

1 **Title:**

2 Circulating insulin-like growth factor binding proteins in fish: their identities and physiological
3 regulation

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5 **Authors:**

6 Munetaka Shimizu^{a*} and Walton W. Dickhoff^b

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8 ^aFaculty of Fisheries Sciences, Hokkaido University, 3-1-1 Minato, Hakodate, Hokkaido
9 041-8611, Japan.

10 ^bNorthwest Fisheries Science Center, National Marine Fisheries Service, National Oceanic and
11 Atmospheric Administration, 2725 Montlake Blvd. E., Seattle, WA 98112, USA.

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13 *Corresponding author at: Faculty of Fisheries Sciences, Hokkaido University, 3-1-1 Minato,
14 Hakodate, Hokkaido 041-8611, Japan.

15 Fax: +81 138 40 8897. E-mail address: mune@fish.hokudai.ac.jp (M. Shimizu)

16

17 **Abstract**

18 Insulin-like growth factor binding proteins (IGFBPs) play crucial roles in regulating the
19 availability of IGFs to receptors and prolong the half-lives of IGFs. There are six IGFBPs present
20 in the mammalian circulation with IGFBP-3 being most abundant. In mammals IGFBP-3 is the
21 major carrier of circulating IGFs, facilitated by forming a ternary complex with IGF and an
22 acid-labile subunit (ALS). IGFBP-1 is generally inhibitory to IGF action by preventing it from
23 interacting with its receptors. In teleosts, the third-round of vertebrate whole genome duplication
24 created paralogs of each IGFBP, except IGFBP-4. In the fish circulation, three major IGFBPs are
25 typically detected at molecular ranges of 20-25, 28-32 and 40-50 kDa. However, their identities
26 are not well established. Three major circulating IGFBPs in Chinook salmon have been identified
27 through protein purification and cDNA cloning. Salmon 28- and 22-kDa IGFBPs are co-orthologs
28 of IGFBP-1, termed IGFBP-1a and -1b, respectively. They are induced under catabolic conditions
29 such as stress and fasting but their responses are somewhat different, with IGFBP-1b being the
30 most sensitive of the two. Cortisol stimulates production and secretion of these IGFBP-1 subtypes
31 while, unlike in mammals, insulin may not be a primary suppressor. Salmon 41-kDa IGFBP, a
32 major carrier of IGF-I, is not IGFBP-3, as might be expected extrapolating from mammals, but is
33 in fact IGFBP-2b. Salmon IGFBP-2b levels in plasma are high when fish are fed, and GH
34 treatment increases its circulating levels similar to mammalian IGFBP-3. These findings suggest
35 that salmon IGFBP-2b acquired the role and regulation similar to mammalian IGFBP-3. Multiple
36 replication of fish IGFBPs offer a unique opportunity to investigate molecular evolution of
37 IGFBPs.

38

39 **Keywords:** insulin-like growth factor binding protein, circulation, fish, identification, hormone,
40 environment

41

42 **1. Introduction**

43 Insulin-like growth factor (IGF)-I plays a pivotal role in growth regulation in vertebrates and
44 exerts its action through endocrine, paracrine and autocrine modes (Daughaday and Rotwein,
45 1989; LeRoith et al., 2001; Ohlsson et al., 2009). Endocrine IGF-I is produced mainly by the liver
46 in response to stimulation by growth hormone (GH), and it mediates many of the GH actions in
47 target tissues (Salmon and Daughaday, 1957; Daughaday and Rotwein, 1989). IGF-I is also
48 expressed in virtually all tissues and acts as a local growth factor (D'Ercole et al., 1980; LeRoith
49 et al., 2001). IGF-I is structurally related to insulin arising from a common ancestor, and the
50 ancestral IGF molecule further diverged into IGF-I and -II by gene duplication (Collet et al.,
51 1998; Reinecke and Collet, 1998; Wood et al., 2005a). In contrast to insulin, circulating levels of
52 IGFs are relatively high for hormones averaging around 200 ng/ml for IGF-I and 500 ng/ml for
53 IGF-II in humans (Daughaday and Rotwein, 1989). These high circulating levels are due to
54 stabilization by IGF-binding proteins (IGFBPs). IGFBPs prolong the half-lives of IGFs by
55 protecting them from glomerular filtration and enzymatic degradation (Guler et al., 1987, 1989).
56 In the mammalian circulation, there are three pools of IGFs around 150-, 50- and 7.5-kDa (Fig. 1;
57 Guler et al., 1987, 1989; Zapf, 1995; Rajaram et al., 1997). In humans, 75-80% of circulating
58 IGFs are in the 150-kDa pool consisting of IGF, IGFBP-3/-5 and an acid-labile subunit (ALS)
59 (Baxter and Martin, 1989). ALS does not bind IGFs but binds IGFBP-3 to form a ternary complex.
60 As this complex is too large to cross the capillary barrier or to be filtered at the kidney, it
61 constitutes a large pool of IGFs in the circulation (Binoux and Hossenlopp, 1988; Hasegawa et al.,
62 1992). The 50-kDa pool consists of IGFBP and IGF and carries about 20% of circulating IGFs
63 (Guler et al., 1987, 1989). Less than 1% of circulating IGFs is in the free form (Frystyk et al.,
64 1994).

65 IGFBPs also regulate the availability of IGFs to target tissues. There are six IGFBPs in
66 the mammalian circulation, and they modulate the activity of IGFs in various ways (Rajaram et al.,
67 1997). IGFBP-1 is the first member of the IGFBP family to be identified and generally inhibits
68 IGF action by preventing it from interacting with its receptor (Lee et al., 1993, 1997; Kajimura
69 and Duan, 2007; Wheatcroft and Kearney, 2009). Unlike other IGFBPs, circulating levels of
70 IGFBP-1 show dynamic fluctuations in response to meals and increase under catabolic conditions
71 such as fasting (Yeoh and Baxter, 1988). In mammals insulin is the primary suppressor of
72 IGFBP-1 whereas cortisol increases its production and secretion (Unterman et al., 1991; Katz et
73 al., 1998). IGFBP-2 is also considered to be an inhibitor of IGF-I action and IGFBP-2 levels are
74 generally high under catabolic conditions, although its levels are relatively stable and no clear

75 hormonal control has been reported (Rajaram et al., 1997; Wheatcroft and Kearney, 2009).
76 IGFBP-3, as mentioned above, is a major carrier of circulating IGF-I in mammals by forming a
77 ternary complex with IGF and ALS (Baxter and Martin, 1989; Martin and Baxter, 1992). The
78 major site of production of IGFBP-3 and ALS is the liver, but different cell types within the liver
79 produce them. IGFBP-3 is produced by Kupffer and endothelial cells, and ALS is produced by
80 hepatocytes (Chin et al., 1994; Villafuerte et al., 1994). All components of the ternary complex
81 are induced by GH. IGFBP-3 can be a stimulator of IGF-I action in terms of protecting IGF-I in
82 the circulation and releasing it to target tissues when the binding protein is partly degraded by
83 specific enzymes (Martin and Baxter, 1992; Rajaram et al., 1997; Firth and Baxter, 2002).

84 In fish blood, three major IGFbps around 20-25, 28-32 and 40-50 kDa have been
85 detected. They have molecular weights similar to mammalian IGFBP-4, -1/-2 and -3, respectively
86 (Kelley et al., 1992, 2001). Their circulating levels are regulated by hormones, nutrition, stress
87 and other factors as is the case for mammalian IGFbps, suggesting that fish IGFbps are also
88 important for modulating activity of circulating IGFs (Duan, 1997; Kelley et al., 2000, 2001,
89 2002, 2006; Wood et al., 2005a). However, the identities of the three IGFbps in fish are not well
90 established, making comparisons with mammalian IGFbps difficult. This review summarizes
91 identities of the three major IGFbps in the fish circulation with special reference to salmon and
92 their physiological regulation. As this review focuses only on selected numbers of IGFbps in the
93 fish circulation, readers should refer to other excellent reviews/references dealing with molecular
94 and functional aspects of fish IGFbps (Wood et al., 2005a; Rodgers et al., 2008; Daza et al., 2011;
95 Maqueen et al., 2013; Lappin et al., 2016).

96

97 **2. Detection of IGFbps in fish blood**

98 IGFbps in plasma/serum are usually detected by ligand blotting using ¹²⁵I-labeled human IGF-I
99 developed by Hossenlopp et al. (1986). This method visualizes IGFBP bands using a labeled
100 IGF-I instead of a primary antibody and is based on the ability of proteins to bind the ligand.
101 Modified ligand blotting using non-radio labeled ligands such as biotinylated and
102 digoxigenin-labeled IGF-Is have been developed (Grulich-Henn et al., 1998; Shimizu et al., 2000).
103 Normal human serum consistently exhibits five IGFBP bands at 41.5, 38.5, 34, 30 and 24 kDa,
104 which correspond to IGFBP-3, -3, -2, -1 and -4, respectively (Fig. 2). The doublet bands at 41.5
105 and 38.5 kDa are of IGFBP-3 with different degrees of N-glycosylation (Firth and Baxter, 1999).
106 IGFBP-5 and -6 are probably difficult to detect in normal human serum/plasma since their
107 concentrations are low in the circulation, they are diffuse due to different degrees of glycosylation,

108 and/or they are unable to bind IGFs when electroblotted onto a nitrocellulose membrane (Rajaram
109 et al., 1997). Since band intensity is a reflection of both relative abundance and affinity to IGF
110 used as a ligand, care should be taken when comparing different types of IGFFBPs.

