

1 **Ecology of age-0 arrowtooth flounder (*Atheresthes stomias*) inhabiting the Gulf of Alaska.**

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11 **ABSTRACT**

12 Age-0 arrowtooth flounder (*Atheresthes stomias*) were collected from surface waters, throughout
13 the summer months in the Gulf of Alaska. As the most abundant groundfish species in the Gulf
14 of Alaska, arrowtooth flounder are an important ecological component of this ecosystem. While
15 information is available for juvenile and adult arrowtooth flounder, and to some extent the
16 ichthyoplankton life stage and spawning processes, the late-pelagic, post-larval stage of
17 arrowtooth flounder has been the subject of fewer inquiries. This study examined the effects of
18 environmental parameters on age-0 arrowtooth flounder in the pelagic environment. Based on
19 data collected from 2010-2013, this study provided information on the abundance, distribution,
20 pelagic duration, size, growth, diet and energy content of age-0 arrowtooth flounder in the Gulf
21 of Alaska. Mean settlement to the benthos occurred at approximately 41 mm standard length,
22 which corresponded to early August. Average energy density was 20.42 ± 0.07 kJ g⁻¹ dry mass
23 and showed no change with size, although there were some interannual differences that were
24 attributed to changes in temperature and diet composition. This study helps fill critical gaps in
25 the knowledge of the early life history of arrowtooth flounder and how they respond to the
26 biophysical parameters in the Gulf of Alaska.

27 **Key words:** Arrowtooth flounder; Gulf of Alaska, Energy storage, Early life history strategy,

28 Basic early life history biology, Diet

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34 1. Introduction

35

36 Environmental conditions experienced by groundfish in their post-metamorphic pelagic
37 phase are important because they are vulnerable to predation during this stage, actively growing,
38 and acquiring energy stores needed for settlement (Hoey and McCormick, 2004) and overwinter
39 survival (Farley et al., 2014; Heintz et al., 2013; Mazur et al., 2007; Moss et al., 2009). Marine
40 fish that spawn offshore and require nearshore nursery habitats must be passively or actively
41 transported onto the shelf in order to eventually settle on suitable habitat (Vestfals et al., 2014).
42 Environmental conditions such as temperature, predator density and food availability can
43 influence their survival during transport. Identifying basic life history patterns and requirements
44 during this period is therefore an important step toward understanding how biophysical factors
45 may influence early life stage survival and ultimately recruitment. This understanding is
46 particularly important for flatfish because their transition from the pelagic larvae to benthic
47 juveniles includes a number of energetically demanding processes such as larval development,
48 growth, and eye migration (Geffen et al., 2007; Fedewa et al., 2016; Fraboulet et al., 2010). For
49 flatfish, factors such as temperature and food supply have been shown to influence growth,
50 timing of metamorphosis, and settlement (Benoît et al., 2000; Fedewa et al., 2016).

51 Understanding these processes for arrowtooth flounder (*Atheresthes stomias*) in the Gulf of
52 Alaska (GOA) is of particular value because of their ecological importance. Adult arrowtooth
53 flounder are widely distributed, extending from Northern California to the Bering Sea (Turnock
54 et al., 2003; Zimmermann and Goddard, 1996), and as of 2017 represented the greatest biomass

55 of a single groundfish species in the GOA (Mundy and Hollowed, 2005; Spies et al., 2015).
56 Although arrowtooth flounder are of limited commercial value, they are an important component
57 of the North Pacific marine ecosystem as both predators and competitors (Blood et al., 2007;
58 Hollowed et al., 2000; Yang and Nelson, 2000). Their life history, which includes offshore
59 spawning and a prolonged pelagic life stage (Doyle and Mier, 2015), exposes them to variability
60 in the pelagic environment. Arrowtooth flounder reproduce along the shelf break at depths
61 greater than 400 m during the winter months in the GOA (Blood et al., 2007; Stark, 1997;
62 Zimmermann, 1997); as a result, arrowtooth flounder eggs and larvae are found in relatively
63 deep waters and further offshore compared to most other flatfish in the GOA (Bailey et al., 2008;
64 Blood et al., 2007). Early and prolonged spawning as a life history strategy for arrowtooth
65 flounder could be advantageous by increasing the amount of time larvae remain in the water
66 column and grow before the spring bloom occurs (Doyle and Mier, 2015), optimizing the
67 temporal and spatial overlap with zooplankton prey (Cushing, 1995; Durant et al., 2007). This
68 phenology may also be beneficial to arrowtooth flounder because it enhances the active transport
69 of larger age-0 fish to nearshore nursery habitats through submarine canyons (Bailey and
70 Picquelle, 2002).

