

1 **Recent nutrient enrichment and high biological productivity in the**
2 **Labrador Sea is tied to enhanced winter convection**

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ABSTRACT

12 The Labrador Sea is known for strong surface heat losses and deep ocean ventilation in the wintertime
13 as well as high biological productivity and carbon export associated with extensive spring blooms. Using
14 satellite-derived estimates of ~~phytoplankton biomass (chlorophyll-a)~~ and net primary productivity, this
15 study documents that the Labrador Sea has recently become more productive, evident in the form of
16 more intense and spatially extensive phytoplankton blooms. The spatial and temporal variability in
17 chlorophyll-a was compared against trends in nutrient ~~variability to test the hypothesis that deeper mixing~~
18 ~~can be linked to large positive anomalies in phytoplankton biomass in recent years~~ concentrations across
19 the Labrador Sea. Nutrient concentrations were obtained on a repeat hydrography line running from
20 the Labrador to Greenland shelves. The 25-year long time series of nitrate, phosphate and silicate
21 concentrations along the AR7W line reveal decadal trends in the upper Labrador Sea. A comparison of
22 these nutrients with basin-averaged annual mean surface chlorophyll-a concentrations reveals positive
23 correlations in the upper 1000 m of the Labrador Sea. Furthermore, nutrient concentrations in the
24 upper 1000 m were strongly correlated with wintertime convection depth. During years of strong
25 winter convection, more nutrients are entrained from the deeper Labrador Sea, which then can be
26 distributed through the Western Greenland and Irminger Currents and eddy activity, allowing sustained
27 phytoplankton growth further north in the Labrador Sea.

28 **1. Introduction**

29 The subpolar North Atlantic (SPNA) has undergone dramatic change in the recent decade, notably
30 large-scale freshening (Tesdal et al. 2018; Dukhovskoy et al. 2019; Holliday et al. 2020) and cooling
31 (Robson et al. 2016; Piecuch et al. 2017), associated with intense heat loss to the atmosphere over the
32 winter of 2013-2015 (Grist et al. 2016; Duchez et al. 2016; Yashayaev and Loder 2016, 2017) and a
33 possible reduction in meridional heat and salt transport (Rahmstorf et al. 2015; Robson et al. 2016;
34 Bryden et al. 2020; Tesdal and Haine 2020). Furthermore, a shift in subpolar gyre (SPG) circulation
35 is apparent. Following a reduction of SPG size and weakening of its strength from the mid-1990s
36 (Häkkinen and Rhines 2004; Hátún et al. 2017) there are clear indications of strengthening in
37 the recent years (Tesdal et al. 2018). In addition to reduced salt influx from the south (Holliday
38 et al. 2020), the continuing mass loss of the Greenland ice sheet (Dukhovskoy et al. 2019) and
39 unprecedented sea-ice loss in the Arctic Ocean (Comiso et al. 2008; Parkinson and Comiso 2013)
40 have increased freshwater fluxes into the SPNA. Underlying these recent freshening events is a
41 more long-term freshening process, over the past 50 years, from an intensifying hydrological cycle
42 and increased net precipitation in the SPNA (Dickson et al. 2002; Curry et al. 2003; Durack et al.
43 2012; Skliris et al. 2020).

44 These changes in ocean dynamics, heat, salt and freshwater transport raise questions about
45 their biogeochemical and ecological implications for the SPNA, particularly the Labrador Sea and
46 adjacent regions such as the Nordic Seas and mid-latitude North Atlantic. In the Labrador Sea, in
47 particular, changes such as Greenland ice sheet melting can affect stratification and nutrient supply,
48 both of which contribute to phytoplankton growth and overall productivity. For example, stronger
49 phytoplankton blooms occurring in late summer could be due to a relief in iron limitation as a result

50 of additional iron input from glacial and iceberg melting (Arrigo et al. 2017; Hopwood et al. 2018,
51 2019), or to a alleviation of light limitation (Oliver et al. 2018).

52 In addition, one needs to take into account atmospheric variability. For example, Henson et al.
53 (2013) attributed the anomalously large phytoplankton blooms in the Irminger Sea in summer 2010
54 to an extremely negative North Atlantic Oscillation (NAO) in the prior winter, which resulted in a
55 shift in wind patterns. Unusually strong northerly winds brought additional freshwater and nutrients
56 via the Labrador Current into the Irminger Sea, leading to an extended phytoplankton growing
57 season (Henson et al. 2013). These one-year events are juxtaposed upon a presumed long-term
58 decline in productivity in the SPNA (Osman et al. 2019). Thus, it is critically important to better
59 understand variability in phytoplankton biomass and community structure in SPNA ecosystems
60 and the multiple underlying processes that influence this variability, as ocean biology is subject to
61 dramatic change as a consequence of changes in the physical state of the ocean.

62 Much work has gone into building our understanding of changes in the distribution of ocean
63 phytoplankton. In high latitude oceanic ecosystems, such as the SPNA, efforts have relied
64 on incomplete datasets of in-situ observations, but now are mostly aided by satellite ocean
65 color data. Algorithms are applied to ocean color data to determine spatial and temporal
66 variability in chlorophyll-a concentrations, a widely used proxy for phytoplankton biomass
67 (~~Yoder et al. 2010; Siegel et al. 2013~~)([Aksnesa and Ohman 2009](#); [Yoder et al. 2010](#)). Basin-scale
68 observations of ~~phytoplankton biomass~~ [chlorophyll-a](#) using remote sensing began in the late 1970s,
69 but it was not until the launch of NASA's Sea-viewing Wide Field-of-view Sensor (SeaWiFS)
70 in 1997 that it became possible to collect a continuous global dataset of ocean color. Using the
71 combined dataset from SeaWiFS and other advanced sensors, which now spans over 20 years, we
72 have observed chlorophyll-a variability on seasonal, interannual, and decadal scales. However,

73 despite the availability of these data, the underlying causes and predictability of this variability
74 remain limited (Siegel et al. 2013; Beaulieu et al. 2013; Henson 2014; Gregg and Rousseaux 2014).

