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Article type : Original Article

Tropical Hilsa Shad (*Tenualosa ilisha*): Biology, Fishery and Management

Running title: Hilsa shad

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This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as [doi: 10.1111/faf.12323](https://doi.org/10.1111/faf.12323)

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28 **Abstract**

29 Tropical hilsa shad, which is an anadromous fish migrating from the sea to spawn in
30 freshwater river, constitutes an important fishery in some Asian and Middle East countries,
31 particularly in Bangladesh. But historical information on hilsa biology and ecology has
32 confronted the scientists and policy makers with research and management challenges. We
33 have reviewed both the old and recent findings on the hilsa fishery to document the status of
34 knowledge and potential gaps, necessary to know for formulating a more effective fishery
35 management plan. Thus, there has been a decline in hilsa catch in the riverine system
36 associated with shift in fish migration routes, indiscriminate harvesting of brood and juvenile
37 fish, and degradation of habitat. Specifically, riverine hilsa catches peaked in 1960s,
38 declining thereafter, and became relatively abundant in marine waters since 1990s. Biological
39 data indicated that hilsa goes through multiple reproductive cycles, therefore, a
40 comprehensive understanding of reproductive biology, recruitment by various cohorts, stock
41 abundance and habitats across the life cycle are necessary to accurately impose fishery
42 regulatory measures, such as fishing ban in spawning season in Bangladesh. Moreover,
43 domestication initiative is important for artificial seed production and mariculture
44 development of hilsa that can not only offer economic return to small-scale farmers but also
45 reduce the growing pressure on capture fishery. Importantly, the arrangement of co-
46 management is found ideal as fishermen, scientists and managers can work jointly to improve
47 the regulatory processes and to sustain the hilsa fishery overtime.

48

49 **Keywords:** Bangladesh, conservation, domestication, hilsa shad, management, mariculture

50

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74 INTRODUCTION

75 Hilsa shad (*Tenualosa ilisha*, Hamilton 1822) is a tropical anadromous species distributed
76 from the Sumatra to Kuwait, ascending the rivers from marine habitats of the Bay of Bengal,
77 Arabian Sea and Persian Gulf (Al-baz & Grove, 1995; Blaber, 2000; Arai & Amalina, 2014).
78 Since the early 1900s, hilsa has been a great societal and economic interest, and harvested in
79 large quantities from the rivers of Ganges, Brahmaputra, Meghna, Irrawaddy, Mahananda,
80 Godavari, Krishna, Cauvery, Indus, Shatt Al-Arab and Euphrates (Hamilton-Buchanan, 1822;
81 Day, 1878; BoBP 1985; Jafri, 1988; BoBLME 2012). Unfortunately, the riverine catch of
82 hilsa has declined due to closure of migration routes by dams/barrages, degradation of
83 habitats, indiscriminate harvesting of broods and juveniles, and climatic variability (Miah,
84 2015; Dutton et al., 2018). As a result, hilsa became relatively abundant in the wider areas of
85 Bay of Bengal, indicating a significant increase of marine catch in Bangladesh, Myanmar and
86 India (BoBLME 2012; ECOFISH-Bangladesh 2017; FAO 2017). The annual catches of hilsa
87 in Bangladesh is 0.5 million tonnes that fetches US\$2 billion, and provides livelihoods to 0.5
88 million fishermen and 2.5 million people in the value chain and distribution (Islam et al.,
89 2016a; Porras et al., 2017; Dutton et al., 2018).

90
91 Fish habitat is clearly a shifting mosaic over years to decades, and perhaps even centuries,
92 particularly in laterally unstable rivers (van der Nat et al., 2003). Accordingly, spawning
93 behaviour of hilsa varies in terms of both time and location in the rivers of the Bay of Bengal
94 and Arabian Sea due to fluctuations in rainfall, upstream runoff, sediment input, and/or
95 variation in habitat types. Over the past decades, hilsa is the subject matter of hundreds

96 articles published in scientific journals, magazines, books and news portals. Yet, fundamental
97 knowledge in spawning biology, induced breeding, rearing juvenile in sea cages or ponds,
98 ecological drivers, habitats across the life cycle, and the spatial dynamics of hilsa are not
99 readily available. Therefore, for the fishery management data (e.g. prey and predators
100 interaction, spawning season, migration route) managers and policy makers used to rely upon
101 expert opinions and obscure extrapolations. This is hindering the formulation of a well-
102 planned and scientifically viable hilsa management scheme, either at local or regional levels.

103
104 Several studies have provided a broader picture of hilsa fishery management practices in
105 different contexts (BoBLME 2012; Puvanendran, 2013; Pomeroy et al., 2016; IUCN 2017;
106 Dutton et al., 2018). One study revealed that regional hilsa stocks is currently over exploited
107 and need to reduce fishing mortality for maximizing the biological recruitment. Moreover,
108 emphasis is placed on protection of the spawning and nursery grounds, reducing juvenile
109 catches and regulatory compliance to rebuild the depleted hilsa stocks (BoBLME 2012).
110 However, a comprehensive knowledge surrounding the hilsa fishery remains unknown. In
111 this paper, the fishery history, biological aspects and distribution range of hilsa are discussed.
112 Then, management, socioeconomics and sustainability of hilsa fishery are critically reviewed
113 to identify the knowledge gaps. Finally, areas of research needs and recommendations are
114 proposed in line with current exploitation, management and conservation status of the fishery.

115 116 **FISHERIES HISTORY**

117 Since the early 1900s, the administrators, philosophers, naturalists and scientists have been
118 fascinated by hilsa due to its taste, euryhaline behavior, distant migration capability and high
119 economic contribution as the single largest fishery to the society (see Bloch, 1795; Schneider,
120 1801; Russell, 1803; Hamilton-Buchanan, 1822; Day, 1878). The range of hilsa migration
121 covers a distance of about 1,920 rkm (river kilometer) up to Delhi through the Yamuna
122 tributary of the Ganges River (Hora, 1941; Motwani et al., 1957; Swarup, 1959; Quereshi,
123 1968), 825 rkm up to Mandalay through the Irrawady River (Day, 1873), 780 rkm up to the
124 Tezpur of the Brahmaputra River (Pillay & Ghosh, 1958; Rao & Pathak, 1972), 410 rkm of
125 the Hooghly (Day, 1889; Jones, 1957; Pillay, 1958; BoBP 1985), 50 rkm in the Godavari
126 (Chacko & Dixitulu, 1951; Pillay & Rao, 1963; Rao, 1969; Rajyalakshmi, 1973), 275 rkm in
127 the Meghna (Quereshi, 1968; Shafi et al., 1978), 420 rkm in the Padma (Quereshi, 1968),
128 1,000 rkm up to Multan in the Indus (Aitkin, 1907; Jafri, 1988), and 180 rkm in the Euphrates
129 (Al-Dham, 1977; Al-Dubakel, 2011) (Figure 1). However, construction of barrages and dams

130 without fish passages on various rivers, for example Farakka barrage on the main stem of
131 Ganges river, reduced the riverward migration range of hilsa (Jafri, 1988).

132

133 The riverine contribution of hilsa from 1956-1957 to 1961-1962 was 94% and at that time the
134 marine contribution was only 6% (Ahsanullah, 1964). In 2015, a total of 387,000 tonnes hilsa
135 was landed in Bangladesh with shares of 65% marine catch and 35% riverine catch. While,
136 25,129 tonnes hilsa catch of India were represented by 82% marine catch and 18% riverine
137 catch (Figure 2). Importantly, the lion share of hilsa landings dominantly contributed by the
138 river Padma during 1930s and 1960s, suggesting the importance of freshwater as hilsa
139 habitat. However, during 1990s onwards hilsa fishery moved to the downstream rivers (e.g.
140 Meghna River ecosystem), showing a significant increase of nearshore and marine catches
141 (Table 1). A declined riverine hilsa catch has been attributed to a combination of factors such
142 as the closure of migratory routes, river siltation, overfishing, indiscriminate harvesting of
143 broods and juveniles, use of fishing nets with small mesh sizes, mechanization of fishing,
144 increasing numbers of fishermen and efforts, aquatic pollution and climatic variability
145 (Dutton et al., 2018).

146

147 **BIOLOGY**

148 **Age and growth**

149 Knowledge of the age and growth, i.e. the data on recruitment, longevity, mortality and
150 fluctuations in fishery, is essential for developing a rational harvesting plan and shaping up
151 sustainable fish stocks. The length of new born hilsa larvae is 2.3-3.1 mm (Kulkarni, 1950)
152 and the monthly average size for the first 6 months is shown in Figure 3 (Hora & Nair, 1940;
153 De, 1986; Bhaumik & Sharma, 2012). Hilsa reached about 30-35 cm and 1-1.5 kg in size by
154 two years of age, with maximum length reported to be 65.6 cm (Halder & Amin, 2005).
155 According to Halder (2004), hilsa attain its maximum length of 58 cm at 6.5 years of age.
156 Pillay & Rao (1963) designated the modal lengths of 35.5, 41.5, 45.5, 48.5, 50.5 and 52.5 cm
157 corresponding to +1, +2, +3, +3, +5 and +6 age groups, respectively. Annual growth (total
158 length) of the hilsa in Bangladesh waters, based on the back calculated length using
159 polynomial relationships between the total length (cm) and age (year) are presented in Table
160 2. Studies suggest that female hilsa grow faster than male and caught more frequently in
161 catches with individuals >40 cm (Pillay, 1958; BoBP 1985; Rahman & Cowx, 2006). In
162 general, growth of hilsa varies from one ecosystem to another or in the same environment due
163 to changes in ecology, habitat characteristics, food availability, population size and density

164 dependent growth factors. Mome & Arnason (2008) has estimated natural mortality and
165 showed high mortality rates for the whole stock in Bangladesh, especially for the first cohort
166 (half year) as listed in Table 3. Even with high natural mortality rate, few hilsa older than 4
167 years are left in the stock. Therefore, Mome & Arnason (2008) considered the life span of
168 hilsa is up to 4 years that corresponds to 8.5 year cohorts.

169

170 **Maturity and reproduction**

171 At present, a 22-day fishing ban has been imposed in the month of October for safe spawning
172 of hilsa in Bangladesh. To be successful with this kind of management, data on size at first
173 maturity, and the onset and duration of spawning season are extremely valuable for which
174 understanding of fish reproductive biology is important. Different studies have found
175 conflicting views about minimum size of hilsa at first maturity. In Bangladesh, Halder (2002)
176 reported that hilsa matures at age 7-8 months when total length is 19 cm. According to Mome
177 & Arnason (2008), hilsa at <6 months old remains immature, 6-12 months attains 80%
178 maturity and at >12 months full maturity. In India, Jhingran & Natarajan (1969) reported
179 maturity in 20-30 cm females and in 18-30 cm males, while Ramakrishnaiah (1972) defined
180 length classes of 19, 29 and 34 cm as maturing, ripening and spawning, respectively. The
181 peak gonadosomatic index (GSI) of hilsa was recorded in October, June and February and
182 thus, the major spawning takes place in October-November, and a subsidiary spawning in
183 June-July and January-March in the Meghna ecosystem (Hossain, 1985). There are two peaks
184 of GSI values in July and February in the Indus River, indicating two different breeding
185 seasons (Narejo et al., 2008). Spawning occurs in May-June in Kuwaiti coastal waters (AL-
186 Baz & Grove, 1995; Roomiani et al., 2014), and it is February-March in the Shatt Al-Arab
187 (Al-Dubakel, 2011).

