

1 Retention of alluvial sediment in the tidal delta of a river draining a small, mountainous coastal  
2 watershed

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20 **ABSTRACT**

21 Small mountainous coastal watersheds are thought to be responsible for transporting  
22 disproportionately large volumes of sediment to the global ocean. In comparison with low-relief  
23 passive margin rivers, their geologic setting is associated with high rates of sediment production,  
24 high peak flows due to uniformity in runoff lag-times, and limited floodplain development.  
25 However, mountainous watersheds are often associated with estuarine deltas, and because the  
26 stream gauges used to calculate water and sediment fluxes tend to be located above the head of  
27 tides, the relative magnitude of sediment discharged to the ocean vs. retained in deltas is  
28 uncertain. The aim of this study was to determine the estuarine trap efficiency for the Salinas  
29 River in central California (USA), a watershed known both for its extremely high rate of  
30 sediment production and its extensive lowland delta, thereby helping to resolve the role of  
31 estuarine deltas in ocean sediment discharge. Sediment retention rates were calculated for the  
32 Late Holocene, using soil maps to estimate the areal extent of the delta prior to land reclamation,  
33 and radionuclide, pollen, pollution, and flood chronologies in concert with sediment bulk density  
34 measurements to constrain deposition rates. Results suggest that less than 1% of the sediment  
35 delivered to the coastal zone by the river was retained in the estuarine delta. Deposition rates  
36 distant from distributary channels matched long-term rates of sea level rise, suggesting that the  
37 formation of accommodation space acted as a primary control on sediment accretion. However,  
38 along tidal-fluvial distributary channels, accretion rates were much greater, and discrete flood  
39 layers were present, suggesting that accretion along distributaries was driven by flood events. In  
40 addition, long-term variability in sediment accretion rates broadly matched other records of  
41 alluvial flooding in central and southern California, suggesting that high precipitation intervals  
42 leave an imprint – although subtle – in the sedimentary record of estuaries. By documenting high

43 sediment discharge to the ocean (99% of fluvial load), this study highlights the importance of  
44 small mountainous watersheds in global oceanic sediment transport, and further emphasizes the  
45 joint roles of accommodation space formation and sediment supply in controlling rates of  
46 estuarine sediment accretion.

47

48 **KEYWORDS**

49 hydrology; watershed; sediment yield; Holocene; tectonic; sand

50 **1. INTRODUCTION**

51 Relative to their area, small ( $\leq 10^4$  km<sup>2</sup>) mountainous coastal watersheds are responsible for  
52 transporting a disproportionately large quantity of sediment to the ocean (Milliman and Syvitski,  
53 1992). Steep slopes associated with active-margin plate tectonics are associated with greater  
54 rates of sediment production, erosion and stream power (Pazzaglia et al., 1998). In contrast with  
55 larger basins, smaller, steeper watersheds tend to have greater uniformity in river runoff time  
56 lags, flashy flow peaks (Meybeck et al., 2003), and less area in which to store sediment carried  
57 by high discharge events (Farnsworth and Milliman, 2003). Consequently, the U.S. Pacific coast,  
58 and California in particular, is responsible for transmitting large volumes of sediment to the  
59 coastal zone during episodic events (Inman and Jenkins, 1999). Of the largest daily sediment  
60 loads recorded for U.S. rivers, 22 of 25 are shared among three California coastal basins: the Eel,  
61 Salinas, and Santa Clara (Farnsworth and Milliman, 2003). Sharply rising and falling  
62 hydrographs follow rainfall events, as stormwater is rapidly routed through mountainous  
63 watersheds (Wheatcroft et al., 2010). In addition, coastal California also experiences other  
64 episodic events, such as wildfires, earthquakes, landslides, atmospheric rivers, and ENSO-driven  
65 weather, which may enhance sediment yields, or exacerbate peak flows (DWR, 2009; Finnegan  
66 and Balco, 2013). Given the episodic nature of large winter streamflow events and the high  
67 sediment yield of its steep coastal basins, hyperpycnal flows can develop in the coastal ocean at  
68 river mouths (Warrick et al., 2008). These hyperpycnal flows carry sediment away from littoral  
69 cells and into offshore basins (Warrick and Milliman, 2003).

70

71 This process of sediment export from California coastal watersheds, where extreme events result  
72 in direct sediment delivery to the continental shelf, slope, or submarine canyons, stands in strong

73 contrast to coastal sediment transport in passive margin rivers, where floodplains, estuaries,  
74 deltas and coastal wetlands operate efficiently at almost completely capturing fluvial sediment  
75 (Marcus and Kearney, 1991; Meade, 1982; Noe and Hupp, 2009). In fact, in many Atlantic  
76 estuaries sediment transport is landward (Benninger and Wells, 1993; Donnague et al., 1989).  
77 However, impounding barrier beaches found on the Pacific coast of North America comprise a  
78 significant obstruction to seaward sediment transport, and studies have suggested that coastal  
79 estuaries in California may trap a significant portion of sediments eroded from their watersheds.  
80 At the Tijuana River Estuary, flood deposits as thick as 8-cm were found in coastal marsh 2 km  
81 north of the river channel in response to a ten-year flood event (Cahoon et al., 1996). Analysis of  
82 repeat bathymetric surveys, sediment composition, and soil erosion suggest that Tomales Bay  
83 traps 95% or more of fluvial sediment delivered from its drainage basin (Rooney and Smith,  
84 1999). At Estero Punta Banda in northern Baja California, historic aerial photography coupled  
85 with bathymetric surveys and sediment load analysis suggest estuarine trapping efficiency of  
86 nearly 100% following a series of heavy rainfall years (Ortiz et al., 2003), with subsequent  
87 stabilization of sediment deposits by vegetation (Watson and Hinojosa Corona, 2017). At Morro  
88 Bay, analysis of repeat bathymetric surveys, sediment deposition, and flow events suggest that  
89 the Bay traps 100% of fluvial sediment ( $\sim 10^5$  t yr<sup>-1</sup>) in addition to  $10^5$  t yr<sup>-1</sup> of littoral sediment  
90 (Thompson et al., 2002). Overall, these studies suggest that in some Californian estuaries,  
91 trapping of fluvial sediment may be significant, reducing or completely eliminating oceanic  
92 discharge.