75 In terms of bottom-up environmental factors ~~influencing phytoplankton productivity~~, nutrient
76 concentrations and light availability (with respect to the euphotic zone at 10-100 m water depth)
77 are the dominant drivers of ~~chlorophyll-a variability~~ phytoplankton productivity. Multiple studies
78 suggest that in the tropics and temperate waters, increased stratification caused by ocean warming
79 reduces productivity by reducing nutrient supply to the ocean surface (Behrenfeld et al. 2006;
80 Polovina et al. 2008; Martinez et al. 2009). However, these findings are not directly relatable
81 to higher latitudes such as the subpolar regions, where the response of phytoplankton growth to
82 stratification is expected to be quite different. While the subtropical oceans are known to be limited
83 by nutrient supply, the subpolar regions are widely believed to be mainly limited by light (Fay and
84 McKinley 2017). In theory, greater vertical mixing would increase the vertical nutrient supply, but
85 it would also increase light limitation by distributing phytoplankton populations over greater depths,
86 thereby reducing photosynthetic rates.

87 Despite the in-situ data inadequacies, the SPNA is one of the most sampled ocean regions
88 with a rich spectrum of studies in biological oceanography serving as the foundation for modern
89 understanding of seasonal growth cycles in phytoplankton (e.g., Siegel et al. 2002; Behrenfeld
90 et al. 2013; Westberry et al. 2016), interannual changes in phytoplankton biomass (e.g., Behrenfeld
91 2010; Harrison et al. 2013) and various mechanisms controlling these seasonal and interannual
92 variations. The SPNA is also a region where clear connections between physical oceanography (i.e.,
93 circulation, vertical stratification and mixing processes) and biology have been reported (Barton
94 et al. 2014; Hátún et al. 2016). While correlations between variation in physical conditions and
95 phytoplankton biomass are consistently observed on a seasonal basis, they become much weaker at
96 interannual to multidecadal timescales (Barton et al. 2014).

97 The SPNA is characterized by large seasonal phytoplankton blooms that represent distinct surges
98 in ocean productivity occurring from winter to spring. The mechanisms that initiate and sustain
99 the spring bloom include both top-down biological factors, such as grazing by zooplankton, and
100 bottom-up environmental factors, such as nutrient and light availability (Behrenfeld and Boss 2017).
101 Traditionally, it has been believed that the initiation of a spring bloom is associated with a critical
102 depth of mixing, above which light conditions allow phytoplankton growth to exceed net losses
103 such that the accumulation of biomass can occur (Sverdrup 1953). More recent work highlights the
104 imbalance in predator-prey equilibrium as the crucial factor for bloom initiation (Behrenfeld 2010;
105 Boss and Behrenfeld 2010). The revelation in the latter is that net positive growth in phytoplankton
106 populations occurs well before the shoaling of the mixed layer in spring and instead occurs when
107 the mixed layer is at its maximum depth. The underlying factor appears to be a decoupling of
108 grazers from phytoplankton in a deepening mixed layer, which allows the phytoplankton population
109 to increase (i.e., achieve a net positive accumulation rate).

110 Studies that focused on interannual and longer-term variability in SPNA phytoplankton blooms
111 identified physical factors such as stratification, light and nutrient availability as the main drivers
112 of the intensity of the blooms. For example, Martinez et al. (2016) found that chlorophyll-a
113 concentrations in the mixed layers of the SPNA increased between the mid-1980s and mid-1990s.
114 This change, observed in the eastern SPNA (east of 40°W between 50 and 60°N), corresponds
115 to an increase in the abundance of diatoms and dinoflagellates. Across this same time period, a
116 decrease in sea surface temperature (SST) and an increase in the mixed layer depth (MLD) were also
117 observed. Martinez et al. (2016) suggest that deeper mixed layers may lead to enhanced nutrient
118 concentrations in the upper layers, promoting higher phytoplankton growth during the spring and
119 summer. However, it should be noted that nutrient data were not included in this work, so the

120 suggestion that nutrient concentration is a factor connecting phytoplankton growth and increased
121 mixed layer depth is presented only as a speculative explanation for the trends observed in the data.

122 McKinley et al. (2018) observed different variability and trends in biomass over the SPNA. They
123 observed a decline in phytoplankton biomass between 1998 and 2007 in the northeastern and
124 southeastern (between 30-35°W) SPNA, which they associated with a reduced influx of nutrients
125 into those regions. Phytoplankton biomass increased further west, in the central SPG south of
126 Greenland, which was attributed to shoaling of the mixed layer and alleviation of light limitation.
127 Unlike Martinez et al. (2016), who connected higher phytoplankton growth with deeper mixed
128 layers and an increased nutrient supply in the SPNA, McKinley et al. (2018) points to higher
129 phytoplankton growth due to shallower mixed layers. Also, Harrison et al. (2013) suggested that
130 climate change will lead to progressively earlier and more intense spring blooms in the SPNA. They
131 attributed this to the warming of the surface ocean leading to a more stable water column over the
132 subpolar (and polar) oceans, which reduces light limitation (Doney 2006).

