
9 **Abstract**

10 Global mean surface temperature (GMST) during 1910 - 2012 experienced four
11 alternated rapid warming and warming hiatus phases. Such a temporal variation is
12 primarily determined by global mean sea surface temperature (SST) component. The
13 relative roles of ocean dynamic and thermodynamic processes in causing such global
14 mean SST variations are investigated, using two methods. The first method is ocean
15 mixed layer heat budget analysis. The budget diagnosis result shows that the
16 thermodynamic processes dominate in the rapid warming phases, while the ocean
17 dynamics dominate during the hiatus phases. The second method relies on the
18 diagnosis of a simple equilibrium state model. This model captures well the horizontal
19 distribution of SST difference between two warmer and cooler equilibrium states
20 during either the rapid warming or hiatus phases. It is found that the SST difference
21 during the rapid warming phases is primarily controlled by the increase of downward
22 longwave radiation as both column integrated water vapor and CO₂ increase during
23 the phases. During the hiatus phases, the water vapor induced greenhouse effect
24 offsets the CO₂ effect, and the SST cooling tendency is primarily determined by the
25 ocean dynamics over the Southern Ocean and tropical Pacific. The SST pattern
26 associated with the Interdecadal Pacific Oscillation (IPO) might be responsible for the
27 remote and local ocean dynamic responses through induced wind change.

28

29 *Key words:* SST trends, Natural variability, Global warming

30

31 **1. Introduction**

32 Because of anthropogenic activities, there is steady increase of greenhouse gases
33 such as CO₂ in the atmosphere since the Industrial Revolution. The increase of the
34 greenhouse gases (GHGs) traps more longwave radiation within the atmosphere due
35 to the so called greenhouse effect. While the GHGs kept increasing during the past
36 one hundred years, GMST didn't increase all the time. For instance, during the past
37 one hundred years (say, 1910 to 2012), there are four relatively warming and cooling
38 phases. The periods from 1910 to 1940s and from mid-1970s to 1997 are so called
39 global rapid warming phases, whereas the period from 1940s to mid-1970s and from
40 1998 to 2012 are known as warming hiatus periods.

41 Previous studies suggested that the bigger hiatus during the period from 1940s to
42 mid-1970s was attributed to the increasing of artificial aerosols, which resulted in a
43 decrease of cloud particle size and an increase of cloud albedo (Lohmann and Feichter.
44 2005; Hateren 2012; Kosaka and Xie. 2016). Thus the cooling during that period was
45 primarily attributed to the reduction of incoming solar radiation. Another possible
46 factor is natural mode variability such as the IPO, which may have a far-reaching
47 effect on GMST (Meehl et al. 2013; Kosaka and Xie. 2016). Various hypotheses have
48 been proposed to interpret the recent hiatus phase. One is that the hiatus might be
49 caused by data bias (Karl et al. 2015; Jones 2016). The magnitude and statistical
50 significance of a trend depend on time intervals considered (Fyfe et al. 2016). The
51 second hypothesis emphasizes the effect of the IPO. Anomalous heat source in the
52 tropics associated with the IPO may force a quasi-stationary atmospheric Rossby

53 wave response to affect higher-latitude wind and temperature (Trenberth et al. 2014).
54 It has been argued that GMST warming stagnates during the IPO negative phases (e.g.,
55 Kosaka and Xie. 2013; England et al. 2014; Meehl et al. 2014; Trenberth 2015;
56 Kosaka and Xie. 2016). The third hypothesis suggests that a positive Atlantic
57 Multidecadal Oscillation (AMO) may promote a global cooling (Steinman et al. 2015).
58 The fourth hypothesis suggests the shift of heat from the surface into the deep ocean
59 over Indian Ocean, North Atlantic and/or Southern Ocean (Meehl et al. 2011; Chen
60 and Tung 2014; Kintisch 2014; Roemmich et al. 2015; Lee et al. 2015; Liu et al. 2016;
61 Li et al. 2017). Liang et al. (2017) suggested that ocean mixing processes, including
62 isopycnal and diapycnal as well as convective mixing, are important for the decadal
63 change of the heat exchange between upper and deeper ocean. Other hypotheses
64 include the effect of that volcanic eruptions (Fyfe et al. 2013; Santer et al. 2014) and
65 anthropogenic aerosols. For example, Smith et al. (2016) reckoned that the phase of
66 the IPO during the hiatus period was modulated by external forcing of anthropogenic
67 aerosols.

68 Because the ocean surface covers 71% of the earth's surface, the trend of GMST
69 is, to a large extent, determined by that of the global mean SST. Figure 1 shows the
70 time series of the global mean SST (blue curve) during the last one hundred years.
71 Consistent with the GMST, there are two rapid SST warming periods and two SST
72 cooling periods. The warming phases occurred from 1910 to 1942 (hereafter Phase 1)
73 and from 1976 to 1997 (hereafter Phase 3), and the cooling phases happened from
74 1943 to 1975 (hereafter Phase 2) and from 1998 to 2012 (hereafter Phase 4). It is

75 further noted that ocean mixed layer temperature experienced similar warming and
76 cooling phases (see the red solid line in Fig. 1). Thus, to the first order of
77 approximation, one may examine the ocean mixed layer temperature evolution,
78 omitting the deeper ocean warming process.

79 Motivated by the results above, in this study we intend to reveal fundamental
80 physical processes responsible for the distinctive warming and cooling trends during
81 the four periods, based on an ocean mixed layer heat budget analysis. The objective of
82 the current study is to quantitatively measure the relative roles of ocean dynamics
83 (including three dimensional oceanic temperature advection) and thermodynamic
84 processes (including shortwave radiation, longwave radiation, latent and sensible heat
85 fluxes) in causing the warming and cooling tendencies during the different phases
86 (Phase 1 to Phase 4) through a detailed mixed-layer heat budget analysis. Physically,
87 the SST warming or cooling tendency is caused by many factors, include external
88 GHG forcing, natural modes such as interdecadal variability, change of solar radiation
89 due to artificial or volcano aerosol, and so on. Previous studies seldom paid attention
90 to the detailed diagnosis of dynamic and thermodynamic terms that affect SST. In this
91 study, we attempt to quantitatively assess dominant physical processes that caused the
92 distinctive SST tendencies during the warming and cooling phases, using two
93 complementary diagnostic methods. Through the quantitative assessment of
94 individual SST controlling factors, one may better understand global mean SST
95 change in the past century and tackle the global warming problem.

96 The remaining part of this paper is organized as following. In Section 2, we

97 describe data and analysis methods to be used. In Section 3, we present the result
98 from mixed layer heat budget diagnosis. Section 4 shows the result from a simple
99 equilibrium state model. Finally, a conclusion is given in Section 5.

100

101 **2. Data and method**

102 The primary datasets used in this study include 1) monthly SST dataset from Met
103 Office Hadley Center Version 1.1 (Rayner et al. 2003), 2) monthly ocean reanalysis
104 data Version 2.2.4 and Version si.3 from SODA (Simple Ocean Data Assimilation)
105 including zonal velocity, meridional velocity, vertical velocity, temperature and
106 salinity (Giese et al. 2016), 3) monthly ocean mixed layer depth from GODAS
107 (Global Ocean Data Assimilation System), and 4) 20th century atmospheric reanalysis
108 data Version 2c provided by NOAA-CIRES (Cooperative Institute for Research in
109 Environmental Science) that include surface upward longwave radiation, surface
110 downward longwave radiation, surface net shortwave radiation, surface latent heat
111 flux, surface sensible heat flux, precipitation, surface 10m wind, multi-layer
112 atmospheric wind and specific humidity, and cloud cover. It is worth mentioning that
113 the SODA V2.2.4 dataset covers only from 1900 to 2008. And this SODA V2.2.4
114 reanalysis dataset has been widely used for ocean analysis in numerous studies (e.g.,
115 An and Choi 2013; Chen et al. 2016). In order to replenish the whole time period, we
116 use the SODA si.3 for the period from 2009 to 2013. Both the SODA datasets are
117 driven by 20th century reanalysis ensemble mean forcing fields.

118 Recent studies such as Liang et al. (2017) and Ponte and Piecuch (2018) used a

119 dynamically consistent new dataset, ECCO. But such a dataset is too short (only
120 starting from 1992) to satisfy the purpose of the current study. To reduce the impact
121 of data uncertainty, we developed two diagnostic methods, in order to validate the
122 results against each. By using two different diagnostic methods, we attempt to
123 understand the role of dynamic (including 3D ocean advection) and thermodynamic
124 (i.e., surface heat fluxes) processes in causing the distinctive SST changes.

125 The first method is the diagnosis of global ocean mixed layer heat budget. The
126 depth of ocean mixed layer is defined as the depth where ocean temperature is 0.5
127 degree lower than the surface temperature. Following Li et al. (2002), the ocean
128 mixed layer temperature equation can be written as

$$129 \quad \frac{\partial T}{\partial t} = -u \frac{\partial T}{\partial x} - v \frac{\partial T}{\partial y} - w \frac{\partial T}{\partial z} + \frac{Q}{\rho C H} + R \quad (1)$$

130 where T, u, v, and w represent, respectively, ocean temperature, zonal current velocity,
131 meridional current velocity and vertical current velocity fields, Q denotes the sum of
132 surface heat flux terms including net surface longwave radiation, net surface
133 shortwave radiation, surface latent heat flux and surface sensible heat flux, $\rho =$
134 1025kg/m^3 denotes density of the ocean, $C = 4096\text{J}/(\text{kg}\cdot\text{K})$ is the specific heat of the
135 ocean, and H is the depth of the ocean mixed layer. R is a residual term representing
136 either the bias of the reanalysis data or sub-grid processes unresolved.