93

94 The goal of this study was to better understand the fate of sediment eroded from small,  
95 tectonically active watersheds by estimating the proportion of sediment retained by the historic

96 tidal delta and floodplain for the Salinas River, on California's central coast, during the Late  
97 Holocene. This watershed comprises an ideal case study due to its lengthy monitoring record,  
98 which is necessary for estimating mean sediment fluxes from highly episodic watersheds  
99 (Farnsworth and Milliman, 2003; Inman and Jenkins, 1999), and its abundance of lowland  
100 wetlands which record fluvial discharge (Gray et al., 2018). A reconstruction of historic estuarine  
101 spatial extent was coupled with analysis of chronologically-constrained sediment deposits to  
102 estimate the mass of sediment deposited in the tidal delta of the Salinas River, relative to  
103 estimates of sediment discharge from rating-curve analysis. Textural gradients were used to infer  
104 sediment transport vectors, while elemental composition was used to compare sediment  
105 provenance across the delta. In addition, this study addresses societal concerns: sediment is both  
106 an aquatic ecosystem stressor and necessary for beach and coastal wetland sustainability for  
107 California's central coast. Better knowledge of sediment transport pathways contributes to the  
108 development of sustainable sediment management practices.

109

## 110 **2. STUDY AREA**

111 The Salinas basin is the largest of the Californian central coast watersheds, comprising  $10^4$  km<sup>2</sup>  
112 (Carter and Resh, 2005) (Fig. 1). Topography in the basin consists of steeply sloped uplands in  
113 the Santa Lucia and Gabilan ranges, with peaks reaching upwards of 1500 m, converging to a  
114 gently inclined fertile valley bordered by sloping terraces and alluvial fans. Flow on the Salinas  
115 measured just upstream of potential tidal influence ranges from  $0$  m<sup>3</sup> s<sup>-1</sup> during the late summer  
116 dry season to  $3000$  m<sup>3</sup> s<sup>-1</sup> during floods; the climate is dry summer subtropical with rainfall and  
117 runoff events concentrated in the November through March period. Transmission losses indicate

118 substantial groundwater recharge through permeable Salinas River bed sediments (Planert and  
119 Williams, 1995).

120

121 Historically, the Salinas River shared a perennial common outlet to the ocean with a series of  
122 estuarine sloughs in central Monterey Bay, near the head of the Monterey Submarine Canyon  
123 (Hermann, 1879; Johnson and Rodgers, 1854) (Fig. 2). The Monterey Submarine Canyon is one  
124 the largest on the Pacific coastal of North America, extends to at least 90 km offshore and to a  
125 depth of over 3km (Smith et al., 2005). Sediment that accumulates near the canyon is actively  
126 discharged to the abyssal plain via turbidity flows, mass wasting, landslides, and a form of bed  
127 load transport termed sandwave migration (Xu et al., 2008). In addition to this dynamic but  
128 usually perennial oceanic outlet, outlets formed episodically at two known locations to the south,  
129 where low points in fronting sand dunes occur (Fig. 2). Today, the Salinas River is managed to  
130 discharge directly to the ocean during floods (employing manual breaches), rather than being  
131 allowed to flow northward through its former distributaries. While the tide range at the former  
132 inlet is thought to be somewhat larger than it was historically due to the dredging of a deepwater  
133 harbor (Van Dyke and Wasson 2005), water control structures restrict tidal exchange across  
134 much of the former lower Salinas delta. Flow is managed to prevent flooding of valuable  
135 agricultural land, and much of the former aquatic habitats have been reclaimed for agriculture or  
136 grazing.

137

### 138 **3. MATERIALS AND METHODS**

#### 139 3.1 Core retrieval and processing

140 Sediment cores were collected from seven sites located throughout the historic Salinas River

141 delta, and one core was collected from a former ox-bow of the Arroyo Seco River, the largest  
142 undammed tributary of the Salinas River, now uplifted and partially impounded by landslides  
143 (Fig. 1) (Table 1). Sediment cores were split length-wise, described, and profiled using non-  
144 destructive techniques, including x-radiography and magnetic susceptibility. Cores were stored  
145 prior to analysis at 4° C, and sub-sampled at one to five-cm intervals for elemental analysis,  
146 particle size distribution, bulk density, and organic content.

147

148 Sediment accretion rates were determined using pollen, pollution, flood-deposit and radio-  
149 isotope chronologies. Near-surface sediments were analyzed for <sup>137</sup>Cs activity using a Canberra  
150 GL2020RS low energy germanium planar gamma spectrometer; the deepest horizon with  
151 detectable radiocesium was assigned a date of 1954 and peak values a date of 1963 (Foster and  
152 Walling, 1994). Seeds and rhizomes of wetland plants were dated using AMS <sup>14</sup>C dating after  
153 pre-treatment using a standard acid-base-acid method. Radiocarbon ages were corrected for  $\delta^{13}\text{C}$   
154 content, and calibrated using CALIB (ver. 7.1; Reimer et al., 2013; Stuvier et al., 2018) (Table  
155 2). For the Arroyo Seco core, two additional <sup>14</sup>C dates from previously dated cores at the site  
156 aided in chronology development (Hiner et al. 2016). There was no concern about old <sup>14</sup>C  
157 derived from marine upwelling being incorporated into macrophyte material, as the wetland  
158 macrophytes are only periodically flooded and draw carbon dioxide from the atmosphere, as  
159 reflected in their  $\delta^{13}\text{C}$  values (Watson et al. 2004), which are significantly lower than those  
160 found in algae and seagrasses, which do assimilate DIC (Simenstad and Wissmar 1985). Historic  
161 peaks in sediment lead concentration were assigned a date of 1974, coincident with the  
162 beginning of the phase-out of leaded gasoline (Finney and Huh, 1989). Brassicaceae pollen and  
163 *Sporormiella* fungal spores were used as isochronological markers for Moro Cojo slough where



