

# Recent state transition of the Arctic Ocean's Beaufort Gyre

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28 **Abstract**

29       The anti-cyclonic Beaufort Gyre is the dominant circulation of the Canada Basin and the  
30 largest freshwater reservoir in the Arctic Ocean. During the first part of the 2000s the gyre  
31 intensified, expanded, and accumulated freshwater. Using an extensive hydrographic dataset  
32 from 2003-2019, together with updated satellite dynamic ocean topography data, we find that  
33 over the past decade the Beaufort Gyre has transitioned to a quasi-stable state in which the  
34 increase in sea surface height of the gyre has slowed and the freshwater content has plateaued.  
35 In addition, the cold halocline layer, which isolates the warm/salty Atlantic water at depth, has  
36 thinned significantly due to less input of cold and salty water stemming from the Pacific Ocean  
37 and the Chukchi Sea shelf, together with greater entrainment of lighter water from the eastern  
38 Beaufort Sea. This recent transition of the Beaufort Gyre is associated with a southeastward  
39 shift in its location as a result of variation in the regional wind forcing. Our results imply that  
40 continued thinning of the cold halocline layer could modulate the present stable state, allowing  
41 for a freshwater release. This in turn could freshen the subpolar North Atlantic, impacting the  
42 Atlantic Meridional Overturning Circulation.

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56 The Beaufort Gyre is the largest freshwater reservoir in the Arctic Ocean<sup>1-3</sup>, driven by the  
57 anti-cyclonic winds in the Canada Basin<sup>4</sup>. Since 2000 the gyre has strengthened and its freshwater  
58 content has increased by 40% relative to the 1970's climatology<sup>5</sup>. Associated with the  
59 accumulating freshwater, the gyre has expanded northwestward<sup>6,7</sup>, and its layer of cold Pacific-  
60 origin water has widened laterally and thickened vertically<sup>8</sup>. There are many potential impacts of  
61 the changing Beaufort Gyre on the hydrographic structure, physical processes, and ecosystem of  
62 the Arctic, both local and remote. As such, it is of high interest to better understand the factors  
63 associated with such changes – including the underlying causes.

64 The gyre strength generally coincides with the intensity of the surface forcing<sup>3,9</sup>, which is a  
65 combination of the wind-ocean stress (or simply wind stress) and the ice-ocean stress<sup>10,11</sup>. As the  
66 gyre spins up, the acceleration of the geostrophic circulation reduces the ice-ocean stress which  
67 in turn weakens the forcing and acts to stabilize the gyre<sup>12</sup>. Another negative feedback with  
68 respect to forcing is that the growing freshwater content and enhanced halocline tilting generate  
69 more eddies via baroclinic instability, which in turn dampen the gyre and flatten the halocline<sup>13</sup>.  
70 Both modeling and satellite sea surface height measurements have suggested that the Beaufort  
71 Gyre stabilized from 2008 to 2014<sup>9,14</sup>. However, it is unknown if this represented an overall  
72 change in the state of the gyre. Furthermore, the underlying reasons for any such change have  
73 not been addressed observationally.

74 A major source of the interannual variation in freshwater content of the Beaufort Gyre is the  
75 Pacific-origin water entering through Bering Strait<sup>5</sup>. A substantial portion of this water is  
76 subsequently fluxed off the Chukchi shelf through Barrow Canyon<sup>15</sup>, and ultimately enters the  
77 gyre<sup>16-18</sup>. River runoff, particularly from the Mackenzie River, is believed to contribute nearly  
78 equally to the interannual variation<sup>5,19</sup>. Our study investigates the long-term trends of the  
79 Beaufort Gyre and reveals that it has transitioned to a quasi-stable state over the last decade.  
80 We use an extensive updated collection of historical hydrographic data and satellite dynamic  
81 ocean topography data to characterize this state and provide insights into the reasons for the  
82 change. We quantify the evolution of the gyre in terms of its sea surface height and freshwater  
83 content, and explore the connection to the cold halocline layer. As the gyre has evolved to its  
84 recent state the halocline has thinned considerably, the causes of which are addressed.

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## 86 **Long-term trend of the Beaufort Gyre**