111 The presence of fish IGFFBPs was first reported by Kelley et al. (1992) in the
112 circulation of four teleost species (coho salmon, *Oncorhynchus kisutch*; striped bass, *Morone*
113 *saxatilis*; tilapia, *Oreochromis mossambicus*; longjawed mudsucker (goby), *Gillichthys mirabilis*)
114 by ligand blotting using ¹²⁵I-labeled human IGF-I (Fig. 3). Niu and Le Bail (1993) also utilized
115 this technique and detected a major IGFBP band at 41.5 kDa and minor bands at 47.7 kDa and
116 30-34 kDa in serum of rainbow trout (*O. mykiss*) (Fig. 3). The presence of fish IGFBP was also
117 confirmed by IGF-binding assays (Anderson et al., 1993; Niu et al., 1993). The detection of
118 IGFFBPs both by ligand blotting and binding assay in plasma of the lamprey (*Geotria australis*)
119 (Fig. 3) led researchers to hypothesize that IGFBP is an ancient protein family that emerged in the
120 early history of vertebrates (Upton et al., 1993).

121 Multiple IGFBP bands have since been detected in several fish species and they are
122 within a molecular range of 20-50 kDa. Since the molecular weights of these IGFFBPs are close to
123 each other, there is some inconsistency in reporting their sizes even in the same species. This
124 inconsistency is probably due to differences in gel concentration for electrophoresis and
125 molecular markers used. High-molecular-weight bands around 70 kDa are often detected in fish
126 plasma on ligand blotting (Fig. 2; Fukuzawa et al., 1996; Shimizu et al., 2000), but these are
127 unlikely to be specific IGFBP bands since the displacement of the binding by unlabelled IGF-I in
128 ligand blotting is often difficult. However, a possibility that these bands are aggregates of
129 IGFBP(s) cannot be ruled out.

130

131 **3. Purification of fish IGFFBPs**

132 Bauchat et al. (2001) were the first to purify a 30-kDa IGFBP from conditioned medium of the
133 rainbow trout hepatoma cell (RTH-149) culture. The medium was first fractionated by
134 hydrophobic chromatography using a Phenyl-Sepharose column. Fractions containing
135 IGF-binding activity were loaded onto an IGF-I affinity column, and IGFBP was eluted with 1 M
136 acetic acid. The IGFBP fraction was further purified by reversed-phase HPLC using a Vydac C-4
137 column. Approximately 70 µg of purified IGFBP was obtained from 600 ml conditioned medium.

138 Chinook salmon serum contains three major IGFFBPs at 41, 28 and 22 kDa (Fig. 2), and
139 they were purified from serum of spawning males (Shimizu et al., 2003, 2005, 2011b). The
140 purification procedures were based on those for mammalian and trout IGFFBPs (Walton et al.,

141 1989; Bauchat et al., 2001) with some modifications. The 41- and 28-kDa IGFbps were
142 co-purified by the same procedure (Shimizu et al., 2003b, 2011a). Typically, one liter of salmon
143 serum was mixed with proteinase inhibitors and acidified with 2 M acetic acid to dissociate
144 endogenous IGFs from IGFbps. IGFs were removed by adsorbing to a SP-Sephadex C-25
145 followed by centrifugation. The supernatant containing IGFbps was neutralized and the
146 precipitate was removed. The supernatant was loaded onto an IGF-I affinity column and IGFbps
147 were eluted with 1 M acetic acid. IGFbps were purified by reversed-phase HPLC using a Vydac
148 C-4 column as described in Bauchat et al. (2001). The 41- and 28-kDa IGFbps were eluted at
149 32% and 33% acetonitrile, respectively (Shimizu et al., 2003b, 2011a). The recovery of purified
150 proteins from 1 L serum was 70 µg and 11-24 µg for 41- and 28-kDa IGFbps, respectively. It is
151 worth noting that purified IGFbps were "sticky" being easily adsorbed to tubes when lyophilized
152 (Shimizu personal communication). They should be stored in a low adsorption tube and not be
153 completely lyophilized. Since the 22-kDa IGFbp was found to be labile under acidic conditions
154 and when unoccupied by endogenous IGFs, the acidification step was omitted from its
155 purification (Shimizu et al., 2005). Instead, salmon serum was first fractioned by ammonium
156 sulfate precipitation and loaded onto an IGF-I column. The 22-kDa IGFbp was further purified
157 by reversed-phase HPLC and eluted at 37% acetonitrile. Final yield of the purified protein per 1 L
158 serum was 45 µg (Shimizu et al., 2005).

159 When band patterns of purified salmon IGFbps on SDS-PAGE were compared
160 between non-reducing and reducing conditions, the molecular weight of the 41-kDa IGFbp
161 decreased by 2 kDa while those of the 28- and 22-kDa IGFbps increased by approximately 5 kDa
162 (Shimizu personal communication). These changes should be attributed to differential
163 conformational changes by the dissociation of intra-peptide disulfide bonds (Shimizu, personal
164 communication). Purified 41-kDa IGFbp was shown to be N-glycosylated (Shimizu et al.,
165 2003b). Purified fish IGFbps were also analyzed for their partial N-terminal amino acid
166 sequences (Bauchat et al., 2001; Shimizu et al., 2003b, 2005, 2011a). Four of five N-terminal
167 amino acid sequences of rainbow trout and Chinook salmon 28-30-kDa IGFbps were identical
168 and similar to those of human IGFbp-1 and -4 (Shimizu et al., 2011a). Salmon 22-kDa IGFbp
169 also showed relatively high sequence homologies to human IGFbp-1 and -4 (Shimizu et al.,
170 2006). On the other hand, the partial N-terminal amino acid sequence of salmon 41-kDa, which
171 had a molecular weight similar to human IGFbp-3, had the highest sequence homology with
172 IGFbp-2 (Shimizu et al., 2003b). The discrepancy between its molecular weight and N-terminal
173 amino acid sequence raised questions about the identity of salmon 41-kDa IGFbp.

174

175 **4. cDNA cloning of circulating salmon IGFbps**

176 cDNAs for the three circulating salmon IGFbps were cloned from the liver of Chinook salmon by
177 reverse-transcribed (RT)-PCR followed by 5'- and 3'-rapid amplification of cDNA ends (RACE)
178 (Shimizu et al., 2005, 2011a,b). IGFbps were first amplified by RT-PCR using degenerate
179 primers based on the partial N-terminal amino acid sequences of purified proteins. Forward
180 primers were specific to each IGFBP and a reverse primer was universal to the IGFBP family
181 designed based on a conserved C-terminal region. These combinations of primers successfully
182 amplified different IGFBP cDNAs and partial cDNA sequences were used to further design gene
183 specific primers for RACE. As results, full-length cDNAs for the 22-, 28- and 41-kDa IGFbps
184 were obtained (Shimizu et al., 2005, 2011a,b). An additional IGFBP sequence was obtained
185 during the cloning of the 41-kDa IGFBP (Shimizu et al., 2011b). These cDNA sequences were
186 compared with those of human and zebrafish IGFbps. Sequence comparison and phylogenetic
187 analysis revealed that salmon 22-, 28- and 41-kDa IGFBP were IGFBP-1b, -1a and -2b,
188 respectively (Shimizu et al., 2011a,b). The additional IGFBP was identified as IGFBP-2a
189 (Shimizu et al., 2011b). The presence of two subtypes of each IGFBP is common in teleosts
190 except for IGFBP-4 (Daza et al., 2011). These two subtypes are due to the teleost-specific third
191 round of whole genome duplication (Daza et al., 2011). In addition, since salmonids underwent a
192 fourth round of whole genome duplication, they possess up to four copies of each IGFBP
193 (Macqueen et al., 2013). The cloned circulating salmon IGFbps were assigned to be IGFBP-1a1,
194 -1b1, -2a and -2b1, respectively (Macqueen et al., 2013). However, in this review, they are simply
195 called "a" or "b" to avoid confusion about exact correspondence to IGFBP subtypes of other
196 fishes.

197 The finding that salmon 41-kDa IGFBP was IGFBP-2b was controversial to what was
198 understood for this protein. Salmon 41-kDa IGFBP had a molecular weight similar to that of
199 mammalian IGFBP-3. Salmon IGFbps often appeared as doublet bands of 41- and 43-kDa and
200 they were N-glycosylated as was the case of mammalian IGFBP-3 (Shimizu et al., 2003b).
201 Salmon 41-kDa IGFBP was also similar to mammalian IGFBP-3 in terms of its physiological
202 regulation; it was up-regulated under anabolic states and induced by GH treatment (Shimizu et al.,
203 1999, 2003a). These biochemical and physiological data suggested that the salmon 41-kDa
204 IGFBP corresponded functionally to mammalian IGFBP-3 (Shimizu et al., 2003b). However,
205 when a cDNA for salmon IGFBP-3 was cloned, its N-terminal amino acid sequence did not match
206 that of purified 41-kDa IGFBP (Shimizu et al., 2011b). Moreover, amino acids obtained after

207 digesting purified 41-kDa IGFBP by cyanogen bromide were assigned to the internal regions of
208 the deduced IGFBP-2b sequence. These results indicated that circulating salmon 41-kDa IGFBP
209 was not IGFBP-3 but was instead IGFBP-2b (Shimizu et al., 2011b). Fish 40-50 kDa IGFBP had
210 been assumed to be an ortholog of mammalian IGFBP-3, and the structure and function of
211 IGFBP-3 were assumed to be "conserved". However, it was IGFBP-2b that physiologically
212 corresponded to mammalian IGFBP-3. Our findings suggested that there is a functional
213 convergence between mammalian IGFBP-3 and salmon IGFBP-2b. On the other hand, despite a
214 relatively high sequence homology between human and salmon IGFBP-3, their functions
215 appeared to have diverged.