137 Before the budget analysis, all fields are subjected to a 5-year weighted running
138 mean (10%, 20%, 40%, 20%, 10%). Each term in Equation 1 is integrated vertically
139 from the surface to the depth of the ocean mixed layer. By doing so, we implicitly
140 describe the vertical mixing in the upper ocean. The mixed layer depth varies with

141 space in general, and is obtained from the diagnosis of the ocean reanalysis dataset
142 GODAS. The calculated mixed layer depth is at a range of 50 to 120 meters. The left
143 hand side of equation (1) represents ocean mixed layer temperature tendency. All
144 budget terms in Tables 1-4 are diagnosed based on the ocean reanalysis products
145 (ocean temperature and 3D oceanic advection) and atmosphere reanalysis products
146 (surface heat flux). Our calculation shows that the mixed-layer temperature tendency
147 at the left side of the equation is approximately equal to the sum of four terms at the
148 right side of the equation for most of the warming and cooling phases. This gives us
149 confidence to further analyze the contributions from individual terms.

150 The second method is based on the analysis of a simple equilibrium model,
151 following Zhang and Li (2014). By assuming that SST at each of peaks (represented
152 by black lines in Fig. 1) is approximately in an equilibrium state, one may derive a
153 balance between the net surface heat flux term and the ocean dynamic term at the
154 equilibrium state. Thus a difference between two adjacent states during either a
155 warming or a cooling phase may be written as

$$156 \quad \delta Q_{net} + \delta D_o = 0 \quad (2)$$

157 In equation (2), Q_{net} denotes the net surface heat flux term that consists of upward
158 longwave radiation, downward longwave radiation, shortwave radiation, latent heat
159 flux and sensible heat flux at the ocean surface; D_o represents three dimensional
160 ocean advection terms, and δ denotes the difference between two equilibrium states.
161 Through a series of simplification, Zhang and Li (2014) finally obtained the following
162 equation for the SST difference field between the two equilibrium states:

$$\delta T_s = \frac{\delta Q_{sw} + \delta Q_{lw}^{down} - \delta Q_{lh}^a - \delta Q_{sh}^a + \delta D_o}{4\sigma \overline{T_s^3} + \gamma_1 \overline{Q_{lh}} + \gamma_2 \overline{V}} \quad (3)$$

164 In equation (3), an over-bar denotes the climatological long-term mean field and
 165 T_s is the sea surface temperature. δQ_{lh}^a and δQ_{sh}^a denote the part of surface latent
 166 and sensible heat flux change related to the change of atmospheric variables such as
 167 surface wind speed, $\sigma = 5.67 \cdot 10^{-8} \text{W}/(\text{m}^2 \cdot \text{K}^4)$ is the Stefan constant, V is the surface
 168 wind speed, and coefficients γ_1 and γ_2 are the functions of latitude only. For more
 169 detailed derivation, readers are referred to Appendix A.

170

171 **3. Diagnosis of ocean mixed layer heat budget for Phase 1-4**

172 The cause of the distinctive mixed-layer temperature tendencies during the four
 173 warming and cooling phases is addressed through an oceanic mixed layer heat budget
 174 analysis. According to equation (1), the time change rates of ocean mixed layer
 175 temperature in the four phases and throughout the entire period are diagnosed
 176 respectively. The results are shown in Table 1. Note that the sign and magnitude of the
 177 diagnosed temperature tendencies at the right side of equation (1) during each of these
 178 phases and the entire period are consistent with the observed trends. In particular, the
 179 sums of the diagnosed 3D oceanic advection terms and surface heat flux terms show a
 180 warming tendency in Phase 1 and 3 and a cooling tendency in Phase 2 and 4. While
 181 the residual terms at each phase are in general small, a relatively larger error appears
 182 in phase four. The errors are possibly due to the use of inconsistent datasets between
 183 ocean reanalysis and surface heat flux products. Nevertheless, the signs of increasing
 184 and decreasing trends during the four periods are same as the observed.

185 The result from Table 1 indicates that from the global mean point of view, the
186 oceanic thermodynamic process dominates the dynamic process during the warming
187 phases (i.e., Phase 1 and 3), whereas the ocean dynamic process dominates the
188 thermodynamic process during the cooling phases (i.e., Phase 2 and 4). Therefore, in
189 Phase 1 and 3, the overall ocean cooling effect due to 3D advection is weaker than the
190 surface heat flux warming effect, whereas the opposite is true in Phase 2 and 4. Thus
191 it is the relative strength of the dynamic and the thermodynamic effect that determines
192 the final outcome of the global mean SST trend in a particular period. A key question
193 then becomes what causes the change of the dynamic and thermodynamic budget
194 terms at different phases.

195 It is worth mentioning that from a global mean perspective, the ocean dynamical
196 term is always negative, while the thermodynamic term is always positive. This
197 implies that the overall dynamic effect for the global mixed layer is cooling, while the
198 overall thermodynamic effect for the global mixed layer is warming. Among the
199 dynamic terms, zonal advection and vertical advection are negative, while meridional
200 advection is positive but its magnitude is much weaker.

201 To understand the relative contributions of each budget term during different
202 warming and cooling phases, we first analyze the mixed-layer heat budget for the
203 entire period, and then we subtract the mean tendency at each phase to see the relative
204 change. Figure 2 shows the global mean budget during the entire period (1910-2012).
205 The overall trend is positive, because the net heat flux warming effect exceeds the
206 ocean dynamic cooling effect. Among the various heat flux terms, the dominant

207 contributors for the warming are downward longwave radiation (due to increased
208 greenhouse gases) and net shortwave radiation, and the combination of the two
209 exceeds the cooling effect induced by upward longwave radiation, surface latent and
210 sensible heat fluxes.

211 Figure 4 shows long-term (1910-2012) climatological mean SST, upward and
212 downward longwave radiation, precipitation, low cloud cover, net shortwave radiation,
213 latent heat flux, 850hPa wind, and ocean mixed-layer temperature advection fields. It
214 is interesting to note that both the upward and downward longwave radiative fluxes
215 have a pattern resembling to the long-term mean SST field. The resemblance of the
216 upward longwave radiative flux to the mean SST is not surprising, because according
217 to Stefan's law, more upward longwave radiation emission should happen in the
218 region where SST is warmer. The resemblance of the downward longwave radiative
219 flux to the SST implies that the downward longwave radiative flux is more controlled
220 by atmospheric water vapor distribution than the CO₂ distribution. The latter is more
221 spatially uniform, while column integrated specific humidity field has a pattern
222 similar to the mean SST field (figure not shown). As expected, the maximum
223 warming associated with the shortwave radiation and maximum cooling associated
224 with the surface latent heat flux all appear in the tropics. The maximum ocean
225 dynamic effect is mainly confined over equatorial oceans, Southern Ocean and
226 western boundary current regions.

227 Figure 3a shows the difference of the budget terms between the warming phases
228 composite (i.e., Phase 1 and 3) and the entire period. Compared with the mean

229 temperature tendency during the entire period, the warming tendency averaged for
230 Phase 1 and 3 is about 1°C per 100 years higher. The major terms that contribute to
231 the higher warming tendency are upward longwave radiative flux and surface latent
232 heat flux. The cause of such changes will be discussed below, with the analysis of
233 horizontal maps of key variables. The downward longwave radiative flux is reduced,
234 because the CO₂ amount averaged during Phase 1 and 3 is less than that during the
235 entire period.

236 During the composite warming phases (Phase 1 and 3), the SST difference field
237 (relative to the long term mean SST) shows a positive IPO pattern, with positive SST
238 anomalies in the tropical eastern Pacific (Fig. 5a). The rest of the global ocean is
239 anomalous cold. Because of the SST pattern, one would expect an increased upward
240 longwave radiative flux over the tropical east Pacific and a decreased upward
241 longwave radiative flux elsewhere. Since the surface flux in all figures is defined
242 positive downward, an overall global surface warming is resulted due to the change of
243 the upward longwave radiative flux (Fig. 5b). This result is consistent with Fig. 3a,
244 which indicates that this thermodynamic process is a dominant term contributing to
245 the warming trend in Phase 1 and 3.

246 The downward longwave radiation difference field shows a nearly globally
247 decreasing (Fig. 5c). This is because the CO₂ amount is lower during Phase 1 and 3
248 than during the entire period. In addition, column integrated water vapor difference is
249 mostly negative in the globe (figure not shown), closely following the SST pattern
250 shown in Fig. 5a. The positive SST anomaly in the tropical eastern Pacific causes the

251 reduction of trade wind in the Pacific, which on one hand suppresses the ocean
252 upwelling and leads to a positive ocean dynamic contribution in the equatorial Pacific
253 (Table 2), and on the other hand reduces surface latent heat flux and leads to a
254 thermodynamic warming (Fig. 5g).

255 The precipitation field (Fig. 5d) shows an increase in tropical central Pacific and
256 a decrease in the Maritime Continent. It is likely that this anomalous heating pattern is
257 responsible for generating anomalous easterlies over Southern Ocean and anomalous
258 westerlies over the equatorial Atlantic (Fig. 5g). The former is through energy
259 dispersion of a stationary Rossby wave train in response to the tropical heating
260 (Hoskins and Karoly 1981). The latter is through anomalous Walker Circulation,
261 which suppresses convection over Amazon (García-Serrano et al. 2017). The change
262 of the wind in Southern Ocean may cause the SST warming through reduced ocean
263 vertical mixing and surface latent heat flux as the mean wind is westerly. The
264 anomalous westerly in the equatorial Atlantic may induce warming through positive
265 horizontal and vertical advection anomalies.

266 To assess the relative contribution of ocean dynamics in different basins, the
267 global ocean is divided into six basins, namely, tropical Pacific (30°S-30°N,
268 120°E-80°W), tropical Atlantic (30°S-30°N, 80°W-0°W), tropical Indian Ocean
269 (30°S-20°N, 40°E-100°E), Southern Ocean (60°S-30°S, 0°E-0°W), north Pacific
270 (30°N-60°N, 130°E-120°W) and north Atlantic (30°N-60°N, 80°W-10°W). Table 2
271 shows the area averaged ocean advection terms and area percentage at each of these
272 basins. The product of each term value and area percentage may be regarded as actual

273 contribution of the term at the basin to the global ocean dynamical tendency. Thus
274 Table 2 shows that the most important basins for the ocean dynamic contribution are
275 Southern Ocean and tropical Pacific, followed by tropical Atlantic. Keep in mind that
276 such a dynamic warming shown in Table 2 is relative to the overall dynamic cooling
277 effect averaged throughout the entire period. Such a dynamic impact appears crucial
278 in causing the rapid warming trend during Phase 1 and 3 (Fig. 3a).