87 The state of Beaufort Gyre (BG) is reflected by the dynamic ocean topography (DOT)  
88 averaged over the BG region (Fig. 1a, see Extended Data Fig. 1 for the DOT climatology). The  
89 newly-updated DOT data presented here extend the timeseries to 2019. The spatially averaged  
90 DOT of the BG generally increased from 2003-2019 (Fig. 1b), but there are notable variations  
91 around this trend. We divide the record into two time periods: 2003-2011 and 2012-2019. The  
92 break point was objectively chosen by computing the trends corresponding to a 4-year running  
93 window over the DOT timeseries. It revealed that the trend reaches a minimum (close to zero) in  
94 the period 2010-2013 (the results are not sensitive to a one-year shift in the break point). In the  
95 first period there was a strong increase in the average DOT throughout the BG region, with a  
96 maximum trend in the northwest Canada Basin where the gyre expanded to (Fig. 2a; consistent  
97 with a previous result<sup>7</sup>). Since that time the BG has continued to strengthen, but at a considerably  
98 slower rate (with a short weakening from 2011-2013, Fig. 1b). Unlike the earlier period, the  
99 increase in DOT occurred predominantly in the southeast part of the Canada Basin (Fig. 2c).  
100 Meanwhile, a decreasing trend is found west of the Chukchi Plateau. These changes indicate that,  
101 over the last decade, the BG has contracted and shifted to the southeast part of the basin (see  
102 also Extended Data Fig. 2). We note that, while a large part of this shift occurred 2019, the trend  
103 is still significant when excluding that year.

104 To illustrate how the freshwater content (FWC) has varied in relation to the changes in the  
105 strength of the BG, we calculated the annual mean FWC using the historical hydrographic data  
106 (FWC<sub>1</sub> in the Methods, Fig. 1c). To compare with previous studies, we also computed the  
107 freshwater volume as the FWC multiplied by the area of the BG region. The FWC was  
108 approximately 14.6 m in 2003 and increased to over 20 m in 2011, equivalent to an increase in  
109 freshwater volume from 16,000 km<sup>3</sup> to over 22,000 km<sup>3</sup> (consistent with previous observational  
110 estimates<sup>1</sup>). This corresponds to a trend of 940 km<sup>3</sup> yr<sup>-1</sup>. However, the situation changed  
111 dramatically in the second period when the freshwater volume underwent fluctuations between  
112 22,000 and 24,000 km<sup>3</sup>. During this time there was no statistically significant trend. We also  
113 constructed a timeseries of FWC using the DOT data together with estimates of the ocean mass

114 from GRACE (FWC<sub>2</sub> in the Methods), as well as the associated freshwater volume. These two FWC  
115 estimates are in phase with each other ( $r=0.92$ ,  $p<0.01$ ) and have comparable trends, indicating  
116 that the BG has entered a quasi-stable regime whereby the increase of the DOT has slowed and  
117 the FWC has plateaued.

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### 119 **Thinning of Cold Halocline Layer**

120 We now investigate the response of the water column in the BG region during the second  
121 period. Beneath the surface layer, the halocline acts to inhibit upward mixing of the warm deep  
122 Atlantic water that otherwise could result in substantial ice melt<sup>1</sup>. In the western Arctic the warm  
123 halocline, which originates from the Pacific summer water<sup>4,18</sup>, sits atop the cold halocline which  
124 is ventilated by cold and salty winter water formed/modified locally on the shelves of the Chukchi  
125 and Beaufort Seas via brine rejection<sup>20,21</sup>. The warm halocline layer corresponds to a salinity ( $S$ )  
126 range of 28 to 32.6, while the cold halocline layer (CHL) spans the range 32.6 to 33.9. These ranges  
127 were identified using mean vertical profiles within the BG (see Methods).

128 We computed trends in the volume of water within salinity classes spanning the warm and  
129 cold haloclines in the BG region for the two periods considered above (Fig. 3). In the first period  
130 the trends are positive for  $S > 30$ , particularly in the CHL. The thickening halocline coincides with  
131 the increasing DOT in the early period (Fig. 1b). By contrast, the trends are significantly negative  
132 in the CHL in the later period, peaking at  $-600 \text{ km}^3 \text{ yr}^{-1}$  for waters with  $S \sim 33$ , while the trends  
133 remain relatively close to zero at shallower depths. This suggests that the thinning of the CHL  
134 results in the thinning of the entire halocline. One might then ask, what is the impact of changes  
135 in the thickness of the CHL on the layer thickness of the entire freshwater reservoir lying above  
136 the Atlantic water?

137 To address this, we constructed thickness anomaly timeseries, relative to the value in 2003,  
138 for (1) the CHL layer; (2) the layer from the surface to the top of the CHL (comprised of the warm  
139 halocline and the surface layer); and (3) the sum of these two; i.e., the full layer above the  
140 underlying Atlantic water (Fig. 1d). Associated with the changes of DOT and FWC, the full layer  
141 thickened markedly by  $5.8 \text{ m yr}^{-1}$  in the early period, due mostly to thickening of the layer above  
142 the CHL, although the CHL did undergo a net expansion during this period. By contrast, since 2012

143 the CHL has been thinning at a rate of  $-1.5 \text{ m yr}^{-1}$ , offsetting the expansion of the upper layer and  
144 causing a plateau in total thickness. The steric effect of the plateaued layer plays a role in the  
145 slower increase in DOT<sup>22</sup>. This trend in the thickness of the CHL has not been spatially uniform,  
146 however (Fig. 2e): while thinning has occurred over a large portion of the BG region, particularly  
147 west of the Chukchi Plateau, the layer has thickened in the southeast portion of the Canada Basin.  
148 This agrees well with the spatial trends of DOT and FWC during the second period (Fig. 2c,d).

