

1 **Title Page**

2 **Title:** Wetlands in intermittently closed estuaries can build elevations to keep pace with sea-level
3 rise

4
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11
12 **Key words:** estuary, California, marsh, modeling, climate change

13
14 **Abstract**

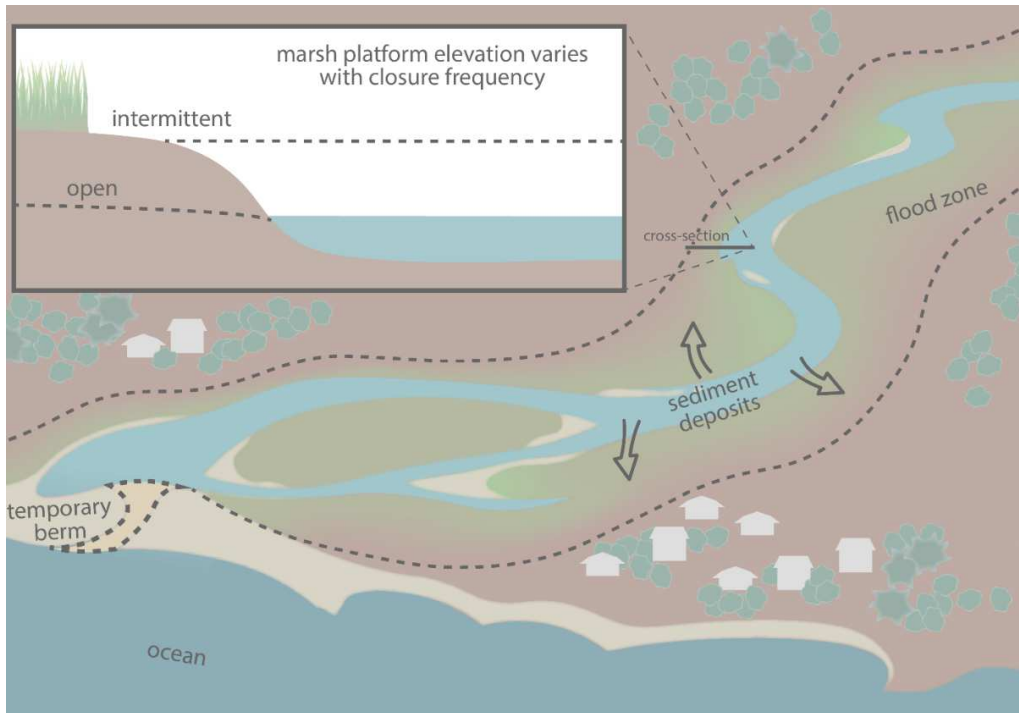
15 Sea-level rise is a threat to coastal ecosystems, which have important conservation and economic
16 value. While marsh response to sea-level rise has been well characterized for perennially open
17 estuaries, bar-built intermittently-closed estuaries and their sea-level rise response are seldom
18 addressed in the literature – despite being common globally. Here, we show that annual closures
19 can play a critical role in maintaining marsh elevations by trapping fluvial sediments that can
20 accrete on the marsh plain. We seek to advance the conceptual understanding of sea-level rise
21 response of marshes by incorporating the unique nature of intermittently-closed estuaries in a
22 marsh model. We hypothesize that intermittently-closed-estuary marshes may be more resilient
23 to sea-level rise than open-estuary marshes due to greater initial elevation capital and higher

24 accretion rates due to closure events. Using California, USA as a case study, spatial analysis
25 shows that marshes in intermittently-closed-estuaries had significantly greater elevations (\bar{x} =
26 1.93 m \pm 0.2 standard error, n = 14) than marshes in permanently open estuaries (\bar{x} = 0.94 m \pm
27 0.1 standard error, n = 8; P = 0.001). We then used a process-based model to determine marsh
28 elevation change under 840 simulated responses to sea-level rise scenarios to 2100. Our
29 modeling shows that regular annual mouth closure can promote accretion rates and increase
30 marsh elevations fast enough to match even high rates of sea-level rise, as fluvial sediment
31 pulses can be captured in the estuary. Modeled suspended sediment concentration had the
32 strongest effect on accretion, followed by probability of annual mouth closure. Intermittently
33 closed estuaries are critical environments where marshes may be sustained under high rates of
34 sea-level rise, thus reducing the anticipated global loss of these important ecosystems. Our
35 results demonstrate an important gap in the knowledge about marsh accretion and identifies
36 research needs to inform coastal management.

37 **1. Introduction**

38 Estuaries are transition spaces between land and sea that are remarkably productive ecosystems
39 and provide important services to human society (e.g., Brander et al. 2006), but are vulnerable to
40 environmental alteration and climate change (Morris et al. 2002; Cahoon et al. 2006; Shile et al.
41 2014, Thorne et al. 2018). The severity and evidence of sea-level rise is well documented
42 globally; however, sea-level rise rates are largely uncertain in the later parts of this century as
43 they are dependent on global greenhouse gas emission scenarios (Mather et al. 2009, Bonaduce
44 et al. 2016, IPCC 2018, Rojas et al. 2018). Accelerations in sea-level rise and other climate
45 change drivers will create novel and, in many cases, extreme environmental conditions in
46 estuaries with unknown ecosystem consequences.

47 Estuaries are traditionally thought of as open to the ocean with one or more rivers or
48 streams flowing into them creating a brackish environment. However, in some estuaries the
49 entrance is not permanently open to the ocean but shifts between open and closed states
50 (McSweeney et al. 2017a), a phenomenon that has led to recent redefinition of an ‘estuary’ (Day
51 1981, Whitfield and Elliott 2012). These bar-built intermittently closed estuaries (ICE, Figure 1)
52 may take many forms but are typically found on wave dominated coasts, characterized by small
53 tidal prisms, high sediment supply and variable river or creek inflow that allow waves to build a
54 sand barrier across the mouth. ICE mouth closure frequency is dependent on local hydrologic,
55 geomorphic, and ocean conditions (Behrens et al 2013, McSweeney et al. 2017a, Kjerfve 1986,
56 1994). There is a spectrum of closure frequency within and across ICE, with a single seasonal
57 closure being most common and irregular episodic closures observed in some systems (Elwany
58 et al. 1998, Morris and Turner 2010; McSweeney et al. 2017a; Winter 2020). ICE can be
59 disconnected from the ocean for days or even years, creating an impounded lagoon behind the
60 sand barrier with variable water levels depending on the net water budget (Figure 1). Closed
61 ICE water levels can be highly variable which can vary across climatic regions and with seasons
62 or time (Schallenberg et al. 2010, Clark and O’Connor 2019). Water levels in ICE depend on
63 when the closure occurs, local watershed flows, seepage through barrier, wave overwash and
64 evaporation rates (Stretch and Parkinson 2006).



65

66 **Figure 1.** Conceptual model of the biophysical marsh processes and water levels for
 67 intermittently closed estuaries (ICE). ICEs are closed to ocean influence a portion of the time
 68 usually by a sand-built berm which can be breached by waves and/or high watershed flows.
 69 Marshes (green) in ICE have higher marsh platforms when compared with marshes in perennial
 70 open estuaries.