164 transitions from natural lands to pasture and from sugar beets to Brussels sprouts and broccoli  
165 recorded in agricultural census reports were clearly reflected in the palynomorph spectra.  
166 Sediments were processed for pollen and spores using standard methods (Faegri and Iverson,  
167 1975); identification was made on a Nikon Eclipse E200 microscope, at 400 times magnification  
168 with reference to published pollen atlases (Kapp et al., 2000; McAndrews et al., 1973; Moore et  
169 al., 1991). Flood deposits on the active Salinas River were assigned ages based on known events  
170 (Gray et al., 2018). Age models were constructed using the radiocarbon dates and other  
171 isochronological markers (Fig. 3; Table 2; Supplemental Material) implementing a Bayesian  
172 Markov chain Monte Carlo approach using the R package BACON (Blaauw and Christen, 2011).  
173  
174 To measure particle size distribution, sediments were treated over several hours with multiple  
175 aliquots of heated hydrogen peroxide to remove fine and coarse organic particles, dispersed with  
176 a 5% solution of sodium hexametaphosphate (Gray et al., 2010), and introduced into a Beckman  
177 Coulter LS-230 laser diffraction granulometer with polarization differential intensity of scattered  
178 light (PIDS) for resolution to 0.045  $\mu\text{m}$ . Sediments were analyzed for bulk density by drying a  
179 known volume of sediment to constant weight at 105°C, and for organic content by ashing for  
180 four hours at 550°C using loss on ignition (LOI), in both cases with the final cooling ramp  
181 conducted in a vacuum desiccator (Heiri et al., 2002).  
182  
183 Elemental concentrations were measured using inductively coupled plasma atomic emission  
184 spectroscopy (ICP-AES). Sediments were air-dried, ground to a fine powder, and pre-treated by  
185 four acid (hydrochloric, nitric, perchloric, and hydrofluoric) near-total digestion. After leaching,  
186 sample solutions were analyzed to obtain the concentrations of 33 elements; nine elements were

187 routinely below detection limits and not used in data analysis. Elemental data were normalized to  
188 100% on a LOI-free basis. A standard reference material was used to determine dissolution  
189 efficiency and accuracy of bulk elemental measurements (Supplemental Material). Potential  
190 diagenetic remobilization was assessed using downcore trends for iron and manganese, which are  
191 soluble under reducing conditions but re-precipitate under oxic-suboxic conditions (Singh and  
192 Nakak, 2009).

193

### 194 3.2 Data analysis

195 Because the Salinas delta integrated sediment sources from several sub-watersheds, elemental  
196 compositions were used to estimate the proportional contribution of Salinas sediment. Prior to  
197 analysis, values were adjusted for the influence of grain size and organic content by regressing  
198 the inclusive graphic mean (Folk, 1974) (or LOI) against elemental concentrations; where  
199 relationships were significant and a minimum threshold of variance explanation was exceeded  
200 ( $r^2 > \sim 0.10$ ), predicted concentrations modeled by the regression equation were subtracted from  
201 LOI-free elemental concentrations. To assess separation between sites, geochemical data was  
202 collapsed to five significant principal components. An index (Renkonen, 1938) previously  
203 applied to assess geochemical similarity (Battin et al., 2004) was calculated to describe spatial  
204 and temporal geochemical similarity between sub-estuaries and the Salinas lagoon. The  
205 Renkonen index was calculated as:

$$PS = \sum_l^i \min(p_{1,i}, p_{r,i})$$

206 where  $PS$  was percentage similarity,  $p_{l,i}$  was the sample concentration for element  $i$ , and  $p_{r,i}$  the  
207 reference concentration for element  $i$ . Percentage similarity ranged from 0 to 1, where 0

208 indicated no similarity, and unity indicates identical concentrations. Here, we calculated  $p_r$  from  
209 contemporary Salinas Lagoon sediments to compare sediment geochemistry from sub-estuaries,  
210 where sediment is derived from mixed sources. Two separate analyses were completed: one  
211 where elemental composition varied with abundance, and a second conducted on z-scores to  
212 downplay the contribution of more common elements.

213

214 Direction of sediment transport through the historic Salinas delta was investigated by  
215 implementing a simple (i.e., non-gridded) sediment trend analysis. Sediment particle size  
216 distribution data was used to map mean sediment size, and skew (Folk, 1974). Sediment particle  
217 size distributions were used to infer sediment transfer functions and transport direction, as  
218 transport and modeling studies describe sediments transported downstream as finer and more  
219 negatively skewed than source material and lag deposits (MacLaren, 1981; MacLaren and  
220 Bowles, 1985).