279 The cause of the dynamic warming is attributed to both the remote and local
280 wind responses to the tropical Pacific SST anomaly, which is closely related to the
281 SST variability associated with the IPO. Thus the mixed layer heat budget analysis
282 results above support the notion that it is the natural variability that plays an important
283 role in regulating the global mean SST variation in different stages, in addition to CO₂
284 induced upward warming trend.

285 It is worth mentioning that an additional process related to low-level stratus
286 cloud response may partially contribute to the warming trend during Phase 1 and 3. In
287 response to the warm SST anomaly in the tropical eastern Pacific, the amount of
288 low-level stratus cloud is reduced in the eastern equatorial Pacific due to reduced
289 atmospheric static stability (Li and Philander 1996, Li 1997). The decrease of the
290 low-level stratus cloud amount may further increase net downward shortwave
291 radiation, contributing to an additional warming in Phase 1 and 3.

292 A nearly mirror image is found in the mixed layer heat budget difference terms
293 between the composite cooling phases (i.e., Phase 2 and 4) and the entire period (Fig.
294 3b). Figure 6 shows the horizontal patterns of the average SST, wind, precipitation

295 and heat flux difference fields between the composite cooling phases (i.e., Phase 2
296 and 4) and the entire period. These patterns are in general opposite to those for the
297 composite warming phases shown in Fig. 5. A cold SST anomaly appears in the
298 tropical eastern Pacific. The overall SST pattern in the Pacific resembles a typical
299 negative phase of the IPO (Fig. 6a). Upward (downward) longwave radiation field
300 shows a nearly globally decreasing (increasing) (Fig. 6b, c). In the 850hPa wind field,
301 anomalous westerlies appear in the Southern Ocean, and they enhance the
302 climatological westerly and increase the local ocean vertical mixing and surface latent
303 heat flux (Fig. 6g, h). Anomalous easterlies appear in the tropical Pacific and Atlantic
304 in response to the negative phase of IPO, and strengthen both the surface latent heat
305 flux and the oceanic advective cooling (Fig. 6g, h), leading to the overall SST cooling
306 trend during the phases (Fig. 3b). Low stratus cloud amount in tropical eastern Pacific
307 increases, which contributes to the decrease of local surface shortwave radiation (Fig.
308 6f).

309 As shown in Fig. 3b, the ocean dynamics play a crucial role in causing the
310 cooling trend during Phase 2 and 4. Table 3 shows the relative contribution of the
311 ocean dynamic terms at each basin. Consistent with the result shown in Fig. 6h, the
312 most important ocean basins that contribute to the cooling trend are the Southern
313 Ocean, tropical Pacific, and tropical Atlantic.

314

315 **4. Results from a simple equilibrium state model**

316 In the previous section, we compare the mixed-layer temperature tendencies

317 averaged at each phase. Taking a different approach, we now focus on examining
318 fundamental processes that cause SST difference between two adjacent equilibrium
319 warmer and cooler states. As illustrated by black lines in Fig. 1, five such equilibrium
320 states are selected. They are named as E1 (1903-1912), E2 (1937-1946), E3
321 (1965-1976), E4 (1997-1999), and E5 (2011-2013). For example, by diagnosing
322 equation (3) between E2 and E1, one may reveal the relative contribution of each term
323 in the right hand side of the equation to the SST difference between E2 and E1. The
324 average period for each equilibrium state is 10 years, except for the last two due to the
325 fact that the latest hiatus period is relatively short. Figure 7 shows the diagnosis result
326 for composite warming and cooling phases, respectively. The warming phases consist
327 of the SST difference between E2 and E1 and between E4 and E3, and the cooling
328 phases consist of the SST difference between E3 and E2 and between E5 and E4.

329 The first bar in Fig. 7a shows the observed global mean SST change during the
330 composite warming phases (Phase 1 and 3). The observed global average SST
331 difference is 0.3°C. The second bar in Fig. 7a shows the diagnosed result based on the
332 sum of all terms (including the ocean dynamic contribution and various heat flux
333 terms) at the right hand side of equation (3). The diagnosed SST change agrees well
334 with the observed SST change.

335 The marked warming in Phase 1 and 3 is primarily attributed to the increase of
336 downward longwave radiation (δQ_{lw}^{down}) and wind induced surface latent heat flux
337 change (δQ_{lh}^a) (Fig. 7a). To understand the cause of such changes, we further examine
338 the horizontal patterns of composite SST, wind, humidity and heat flux difference

339 fields. Figures 8a and 8b show the SST difference patterns from the observation and
340 the diagnosis based on equation (3). The two patterns are almost identical, indicating
341 that the simple equilibrium state model is able to capture the global SST changes. A
342 general warming appears everywhere except in north Pacific (near the Kurishio
343 extension region). Superposed on a uniform warming pattern is a positive IPO pattern,
344 with a maximum warming appearing in the equatorial eastern Pacific. It appears that
345 the SST difference pattern shown in Fig. 8a is the sum of a global uniform warming
346 pattern and a positive-phase IPO.

347 The SST warming pattern leads to the increase of column integrated specific
348 humidity in most of global atmosphere (Fig. 8d), possibly through enhanced surface
349 evaporation (due to reduced sea-air specific humidity difference) and the increase of
350 SST induced atmospheric convection and precipitation (Fig. 8f). The increased
351 column integrated water vapor, working together with increased CO₂, causes a
352 marked increase of downward longwave radiative flux (Fig. 8c), which further warms
353 the SST.

354 A greater warming in the equatorial eastern Pacific associated with the IPO
355 induces anomalous low-level westerlies over the equatorial central Pacific (Fig. 8e),
356 which in turn helps strengthen the eastern Pacific warming through induced ocean
357 advective processes (figure not shown). The westerly wind anomaly also helps warm
358 the equatorial ocean through the reduced surface latent heat flux (Fig. 8e).

359 To sum up, the SST difference between two equilibrium states (E2 minus E1 and
360 E4 minus E3) is primarily caused by the increase of downward longwave radiation

361 due to the increase of both the atmospheric water vapor and CO₂, and the decrease of
362 wind induced surface latent heat flux.

363 Fig. 7b shows a parallel diagnosis for the SST difference between two
364 equilibrium states during the cooling phases. The global mean SST difference is about
365 -0.05°C, weaker than its counterpart during the warming phases. Again the diagnosed
366 SST difference based on the simple equilibrium state model is close to the observed
367 value. Different from the warming phases, the cooling is primarily caused by the
368 strengthened ocean dynamic cooling effect and the decrease of the downward
369 longwave radiation (Fig. 7b).

370 To reveal physical processes responsible for the aforementioned changes, we
371 examine the horizontal patterns of composite SST, wind, heat flux, and ocean
372 advection difference fields. The major SST cooling appears in the tropical Pacific,
373 tropical Atlantic and tropical Indian Ocean (Fig. 9a). The SST difference pattern in the
374 Pacific resembles a negative-phase IPO. During the cooling phases, the column
375 integrated specific humidity decreases in most of the globe (Fig. 9d). As a result, the
376 greenhouse effect due to the change of water vapor tends to be against that due to the
377 change of CO₂. On other words, although CO₂ kept on increasing during the cooling
378 phases, the warming effect due to CO₂ was somewhat offset by the cooling effect due
379 to the decrease of atmospheric water vapor. The net effect of the two GHGs is the
380 decrease of downward longwave radiation, as shown in Figs. 9c and 7b.

381 The most important cooling mechanism during Phase 2 and 4 arises from the
382 ocean dynamics (Fig. 7b). There are two ways to calculate the ocean dynamic

383 contribution. One is indirectly estimated based on the global net surface heat flux
384 contribution (Zhang and Li 2014). Another is the direct diagnosis of the global ocean
385 3D advection terms (such as those done in Section 3). Both the results are presented in
386 Fig. 7, with “D” denoting the result from the heat flux estimation and “diag_D”
387 denoting the result from the direct ocean advection calculation. The results are quite
388 consistent. In response to a cold SST anomaly in eastern equatorial Pacific, easterly
389 anomalies appear in the equatorial central Pacific (Fig. 9e). The anomalous easterlies
390 enhance ocean upwelling and cold zonal advection along the equatorial Pacific. The
391 enhanced Walker circulation also induces positive rainfall anomalies over the
392 Maritime Continent (Fig. 9f), which may, through remote teleconnection, induce
393 circulation anomalies in higher latitudes in such a way that there are anomalous
394 cyclonic centers over the Southern Ocean between 30°E and 90°E and between 70°W
395 and 30°W (Fig. 9e). The low-level cyclonic wind anomalies in the regions tend to
396 enhance ocean upwelling, favoring a cooling there (Fig. 10).

397 Table 4 shows the relative contributions of the diagnosed ocean dynamical
398 processes at each basin to the global SST cooling during Phase 2 and 4. The values
399 shown in Table 4 are just area average. Given much greater percentage area in the
400 Southern Ocean and tropical Pacific, the main contributors for the ocean dynamic
401 cooling arise from the Southern Ocean and tropical Pacific. The overall result here
402 seems consistent with that in section 3 with use of Method 1, that is, the ocean
403 dynamics plays a more important, vital role during the cooling phases whereas the
404 thermodynamic process dominates during the warming phases. It is also consistent

405 with the recent study by Yao et al. (2017), who emphasized the role of tropical Pacific
406 Ocean in the recent hiatus phase.

407

408 **5. Conclusion**

409 In the past 100 years, the global mean SST exhibits four distinctive warming and
410 cooling phases. The specific dynamic and thermodynamic processes that determine
411 the relative warming and cooling tendencies are investigated through the diagnosis of
412 the ocean mixed layer heat budget. It is found that the ocean thermodynamic process
413 dominates during the warming phases, whereas the ocean dynamic process dominates
414 during the cooling phases. Removing the long term tendency, the relative warming or
415 cooling phases are primarily determined by the ocean dynamic effect. While the
416 relative warming trend arises from a weakened ocean dynamic cooling effect, a
417 relative cooling trend results from an enhanced ocean dynamic effect.