188

189 Hilsa is an oviparous (produce eggs that develop and hatch outside the maternal body) and
190 iteroparous (reproduce more than once in lifetime) fish like as other clupeid species. The
191 diameter of ripe eggs by different studies ranged 0.70-0.75 mm (Jones & Menon, 1951), 0.89
192 mm (Pillay, 1958) and 0.76-0.87 mm (De, 1980). The eggs and spermatozoa are released into
193 water in close proximity to support external fertilization, and the fertilized eggs are buoyed
194 up and drifted by water currents (Kulkarni, 1950; Bhaumik & Sharma, 2012). Egg production
195 is correlated to age or size of the fish (Table 4) as found to occur in other aquatic species.
196 Currently, there is limited information on the reproductive biology of hilsa and this demands
197 further investigation on maturity, hormone concentrations in blood and sex reversal aspect

198 using the same sampling protocol throughout the major river basins. This data are essential
199 for estimation of size at maturity and correct timing of spawning season, and to know how
200 many mature and active individuals are contributing to offspring production and their
201 subsequent management aspects.

202

203 **Life cycle**

204 The productivity of a fish over its life cycle is determined by the cumulative production in
205 each life stage. Thus, availability of a species in the right place at the right time in its lifetime
206 can have significant consequences on the fishery productivity (Naiman & Latterell, 2005).
207 Oxbow shaped turbulent pools in the estuaries and rivers with favourable ecological
208 characteristics support the spawning of hilsa. Major spawning grounds of hilsa include the
209 Meghna ecosystem in Bangladesh (Hossain et al., 2014b), Hooghly-Bhagirathi river system
210 in India (Bhaumik & Sharma, 2012), Ayeyarwady delta in Myanmar (Than & Lay, 2008;
211 Tezzo et al., 2014), Indus river delta in Pakistan (Narejo et al., 2008), Shatt Al-Arab and
212 Euphrates in Iraq (Al-Dubakel, 2011; Mohamed et al., 2012) and Kuwaiti coastal waters in
213 the Persian Gulf (AL-Baz & Grove, 1995; Roomiani et al., 2014) (Figure 1). Hilsa fry is
214 found in the downstream of rivers and nearshore coastal waters (Ghosh & Nangpal, 1970;
215 Hora, 1938), while the juvenile disperses in the upper and lower estuaries (Milton, 2009;
216 Hossain et al., 2014c). Water quality parameters suitable for different life stages of hilsa are
217 shown in Table 5. Hossain et al. (2016) reported that hilsa population in the northern Bay of
218 Bengal (Bangladesh) primarily inhabits marine waters and migrates to freshwater for
219 spawning. But, there is exception to this behaviour as - (i) a small subset of the population
220 completes its life cycle within freshwater and does not migrate to sea at any stage in its life
221 cycle, and (ii) a different subset uses nearshore coastal and/or sea habitats and relies on
222 downstream estuarine waters for spawning without migrating to freshwater (Figure 4). The
223 latter notions need to be validated scientifically to manage the hilsa fishery even more
224 sustainably. Moreover, information on the movement and distribution of hilsa beyond the
225 continental shelf is inadequate to determine the extent of their seaward migration and fishing
226 potential at offshore marine areas. Thus, range of hilsa migration with spatial and temporal
227 distribution across the lifecycle needs to be determined comprehensively.

228

229 **Hilsa-less tributaries enrich hilsa-bearing rivers**

230 Major rivers for the hilsa habitat are the Meghna, Ayeyarwady, Hooghly, Indus, Shatt Al-
231 Arab and Euphrates, where the streams or tributaries are mainly hilsa-less but are rich with

232 small indigenous species. Water flow, nutrients and organic matters that form habitat
233 attributes in hilsa-bearing rivers originated from these tributaries that maintain ecosystem
234 functions and source of food to resident organisms (Hossain et al., 2007). For instance, the
235 crisscrossed hilsa-less tributaries of the lower Meghna deltaic region of Bangladesh have an
236 intimate relationship with surrounding land-based activities such as, agriculture, wet
237 meadow, human settlement, and mangrove ecosystems that play important roles on aquatic
238 habitat (Figure 5). Many tributaries in the Meghna deltaic region may be wet on only rainy
239 months (June-October). Similarly, many do not support habitat for fishes although they
240 possess planktonic organisms, benthos, amphibians and reptiles with life cycles that have
241 both aquatic and terrestrial stages (Naiman & Latterell, 2005). These narrow and shallow
242 tributaries occupy the headmost position in a drainage network, but are influenced by semi-
243 diurnal tidal characteristics (Hossain, 2001). Even where hilsa is absent, these tributaries are
244 closely coupled to the adjacent crop fields and villages, and are particularly influential in
245 regulating and processing inputs of energy, nutrients and organic matters. These inputs
246 contribute material to riverine food webs (Ahsan et al., 2012) and shape the structural
247 characteristics of hilsa habitat in estuarine and marine ecosystems. Thus, hilsa-less tributaries
248 are hilsa habitat in much the same way as the rivers.

249

250 **Prey and predators**

251 It is essential to understand predator-prey relationships for ecosystem-based management.
252 Predators can influence the dynamics of prey populations by controlling survival, growth,
253 size structure and distribution, while prey can equally control predator populations. Adult
254 hilsa is plankton feeder (Chacko & Ganapati, 1949; Mohamed et al., 2012; Dutta et al., 2014;
255 Hossain et al., 2014b; Hasan et al., 2016). Absence of teeth, efficient filtering gill rakers,
256 pharyngeal organ, and modification of stomach into gizzard in hilsa dictate the food item size
257 and feeding preference (Jafri, 1987). The prey species of hilsa include algae, diatoms,
258 copepods, cladocera, protozoans, rotifers and the larvae of bivalve and gastropods (Hora,
259 1938; Jones & Menon, 1951; Pillay & Rao, 1963; Hasan et al., 2016). Jones & Sujansinghani
260 (1951) mentioned that the spent specimens appear to feed at the bottom, whereas young ones
261 seem to be mid-water feeder. Data on hilsa predators are limited, the likely candidates are the
262 tertiary consumers (such as big carnivorous fish: shark, tuna, mackerel, catfish, freshwater
263 shark) of a marine and river food chain who prey on adult hilsa (Figure 6). The larvae and
264 juvenile hilsa are assumed to be consumed by medium to small carnivorous fish such as

265 seabass and snakehead. However, the analysis of gut content of piscivorous species living in
266 the habitats of hilsa can provide novel information on prey-predators interactions.

267

268 **MANAGEMENT AND SOCIOECONOMICS**

269 **Fishery status**

270 Several studies have carried out the stock assessment of hilsa from different water bodies
271 (Table 6) using length data in FiSAT (FAO-ICLARM stock assessment tools). This approach
272 is not rigorous and thus the estimated exploitation rates are highly uncertain and would not
273 form the basis of management decisions in most cases (BoBLME 2010). However,
274 alternative assessment options including life history based modeling approaches like Leslie
275 Matrix models, age-structured integrated assessments, and Surplus Production based
276 assessments need to develop and examine. BoBLME (2012) reported that regional hilsa stock
277 is overfished and recommended to reduce fishing mortality for maximizing the biological
278 yield. Global hilsa catch data is limited, the shares of Bangladesh, Myanmar and India are
279 76%, 15% and 4%, respectively, whereas the remaining 5% is contributed by other
280 countries/regions (e.g., Iraq, Iran, Kuwait, Malaysia, Indonesia, Thailand and Pakistan)
281 (BoBLME 2010; FAO 2015; Miah, 2015; Islam et al., 2016a). In general, marine catch of
282 hilsa is 72% and the river catch shares 28% (Figure 7). The maritime zones of Bangladesh,
283 Myanmar, India, Iran and Kuwait are suitable for marine catch, and the habitats of Meghna,
284 Hoogly, Indus, Irrawaddy and Euphrates are suitable for river catch.

285

286 Typical hilsa fishing gears include drift gill, fixed gill and seine nets. Gear characteristics as
287 well as length, breadth, mesh and mode of operation depends on water current, depth, tidal
288 phase, seasonality and weather condition (Table 7). Drift gill net moves with water current,
289 whereas fixed gill net is set in specific location of the river/sea. The seine net encircles
290 shallow water areas to trap school of hilsa and other fishes (Figure 8). Recently, there is an
291 increase in the efficiency and capacity of hilsa fishing in Bangladesh. For instance, the drift
292 gill net in operation is two times long and four times more powerful than it was in 1980s, and
293 the number of fishermen has also increased. Annual total catches of hilsa in Bangladesh
294 varies irregularly, either increased or decreased in the subsequent years since 1983. But, a
295 maximum of 32%, 18%, 11%, 29%, 8% and 26% increase was reported in 1985, 1989, 1994,
296 2003, 2010 and 2017, respectively. A maximum decrease of 20% and 10% was noted in 1990
297 and 2002, respectively (DoF 2014; FAO 2017). An increasing trend in total catch since 2004
298 is the outcome of well-enforced seasonal ban in fishing hilsa brood and juvenile stocks,

299 though segregation of individual initiative's role in the catch of an anadromous species is
300 difficult. Hilsa is a highly preferred edible fish to millions of people living in the Asia and the
301 Middle East countries due to its taste, flavor and delicate culinary properties (Alam et al.,
302 2012; Panhwar & Liu, 2013; Miah, 2015; Almukhtar et al., 2016). The market demands of
303 high quality fish in the Middle East, Europe, North America, Japan and Australia has
304 stimulated the hilsa price in recent years. For example, price of hilsa in retail markets of
305 Bangladesh is US\$10-12 per kg for individual weight 800-1200 g, and the price increases to
306 US\$20-25 per kg for fish weighing >1500 g. About 75% of harvested hilsa in Bangladesh is
307 consumed locally and the remaining 25% is exported, and the pattern is similar in other
308 countries, India and Myanmar (Kleih et al., 2003; Hossain et al., 2014a; Sahoo et al., 2016).

309

310 **Management and conservation initiative**

311 Bangladesh government and international agencies has taken several initiatives on hilsa
312 biology, management, conservation and livelihoods of fishermen that enhanced hilsa catch
313 (Figure 9). In Bangladesh, a decline in hilsa catch by 9,121 tonnes (= 3.97% of catch) in 2001
314 and 21,561 tonnes (= 9.77% of catch) in 2002 had a negative impact on the livelihoods, cash
315 income and food security of fishing communities. Several protection and conservation
316 measures have been undertaken since 2003 to enhance the size of hilsa population and
317 improve the socioeconomic conditions of fishermen. The Hilsa Fisheries Management Action
318 Plan (HFMAP) was undertaken to protect jatka (= hilsa juvenile, <160 mm length) through
319 the development of an implementation strategy, and identification of the responsible agencies
320 and target communities within a specific management timeframe. HFMAP involved in public
321 meetings, riverine rallies, awareness raising campaign, media coverage, distributing leaflets
322 and posters to protect jatka, enforcing the fish protection and conservation acts, establishing
323 hilsa sanctuaries, a two-three week banning of fishing in major spawning grounds, and
324 offering alternative livelihoods for fishermen as cash incentives. It is believed that jatka
325 protection programme has had a positive effect, since hilsa catch increased by 56,806 tonnes
326 (= 28.54% of catch) in 2003 and 20,024 tonnes (= 7.83% of catch) in 2004. Although no
327 rigorous evaluation of the impact of HFMAP on catch size was carried out, the conservation
328 programme has been expanded to a wider area since 2005 (Siddique, 2009; Islam et al.,
329 2016a). The project was granted BDT 188 million (= US\$ 2.4 million) at its inception in 2008
330 and implemented in 59 upazilas under 10 districts (Barbier, 2012) that has subsequently
331 increased to 224,102 households in 91 upazilas under 15 districts in 2013-14 (Islam et al.,
332 2016a). Consequently, a ban on catching, transporting and selling of juvenile hilsa from

333 November to May in each year has been legislated. During the ban period, households of
334 hilsa fishermen are given monthly 40 kg rice since 2013 (Islam et al., 2016a). Table 8 shows
335 the initiative of annual food grain distribution and alternative income generation programme
336 among fishermen households undertaken during 2008-2014. However, no such conservation
337 activities are known to be practiced in other hilsa catching countries.