149 It has been argued that the relocation and expansion of the BG during the early period was  
150 caused primarily by the strengthening atmospheric Beaufort High and its enhanced negative wind  
151 stress curl<sup>7,9</sup>. To further investigate the role of atmospheric forcing during the second period, we  
152 constructed a map of the trend of wind stress curl from 2012-2019 (Fig. 2f). A negative trend of  
153 wind stress curl is evident in the southeast part of the Canada basin where the DOT, FWC and  
154 CHL thickness have increased. This makes sense dynamically in that enhanced negative wind  
155 stress curl leads to stronger Ekman pumping, which in turn causes these changes. At the same  
156 time, the negative trends of DOT, FWC and CHL thickness to the west of the Chukchi Plateau is  
157 likely associated with the positive trend of wind stress curl in this region. This highlights the  
158 interconnectedness of the different attributes of the Beaufort gyre and their relationship to the  
159 atmospheric Beaufort High.

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### 161 **Causes of the thinning CHL**

162 Pacific-origin winter water is the main source water that ventilates the CHL in the western  
163 Arctic Ocean<sup>8,18</sup>. Concomitant with the increased Bering Strait inflow, the Pacific water has  
164 become markedly warmer and fresher. These changes suggest that the Pacific winter water  
165 which previously ventilated the CHL in the 1990s likely now more readily affects the shallower  
166 layer in the basin<sup>23</sup>. This is in line with our results showing the recent thinning of the CHL and the  
167 thickening of the layer immediately above (Fig. 3). However, as the Pacific winter water transits  
168 across the Chukchi shelf, its salinity can be increased via brine rejection during ice formation in  
169 polynyas and leads<sup>20,24,25</sup>. Hence, it is unclear how these offsetting effects have been playing out.  
170 Since a significant portion of Pacific-origin water flows into the basin through Barrow Canyon, we

171 now use mooring data at the canyon mouth to further elucidate the source water that eventually  
172 impacts the CHL in the BG region.

173 Fig. 3 shows the trends of the volume of water fluxed off the shelf through Barrow Canyon  
174 in each salinity class through the water column. One sees that in both periods the trends of the  
175 Barrow Canyon outflow are in line with the volume trends in the basin computed above; in  
176 particular, positive trends in the CHL from 2003-2011, peaking above the CHL layer, and negative  
177 trends from 2012-2019, with the maximum near a salinity of 33 within the CHL. Note, however,  
178 that the trends of the Barrow Canyon outflow water that supplies the CHL are smaller than the  
179 ones in the basin (although they are not significantly different), and the discrepancy is greater in  
180 the later years. These results thus indicate two important aspects regarding ventilation in the  
181 basin: the Barrow Canyon outflow water cannot solely explain the total trend of the CHL in the  
182 BG, and the contribution from the canyon is reduced in the later years.

183 Cold and salty winter water is also regularly formed along the eastern Beaufort Sea shelf and  
184 fluxed offshore by downwelling<sup>21</sup>. It has been previously emphasized that the contribution of  
185 freshwater from the eastern Beaufort Sea is comparable to the Pacific-origin water<sup>5</sup>. It is thus  
186 reasonable to consider the winter water formed in the eastern Beaufort Sea as the other  
187 important source water of the CHL in the BG, and how this source water might respond to the  
188 spatial change of the BG. It is worth noting that the Barrow Canyon outflow can feed the eastern  
189 Beaufort Sea via the eastward-flowing Beaufort shelfbreak jet<sup>26</sup>. However, the jet is centered  
190 near the 150 m isobath and is bottom-intensified in the mean, particularly in the cold months<sup>27</sup>,  
191 and thus it has a minor impact on the winter water on the shelf.

192 To investigate the impact of the eastern source of winter water in the different BG regimes,  
193 we conducted Lagrangian particle experiments based on the annual mean velocity field averaged  
194 over the CHL from the GLORYS12 ocean reanalysis product (the GLORYS12 velocities show good  
195 agreement with mooring data in the western Arctic, Extended Data Fig. 3). The first experiment  
196 was done for the extreme year of 2011, at the end of the early period when the DOT core of the  
197 BG was located at its northwestern-most location during this period (Fig. 4a, note that the BG  
198 reached the extreme northwestern position in 2013). Particles denoted by blue and red colors  
199 were released along the 100 m isobath in the Chukchi Sea/western Beaufort Sea (CS/WBS) and

200 eastern Beaufort Sea (EBS), respectively (Fig. 4b). After one year, most of the CS/WBS particles  
201 progressed into the BG region near the Chukchi Plateau. The majority of these parcels emanated  
202 from the eastern side of Barrow Canyon and subsequently turned to the west, consistent with  
203 previous observational and modeling studies<sup>28,29</sup>. By contrast, most of the EBS particles stayed  
204 very close to the location where they were released. To quantify this, we computed the  
205 percentage of the CS/WBS and EBS particles that resided for more than half the year in the BG  
206 region (within the purple polygon in Fig. 1a). This revealed that 90% of the CS/WBS particles did  
207 so, compared to only 15% for the EBS particles.