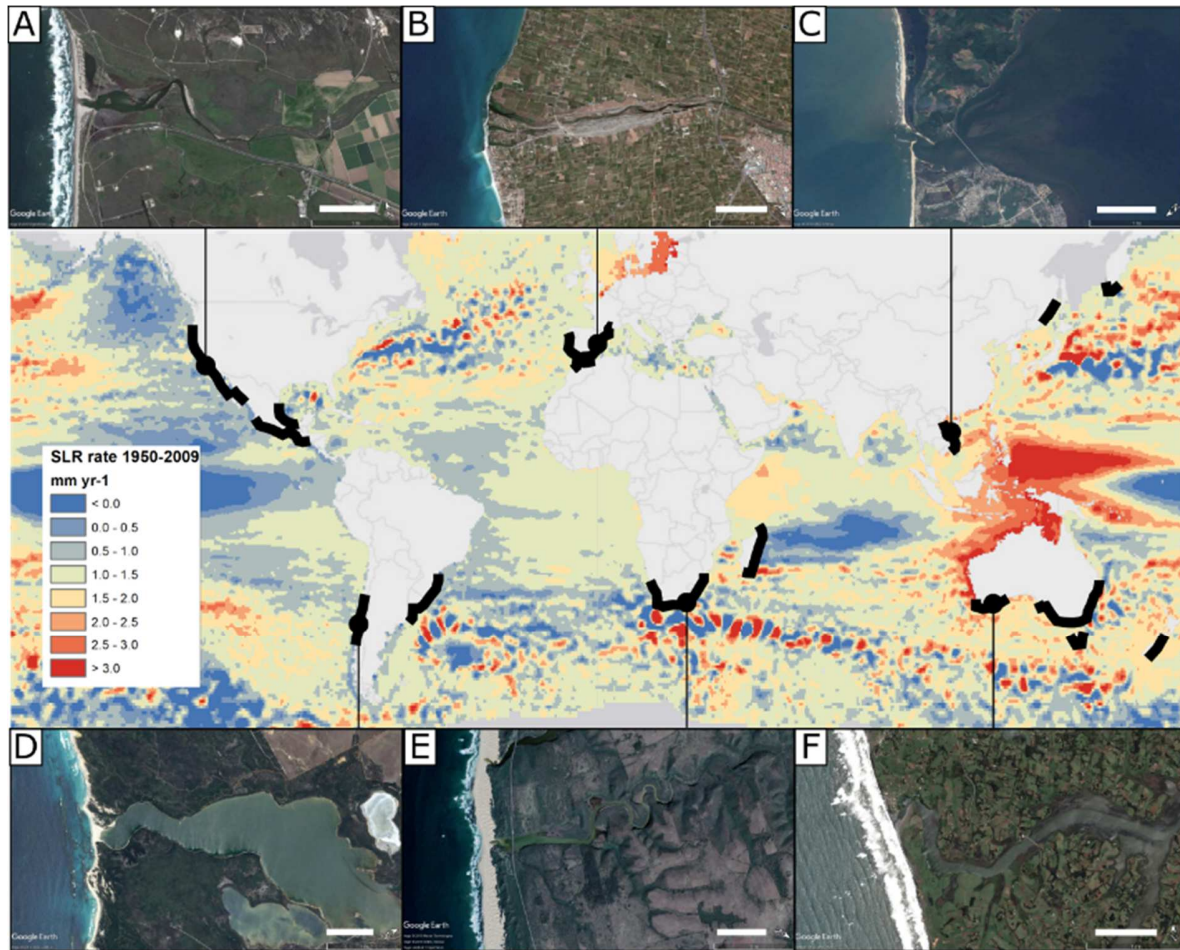
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72 The timing and frequency of mouth closure depends on complex interactions between
 73 sediment import and export driven by waves, tidal exchange, and river discharge (Whitfield et al.
 74 2012; Behrens et al 2013, 2015). Waves create a berm that can partially or completely block the
 75 lagoon inlet. However, if tidal currents or fluvial discharge are large enough (relative to wave
 76 forcing), the lagoon inlet will not close. When the mouth is closed, river inflow can fill the basin
 77 and lead to overflow and re-opening of the mouth through scouring of a new channel (Rich &
 78 Keller 2013; Behrens et al 2015). ICE therefore exhibit closure patterns linked to seasonality in
 79 waves and river discharge. During closure events, tidal action and ocean sediment input are
 80 halted while river inflows and sediment influx can continue influencing marsh accretion

81 processes. These riverine flows may be the dominant driver of inlet opening or closing on
82 timescales longer than a few years (Elwany et al. 1998).

83 ICEs are found worldwide and make up over 15% of microtidal (< 2 m tidal range)
84 estuaries (McSweeney et al. 2017b), they are rare in mesotidal regions and absent in macrotidal
85 regions (Figure 2). Often found in Mediterranean-climate zones due to seasonal rainfall patterns
86 and microtidal systems, geographical hotspots include California with over 70% of local
87 estuaries categorized as lagoons (Elwany 2011; Behrens et al 2013, Heady et al. 2014), Australia
88 (Hodgkin and Hesp 1998; Morris & Turner 2010), South Africa (James et al. 2007; de Lecea
89 2016), Chile (Bertrán et al. 2006), Portugal, and in the Mediterranean Basin itself (Pérez-Ruzafa
90 et al. 2011). California ICEs represent a globally-important resource; in southern CA alone they
91 make up more than 5% of global ICEs, and a larger percentage of Mediterranean-climate ICEs
92 (McSweeney et al. 2017b). California ICE are especially vulnerable ecosystems, as they are
93 small and easy to modify as well as located near rapidly expanding urban centers or agriculture
94 landscapes which can alter watersheds and diversity (Riley et al. 2005; White and Greer 2006).
95 These ICEs are known for their biodiversity and contributions to the economic viability of the
96 surrounding communities (Kwak 1997; Danovaro 2007; Barnes et al. 2008). ICEs are one of the
97 most sensitive estuary types to human activities (Boyd et al. 1992); over the last hundred years,
98 many ICEs have undergone drastic adverse effects from human modifications to the system that
99 include disturbance in water inflow and outflow, mouth stability, runoff from urban areas,
100 salinity balance changes, and invasion of species (Cohen et al. 2005; He and He 2008; Gittman et
101 al. 2015).

102



103

104 **Figure 2.** Intermittently closed estuaries (ICE) occur worldwide and are documented in most
 105 microtidal estuaries (black lines adapted from McSweeney et al. 2017b). Sea-level rise rates
 106 vary globally making it difficult to interpret impacts to ICEs (dataset modified from Hamlington
 107 et al. 2011). A) Santa Ynez, CA (NRC 2012); B) Mijares, Spain (Bonaduce et al. 2016); C) Cau
 108 Hai, Vietnam (Tran et al. 2017; D) Lake Budi, Chile (Rojas et al. 2018); E) Mgwalana, South
 109 Africa (Mather et al. 2009); F) Stokes, Australia (White et al. 2014). The scale bar represents 1
 110 km.

111

112 The extent of emergent marshes in ICE varies substantially across regions and is largely
 113 unknown, but assumed to be related to closure frequency, inundation, salinity, and freshwater
 114 inputs (Figure 1). Coastal marsh plants have varying tolerances of inundation and salinity (Schile
 115 et al. 2011; Janousek et al. 2016), and their presence or productivity in ICE may be largely

116 influenced by closure frequency and freshwater inputs. Zedler et al. (1980) found that
117 elimination of tidal flow due to lagoon closure decreased primary productivity without
118 freshwater flow; however, if freshwater runoff was present, primary production increased.

119 Coastal marshes may 'keep pace' with sea-level rise through enhanced organic
120 production (Morris et al. 2002) and mineral accretion rates (Kirwan et al. 2010), but high rates of
121 sea-level rise are likely to overwhelm their natural soil building ability leading to submergence
122 over the century (Thorne et al. 2018, Kirwan et al. 2010). Marsh accretion can be composed of
123 mineral contributions from both oceanic and fluvial sources (Reed 1995). There is extensive
124 literature on how marsh biophysical feedbacks in permanently open estuaries can facilitate
125 accretion with sea-level rise (e.g., Reed 1995, Morris et al. 2002, Swanson et al. 2014); however,
126 biophysical feedbacks in ICE marshes are complicated by mouth closure and loss of ocean
127 connectivity, and this type of information is largely missing from the literature. Here, we seek to
128 advance the understanding of marsh processes by incorporating the unique accretion nature of
129 ICE marshes into understanding of sea-level rise vulnerability.

130 This study aims to use the region of California, USA to evaluate marsh accretion for a
131 range of sea-level rise scenarios in an archetype ICE. We hypothesize that lagoon closure
132 increases marsh accretion regardless of other negative effects of closure (e.g., vegetation biomass
133 loss, compaction). Specifically, we 1) conducted an elevation assessment of marshes in ICEs and
134 permanently open estuaries throughout California, and 2) modeled an ICE marsh to test the
135 sensitivity of accretion to mouth closure frequency to identify the key inputs that control
136 elevation outcomes by 2100 under sea-level rise scenarios. The information gained in this case
137 study can inform the management and scientific understanding of ICE marshes in other settings.