418 A further analysis shows that the mean state during the relative warming phase
419 resembles a positive IPO phase, with a positive SST anomaly in the tropical eastern
420 Pacific and negative SST anomalies elsewhere. Such a SST pattern results the overall
421 decrease of upward longwave radiative flux, favoring the surface warming.
422 Meanwhile, the IPO induced westerly anomalies over the equatorial Pacific cause a
423 warming tendency through both the ocean dynamics and surface latent heat flux
424 change. The IPO induced tropical heating also generates a remote wind response in
425 the Southern Ocean, which favors a dynamic warming in the region. Similarly, a
426 strengthened dynamic cooling effect happens in the same regions during the cooling

427 phases.

428 While the mixed-layer heat budget analysis above focused on the relative roles of
429 ocean dynamic (3D advection) and thermodynamic (heat flux) processes in causing
430 the distinctive warming and cooling tendencies at each phase, in the second method
431 we focus on examining the cause of the SST difference between two equilibrium
432 states during either a warming or a cooling phase. Thus this diagnosis approach
433 focuses only on the process difference between the two equilibrium states, neglecting
434 any processes between the two states. Our calculation shows that the simple
435 equilibrium model is able to capture the observed SST difference in each of the four
436 relative warming and cooling phases. It is found that the composite warming is
437 attributed to the increase of downward longwave radiation due to the increase of both
438 the column integrated water vapor and CO₂, and the decrease of upward latent heat
439 flux due to reduced wind speed associated with the SST change. The composite
440 cooling, on the other hand, is a combined result of enhanced ocean dynamic cooling,
441 in particular over the Southern Ocean and tropical Pacific, and reduced downward
442 longwave radiation. The latter is attributed to the decrease of column integrated water
443 vapor, even though CO₂ continues increasing.

444 While the two analysis methods emphasize different aspects of atmospheric and
445 oceanic processes in regulating the global SST tendency, they are complementary
446 each other. Method 1 concentrates on processes affecting the mixed-layer temperature
447 tendencies at each of the warming and cooling phases, whereas Method 2 focuses on
448 the cause of the SST difference between a warmer and a cooler equilibrium states,

449 neglecting processes in between. Through the two methods, we do come up with a
450 consistent conclusion, that is, the ocean dynamics appear dominant during the cooling
451 phases, while the surface heat flux, particularly latent heat flux and water vapor
452 modulated downward longwave radiative flux, play a more important role during the
453 warming phases. The most important regions for the ocean dynamic effect are the
454 Southern Ocean and tropical Pacific.

455 A caution is needed in interpreting some of the current results as the current
456 study uses various datasets from different sources and there is uncertainty and
457 inconsistency among these datasets. A longer and more accurate dataset is needed for
458 such a trend analysis.

459 Previously a number of studies were conducted in understanding the hiatus of
460 global mean SST since 2000 and the decrease trend in 1950-70s. For instance, some
461 suggested that the hiatus in recent decade was a result of tropical Pacific forcing in
462 conjunction with the Interdecadal Pacific Oscillation (IPO) (e.g., Kosaka and Xie
463 2013; Yao et al. 2017). Others suggested that the recent hiatus was a result of more
464 heat stored in the deep ocean (e.g., Chen and Tung 2014; Liu et al. 2016; Roemmich
465 et al. 2017), while the previous hiatus was caused by volcanic forcing (e.g., Fyfe et
466 al. 2013; Santer et al. 2014). The results from the current study are complementary to
467 these previous results. For instance, during the hiatus phases, the water vapor induced
468 greenhouse effect associated with the IPO offsets the CO₂ effect, indicating the
469 importance of the nature variability in regulating global SST trend during the periods.
470 Our diagnosis shows that the ocean dynamics over the Southern Ocean associated

471 with remote IPO wind forcing is important in promoting a negative SST trend during
 472 the hiatus phases. Compared to the recent hiatus period, the net surface shortwave
 473 radiation is smaller due to greater volcanic effect during the previous cooling phase,
 474 as inferred from Table 1. Thus there is a need to carefully separate the natural and
 475 anthropogenic effects on the GMST evolution.

476

477 **Appendix A: An Equilibrium State Model for SST Change**

478 By Stefan's law, the change of upward longwave radiation at the ocean surface
 479 may be approximately written as

$$480 \quad \delta Q_{lw}^{up} = 4\sigma \bar{T}_s^3 \delta T_s$$

481 The bulk formulas of surface latent and sensible heat fluxes may be written as

$$482 \quad Q_{lh} = \rho L C_E V (q_s - q_a) = \rho L C_E V (1 - R H e^{-\alpha \Delta T}) q_s$$

483 and

$$484 \quad Q_{sh} = \rho C_H C_P V (T_s - T_a) = \rho C_H C_P V \Delta T$$

485 where ρ is air density near the surface, C_E and C_H are the heat exchange
 486 coefficient of Q_{lh} and Q_{sh} , C_P is the specific heat capacity at constant pressure, and
 487 ΔT is the difference between SST and surface air temperature.

488 The change of Q_{lh} with respect to change of SST may be written as

$$489 \quad \delta Q_{lh}^o = \frac{\partial Q_{lh}}{\partial q_s} \frac{\partial q_s}{\partial T_s} \delta T_s = \frac{L_v}{R \bar{T}_s^2} \bar{Q}_{lh} \delta T_s = \gamma_1 \bar{Q}_{lh} \delta T_s$$

490 where L_v is the latent heat of condensation and R is the ideal gas constant for water
 491 vapor. The notation $\delta Q_{lh}^a = \delta Q_{lh} - \delta Q_{lh}^o$ denotes the part of surface latent heat flux

492 change due to the change of atmospheric wind speed, relative humidity and air-sea
 493 temperature difference. Similarly, Q_{sh} can be decomposed as

$$494 \quad \delta Q_{sh}^o = \frac{\partial Q_{sh}}{\partial \Delta T} \frac{\partial \Delta T}{\partial T_s} \delta T_s = \rho C_H C_P \bar{V} \delta T_s = \gamma_2 \bar{V} \delta T_s$$

495 where $\partial \Delta T / \partial T_s$ is determined based on the linear relationship between ΔT and T_s
 496 in the present-day climate state. By substituting each of the flux terms into equation
 497 (2), one can obtain:

$$498 \quad \delta Q_{sw} - 4\sigma \bar{T}_s^3 \delta T_s + \delta Q_{lw}^{down} - \gamma_1 \bar{Q}_{lh} \delta T_s - \delta Q_{lh}^a - \gamma_2 \bar{V} \delta T_s - \delta Q_{sh}^a + \delta D_0 = 0$$

499 Thus, the change of SST, δT_s , can be diagnosed by transforming the equation
 500 above into equation (3).

501

502

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 508 number 1234 and ESMC number 123.

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606 sea surface temperature patterns under global warming. *J. Clim.* 27(22),
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Table Captions

608

609 Table 1 Ocean mixed layer dynamic and thermodynamic tendency terms during each
610 warming and cooling phase and the entire analysis period (1910-2012). D
611 denotes the sum of three dimensional ocean advection terms. Sum denotes the
612 sum of the ocean dynamics term and the heat flux term. R denotes the residual
613 term representing missing physics in the budget. Unit: °C/decade

614 Table 2 Area-averaged three dimensional advection terms (unit: °C/decade) and their
615 sum (Dyn) during the composite SST warming phases and area percentage for
616 each of the six ocean basins, Tropical Pacific, Tropical Atlantic, Indian Ocean,
617 Southern Ocean, North Pacific and North Atlantic. All tendencies have been
618 subtracted from their long-term mean values.

619 Table 3 Same as Table 2 except for the composite SST cooling phases.

620 Table 4 Composite differences of the basin-averaged ocean advection terms and their
621 sum (Dyn) (unit: °C/decade) between two adjacent cooler and warmer
622 equilibrium states during Phase 2 and 4 with Method 2.

623

Figure captions

624

625 Fig. 1 Time series with 5-year weighted running mean (10%, 20%, 40%, 20%, 10%)
626 of the global mean SST (blue) and the global mean mixed layer temperature
627 (red). The long-term mean SST and mixed layer temperature have been
628 subtracted. Dotted lines separate four temperature change phases with Phase 1
629 from 1910 to 1942, Phase 2 from 1943 to 1975, Phase 3 from 1976 to 1997, and
630 Phase 4 from 1998 to 2012. The correlation coefficient (CC) between the SST
631 and mixed layer temperature time series is 0.84. Black solid lines denote five
632 equilibrium states to represent four warming and cooling phases in Section 4.

633 Fig. 2 The observed and diagnosed ocean mixed layer heat budget terms
634 (unit: °C/mon.) for the entire analysis period (1910-2012). It represents the
635 temperature tendency. Term Dyn is the sum of three dimensional advection terms,
636 including zonal advection ($-uT_x$), meridional advection ($-vT_y$) and vertical
637 advection ($-wT_z$). Term Q is the sum of five heat flux terms including upward
638 longwave radiation (ULW), downward longwave radiation (DLW), net
639 shortwave radiation (SW), latent heat flux (LH) and sensible heat flux (SH) at
640 the ocean surface. “Sum” denotes the sum of Dyn and Q.

641 Fig. 3 Same as Fig. 2 except for (a) the composite warming phases and (b) the
642 composite cooling phases. The long-term (1910-2012) mean tendency has been
643 removed.

644 Fig. 4 Horizontal distributions of long-term (1910-2012) mean fields of (a) SST (°C),
645 (b) upward longwave radiation (W/m^2), (c) downward longwave radiation

646 (W/m²), (d) precipitation (kg/m²/day), (e) low cloud cover (%), (f) net shortwave
647 radiation (W/m²), (g) surface latent heat flux (W/m²) and 850hPa wind (m/s), and
648 (h) the sum of three dimensional ocean advection terms (°C/mon).