208 A second experiment was then conducted for the extreme year of 2019, at the end of the  
209 later period when the DOT core of the BG had shifted to the southeastern-most location during  
210 this period (Fig. 4a). In this case, 84% of the CS/WBS particles progressed into the BG region near  
211 the Chukchi Plateau, slightly less than the first experiment. However, the percentage of EBS  
212 particles reaching this region increased dramatically to 73%. This suggests that the contribution  
213 of the EBS water to the CHL is dynamically linked to the BG state: when the gyre shifts to the  
214 southeast, the CHL is more likely to be significantly ventilated by winter water emanating from  
215 the eastern Beaufort Sea shelf.

216 The question remains as to the role of the EBS water in the thinning of the CHL. To address  
217 this, we used the historical hydrographic data and computed the fractional occurrence of the  
218 water in each of the salinity classes of Fig. 3 on the EBS shelf (128-147°W and shoreward of 100-  
219 m isobath) and on the CS/WBS shelf (147-165°W, shoreward of 100-m isobath and extending  
220 southward to 70.5°N or to the coast). This revealed that, for the warm halocline layer, the  
221 fractional occurrence was similar for the two regions, while for the CHL the fractional occurrence  
222 was larger on the CS/WBS shelf. This, together with fact that the area of the CS/WBS shelf is  
223 greater than that of the EBS, implies that the potential source volume of water that can ventilate  
224 cold halocline layer is larger on the CS/WBS shelf. Assuming that the CHL source water in the EBS  
225 originates from the inner shelf<sup>21</sup>, it gives a volume supply of  $\sim 400 \text{ km}^3$ , substantially less than the  
226 annual mean volume of the water fluxed via Barrow Canyon,  $\sim 2400 \text{ km}^3$ , estimated from the  
227 moorings. Hence, during the second period when there is enhanced influence from the EBS (Fig.  
228 4c), the amount of available shelf water in the salinity class of the CHL is less, implying that the



229 CHL would thin. We conclude then that both the reduced Barrow Canyon outflow and the  
230 southeast shift in the BG location led to the reverse in trend of the CHL thickness from the early  
231 to the late period.

232

### 233 **Discussion**

234 Our results have demonstrated that, during the last decade, the BG has transitioned to a  
235 quasi-stable state, shifting towards the southeast Canada Basin where the negative wind stress  
236 curl has intensified, together with a dampened rate of increase of sea surface height, stabilization  
237 of freshwater content, and thinning of the CHL. The recent decrease in the amount of Pacific-  
238 origin winter water exiting Barrow Canyon explains some of the CHL thinning, while the enhanced  
239 influence from the eastern Beaufort Sea – due to the southeastward shift of the BG – likely  
240 contributes as well.

241 Previous work has demonstrated that the local wind patterns modulating the BG are related  
242 to the large-scale Arctic Oscillation (AO)<sup>4</sup>. On interannual timescales, positive AO states are  
243 associated with a contracted BG situated in the southeast Canada Basin, while negative AO states  
244 correspond to an expanded BG. A similar relationship holds on decadal timescales, with a  
245 northwestward expansion and movement during 2003-2011 when the AO index was mostly  
246 negative, and southeastward shift during 2012-2019 when the AO was mainly in the positive state  
247 (Extended Data Fig. 4). We emphasize, however, that the recent state of the BG documented  
248 here does not represent a return to the initial condition of 2003 when the gyre was weak and  
249 located partially in the southeastern basin. Instead, under the strengthened wind stress curl, the  
250 gyre has continuously intensified even though it has contracted (Fig. 4a), and it has maintained  
251 its excess freshwater storage. That said, with a steric effect of the continued thinning of the CHL  
252 due to a decrease in the source winter water, the DOT of the gyre may be further stabilized or  
253 perhaps begin to drop, disrupting the freshwater accumulation in the gyre. A recent study has  
254 shown that the FWC in the gyre slightly dropped in 2020-2021<sup>30</sup>. If these conditions continue  
255 going forward, it could cause a pronounced salinity anomaly to progress through the Canadian  
256 Arctic Archipelago into the Labrador Sea and/or through Fram Strait into the Nordic Seas<sup>31-33</sup>. It  
257 is argued that half of the freshwater from Arctic is diverted into the north Atlantic interior,

258 providing the major source of freshening in the Atlantic Meridional Overturning Circulation, while  
259 the other half joins the estuarine circulation along the boundary<sup>34</sup>. As was the case with the Great  
260 Salinity Anomaly<sup>35</sup>, as well as with the recent major freshening event from 2012-2016<sup>36</sup>, this will  
261 likely impede wintertime convection, which could impact the Atlantic Meridional Overturning  
262 Circulation<sup>37</sup>, a key component of global climate<sup>38</sup>.