138

139 **2. Materials and Methods**

140 *2.1 Case study region*

141 ICE in California have mixed semi-diurnal tides and tend to be shallow with small river/creek
142 inflow. These fluvial inflows are important for opening the mouth following winter rain events,
143 but at other times the mouth state is primarily controlled by tidal prism and closures are driven
144 by wave events (Behrens et al 2013, 2015; Harvey et al 2020). Interannual variability in closure
145 follows rain/river flow cycles as well as mouth management strategies (Elwany et al. 1998;
146 Winter 2020). Salt marsh soils across California estuaries are characterized by mineral sediments
147 and typically have low (<20%) organic matter content (Callaway et al. 2012; Thorne et al 2016;
148 Hinson et al. 2017). Emergent vegetation communities in these marshes are dominated by salt
149 tolerant species such as *Frankenia salina*, *Jaumea carnosa*, *Salicornia pacifica* as well as
150 freshwater genus *Alnus sp.*, *Juncus sp.* and *Salix sp.* (Thorne et al 2016, Clark and O'Connor
151 2019). Summer salinity in California ICEs can be above 25 PSU with water temperatures within
152 portions of the estuary above 30 degree C and dissolved oxygen concentrations can range from 0
153 mgL⁻¹ to 20 mgL⁻¹ (Largier et al 2015; Clark and O'Connor 2019).

154

155 *2.2 ICE marsh characterization*

156 We examined marsh elevation across 22 California estuaries using available Lidar data (2009-
157 2011 NOAA National Ocean Service Office for Coastal Management, CA Coastal Conservancy
158 Coastal Lidar Project) and National Wetland Inventory (NWI) data (Figure 3). We used the
159 NWI database to delineate marshes, assumed that all vegetated estuarine classifications were
160 emergent wetlands, and used their extent to calculate mean elevations from a lidar-derived digital
161 elevation model. We recognize that lidar may not reliably penetrate to the marsh surface

162 (Buffington et al 2016), however for this analysis we assumed that the vertical bias would be
163 relatively consistent across sites. Additionally, these types of estuaries in California are typically
164 dominated by short-stature vegetation (Thorne et al 2016) so vertical bias can be small. We
165 categorized each estuary as either open year-round to ocean influence or as intermittently closed
166 based on a literature review, expert knowledge, and google earth exploration (Table 1). We
167 compared mean marsh elevation (relative to MSL) between open and intermittent estuary types
168 for California estuaries using two-sample t-tests in R (R Core Team 2016).



169

170 **Figure 3.** California estuaries included in the marsh elevation meta-analysis.

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175

176 **Table 1.** Site list and local characteristics for California estuaries used in the spatial analysis.

Site	Estuary Type	Watershed Area (km ²)	Marsh Area (ha)	Mean Marsh Elevation above MSL (m)	Marsh elevation (std dev)
Bolinas Lagoon	Open	49	7	1.43	0.12
Elkhorn Slough	Open	403	363	0.48	0.35
Morro Bay	Open	200	161	0.75	0.36
Mugu	Open	510	499	0.99	0.46
Seal Beach	Open	224	261	0.58	0.31
Upper Newport	Open	394	184	0.73	0.39
Agua Hedionda	Open	77	30	1.21	0.55
Tijuana River	Open	4532	276	1.34	0.69
Russian River	Intermittent	3846	16	1.98	0.82
Pescadero	Intermittent	209	84	1.34	0.19
Scott Creek	Intermittent	77	7	2.12	0.53
Salinas River	Intermittent	8622	92	1.33	0.27
Guadalupe River	Intermittent	4734	32	3.11	0.38
San Antonio Creek	Intermittent	395	2	3.65	1.17
Santa Ynez River	Intermittent	2322	129	2.40	0.63
Goleta Slough	Intermittent	71	70	1.46	0.72
Ventura River	Intermittent	584	2	1.81	0.20
Santa Clara River	Intermittent	4165	63	2.62	0.49
Malibu	Intermittent	196	9	1.34	0.92
Santa Margarita River	Intermittent	404	66	1.54	0.49
San Elijo	Intermittent	496	108	1.24	0.34
Los Penasquitos	Intermittent	197	85	1.10	0.41

177

178 *2.3 Closure scenario modeling*

179 We modified a 1-D wetland soil cohort model (WARMER, Swanson et al. 2014) to explore tidal
 180 marsh elevation responses to lagoon closure with sea-level rise. The adapted WARMER -Lagoon
 181 (hereafter WARMER-L) model that we present here considers the dominant above- and below-

182 ground processes that control elevation relative to mean sea level and can be summarized with
183 the general equation:

$$184 \quad Z_{t+1} = Z_t + Q_{zt} + B_{zt} - D_t - R_t - \Delta S_t \quad (1)$$

185 where Z_t is wetland elevation relative to mean sea level at time t , Q_{zt} is accumulated mineral
186 deposition at elevation Z between years t and $t+1$, B_{zt} is accumulated total organic production
187 over the year at elevation Z , D_t is the accumulated decomposition over a year, R_t is accumulated
188 mass-dependent compaction of soil cohorts over a year, ΔS_t is the amount of sea-level rise over
189 the year, and t is time where $\Delta t = (t+1) - t = 1$ year. Vegetation on wetlands slows water
190 velocities through friction, resulting in minimal erosion of the wetland surface (Leonard and
191 Luther 1995; Christiansen et al. 2000; Möller 2006), thus erosion is assumed to be zero in this
192 model. The model captures vertical wetland accretion processes at a given location and we use it
193 to compare responses across a range of closure and sea-level rise scenarios.

194 We assumed organic matter production was a unimodal function of marsh elevation, with
195 peak biomass occurring at a given elevation, and set to zero at MSL and the elevation of
196 maximum observed tide. We calibrated the amplitude of this function to match empirical
197 accumulation rates derived from soil cores dated with cesium-137 and sampled at a range of
198 elevations. The decomposition and compaction functions were left unchanged from the original
199 description in Swanson et al. (2014). Briefly, decomposition occurs on the labile fraction of
200 organic matter, estimated from soil characteristics, at rates dependent on age (1, 2, or 3+ year)
201 and depth in the soil. Compaction of a soil cohort depends on the overlying mass, with initial and
202 bottom porosity estimated from soil cores provided as model inputs.

203 The mineral deposition function was adjusted to account for the influence of lagoon
204 closure and fluvial sediment input to the estuary and is the primary factor that accounts for the
205 changes between the scenarios we considered. Deposition followed Marani et al. (2010),

$$206 \quad Q_{zt} = Q_{st} \quad (2)$$

207 where Q_{zt} is the total accumulated mineral deposition (g/m^2) and Q_{st} is the deposition due to
208 settling. Deposition Q_s was calculated at 15-minute temporal resolution and summed over 1 year
209 to give Q_{zt} . We omitted direct capture of sediment by vegetation because of a lack of parameters
210 that describe biomass-stem density and diameter relationships for Pacific coast marsh species; in
211 Atlantic coast systems with slow horizontal flows that are typical of marsh flooding, the
212 proportion of total sediment deposition attributed to direct capture is <10% (Mudd et al 2010).
213 During high tides that inundate the marsh and when the marsh is inundated during closure, we
214 assume a continuous sediment supply with a given suspended sediment concentration (C) and the
215 deposition rate ($\text{g}/\text{m}^2/\text{yr}$) Q_s given as a function of settling velocity w_s ,

$$216 \quad Q_s(t) = w_s C(t) \text{ when marsh is inundated} \quad (3)$$

$$217 \quad Q_s(t) = 0 \text{ when marsh not inundated}$$

218 To account for tidal currents, settling velocity was calculated dynamically from the rate of water
219 level change, such that:

$$220 \quad w_s = w_x d^j \quad (4)$$

221 where w_x is the maximum settling velocity (0.0002 m/s), d is the absolute change in water depth
222 (m) over the 15-minute time interval, and j is a decay coefficient ($\log(0.0002/100)/0.4$) estimated
223 by calibration using soil core accumulation rates at Tijuana River estuary and a baseline SSC of
224 7 mg/L. By using a dynamic settling velocity, we assume that most deposition occurs during
225 slack water and deposition is reduced under greater water velocities that occur during ebb and

226 flood flows. Further, during ebb tides, SSC in the water column is reduced as sediment is
227 deposited on the wetland surface:

$$228 \quad \frac{dC}{dt} = -\frac{Q_s}{h} - \frac{c}{h} \frac{dh}{dt} \quad (5)$$

229 where dh is the instantaneous change in water level above the marsh surface, and h is water
230 level above the marsh surface. Deposition rate $Q_s=0$ when the water level is below the marsh
231 surface. A continuous function of water level elevation was defined from tidal harmonics at
232 the NOAA San Diego tidal gage station (ID: 9410170), representing the typical mixed tidal
233 regime across California. In order to align water levels to observed, within estuary
234 observations, water elevations were adjusted +15 cm such that mean high water (MHW) was
235 81.5 cm above MSL and mean higher high water (MHHW) was 92.5 cm above MSL. See
236 Table 2 for more detail on parametrization.