338

339 While community-based fisheries management (CBFM) for inland waters is well established
340 in Bangladesh, CBFM specific to hilsa fishery is limited (Pomeroy et al., 2016). The
341 Empowerment of Coastal Fishing Communities for Livelihood Security (ECFC) project by
342 the Food and Agriculture Organization (FAO) of the United Nations demonstrated some
343 success in applying this model, but further efforts are needed to develop and institutionalize
344 CBFM model in marine system (UNDP/GoB/FAO 2003). Although policy statements
345 promote CBFM for hilsa, these have not been translated into formal instruments or
346 implemented. As a matter of fact, there remains a legal barrier to the local and indigenous
347 peoples' right of accessing to coastal resources as the state does not allow these rights, being
348 fisheries and forests resources are owned and maintained by the government (Roy, 2001).
349 Therefore, based on the analysis of natural resources and relevant tenure arrangements, Roy
350 (2001) emphasized to extend the concept of community-based property rights and
351 management to coastal and marine areas.

352

353 Recently, the United States Agency for International Development (USAID) funded
354 Enhanced Coastal Fisheries in Bangladesh (ECOFISH-Bangladesh) is one of the major inputs
355 to co-management strategy for hilsa fishery (ECOFISH-Bangladesh 2014). The interim
356 progress report of ECOFISH-Bangladesh highlighted the importance of close working
357 relationship among stakeholders (such as Department of Fisheries, NGOs, WorldFish,
358 Bangladesh Navy, Coast Guard, Riverine Police and fishing communities) as key to building
359 a common vision and local capacity for co-management infrastructure (ECOFISH-
360 Bangladesh 2017). ECOFISH-Bangladesh established joint forces of Hilsa Ghat Groups
361 (HGGs), Hilsa Conservation Groups (HCGs), Community Saving Groups (CSGs) and
362 Community Fish Guards (CFGs) for effectively working in hilsa conservation. HGGs and
363 HCGs look after compliance with hilsa fishing ban periods and gear restrictions, whereas
364 CSGs is working solely with women's by giving out 'soft loans' for income diversification,
365 i.e. net making, tailoring, duck and goat rearing, and vegetable gardening (ECOFISH-
366 Bangladesh 2017). The CFGs initiative promotes a strong desire to be 'self-police' rather

367 than to be enforced by the authorities. That motivation has been important to catalyzing more
368 consistent enforcement for restricting hilsa fishing during ban periods and for building closer
369 cooperation between villagers and law enforcement agencies.

370

371 Livelihood diversification is an attempt by individual and/or household to find new ways to
372 raise income and reduce vulnerability. In order to sustain the hilsa fishery, both on-farm and
373 off-farm activities (Table 9) need to be introduced during the fishing ban periods to enhance
374 cash income, employment, and to meet household food and protein demand. Moreover,
375 education and skill development training for professional diversity and interest-free loans
376 from the bank are pre-requisites to maintain livelihoods by the fishermen in their villages
377 (Hossain et al., 2013). The alternative income generation programme is already introduced,
378 but the outreach is limited to a small number of households (Badhon, 2016; Dewhurst-
379 Richman et al., 2016; Islam et al., 2016a). In 2009-2010, support for alternative income
380 generation involving ~US\$ 4 per household was given out to 4,388 households in 59 upazilas
381 under 10 districts. In the following two years the coverage and amount have been increased
382 gradually, although the quantity of food grain, amount of cash incentives and number of
383 recipient households need to be increased for implementing the laws of hilsa fishery
384 successfully, especially during ban periods.

385

386 In India, hilsa fishery is managed by the state rather than by the central government,
387 suggesting that there is less capacity and resources to actively implement management
388 measures (BoBLME 2010). There is currently no control on fishing effort and small mesh
389 nets used to catch hilsa juveniles. An annual fishing closure in the Indian marine waters has
390 been declared from 15 April to 15 June, but the relation of this initiative with hilsa fishing or
391 hilsa spawning season is unclear (BoBLME 2010). Moreover, main spawning and nursery
392 areas of hilsa are not yet identified and mapped in India which is a prerequisite to formulate
393 management measures for improving hilsa fishery as Bangladesh. Although hilsa fishery, by
394 now, has expanded over the Rakhain basin along the Myanmar and Thailand coasts, there is
395 limited catch data or export statistics in that context (BoBLME 2012; BoBLME and
396 SEAFDEC 2015). Myanmar has exported 17,952 tonnes hilsa valued at US\$ 39.53 million in
397 2009 (FAO 2012). However, there is no scientific study on hilsa fishery, thus it is difficult to
398 comment on the status of hilsa in Myanmar and Thailand (BoBLME 2010). Interestingly,
399 Myanmar has undertaken a registration scheme for all the small fishing craft, and this model
400 can be useful for Bangladesh and India where no such scheme exists. Recently, a road map

401 for hilsa fishery management plan has been laid out among Bangladesh, India and Myanmar
402 (BoBP-IGO 2008), where scientific networking among Bangladesh, India, Myanmar and
403 Norway has now been established for jointly developing and managing the hilsa fishery
404 (Puvanendran, 2013).

405

406 **Mariculture development**

407 To date, domestication (= a condition wherein the lifecycle, breeding, care and feeding of an
408 organism are controlled by humans) has not been successful for hilsa, despite efforts made on
409 artificial fertilization and larval development. Collecting viable broods from the river/sea is a
410 limiting factor as the fish dies immediately after catching it (Pillay, 1955; Sahoo et al., 2016),
411 though the first author observed live hilsa for 2-4 hours after catching
412 (<https://youtu.be/B3xg0Q8GfDs>) at the Meghna ecosystem. Rearing of hilsa fry in open
413 freshwater ponds has also been attempted in India and Bangladesh with little success in
414 growth and survival rate (Bhanot & De, 1984; Sharma, 1984; Sen et al., 1990; Milton, 2010;
415 Rahman et al., 2012). However, cage farming in Bangladesh holds great promise as 17,296
416 km² water bodies, such as the islands of Bhola-Manpura-Hatiya (Figure 10), are suitable for
417 hilsa grow-out in captivity by obtaining juveniles from wild (Hossain & Hossain, 2016). This
418 activity can offer economic benefit to the small-scale farmers and more importantly will
419 reduce growing pressure on capture hilsa fishery (Sarker et al., 2018). In view of wider
420 interests (national and international) and huge commercial importance, there is an urgent
421 need for developing hatchery and grow-out technology of hilsa. Critical research gaps include
422 water quality and nutritional (live and artificial feeds) requirements, understanding the
423 smoltification process, and broodstock management (Sahoo et al., 2016). In this connection,
424 knowledge from the successful domestication and breeding of American shad (*Alosa*
425 *sapidissima*), Chinese shad (*T. reevesii*) and Atlantic salmon (*Salmo salar*) can be useful.

426

427 **Condition of the hilsa fishermen**

428 Hilsa is a fundamental component of the quality of life and wellbeing of Bangladesh,
429 including some parts of Myanmar and India in a similar manner to cod (Kurlansky, 1997),
430 salmon (Montgomery, 2003) and other leading fish species that underpin the economy, food
431 security and cultural identity of long-established riverine and coastal communities. The
432 Government of Bangladesh has undertaken hilsa protection and conservation initiatives to
433 improve the socioeconomic conditions of the fishermen. For this purpose, a ban period is
434 imposed on hilsa broodstock fishing during spawning season in October and on juvenile

435 fishing from November to May. To compensate the fishermen incentives of food grain and
436 alternative income supports have been introduced (Islam et al., 2016a; ECOFISH-Bangladesh
437 2017). It is recognized that such initiative has had a positive effect, since hilsa catch
438 increased from 351,223 tonnes in 2012-13 to 496,417 tonnes in 2016-17 (Dutton et al., 2018).
439 However, the allocated incentive to each fishermen household at the event of ban period
440 seems inadequate. Also, malpractices are common in the distribution channel, such as
441 providing allocation to the fake fishermen, offering reduced quantity of rice and not
442 following the delivery schedule (Dewhurst-Richman et al., 2016). Thus, for instance, the
443 incentive can be in the form of cash money via bank transfer in order to get rid of the
444 transportation costs and distribution loss, and to guarantee fishermen trust and satisfaction.

445
446 Recently Enhanced Coastal Fisheries (ECOFISH) project has selected 15505 beneficiaries
447 belonging to poor fishing communities of 123 villages who are involved in hilsa conservation
448 through AIG (alternative income generation) supports, skill development trainings and
449 savings schemes. The activities of AIGs include fish farming, vegetable cultivation, duck and
450 goat rearing, pebbles making, and swing cloths (ECOFISH-Bangladesh 2017). Specifically,
451 the 'one voice for the hilsa's community' scheme by ECOFISH has made strong progress by
452 establishing hilsa sanctuaries as well as developing community resilience (= improved
453 savings, livelihoods and coping strategies) towards climate related shocks and stresses
454 (Sharifuzzaman et al., 2018). Major driving forces behind this success are incorporated into
455 the concerted efforts by stakeholders, such as government officials, fishing community,
456 moneylenders-cum-traders, NGOs, law enforcement agencies, academia, researchers and
457 local government units. Further integration among science, policy, resilience and climate
458 change adaptation options can build up the overall progress. Moreover, it is equally important
459 to understand the relationship between fisheries and resilience from the view point of non-
460 consumptive valuation study (Dewhurst-Richman et. al., 2016). Thus, other than economic
461 benefits and rice subsidies by the government (Islam et al., 2017), there are additional non-
462 cash benefits like social recognition, enhanced capacities and access to government/non-
463 government services, and opportunity for local entrepreneurship - all of which needed to
464 explore for strengthening the socioeconomic conditions of hilsa fishermen.

465

466 **SUSTAINABILITY OF THE HILSA FISHERY**

467 **Ecosystem approach**

468 Ecosystem-based management has been a prominent topic in the field of natural resource
469 management for decades that have gained momentum in marine management initiatives and
470 more specifically in fisheries resources (Long et al., 2015). The ecosystem-based fisheries
471 management (EBFM) is a systematic approach of managing fisheries in a geographically
472 designated area that contributes to the resilience and sustainability of the ecosystem and
473 recognizes the physical, biological, economic and social interactions (Hossain et al., 2017).
474 EBFM seeks to account for the interspecies biocommunication with each other, with the
475 environment and with humans. The approach involves community participation, reliance on
476 scientific research and advice, conservative catch quotas, gear restrictions, comprehensive
477 monitoring and enforcement, temporal and spatial distribution of fisheries, habitat
478 conservation areas, and other biological and socioeconomic considerations (Witherell et al.,
479 2000). Unlike many South and Southeast Asian nations where there is a long history of
480 experience in EBFM and related fields (Olsen et al., 2003; Osgood, 2014; Staples et al.,
481 2014), Bangladesh has only recently started to pursue that type of biodiversity and coastal
482 resources management, and coastal resilience approaches (Pomeroy et al., 2016; van Brakel
483 et al., 2018). Similar approaches with cohesive structure can be adopted by hilsa producing
484 countries/regions.

485
486 The 7th five year plan background paper of the Government of Bangladesh
487 (source: [http://www.plancomm.gov.bd/wp-content/uploads/2015/02/19_Strategy-for-Ocean-](http://www.plancomm.gov.bd/wp-content/uploads/2015/02/19_Strategy-for-Ocean-and-River-Resources-Management.pdf)
488 [and-River-Resources-Management.pdf](http://www.plancomm.gov.bd/wp-content/uploads/2015/02/19_Strategy-for-Ocean-and-River-Resources-Management.pdf)) has emphasized developing the coastal and marine
489 fisheries following conservation and sustainable exploitation approaches. Therefore,
490 restoration of lost habitats, prevention of further habitat degradation and restocking of rivers
491 can be promising for the conservation of hilsa. There are five sanctuaries in the riverine-
492 estuarine ecosystems of Bangladesh to serve the purpose of hilsa conservation (Islam et al.,
493 2014; ECOFISH-Bangladesh 2017; IUCN 2017). Also, several marine protected areas
494 (MPAs) are in the process of being declared to maintain marine biodiversity and fish stocks
495 at sustainable levels (Hossain et al., 2014d). Co-management or the joint management of the
496 commons can be an ideal option for implementing EBFM and/or MPA fruitfully. For
497 example, the Tetulia River management area in Bangladesh (Figure 11) comprises parts of
498 two districts, multiple sub-districts and many fishing villages, and this kind of multi-
499 stakeholder involving resource management is already in practice, such as fishery governance
500 in the Philippines (Pomeroy et al., 2010) and inland or freshwater fishery/wetland
501 management in Bangladesh (Sultana & Thompson, 2012). In the estuarine system, the

502 geographical distribution of villages around common water bodies may mean that the catches
503 in each village are heavily dependent on the activities in neighboring villages. So, co-
504 operation between the different villages is the key to achieve management goals. This is
505 particularly true for Bangladesh where, in many cases, more than one village is expected to
506 be involved in the management of inland and marine resources. This requires particular skills
507 in communication and co-ordination, therefore, intermediate management units may be more
508 difficult than only managing the fishing community. Basic understanding of the distribution
509 of species and their life cycles must be taught to local communities through the citizen
510 science approach to ensure that learning is two-way. For instance, ecological links among the
511 key species in the maritime zone of Bangladesh can be earmarked for EBFM plans (Figure
512 12). The diagram may not represent all of the ecosystem connections for all of the species;
513 however, it provides an idea of how these species impact one another and what factors need
514 to be considered when formulating the plan.