649 Fig. 5 Same as Fig. 4 except for the difference between the composite warming
650 phases and the long-term mean.

651 Fig. 6 Same as Fig. 4 except for the difference between the composite warming
652 phases and the long-term mean.

653 Fig. 7 (a) The observed and diagnosed global mean SST difference (unit: °C.)
654 averaged between E2 and E1 and between E4 and E3 and contributions from
655 each term in the right hand side of equation (3). The first column is the observed
656 SST difference. ΔT_s denotes the diagnosed SST difference, which is sum of all
657 terms in the right hand side of equation (3). SW denotes net shortwave radiation,
658 DLW denotes downward longwave radiation, LHA and SHA denote wind
659 induced latent and sensible heat flux terms δQ_{lh}^a and δQ_{sh}^a , D is the ocean
660 dynamic term derived based on the net heat flux, and diag_D is the ocean
661 dynamic term calculated based on 3D ocean advection. (b) Same as (a) except
662 for the composite average between E3 and E2 and between E5 and E4.

663 Fig. 8 Horizontal distributions of difference fields averaged between E2 and E1 and
664 between E4 and E3 of (a) observed and (b) diagnosed SST (°C), (c) downward
665 longwave radiation term (°C), (d) column integrated (1000-100hPa) specific
666 humidity (%), (e) wind induced latent heat flux term (°C) and 850hPa wind (m/s),
667 (f) net shortwave radiation term (°C, shaded) and precipitation (kg/m²/day,

668 contour, with solid lines representing positive values). All heat flux terms above
669 are calculated based on the right hand side of equation (3) and have a unit of °C.

670 Fig. 9 Same as Fig. 8 except for the composite difference between E3 and E2 and
671 between E5 and E4 during the cooling phases.

672 Fig. 10 Same as Fig. 9 except for the difference of the three dimensional ocean
673 advection term (°C).

674

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676 warming and cooling phase and the entire analysis period (1910-2012). D
677 denotes the sum of three dimensional ocean advection terms. Sum denotes the
678 sum of the ocean dynamics term and the heat flux term. R denotes the residual
679 term representing missing physics in the budget. Unit: °C/decade

680

	$\frac{\partial \text{MixT}}{\partial t}$	Sum	$-u \frac{\partial T}{\partial x}$	$-v \frac{\partial T}{\partial y}$	$-w \frac{\partial T}{\partial z}$	D	$\frac{Q}{\rho CH}$	R
Phase1	0.18	0.21	-3.30	0.43	-5.05	-7.92	8.13	-0.03
Phase2	-0.09	-0.10	-3.59	0.56	-4.97	-8.00	7.90	0.01
Phase3	0.12	0.16	-4.75	1.44	-4.86	-8.17	8.33	-0.04
Phase4	-0.06	-0.12	-4.98	0.77	-5.15	-9.36	9.24	0.06
Total	0.05	0.05	-3.95	0.74	-5.00	-8.21	8.26	0.00

681

682

683 Table 2 Area-averaged three dimensional advection terms (unit: °C/decade) and their
684 sum (Dyn) during the composite SST warming phases and area percentage for
685 each of the six ocean basins, Tropical Pacific, Tropical Atlantic, Indian Ocean,
686 Southern Ocean, North Pacific and North Atlantic. All tendencies have been
687 subtracted from their long-term mean values.

688

(°C/decade)	Dyn	Area percentage	$-\mathbf{u} \frac{\partial T}{\partial x}$	$-\mathbf{v} \frac{\partial T}{\partial y}$	$-\mathbf{w} \frac{\partial T}{\partial z}$
Tropical Pacific	0.38	30%	-0.05	0.29	0.14
Tropical Atlantic	0.21	12%	-0.24	0.21	0.24
Indian Ocean	-0.26	12%	-0.49	0.07	0.16
Southern Ocean	0.49	32%	0.06	0.57	-0.14
North Pacific	-0.35	8%	-0.55	0.16	0.04
North Atlantic	0.07	6%	1.34	-1.11	-0.16

689

690

691 Table 3 Same as Table 2 except for the composite SST cooling phases.

692

(°C/decade)	Dyn	Area percentage	$-\mathbf{u} \frac{\partial T}{\partial x}$	$-\mathbf{v} \frac{\partial T}{\partial y}$	$-\mathbf{w} \frac{\partial T}{\partial z}$
Tropical Pacific	-0.34	30%	0.06	-0.31	-0.09
Tropical Atlantic	-0.18	12%	0.27	-0.24	-0.21
Indian Ocean	0.19	12%	0.46	-0.08	-0.19
Southern Ocean	-0.54	32%	-0.04	-0.61	0.11
North Pacific	0.34	8%	0.58	-0.18	-0.06
North Atlantic	-0.08	6%	-1.40	1.15	0.17

693

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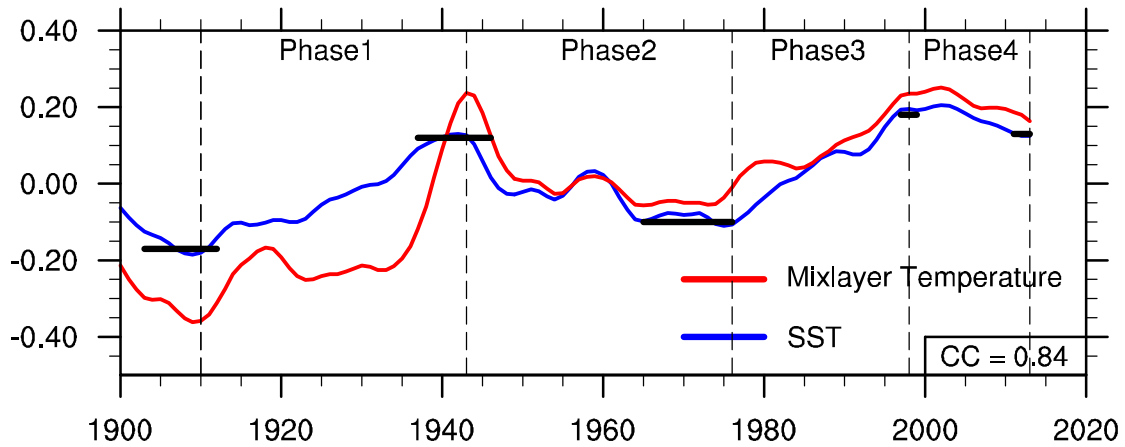
695 Table 4 Composite differences of the basin-averaged ocean advection terms and their
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 697 equilibrium states during Phase 2 and 4 with Method 2.

698

(°C/decade)	Dyn	$-\mathbf{u} \frac{\partial T}{\partial x}$	$-\mathbf{v} \frac{\partial T}{\partial y}$	$-\mathbf{w} \frac{\partial T}{\partial z}$
Tropical Pacific	-3.05	-1.12	-0.83	-1.10
Tropical Atlantic	-1.09	-1.26	-0.49	0.66
Indian Ocean	1.06	1.22	-1.30	1.14
Southern Ocean	-4.46	-1.56	-2.19	-0.71
North Pacific	0.50	-2.92	3.44	-0.02
North Atlantic	-2.95	1.41	-4.16	-0.20

699

700



701

702

703 Fig. 1 Time series with 5-year weighted (10%, 20%, 40%, 20%, 10%) running mean

704 of the global mean SST (blue) and the global mean mixed layer temperature

705 (red). The long-term mean SST and mixed layer temperature have been

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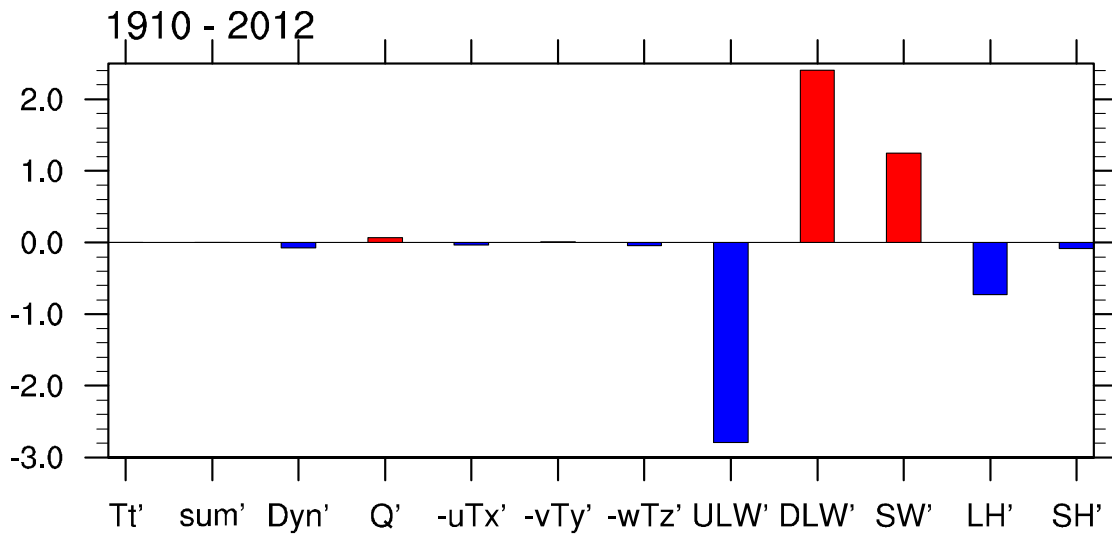
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711