216

217 **5. Structural features of circulating salmon IGFBPs**

218 IGFBPs are a single chain polypeptide consisting of three functional domains: N-, C- and
219 L-domains (Fig. 4; Shimasaki and Ling, 1991; Hwa et al., 1999; Firth and Baxter, 2002; Forbes et
220 al., 2012). The N-terminal domains of IGFBP-1-5 have 12 cysteine residues to form six disulfide
221 bonds within the domain, which is necessary for IGF binding. A GCGCCXXC motif is well
222 conserved in the IGFBP family except for IGFBP-6. IGFBP-6 lacks two cysteine residues
223 resulting in five disulfide bonds. There are several IGFBP-related proteins (IGFBPrPs) having
224 sequence homology to the IGFBP N-terminus but not to other domains (Kim et al., 1997; Hwa et
225 al., 1999). It is of note that IGFBPrPs have the ability to bind IGFs and insulin but with much
226 lower affinity compared to IGFBPs due to lack of the IGFBP C-terminus (Hwa et al., 1999). The
227 C-terminal domain of IGFBP has 6 cysteine residues with a conserved CWCV motif, which are
228 also required for high affinity binding to IGFs (Forbes et al., 2012). There are some motifs in the
229 C-terminus important for IGFBPs to associate with the cell surface or translocate into the cell.
230 Such motifs include an Arg-Gly-Asp (RGD) sequence found in IGFBP-1 and -2 (Firth and Baxter,
231 2002) and a nuclear localization signal (NLS) found in IGFBP-3, -5 and -6 (Forbes et al., 2012).
232 The middle linker (L) domain of IGFBP is less conserved among IGFBPs and contains several
233 motifs specific to each type such as sites for N-glycosylation, proteolytic cleavage,
234 phosphorylation, nuclear localization and heparin binding (Shimazaki and Ling, 1991; Hwa et al.,
235 1999; Firth and Baxter, 2002; Forbes et al., 2012).

236 The deduced amino acid sequences of cloned salmon IGFBPs have relatively high
237 sequence homologies to mammalian counterparts, especially for the N- and C-terminal domains,
238 but some motifs were absent (Fig. 4). The RGD motif is an integrin recognition site important for
239 IGFBP interaction with cell surface $\alpha 5 \beta 1$ integrin, and is present in mammalian IGFBP-1 and -2

240 (Jones et al., 1993). This motif is conserved in fish IGFBP-2s but substituted in fish IGFBP-1 (Fig.
241 4; Maures and Duan, 2002; Kamei et al., 2008; Shimizu et al., 2011a). NLS is an important motif
242 for IGFBP-3 to express IGF-independent action by translocating to the nucleus and acting as a
243 transcription factor (Schedlich et al., 2000). Zebrafish (*Danio rerio*) IGFBP-3 possesses NLS and
244 has been shown to exert its ligand-independent action by antagonizing bone morphogenetic
245 protein (BMP) (Zhong et al., 2011). This motif is conserved in salmon IGFBP-3 but its
246 functionality has not been confirmed (Shimizu et al., 2011b).

247 Post-translational modification is an important step for proteins to exert their functions.
248 Phosphorylation and N-glycosylation are two major modifications for IGFBPs. Mammalian
249 IGFBP-1 is highly phosphorylated, which may be important for high IGF binding since a
250 non-phosphorylated form had a lower IGF binding ability and failed to suppress IGF action
251 (Jones et al., 1991). A Pro-Glu-Ser-Thr (PEST)-rich domain is responsible for phosphorylation of
252 mammalian IGFBP-1 (Julkunen et al., 1988) and also present in salmon IGFBP-1s (Shimizu et al.,
253 2005; 2011a), suggesting they are phosphorylated although it has not been directly confirmed by
254 phosphoprotein staining. N-glycosylation is characteristic of mammalian IGFBP-3 (Firth and
255 Baxter, 1999). There are three N-glycosylation sites in human IGFBP-3 whereas two sites are
256 found in salmon IGFBP-3 (Fig. 4; Shimizu et al., 2011b). It is of note that human IGFBP-2 has no
257 N-glycosylation sites while salmon IGFBP-2b has three (Fig. 4; Shimizu et al., 2011b). These
258 multiple glycosylations are probably why salmon IGFBP-2b appears as doublet bands at 41- and
259 43-kDa similar to the size of mammalian IGFBP-3 on electrophoresis gels. Glycosylation of these
260 two bands was confirmed by digestion with endoglycopeptidase of purified salmon IGFBP-2b
261 (Shimizu et al., 2003b). The exact role of N-glycosylation of mammalian IGFBP-3 and salmon
262 IGFBP-2b is unknown, but it may affect interaction with the cell surface (Firth and Baxter, 1999).
263 No N-glycosylation sites are found in salmon IGFBP-1s, but zebrafish IGFBP-1a has one site
264 (Maures and Duan, 2002; Kamei et al., 2008; Shimizu et al., 2011a).

265

266 **6. Molecular distribution of circulating IGF-I in fish**

267 As mentioned earlier, the ternary complex of IGFBP-3, IGF and ALS is critical for maintaining
268 high concentrations of IGFs in the mammalian circulation. However, there is so far no evidence of
269 the presence of the ternary complex in the fish circulation. When lamprey plasma was separated
270 by size-exclusion chromatography, IGF-binding activity was detected around 50 kDa (Upton et
271 al., 1993), which was much smaller than the mammalian 150-kDa complex. A similar result was
272 obtained with barramundi (*Lates calcarifer*; Degger et al., 2000). However, it should be noted that

273 under unequilibrated conditions the IGF-binding assay detects mainly unoccupied IGFbps but
274 may not do so with IGFbps saturated with endogenous IGFs. Shimizu et al. (1999) fractionated
275 coho salmon serum by size-exclusion chromatography under neutral conditions and measured
276 IGF-I in the eluted fractions. As a result, IGF-I immunoreactivity was detected at approximately
277 50-kDa (binary complex) and 7.5 kDa (free form), but not at 150 kDa (ternary complex) (Fig. 5).
278 These attempts were unable to detect a high-molecular-weight pool of IGF-I in the fish circulation.
279 However, sequences of ALS are present in fish genome databases and appear to be similar to
280 those of mammalian counterparts (Shimizu, personal communication). The apparent lack of the
281 ternary complex is probably due to the extremely low hepatic expression of *igfbp-3* at least in
282 salmon (Shimizu et al., 2011b). The liver is the major site of production of IGFBP-3 in mammals.
283 Shimizu et al. (2011b) cloned a cDNA of salmon *igfbp-3* from the heart since its expression was
284 very low in the liver. Macqeen et al. (2013) comprehensively analyzed tissue expression levels of
285 19 salmon *igfbps* and found four *igfbp-3* paralogs had low expression in the liver and also other
286 tissues examined. Such low hepatic expression makes it unlikely that IGFBP-3 is a major
287 circulating IGFBP in salmon. It is not known if ALS circulates in fish blood, but the extremely
288 low levels of production of IGFBP-3 by the liver may be a major reason for the lack of ternary
289 complex in salmon circulation.

290 The significance and/or reason of the apparent lack of ternary complex in the salmon
291 circulation are not known at present, but the following is a possible explanation why the ternary
292 complex is not formed. An advantage of forming the high-molecular-weight complex of 150 kDa
293 is to prevent IGF from being filtered out by the kidney and from leaving the capillary barrier
294 (Zapf, 1995; Rajaram et al., 1997). The capillary barrier in mammals has a molecular cutoff
295 around 60 kDa, which does not allow the 150 kDa ternary complex to pass through, although the
296 50 kDa binary complex may be filtered (Hasegawa et al., 1992). For this reason, the ternary
297 complex is critical to form large pools of IGFs in mammalian circulation. In contrast, fish
298 capillaries are relatively "leaky" lacking a clear molecular cutoff (Hargens et al., 1974), so that
299 even if the ternary complex is formed, IGFs may not be sequestered in the circulation.
300 Furthermore, renal glomerular filtration in fish is at least an order of magnitude lower than in
301 mammals, so renal loss of IGF may not be as great in fish as in mammals (Hickman and Trump,
302 1969). In addition, mammalian IGFBP-3 is produced by the Kupffer and endothelial cells in the
303 liver. Fish apparently lack Kupffer cells (Robertson and Bradley, 1992; Bruslé and Anadon, 1995),
304 which may be a reason for the low *igfbp-3* expression in the liver. Supporting this, cultured striped
305 bass liver pieces did not secrete a 35-39-kDa IGFBP, but did produce 28-30-kDa and 23-24-kDa

306 IGFbps (Fukazawa et al., 1995; Siharath et al., 1996). Based on this evidence, it is hypothesized
307 that the apparent lack of the ternary complex in fish may be due to the leaky nature of the vascular
308 system and low renal filtration in fish, which does not provide a selective advantage for the
309 formation of a ternary complex along with the apparent lack of the Kupffer cells in the liver, all of
310 which might prevent IGFBP-3 from being a major circulating IGFBP. The significance of the lack
311 of the ternary complex needs to be addressed by taking account of the difference in the vascular
312 system between mammals and fishes.