515

516 However, under the co-management arrangement, a fishery will need to be managed at
517 various nested scales through fishery management units. A fishery management unit is the
518 area to be managed, and the units should be formulated according to spatial interactions in the
519 riverine/estuarine/marine environment, fishing communities and fish stocks. At a minimum,
520 three categories or levels of fishery management units may be trialed:

- 521 a) CBO level – smallest management unit composed of clusters of several adjacent fishing
522 villages to which the rights and authority have been allocated to use and manage local
523 fish stocks, and to regulate access to a specific water area.
- 524 b) *Upazila* level (intermediate area) – fishery coordination committees composed of two or
525 more CBOs represented by an *upazila* committee involving CBO leaders and government
526 officials.
- 527 c) Ecosystem management level – this is based on hilsa fishery ecosystems with a
528 management body responsible for coordinating the community management areas in one
529 of the existing hilsa management units/areas (this may include parts of more than one
530 district, a geographic area larger than the *upazila*).

531

532 **Transboundary cooperation**

533 Hilsa of the Meghna estuarine ecosystem is a mixed population occurring across the Bay of
534 Bengal region, signifying that Bangladesh, Indian and Myanmar are most likely sharing some
535 same fish stocks (Milton & Chenery, 2001). Based on this notion, which requires further

536 validation, an integrated transboundary (= across one or more international boundaries)
537 management plan with neighbouring countries is essential to sustain the common hilsa stocks
538 by protecting their spawning and nursery grounds, and establishing marine park for no-take
539 hilsa (BoBLME 2011, 2012). Therefore, Bay of Bengal countries with hilsa fishery should
540 actively cooperate with each other and develop joint hilsa management strategy. Similarly,
541 Kuwait, Iran and Iraq can jointly manage the Persian Gulf stocks, and hilsa of the Indus River
542 and adjacent northwest India by India and Pakistan, if the fishery is to be managed
543 sustainably (Salini et al., 2004). Interestingly, hilsa population of the Sumatra (Indonesia) and
544 Perak River (western Peninsular Malaysia) is found to be genetically distinct (Milton &
545 Chenery, 2001; Arai & Amalina, 2014). Therefore, further study is necessary to understand
546 the biological and ecological aspects of hilsa with their population structure and dynamics
547 across the region in order to ensure sustainable exploitation (Salini et al., 2004). Indeed,
548 adequate monitoring, surveillance and enforcement of fishery regulations need to be
549 considered as essential aspects for making the transboundary initiative effective.

550

551 **Monitoring, control and surveillance**

552 The existing fisheries laws and policies have not been properly implemented and non-
553 compliance is common (Islam et al., 2016b; Murshed-e-Jahan et al., 2014). Lack of adequate
554 monitoring, control and surveillance (MCS) is reported to affect the sustainability of aquatic
555 biodiversity and ecosystems in many countries. MCS capacity is constrained due to lack of
556 knowledge, skills and abilities related to compliance and enforcement among practitioners at
557 the local level that can only encourage illegal fishing activities. To address it, training and
558 mentoring activities should be carefully tailored to fill specific gaps and to deal with specific
559 needs within national and sub-national units. Strengthening resource use rights is an
560 important approach to creating incentives for local fishermen to be part of an effective MCS.
561 Fishermen who have enforceable rights are more likely than others to be engaged in the
562 management of resources. In general, barriers to be addressed include the existence of
563 cultural and social constraints related to enforcement activities that might strain social,
564 familial, political, or professional relationships, lack of effective partnerships with external
565 agencies and local leaders, and insufficient financial support and workforce for compliance
566 and enforcement activities. Specific activities may include strengthening the strategic focus
567 and effectiveness of public education and outreach efforts, assessing the effectiveness of
568 current information and outreach campaigns, increasing law enforcement capabilities and
569 effectiveness with respect to legal and tactical procedures, providing supplemental and

570 advanced training, developing community-supported enforcement efforts, and creating local
571 enforcement alliances.

572

573 **Marine reserves**

574 Marine reserves (MRs) can enhance the sustainability and resilience of marine ecosystem
575 health and fisheries resources. In 2014, Bangladesh has declared 1,738 km² marine protected
576 area in the Swatch-of-No-Ground (SoNG-MPA) for the protection of threatened cetaceans
577 (i.e. dolphins, whales), turtles, sharks, rays and other marine species (UNEP/CBD 2016). In
578 2000, an MR area (698 km²) was also established in the Middle Ground and South Patches of
579 the northern Bay of Bengal as ‘absolute no take, no go zone’. Additionally, two marine parks
580 have been established in the Saint Martin’s coral reef island and Khulna Sundarban mangrove
581 forests. India has ~12,300 km² MPA (= >0.5% of EEZ) and Myanmar has ~340 km² MPA (=
582 ~0.01% of EEZ) (BoBLME 2012). But, to what extent those MPAs/MRs are relevant for the
583 protection and conservation of hilsa stocks is not known. Fisheries stakeholders need to be
584 consulted and involved in all stages of the conception, formulation and implementation,
585 preferably through co-management, of any new MRs. This balance of establishing MRs
586 alongside building an understanding of the benefits to the fishery is an important component
587 of establishing an effective governance regime.

588

589 **Researchable issue**

590 It is useful to initiate a data-prospecting and data-recovery effort for the catch composition of
591 hilsa since 1950s. This kind of analysis can provide valuable insights into the hilsa spatial
592 dynamics, as unplanned water control structure on the rivers is known to affect the abundance
593 and distribution of hilsa. Some habitats, such as the southeastern rivers in Bangladesh
594 including the Feni, Muhuri, Karnafully, Sangu, Matamuhuri, Bakhkhali and Naaf rivers are
595 not known to be suitable as hilsa spawning grounds (Hossain et al., 2016), but the reason
596 behind the fact need to be uncovered with scientific interpretation. To develop hilsa
597 mariculture, domestication of hilsa for seed production is necessary together with
598 identification of suitable cage farming sites for increasing the hilsa production. Moreover,
599 development of geo-spatial models can be useful to know suitable habitats of hilsa across the
600 life cycle (Hossain et al., 2016). This type of model requires information on river/sea
601 bathymetry, water current, primary productivity, turbidity and habitat data specific to life
602 stages.

603

604 Some other novel methods, such as, transects of $^{87}\text{Sr}/^{86}\text{Sr}$ isotope ratios in otoliths (Milton &
605 Chenery, 2003), allozymes and morphometric analysis (Salini et al., 2003), and distinctive
606 trait of the parasite fauna (Alam, 2001) can provide information about the seasonal
607 movements and residency of hilsa. Additionally, electronic or genetic tagging may constitute
608 interesting and powerful alternatives to investigate the hilsa population structure and estimate
609 mortality rates. Moreover, some common questions about hilsa are to be answered, for
610 example, (a) where hilsa disperses after leaving the freshwater ecosystem and where adult
611 lives in the offshore, (b) whether hilsa exhibit homing fidelity, and (c) whether hilsa is
612 semelparous (= single reproductive) or iteroparous (= multiple reproductive cycles) over the
613 course of its lifetime, or both patterns exist among the population. Additionally, climate
614 change issues (= extreme events, sea level rise, ocean acidification and hypoxia) are
615 unavoidable in coming days, thus resilience and adaptation to impacts of climate change on
616 the hilsa fishery must be taken into account focusing fisheries science, technology, society
617 and economy (Chowdhury et al., 2012). Importantly, relevant local/regional academia and
618 research institutions should be involved in coordinated research programs to avoid
619 reinventing the wheel.

620

621 **Acknowledgements**

622 The authors would like to thank researchers, policy makers, administrators, extension
623 managers and fishermen for their devotion in hilsa fishery research and management since
624 early 1990s. Special thanks to FAO and the Department of Fisheries (Bangladesh) for the
625 data related to production and distribution of hilsa fishery. Authors are also thankful to the
626 anonymous reviewers for their useful comments on the earlier version of this manuscript.

627

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1036 Table 1. Catch data of hilsa from the Meghna River at Chandpur and Padma River at
 1037 Goalunda (Bangladesh), and Ganges River at Allahabad (India)

Year	Landing			Reference
	Meghna River (tonnes)	Padma River (tonnes)	Ganges River (kg/km)	
1937	457	-	-	Das (1985)
1938	299	-	-	

1939	976	-	-	
1940	826	-	-	
1967	-	2,875	-	
1968	-	2,323	-	
1969	-	9,409	-	
1970	-	6,089	-	
1971	-	-	-	
1972	-	921	-	
1973	-	12,014	-	
1974	-	2,435	-	
1997	57,532	2,278	-	Huq (2006)
1998	57,327	2,308	-	
1999	51,086	2,242	-	
2000	47,340	2,363	-	
2001	41,473	1,462	-	
2002	39,904	1,058	-	
1950s	-	-	1,344	Vass et al.
1960s	-	-	1,168	(2008)
1970s	-	-	529	
1980s	-	-	665	
1990s	-	-	333	
2000s	-	-	362	

1038

1039 Table 2. Annual growth of hilsa in Bangladesh waters (source: Rahman & Cowx, 2006)

Sex	Total length of hilsa (cm)						
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7
Both sex	19.2	27.5	34.7	40.8	45.8	49.7	52.5
Male	19.5	27.3	33.9	39.2	43.2	46.0	47.5
Female	19.1	27.9	35.5	42.0	47.4	51.7	54.8

1040

1041 Table 3. Basic biological data of hilsa (source: Mome & Arnason, 2008)

Age (year)	Base year cohort no. (million fish)	Individual weight (kg)	Biomass (1000 tonnes)	Natural mortality	Fishing mortality	Maturity rate
0.5	24928.00	0.05	1271.30	4.00	10.50	0
1.0	456.60	0.27	124.00	0.64	1.64	0.80

1.5	88.60	0.62	55.20	0.64	1.64	1.00
2.0	17.20	0.97	16.80	0.64	1.64	1.00
2.5	3.30	1.35	4.50	0.64	1.64	1.00
3.0	0.60	1.71	1.00	0.64	1.64	1.00
3.5	0.10	1.92	0.20	0.64	1.64	1.00
4.0	0.00	2.14	0.00	0.64	1.64	1.00