133 Another important physical factor that is believed to be linked to interannual changes in SPNA
134 productivity is the horizontal SPG circulation, which modulates the distribution of nutrients (Hátún
135 et al. 2016, 2017; McKinley et al. 2018). Hátún et al. (2016) showed that the strength and size of
136 the SPG can influence zooplankton abundance in the northeast subpolar Atlantic by shifting the
137 subarctic front eastward (i.e., closer to Reykjanes Ridge), bringing nutrients and fueling primary
138 production. This establishes a causal link between the gyre variability and biological productivity
139 in the eastern subpolar region. Furthermore, evidence suggests a link between the strength of SPG
140 circulation and the availability of silicate, a key nutrient for diatoms, across the SPNA (Hátún
141 et al. 2017). Changes in the SPG are associated with buoyancy forcing and wind stress over the
142 SPNA (Häkkinen and Rhines 2004; Hátún et al. 2005; Foukal and Lozier 2017), which in turn

143 influence the depth of the mixed layer, providing another link between SPG and potential influences
144 on primary production (Bennington et al. 2009).

145 The studies reviewed in the above paragraphs suggest that the variability of phytoplankton
146 biomass, as well as the underlying mechanisms, can differ across the various regions of the
147 SPNA. In the Labrador Sea for instance, the regulation of phytoplankton biomass and productivity
148 appears to be unique, because deep vertical mixing during winter and SPG cyclonic circulation
149 ensures an ample nutrient supply to support the high biological productivity (Harrison et al. 2013).
150 Furthermore, the Labrador Sea is an important region of atmospheric carbon uptake (Körtzinger
151 et al. 2008; Rhein et al. 2017). Sea ice melting and other freshening processes (e.g., melting of the
152 Greenland Ice Sheet) also play an important role in the seasonal phytoplankton bloom dynamics of
153 the Labrador Sea (Wu et al. 2008; Frajka-Williams et al. 2009; Frajka-Williams and Rhines 2010).
154 Offshore advection of meltwater, eddy activity, and their effects on haline stratification appear to
155 be responsible for the early blooms observed in the northern Labrador Sea (Frajka-Williams and
156 Rhines 2010). On the other hand, in the central basin of the Labrador Sea, the initiation of the
157 surface spring bloom coincides closely with the timing of the first cooling-to-heating shift in air-sea
158 heat fluxes (Marchese et al. 2019). In regions like the Labrador Sea, wintertime convective mixing
159 has been hypothesized to be a crucial player in determining the timing and intensity of spring
160 blooms (Balaguru et al. 2018). The relationship between the winter mixed layer and spring blooms
161 has been attributed to re-entrainment of sinking phytoplankton and reduced encounters with grazers,
162 leading to decreased phytoplankton loss rates during the winter and increased accumulation during
163 the spring. Other recent studies have described the impact of increased melting of the Greenland
164 Ice Sheet on summer phytoplankton blooms and primary production, either from meltwater as a
165 source of critical nutrients (e.g., iron) or from effects on stratification and light limitation (Arrigo
166 et al. 2017; Oliver et al. 2018).

167 Here, we are examining the long-term variation of chlorophyll-a and primary productivity in
168 the Labrador Sea over the last two decades and compare it with observed variability in nutrient
169 concentration and wintertime convection. First, in Section 2, we describe the datasets and data
170 processing methods used in this study. In Section 3, we then provide an overview of the variability
171 in ~~phytoplankton biomass~~ chlorophyll-a over the entire SPNA allowing us to demonstrate that the
172 Labrador Sea experiences unique variability in ~~phytoplankton biomass and primary productivity~~ this
173 parameter. Then, we present a description of nutrient distribution across a vertical section in the
174 Labrador Sea based on in-situ observations, clearly showing that interannual variability in the upper
175 layer nutrient concentration is a possible factor driving recent variability in ~~phytoplankton biomass~~
176 chlorophyll-a in the Labrador Sea. Finally, a relationship of Labrador Sea nutrient distribution and
177 winter convection depth is demonstrated and discussed.

178 **2. Data and Methods**

179 Level 3 satellite chlorophyll-a concentration data were obtained from the NASA Ocean Color data
180 center (<https://oceancolor.gsfc.nasa.gov>) as well as from the Ocean Productivity Group at
181 Oregon State University (<http://sites.science.oregonstate.edu/ocean.productivity>).
182 Both 8-day and monthly fields were obtained from SeaWiFS (1998-2010), Moderate Resolution
183 Imaging Spectroradiometer Aqua (MODIS-Aqua; 2002-2018) and Visible Infrared Imaging Ra-
184 diometer Suite (VIIRS; 2012-2018). The standard OCI algorithm was used for this study, but other
185 algorithms are included for comparison (i.e., GSM and OCX). Furthermore, chlorophyll-a data
186 were also retrieved from the GlobColour project, which provides a merged dataset from SeaWiFS,
187 MODIS and MERIS (Medium Resolution Imaging Spectrometer). Modelled chlorophyll-a concen-
188 trations were obtained from the NASA Ocean Biogeochemical Model (NOBM; Gregg and Casey
189 (2007)) and from the Pelagic Interactions Scheme for Carbon and Ecosystem Studies (PISCES,

190 Aumont et al. (2015)). NOBM output has been downloaded from the NASA Global Modeling
191 and Assimilation Office (GMAO) and PISCES data from the Copernicus Marine and Environment
192 Monitoring Service (CMEMS; <http://marine.copernicus.eu/>).

193 Monthly maps of net primary productivity (NPP) used in this study were obtained using four
194 different productivity algorithms, which included the Vertically Generalized Production Model
195 (VGPM) as well its Eppley variation (Eppley-VGPM), the updated Carbon-Based Productivity
196 Model (CbPM2) and the Carbon, Absorption, and Fluorescence Euphotic-resolving model (CAFE).
197 All of the satellite-based NPP data were obtained from the Ocean Productivity Group at Oregon
198 State University, while simulated NPP were taken from the PISCES ocean biogeochemical model.