71 Arrowtooth flounder were one of five focal species investigated by the Gulf of Alaska
72 Integrated Ecosystem Research Program (GOAIERP; hereafter GOA project). This large-scale
73 fisheries oceanographic survey aimed to quantify the major ecosystem processes that affect the
74 early life history, and ultimately regulate the recruitment strength, of key groundfish species in
75 the GOA. A limited amount of information on early life history patterns and recruitment exists

76 for arrowtooth flounder during the larval stage (Bailey et al., 2008; Bailey and Picquelle, 2002;
77 Blood et al., 2007; Doyle and Mier, 2015), and even less information is available for the late
78 pelagic phase (De Forest et al., 2014). The GOA project provided the opportunity to collect
79 arrowtooth flounder from the surface waters in the GOA during a poorly sampled and under-
80 examined life stage. This report provides basic data describing the early life history and ecology
81 of the age-0 arrowtooth flounder in the GOA including information on their abundance,
82 distribution, pelagic duration, size, growth, diet and energy content. These observations occurred
83 over multiple years, allowing us to relate them to environmental conditions. Finally, in order to
84 place the energetic data in context we examined the energy content of older post-settlement
85 arrowtooth flounder from other surveys.

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88 **2. Methods and Materials**

89

90 *2.1. Survey information*

91

92 Arrowtooth flounder were collected over the four-year span of the GOA project (2010-
93 2013). The project involved large-scale fisheries oceanographic surveys conducted each year
94 aboard the 49 m F/V *Northwest Explorer* between July and September in the eastern (EGOA)
95 and central (CGOA) GOA at pre-determined stations (Fig. 1). Surface trawling was conducted at
96 each station to determine the spatial distribution and abundance of pelagic species, including

97 arrowtooth flounder. Specimens were collected using a Cantrawl model 400 midwater rope
98 trawl. The 400 model is comprised of hexagonal mesh wings in the body, and has a 1.2 cm mesh
99 codend liner at the foot. The trawl was modified to fish at the water surface by stringing buoys
100 along the headrope. Surface tows were 30 minutes in duration and were made at speeds that
101 ranged from between 1.6 to 4.8 knots with an average tow speed of 3.1 knots. Mouth openings
102 averaged approximately 40 m wide x 35 m deep. Catch per unit effort (CPUE, fish/km²) was
103 obtained by dividing the number of fish caught by the area swept, which was a product of the
104 distance towed (km) and the horizontal net spread (km). Physical and biological oceanographic
105 sampling were also conducted at each sample station location. This study used surface
106 temperatures for all analyses and comparisons, which was defined as the temperature at one
107 meter of depth, obtained using a Conductivity-Temperature-Depth recorder (CTD; model SBE-
108 25, Seabird Electronics, Bellevue, WA, USA).

109

110 *2.2. Biological sampling, distribution, and abundance*

111

112 All arrowtooth flounder present in the trawl catches were enumerated and standard
113 lengths (SL; mm) were recorded in the field. Up to 20 random fish were retained from each trawl
114 for diet processing and bomb calorimetry. These fish were individually labeled and immediately
115 frozen at sea (-40 °C). Individual wet weights (g) were obtained in the laboratory for preserved
116 fish. At the end of each survey leg samples were transferred to and stored in a -80 °C freezer at

117 the National Oceanic and Atmospheric Administration (NOAA) Auke Bay Laboratory in Juneau,
118 Alaska.

119 Mean settlement times and body size (in SL) at time of settlement were estimated by
120 examining catch frequency histograms. The upper 95th percentile of the lengths and Julian day
121 that arrowtooth flounder were found in the pelagic environment during the surveys were used to
122 infer the size and date of settlement to the benthos. This is similar to a previous method used for
123 determining the size of settlement (Bouwens et al., 1999b), with the exception that we used the
124 95th percentile to account for variance rather than the maximum size.