263

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272

## 273 **Author contributions**

274 P.L. led the data analysis and resulting interpretation, with assistance from all co-authors. P.L.  
275 and R.S.P. wrote the manuscript with input from all co-authors. H.H. and M.T. produced the  
276 updated dynamic ocean topography data from 2011-2019. M.I. and T.K. provided the long-term  
277 data from the mooring array at the mouth of Barrow Canyon.

278

## 279 **Competing Interests**

280 The authors declare no competing interests.

281

## 282 **Figure captions**

283 **Fig. 1 | Long-term trends of the Beaufort Gyre: 2003-2011 versus 2012-2019.** a, Geographic map  
284 of the Arctic Ocean with an enlarged view of the study region (black box). The schematic Beaufort  
285 Gyre (BG) is marked by the yellow circle. The Beaufort Gyre region is delimited by 130°-180°W,  
286 81°N and 300 m isobath (thick purple line), over which area averages ( $\pm$  standard errors) are

287 computed, shown in b-d. The bathymetry from IBCAO v3 is colored, with the isobaths of 40, 70,  
288 150, 250, 500 m in grey, and 100 and 300 m highlighted in black. **b**, The annual mean BG dynamic  
289 ocean topography (DOT, m); **c**, The annual mean BG freshwater content (m) and volume ( $\times 10^4$   
290  $\text{km}^3$ ) estimated using the historical hydrographic data ( $\text{FWC}_1$ , magenta) and using the DOT +  
291 GRACE data ( $\text{FWC}_2$ , green); **d**, The annual mean BG thickness anomalies (m) relative to 2003 of  
292 the layer from the surface to the top of the cold halocline (yellow), the cold halocline layer  
293 beneath this (purple), and the sum of the two layers (orange). The standard error is the standard  
294 deviation divided by square root of the degrees of freedom, where the degrees of freedom for  
295 each year (ranging from 12 to 71) are computed using an integral time scale of 3 days for the  
296 hydrographic data and one month for the monthly satellite data. The dashed lines are the linear  
297 trends in the early and late periods, and the black lines in b and c denote the linear trends of DOT  
298 and  $\text{FWC}_1$  over the full study period, respectively. The trends were computed using the timeseries  
299 of annual-mean variables.

300

301 **Fig. 2 | Spatial distribution of the trends in the Beaufort Gyre region.** **a,c**, Trends of dynamic  
302 ocean topography in the early period (2003-2011) and in the late period (2012-2019); **b,d**, trends  
303 of the freshwater content in the early period and in the late period; **e,f**, trends of the thickness  
304 of the cold halocline layer and the wind stress curl in the late period. The dots represent the areas  
305 with statistically significant trends (subsampling every 5 points for the DOT data, every 4 points  
306 for the FWC and CHL thickness, and every 5 points in longitude for the wind stress curl). The line  
307 connecting the two centers of the trends ( $76.78^\circ \text{ N}$ ,  $179.6^\circ \text{ W}$  and  $72.87^\circ \text{ N}$ ,  $139.37^\circ \text{ W}$ ) in c  
308 is used to construct the Hovmöller plot in Fig. 4a.

309

310 **Fig. 3 | Linear trends of volume within salinity classes in relation to the source water.** Trends of  
311 volume in the Beaufort Gyre region (BG, curves) and in the main source water at the mouth of  
312 Barrow Canyon (BC, filled circles), in the early period (2003-2011, blue) and the late period (2012-  
313 2019, red). The 95% confidence intervals of the trends are denoted by the dashed lines and  
314 horizontal bars. The shaded region is the cold halocline layer.

315

316 **Fig. 4 | Inferred contributions to the cold halocline layer (CHL) in the Beaufort Gyre region. a,**  
317 Hovmöller diagram of dynamic ocean topography (DOT, m) along the line in Fig. 2c from 2003 to  
318 2019 (upper panel), with the dots denoting the maximum DOT projected onto the line in each  
319 year, and the horizontal solid line separating the two time periods. The associated bathymetry is  
320 shown (bottom panel), where the east and west edges of the Chukchi Plateau are denoted by the  
321 vertical dashed lines. **b,** The Lagrangian particle experiment in 2011. The 0.45 m DOT contour  
322 representing the location of the Beaufort Gyre is shown (black curve). The particles are released  
323 along the 100 m isobath in the Chukchi Sea/western Beaufort Sea (CS/WBS, blue stars) and in the  
324 eastern Beaufort Sea (EBS, red stars). The trajectories of the particles after one year are colored  
325 light blue for the CS/WBS and light red for the EBS. **c,** same as **b** except for the experiment in  
326 2019.