199 VGPM is a commonly used chlorophyll-based algorithm that estimates ocean NPP as a function
200 of chlorophyll-a concentration, available light, and sea surface temperature. The Eppley variation
201 (Eppley-VGPM) of this model (Behrenfeld and Falkowski 1997), which was utilized in this study,
202 replaces the polynomial description of maximum daily NPP with an exponential function to
203 determine the temperature-dependent description of chlorophyll-specific photosynthetic efficiencies.
204 When comparing VGPM and Eppley-VGPM results, the interannual variability in NPP is very
205 similar and the spatial distribution of the linear trends in NPP is identical. However, the overall
206 higher values in VGPM are outliers compared to those from CbPM2 and CAFE, and for this reason
207 Eppley-VGPM was used. The Eppley variation has the advantage of providing the same interannual
208 variability and spatial trend as the original VGPM, while at the same time eliminating biases to
209 yield output more in line with CbPM2 and CAFE. Hereafter, the Eppley variation of VGPM will be
210 referred to as VGPM.

211 The CbPM2 algorithm estimates phytoplankton growth rate from chlorophyll-to-carbon ratios.
212 The carbon estimate in the CbPM2 algorithm is derived from the amount of backscatter-derived
213 particulate in the water column. CbPM2 describes NPP as the product of phytoplankton carbon

214 biomass and growth rate, rather than the traditional product of chlorophyll and photosynthetic
215 efficiencies (Behrenfeld et al. 2005; Westberry et al. 2008). By incorporating carbon, the CbPM2
216 algorithm overcomes some of the limitations associated with using only chlorophyll, which has
217 been shown to be strongly affected by the physiology and growth of phytoplankton under differing
218 environmental conditions. The Carbon, Absorption, and Fluorescence Euphotic-resolving model
219 (CAFE), also used for this study, is a carbon-based model that incorporates phytoplankton absorp-
220 tion. Unlike other carbon-based models that rely on chlorophyll-to-carbon ratios, the physiological
221 assessments determined by CAFE are based on absorption-to-carbon ratios. CAFE calculates NPP
222 as the product of energy absorption and the efficiency in which absorbed energy is converted into
223 carbon biomass (Silsbe et al. 2016). We also include depth-integrated NPP estimates from the
224 aforementioned PISCES biogeochemical model. Unlike the previously described satellite-based
225 empirical models, PISCES simulates phytoplankton biomass as a prognostic variable (Aumont et al.
226 2015) from which NPP can be diagnosed.

227 This study also utilizes data from the regularly sampled Atlantic Repeat 7-West (AR7W) hy-
228 drographic line, which crosses the Labrador Sea between Hamilton Bank on the Labrador Shelf
229 (53.5°N, 55.7°W) and Cape Desolation (60.7°N, 48.1°W) at the Greenland Coast. Stations along
230 the AR7W transect were sampled in spring, from May through early June, in most years, with few
231 exceptions in summer, from late June to mid-July (see Table 1). In-situ observations of silicate,
232 nitrate and phosphate concentration along AR7W were collected by Bedford Institute of Oceanog-
233 raphy (BIO) between 1994 and 2018 and made available through the Global Ocean Data Analysis
234 Project version 2 (GLODAPv2, Olsen et al. (2016)). Nutrient observations for the year 2018 have
235 been obtained directly from BIO. High-resolution temperature and salinity profiles were obtained
236 from calibrated CTD data collected by BIO between 1994 and 2018. The nutrient concentrations

237 from bottle samples were overlaid on the higher resolution CTD casts at the matching stations
238 along the AR7W hydrographic line.

239 All vertical profiles of the BIO shipboard dataset underwent extensive quality control. Preliminary
240 analysis of physical and chemical variables along the AR7W line, suggest substantial year-to-year
241 variations within deep water masses in the Labrador Sea. Given the fairly steady temporal variability
242 in the deep ocean, these jumps or drifts in chemical concentrations are expected to be due to
243 varying standard qualities and calibration methods between cruises. These inter-cruise changes
244 are particularly large in the nitrate and phosphate concentrations. Therefore, cruise-dependent
245 corrections have been applied to all three nutrients to improve temporal stability of the nutrient
246 ratios in deep water masses of the Labrador Sea (i.e., Northeast Atlantic Deep Water). Details of
247 this correction, including all steps of determining deep-water reference points, data processing and
248 validation procedures, are is provided in Yashayaev et al. (2022). Given the larger correction factors
249 in nitrate and phosphate, the interpretation of interannual nutrient variability is mainly relied on our
250 analysis of in-situ silicate concentrations.

251 After processing and quality control, the in-situ observations were interpolated to a regular
252 depth-distance grid in which distance from the Greenland coast was defined by taking a linear fit
253 of the latitude and longitude of each station point for all AR7W cruises and then determining the
254 intersection of that line with the Greenland coast. Data were first interpolated to discrete depth
255 levels of variable resolution that correspond to in-situ sampling depths. The vertical resolution
256 is 10 m in the upper 50 m of the section and incrementally increases up to 500 m at depth. The
257 data was then linearly interpolated along the distance from Greenland at 10 km resolution. Profiles
258 within the same 10 km distance grid cell were averaged before interpolation. No data extrapolation
259 was performed to fill any grid cells lying outside of the outermost data points (e.g., above the
260 shallowest data point, or next to the coast or seafloor).