221

### 222 3.3 Geospatial Analysis

223 To calculate the mid-nineteenth century extent of the tidal delta of Salinas River, U.S. Coastal  
224 Survey charts (Johnson and Rodgers, 1854), Geological Survey (USGS 1912; 1913; 1914; 1917),  
225 and water resource maps (Cox, 1877; Hare 1898; Hare, 1916; Lapham and Heileman, 1901)  
226 were overlaid with contemporary data layers including elevation, National Wetlands Inventory,  
227 and the USDA National Resources Conservation Service Soil Survey Geographic Database  
228 (SSURGO) in ArcGIS version 10 (ESRI, Redlands, CA, USA). Newspaper accounts, shipping  
229 records, and survey notes were used to reconstruct the extent of tidal exchange (e.g. Castroville  
230 Argus, 1870; Crespi, 1769 in Brown, 2002; Daily Alta California, 1861; Davidson, 1889;

231 Foreman, 1867; Hermann, 1879). Historic sediment deposition in the Salinas River estuarine  
232 delta (in metric  $t\ yr^{-1}$ ) was calculated as the product of the historic tidal delta extent, spatially  
233 averaged deposition rates and sediment bulk density values. To estimate sediment mass  
234 accumulation rates for sediments originating from the Salinas basin, spatially averaged similarity  
235 indices were multiplied by deposition weights. These values were then compared to published  
236 load values for the Salinas basin, adjusted for dam-trapped sediment.

237

## 238 **4. RESULTS**

### 239 4.1 Sediment Deposition Rates and Patterns

240 Chronologic control provided by  $^{14}C$  and  $^{137}Cs$  dates interpreted in concert with sediment lead  
241 concentrations, pollen analysis, and sediment density data were used to infer mean accretion  
242 rates that decreased down the watershed (Fig. 4; 5). Accretion values decreased from  $0.30\ cm\ yr^{-1}$   
243  $^1$  at Arroyo Seco, to  $0.29\ cm\ yr^{-1}$  at the Salinas Lagoon,  $0.12\ cm\ yr^{-1}$  at Tembladero Slough, and  
244  $0.16\ cm\ yr^{-1}$  at the Harbor. This is equivalent to  $3.2\ kg\ m^{-2}\ yr^{-1}$  of mineral (non-organic) sediment  
245 deposition at Arroyo Seco,  $3.3\ kg\ m^{-2}\ yr^{-1}$  at the Salinas Lagoon,  $1.4\ kg\ m^{-2}\ yr^{-1}$  at Tembladero  
246 Slough, and  $2.0\ kg\ m^{-2}\ yr^{-1}$  at the Harbor. Sediment accretion rates were similar and much lower  
247 along the estuarine sloughs:  $0.083\ cm\ yr^{-1}$  at Lower Moro Cojo Slough,  $0.084\ cm\ yr^{-1}$  at Upper  
248 Moro Cojo Slough,  $0.093\ cm\ yr^{-1}$  at Yampah, and  $0.083\ cm\ yr^{-1}$  at Azevedo. These vertical  
249 accretion rates were equivalent to  $0.78\ kg\ m^{-2}\ yr^{-1}$  at Lower Moro Cojo Slough,  $0.68\ kg\ m^{-2}\ yr^{-1}$   
250 at Upper Moro Cojo Slough,  $0.54\ kg\ m^{-2}\ yr^{-1}$  at Yampah, and  $0.36\ kg\ m^{-2}\ yr^{-1}$  at Azevedo.  
251 Higher accumulation rates were found for younger records, for higher energy environments, and  
252 declined through the delta with distance from the Salinas River distributaries.

253

254 For records that possessed well-defined, pre-historic and recent intervals (Tembladero, Moro  
255 Cojo, and Elkhorn Slough), some post-settlement rates of sediment accumulation (in  $\text{cm yr}^{-1}$ )  
256 were found to be higher than pre-settlement (Yampah and Tembladero Sloughs), while some  
257 were not (Moro Cojo Slough and Azevedo). Autocompaction was not a factor, as surface  
258 deposits were not less dense nor more porous than deeper sediment deposits.

259

260 With respect to the longer-term history of sediment deposition, some degree of concordance was  
261 found between sub-estuaries: deposition rates were found to be somewhat higher than average  
262 during the early part of the record (apart from an interval from 5000 to 4500 cal. yr. B.P.),  
263 declining to lower values centered on or around the interval 2500 to 1500 cal. yr. B.P., and  
264 increasing during the Little Ice Age (LIA) and through European-American settlement (Figs. 4-  
265 6). A longer-term history of sediment deposition was produced for the broader Salinas River  
266 Estuary from cores that record Late- Holocene deposition rates by binning each 500 yr  
267 increment, and standardizing by subtracting core-specific mean values, dividing by core-specific  
268 standard deviation values, and summing residuals (Fig. 6a). This record of sediment deposition  
269 reflects other paleoprecipitation indicators, including those reconstructed from interpretation of  
270 sediments from central California, including south San Francisco Bay (Watson and Byrne 2013),  
271 at Abbott Lake, which we also cored as part of this study (Hiner et al. 2016), and nearby Zaca  
272 Lake (Kirby et al., 2014), as well as records from southern California, including the Mojave  
273 playas (Miller et al., 2010), San Joaquin Marsh (Davis 2002), Lake Elsinore; Kirby et al. 2010,  
274 Lower Bear Lake; Kirby et al. 2012) (Fig. 6b). We found higher rates of estuarine sediment  
275 deposition during intervals reconstructed as wetter through other proxies, from the 5-3,000 cal.  
276 yr. B.P. and during the LIA, and lower rates of sediment mass accumulation during periods

277 reconstructed as drier, such as the Medieval Climate Anomaly, and the Late Holocene dry period  
278 (2,700-2,000 cal. yr. B.P; Dingemans et al. 2014).