125 Stomach contents were dissected from arrowtooth flounder prior to biochemical analysis,
126 pooled by haul, and weighed. Average stomach fullness for each haul was calculated by dividing
127 the average stomach content weight by the average fish mass. Prey items were identified to the
128 lowest possible taxa, weighed, and the percentage of contribution to the diet for each prey taxa
129 was recorded by haul. As species identification was not always possible, copepods were broken
130 down into large and small size bins. The large copepods grouping contained species such as
131 *Neocalanus* spp., *Calanus marshallae* and *Calanus pacificus*, while species such as
132 *Pseudocalanus* spp. were considered small copepods. Once stomachs were removed, arrowtooth
133 flounder were re-weighed and dried in a drying oven at 60 °C until a constant weight (± 0.003 g)
134 was achieved. Dry mass was recorded and percent moisture values were calculated. The dried
135 samples were then homogenized using a mortar and pestle to a uniform consistency. Energy
136 density (kJ g^{-1} dry mass) was measured by bomb calorimetry. Dry homogenized samples were
137 pressed into pellets weighing at least 25 mg. Samples were combusted using a Parr 6725 semi-

138 micro bomb calorimeter. Homogenates were analyzed for lipid content and expressed as a
139 percentage of wet tissue mass (% lipid). Lipid extraction was performed following a modified
140 Folch's method using a Dionex 200 Accelerated Solvent Extractor, followed by gravimetric
141 determination of lipid mass as described in Vollenweider et al. (2011).

142

143 *2.3. Supplementary sampling*

144

145 For this study arrowtooth flounder less than 20 mm were considered to be larvae. The
146 term age-0 refers to fish greater than 20 mm that were found in the pelagic environment prior to
147 their metamorphosis and settlement to the benthos. Benthic fish less than 100 mm were
148 considered to be young of the year (YOY) and all fish greater than 100 mm were considered to
149 be age 1+. Benthic (YOY and age 1+) arrowtooth flounder samples were provided by Alaska
150 Department of Fish and Game small mesh bottom trawl surveys and the NOAA Resource
151 Assessment and Conservation Engineering Groundfish Assessment Program. Samples were
152 collected by means of bottom trawls from the CGOA in 2011 and 2012, and sent to the Auke
153 Bay laboratory where they were processed for diet and energy density by the same methods as
154 described earlier. Calorimetric data for archived samples were calculated from proximate
155 compositions. Energy content was calculated using the energy equivalents of 36.43 and 201.10
156 kJ g⁻¹ for lipid and protein, respectively (Vollenweider et al., 2011). Ichthyoplankton data from
157 GOA IERP spring cruises were provided by scientists conducting physical and biological

158 oceanographic sampling as part of the GOA Program. See Siddon et al. (2016) for sampling
159 methods and details.

160

161 *2.4. Data analysis*

162

163 Initial analyses were designed to understand how temperature, year and region affected
164 measured biological responses. Differences in surface temperatures, fish lengths, energy density,
165 settlement date and size at settlement were compared across regions and years using one-way
166 Analysis of variance (ANOVA) tests with either year or region as fixed factor. Fish lengths were
167 compared across years using Analysis of covariance (ANCOVA) with temperature as a
168 covariate. Data were analyzed using the statistical software R version 3.2.0 (R Core Team,
169 2015). Linear regression models were used to examine the relationship between energy density
170 with percent lipid, standard length and surface temperature. A Loess smoothing curve was
171 created to fit energy density versus standard length for all age classes, and a one-way ANOVA
172 was used to examine the difference between size age classes.

173 Variation in growth across years was examined by fitting the length of the fish on each
174 sampling day to a von Bertalanffy growth curve and comparing the residuals for each year. Size
175 on a given day was estimated for each year as the catch-weighted average length. This included
176 larval fish data provided by M. Doyle (personal communication). All of the years were combined
177 and fit to the curve using the Fisheries Stock Analysis (FSA) package in R (Ogle, 2016). The
178 resulting parameters were used to predict the average size of the fish for each day of the year

179 between May and August. The residual value for each year's observation was estimated and
180 compared by a one-way ANOVA with year as the factor. The extreme predicted values used to
181 estimate the average growth rate of arrowtooth flounder were obtained from the following
182 equation.

$$183 \quad G_x = [(\log Y_2 - \log Y_1)/(t_2 - t_1)] \times 100 \quad (1)$$

184 Where G_x is the specific growth rate, t_1 is the initial time and t_2 is the assumed settlement date
185 and Y_2 , Y_1 are the predicted values at their respective time. Specific growth rates are provided as
186 percent gain in wet mass per day. Wet masses were obtained by fitting the extreme lengths to a
187 regression model relating weight and length. Absolute growth rates were calculated by taking the
188 change in size divided by the change time (Busacker et al., 1990).