261 Mixed layer depth (MLD) along the AR7W transect at the time of survey was derived from the
262 BIO CTD dataset. Temperature and salinity were used to derive potential density (σ_0) profiles with
263 1-m vertical resolution, from which MLD was determined as the depth at which σ_0 is increased by
264 0.03 kg m^{-3} relative to σ_0 closest to the sea surface ($z < 10 \text{ m}$). This MLD criterion has been shown
265 to provide a reasonable representation of the mixed layer in regions where convection induces active
266 turbulent mixing (Brody and Lozier 2015). This provided observation-based MLDs representative
267 of the location and time of each profile. The winter MLD was also considered during March of
268 each year, during which convective mixing is usually deepest in the Labrador Sea. Monthly fields
269 of MLD from two global ocean reanalysis products were used. The first dataset was obtained from
270 GLORYS12v1, which is a global ocean reanalysis with a spatial resolution of 12 km. Monthly
271 fields from 1993 to 2018 were obtained from CMEMS. The second dataset of MLD fields is from
272 the HYCOM GLBu0.08 reanalysis, obtained from the Ocean Productivity Group at Oregon State
273 University for years 1998 to 2018. The original resolution of the HYCOM product is 12 km but
274 has been regridded to 18 km resolution in the obtained dataset. For GLORYS12v1, the MLD
275 criterion is the depth at which σ_0 increase compared to density at 10 m depth corresponds to a
276 temperature decrease of 0.2°C . Similar to in-situ MLD, the chosen MLD criterion in HYCOM was
277 based on a density threshold of 0.03 kg m^{-3} greater than at the surface. The gridded MLD fields
278 from GLORYS12v1 and HYCOM were subsampled at the location of the AR7W hydrographic
279 line to compare with nutrient data obtained in the May-July cruise of the same year. MLD from
280 Argo profiling floats (Holte et al. 2017) were also included to compare to the reanalysis and
281 shipboard-based MLD estimates.

282 In addition to the MLD, also included here is the aggregate maximum convection depth for each
283 winter, as described in Yashayaev and Loder (2016). Hereafter referred to as convection depth, it is
284 defined as the 75th percentile of the deepest reach of the pycnostad in the central Labrador Sea for

285 each winter. Density profiles were determined from Argo and available shipboard data over the
286 winter months for each year. Trajectories of satellite-tracked surface drifting buoys from the NOAA
287 Global Drifter Program were used to derive the mean surface circulation of the Labrador Sea. The
288 trajectories were obtained from delayed-mode hourly data and real-time variable time-step data for
289 the period 2000–2020. The drifter data were temporally interpolated into 15-min time intervals,
290 binned into hourly bins, and low-pass filtered to remove tidal and inertial oscillations. Spatial
291 binning into a 0.5° grid was done to obtain mean surface velocities. Monthly objectively analyzed
292 fields of nitrate, phosphate and silicate concentrations were obtained for the newest release of the
293 World Ocean Atlas (WOA 2018, Garcia et al. (2019)).

294 **3. Results**

295 *a. Trends in chlorophyll-a over the subpolar North Atlantic*

296 Monthly maps of chlorophyll-a from satellite as well as NOBM and PISCES models were
297 used to calculate the linear trend at each grid point of the North Atlantic (Figure 1). All trends
298 were evaluated on monthly anomaly data with seasonal cycle based on long-term monthly means
299 removed. For consistency, we also looked at trends derived from annual average data, which
300 revealed spatial patterns that are very similar to those derived from monthly anomaly data. Trends
301 were derived for two defined 10-year periods, 1998-2007 (Figure 1a-c) and 2008-2017 (Figure 1d-f).
302 This enabled comparisons between the two time periods and is based on correspondence with
303 SeaWiFS data, which provides full annual coverage between 1998 and 2007, and latter half of
304 MODIS data for the second period (2008-2017). Based on the comparison of trends between the
305 two time periods, it is evident that the spatial patterns in some regions are clearly reversed between
306 the two periods. A reversal from negative trends over 1998-2007 to positive trends in 2008-2017

307 is evident in the southeastern SPNA (Figure 1a, d). Between Iceland and Scotland and the area
308 around Rockall Trough, we see a reversal from positive trends in 1998-2007 to negative trends in
309 2008-2017. Most of the Nordic Seas reverse from predominantly negative trends over 1998-2007 to
310 predominantly positive trends over 2008-2017. On the other hand, the western SPG and Labrador
311 Sea show positive trends for both time periods. Unlike the trend reversal in the southeastern SPNA,
312 there is no clear reversal seen in the northeastern region south of the Nordic Seas (specifically, the
313 Irminger Sea and Iceland Basin), where the trends are mostly negative over both time periods.

314 The spatial patterns in the satellite record are largely reflected in the NOBM dataset, however,
315 they are reduced in magnitude (Figure 1b,c). In particular, the trend over 2008-2015 in the Labrador
316 Sea is only slightly positive in NOBM compared to what is seen in the MODIS data, and there
317 appears to be no trend in this region during 1998-2007. The spatial patterns in PISCES resemble
318 very little of what is observed from the MODIS data (Figure 1c,f). The large-scale areas of positive
319 trend in the eastern SPNA and in the central Labrador Sea are absent, and there is only a weak
320 increase in the southern edge of the SPG. The only region where the linear trends derived from
321 PISCES has some resemblance to the trends in the MODIS observations is in the Nordic Seas.
322 However, the dipole pattern that is apparent in the simulated trends over the Nordic Seas during the
323 1998-2007 is not seen in the MODIS observations.

324 In summary, even though the spatial patterns of longer-term trends suggest chlorophyll-a increases
325 in the Labrador Sea and the central subpolar region (Figure 1d), there are clear upward and
326 downward trends that identify unique variability in distinct regions across the SPNA. While the
327 Labrador Sea shows consistently positive trends, chlorophyll-a in the southeastern SPNA declined
328 over the SeaWiFS period and increased over the recent 10 years, while in the northeastern part it
329 declined during the SeaWiFS period, increased between 2003 to 2008 and then declined again after
330 2008.