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419

## 420 **Methods**

421 **Historical hydrographic data.** We have assembled an extensive historical hydrographic dataset  
422 that consists of temperature and salinity profiles measured by ships, expendable probes, ice-  
423 tethered profilers, and gliders, from four sources: (a) the World Ocean Database 2018 (WOD18),  
424 obtained from the National Centers for Environmental Information, spanning from 1849-2020 in  
425 the Arctic Ocean; (b) the Unified Database for Arctic and Subarctic Hydrography (UDASH), which  
426 is a composite dataset of salinity and temperature profiles in the domain north of 65°N covering  
427 1980-2015<sup>39</sup>; (c) a collection of hydrographic data from the Chukchi Sea from various  
428 international sources, spanning 1922-2019<sup>40</sup>; and (d) additional hydrographic profiles in the  
429 Beaufort Gyre from the Arctic Data Center and the Beaufort Gyre Exploration Project<sup>1</sup>. We

430 removed duplicate profiles. In this study we focus on the data from 2003 to 2019 (Extended Data  
431 Fig. 5).

432 While the datasets above have been previously scrutinized, further quality control and error  
433 checking were applied as described in Lin et al.<sup>17</sup>. To construct maps of the variables we gridded  
434 the data using a Laplacian-spline interpolation scheme<sup>41</sup> with a grid spacing of 1° in longitude and  
435 0.25° in latitude. Further gridding was done for salinity bins, spanning the range 28-34 with an  
436 interval of 0.2, and trends were computed using this gridded product.

437

438 **Dynamic ocean topography.** We employ the monthly altimetry-derived dynamic ocean  
439 topography (DOT, sea surface height referenced to the geoid) product from 2003-2014, with a  
440 resolution of 0.75° x 0.25°<sup>42</sup>. Following the previous methodology, we extended the time series  
441 using the original processing algorithm for the full CryoSat2 time series and up to 88°N. The  
442 algorithm is described briefly here, with the reader referred to Armitage et al.<sup>42</sup> for the full  
443 technical description. Satellite open ocean surface elevations were obtained from the Low-  
444 Resolution mode (LRM) and Synthetic Aperture Radar (SAR) ocean modes, and from leads (cracks  
445 in the sea ice cover) from SAR Ice and SAR Interferometric modes (SARIn). The UCL13 Mean Sea  
446 Surface product was used to calculate the Sea Level Anomaly (SLA) for all four modes. A monthly  
447 mean SLA offset of LRM to SAR ocean, SAR ocean to SAR lead, SAR lead to SARIn lead, from  
448 coincident measurements on a 100-km resolution grid was calculated to remove mode bias  
449 compared to the LRM mode SLA. Following this, the GOCO03s geoid was used to calculate the  
450 DOT, removing the bias from the sea level anomaly calculation. The individual DOT and SLA  
451 measurements were collected onto the 0.75° x 0.25° grid with outliers above and below the 10th  
452 percentiles removed. A smoothed DOT using a 100 km Gaussian kernel was created with the  
453 gradient taken to give geostrophic surface currents. Following the repeat usage of the Armitage  
454 et al. algorithm<sup>42</sup>, differences between the original and updated datasets over the period 2011-  
455 2014, are less than 1%.

456

457 **Moorings.** Japan Agency for Marine-Earth Science and Technology (JAMSTEC) has maintained  
458 three moorings across the mouth of Barrow Canyon (Extended Data Fig. 5) since 2001, except for

459 the four years of Jun 2004 – Sep 2005, Sep 2008 – Aug 2010, and Oct 2013 – Aug 2014<sup>15</sup>. The  
460 central mooring is situated in the center of Barrow Canyon (BCC), and the other two moorings  
461 are located on the eastern and western flanks (BCE and BCW, respectively). All three moorings  
462 were equipped with MicroCATs for measuring hourly temperature and salinity, and Acoustic  
463 Doppler Current Profilers (ADCPs) or point current meters for measuring velocities every 0.25-2  
464 hours. The ADCP velocity profiles have bin sizes between 4-8 m. The accuracies of the sensors  
465 are 0.001 °C for temperature, 0.01 for salinity, and 0.01 m s<sup>-1</sup> for velocity<sup>20</sup>. The temperature,  
466 salinity and velocity are gridded along the section across the mouth of Barrow Canyon, with a  
467 grid size of 2 km in the horizontal and 2 m in the vertical. Due to the lack of data in the upper 50  
468 m, the gridded vertical sections only cover the portion of the water column deeper than salinity  
469 = 31. The volume of water fluxed across the section in each year is calculated by the mean velocity,  
470 cross sectional area, and time. In this study, we use the data from 2003 to 2019, consistent with  
471 the DOT data. The climatological mean DOT for this period is shown in Extended Data Fig. 1.

472

473 **Reanalysis data.** We compute wind stress curl using the hourly wind data from the ERA5  
474 reanalysis, provided by the European Center for Medium-Range Weather Forecasts (ECMWF)<sup>43</sup>.  
475 The ERA5 is the fifth generation ECMWF reanalysis product with a grid spacing of 0.25° × 0.25°.  
476 It has been widely used in previous high-latitude studies<sup>17</sup>.