279

#### 280 4.2 Sediment composition

281 Analysis of sediment texture showed that sediment grain size decreased downstream from the  
282 Salinas Lagoon and through its sub-estuaries, from a composition of about half sand and half  
283 fines in the Lagoon proper, to about 25% sand and 75% silt and clay at the junction with  
284 Tembladero Slough and in the Harbor, and 99-100% fines at Moro Cojo and Elkhorn Slough  
285 (Fig. 7). There was more variability between samples for the Salinas Lagoon, Tembladero  
286 Slough, and Harbor, suggesting event-based deposition for these locations (Gray et al., 2018)  
287 (Supplemental Material). Between-sample variability was low for the estuarine wetlands that  
288 were more distant from the Salinas mainstem. Plots of average sediment grain size distribution  
289 from lagoon and sub-estuary cores strongly suggest a common source of sediment, with locations  
290 downstream of the Salinas River proper receiving finer, better sorted, and more negatively  
291 skewed sediment populations (Fig. 7). Because transport and modeling studies describe  
292 sediments in transit as finer and more negatively (fine) skewed than source material and lag  
293 deposits (MacLaren, 1981; MacLaren and Bowles, 1985), these observations suggest that  
294 sediment transport direction is from the Salinas Lagoon to Tembladero Slough to the Harbor, and  
295 from there jointly to the upper estuaries. (Fig. 7).

296

297 The elements sodium and lead were removed from the PCA due to low individual Kaiser-Meyer-  
298 Olkin (KMO) scores (<0.45); Bartlett's test of sphericity was statistically significant ( $p < 0.0001$ )  
299 indicating that the data was factorizable. PCA revealed five components that had eigenvalues

300 greater than one and which explained 29.6%, 17.7%, 12.1%, 9.7%, and 7.0% of the variance  
301 respectively. Scatterplots of PCA scores did not reveal significant separation in sediment  
302 composition between coring sites (Supplemental Material). Most elements had significant  
303 relationship with more than one axis (Supplemental Material). After adjusting for the effects of  
304 grain size, and sediment organic content, we found that average geochemical similarity to the  
305 Salinas River Lagoon sediments was  $90\pm 6.6\%$  (mean  $\pm$  standard deviation) for Tembladero  
306 Slough,  $96\pm 2.2\%$  for Lower Moro Cojo Slough,  $95\pm 5.5\%$  for Upper Moro Cojo Slough,  
307  $83\pm 8.0\%$  for Lower Elkhorn Slough,  $87\pm 5.8\%$  for Upper Elkhorn Slough. Geochemical  
308 similarity between the Arroyo Seco sediments and Salinas Lagoon sediments was  $90\pm 5.4\%$ .  
309 Patterns of geochemical similarity were comparable for raw and standardized values ( $r^2=0.83$ ).  
310 These results suggest that the lithogenic sediments deposited in the northerly estuaries were  
311 derived primarily from the Salinas River watershed. Rates of elemental recovery were excellent  
312 and down-core trends in redox sensitive metals suggest elemental mobility only for the Arroyo  
313 Seco core (Supplemental Material).

314

#### 315 4.3 Geospatial analysis

316 Potential estuarine extent was mapped from historic data sources and compared with  
317 contemporary geospatial data. Good correspondence was found between estuarine extent from  
318 historic maps and an elevation contour of  $<3$  m NAVD88 (80% of the areas coincide) apart from  
319 present-day agricultural areas that have been graded (3% of the areas). Better correspondence  
320 (95%) was found between historic estuarine extent and the Monterey County Soil Survey soil  
321 types Alviso silty clay loam, rindge muck, water, and marine-water. Alviso soils are mineral  
322 soils formed by alluvium from primarily sedimentary rock, found in level basins and tidal flats

323 flushed by sea water and varying remains and alluvium in low-slope geographic settings such  
324 marshes, sloughs, river channels, and deltas (Soil Service Staff 2015). Jointly, these soil types  
325 are suggestive of estuarine conditions. Calculating estuarine areal extent based on soil types  
326 listed above produced an estimate of 2,190 hectares (21,900,000 m<sup>2</sup>).

327

328 We estimated a mean annual mass accumulation rate as the product of spatially averaged local  
329 deposition rates and lithogenic sediment density derived from mean core data to produce a yearly  
330 average deposition flux of  $10^3 - 10^4$  tons of non-organic sediment deposition per year (4,500 t a<sup>-1</sup>  
331 for the Elkhorn Slough, 3,300 t a<sup>-1</sup> for the Moro Cojo Slough, and 8,800 t a<sup>-1</sup> for Tembladero  
332 Slough and the lower Salinas River). In comparison, published estimates for average suspended  
333 Salinas River loads sum to  $10^6$  tons yr<sup>-1</sup> (Farnsworth and Milliman 2003; Gray et al., 2015;  
334 Inman and Jenkins 1999) or as much as  $10^7$  tons yr<sup>-1</sup> when adjusted for reservoir trapping (Willis  
335 and Griggs, 2003) and the potential impact of infrequent seismic events. This analysis suggests  
336 that a maximum of 1%, or less, of the river load was ultimately deposited in the tidal delta.