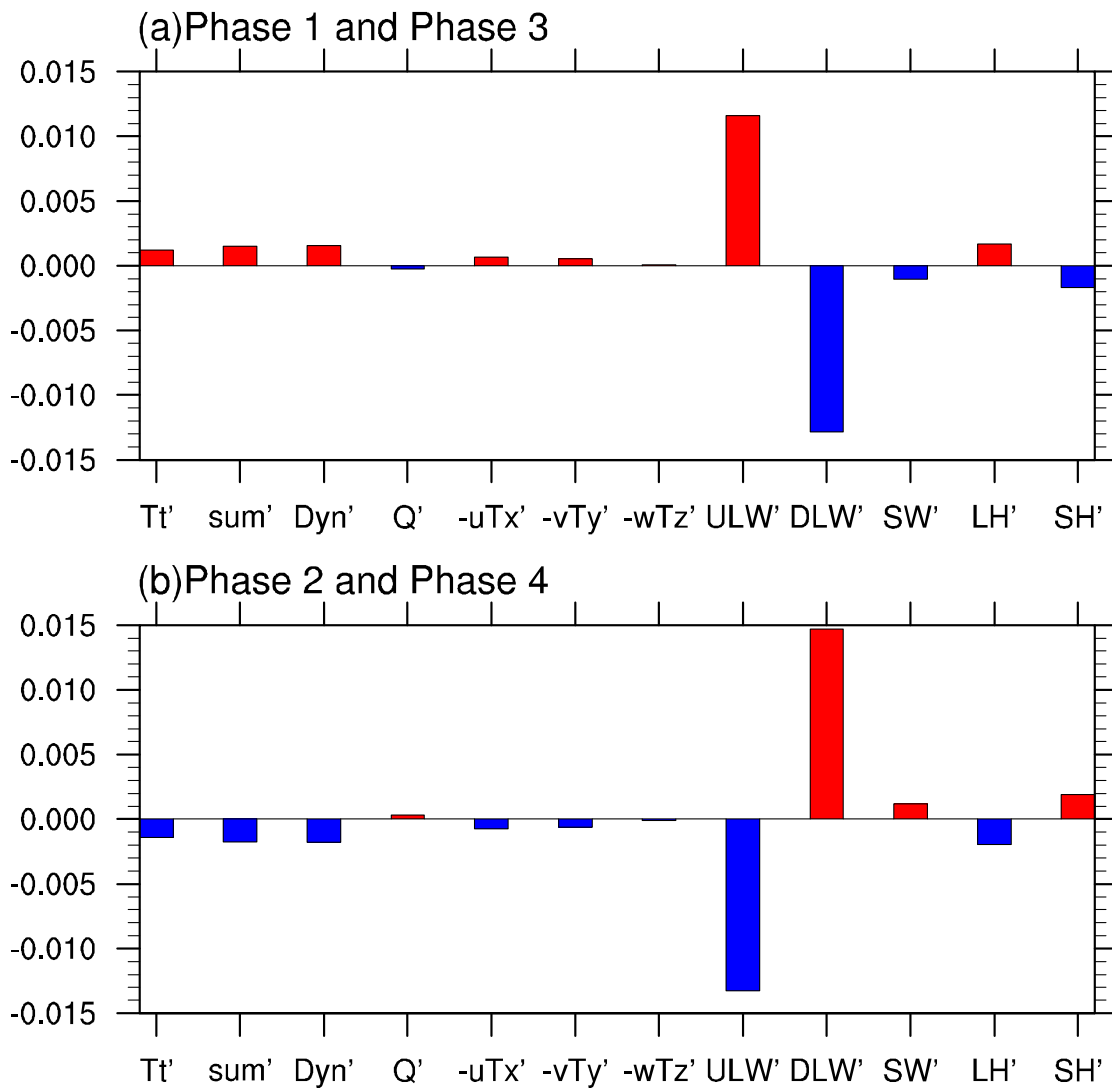


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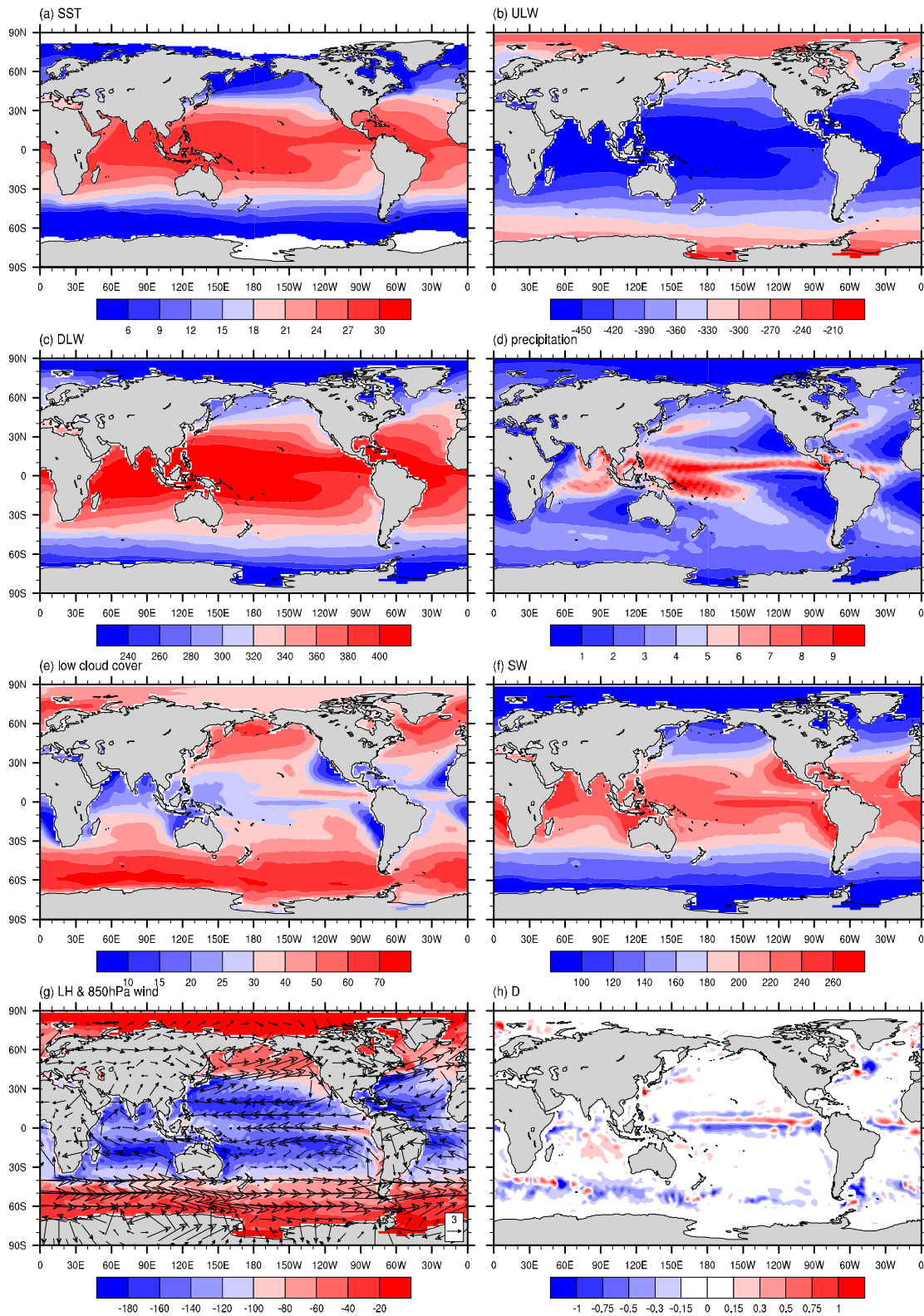
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726 composite cooling phases. The long-term (1910-2012) mean tendency has been

727 removed.

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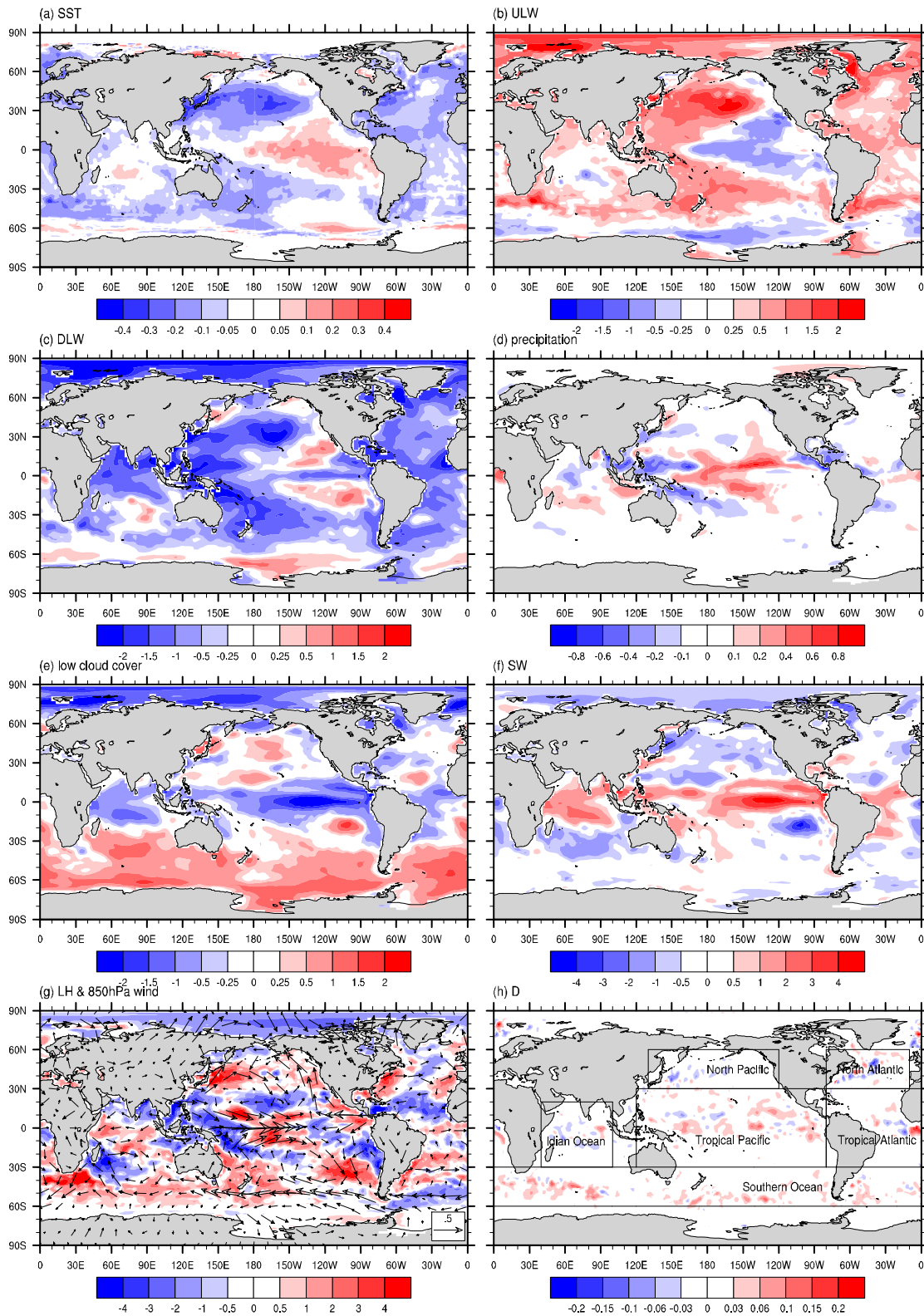
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730