331 On the other hand, focusing on the Labrador Sea and western SPG in general reveals positive
332 trends in ~~phytoplankton biomass~~ chlorophyll-a that are consistent throughout the satellite record. In
333 light of record deep convection in the Labrador Sea in recent years (Yashayaev and Loder 2017), one
334 would expect increased light limitation in mixed layers, which is not consistent with the increased
335 chlorophyll-a and productivity observed in the Labrador Sea during the same period. Balaguru
336 et al. (2018) presented evidence of stronger April blooms in the northern Labrador Sea attributable
337 to increased winter mixed layers. Also, the mixed layer in the spring can still be reduced due to
338 increased freshening, despite the occurrence of deep mixing in the winter time. This increased
339 spring and summer stratification can further enhance primary productivity due to alleviation of
340 light limitation. Given persistently strong trends in the observed variability, which to some extent
341 is reproduced by the model outputs, we, hereafter, will mostly focus on the Labrador Sea and its
342 unique variability in ~~phytoplankton biomass~~ chlorophyll-a and productivity. Furthermore, possible
343 mechanisms underlying the observed variability in chlorophyll-a in the Labrador Sea will be
344 discussed.

345 *b. Variability in ~~phytoplankton biomass~~ chlorophyll-a and productivity in the Labrador Sea*

346 Given the unique character of chlorophyll-a variability in the Labrador Sea, we further focus
347 on year-to-year differences by looking at monthly averages that retain the seasonality of each
348 year. The monthly time series reveals large variation in the seasonality, including both timing and
349 magnitude, of chlorophyll-a within the Labrador Sea (Figure 2a). The high chlorophyll-a values
350 occur mostly in the northern half of the Labrador Sea off the Greenland coast, as seen in the annual
351 mean distribution (determined over the MODIS period 2002-2018, Figure 2b). The timing of the
352 annual chlorophyll maximum is consistent in the Labrador Sea, occurring in May with the exception
353 of late peaks in July 2005 and 2017 and an early bloom in April 2018. Excursions are evident in

354 2014, 2015 and 2018, with peaks in previous years only half as high indicating that these extremely
355 high excursions are recent phenomena. Regarding the 2018 excursion, it should be noted that the
356 values for April are much larger in MODIS (ca. 5 mg m^{-3}) compared to VIIRS (ca. 2 mg m^{-3})
357 although both datasets show the same early peak in April.

358 The time series of monthly spatial chlorophyll-a averages in the Labrador Sea for 2002-2018
359 shows the annual peak occurring routinely in May, with slight shifts evident in 2005, 2017 and 2018
360 (Figure 2a). The extent of the annual bloom within the Labrador Sea was determined by mapping
361 the May peak chlorophyll-a distribution for each year from 2002 to 2018 (Figure 3). Compared
362 to most years, when maximum chlorophyll-a concentrations reach approximately $10\text{-}12 \text{ mg m}^{-3}$,
363 a notably large phytoplankton bloom is evident in 2014 and 2015, with elevated chlorophyll-a
364 concentrations over the entire Labrador Sea reaching as high as $30\text{-}50 \text{ mg m}^{-3}$. Strong interannual
365 variability is also observed in the April through September mean distributions of chlorophyll-a
366 concentrations (Figure 4). In addition to the large blooms in 2014-2015 that are similar to the May
367 peak distribution shown in Figure 3, high annual means are also evident during 2016-2018, where
368 unusually high chlorophyll-a concentrations were observed in other months (i.e., June-July in 2016
369 and 2017; April in 2018). The unique character of chlorophyll-a variability in the Labrador Sea
370 is revealed in high values, particularly in recent years (i.e., 2014 to present), that extend over the
371 entire basin rather than in particular locations (Figure 4).

372 Interannual variability in Labrador Sea ~~phytoplankton biomass~~ chlorophyll-a and productivity
373 was further evaluated looking at area-averaged and integrated time series (Figure 5). Both area-
374 weighted averages (Figure 5a) and area-integrals (Figure 5b) of the monthly fields were calculated
375 over the Labrador Sea polygon (as indicated in Figure 2a), followed by averaging/integrating
376 the monthly data from April through September (avoiding months where data is partly missing
377 due to insufficient coverage). Here we include chlorophyll-a and NPP estimates from various

378 satellite-based (GlobColour, SeaWiFS, MODIS and VIIRS) and model-based (NOBM and PISCES)
379 data sets. Coverage now spans 21 years, from 1998 to 2018. We assume that the differences among
380 the satellite products are largely due to values that are present in some datasets but missing in others,
381 due to signal error (e.g., cloud cover) and variations in gap-filling between the different datasets.
382 These differences are, with a few exceptions discussed below, mostly minor.

383 The overall variability in chlorophyll-a matches fairly well among the satellite data sets (grey
384 and black lines, Figure 5a). Basin-wide spatial averages over the Labrador Sea show an increase
385 between 1998 and 2003, which corresponds to what is seen in the spatial trends south of 60°N
386 (Figure 1a). After 2003, the basin-wide average drops to a minimum of $\sim 0.6 \text{ mg m}^{-3}$ in 2009.
387 The first five years of the MODIS period (2003-2007) match very closely to the last five years
388 in SeaWiFS. Over the entire time period 1998-2018, chlorophyll-a trends positive, but the most
389 notable increases occur in the last ten years, with 2015 showing a record high ($\sim 1.0 \text{ mg m}^{-3}$).
390 After the 2015 high, the satellite data are not in agreement, with the MODIS estimates considerably
391 elevated and the VIIRS and GlobColour data indicating a return to pre-2014 values ($\sim 0.6 \text{ mg m}^{-3}$).
392 Modelled chlorophyll-a data from NOBM and PISCES do not match well with satellite data, being
393 generally lower in magnitude and demonstrating much weaker interannual variability (Figure 5a)
394 without any sound resemblance with satellite observation.