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190

191 **3. Results**

192

193 *3.1. Survey results*

194

195 Age-0 arrowtooth flounder were most abundant in the EGOA in cool years. More than
196 80% of the 841 age-0 arrowtooth flounder collected in surface trawls throughout the project were
197 caught in the EGOA during the 2010 and 2012 field seasons (Table 1). Water temperatures in the
198 EGOA averaged less than 11.5 °C in 2010 and 2012 compared with more than 12 °C in 2011 and
199 2013 (Fig. 2A, Table 2). Catches were lower in the CGOA, but the same pattern of high

200 abundance in cool years was maintained. Most fish were caught in the CGOA in 2012 when
201 temperatures averaged 11.05 °C, temperatures were similar between regions for during 2012
202 ($F=2.58$, $p=0.116$; Table 2). Fewer fish were caught in 2011 and 2013 when temperatures
203 averaged more than 13.3 °C. The low catches in the CGOA in 2011 and 2013 prevent any
204 regional comparisons for those years. Only catch and distribution information for the EGOA was
205 available for 2010. This was due to 2010 being a pilot study year and the CGOA was not
206 sampled.

207

208 *3.2. Size and settlement*

209

210 The size of the arrowtooth flounder collected in surface trawls in the EGOA depended on
211 both the surface temperature and the year of collection. The average lengths of the fish were
212 significantly influenced by an interaction between temperature and year ($F= 3.918$, $p<0.001$).
213 The largest fish were caught in 2010, averaging 35.05 ± 0.22 mm while 2013 had the smallest
214 average size ($31.11 \text{ mm} \pm 0.57$ mm, Fig. 2B). The effect of year was also significant ($F=9.88$,
215 $p<0.001$), but not that of temperature ($F=0.116$, $p=0.733$). A separate test conducted to compare
216 the size of fish in the EGOA with those from the CGOA in 2012 indicated that the fish were
217 larger in the CGOA ($F= 122.44$, $p<0.001$). The length of the fish from the EGOA ranged from 19
218 mm to 45 mm with a mean size for all years equal to 34.48 ± 0.14 mm.

219 Age-0 arrowtooth flounder were detected in the surface waters until mid-August. The
220 earliest date arrowtooth flounder were caught in the surface trawl was July 3rd (the first day of

221 the survey), and the latest date any were caught in the EGOA was August 4th, and August 19th in
222 the CGOA. By August 12th (Julian day 225) of any year at least 95% of arrowtooth flounder had
223 been caught in the GOA and 95% of these fish were smaller than 41 mm. An ANOVA failed to
224 detect an effect of year on the date of the last observed catch and the average size on that date
225 (F=0.294, p=0.642 and F=1.744, p=.0317 respectively). Similarly, the mean temperature of the
226 survey year had no effect on date (F=1.1, p=0.404), but did have an effect on settlement size
227 (F=21.53, p=0.043).

228

229 3.3. Growth

230

231 Growth from larvae to settlement of arrowtooth flounder in the GOA was determined
232 using a von Bertalanffy growth model. The model outputs of L_{∞} , k and T_0 were 96.10, 0.0036
233 and 82.92 (March 24th) respectively (Fig. 3), these parameters led to an estimated length of 4.4
234 mm on day 96 (April 4th) and 38.6 mm on day 225 (August 12th), indicating an overall increase
235 equal to 0.26 mm/d between the larval and settlement stages. The ANOVA on the residuals from
236 the model indicated that growth differed among years (F=3.639, p=0.0153). Subsequent pairwise
237 contrasts indicated growth was greatest in 2010, a cool year, and least in 2011, a warm year. The
238 residuals from the four years averaged 1.66, -1.54, 0.46, and -.052 in 2010, 2011, 2012 and 2013,
239 respectively. The length-weight relationship (Fig. 4) was used to estimate the weights on day 184
240 (July 3rd) and 225 (August 12th) for the average lengths on those days. The resulting weights led
241 to an estimated growth of 2.01% of wet mass per day during the post-larval pelagic stage.

242 Weights increased isometrically with length during the age-0 life stage as indicated by the length
243 exponent of 3.072.