313

314 **7. Hormonal regulation of circulating fish IGFbps**

315 Kelley et al. (1992) detected IGFbps in fish blood and demonstrated that they were under control
316 of hormones. Fukazawa et al. (1995) examined in vitro effects of several hormones (GH, insulin,
317 prolactin, glucagon, triiodothyronine, thyroxine, testosterone and estradiol) and growth factors
318 (epidermal growth factor and IGF-I) on the secretion of the two low-molecular-weight IGFbps
319 from liver pieces of striped bass. These results indicate that many hormones are involved in the
320 regulation of fish IGFbps.

321

322 *7.1. Insulin*

323 In mammals, insulin is a potent inhibitor of IGFBP-1 (Unterman et al., 1991). Circulating levels
324 of IGFBP-1 are generally inversely related to those of insulin after meals, and insulin treatment
325 inhibits IGFBP-1 both at the mRNA and protein levels (Lee et al., 1993, 1997). In the goby, an
326 experimental model to create insulin-dependent diabetes mellitus (IDDM) by surgical removal of
327 pancreatic islets (isletectomy) was established (Kelley et al., 1993). The isletectomized goby
328 showed induction of 24- and 30-kDa IGFbps in plasma, and insulin treatment restored levels of
329 these IGFbps to basal conditions (Kelley et al., 2001), suggesting that negative regulation by
330 insulin of putative fish IGFBP-1 is conserved at least in this species. In contrast, an in vitro
331 experiment using primary cultured salmon hepatocytes found that insulin had no effect on
332 reducing *igfbp-1b* mRNA and protein (Pierce et al., 2006). On the other hand, there was a weak
333 negative correlation between circulating IGFBP-1b and insulin levels in coho salmon (Shimizu et
334 al., personal communication). Thus, the inhibitory effect of insulin may be species-specific or an
335 indirect effect in fish.

336

337 The effect of insulin on the 40-50-kDa IGFBP is not clear. A study using
338 isletectomized goby showed that a high dose of insulin (1U/kg) increased the intensity of the

339 40-50-kDa IGFBP band (Kelley et al., 1992), although no statistical analysis was conducted.

340

341 7.2. *Glucocorticoids*

342 Cortisol is known to induce IGFBP-1 in mammals although its positive effect is secondary to the
343 inhibitory effect of insulin (Katz et al., 1998). In fish, the involvement of cortisol in inducing the
344 low-molecular-weight IGFbps in blood has been suggested based on the findings that IGFBP
345 levels were increased under catabolic conditions such as fasting, isletectomy, or handling stress
346 when cortisol is also elevated (Kelley et al., 2001; 2002; Peterson and Small, 2004; Davis and
347 Peterson, 2005, 2006). Several studies also provided evidence of a direct induction by cortisol of
348 these smaller IGFbps in fish (Kajimura et al., 2003; Peterson and Small, 2005; Pierce et al., 2006;
349 Shimizu et al., 2011a). A single cortisol injection of tilapia resulted in a clear induction of 24- and
350 30-kDa IGFbps within two hours and its effect lasted for eight hours, but levels returned to
351 baseline by 24 hours (Kajimura et al., 2003). A long-term (four weeks) treatment of channel
352 catfish with dietary cortisol also induced a 20-kDa IGFBP in plasma (Peterson and Small, 2005).
353 A glucocorticoid agonist, dexamethasone, directly stimulated *igfbp-1b* mRNA in salmon
354 hepatocytes in vitro (Pierce et al., 2006). In rainbow trout, IGFBP-1a as well as IGFBP-1b were
355 inducible by exogenous cortisol (Shimizu et al., 2011a). These findings well support the notion
356 that cortisol induces salmon IGFBP-1s and the low-molecular-weight IGFbps of other fishes.
357 However, Kelley et al. (2000) reported that a 30-kDa IGFBP in the goby was induced by
358 isletectomy but cortisol treatment reduced it in a dose dependent manner. This result suggests an
359 interactive regulation by cortisol and pancreatic hormone(s) of the 30-kDa IGFBP in the goby.
360 Thus, cortisol may have divergent effects on multiple IGFbps in various tissues.

361 Cortisol has been found to reduce the plasma 40-50-kDa IGFBP in tilapia (Kajimura et
362 al., 2003). However, it is not known if the same regulation exists in other fish species.

363

364 7.3. *Growth hormone (GH)*

365 In mammals GH is the major regulator of the components of the ternary complex (i.e. IGF-I,
366 IGFBP-3 and ALS) (Martin and Baxter, 1992). The liver is the primary site of production of all
367 three components, and GH treatment induces their production, although cellular localization of
368 the components in the liver is different as mentioned earlier. Induction by GH of fish IGFbps was
369 first reported in coho salmon (Kelley et al., 1992). In striped bass, hypophysectomy was effective
370 in reducing a 35-kDa IGFBP and injecting ovine GH restored its levels (Siharath et al., 1995b).
371 The same approach was used to assess the effect of GH on tilapia IGFbps (Park et al., 2000). In

372 that study, fish were first hypophysectomized and given homologous GH. Exogenous GH
373 increased a 40-kDa IGFBP, which had been reduced by hypophysectomy (Park et al., 2000).
374 However, the GH effect in pituitary-intact fish was less clear. In a study of tilapia by Breves et al.
375 (2014) injection of GH increased hepatic expression of *igfbp-2b*, suggesting that GH induces
376 hepatic production of the 40-kDa IGFBP in intact tilapia. GH treatment of intact coho salmon
377 increased 41-kDa IGFBP (IGFBP-2b) levels as measured by radioimmunoassay (RIA) (Shimizu
378 et al., 2003a). In channel catfish (*Ictalurus punctatus*), GH injection reduced plasma levels of 44-
379 and 47-kDa IGFbps, which goes along with other atypical responses to GH treatment in channel
380 catfish such as increased body fat and reduced body protein (Johnson et al., 2003). However,
381 long-term GH treatment of the same species had no significant effect on a 45-kDa IGFBP
382 (Peterson et al., 2004). It should be noted that in none of these fish species has 40-50-kDa IGFbps
383 been proven to be IGFBP-3 orthologs. On the contrary, salmon 41-kDa IGFBP was identified as
384 IGFBP-2b (Shimizu et al., 2011b). In humans, GH is weakly inhibitory to IGFBP-2 (Blum et al.,
385 1993), which contrasts to the GH effect on salmon IGFBP-2b. In this respect, a major target of
386 GH has diversified between mammals and salmon.

387 The effect of GH on other IGFbps in fish is not consistent. GH injection had no effect
388 on the striped bass 23-24-kDa IGFBP, reduced the tilapia 20-kDa IGFBP and the catfish 35-kDa
389 IGFBP, or increased the tilapia 29- and 32-kDa IGFbps (Siharath et al., 1995b; Park et al., 2000;
390 Johnson et al., 2003). These results suggest that GH does not act directly on the
391 lower-molecular-weight IGFbps, and its effect is secondary through modulating other hormones
392 such as insulin and/or cortisol. In contrast, in zebrafish GH injection decreased whole body
393 mRNA levels of *igfb-2*, which corresponds to IGFBP-2a with molecular weight of 31 kDa when
394 expressed in CHO-K1 cells (Duan et al., 1999).

395

396 7.4. Sex steroids

397 Only a few studies examined effects of sex steroids on circulating IGFbps in fish (Fukuzawa et
398 al., 1995; Larsen et al., 2004), but the IGFBP responses at the mRNA level have been
399 comprehensively evaluated in rainbow trout (Cleveland and Weber, 2015). Fukuzawa et al.
400 (1995) examined in vitro effects of testosterone and estradiol-17 β on the secretion of the
401 low-molecular-weight IGFbps from the liver pieces of striped bass and found that estradiol-17 β
402 at 5 ng/ml significantly increased the secretion of two IGFbps, whereas testosterone at the same
403 concentration had no effect. The striped bass 35-39 kDa IGFBP was undetectable in the cultured
404 media (Fukuzawa et al., 1995; Siharath et al., 1995a). On the other hand, in vivo injection of

405 testosterone or 11-ketotestosterone significantly increased circulating IGFBP-2b levels in
406 postsmolt coho salmon (Larsen et al., 2004), although responses of IGFBP-1a or -1b were not
407 examined in that study.

408

409 **8. Environmental and developmental regulation of circulating fish IGFbps**

410 Circulating fish IGFbps are presumably important for adjusting growth under changing
411 environments through regulating the availability of IGFs to target tissues. Accordingly,
412 circulating levels of IGFbps are controlled by environmental factors (Picha et al., 2008a).