237 We defined multiple scenarios that potentially affect marsh accretion due to lagoon
238 closure. Closure duration can vary widely across ICEs from days to over a year (Behrens et al.
239 2015; Winter 2020), depending on the wave climate and freshwater flows. We set closure
240 duration as a constant six months, typical for many California ICEs and altered interannual
241 frequency (i.e., probability of closure in a given year). Berm height was set to 20 cm above
242 initial wetland elevation and increased at a rate equal to sea-level rise for the given scenario; this
243 assumes that marine sand supply is sufficient to build berms across all sea-level rise scenarios. In
244 the “Flood” scenarios, water elevation was held constant at the height of the berm for a given
245 number of days and $C=C_0$, which assumes that wind-wave-driven resuspension of sediment from
246 adjacent mudflats resulted in continuous sediment availability for the duration of the flooding. In
247 the “Pulse” scenarios, we assumed a sediment pulse of varying maximum SSC ($C_k = 100, 250,$
248 $500, 750, 1000 \text{ mg L}^{-1}$) occurred during the breach event at the end of closure, before the mouth

249 is fully open, as pulses of sediment are typical of the first rainfall event in seasonally arid regions
250 (e.g., Rosencranz et al 2015). The sediment concentration during a pulse event $C_p(t)$ was
251 described by an exponential distribution that mimicked SSC observations at Los Penasquitos
252 during rainfall events, with peak concentration C_k occurring on the day the mouth opened.

253 Specifically,

$$254 \quad C_p(t) = C_k e^{-mt} \quad (6)$$

255 where m is a constant of 0.015 and t is time.

256 To address our primary objective, we explored marsh elevation response to a range of
257 annual lagoon closure probabilities (0, 10, and 100% chance of closure in a given year), linear
258 sea-level rise (2, 4, 6, 8, 10, 12, 15 mm yr⁻¹), baseline sediment supply (2 and 7 mg L⁻¹ average
259 annual SSC), “flood” duration (i.e., closed lagoon water level above marsh plain for 3, 6, 12 or
260 24 days), and sediment pulse scenarios. This was done at an initial marsh elevation (92 cm above
261 MSL) that approximates the average marsh elevation from estuaries that are always open (see
262 Table 1). We compared marsh elevation changes across these simulations: (three closure
263 probabilities (0,10, 100%), seven sea-level rise rates (2, 4, 6, 8, 10, 12, 15 mm yr⁻¹), two baseline
264 SSC (2, 7mg/L), five pulse SSC (100, 250, 500, 750, 1000 mg/L), four flood duration (3, 6, 12,
265 24 days) = 840 scenarios to assess marsh elevation trajectories over 100 years. Marsh accretion
266 and therefore elevation change occurred during open and closed mouth phases of modeling.

267 We analyzed the importance of each modeled factor using random forest and the ‘caret’
268 package in R (R Core Team 2016), including suspended sediment concentration, flood duration,
269 sediment pulse concentration, sea-level rise rate, and closure frequency as model input factors
270 with no interactions between factors.

271

272

273 **Table 2.** Model parameter values for sea-level rise model simulations for WARMER-L. Initial
274 marsh elevation was set to 92 cm above MSL.

Parameters	Value
Organic density ¹	1.14
Mineral density ¹	2.61
Porosity (Top) ²	0.87
Porosity (Bottom) ²	0.74
Refractory Organic Matter (%) ²	7.0
Root:Shoot	2
Peak OM Elevation (cm, MSL) ²	72.6
Peak OM (g m ⁻² yr ⁻¹) ²	351
Settling velocity (m s ⁻¹) ³	0.0002
Particle size (μm) ³	50

275

276 ¹ Swanson et al. 2014, ² Thorne et al 2016, ³ Marani et al. 2010

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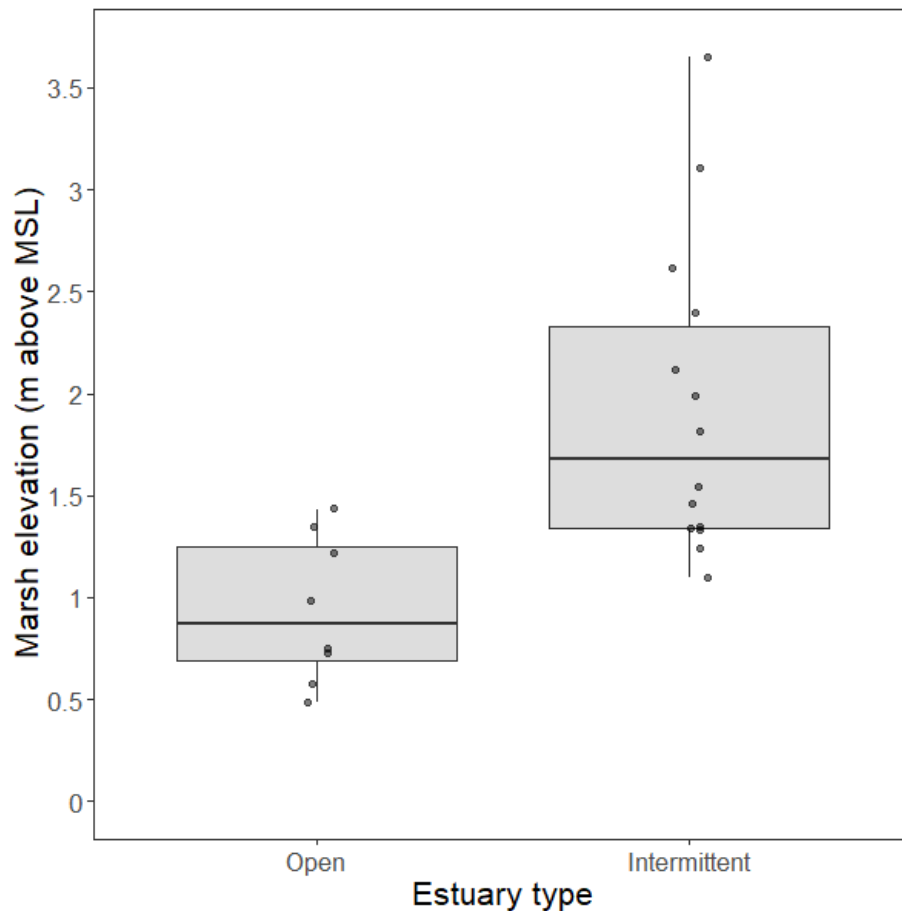
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279 3. Results

280

281 3.1 Marsh Characterization

282 Marsh elevation and watershed characteristics were recorded for both open and intermittently
283 closed estuaries throughout California (Table 1). Marsh elevations were nearly 1 m higher in ICE
284 compared with open bar-built estuaries (m above MSL 1.93 ± 0.2 for ICE and 0.94 ± 0.1 for
285 open estuaries; $t = 4.1$, $P = 0.001$; Figure 4). This finding motivates and supports our modeling
286 assumption that accretion occurs during closed mouth periods when water level is above the
287 marsh plain elevation.



