, Fig.16b). This change in the El Niño amplitude distribution probability originates from other differences in initial conditions than those encapsulated in early-year WWV and cumulative WWE strength, which were very similar for both years. Other possibilities include the remote influence of SST anomalies external to the equatorial Pacific (Fig. 9, Zhu et al, 2016; Min et al, 2015) or the influence of remnants from the 2014 borderline weak El Niño (Levine and McPhaden, 2016; Hu and Fedorov, 2017) which left the equatorial Pacific 0.5 to 1°C warmer in early 2015 when compared to early 2014 (Fig. 1cd). Future studies will need to investigate the non-stochastic causes for the different forecasts distributions for these two years in order to isolate the associated sources of El Niño predictability.

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