413

414 *8.1. Feeding and nutrition*

415 Circulating levels of fish IGFbps are affected by nutritional status, but their responses differ
416 among the IGFBP types in terms of direction and/or magnitude of change. The 20-25 kDa IGFBP
417 including salmon IGFBP-1b is relatively sensitive to food deprivation or feeding ration. Fasting
418 of striped bass for 30 days induced a 25-kDa IGFBP in plasma, and refeeding for two weeks
419 reduced it to undetectable levels (Siharath et al., 1996). Similar responses of the 20-25-kDa
420 IGFBP have been reported using ligand blotting in coho salmon, goby, channel catfish and
421 Atlantic salmon (*Salmo salar*) (Shimizu et al., 1999; Kelley et al., 2001; Peterson and Small,
422 2004; Hevrøy et al., 2011). The availability of an RIA for salmon 22-kDa IGFBP (IGFBP-1b)
423 made it possible to process a large number of samples with greater measurement precision
424 (Shimizu et al., 2006). When postsmolt coho salmon were reared under different feeding rations
425 (1.75, 1.0, 0.5 and 0% body weight/day), IGFBP-1b levels as measured by RIA were graded by
426 the ration being highest in the lowest ration (Shimizu et al., 2006). Changes in feeding ration
427 influenced circulating IGFBP-1b levels within two weeks (Shimizu et al., 2006). Moreover, a
428 significant reduction in IGFBP-1b was observed by four hours after a meal in postsmolt coho
429 salmon (Shimizu et al., 2009). In mammals, IGFBP-1 shows a dynamic change within a day in
430 response to a meal (Yeoh and Baxter, 1988). Salmon IGFBP-1b is similar to the mammalian
431 counterpart by showing a significant fluctuation within a day (Shimizu et al., 2009).

432 The 28-32-kDa IGFBP, including salmon IGFBP-1a, is also inducible by fasting in
433 some species, but its response is not as sensitive as the 20-25-kDa form. In the goby, a 30-kDa
434 IGFBP was induced by fasting and reduced by re-feeding, which was in parallel with a 24-kDa
435 form (Kelley et al., 2001). On the other hand, fasting of channel catfish up to 45 days had no effect
436 on a 35-kDa IGFBP (Peterson and Small, 2004). In Chinook salmon, IGFBP-1a was not induced
437 after six weeks of fasting (Shimizu et al., 2011a), whereas fasting of masu salmon (*O. masou*) for

438 four weeks resulted in increases of both IGFBP-1a and -1b (Fig. 6; Kawaguchi et al., 2013).
439 These findings suggest that IGFBP-1 sensitivity to fasting may be species-specific.

440 The response of the 40-50-kDa IGFBP including salmon IGFBP-2b appears to be
441 opposite to what is seen for the 20-24-kDa IGFBP; the 40-50-kDa levels are high when fish are
442 fed, and fasting decreases its levels. However, its response to fasting is sometimes unclear partly
443 because this IGFBP often appears as diffused bands on ligand blotting, making it difficult to
444 quantify. For example, fasting of striped bass for 60 days tended to decrease a 35-39-kDa IGFBP,
445 but the response was not significant (Siharath et al., 1996). On the other hand, in a hybrid striped
446 bass (*M. chrysops* X *M. saxatilis*) a 40-kDa IGFBP, presumably corresponding to the 35-39 kDa
447 form in striped bass, significantly decreased in fasted fish in 20 days; it recovered to fed control
448 levels after re-feeding for 20 days (Picha et al., 2008b). With the development of an RIA for
449 salmon 41-kDa IGFBP (IGFBP-2b), it became clear in salmon that IGFBP-2b is sensitive to
450 nutritional conditions including fasting and feeding ration (Shimizu et al., 2003a, 2009; Beckman
451 et al., 2004a,b). IGFBP-2b responded to fasting as early as four days in Chinook salmon and a
452 single meal increased it within several hours in fasted coho salmon (Pierce et al., 2005; Shimizu et
453 al., 2009). In addition, the trout 47-kDa IGFBP increased when fish were fed diets with increasing
454 percentage of plant proteins (0, 50, 75 or 100%) (Gomez-Requeni et al., 2005). In juvenile olive
455 flounder (*Paralichthys olivaceus*), dietary supplementation of glycoprotein extracts from the sea
456 mustard (*Hizikin fusiformis*) increased a plasma 43-kDa IGFBP while decreasing a 34-kDa
457 IGFBP (Choi et al., 2014). It is of note that in some fish species the 40-50-kDa IGFBP is
458 undetectable, which could partly account for considerably lower IGF-I levels in fish compared to
459 mammals (Kelley et al., 2000, 2001, 2002, 2006).

460 There are a number of studies looking at responses of multiple *igfbp* mRNAs in the
461 liver and/or white muscle to fasting and refeeding in fish (Gabillard et al., 2006; Bower et al.,
462 2008; Pedroso et al., 2009; Bower and Johnston, 2010; Safian et al., 2012; Cleveland and Weber,
463 2014; Garcia de la serrana et al., 2017). Fasting of adult zebrafish increases whole body mRNA
464 levels of an *igfbp-2a* (Duan et al., 1999). Fasting and refeeding of rainbow trout showed
465 significant changes in *igfbp* expression, including in liver increases in *igfbp-2*, *-4*, and *-6* after
466 refeeding, and in muscle increases in *igfbp-2*, *-4*, and *-5* (Gabillard et al. 2006). An in vitro
467 approach to a fasting and refeeding experiment is removal of amino acids and subsequent addition
468 in cultured Atlantic salmon myotubes (Bower and Johnston, 2010). This approach showed an
469 increase in *igfbp-5* expression in myotube cells due to amino acid addition alone and an increase
470 in *igfbp-4* expression when amino acid addition was combined with IGF or insulin addition

471 (Bower and Johnston, 2010). These studies indicate that hepatic and muscle IGFbps are regulated
472 by nutrition and emphasize that local IGFbps play significant roles in regulating muscle growth
473 in response to changes in nutritional status.

474

475 8.2. Stress

476 Stress is a strong inducer of the two low-molecular-weight IGFbps in the fish circulation (Kelley
477 et al., 2000, 2001, 2002, 2006). Hypophysectomy of tilapia induced a 20-kDa IGFBP in the
478 circulation, and levels of a 29-kDa IGFBP were increased (Park et al., 2000). These increases
479 should be due, at least in part, to the stress associated with surgery. Kelley et al. (2001) pointed out
480 that although both 24- and 30-kDa IGFbps of jack mackerel (*Trachurus symmetricus*) were
481 induced by handling stress, the 30-kDa form was more sensitive than the 24-kDa form. In contrast,
482 a direct transfer of Chinook salmon parr, which had low hypoosmoregulatory capacity, to
483 full-strength seawater resulted in a strong induction of IGFBP-1b, but not IGFBP-1a, at six hours
484 after transfer (Shimizu et al., 2011a). In the same experiment, IGFBP-1a was induced at 12 h after
485 transfer (Shimizu et al., 2011a). A 15-min low-water stress at 25°C caused increases in both 24-
486 and 30-kDa IGFbps in sunshine bass, a hybrid between female white bass (*M. chrysops*) and
487 male striped bass (Davis and Peterson, 2006). These studies suggest that the relative sensitivity of
488 the two low-molecular-weight IGFbps vary among species or type of stress employed.
489 Supporting this, in rainbow trout an acute handling stress (five min handling) had no effect on 21-
490 and 32-kDa IGFbps (Shepherd et al., 2011).

491 The 40-50-kDa IGFBP appears to be less sensitive to stress. An acute handling stress
492 tended to increase circulating 42- and 50-kDa IGFbps in rainbow trout (Shepherd et al., 2011).
493 An osmotic stress to Chinook salmon parr had no effect on circulating IGFBP-2b levels when
494 assessed by RIA (Shimizu et al., 2011a). More work need to be done to reveal stress effects on the
495 40-50-kDa IGFBP.

496

497 8.3. Temperature

498 Temperature affects all biological processes as well as specific components of the
499 GH/IGF/IGFBP system in poikilothermic fish (Gabillard et al., 2005). Several studies examined
500 effects of decreased or increased water temperature on IGFbps and suggested that responses were
501 different among IGFBP types. When postsmolt coho salmon were reared under two water
502 temperatures (11°C or 7°C) in combination with feeding ration (1.8% or 1.0%/body weight), a
503 drop in water temperature from 11°C to 7°C decreased plasma IGFBP-1b levels in postsmolt coho

504 salmon regardless of feeding ration in the first two weeks (Shimizu et al., 2006). However, four
505 weeks after a water temperature change, IGFBP-1b levels in fish at 11°C became lower than those
506 at 7°C and the effect of the water temperature change disappeared by the ninth week (Shimizu et
507 al., 2006). In the same experiment, however, the change in water temperature alone had no effect
508 on IGFBP-2b levels but masked the effect of decreased feeding ration (Beckman et al., 2004a).
509 These findings suggest that IGFBP-1b is more sensitive than IGFBP-2b to decreasing water
510 temperature. Hevrøy et al. (2013) examined effects of elevated water temperatures in Atlantic
511 salmon in seawater and found that a 32-kDa IGFBP showed the highest levels at 17°C but further
512 increase in water temperature to 19°C restored it to the basal levels. Another study by the same
513 group showed that an elevated water temperature at 19°C decreased plasma IGFBP-1b in Atlantic
514 salmon whereas higher levels of IGFBP-1b were seen in rainbow trout, suggesting these two
515 species handled elevated temperature differently (Hevrøy et al., 2015). In channel catfish, a
516 higher water temperature (26°C versus 20°C) increased a 19-kDa IGFBP (Johnson et al., 2003).
517 In sunshine bass a decrease in water temperature from 23°C to 5°C suppressed plasma 33-kDa
518 IGFBP levels whereas 24- and 28-kDa IGFbps were unchanged (Davis and Peterson, 2006).
519 These studies indicate contrasting regulation by water temperature change for different types of
520 IGFbps in fish, although pathways by which temperature affects IGFbps are unknown. Since
521 fish growth is largely affected by water temperature, its direct and indirect effects on circulating
522 IGFbps need to be comprehensively explored.