337

## 338 **5. DISCUSSION**

339 Over the last 5,000 years, a minor percentage of Salinas basin sediment was retained by the  
340 historic delta and estuary. On average, this mass summed to less than  $10^4$  tons yr<sup>-1</sup>, and was very  
341 likely delivered in an intermittent fashion, resulting from the highly episodic event-based nature  
342 of fluvial discharge along the Californian central coast (Inman and Jenkins, 1999). Based on  
343 suspended sediment flux rates established from contemporary event monitoring, this suggests  
344 that for the Late Holocene, the estimated trap efficiency of the historic estuary and delta was on  
345 the order of 1%, or less. While we were unable to completely constrain uncertainty in the



346 contribution of Salinas River sediment vs. local sediment sources in estuarine accumulation,  
347 differences in proportions of sediment would not change the conclusions of the study (high  
348 bypass rates), and grain size profiles suggest northerly transport of sediment (Fig. 7). Sediment  
349 trapping efficiency was probably much greater during the early Holocene. Studies of that period  
350 suggest rapid sea level rise flooded the Pajaro and Salinas River valleys, which were deeply  
351 entrenched into their alluvial plains during the Pleistocene sea level low stand (Chin et al., 1988),  
352 creating extensive estuaries (Dupré, 1975; Masters and Aiello, 2007). We interpret the trap  
353 efficiency of the Salinas delta as similar to that described for other incised-valley fill systems.  
354 High rates of estuarine sediment trapping likely occurred during sea level transgression, followed  
355 by high rates of by-pass for the Late Holocene, as in-filled basins have converted to floodplains,  
356 and channels have shoaled (Roy, 1994).

357  
358 Although the amount of sediment trapped by the estuary was found to be low relative to the  
359 overall load, there were some spatial and temporal variations in sediment accumulation rates.  
360 While rates of sediment accretion, especially longer-term records, largely matched that of sea  
361 level rise (Fig. 7), variability in sediment accumulation rates appeared in phase with pluvial  
362 episodes reconstructed using lake level and run-off proxies across central and southern California  
363 (Fig. 6). While it is not clear that flood-derived sedimentation increased the overall trapping  
364 efficiency of the system to a measurable degree, by considering all of the sedimentation records  
365 jointly, we did find subtle evidence that climate variability left an imprint on the sedimentation  
366 record. And in addition to temporal variation, there were also spatial variations in aggradation.  
367 Accumulation rates adjacent to tidal-fluvial channels were up to an order of magnitude greater  
368 than they were more distant from tidal-fluvial channels. However, these high aggradation rates

369 adjacent to distributary channels likely also contribute to the regular avulsion of these tidal-  
370 fluvial channels between active and abandoned (or semi-abandoned) distributaries, which has  
371 been observed during historic times for both the Salinas and other estuarine deltas in California  
372 (Watson et al., 2011; Gray et al., 2016b; Gray et al., 2018). Overall, our analysis of sediment  
373 accumulation rates argues that while the formation of accommodation space resulting from sea  
374 level rise acts as a primary control on estuarine deposition, climate variability, and channel  
375 avulsion also play roles in sediment accumulation in deltaic estuaries that drain steep  
376 mountainous watersheds on active margins.

377

378 This study somewhat contradicts contemporary research that documents high sediment trapping  
379 rates for California estuaries (Cahoon et al., 1996; Ortiz et al., 2003; Rooney and Smith, 1999).  
380 Because these past studies have focused on deposition at the scale of individual events to  
381 decades, they may be subject to bias associated with the observed inverse relationship between  
382 accumulation rates and measurement interval (Sadler, 1991), where short term rates reflect gross  
383 rather than net deposition (e.g. Van Maldegem et al., 1993). Alternatively, anthropogenic  
384 modifications to either watershed landuse or estuarine circulation (e.g., inlet stabilization,  
385 dredging) may overprint natural controls on sediment transport pathways and processes, and  
386 interactions with base level changes associated with glacial-interglacial cycles.

387

388 Our study found that over millennia (the Late Holocene), the Salinas River estuarine delta has  
389 retained only a small fraction of sediment eroded from its watershed. Where then does Salinas  
390 basin sediments go? Studies of seismic profiles and surface sediment texture along the Monterey  
391 shelf in the vicinity of the Salinas River, and onshore geologic studies have resulted in two

392 separate schools of thought regarding shelf deposition: (1) that the Salinas River has discharged  
393 sediment to the Monterey Shelf south of the Monterey Canyon during the Holocene, and (2) that  
394 much of the Salinas River sediment is discharged to the Monterey Canyon system or transported  
395 off-shelf. Dupré proposed that the Monterey shelf has received little Holocene sediment, based  
396 on the large volume of valley fills for the Pajaro River, Elkhorn Slough, and Salinas Rivers  
397 (Dupré, 1975; 1984). And while oceanographic studies have found veneers of surface sediment  
398 on the Monterey shelf, and surface grain size profiles indicative of a Salinas River source for this  
399 sediment (Chin et al., 1988), because these sediments overlay an unconformity, which appears to  
400 be a Sangamon wave-cut platform, most have concluded that these sediments may date to the  
401 previous interglacial (126-110k yrs. B.P.; Shackleton et al., 2003) . More recent studies also  
402 report that during large events, half of the suspended load is ultimately deposited in the Monterey  
403 Canyon system (Johnson et al., 2001). Thus, most studies thus suggest that the majority of the  
404 sediment currently eroded from the Salinas watershed is ultimately routed into the submarine  
405 canyon system and/or dispersed off-shelf, and thus deposited below sea level low stands.

406

407 Global sediment flux surveys suggest that small mountainous watersheds in tectonically active  
408 regions account for a disproportionate share of sediment to the global ocean, in contrast with  
409 passive margins, where 95% of sediment is retained on alluvial planes, in wetlands and in  
410 estuaries (Meade, 1982). The example presented here provides strong evidence for high rates of  
411 oceanic discharge, at least during the slow rate of sea level rise found during the late Holocene.  
412 We have constrained that a relatively small portion of overall sediment flux was deposited within  
413 the historic estuary, with presumably large fluxes lost to the Monterey Canyon (Johnson et al.,

414 2001; Smith et al., 2007). This hypothesis could be further tested by quantifying sediment fluxes  
415 from the Salinas River from the Monterey submarine channel system or overflow levees.