244

245 *3.4. Diet*

246

247 Large copepods composed the largest proportion of diet by percent mass (72.8%),
248 followed by small copepods (13.7%), and decapod larvae (7.7%). After examining the
249 differences in diet between survey years, large copepods still dominated the diet for all years
250 (Fig. 5). Notably decapod larvae were absent from the diet in 2013, which also corresponds to
251 the sampling year with the lowest stomach fullness and mean energy density (Fig. 2C, Fig. 5).
252 When demersal arrowtooth flounder were included in diet analyses a distinct shift in prey could
253 be seen, with a switch from a copepod dominated diet to that of a diet dominated by shrimp and
254 fish (Fig. 6A). A post hoc Tukey's HSD test showed there were no significant differences ($p <$
255 0.05) in energy density between size classes or between sampling years (Fig. 6B).

256

257 *3.5 Energy density*

258 The amount of energetic reserves stored by age-0 arrowtooth flounder depended on the
259 year and ambient water temperature that they were sampled in. The mean energy density was
260 20.42 ± 0.07 kJ g⁻¹ dry mass and wet-mass percent lipid was $2.33 \pm 0.05\%$, with an average
261 moisture content of 77.48%. Energy density was weakly correlated with percent lipid ($p=0.002$,
262 $r^2=0.238$). The values for energy density varied significantly between years ($F= 6.35$, $p=0.003$,

263 Fig. 2B), while there was no significant difference in energy density observed between regions
264 during the 2012 sampling year ($F = 0.019$, $p = 0.89$, Table 2). Energy density was inversely related
265 to temperature ($p = 0.019$, $r^2 = 0.117$), with 2011 having the highest average energy densities,
266 while 2013 had the lowest values (Table 2). There was no relationship between energy density
267 and length ($p = 0.4991$, $r^2 < 0.001$, Fig. 7A). There was no detectable difference between the
268 energy density of the pelagic age-0 and the benthic YOY fish ($F = 1.18$, $p = 0.218$, Fig. 7B).
269 Furthermore, smaller arrowtooth flounder appear to maintain constant energy density levels,
270 however after reaching 314 mm in length they rapidly increased their energy density with size
271 (Fig. 7C).

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273

274 **4. Discussion**

275

276 This study provides early life history information on the age-0 arrowtooth flounder in the
277 GOA to provide a better understand the ecology of this species. During this research, we were
278 able to sample arrowtooth flounder just prior to their descent from the surface waters and collect
279 data that complement and further strengthen the available larval and age-0 information (Blood et
280 al., 2007). Regional comparisons were not possible due to insufficient catches in the CGOA,
281 which was most likely an artifact of survey timing. Measurements of energy density, combined
282 with the associated oceanographic, biological, and dietary information, provided new insight into
283 the early life history of the most abundant groundfish in the GOA (Spies et al., 2015). Despite a

284 weak correlation between energy density and temperature, arrowtooth flounder found in warmer
285 waters tended to have lower energy densities than those found in cooler temperatures. Age-0
286 arrowtooth flounder primarily consumed large copepods, which accounted for more than 50% of
287 the diet by weight each year (Fig. 5). A shift in diet composition was observed between pelagic
288 age-0 and demersal YOY fish, however diet shifts were not related to changes in energy density.
289 Energy density had little relationship with length. Weight scaled isometrically with length,
290 suggesting that the strategy for allocating energy between structure and storage remains constant
291 during the pelagic life phase of arrowtooth flounder. This strategy differs from that employed by
292 many other species in pelagic habitats (Anthony et al., 2000; Heintz and Vollenweider, 2010;
293 Siddon et al., 2013a). There does not appear to be an increase in energy density prior to
294 settlement and metamorphosis, despite what is mostly likely a costly ontogenetic change (Geffen
295 et al., 2007; Hossain et al., 2003). For settled demersal fish, energy density remained stable as
296 size increased and this pattern seemed to hold true until arrowtooth flounder reached ~320 mm, a
297 size which has been associated with the onset of sexual maturation (Spies et al., 2015; Stark,
298 2012). Overall the data on arrowtooth flounder support a strategy of resilience to a diverse range
299 of biophysical conditions, such as water temperature and food availability. (Doyle and Mier,
300 2012; Doyle and Mier, 2015).