523

524 8.4. Salinity

525 Salinity influences the GH-IGF-I system in euryhaline fishes such as salmon. However, relatively
526 little is known about the effect of salinity on fish IGFbps. Shepherd et al. (2005) were the first to
527 examine salinity effects on IGFbps. A gradual acclimation of rainbow trout from freshwater to
528 66% seawater (22 ppt) resulted in elevated IGFbps at 21, 32, 42 and 50 kDa sizes (Shepherd et al.,
529 2005). When postsmolt coho salmon were transferred from freshwater to 50% seawater (15 ppt),
530 IGFBP-2b transiently increased one day after transfer and then returned to levels similar to
531 freshwater controls (Shimizu et al., 2007). In the same study, GH treatment was found to be more
532 effective in fish in 50% seawater presumably due to a lowered glomerular filtration rate so that
533 exogenous GH was retained longer in the circulation and stimulated IGFBP-2b to a greater extent
534 (Shimizu et al., 2007).

535

536 8.5. Developmental/seasonal effects (smoltification)

537 Smoltification is a transitional process for juvenile salmon by which river-dwelling parr become
538 ocean-type smolt (Hoar, 1988; Stefansson et al., 2008; Björnsson et al., 2011; McCormick, 2013).
539 Smolt acquire hypoosmoregulatory ability during smoltification through activating gill
540 Na⁺,K⁺-ATPase (NKA) prior to the seawater entry. Smoltification is a seasonal event generally
541 occurring in spring, although some strains undergo smoltification in autumn. Many endocrine
542 axes including the GH-IGF-I system are activated during smoltification (Dickhoff et al., 1997;
543 Stefansson et al., 2008; Björnsson et al., 2011; McCormick, 2013). It is thus not surprising that
544 IGFbps change during this period. However, a limited number of studies examined changes in
545 circulating IGFbps in salmon. In coho salmon, plasma IGFBP-1b levels showed a peak at the end
546 of April when condition factor was decreasing (Shimizu et al., 2006). A negative relationship
547 between plasma IGFBP-1b and condition factor is generally found in salmon, suggesting that this
548 form is involved in catabolism (Shimizu et al., 2006). In addition, serum IGFBP-1b levels in
549 smolting masu salmon were positively correlated with gill NKA activity (Fukuda et al., 2015).
550 During smoltification, circulating IGF-I in smolting salmon are generally high and both growth
551 and hypo-osmoregulatory ability are promoted (Dickhoff et al., 1997; Stefansson et al., 2008;
552 Björnsson et al., 2011; McCormick, 2013). Thus, circulating IGF-I is most likely adequately
553 distributed to different organs involved in growth or osmoregulation. Circulating IGFBP-1b may
554 be involved in delivering IGF-I to the gills (Fukuda et al., 2015). Activity of the endocrine IGF-I
555 at the gills in turn may be regulated by local IGFbps. A recent work by Breves et al. (2017)
556 reported changes in local *igfbp-6bs* in the gills and suggested their importance in the development
557 of hypoosmoregulatory ability.

558 Plasma IGFBP-2b levels also changed during smoltification of coho salmon reaching a
559 peak at the end of March, one month earlier than the peak of IGFBP-1b (Shimizu et al., 2003a,
560 2006). In the same fish, plasma IGF-I showed two peaks in late March and late April
561 corresponding to peaks of IGFBP-2b and -1b, respectively (Shimizu et al., 2003a, 2006). These
562 results suggest that IGFbps play different roles during smoltification, although unraveling the
563 role of each IGFBP is subject to future study.

564

565 **9. Perspective**

566 Our better understanding of the fish IGFbps invites speculation on how this system
567 evolved and how it compares functionally to the well-characterized system in mammals. The
568 evolution of IGFBP genes has been elegantly described in a number of studies proposing that an
569 ancestral IGFBP gene was duplicated in chordates and was followed by a number of whole

570 genome duplications; two whole-genome duplications in ancestral vertebrates, followed by a
571 third whole-genome duplication leading to teleosts, and a fourth whole-genome duplication in
572 some fish species, e.g., salmonids (Daza et al., 2011, Macqueen et al., 2013). Thus, the Atlantic
573 salmon has 19 IGFBP genes, which are 13 more than found in humans (Macqueen et al., 2013).
574 Therefore we should be cautious in extrapolating the functions of IGFbps in mammals to those in
575 fish because there is an approximately 500 million year span involving a lot of genetic change
576 since their evolutionary divergence. However, this complexity in IGFBP evolution offers a great
577 opportunity for future study of the range of functions (subfunctional partitioning) of IGFbps in
578 fish and how they compare with mammals. Subfunction partitioning is one of the fates of
579 duplicated copies of a gene where ancestral regulatory and structural subfunctions are preserved
580 by gene duplicates (Postlethwait et al., 2004). Subfunction partitioning in turn provides gene
581 duplicates opportunities to acquire new function and/or regulation. Interestingly, the earliest
582 IGFBP function may have been independent of binding IGF (Zhou et al., 2013; Zhong and Duan,
583 2017).

584 Studies of IGFBP functions in fish have made good use of the zebrafish model.
585 Zebrafish IGFbps are generally inhibitory to IGF-induced cell proliferation (Duan et al., 1999).
586 Knocking down IGFbps resulted in abnormal organ formation (Li et al., 2005; Wood et al.,
587 2005b). In addition, while IGFBP-1 delayed the speed of embryonic development under hypoxic
588 conditions (Kajimura et al., 2005), such a response limits oxygen consumption due to
589 IGF-induced anabolism and may be adaptive to increase embryo survival. Functions of
590 duplicated zebrafish IGFbps are overlapping, but there are certain differences such as affinity for
591 IGFs, site of production, developmental changes and responses to fasting (Kamei et al., 2008;
592 Zhou et al., 2008; Wang et al., 2009; Dai et al., 2010). The fish circulation appears to contain
593 duplicated IGFBP-1s where they may play overlapping yet distinct roles in regulating postnatal
594 growth. However, there are few attempts examining functions of circulating fish IGFbps in the
595 context of gene duplication. This is most likely due to the lack of purified proteins. Plasma/serum
596 is a source for protein purification, however levels of circulating IGFbps are low, e.g., < 300
597 ng/ml (Shimizu et al., 2003a, 2006). Thus, producing recombinant IGFbps is desirable for
598 functional analyses of fish IGFbps. Recombinant salmon IGFBP-1a, -1b, -2a and -2b are
599 currently being produced by using bacterial expression systems (Tanaka et al., in press). Although
600 recombinant proteins produced in bacteria are not glycosylated or phosphorylated, the availability
601 of recombinant fish IGFbps should promote functional analyses.

602 A series of studies of circulating salmon IGFbps suggest that IGFBP-3 plays little role

603 in regulating endocrine IGFs (Shimizu et al., 1999, 2003a, 2009, 2011b). However, whether or
604 not the finding on salmon IGFBP-3 applies to other fishes is unknown. In zebrafish, since
605 IGFBP-3 plays a crucial role in embryonic development and exhibits an IGF-independent action
606 (Li et al., 2005; Zhong et al., 2011), it is important for normal development at least in this species.
607 In tilapia and yellowtail (*Seriola quinqueradiata*), GH treatment increased *igfbp-3* mRNA in the
608 liver (Cheng et al., 2002; Pedroso et al., 2009), suggesting it is secreted into the bloodstream and
609 modulates IGF action. Local action of IGFBP-3 is also suggested in fine flounder (*Paralichthys*
610 *adspersus*; Safian, et al., 2012). The stage-, tissue- or species-specific roles of fish IGFBP-3 need
611 to be examined in future studies.

612 In view of the large number of IGFBP genes that have been retained in fish, the fish
613 circulation probably contains more than three IGFBPs. There is some evidence for this to be the
614 case. For example, in coho salmon there are two additional bands often detected at 37 and 31 kDa,
615 and the 31-kDa IGFBP appeared to be decreased by fasting (Fig. 7). In order to compare
616 regulation and function of fish IGFBPs with mammalian counterparts, the fish proteins need to be
617 identified. One strategy to clone cDNAs of unidentified IGFBPs is to use degenerate primer(s)
618 designed from partial amino acid sequences of purified proteins. However, as mentioned above,
619 purifying each IGFBP from serum/plasma is not practical. Instead, partial N-terminal amino acid
620 sequence could be obtained by IGF-affinity chromatography of serum/plasma followed by
621 electrophoresis and MALDI-TOF MS/MS (Matrix Assisted Laser Desorption/Ionization-Time of
622 Flight Mass Spectrometry/Mass Spectrometry). Once a cDNA is cloned, identification and
623 recombinant production of an IGFBP are possible. Moreover, IGFBPs can be identified from
624 genome sequences when they are available, thus avoiding the need to clone cDNAs. In the case of
625 salmonids, protein-coding sequences of all 19 *igfbp* paralogs in 10 species are now available
626 (Macqueen et al., 2013; Lappin et al., 2016), which provides a very useful reference to assign
627 unidentified circulating salmon IGFBPs and accelerate functional studies on IGFBP paralogs.

628 The evidence for salmon IGFBPs suggests that salmon IGFBP-2 diverged in its
629 function from that of its mammalian counterpart, and convergently acquired characters similar to
630 mammalian IGFBP-3 (Fig. 8). Roch et al. (2009) stated that studies on duplicate hormones and
631 receptors were vulnerable to misidentification if only structural similarity was used. Salmon
632 IGFBP-2b is a good example for such case and highlights the importance of actually testing the
633 function to unravel the evolutionary fate of duplicated IGFBPs. Moreover, both salmon
634 IGFBP-1a and -1b are increased under catabolic conditions but may have different sensitivity,
635 suggesting they underwent subfunction partitioning (Fig. 8). Thus, salmon as well as other fish

636 species provide a unique opportunity to investigate how functional divergence, convergence and
637 subfunction partitioning of IGFbps occurred during vertebrate evolution.