416

417 However, with respect to the ecologically valuable estuarine intertidal habitats supported by the  
418 historic Salinas River delta, a sediment accretion rate of up to  $10^4$  tons  $\text{yr}^{-1}$  was able to fill the  
419 accommodation space formed by Late Holocene rates of sea level rise ( $1.3 \pm 0.19$  mm  $\text{a}^{-1}$ ; during  
420 the Late Holocene and  $1.49 \pm 0.95$  mm  $\text{a}^{-1}$  over the last four decades; Reynolds and Simms,  
421 2015). The disruption of natural sediment transport patterns, caused by disconnecting the Salinas  
422 River with its northerly distributary in the early 1900s, has coincided with an era of coastal  
423 wetland erosion and drowning (Van Dyke and Wasson, 2005), and thus probably contributed to  
424 negative ecological impacts at its estuarine sloughs. Although agricultural intensification has  
425 enhanced sediment delivery to the estuary (Byrd et al., 2004), the material eroded (sandy loams)  
426 lacks the cohesion of mud, and appears to not be playing a large role in wetland sediment  
427 accretion (Watson et al., 2011) and may be a decreasing sediment source with changing  
428 agricultural operations (Gray et al., 2016a). As reconnecting the Salinas River with its historic  
429 delta may not be practical due economic issues with flooding valuable agricultural lands, it may  
430 thus be necessary to envision other ways of meeting the sediment demand required for coastal  
431 wetland accretion during an era of enhanced sea level rise.

432

### 433 **ACKNOWLEDGEMENTS**

434 This research was funded by the National Science Foundation [award number 0628385]; and by  
435 an award to the Elkhorn Slough National Estuarine Research Reserve [CICEET Award 10-023]  
436 via a UNH-NOAA Cooperative Agreement [NA06NOS4190167]. A.G. and G.P. were supported

437 in part by the USDA National Institute of Food and Agriculture, Hatch program, [CA-R-ENS-  
438 5120-H, CA-D-LAW-7034-H]. Any opinions, findings and conclusions or recommendations  
439 expressed in this material are those of the authors and do not necessarily reflect the views of the  
440 National Science Foundation or the USDA. We thank Peter Barnes, Sarah Greve (dec.), Duyen  
441 Ho, Scott Morford, Larissa Salaki, and staff of the Elkhorn Slough NERR for laboratory, field,  
442 and logistical support, and two anonymous reviewers whose comments greatly improved the  
443 manuscript.

444

#### 445 **CONTRIBUTORS**

446 E.W., A.G., A.W., and G.P. collected the sediment cores, E.W. and A.G. analyzed the sediment  
447 cores, A.W. compiled and analyzed the historic maps and newspaper accounts, and  
448 georeferenced historic maps. E.W. took the lead in writing the manuscript. All authors provided  
449 critical feedback and helped shape the research, analysis and manuscript. G.P. supervised the  
450 project. All authors have approved the final article. The sponsors [NOAA, NSF, USDA] did not  
451 have any role in the study design, data collection, analysis or interpretation of the data, or the  
452 decision to submit the article for publication.

453 **FIGURE CAPTIONS**

454 **Figure 1.** The Salinas Basin, showing Arroyo Seco and tidal delta coring sites. The displayed  
455 hydrography was reconstructed from 19<sup>th</sup> century historic maps. Alisal Creek is a distributary of  
456 the Salinas River. On the eastern side of the lower valley, natural dams created by floodplain  
457 deposits created a series of lakes. Localities mentioned in the manuscript are depicted as (1)  
458 south San Francisco Bay; (2) Abbot Lake; (3) Mojave playa lakes; (4) Zaca Lake; (5) lower Bear  
459 Lake; (6) Lake Elsinore; (7) San Joaquin Marsh, Newport Bay.

460

461 **Figure 2.** Reclamation and tide gates have altered the hydrography of the Salinas River delta.  
462 During the 19<sup>th</sup> century, the Salinas River shared an oceanic outlet with a series of estuarine  
463 sloughs, including McClusky Slough, Elkhorn Slough, Moro Cojo Slough, and Tembladero  
464 Slough. Since the early 1900s a tide gate installed to prevent flooding of agricultural lands has  
465 limited discharge from the Salinas River lagoon through its northerly outlet. The lagoon is often  
466 closed off from the ocean, but during storms, an outlet to the ocean is breached manually. The  
467 tidal restrictions and wetlands shown as tidally restricted include some areas where the tidal  
468 restriction has since been removed.

469

470 **Figure 3.** Age-depth relationship for collected cores showing the 2- $\sigma$  probability distribution for  
471 each radiocarbon date, and maximum and minimum accretion rates between each depth interval.

472

473 **Figure 4.** Cumulative sediment deposition as a function of time for eight Salinas basin and  
474 estuary sediment profiles. Sites with steeper slopes saw greater rates of sediment deposition.

475

476 **Figure 5.** Mean accumulation and sediment deposition rates across the depositional  
477 environments of the Salinas River. Grey band denotes the range of reconstructed late Holocene  
478 sea level rise rates in Monterey Bay and southern California (Reynolds and Simms 2015).

479

480 **Figure 6.** (A) Inorganic sediment accumulation rates, binned into five hundred year increments,  
481 and standardized by site; (B) mean composite rate of sediment accretion for the Salinas delta for  
482 all six cores expressed as normalized deviations from mean, compared with composite records of  
483 pluvial episodes, high run-off, or playa deposits recorded by sediment deposits from South San  
484 Francisco Bay (Watson and Byrne, 2013); Abbott Lake (Hiner et al., 2016); Zaca Lake (Kirby et  
485 al., 2014), and southern California lakes (Mojave Playas; Miller et al. 2010, Lake Elsinore; Kirby  
486 et al. 2010, Lower Bear Lake; Kirby et al. 2012). We also show the climatological relevant Late  
487 Holocene dry period (LHDP; 2700-2000 cal yr B.P.; Dingemans et al. 2014), the Medieval  
488 Climate Anomaly (1050–650 cal yr B.P.), and LIA (500-100 cal yr B.P.) (Masson-Delmotte et  
489 al. 2013). The zigzag symbol denotes the record length for Abbot and Zaca Lake.