731 Fig. 4 Horizontal distributions of long-term (1910-2012) mean fields of (a) SST (°C),

732 (b) upward longwave radiation (W/m^2), (c) downward longwave radiation

733 (W/m²), (d) precipitation (kg/m²/day), (e) low cloud cover (%), (f) net shortwave
734 radiation (W/m²), (g) surface latent heat flux (W/m²) and 850hPa wind (m/s), and
735 (h) the sum of three dimensional ocean advection terms (°C/mon).
736

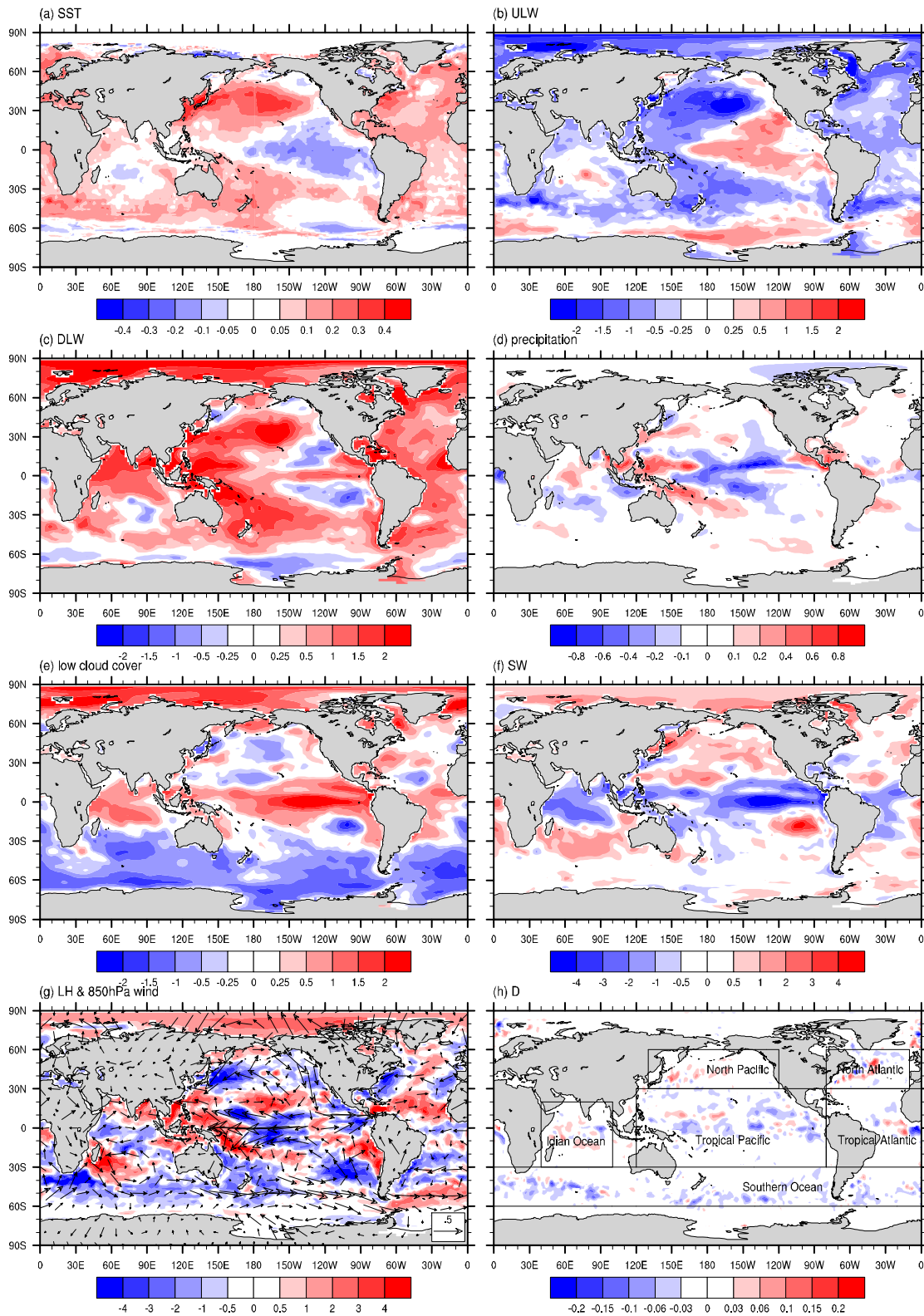


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738

739 Fig. 5 Same as Fig. 4 except for the difference between the composite warming

740 phases and the long-term mean.

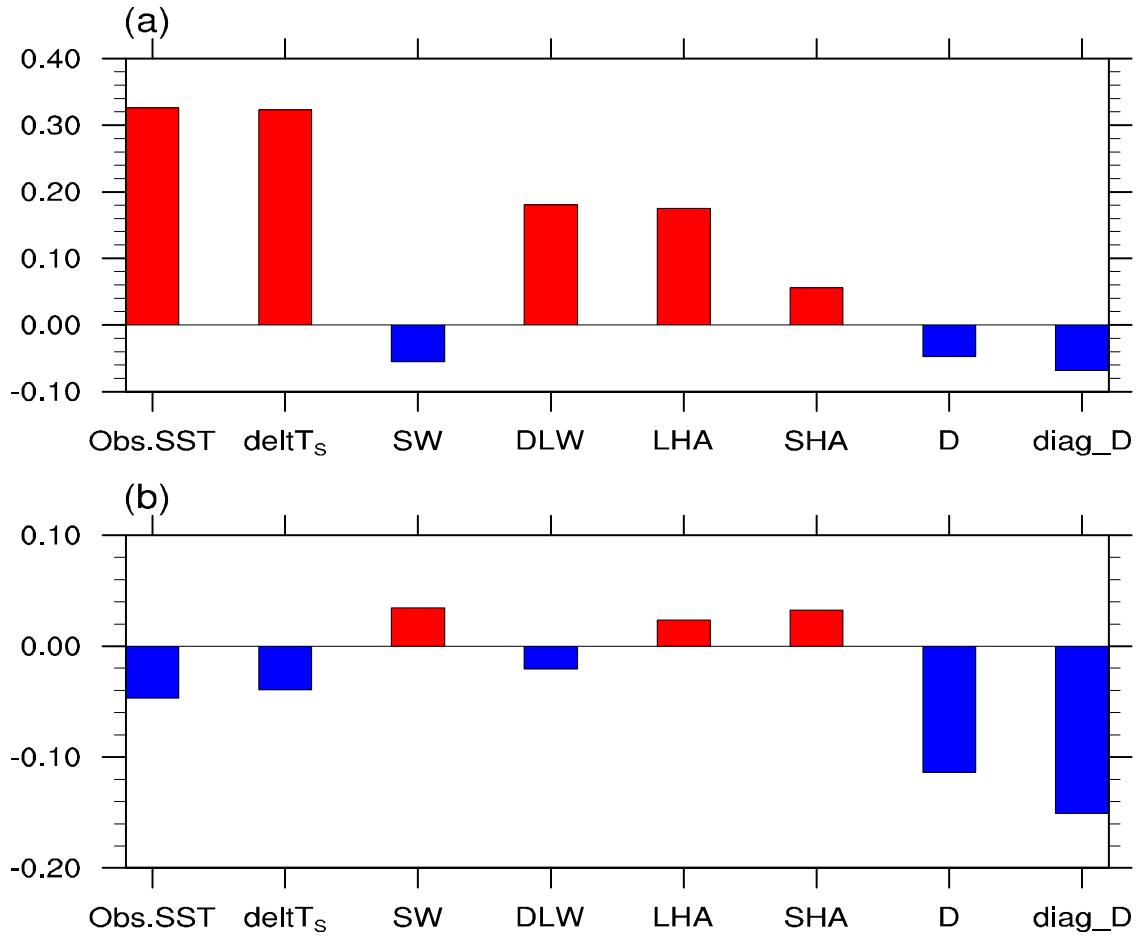


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742

743 Fig. 6 Same as Fig. 4 except for the difference between the composite cooling phases

744 and the long-term mean.



745

746

747 Fig. 7 (a) The observed and diagnosed global mean SST difference (unit: °C.)

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750 SST difference. deltTs denotes the diagnosed SST difference, which is sum of all