477 We make use of the velocity data in the cold halocline layer from the global eddy-resolving  
478 physical ocean and sea ice reanalysis (GLORYS12)<sup>44</sup>, obtained from the Copernicus Marine and  
479 Environment Monitoring Service (CMEMS). GLORYS12 is a NEMO-based reanalysis that  
480 assimilates satellite observations and historical hydrographic profiles. It has a horizontal  
481 resolution of 1/12°, and 50 vertical levels with increased resolution in the upper layer (1-30 m  
482 interval in the upper 200 m).

483 We compared the GLORYS12 velocities with mooring data at various locations in the western  
484 Arctic. Extended Data Fig. 3 shows the two examples of the comparison: a) in the vicinity of the  
485 Bering Strait<sup>45</sup> ( $r=0.76$ ,  $p<0.01$ ); b) at shelfbreak in the western Beaufort Sea<sup>16</sup> ( $r=0.54$ ,  $p<0.01$ ).  
486 The good agreements motivated us to use the reanalysis velocity field to carry out the Lagrangian  
487 particle experiments in the study.



488

489 **GRACE.** We use the monthly equivalent water thickness from the GRACE/GRACE-FO Mascon  
490 solutions (release-06, version 2) from the Center for Space Research (CSR)<sup>46</sup> in combination with  
491 the DOT data to estimate the freshwater content (see below). There are 31 months of gaps in the  
492 two-decade record due to the satellite's regular battery management. To fill each of the gaps,  
493 we apply a 5-month weighting window centered at the month in question<sup>42</sup>. This technique was  
494 not applicable for 2017-2018 when there were successive gap months. In this case, we filled each  
495 gap with the mean of the same month from the year before and after. The GRACE data have a  
496 spatial resolution of 0.25°, and were interpolated onto the same grid as the DOT data.

497

498 **Vertical structure of the water column.** The different vertical layers considered in the study are  
499 depicted in Extended Data Fig. 6 using mean hydrographic profiles from the Beaufort Gyre. The  
500 base of surface layer is defined as the depth at which the potential density difference exceeds  
501 0.125 kg m<sup>-3</sup> from the mean density in upper 10 m<sup>47</sup>. Below that, the halocline in the Canada  
502 Basin consists of the warm halocline layer and the cold halocline layer<sup>18</sup>. The warm halocline layer  
503 is between the base of surface layer and the first minimum in buoyancy frequency below the  
504 maximum value. Below this is the cold halocline, the base of which is determined using the ratio  
505  $R = \alpha \Delta T / \beta \Delta S$ , where  $\alpha$  is the thermal expansion coefficient and  $\beta$  is the haline contraction  
506 coefficient<sup>48</sup>. In particular, the depth where  $R = 0.05$ , at which point the vertical density gradient  
507 is mainly due to the salinity gradient, as taken to be the base of cold halocline. The Atlantic water  
508 layer resides below this.

509

510 **Freshwater content.** The freshwater content is calculated as  $FWC_1 = \int_h^0 \frac{(S_r - S(z))}{S_r} dz$ , applied  
511 using the historical hydrographic data over the Beaufort Gyre region<sup>2</sup>. The reference salinity  $S_r$   
512 is 34.8 at the corresponding depth  $h$ , and  $S(z)$  is the depth-dependent salinity. For each year, we  
513 interpolated the  $FWC_1$  within the Beaufort Gyre region using the Laplacian-Spline interpolation<sup>41</sup>,  
514 with a resolution of 1° in the longitude and 0.25° in the latitude, and then computed the mean  
515 value.

516 We also use the DOT and GRACE data to estimate the annual freshwater content following  
517 the methodology used in previous studies<sup>5,7,42</sup>,  $FWC_2 = \frac{S_r - S_1}{S_r} \Delta h$ . In particular, as a  
518 simplification, the water column in the Beaufort Gyre can be considered as two homogeneous  
519 layers: a lighter layer with density  $\rho_1=1022 \text{ kg m}^{-3}$  atop a denser layer with density  $\rho_2=1028 \text{ kg}$   
520  $\text{m}^{-3}$ . Variations in the freshwater content alter the thickness of the upper layer  $\Delta h =$   
521  $\eta \left( 1 + \frac{\rho_1}{\rho_2 - \rho_1} \right) - \frac{\Delta m}{\rho_2 - \rho_1}$ , which is reflected by the DOT ( $\eta$ ) and ocean mass ( $\Delta m$ ). The  $\Delta m$  is  
522 estimated using the GRACE equivalent water thickness multiplied by the water density. The mean  
523 freshwater volume over the Beaufort Gyre region is computed as the spatial-mean freshwater  
524 content ( $FWC_1$  or  $FWC_2$ ) multiplied by the area of the Beaufort Gyre region.