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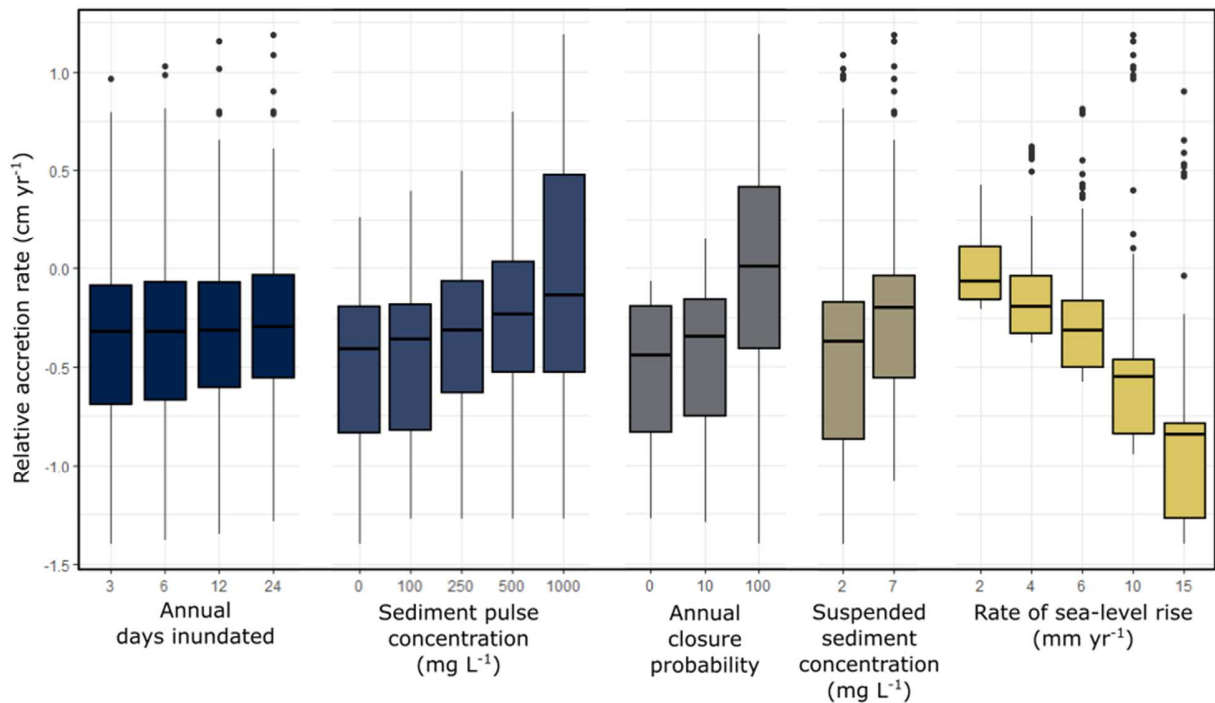
289 **Figure 4.** Average marsh elevation (m above MSL) for California marshes based on mouth type,
 290 perennial open estuaries (open) and intermittently closed estuaries (Intermittent, ICE). MSL is at
 291 0 cm. Intermittent marshes are higher in elevation than marshes in always open estuaries ($P =$
 292 0.003).

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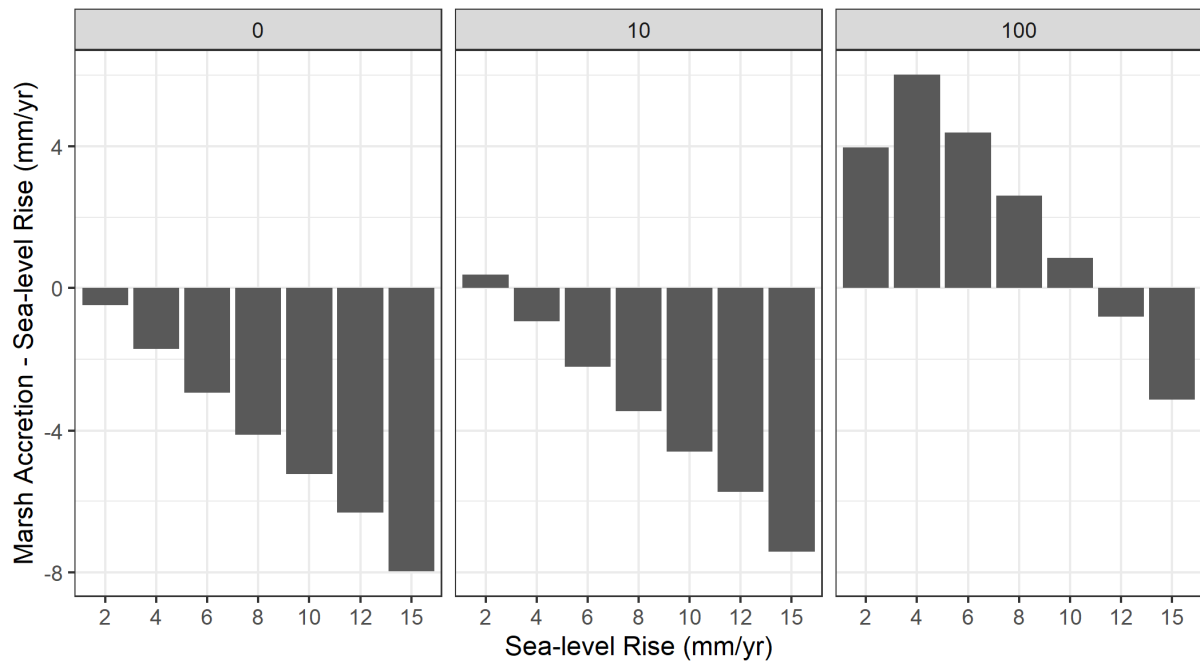
294 3.2 Closure Scenarios

295 Using a process-based soil elevation model (WARMER-L) run for 840 scenarios, we determined
 296 that lagoon inlet closure, coupled with delivery and trapping of fluvial sediment, can increase
 297 marsh elevations relative to sea-level rise rates when compared with estuaries that do not close.
 298 More common annual mouth closure and higher sediment delivery resulted in increased marsh
 299 accretion rates (Fig. 5) and reduced the overall vulnerability of the marsh platform to

300 submergence from sea-level rise (Fig. 6-8). However, in scenarios with little to no fluvial
 301 sediment delivery, closure decreased marsh elevations due to low accretion rates resulting from
 302 the exclusion of tidal sediment fluxes (Fig. 8A). Marsh accretion rates in scenarios without
 303 closure were not able to build elevations to ‘keep pace’ with the lowest rates of sea-level rise
 304 (Fig. 6), given the assumptions of a low baseline sediment concentration; however, with closure
 305 occurring only one year in ten (10% annual closure frequency) the marsh was able to keep pace
 306 with slower/historic rates of sea-level rise.



307
 308 **Figure 5.** Average 100-year accretion rate distributions for each model parameter considered
 309 individually. Modeled parameters are ordered from least to most important after variable
 310 importance calculated using random forest and ‘caret’ package in R. Accretion rates below zero
 311 indicate marshes that are not keeping pace with sea-level rise after 100 simulated years. For
 312 each bar with given parameter value, there are multiple simulations due to varying other
 313 parameter values. Boxes are the first and third quartiles around the median, whiskers are 1.5x
 314 the interquartile range, and dots are outliers.



315
 316 **Figure 6.** Marsh accretion rate relative to rate of sea-level rise, across a range of sea-level
 317 scenarios, and annual closure frequencies (0, 10, 100%) by 2100. Projected global mean sea
 318 level is between 5.4 mm yr^{-1} (RCP2.6) and 15 mm yr^{-1} (RCP8.5) by 2100 (IPCC 2019). Results
 319 from the baseline $\text{SSC}=7 \text{ mg/L}$, flooding days=6, and sediment pulse = 500 mg/L scenario.