490

491 **Figure 7.** (A) Mean particle size distribution for all cores and (B) gradients in mean sediment  
492 texture, (C) skewness, and (D) inferred transport vectors for the Salinas River delta. White  
493 represents upland, and medium gray the Pacific Ocean, with the fluvial-tidal portion of the  
494 estuary depicted in gradients for textural distributions and light gray for the transport vector map.  
495 Black circles denote coring locations.

496 **TABLES**

497

498 Table 1. Collected sediment cores

<b>Site Name</b>	<b>Retrieval</b>	<b>Location</b>	<b>Length</b>
Yampah	peat borer	36.8109°, -121.7485°	5.5 m
Azevedo	peat borer	36.8498°, -121.7581°	4.4 m
Lower Moro Cojo	vibracore	36.7988°, -121.7716°	4.2 m
Upper Moro Cojo	vibracore	36.7780°, -121.7378°	2.5 m
Tembladero	vibracore	36.7722°, -121.7885°	2.3 m
Harbor	vibracore	36.7959°, -121.7880°	2.7 m
Salinas Lagoon	vibracore	36.7376°, -121.7984°	0.5 m
Arroyo Seco	vibracore	36.2306°, -121.4804°	0.8 m

499

500



501 Table 2. AMS radiocarbon ages obtained from collected sediment cores. All radiocarbon ages were calibrated using Calib 7.1 (Stuiver  
 502 et al. 2018). Calibrated ages include two standard deviations. \* $\delta^{13}\text{C}=-25$  assumed. *Scirpus* seeds could include seeds of the genera  
 503 *Scirpus*, *Schoenoplectus* or *Bolboschoenus*  
 504  
 505

Core	Depth (cm)	Laboratory Sample #	$^{14}\text{C}$ Age $\pm \sigma$	Cal yrs B.P. min	Cal yrs B.P. median	Cal yrs B.P. max	Material dated	$\delta^{13}\text{C}$
Tembladero	112	OS-70232	215 $\pm$ 35	0	184	311	<i>Ruppia</i> seeds	-16.8‰
Tembladero	151	OS-70233	400 $\pm$ 35	319	467	515	<i>Carex</i> seeds	-25*
Tembladero	237	OS-70253	1800 $\pm$ 40	1612	1731	1856	<i>Scirpus</i> seeds	-22.0‰
Lower Moro Cojo	175	OS-70241	2510 $\pm$ 55	2381	2538	2748	<i>Scirpus</i> seeds	-23.1‰
Lower Moro Cojo	375	OS-70239	3720 $\pm$ 55	3910	4067	4236	<i>Salicornia</i> roots	-26.7‰
Lower Moro Cojo	402	Beta-243584	4270 $\pm$ 40	4655	4846	4961	<i>Ruppia</i> seeds	-13.6‰
Upper Moro Cojo	244	OS-71117	2090 $\pm$ 25	1995	2062	2129	<i>Scirpus</i> seeds	-25*
Upper Moro Cojo	309	OS-71118	3500 $\pm$ 35	3650	3773	3868	<i>Scirpus</i> seeds	-26.3‰
Upper Moro Cojo	414	OS-71142	4140 $\pm$ 20	4576	4685	4821	<i>Ruppia</i> seeds,	-16.2‰
Harbor	95	UGAMS-11115	690 $\pm$ 25	565	661	681	<i>Salicornia</i> roots	-26.7‰
Harbor	195	UGAMS-11116	800 $\pm$ 25	677	712	758	<i>Salicornia</i> roots	-24.8‰
Harbor	230	UGAMS-11117	1420 $\pm$ 25	1291	1321	1356	<i>Salicornia</i> roots	-26.5‰
Yampah	75	CAMS-132991	170 $\pm$ 35	0	177	294	<i>Salicornia</i> fragments	-25*
Yampah	180	CAMS-132992	615 $\pm$ 50	539	602	665	<i>Salicornia</i> fragments	-25*
Yampah	275	CAMS-125886	3090 $\pm$ 45	3178	3296	3391	charcoal	-25*
Yampah	370	CAMS-125885	3050 $\pm$ 40	3158	3261	3367	<i>Salicornia</i> rhizomes	-25*
Yampah	425	CAMS-132990	3650 $\pm$ 40	3867	3972	4089	<i>Ruppia</i> seeds, <i>Salicornia</i> rhizomes	-25*
Yampah	510	CAMS-125884	4055 $\pm$ 40	4424	4539	4801	<i>Salicornia</i> rhizomes	-25*
Azevedo	70	CAMS-132995	455 $\pm$ 50	323	505	621	<i>Salicornia</i> seeds	-25*
Azevedo	135	CAMS-132994	1390 $\pm$ 40	1263	1307	1375	<i>Salicornia</i> seeds	-25*
Azevedo	192	CAMS-125887	2315 $\pm$ 40	2161	2337	2456	<i>Salicornia</i> seeds	-25*

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## **HIGHLIGHTS**

- <1% of Salinas River sediments were trapped by its delta over the Late Holocene
- Away from distributary channels, sediment accumulation rates matched sea level rise
- Along tidal-fluvial distributaries, sediment deposition was driven by floods
- This high-relief coastal watershed delivers a large volume of sediment to the ocean