638

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647

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1031

1032 **Figure legends**

1033 Fig. 1. Three forms of circulating IGFs in humans. The majority of circulating IGF is complexed
1034 with IGFBP-3 and an acid-labile subunit (ALS). IGFBP-5 also participates in the formation of the
1035 ternary complex. This ternary complex is too large to leave the vascular system so that a large
1036 circulating pool of IGF is formed. IGF is also bound to other IGFbps to form binary complexes.
1037 The binary complexes can cross the capillary barrier, but the availability of IGF to the receptor is
1038 limited by IGFBP. Less than 1% of IGF is in the free form and biologically active.

1039

1040 Fig. 2. Ligand blotting using labeled IGF-I of human and Chinook salmon sera. IGFBP bands
1041 were visualized by using digoxigenin (DIG)-labeled human IGF-I and anti-DIG conjugated with
1042 horseradish peroxidase. Migration positions of human and Chinook salmon IGFbps are indicated
1043 by arrows on the left and right, respectively. Molecular weights (kDa) of Chinook salmon IGFbps
1044 are indicated. NS: non-specific bands.

1045

1046 Fig. 3. Schematic patterns of IGFBP bands in human and fish sera/plasma on ligand blotting using
1047 labeled IGF-I. Migration positions of circulating IGFbps in human, chicken, Chinook salmon,
1048 rainbow trout, catfish, striped bass, tilapia, goby and lamprey are reproduced from Hossenlopp et
1049 al. (1986), Schoen et al. (1992), Niu et al. (1993), Johnson et al. (2003), Siharath et al. (1995),
1050 Park et al. (2000), Kelley et al. (1992) and Upton et al. (1993), respectively. Types of IGFBP are
1051 indicated by numbers and alphabets when identity is known.

1052

1053 Fig. 4. Alignment of deduced amino acid sequences of Chinook salmon IGFBP-1a, -1b, -2a, -2b
1054 and -3 with those of human counterparts. Sequences are from NP_000587, NP_000588,
1055 NP_000589, AEO18300.1, AAV83995.1, AEC33109.1, AEC33110.1 and AEC33113.1.
1056 Asterisks indicate cysteine residues conserved among the IGFBP family. Underlines and boxes
1057 indicate a Arg-Gly-Asp (RGD) integrin recognition motif and potential N-glycosylation sites,
1058 respectively. The starting positions of the N-, L- and C-domains of human IGFbps are shown by
1059 triangles.

1060

1061 Fig. 5. Elution profiles of serum IGF-I in coho salmon on gel filtration under neutral conditions.
1062 Arrows indicate expected elution positions of ternary, binary and free forms of IGF-I. Modified
1063 from Shimizu et al. (1999) with permission.

1064

1065 Fig. 6. IGFBP patterns in sera of fed, fasted and refed masu salmon. Serum samples were the
1066 same as used in Kawaguchi et al. (2013). Postsmolt masu salmon were fed or fasted for 6 weeks.
1067 An additional group (Re-fed) was fasted for 4 weeks followed by 2 weeks of refeeding. Arrows
1068 indicate migration positions of salmon IGFbps.

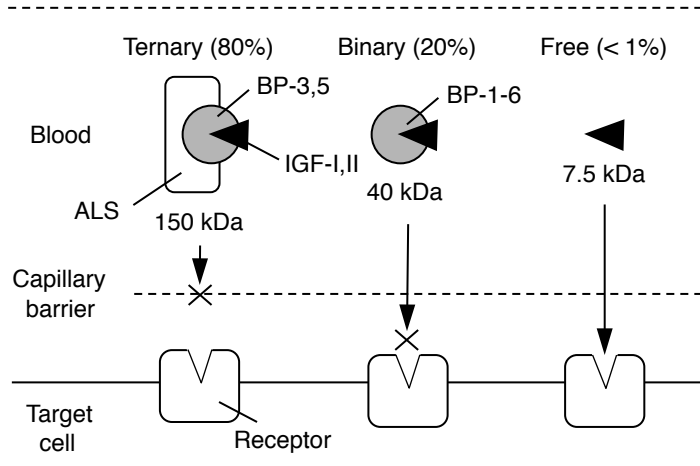
1069

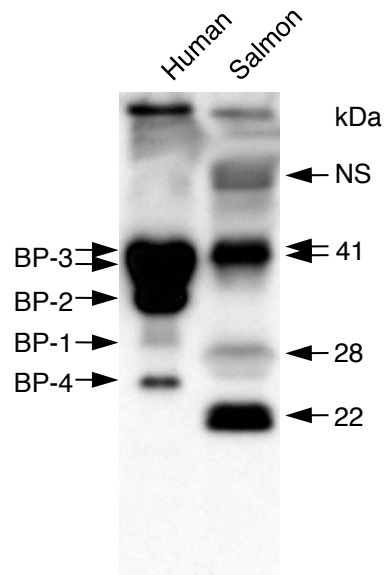
1070 Fig. 7. IGFBP patterns in plasma of fed and fasted coho salmon. Postsmolt coho salmon were fed
1071 or fasted for 3 weeks. Arrows indicate migration positions of identified and unidentified (New?)
1072 IGFbps. NS: non-specific bands.

1073

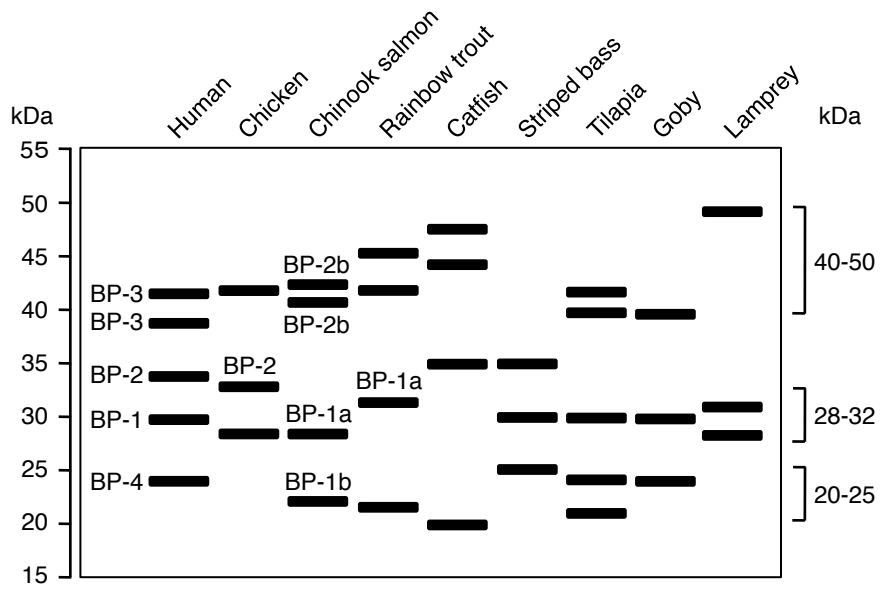
1074 Fig. 8. Hypothetical functional relationships between human and salmon IGFbps in the
1075 circulation.