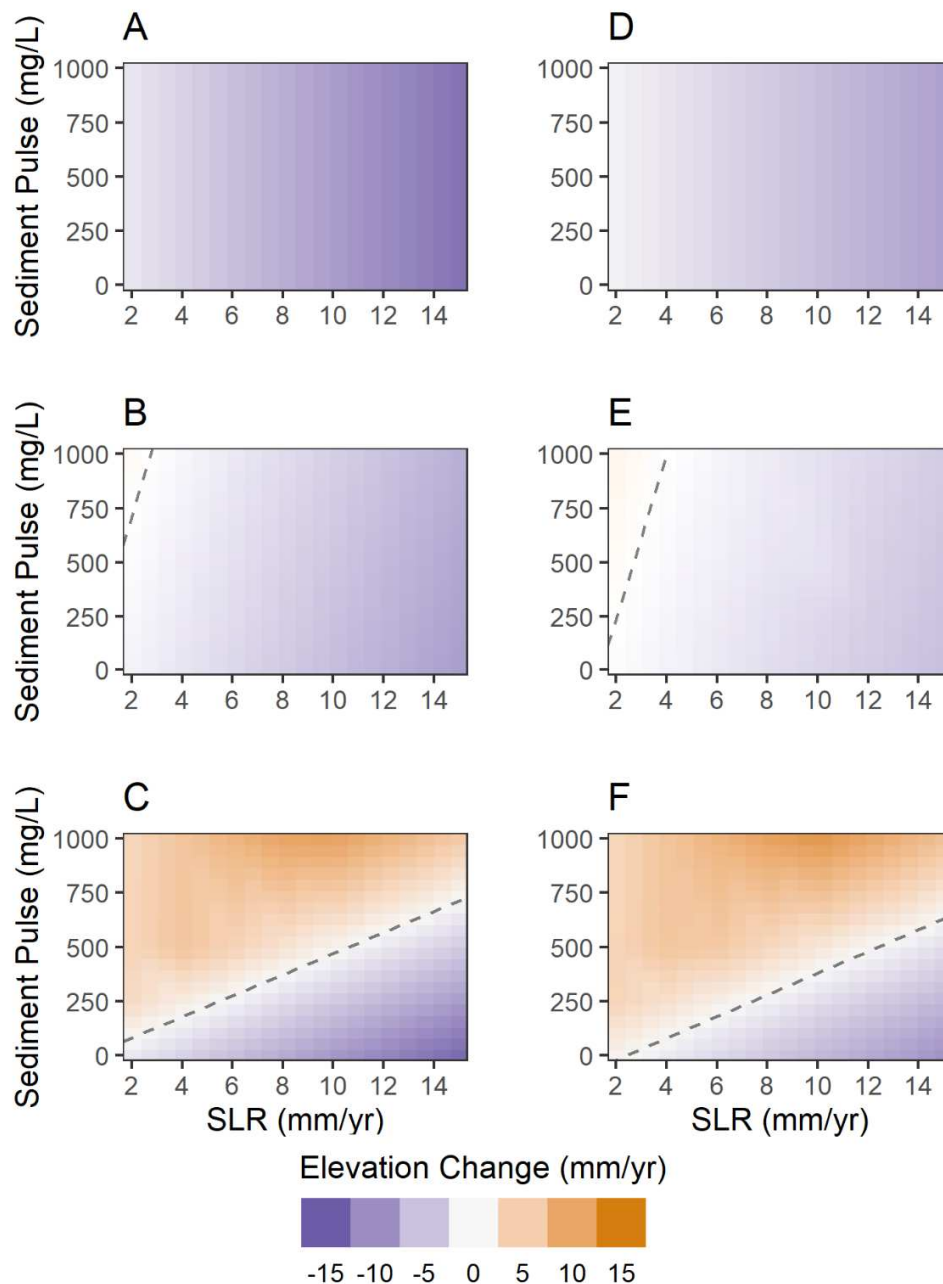
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 321

322 We explored a range of parameter values for, sea-level rise, closure frequency and
 323 sediment supply. Using a variable importance analysis, we found that the rate of sea-level rise
 324 was the single most important factor in determining changes in the relative elevation of the
 325 marsh plain after 100 years. Baseline SSC (55% effect relative to SLR), annual closure
 326 frequency (50% effect) and sediment pulse concentration (40% effect) all were moderately
 327 important factors in determining marsh elevations by 2100. The number of days flooded (0
 328 effect) was the least important factor for marsh elevation change that we explored.

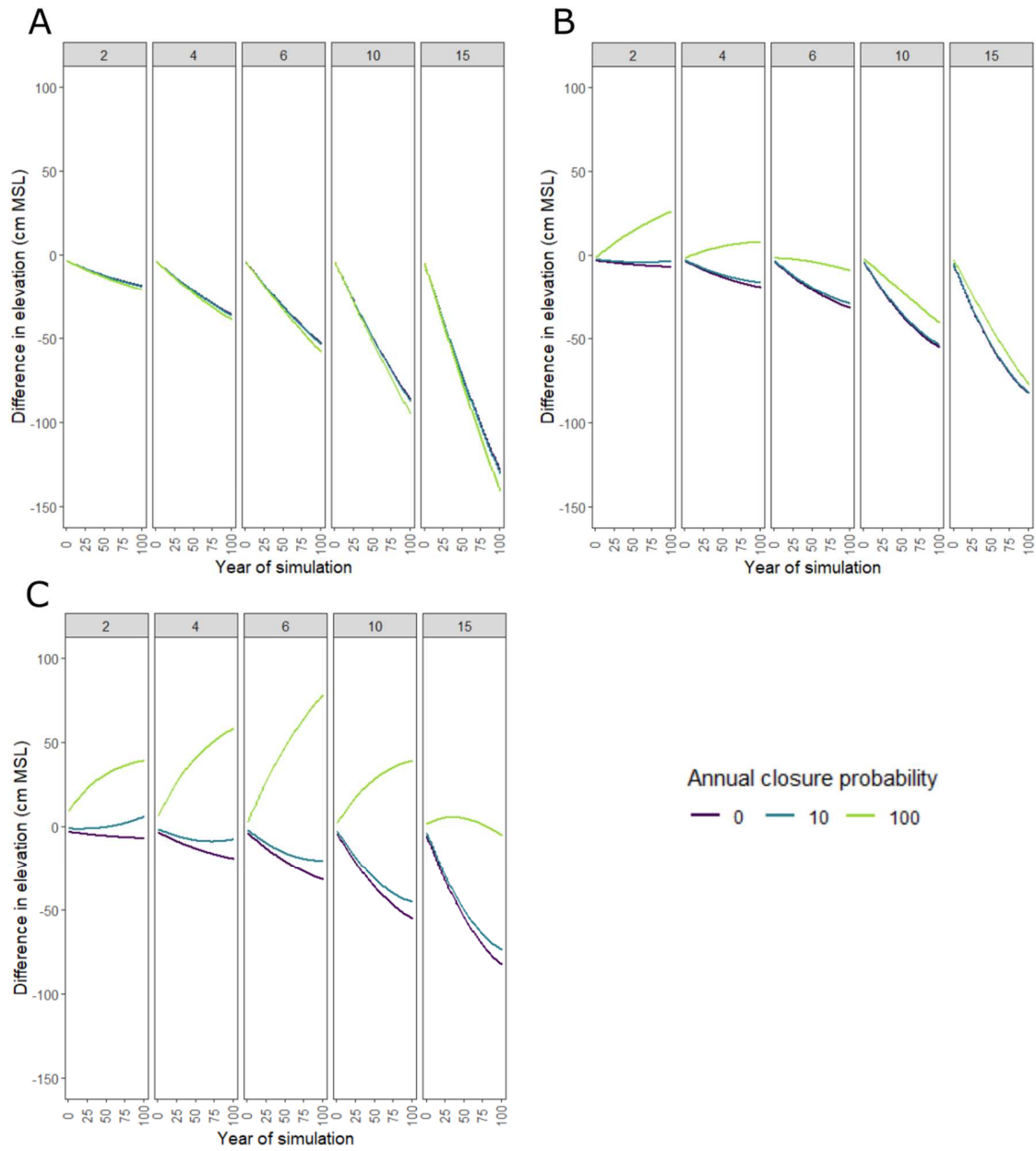
329 Closure and fluvial sediment supply interacted to maintain marsh elevation in an ICE
 330 under a range of sea-level rise scenarios (Fig. 7). A large sediment pulse associated with high

331 river flow at the time of mouth opening had a positive impact on wetland elevation (Fig. 5) and
332 demonstrates the importance of stochastic sediment delivery events to long-term wetland
333 resilience. In our model, short-lived sediment pulses of $\sim 750 \text{ mg L}^{-1}$ each year were enough to
334 offset very high rates of sea-level rise (15 mm yr^{-1}), while smaller sediment pulses facilitated the
335 accretion of marshes under lower sea-level rise scenarios (Fig. 7C and 7F).