395 Results from the analysis of chlorophyll-a concentrations ~~demonstrate~~ approximate the variability
396 in phytoplankton biomass in the Labrador Sea. A measure of ocean productivity presented in the
397 paper is net primary productivity (NPP), which describes the rate of organic matter production
398 by phytoplankton. It is of interest to understand how spatial means and temporal variability of
399 NPP in the Labrador Sea compare to those of chlorophyll-a, since NPP represents a more direct
400 estimate of the amount of carbon available for higher trophic levels and export production. Monthly
401 gridded fields of NPP were integrated over space and time from April through September to get

402 an estimate of total annual production (in Tg) during each year in the Labrador Sea (Figure 5b).
403 Given the lack of satellite data during the winter months, the annual estimate is based on months
404 April through September. Overall satellite-based productivity models (VGPM, CbPM2 and CAFE)
405 show consistent variation in annual production that is similar to what is seen in the annual mean
406 chlorophyll-a. Annual production from PISCES matches the overall mean across all estimates
407 (at around 30 TgCyr⁻¹), but shows very little year-to-year variation and no similarity to the
408 satellite based estimates, as expected from the comparison of observed and modelled chlorophyll-a
409 distributions and trends presented above.

410 Integrated production derived from all three productivity models suggest an overall increase over
411 the latter half of the MODIS time period (2012-2018), following a decline from 2002-2009 and
412 a spike in annual production in 2010. The 2010 peak in productivity is particularly notable in
413 VGPM and CbPM2, and matches well with the observed chlorophyll-a peak. CAFE has generally
414 higher estimates and less of a long term trend than what is seen with VGPM and CbPM2, which
415 clearly show higher values in recent years (2015-2017) compared to earlier periods. Production
416 derived from CbPM2 is generally lower compared to VGPM. This is consistently the case for both
417 the SeaWiFS and VIIRS datasets. Despite a shift in the absolute values, both algorithms result
418 in a long term positive trend for the Labrador Sea. Estimates show some variation among the
419 SeaWiFS, MODIS and VIIRS sensors. In the case of CbPM2-derived production, SeaWiFS and
420 VIIRS consistently estimate lower values than MODIS. Despite the shifts among the sensors and
421 different algorithms, Figures 2-5 clearly indicate that the Labrador Sea has recently become more
422 productive, with greater and more spatially extensive phytoplankton blooms. In the next section,
423 in-situ data in the Labrador Sea are used to seek possible relationships with the observed variability
424 in ~~phytoplankton biomass~~ chlorophyll-a in the Labrador Sea in recent years.

425 *c. Nutrient concentrations along the AR7W transect*

426 Observational data were obtained from the Atlantic Repeat Hydrography Line 7 West (AR7W),
427 a vertical transect across the Labrador Sea that is sampled at least annually during May to July
428 by the Bedford Institute of Oceanography as part of the World Ocean Circulation Experiment
429 (WOCE) since 1990. Data for 1994 to 2018 were used in this analysis (Table 1). The AR7W
430 line crosses varying biogeographic and hydrographic zones (Figure 6), including shelf, slope and
431 deep water regions with varying regimes of haline and thermal variability and stratification, which
432 shape the composition and seasonality of phytoplankton communities (Fragoso et al. 2016). As
433 the chlorophyll-a satellite data record begins in 1998, the AR7W data covers the entirety of the
434 period discussed in the previous section. For the most part, AR7W cruises occurred between May
435 and June of each year, and despite the varying sampling time over a six-week window, the data
436 are assumed to consistently represent late spring to early summer conditions. The exceptions are
437 the years 1998, 1999, 2002 and 2003, during which the cruises happened in July. Observations
438 sampled during those years likely reflect a different seasonal state of the nutrient field, and therefore
439 are excluded for some of the analysis as they are less comparable to other years. There are a few
440 instances of missing data because in several cruises, nitrate (i.e., 1994, 1998-2001, 2003, 2013)
441 and phosphate (i.e., 2002) observations did not meet initial quality control requirements. Silicate
442 measurements are more robust to chemical standards and analytical calibration inconsistencies and
443 thus are available for all cruises. Because of cruise cancellation, sampling along the AR7W transect
444 did not occur in 2017.

445 The analysis of nutrient concentrations focused on silicate, nitrate and phosphate to determine if
446 any variations along the AR7W line could be correlated with the chlorophyll-a time series discussed
447 previously (Figures 2a and 3). The in-situ observations of the three nutrients were interpolated

448 onto a regular depth-distance grid along the AR7W hydrographic line (Figure 6). Any data points
449 that were located farther than 10 km from the line were excluded. The mean vertical nutrient
450 distribution across the AR7W transect from 1994 to 2018 reveals a sharp vertical gradient in the
451 upper ocean (at ~ 50 m, Figure 7). It also shows a clear gradient across the basin, with lower values
452 to the northeast, towards the Greenland coast. The mean near-surface concentrations for nitrate
453 are 5 to 10 $\mu\text{mol kg}^{-1}$, 0.3-0.8 $\mu\text{mol kg}^{-1}$ for phosphate and 2-5 $\mu\text{mol kg}^{-1}$ for silicate, with more
454 depleted values for each nutrient occurring closer to Greenland.

455 Climatological nutrient fields from WOA 2018 are subsampled to describe the mean annual
456 cycle and determine wintertime maximum nutrient concentrations in the upper 20 m of the AR7W
457 transect (excluding the Labrador Shelf). The point of this exercise was to gain an understanding of
458 nutrient changes as phytoplankton enter their springtime growth phase and clarify the drawdown
459 for each nutrient and the potential for nutrient limitation. The mean climatologies for silicate,
460 nitrate and phosphate were compared to the AR7W dataset for 1994-2018 (Figure 8). Upper
461 nutrient concentrations were assumed to be at their maximums during winter and estimated as the
462 concentration at the depth of the mean winter MLD (Glover and Brewer 1988). Here we choose the
463 March value from the Argo MLD climatology of Holte et al. (2017). It is evident that by the time of
464 the annual cruises (i.e., May-July), there has already been substantial drawdown for each nutrient,
465 especially in the top 200 m layer. However, none became limiting as they are all on average above
466 their half saturation concentrations. One exception are the July cruises in 1999, 2002 and 2003
467 which indicate limiting silicate concentrations (below 2 $\mu\text{mol kg}^{-1}$, Egge and Aksnes 1992). The
468 error bars indicate the spread of the 1994-2018 values and leaves the possibility of years or specific
469 regions where nitrate or phosphate become limiting. On average, nitrate and phosphate are taken
470 up in the same ratio (N:P = 15:1) over the annual cycle and remain in excess. On the other hand,

471 silicate is low relative to nitrate (i.e., Si:P = 8:1 and Si:N \approx 1:2) and is more likely to become
472 limiting, especially close to Greenland (Figure 7).