1042

1043

1044 Table 4. Fecundity of hilsa in different habitats

Habitat	Length (cm)	Weight (g)	Egg numbers	References
Hooghly estuary	25.3-48.1	–	250000-1600000	Pillay (1958)
Upper Ganges River	31.5-50.6	–	289000-1168622	Swarup (1961)
Padma-Meghna Rivers	22.5-48.3	–	900000-2000000	Qureshi (1968)
Meghna River	38.0-52.0	–	382702-1821420	Shafi et al. (1977)
Padma-Meghna Rivers	33.0-51.0	–	600000-1500000	Quddus (1982)
Hooghly River	33.4-52.2	–	373120-1475676	De (1986)
Padma River (Gaulunda)	26.6-51.1	536-1925	179000-1302000	Moula (1992)
Meghna River	28.7-52.3	–	226000-1931000	Rahman et al. (1998)
Bangladesh	17.1-41.5	–	108500-1993846	Blaber et al. (2001)
Coastal water (Bangladesh)	39-51	800-1700	1030951-1940620	Saifullah et al. (2004)
Meghna River (Ramgoti)	35.5-47.0	448-1300	135600-1703200	Halder (2004)
Padma River	35.0-55.7	600-1775	558700-1867000	Akter et al. (2007)
Bangladesh	44.5	1100	2286000	DoF (2008)
Hooghly-Bhagirathi Rivers	40.1-44.5	631-1175	72312-1554894	Bhaumik & Sharma (2012)

1045

1046 Table 5. Ecological parameters of hilsa across the life cycle (Hossain et al., 2016)

Characteristic	Life stage				
	Egg	Fry	Juvenile	Adult	Brood fish
Temperature (°C)	22-25	25-26	24-27	21-25	21-24
pH	6.0-7.5	6.0-7.5	6.0-7.5	6.0-7.5	6.5-7.5
Salinity (‰)	0	0-1	0-2	0-30	0-2
Turbidity (mg/l)	50-75	55-102	55-102	65-106	40-65
Water current (m/s)	0.10-0.15	0.10-0.16	0.17-0.21	0.18-0.22	0.18-0.22
Dissolved oxygen (mg/l)	5-6	5-6	5-6	4-6	5-6
Depth (m)	1-4	4-6	5-20	5-100	5-10
Timing (month)	Oct-Nov	Nov-Jan	Feb-Apr	May-Sep	Sep-Oct

Habitat River/estuary River/estuary River/near shore River/sea River/estuary

1047

1048 Table 6. Study results on the population dynamics of hilsa

Region	Fish length (cm)	L_{∞} (cm)	K	ϕ	Z	F	M	E	Reference
North Arabian Gulf, Kuwait	14.0-57.0	52.5	0.36	3.00	1.20	0.80	0.40	0.67	Al-Baz & Grove, 1995
Northwest Arabian Gulf, Iraq	25.0-58.0	60.5	0.32	3.07	1.28	0.66	0.62	0.52	Mohamed et al., 2001
Bangladesh waters (♂)	20.0-46.0	51.5	0.53	3.14	3.08	2.07	1.01	0.67	Halder & Amin, 2005
Bangladesh waters (♀)	20.0-52.0	65.6	0.51	3.34	2.87	1.95	0.92	0.68	
Bangladesh waters		58.5	0.71	3.28	2.61	1.39	1.22	0.53	Ahmed et al., 2008
Northwest Arabian Gulf, Iran	20.0-39.0	42.2	0.78	3.16	4.53	3.24	1.29	0.72	Hashemi et al., 2010
Northwest Arabian Gulf, Iran	-	42.7	0.77	3.14	2.55	1.80	0.75	0.70	Roomiani & Jamili, 2011
Bay of Bengal, India	15.5-41.5	47.8	1.90	3.64	1.98	0.73	1.25	0.37	Dutta et al., 2012
Indus River, Pakistan	18.0-31.9	31.5	1.55	2.13	2.89	0.68	2.21	1.00	Panhwar & Liu, 2013
Northwest Arabian Gulf, Iraq	12.2-48.0	61.5	0.28	3.02	1.66	1.11	0.55	0.67	Mohamed & Qasim, 2014

1049 L_{∞} = asymptotic growth, K= growth rate, ϕ =growth performance index, Z= total mortality rate, F= fishing
 1050 mortality rate, M= natural mortality rate, E= exploitation rate

1051

1052 Table 7. Type of hilsa fishing gears in the Meghna estuary, Bangladesh

Gear	Length (m)	Width (m)	Mesh size (cm)	Fishermen no.	Seasonality
Drift gill net	1000-1500	10-12	8-10	10-12	Apr-Nov
Fixed gill net	1000-1200	8-10	5-7	4-6	Nov-Apr
Seine net	1000-1500	5-8	2-5	7-8	Nov-March

1053

1054 Table 8. Distribution of food grain and cash incentives to fishermen households (source:
 1055 Habib, 2014)

Financial year	No. of upazila (no. of districts)	Food grain distribution		Alternative income generation programme	
		Allocated amount (tonnes)	No. of households	Allocated money per household (US\$)	No. of households
2008-09	59 (10)	5730	143,252	-	-

2009-10	59 (10)	19,769	164,740	3.91	4388
2010-11	85 (15)	14,471	186,264	6.67	6869
1011-12	85 (15)	22,362	186,264	7.56	7785
2012-13	88 (16)	24,748	206,229	1.68	1743
2013-14	91 (15)	35,856	224,102	1.51	1165

1056

1057 Table 9. Alternative income generation activities for livelihood diversification

On-farm activity	Off-farm activity
Integrated fish-poultry-livestock farming (well-designed for waste containment and recycling)	Handicrafts/showpieces making (doll, fish, hand fan, hat, etc.)
Cage or pen aquaculture of commercial fish species (hilsa, tilapia, carp, barb)	Bamboo and cane handicrafts making (basket, stool, chair, etc)
Mud crab fattening and live marketing in domestic and export markets	Tailoring and embroidery (indigenous, traditional dress)
Small-scale aquaponic (combined culture of fish and vegetable in water) food production	Fish processing and preparing value added products (such as fish drying, salting, smoking, icing, packing)
Organic production, such as vegetable production with compost (locally called 'kechosar')	Eco-tourism, catering service
Homestead vegetable gardening, small-scale dairy farm (2-5 cows for milk)	Small-scale enterprise development, such as improved cooking stove (ICS) preparation, pottery, weaving, etc.
Road/embankment side fruit (high yielding mango, lichi, guave, kul/plums, papaya, banana) gardening	Rickshaw/van pulling (for passenger and goods), vehicle/boat driving, diesel engine repairing, cell phone servicing
Mangroves/plant nursery	Boat making/repairing, net mending

1058

1059 **Figure captions**

1060 Figure 1. Spatial distribution of hilsa shad and its main migration routes (black arrows). The
 1061 main spawning grounds (dark line areas) are assumed to be located in the rivers/estuaries of
 1062 the Bay of Bengal and Arabian Sea.

1063

1064 Figure 2. Hilsa catch data from the river and marine waters of Bangladesh and India (data
 1065 source: FAO 2017)

1066

1067 Figure 3. Average size (total length) of hilsa for the first six months in Hoogly-Bhagirathi
 1068 River, India

1069

1070 Figure 4. A schematic representation of the life cycle of hilsa shad (source: Hossain et al.,
1071 2016).

1072

1073 Figure 5. Hilsa-less tributaries of Meghna deltaic region, enlarged (left) to show ecosystem
1074 functions in a typical tributary

1075

1076 Figure 6. Hilsa food web in the marine and estuarine ecosystems of Bangladesh

1077

1078 Figure 7. Marine and river catch data of hilsa

1079

1080 Figure 8. Hilsa fishing gears in the Meghna River estuary, Bangladesh (inset: a silver shiny
1081 hilsa)

1082

1083 Figure 9. Major initiatives taken by the government of Bangladesh and international agencies
1084 for hilsa protection, conservation, management as well as livelihood resilience of fishermen

1085

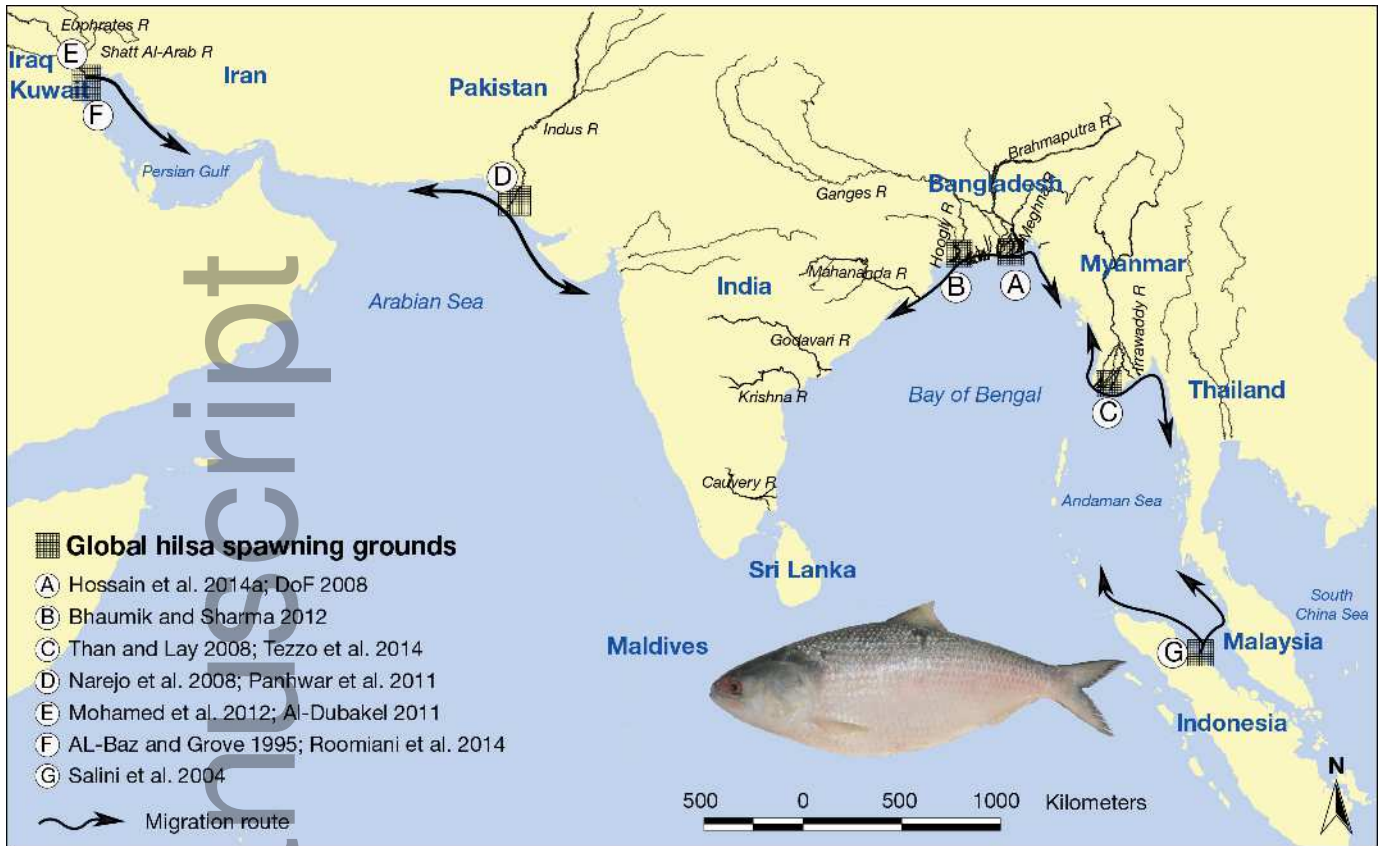
1086 Figure 10. Potential hilsa mariculture sites along the Bhola-Manpura-Hatiya islands of the
1087 Meghna delta, Bangladesh

1088

1089 Figure 11. Schematic representation of possible multi-tier co-management arrangement for
1090 managing the hilsa fishery and coastal ecosystem in Bangladesh