525

526 **Lagrangian particle experiments.** The two Lagrangian particle experiments carried out in the  
527 study make use of the GLORYES12 reanalysis velocity data. We first computed the annual mean  
528 velocity in the cold halocline layer for the two extreme years of 2011 and 2019. For each  
529 experiment, we then released 150 particles along the 100 m isobath within the cold halocline  
530 layer in the Chukchi Sea/western Beaufort Sea (CS/WBS) and eastern Beaufort Sea (EBS), and  
531 computed the trajectories given the annual mean velocity field. At each time step, the velocity at  
532 the nearest grid point to where the particle is located is used to compute the distance traveled  
533 over one day. This procedure is iterated for a year.

534

### 535 **Data availability**

536 The historical hydrographic data are obtained from the following sources.

537 (1) the Unified Database for Arctic and Subarctic Hydrography (UDASH,

538 <https://doi.pangaea.de/10.1594/PANGAEA.872931>).

539 (2) World Ocean Database 2018 (WOD18, [https://www.ncei.noaa.gov/products/world-ocean-](https://www.ncei.noaa.gov/products/world-ocean-database)  
540 [database](https://www.ncei.noaa.gov/products/world-ocean-database)).

541 (3) Arctic Data Center (<https://arcticdata.io/catalog/data>)

542 (4) Beaufort Gyre Exploration Project ([https://www2.who.edu/site/beaufortgyre/data/data-](https://www2.who.edu/site/beaufortgyre/data/data-overview/)  
543 [overview/](https://www2.who.edu/site/beaufortgyre/data/data-overview/))

- 544 (5) Pacific Marine Environmental Laboratory (PMEL, <https://www.pmel.noaa.gov/epic/ewb/>);  
545 (6) NOAA Alaska Fisheries Science Center (<https://data.eol.ucar.edu/dataset/>);  
546 (7) University of Alaska Fairbanks Institute of Marine Science (UAFIMS, available at the Arctic  
547 Ocean Observing System, <http://www.aoos.org>);  
548 (8) Fisheries and Oceans Canada's Institute of Ocean Sciences (IOS,  
549 <https://www.pac.dfompo.gc.ca/science/index-eng.html>);  
550 (9) Japan Agency for Marine-Earth Science and Technology (JAMSTEC,  
551 <http://www.godac.jamstec.go.jp/darwin/e/>).  
552 (10) Korea Polar Data Center (<https://kpdccopen.kopri.re.kr>)

553 The dynamic ocean topography data produced by Armitage et al. (2016) can be found at  
554 [http://www.cpom.ucl.ac.uk/dynamic\\_topography](http://www.cpom.ucl.ac.uk/dynamic_topography), and the updated dynamic ocean topography  
555 data from 2011-2019 is available at [http://www.cpom.ucl.ac.uk/dynamic\\_topography/](http://www.cpom.ucl.ac.uk/dynamic_topography/). The  
556 GRACE data can be accessed via [https://sealevel.nasa.gov/data/dataset/?identifier=SLCP\\_CSR-](https://sealevel.nasa.gov/data/dataset/?identifier=SLCP_CSR-RL06-Mascons-v02_RL06_v02)  
557 [RL06-Mascons-v02\\_RL06\\_v02](https://sealevel.nasa.gov/data/dataset/?identifier=SLCP_CSR-RL06-Mascons-v02_RL06_v02). The ERA5 reanalysis data can be obtained from the European  
558 Center for Medium-Range Weather Forecasts  
559 (<https://rmets.onlinelibrary.wiley.com/doi/10.1002/qj.3803>). The GLORYS12 reanalysis is  
560 available at the Copernicus Marine and Environment Monitoring Service  
561 (<http://www.marine.copernicus.eu>). The JAMSTEC mooring data at the mouth of the Barrow  
562 Canyon from 2003-2019 are available at <https://www.jamstec.go.jp/iace/e/report/>. The  
563 monthly timeseries of Arctic Oscillation index is obtained from NOAA's Climate Prediction  
564 Center ([https://www.cpc.ncep.noaa.gov/products/precip/CWlink/daily\\_ao\\_index/ao.shtml](https://www.cpc.ncep.noaa.gov/products/precip/CWlink/daily_ao_index/ao.shtml)).  
565 The bathymetry data used in the study are from the International Bathymetric Chart of the  
566 Arctic Ocean (IBCAO) version 3 <sup>49</sup>  
567 ([https://www.gebco.net/about\\_us/committees\\_and\\_groups/scrum/ibcao/ibcao\\_v3.html](https://www.gebco.net/about_us/committees_and_groups/scrum/ibcao/ibcao_v3.html)).

568

#### 569 **Code availability**

570 The Matlab scripts used to compute the freshwater content and to calculate the Lagrangian  
571 particle trajectories can be accessed upon request to P.L.

572

573 **Methods-only references**

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