Shimizu, Fig. 1

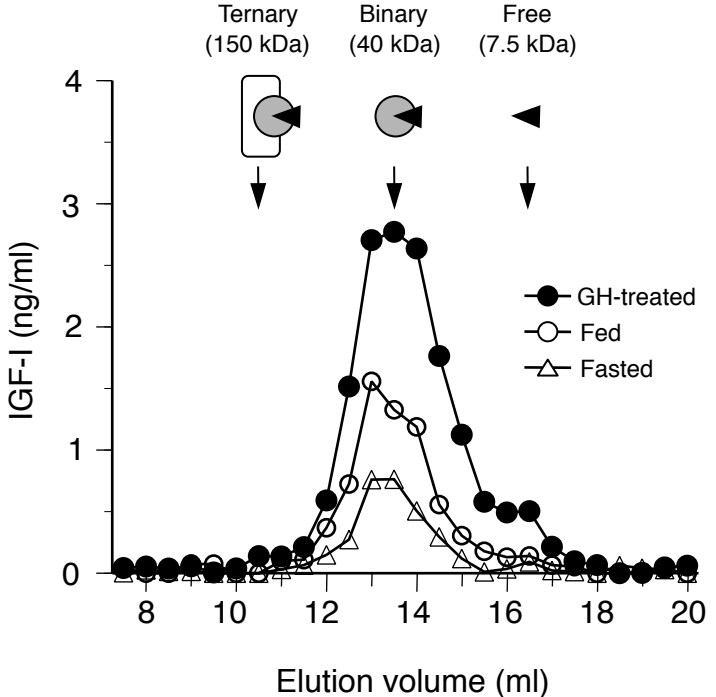


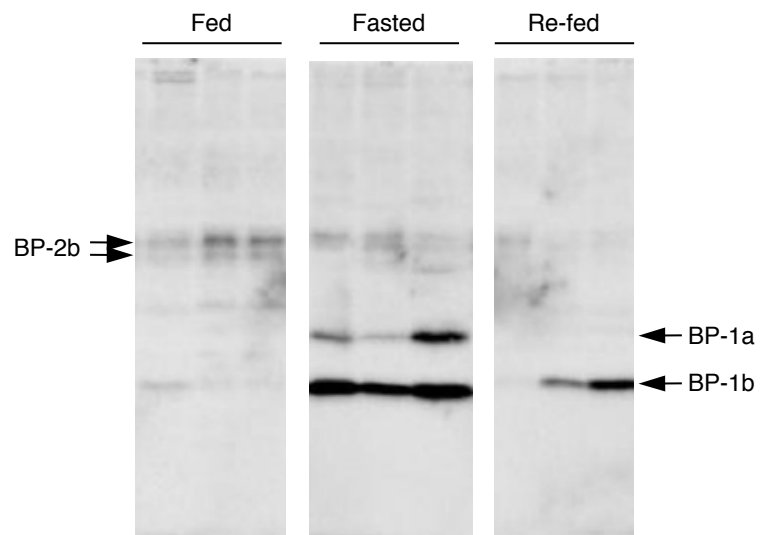


Shimizu, Fig. 3

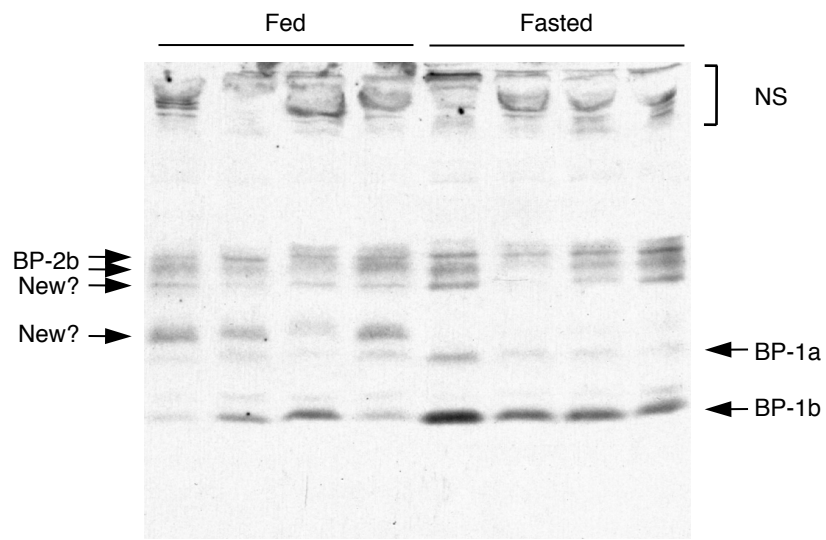


		▶ N-domain	
Human BP1	-----MS-----EVPVARVWLVLLLLTVQVG-VTAGAPWQCAPCSAEKLALC--PP		43
Salmon BP1a	-----MSGLFHRNVLVAAAVCCSVLVRSVLQSPVLAQEP IRCAPCSPEKLSEC--PA		50
Salmon BP1b	-----MLGLYKK-LTLLAAMSLSLTTLAQSSPVVGPPIRCAPCTQEKLDEC--PA		49
Human BP2	MLPRVGC PALPLPPPPLPLPLLLLLLGGASGGGGGARA EVLFRCPPCTPERLAACGPPR		60
Salmon BP2a	MTRRS-----TPRMI SYSGCSLLLLS-VAFVGASFAEMVFRCPSCTAERQAAC--PK		49
Salmon BP2b	-----MVLYFSCGLFLLTLLVLPGLLLGDLVFYCPKCTAERQTAC--PK		42
Human BP3	-----MQRARPTLWAAAL TLLVLLRGPVVARAGASSGG LGPVVRCEPCDARALAQCAPPP		55
Salmon BP3	-----MPGLCVLCLTAVLAA-----FTRFAET---VGPVVRCEPCDAGALMECKPLP	* * *	44
Human BP1	VS-----ASCSEVTRSAGCGCCPMCALPLGAACGVATARCARGLS CRALPGE		90
Salmon BP1a	VA-----PGCAEVLREPGCGCLLACALKTGDLCGIYTAPCGSGLRCTPRPGD		97
Salmon BP1b	IS-----PDKQVLRPGCGCCMACALEKGASCGVYTAHCAQGLKCS PRAGD		96
Human BP2	VAPPAVA AVAGGARMPCAELVREPGCGCCSV CARLEGEACGVYTPRCGQGLRCYPHPGS		120
Salmon BP2a	LT-----ETCAEIVREPGCGCCPVCARQEGELCGVYTPRCSSGLRCYKPKDS		96
Salmon BP2b	LA-----T NCTEIVREPACGCPVCARLEGEFCGVYTPRCSTGLRCYPTVDS		89
Human BP3	AV-----CAELVREPGCGCLT CALSEGQPCGIYTERCGSGLRCQPS PDE		100
Salmon BP3	KD-----CAERVREPGCGCLSCALAEQACGVYTGRCGSGLICQFQ PGE	* * * * *	89
Human BP1	QQPLHALTRGQGACVQESD---ASAPH-----AAEAGSPES-----	▶ L-domain	123
Salmon BP1a	LRPLHSLTRGQAVCTEIP E PVS SSVSQ-----NPDQGAADNA----		134
Salmon BP1b	PRPLHSLTRGQAICTE-----DQG-----		115
Human BP2	ELPLQALVMGEGTCEKRRDAEY GASPEQVAD-----NGDDHSEGLVENHVDST		169
Salmon BP2a	DLPLEQLVQGLGLCGHKV VTEPTGSQE-----HREKLSGEVVDVLDTS		139
Salmon BP2b	KLPLEQLVQGLGRCSQKVDTV P NRTIE-----HRDT-SGELPG-----		126
Human BP3	ARPLQALLDGRGLCV N A S AVSRLRAYLLPAP---PAPG N A S -ESEEDRSAGSVESPSVSS		156
Salmon BP3	TRPLQALLEGRGACS-SAASKLNTFLLPVQKQETTSGEHSGADERRA N G T V T T T K T V A	*	148
Human BP1	-----PESTEITEEELLDNFHLMAPSEEDHSILWDAISTYDGSKALHV		166
Salmon BP1a	-----ETENTAMVSDSGSSLYLHGHSKPFDPRAAADALESMK-AKVNAI		177
Salmon BP1b	-----QEKVEGVPDHSSLAYFLGLNTPFDTKNEG-AQESIK-AKVNTI		156
Human BP2	MN-----MLGGGSAGRKPLKSGMKELAVFREKVFTEQHRQMGKGGKHHLGLE E PPK		220
Salmon BP2a	L-----TEIPPLRKATKDN-PWLGPKENAMRQHRREMKTKMKS NK-PEDPKT		184
Salmon BP2b	-----TEGPTMKKPTKDVRIWIWSKDMAPKQAQNELKTKMKTNNCP EEPKT		172
Human BP3	-----THRVS DPKFHPLHSKI I I I KKGHAKDSQRYKVDYESQ--STDTQ N F S S E		203
Salmon BP3	GGAVGVEGGGGGHRGAIEAKPPLHTKLDV IKKEQNKKSQSYKVESVSGGVSSDMH N F S L D		208
Human BP1	▶ C-domain		
Human BP1	TNIKKWKEPCRIELYRVVSLAKA----QETS GEEISKFYLPNCNKNGFYHSRQCETSMD		222
Salmon BP1a	RKKLVEQGPCHVELQRALEKIAKS----QQLGDKLIRFYLPNC DKHGLYKAKQCESSLD		233
Salmon BP1b	RKKLVEQGPCHIELHAALDKITSS----QOELGEKFTNFYLPNC DKHGFYKAKQCESSLV		212
Human BP2	LRPPPARTPCQOELDQVLERISTMRLPDERGPLEHL YSLHIPNC DKHGLYNLQCKMSLN		280
Salmon BP2a	PRG--KQIQCOQELDQVLERISKMPFRDNRGPLEDLYALHIPNC DMRGQYNLQCKMSLH		242
Salmon BP2b	QQP--MKGPCAQELEKVMEEISKMSFHDNRGHVDNLYQLKFPNCEKIGQYNLQCKHMS TH		230
Human BP3	SKRETEYGPCCRREMEDTLNHLKFLN-----VLSPRGVHIPNC DKKGFYKKKQCRPSKG		256
Salmon BP3	NKRETEYGPCCRREME SILNSLKISN-----VLNPRGFRIPNC DKKGFYKKKQCRPSKG	* * *	261
Human BP1	GEAGLCWCVPWNGKRIPGSP EIRGDPNCQIYFNVQN-----		259
Salmon BP1a	GQKGRWCVSVFWNGKILGSTDL EGDACAYEINH-----		268
Salmon BP1b	GPHARCWCVSSWNGKILGSNYLPG-LECQLEL-----		244
Human BP2	GQRGECWCVNPN TGKLIQGAPTIRGDP ECHLFYNEQQEARGVDTORMQ-----		328
Salmon BP2a	GQRGECWCVNPHXGRPI SAPTVRGDP NCS OYLRGPEMDTLVSAQK-----		288
Salmon BP2b	GQRGECWCVNPF TGVI AQSTKVRGDP NCS OYVEEQEMETGTQSTAVLQMAEI		283
Human BP3	RKRGFWCVDKYGQPLPGYTTK GKEDVHCYSMQSK-----		291
Salmon BP3	RKRGYCWCVDKYGQPLPGYDGKERGESQCNNLENK-----	* * *	296





Shimizu, Fig. 7



Shimizu and Dickhoff, Fig. 8