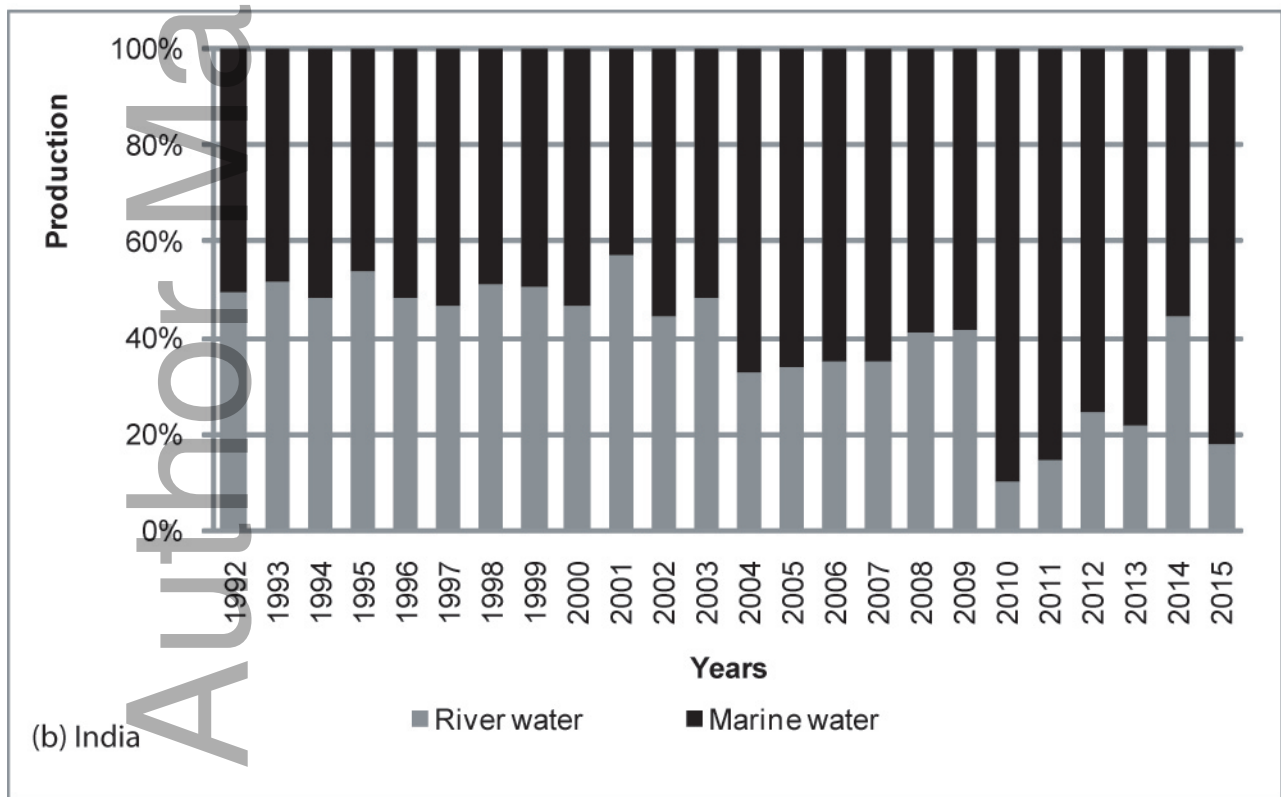
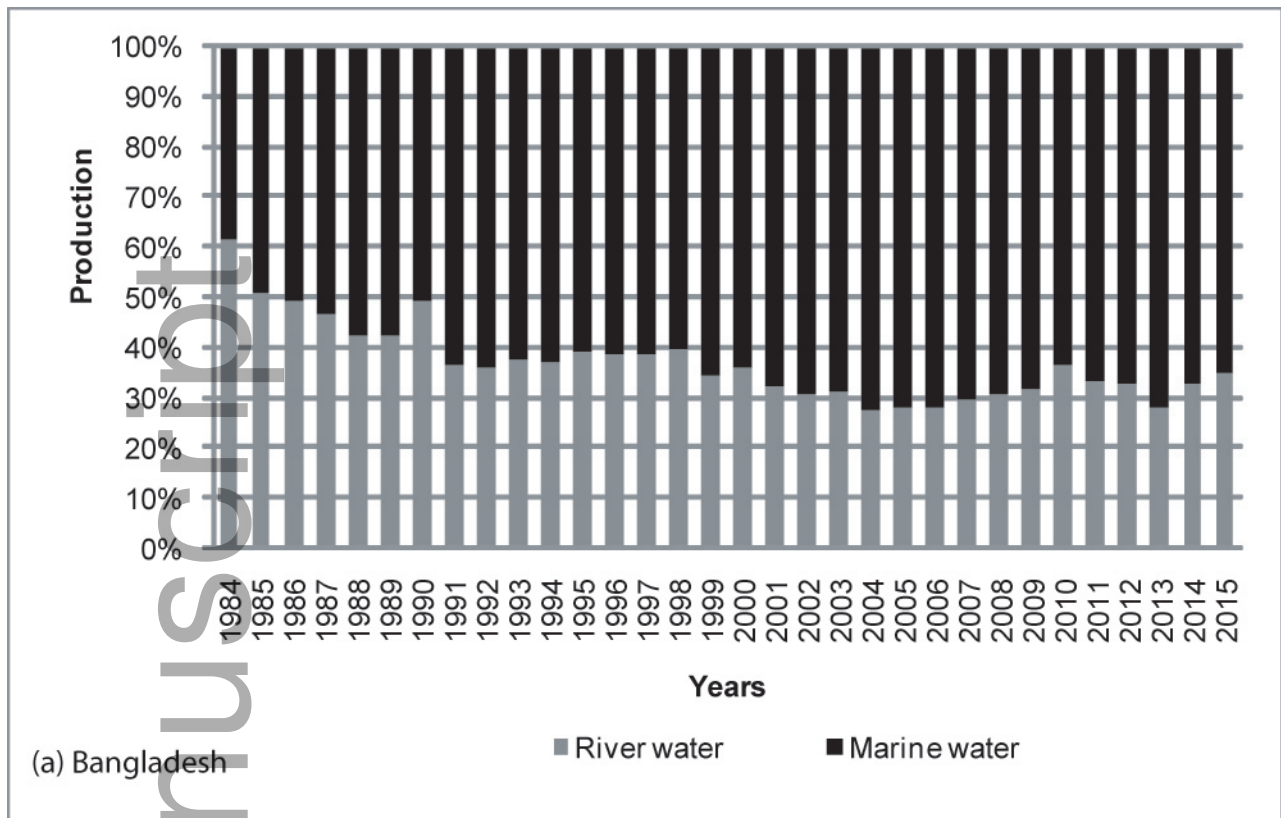
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1092 Figure 12. EBFM plan for key species in the maritime zone of Bangladesh

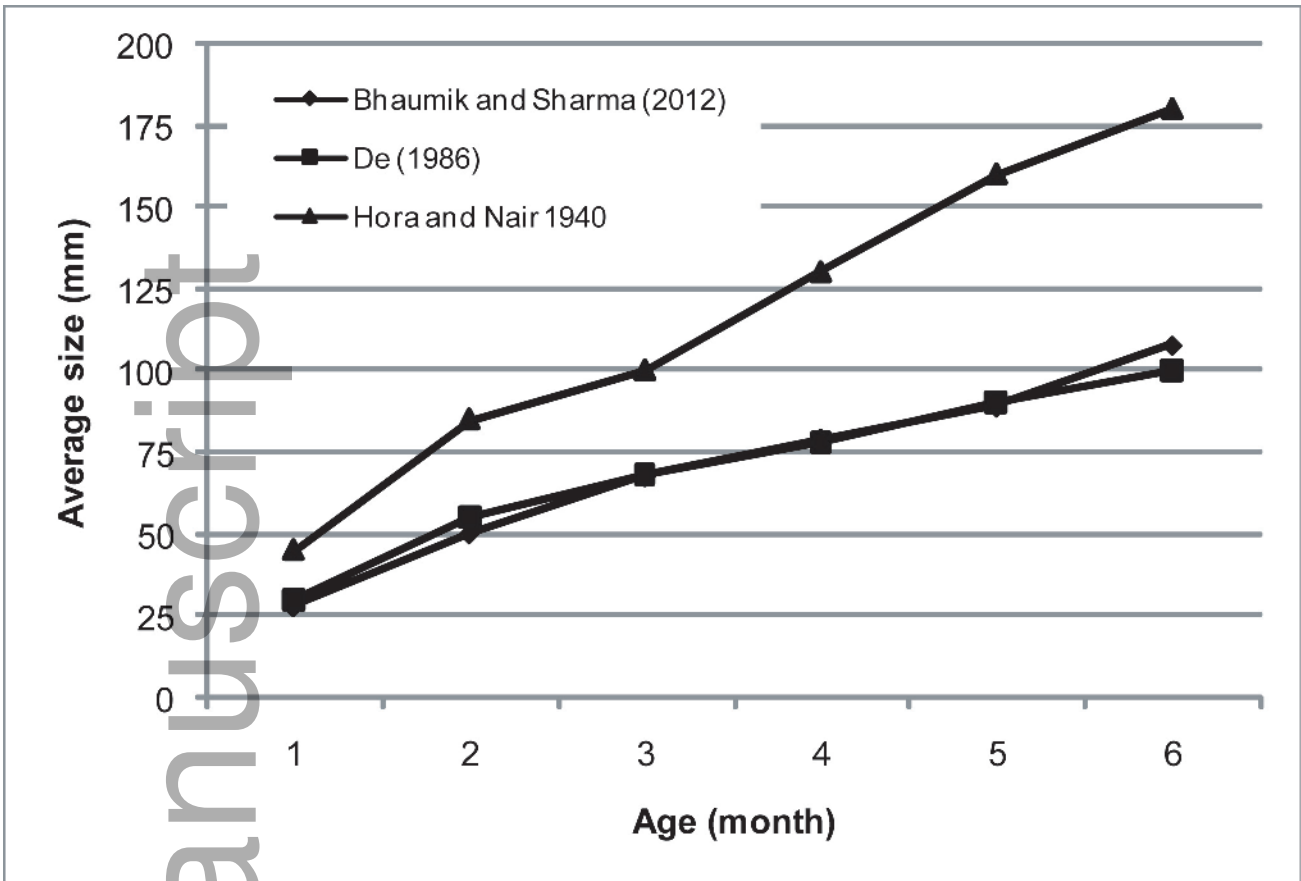


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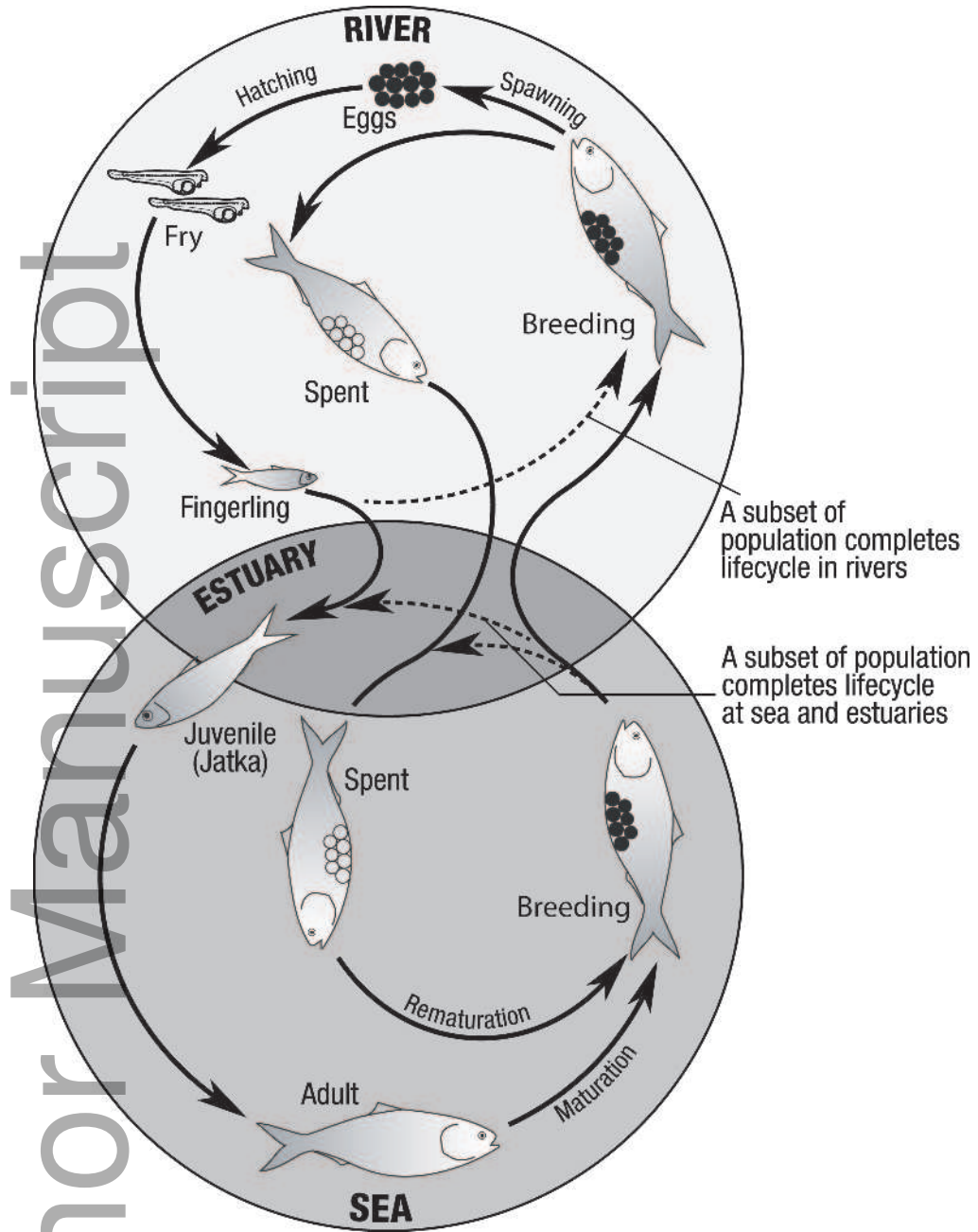