301 Arrowtooth flounder have been classified as members of an “Early Phenology” group,
302 spawning during winter months in deep water with a prolonged larval phase (Doyle and Mier,
303 2012). This long larval duration, combined with a prolonged spawning season, suggests a
304 variable size-appropriate settlement time which has been estimated to occur during July and

305 August (Bailey et al., 2008) or as late as October (Bouwens et al., 1999a). The size at settlement
306 estimated during this study closely fits previously reported values for arrowtooth flounder in the
307 GOA (Bouwens et al., 1999b), suggesting an average settlement date of mid-August. The
308 majority of arrowtooth flounder were caught during July in the EGOA. This suggests that survey
309 timing most likely accounts for the low numbers of arrowtooth flounder caught during the survey
310 in the CGOA, as the earliest sampling date in the CGOA was August 5th. Earlier, or concurrent,
311 sampling in the CGOA would help to clarify if the low catches were an artifact of sample timing
312 or if there are regional differences in abundances of age-0 arrowtooth flounder. It should be
313 noted that the catches of arrowtooth flounder were sporadic during the entire research project and
314 that the observed CPUE for such an abundant species was relatively low. This could be due to a
315 combination of factors such as gear selectivity, sampling location and survey timing. However,
316 as the gear, survey stations and timing remained constant from 2011 onwards the CPUE can be
317 used as a relative index of abundance of age-0 arrowtooth flounder found in the upper water
318 column.

319 The highest catches of arrowtooth flounder occurred in 2010 and 2012, which were also
320 the years with the largest average fish sizes (35.03 mm and 34.59 mm) and coolest temperatures
321 (11.52 °C and 11.33 °C). This suggests that either arrowtooth flounder had prolonged planktonic
322 life stage stages or had favorable environmental conditions during these years. However, growth
323 was highest in 2010 and residuals were positive in 2011, indicating that increased size in cool
324 years resulted from increased growth rates. Although there is no empirical data on the effect of
325 temperature on the settlement of age-0 arrowtooth flounder, it was found that the growth, timing

326 and size of other North Pacific flatfish such as northern rock sole (*Lepidopsetta polyxystra*) are
327 temperature dependent (Laurel et al., 2014). Temperature has been shown to be positively
328 correlated with larval growth rates, suggesting a shorter planktonic duration in warmer years
329 (Benoît et al., 2000; O'Connor et al., 2007). The mean sizes of age-0 arrowtooth flounder varied
330 from 2010-2013 but the range of sizes of the fish were similar between years. As the fish were
331 caught just prior to their maximum size in the pelagic environment they would be expected to
332 have similar sizes between years. One possible explanation for the differences in length is that
333 large catch numbers in 2010 and 2012 provided a more robust and representative catch of
334 arrowtooth flounder. The low catch numbers in other years may have resulted in a non-
335 representative length sample. Alternatively, environmental conditions such as temperature may
336 not have been as favorable and the fish caught during 2011 and 2013 were only the remnants of
337 the pelagic population, with most fish having already descended to the demersal habitat. An
338 examination of historical catch data regarding the abundance of age-0 and YOY arrowtooth
339 flounder in relationship to temperature would help answer these questions.

340 As weight data were unavailable for the ichthyoplankton, the growth of arrowtooth
341 flounder in the pelagic zone was examined by changes in length over time. The growth rate of
342 0.26 mm d⁻¹ calculated during this study was slightly higher than the previously reported values
343 of 0.22 mm d⁻¹ (Bouwens et al., 1999b). This calculation assumes of a linear relationship;
344 however, growth rates are usually exponential over intervals of a year or less, growth rates
345 should therefore be expressed as the specific growth (percent change per day) which is a reported
346 as percentage of the instantaneous rate (Busacker et al., 1990). Our specific growth rate closely

347 matches previously-reported values for arrowtooth flounder (Bouwens et al., 1999b). Based on
348 an analysis of the residuals, 2010 and 2012 had positive values, which suggests that during these
349 years arrowtooth flounder had faster growth rates. This may account for the larger size of the fish
350 caught during these years and supports the idea that environmental conditions were not as
351 favorable during 2011 and 2013. These results should be viewed with caution because we
352 combined larval and age-0 data from different sources and there was at least a month-long gap
353 between the ichthyoplankton and age-0 sampling. There were also no ichthyoplankton data
354 available in 2012 and both 2011 and 2013 had low catch numbers.