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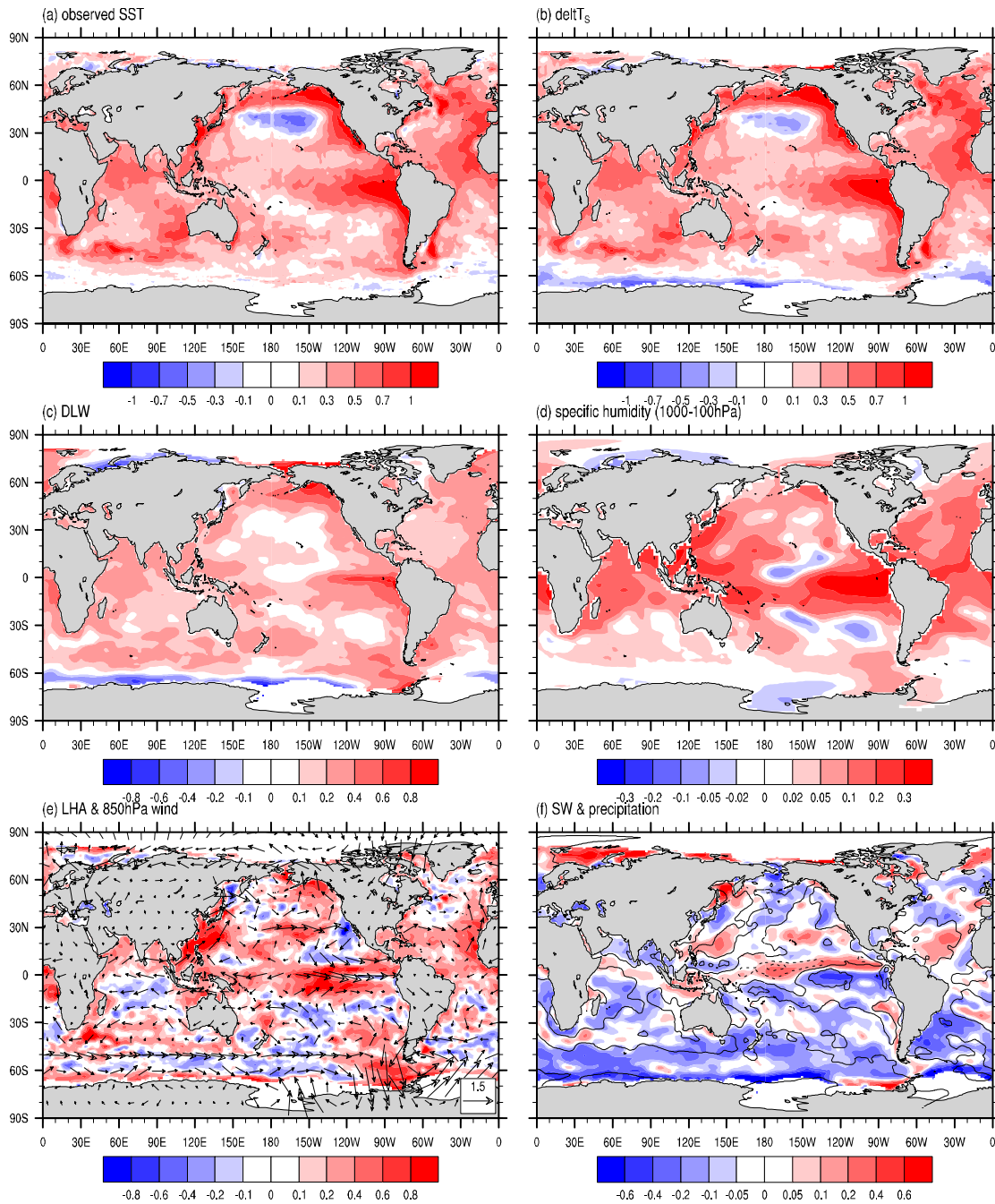
752 DLW denotes downward longwave radiation, LHA and SHA denote wind

753 induced latent and sensible heat flux terms δQ_{lh}^a and δQ_{sh}^a , D is the ocean

754 dynamic term derived based on the net heat flux, and diag_D is the ocean

755 dynamic term calculated based on 3D ocean advection. (b) Same as (a) except

756 for the composite average between E3 and E2 and between E5 and E4.



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759 Fig. 8 Horizontal distributions of difference fields averaged between E2 and E1 and

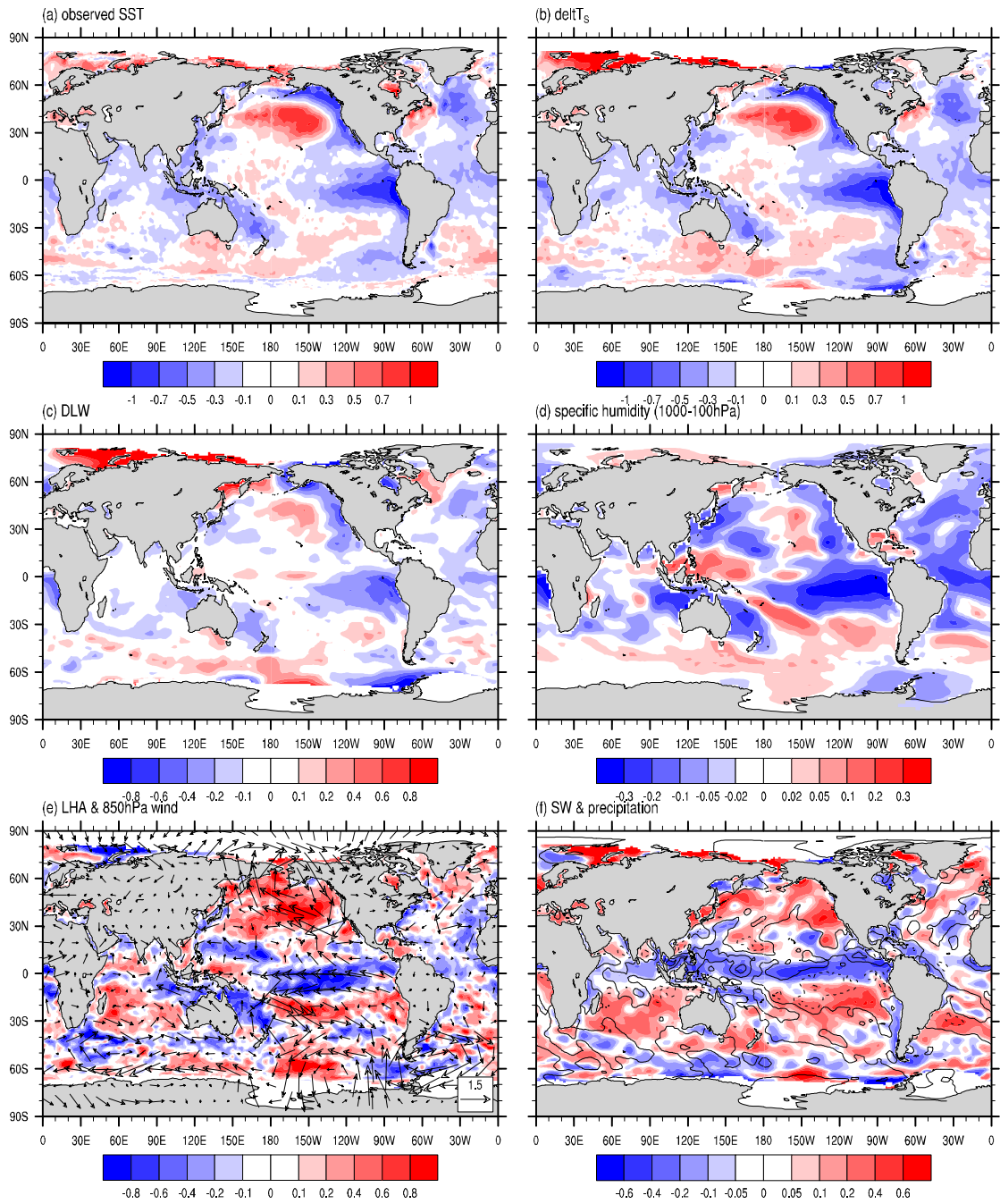
760 between E4 and E3 of (a) observed and (b) diagnosed SST ($^{\circ}\text{C}$), (c) downward

761 longwave radiation term ($^{\circ}\text{C}$), (d) column integrated (1000-100hPa) specific

762 humidity (%), (e) wind induced latent heat flux term ($^{\circ}\text{C}$) and 850hPa wind (m/s),

763 (f) net shortwave radiation term ($^{\circ}\text{C}$, shaded) and precipitation ($\text{kg}/\text{m}^2/\text{day}$,

764 contour, with solid lines representing positive values). All heat flux terms above
765 are calculated based on the right hand side of equation (3) and have a unit of °C.
766



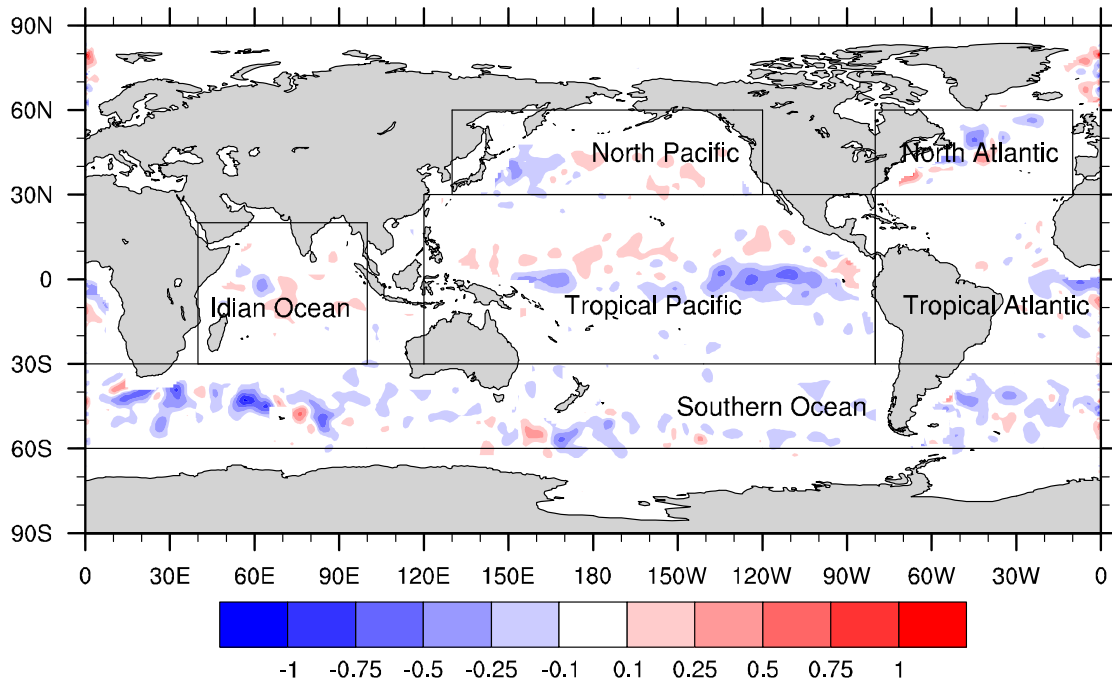
767

768

769 Fig. 9 Same as Fig. 8 except for the composite difference between E3 and E2 and

770 between E5 and E4 during the cooling phases.

771



772

773 Fig. 10 Same as Fig. 9 except for the difference of the three dimensional ocean

774 advection term ($^{\circ}\text{C}$).

775