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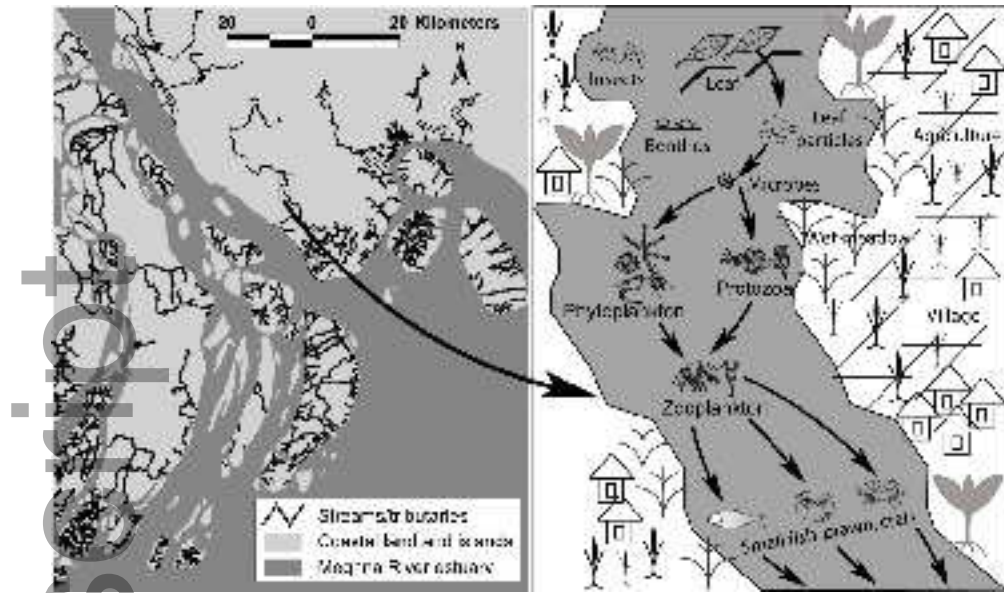


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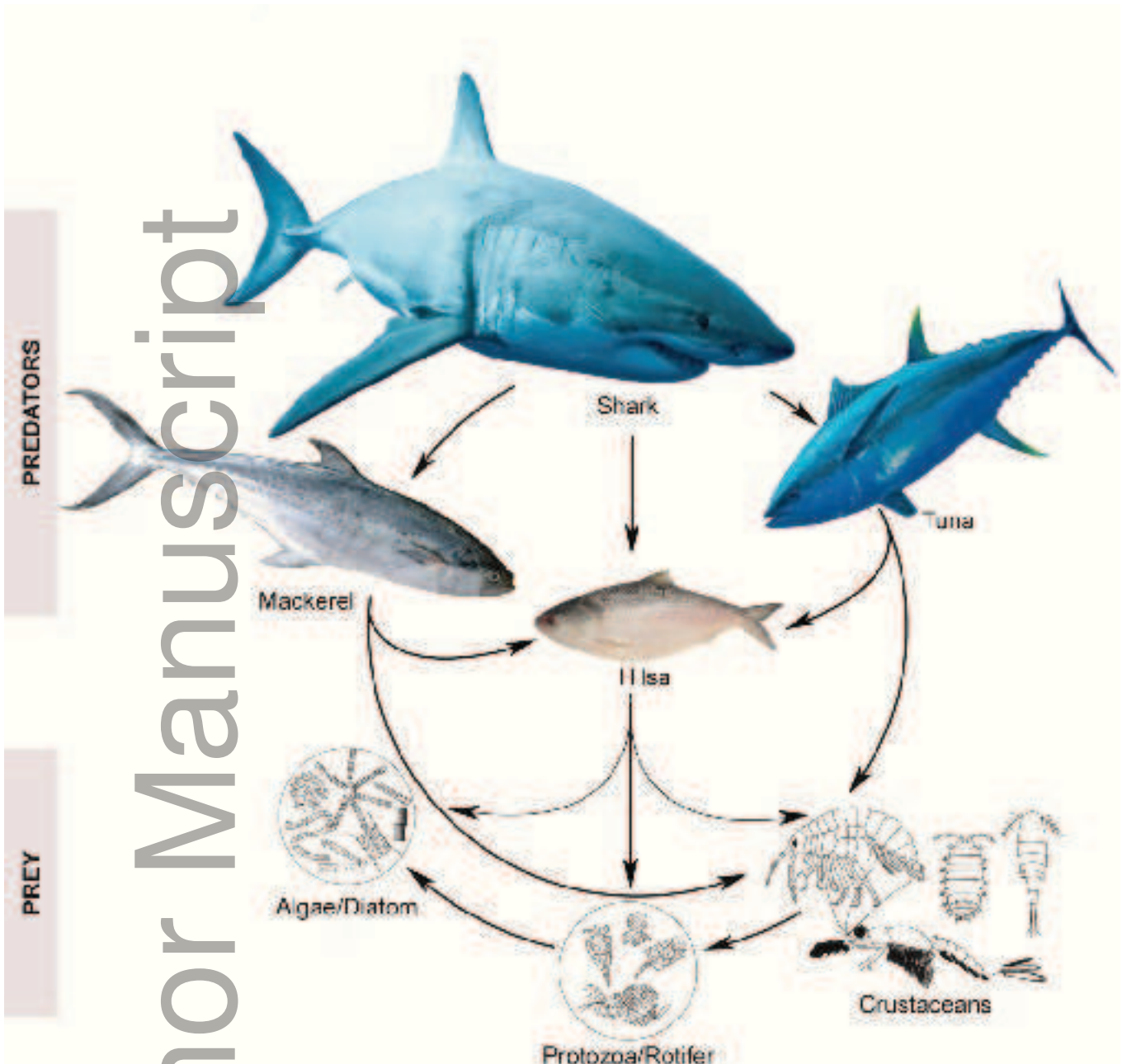


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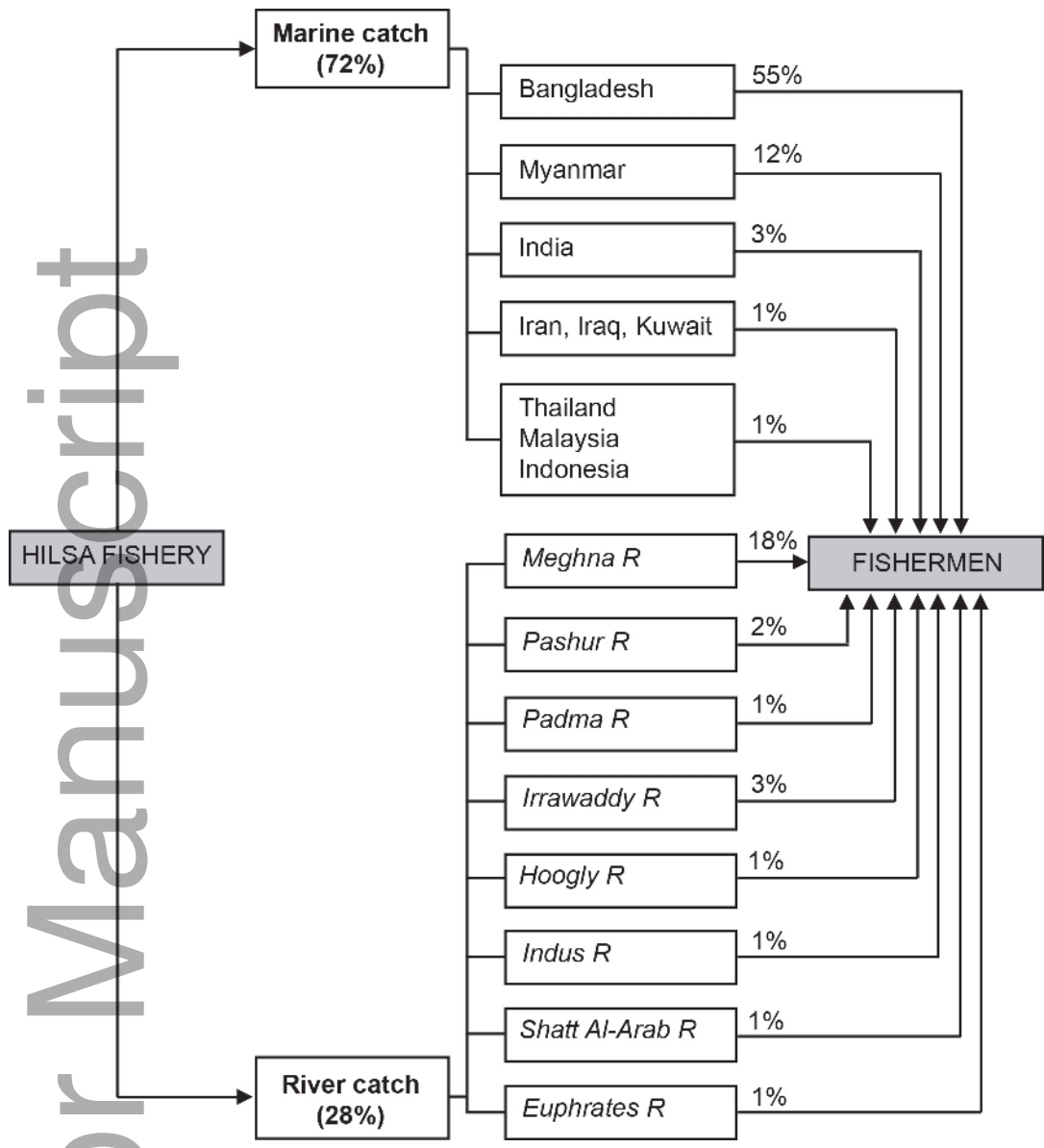