355 Variability in the energetic condition of arrowtooth flounder was likely due to differences
356 in water temperatures across years. The energy density of fish caught in warmest year, 2013, was
357 significantly less than the energy density of those from 2011 and 2012. This suggests that
358 warmer conditions in the GOA during that year were negatively affecting the condition of age-0
359 arrowtooth flounder. The average temperature where arrowtooth flounder were caught in 2013
360 was 13.35 °C, more than a degree warmer than any of the other years during the study. Fish
361 caught in 2013 also had the smallest size (31 mm) and lowest mean energy density (19.99 kJ g⁻¹
362 dry mass; Fig. 2). This may indicate that the fish were caught above their optimal temperature
363 during their pelagic stage, although optimal values are unknown for arrowtooth flounder. In
364 previous studies, it was found that daily length increments of post-metamorphosed rock sole
365 (*Lepidopsetta spp.*), Pacific halibut (*Hippoglossus stenolepis*) and English sole (*Parophrys*
366 *vetulus*), decreased as temperature increased from 13 to 16 °C (Ryer et al., 2012).

367 Another important factor to consider when examining the energy density of arrowtooth
368 flounder is the composition of their diet, as prey abundance and quality has been shown to
369 directly affect the energetic condition of larval fish (Heintz et al., 2013; Moss et al., 2015). Large
370 copepods dominated the diet of age-0 arrowtooth flounder. Diet appeared to shift from 2011 to
371 2013 with increasing abundance of small copepods and the absence of decapod larvae in 2013.
372 This may explain the slightly higher energy density values in 2011 as decapod larvae are
373 relatively richer in lipids than copepods and other zooplankton (E. Fergusson, NOAA, personal
374 communication). The highest mean energy density of sampled arrowtooth flounder and highest
375 percent stomach fullness occurred in 2011, while 2013 had the lowest percent stomach fullness
376 and diet diversity. It has been suggested that warm water can increase starvation risks when prey
377 availability is limited, and this may be the case for arrowtooth flounder in the GOA (Laurel and
378 Blood, 2011). It has been shown that environmental conditions in the Bering Sea can have a
379 direct impact on the zooplankton quality, and ultimately the fish that prey on them (Siddon et al.,
380 2013b). We found that the pelagic age-0 arrowtooth flounder diet was primarily composed of
381 small pelagic zooplankton while the demersal fish switched prey and relied on shrimps,
382 euphausiids, and capelin. This is similar to what has been reported for juvenile diets elsewhere in
383 the GOA (Aydin et al., 2007). Despite this change in diet the energy density between pelagic and
384 demersal fish remained constant. This suggests that diet composition may not be as important a
385 factor in the energetic condition of juvenile arrowtooth flounder relative to other marine fish. For
386 example, pollock that consumed energy-rich foods during cold years in the Bering Sea had

387 higher lipid values than those consuming less energy rich food during the warm years (Heintz et
388 al., 2013).

389 Energy density values reported here were similar to those observed in the Bering Sea,
390 where it was found that there was little change in energy allocation between larval and juvenile
391 stages (De Forest et al., 2014). Many flatfish species display reduced growth rates just prior to
392 and during metamorphosis (Geffen et al., 2007), while some flatfish increase energy storage
393 prior to metamorphosis followed by a post-metameric decline (Yúfera et al., 1999). This study
394 shows no indication of changes in energy allocation prior to or after metamorphosis. This
395 suggests they can sustain their lipid reserves during settlement in contrast to species such as
396 Atlantic cod (*Gadus morhua*) that lose significant reserves during settlement (Copeman et al.,
397 2008). Data were not available for arrowtooth immediately after settlement, therefore if there
398 was any associated energetic cost it may not have been observed.

399 Energy density of the demersal fish processed during this study were similar to
400 previously reported values for arrowtooth flounder (Perez, 1994). Data suggest that energy
401 allocation changes little during arrowtooth flounder early life history and subsequent ontogenetic
402 changes. This is supported by the energy density values of larger fish that seem to remain
403 relatively stable until they reach a size of approximately 314 mm and increase rapidly at larger
404 sizes. This size corresponds to when there is a noticeable change in diet (Yang et al., 2006) and
405 when sexual maturity starts to occur (Zimmermann, 1997).

406

407

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409

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421

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- 563

564 Table 1. Survey dates, mean catch per unit effort (CPUE, fish/km²), frequency of occurrence and
 565 total number (N) of arrowtooth flounder caught during the Gulf of Alaska project for both the
 566 Eastern (EGOA) and Central (CGOA) Gulf of Alaska. *Indicates the 2nd survey leg for each
 567 year.