336 Sediment supply effects on accretion rates were largely from sediment pulses that were
337 assumed to occur during storm runoff, which also induces mouth opening processes (Rich &
338 Keller 2013). Baseline suspended sediment concentrations and the duration of marsh inundation
339 during closure had only minor effects on accretion (Fig. 5). In sediment-limited conditions
340 (baseline suspended sediment concentration = 2 mg L^{-1} , no sediment pulse during opening, short
341 wetland inundation = 3 days), sea-level rise overwhelmed marsh accretion processes and closure
342 reduced resilience with total elevations below MSL (Fig. 8A). Sediment-limited conditions could
343 occur when ICEs are opened mechanically and don't have prolonged closure. In sediment-rich
344 conditions (baseline suspended sediment concentration = 7 mg L^{-1} , sediment pulse during
345 opening 500 mg L^{-1} , long marsh inundation = 24 days), closure can lead to increases in marsh
346 elevation enough to 'keep pace' with sea-level rise as high as 10 mm yr^{-1} (Fig. 8C).



347
 348 **Figure 7.** Average rate of net elevation change after 100-year model simulations across sea-
 349 level rise and sediment pulse scenarios for baseline suspended sediment concentrations (SSC) of
 350 2 (A-C) and 7 (D-F) mg L^{-1} , 12 days flooded, and an initial elevation of 92 cm above MSL, for an
 351 estuary that is always open (A, D), one that has a 10% chance of being closed in a given year (B,
 352 E), and one that closes for 6 months every year (C, F). Parameter space above the dashed line
 353 shows that positive rates of net elevation change occur in systems with sediment pulses and
 354 regular annual closures.



355

356 **Figure 8.** Difference in simulated elevation from starting elevation over 100 years for estuaries along a
 357 closure probability gradient. Overall elevation change over time for A) sediment-starved system (annual
 358 days inundated = 3, $SSC = 2 \text{ mg L}^{-1}$, sediment pulse = 0 mg L^{-1}); B) sediment-rich system with no
 359 sediment pulses during closure process (annual days inundated = 24, $SSC = 7 \text{ mg L}^{-1}$, sediment pulse = 0
 360 mg L^{-1}); C) sediment-rich system with sediment pulse during closure process (annual days inundated =

361 24, $SSC = 7 \text{ mg L}^{-1}$, $\text{sediment pulse} = 500 \text{ mg L}^{-1}$). Gray-titled columns within each panel indicate sea-
362 level rise scenarios. Initial marsh elevation is 92 cm MSL.

363

364 **4. Discussion**

365 *4.1 Marsh evolution*

366 Lagoons with bar-built sand barriers that intermittently close are globally distributed and
367 host important diversity and ecological processes that provide many ecosystem services to
368 human communities. Through spatial analysis we show that marshes in ICE that close frequently
369 have higher elevations than similar marshes in bar-built estuaries that are perennially open. This
370 “elevation capital” has been demonstrated as an important factor in long-term persistence with
371 sea-level rise over the coming century (Cahoon et al. 2019, Cahoon and Guntenspergen 2010). If
372 marshes are unable to maintain their elevations when compared with local tides and sea levels,
373 this can lead to elevation deficits, submergence and loss (Thorne et al. 2018). Accretion of
374 marshes is particularly important in ICE given their tendency to occur in small watershed basins
375 with steep topography and limited upland migration space, this may be especially true for
376 urbanized estuaries (Table 1). The relationships among elevation capital, sea-level rise, and
377 accretion are key components to fully understand long term sustainability of these ecosystems.

378 Marshes are known to maintain an elevation in equilibrium with sea levels by the
379 accumulation of mineral and organic matter (Morris et al. 2002), which is particularly true in
380 estuaries with continuous tidal exchange. Here we used a process-based model that determined
381 that lagoon inlet closure, coupled with sediment supply, can increase accretion rates in marshes
382 sufficiently to match sea-level rise to 2100 – in contrast to estuaries that are perennially open.
383 Some estuaries would naturally be perennially open, but many estuaries have been armored open
384 to prevent closure processes. Through model simulations we show that ICE marshes can persist

385 under sea-level rise scenarios up to 10 mm/yr when compared with estuaries that didn't close.
386 However, in scenarios with little to no sediment delivery, closure increased vulnerability of
387 submergence due to the exclusion of tidal flux sediments. In many ICEs more information needs
388 to be collected to better inform these generalizations.

389 The dominance of mineral sediments in ICE marsh soils highlights the ability of these
390 lagoons to capture sediment either from watershed or oceanic inputs. For example, in California,
391 marshes tend to be mineral-dominated systems, highlighting the importance of sediment input
392 from riverine or ocean sources (Cahoon et al. 1996; Thorne et al. 2016). Also impacts to the
393 watershed from urbanization and development can change sediment availability for accretion
394 process. In our modeling, large sediment pulses that may occur every year when marshes are
395 inundated during 'natural' berm-breaching flow events result in accretion that can match high
396 rates of sea-level rise. One study at Seal Beach estuary observed sediment pulses of ~100 mg L⁻¹
397 (400% above the long-term mean) during a relatively mild storm event (Rosencranz et al 2016)
398 demonstrating that stochastic events drive sediment delivery in some areas. It is likely that early
399 winter rainstorms in steep watersheds deliver water and sediment to ICEs at the same time as
400 they are naturally breached, which can supply sediment to the marsh platform. This natural
401 process is weakened if an ICE is manually opened. There is limited observational data regarding
402 the amplitude of sediment pulses to ICEs during these breaching events which are often
403 associated with storms, making it challenging to extrapolate results.

404

405 *4.2 Climate change*

406 Low watershed flows, micro-tide ranges and high wave energy lead to the presence of ICEs
407 along coastlines. Both terrestrial and ocean conditions are projected to change over the coming

408 decades from climate change (IPCC 2018). In Victoria, southern Australia two ICEs were shown
409 to be mostly governed by relative tide range to determine the mouth state (Kennedy et al. 2020),
410 whereas mouth open or closure state may also be mostly governed by watershed flows (Hinwood
411 and McLean 2015) or by an interaction of watershed flow and wave height (Behrens et al 2013).
412 Climate change projections for California include more flashy precipitation with extreme dry and
413 wet conditions (Dettinger 2013; Polade et al. 2017; Guirguis et al. 2018, Swain et al. 2018),
414 making it difficult to predict future changes in mouth closure state and watershed inflow amounts
415 to these estuaries.

416 Changes or intensification of storms such as Atmospheric Rivers and El Nino-Southern
417 Oscillation (ENSO), which are important drivers of ICE closures and breaches, could also
418 change the frequency or duration of closures and inflow/sediment influx amounts (Clarke et al.
419 2017; McSweeney et al. 2017b). Stronger storms with increased wave energy could lead to more
420 frequent ICE closures; in southern California an El Nino winter had elevated ocean levels, larger
421 waves, and low precipitation amounts resulting in a greater number of ICE closures (Harvey et
422 al. 2020). Our results provide insight into how marsh elevations may respond to these closure
423 frequency changes, however, future research linking both sea-level rise and changes in storm
424 precipitation to ICE closure and marsh accretion is important.