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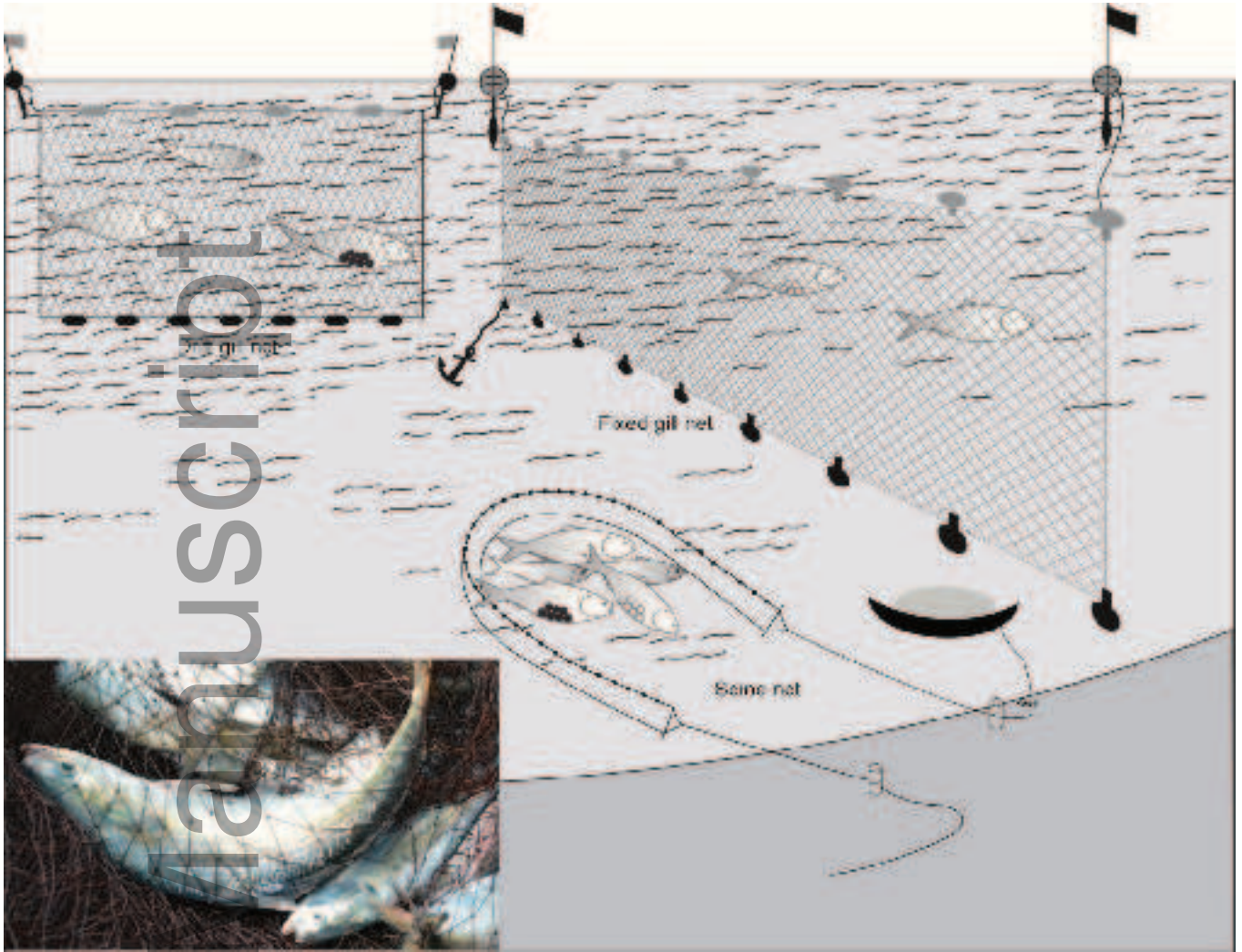
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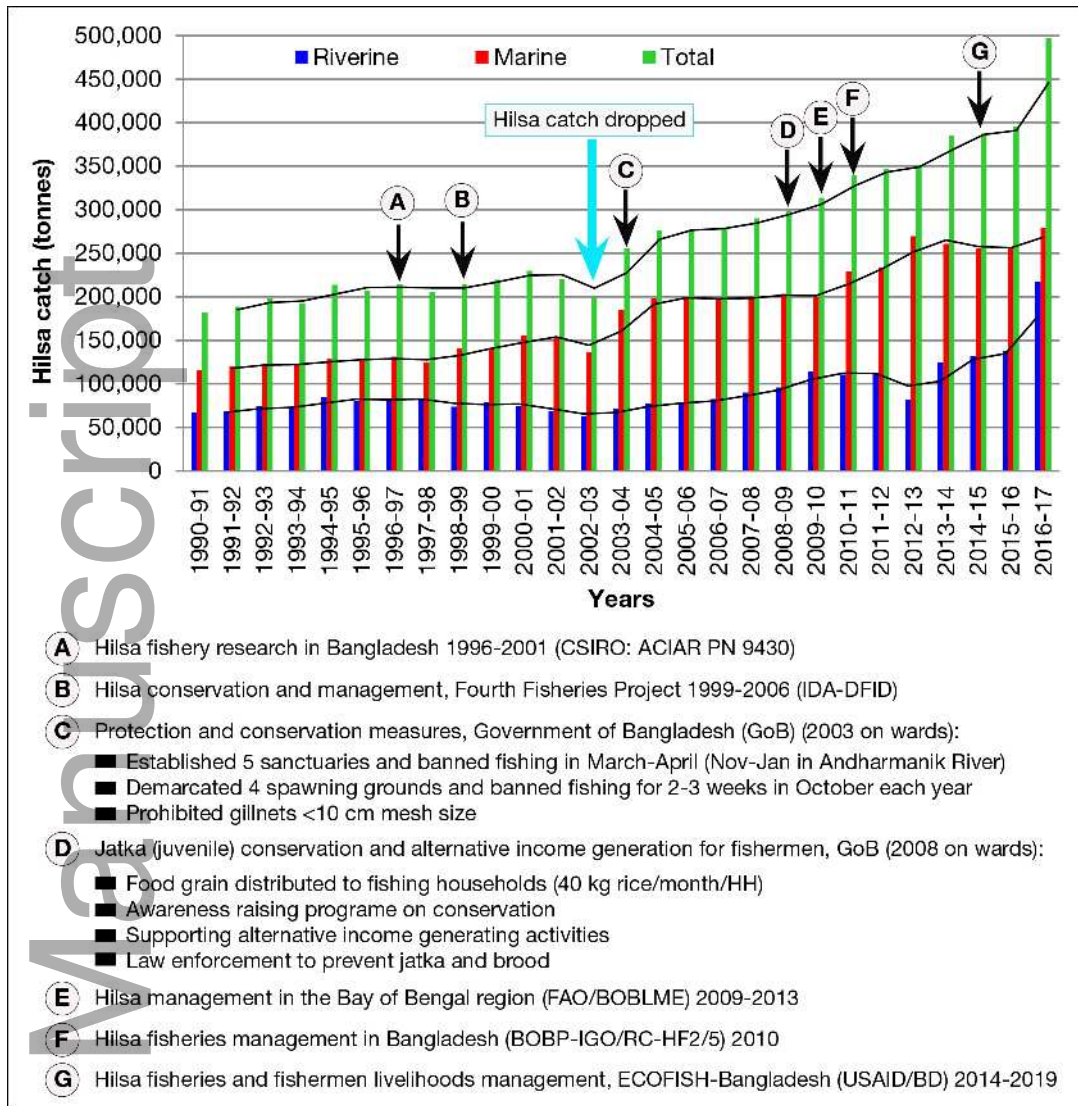


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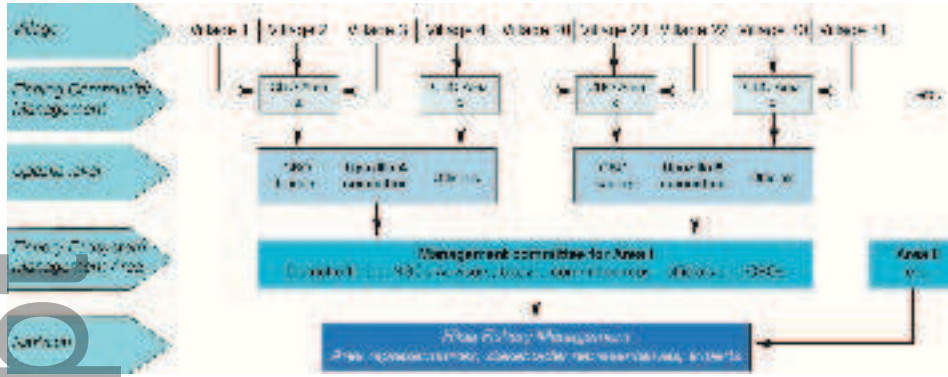
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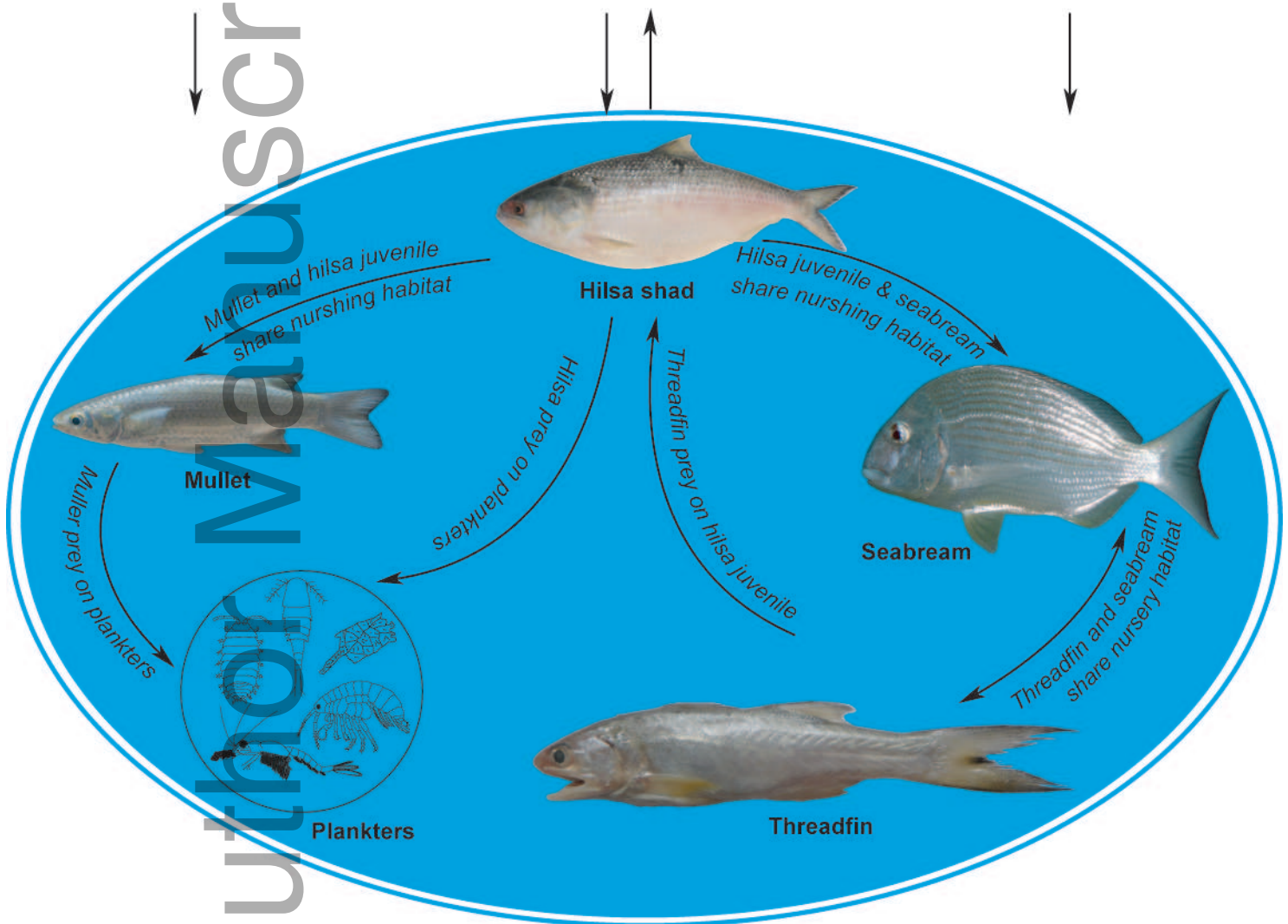
Nonpoint source pollution



Fishing community



Climate change impacts



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