Region	Year	Survey dates	CPUE (fish/km ²)	Frequency of occurrence	N
EGOA	2010	7/4 - 7/22	89.87	57.35	308
	2011	7/3 - 7/21 8/2 - 8/4*	2.27	15.25	17
	2012	7/3 - 7/21, 8/3 - 8/4*	46.47	54.05	389
	2013	7/3 - 7/21, 8/3 - 8/5*	4.98	27.85	34
CGOA	2011	8/5 - 8/20*	0.16	2.13	1
	2012	8/5 - 8/21*	14.45	33.33	90
	2013	8/6 - 8/21*	1.15	4.255	2

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571

572 Table 2. Mean surface temperature and arrowtooth flounder energy densities for hauls conducted
 573 during the Gulf of Alaska project, by year and region. Temperatures are °C ± 1 standard error.
 574 Energy density values are kJ g⁻¹ dry mass ± 1 standard error. N represents the number of hauls
 575 included in each average.

576

Year	Temperature (°C)	N	Energy density	
			(kJ g ⁻¹ , dry mass)	N
2010 - EGOA	11.52 ± 0.10	39	-	-
2011 - EGOA	12.18 ± 0.25	6	20.94± 0.24	15
2012 - Gulf Wide	11.33 ± 0.11	40	20.49± 0.08	68
2012 - EGOA	11.38± 0.11	22	20.51± 0.11	43
2012 - CGOA	11.05± 0.18	18	20.46± 0.12	25
2013 - EGOA	13.35± 0.15	13	19.99± 0.09	28
All Years	-	-	20.42± 0.07	111

577

578

579 **Figure captions**

580

581 **Fig. 1.** Surface-trawl catch per unit effort (CPUE, fish/km²) of age-0 arrowtooth flounder in the
582 Gulf of Alaska during summer 2010-2013. Size of shaded circles indicates CPUE, and crosses
583 indicate survey stations where no arrowtooth flounder were caught. Inset in panel B shows
584 relative location of larger maps.

585

586 **Fig. 2.** Mean water temperatures and arrowtooth flounder mean length and mean energy density
587 in the Gulf of Alaska project surface-trawl survey by year. (A) Mean ambient water temperature
588 (°C) where arrowtooth flounder were caught. (B) Mean standard length (mm) of arrowtooth
589 flounder. (C) Energy density (kJ g⁻¹ dry mass) of arrowtooth flounder. Letters at bottom of plots
590 indicate significant differences ($p < 0.05$) between years.

591

592 **Fig. 3.** Day of year versus catch-weighted daily mean length for larval and age-0 arrowtooth
593 flounder captured during 2010-2013. Solid line represents length predicted by a von Bertalanffy
594 growth model; the model parameters are included in the upper left of the plot.

595

596 **Fig. 4.** Length-weight relationship for age-0 arrowtooth flounder captured during the Gulf of
597 Alaska project surface-trawl survey, 2010-2013. Data are aggregated from all years; the solid
598 line and equation represent the linear model.

599

600 **Fig. 5.** Diet composition for age-0 arrowtooth flounder in the Gulf of Alaska, 2011-2013. Data
601 are the percentage of each taxonomic group in the stomach contents by weight.

602

603 **Fig. 6.** Diet composition and energy density of arrowtooth flounder by size bin. (A) Percent by
604 weight of dominant taxa in stomach contents. (B) Mean energy density (kJ g^{-1} dry mass) for
605 arrowtooth flounder in the Gulf of Alaska. Data are aggregated across years and regions. All fish
606 smaller than 50 mm are considered pelagic while those greater than 50 mm are benthic fish.
607 Energy densities were not significantly different between any size classes.

608

609 **Fig. 7.** Energy density (kJ g^{-1} dry mass) vs. standard length for arrowtooth flounder at different
610 size ranges and collected during separate surveys. The solid line represents a LOESS fit with
611 95% confidence intervals. (A) Only age-0 arrowtooth flounder (0-45 mm) caught during the Gulf
612 of Alaska (GOA) project; (B) GOA project age-0 fish and older individuals captured in CGOA
613 bottom-trawl surveys; (C) All fish processed in this study as well as archived data and data from
614 other surveys.