425 Shifts in ICE closure frequency and duration, changes in tidal prism. and salinity regimes
426 may have significant impacts on marshes biogeomorphic processes due to feedbacks among
427 vegetation and soil building processes. Vegetation is a critical component of soil stability and
428 accretion processes that allow a marsh to build soils vertically to prevent submergence with sea-
429 level rise (Morris et al. 2002; Gedan et al. 2011; Kirwan and Guntenspergen 2012). A meta-
430 analysis of ICE from Australia, South Africa, and New Zealand showed that currently ICE had

431 significantly lower salinity and mean annual watershed discharge when compared with open
432 estuaries (Lill et al. 2013), highlighting the importance of freshwater inflow and tidal exchange.
433 Changes in freshwater flow and tidal inundation can alter ICE plant communities, especially in
434 areas with flashy weather and frequent mouth closures (e.g., Zedler et al. 1986, Pezeshki 2001).
435 If increasing closure is accompanied by decreasing freshwater input, estuary water levels may
436 drop due to net evaporation and salinities increase so that plant communities may be altered or
437 lost owing to salinity stress, as in high-salinity marshes surrounding the Mediterranean Sea
438 (Ibnez et al. 2002). Conversely, if increasing ICE closure is accompanied by increasing
439 freshwater inflow, plant communities may shift to those more tolerant to frequent submergence
440 and associated flooding stress (DeLaune et al. 1987), with changes in underlying stress gradients
441 (Morzaria-Luna and Zedler 2014). Loss of vegetation biomass often causes erosion, through
442 scour processes and weaker soils (Gyssels et al. 2005), creating positive feedbacks with
443 increased inundation. However, tidal eroded sediment can be redistributed, enhancing accretion
444 in other locations. Our analysis of the elevations of marshes in ICE and perennial open estuaries
445 illustrates the high elevation perched nature of ICE marshes. Perched marshes can become
446 hypersaline through evaporation after saline inundation, resulting in decreased organic
447 production and loss of plant cover. Conversely, a pulse of freshwater can flush salts from the
448 soils, promoting organic production. Projected changes of warming air and less precipitation
449 across California (Bedsworth et al. 2018) could create negative organic feedbacks in these high
450 elevation perched marshes.

451 With increasing closure frequency, and therefore environmental stress from salinity and
452 inundation, biological communities in ICE can show changes in diversity of benthic and fish
453 species (Young et al. 1997, Hodgkin and Hesp 1998), altered plankton density and assemblages

454 (Ortega-Cisneros et al. 2014), and/or increased production for fish (Pollard 1994) and nuisance
455 algal blooms (McLaughlin et al. 2014). As closure frequency increases, marsh area and health
456 may also decrease (Hodgkin and Hesp 1998). There is a lack of studies on how changing
457 environmental conditions within ICE could cause cascading impacts to biotic communities.

458 Uncertainties in the acceleration and magnitude of global mean sea-level is related to
459 potential ice mass loss and emission scenarios which can make decision making by managers
460 difficult (Haasnoot et al., 2020, Oppenheimer et al. 2019, IPCC 2019). Here, we addressed a
461 range of sea-level rise scenarios (2 – 15 mm yr⁻¹) which encompasses the current projected rates
462 for Representative Concentration Pathways (RCP) emission scenarios (Oppenheimer et al. 2019)
463 and the average current rate of sea-level rise of 2 mm yr⁻¹ for California (Board and National
464 Research Council, 2012). IPCC (2019) projects global mean sea level will have an average
465 increase of 5.4 mm yr⁻¹ (RCP2.6) to 15 mm yr⁻¹ (RCP8.5) to 2100. Our results demonstrated that
466 ICE marshes without mouth closures are at risk of loss under all sea-level rise scenarios (2 – 15
467 mm yr⁻¹) by 2100; but with annual mouth closure the marshes had accretion rates higher than
468 sea-level rise rates up to 10 mm yr⁻¹ (Figure 6). However, sea-level rise will continue to rise and
469 accelerate over the coming centuries posing challenges to ICE worldwide. Thus, the method and
470 results presented here should be reassessed as new research emerges regarding sea levels and
471 atmospheric warming.

472

473 *4.3 Human impacts and management intervention*

474 Global coastlines and ICEs have been impacted by human development and
475 modifications to the landscape (Kent and Mast 2005), but they continue to provide important
476 biological and economic resources to local communities. Impacts to ICE coastlines include land

477 development, nutrient and pollution runoff, and hardening of shorelines (Page et al. 1995).
478 Penasquitos Lagoon, California is an ICE that closes annually; historically freshwater would
479 have only flowed into the estuary during winter months, but due to urbanization the lagoon
480 experiences year round freshwater runoff and flows (Williams et al. 1998). This freshwater and
481 nutrient inflow has transitioned the plant community from salt tolerant emergent species to
482 freshwater wetlands and riparian ecosystems (Williams et al. 1998). Watershed flow plays a
483 critical role on the seasonal and episodic ICE opening and closures processes, with some ICE
484 experiencing reduced freshwater inflow due to water capture upstream by dams or weirs, water
485 diversion and extraction, or sediment infilling of the estuary (Zedler 1996). Hydrological
486 changes to ICE can alter the marsh accretion processes and mouth closure predictability.

487 Many estuaries have been hardened to stabilize the mouth opening to prevent closing of
488 the lagoon to reduce localized flooding and other non-desirable conditions, such as eutrophic
489 conditions (Heady et al. 2015). However, our results highlight the threat of sea-level rise for
490 marshes that do not have closure potential – as well as those that are hardened by human
491 development that prevent natural closure processes (Kent and Mast 2005, Thorne et al. 2018).
492 ICEs are often opened mechanically before lagoon water levels rise to the level that would occur
493 prior to natural breaches (Kraus et al. 2008, Largier et al 2019), therefore reducing the number of
494 days it is closed which will reduce marsh flooding and the trapping of watershed sediments for
495 accretion. For example, the Russian River ICE in northern California is mechanically opened as
496 a flood control measure which reduces the inundation of the marsh (Behrens et al. 2013). In
497 contrast, persistent ICE closure in hot/dry conditions of southern California can create low water
498 levels that do not flood the marsh plain (Clark and O'Connor 2019). Additional, management
499 concerns of prolonged closure include eutrophic conditions and poor water quality (e.g., low

500 dissolved oxygen, nutrient laden [Hadwen et al. 2007, Largier et al 2015, 2018; Crooks et al
501 2018] nuisance algal blooms [McLaughlin et al. 2014; Fong and Zedler 2000]), lowland flooding
502 (Orescanin and Schooler 2018), loss of benthic and fish species (Wooldridge 1994; Hodgkin and
503 Hesp 1998), and increased mosquito populations that are disease vectors (Gersberg et al. 1995).
504 However, mechanical opening of lagoon mouths during a closures phase may reduce available
505 sediment for marsh accretion and reduce the resiliency to sea-level rise.

506 Site-specific studies are needed to fully understand the tradeoffs between marsh-accretion
507 benefits of allowing ICEs to remain closed and the mitigating negative impacts of human
508 alterations that tidal flushing provides (Largier et al 2019). There are several key processes that
509 require further study and would improve understanding and projections. A better understanding
510 is needed of how sea-level rise and changes in storm intensity will affect: (i) mouth closure
511 dynamics; this is a primary determinant on marsh accretion; (ii) the probability, intensity and
512 timing of sediment pulses that fill the estuary prior to mouth breaching; (iii) how the gradient of
513 mouth closure types (i.e., fully tidal, muted tidal, perched, or closed) may influence flooding and
514 accretion across marshes; and (iv) how vegetation type and density will change with shifts in
515 ICE closure frequency and duration. Also, the tendency to mechanically open ICE to reduce
516 biological and societal impacts should be weighted with possible negative impacts to marsh
517 accretion processes.

518

519 **5. Conclusion**

520

521 Our modeling approach provides insight into how the elevation of ICE marshes may respond to
522 sea-level rise under a range of scenarios. We demonstrate that inlet closures can increase marsh

523 accretion and build resilience to sea-level rise and prevent submergence, when coupled with
524 sediment delivery events. When considering sea-level rise, maintaining the possibility of inlet
525 closure and ‘natural’ breach events is important to allow water levels to rise and inundate high
526 marshes, which is necessary for building or maintaining marsh elevations and thus resilience.
527 This implies a need to assess the trade-offs in how land-use management affects tidal prism and
528 marsh processes. Our results indicate an important topic for management consideration and
529 further research needs.

530

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