473 In the intermediate depths between approximately 200 and 1000 m, nutrient concentrations are
474 much more homogeneous. Nitrate ranges from 15 to 16 μmolkg^{-1} , phosphate is approximately
475 1 μmolkg^{-1} and silicate ranges from 8 to 9 μmolkg^{-1} . The vertical distribution of nutrient
476 concentrations show a clear first-order alignment with density contours (Figure 7), indicating that
477 the deep nutrient pool in the Labrador Sea follows water mass distributions. Nitrate and phosphate
478 concentrations reach their maximum levels (16-17 μmolkg^{-1} and 1.1 μmolkg^{-1} , respectively)
479 at a σ_0 range of 27.76-27.82 kgm^{-3} , corresponding to the range of the Labrador Sea Water
480 (LSW) classes produced between 1987 and 2019 (Yashayaev 2007; Yashayaev and Loder 2016,
481 2017). By contrast, silicate maximum values of 12 to 13 μmolkg^{-1} are observed at σ_0 range
482 27.82-27.88 kgm^{-3} , coinciding with the Northeast Atlantic Deep Water (Yashayaev 2007).

483 Anomaly fields were derived by subtracting the 2004-2016 mean from the 2004-2006 mean
484 (Figure 9a-c), and from the 2014-2016 mean (Figure 9d-f). These three-year periods of the AR7W
485 dataset were chosen to illustrate the change in nutrients over the time period and to only include
486 years in which sampling occurred between May and June. As described above, data from cruises
487 prior to 2004 were excluded from the analysis because they occurred later in the summer and
488 reflect a different seasonal state of the nutrient field (i.e., more depleted). The three-year periods
489 also correspond to years with low chlorophyll-a (2004-2006, Figure 2a) and with relatively high
490 chlorophyll-a (2014-2016, Figure 2a). The 2004-2006 nutrient concentrations are generally less
491 than the overall mean (i.e., mean of 2004-2016) and the anomaly is more pronounced in the upper
492 50 m of the central Labrador Sea (Figure 9). Conversely, nutrient concentrations during 2014-2016
493 are generally greater than the overall mean. During this period the anomalies are pronounced over
494 the upper 50-100 m of the central basin, as well as the upper 50 m close to Greenland and over

495 the Labrador shelf (Figure 9d-f). Positive anomalies are observed deeper in the ocean during both
496 time periods, whereas the differences between 2004-2006 and 2014-2016 are only clear in the
497 upper 50-100 m. As chlorophyll-a and NPP are generally greater during the 2014-2016 period, this
498 suggests the positive nutrient anomalies in the upper Labrador Sea are associated with enhanced
499 phytoplankton growth and productivity.

500 The mixed layer depth (MLD) along the transect was determined by using vertical profiles of
501 potential density anomaly (σ_0), with MLD defined as the depth at which the potential density
502 anomaly exceeds 0.03 kg m^{-3} greater than the surface value. The black lines in Figure 9 denote
503 the MLD corresponding to each time period. The mean May-June MLD is shallow towards the
504 shelves and reaches a maximum of 300 m in the central Labrador Sea. The deeper MLDs coincide
505 with higher nutrient concentrations in the upper layers (Figure 7). The negative nutrient anomalies
506 in the upper 50 m during 2004-2006 coincide with a shallower MLD across the basin, while the
507 positive nutrient anomalies during 2014-2016 coincide with a generally deeper MLD in the central
508 basin (Figure 9). This is consistent with the concept that deeper MLDs are associated with greater
509 vertical nutrient flux to the upper layers of the ocean.

510 The mean silicate-to-phosphate (Si:P) ratio along the AR7W transect is between 8:1 and 9:1
511 (Figure 10a), which is clearly below the 15:1 ratio that is expected from diatom composition
512 (Brzezinski 1985). The Si:P ratios also show spatial heterogeneity in the upper 200 m. In the
513 upper 50 m close to Greenland, and in the central Labrador Sea, lower Si:P ratios of 6:1 to 7:1
514 are evident. In some offshore regions approximately 150 km from Greenland, ratios reach as high
515 as 10:1. Waters over the Labrador Shelf also exhibit higher Si:P ratios of around 10:1. For the
516 nitrate-to-phosphate (N:P) ratio, the mean in the central Labrador Sea is close to the Redfield
517 ratio of 16:1, but shows lower values between 6:1 and 9:1 close to the surface, especially near the
518 Greenland coast and over the Labrador Shelf (Figure 10b).

519 The anomalies in Si:P ratios of the first (Figure 10c) and last (Figure 10e) three-year period show
520 similar patterns to the anomalies in silicate alone (Figure 9a, d). This suggests an enrichment in
521 silicate that is not mirrored by phosphate. Furthermore, these anomaly patterns are not as strong
522 in the case of the N:P ratio (Figure 10d, f). Whereas the Si:P ratio increases over the entire upper
523 Labrador Sea in 2014-2016, N:P ratios increase only near the Greenland coast and in the surface
524 waters at the southwestern end of the AR7W transect. Also, the Si:P ratios show clear negative
525 anomalies over 2004-2006, while the N:P ratios do not.

526 *d. Relationship between ~~phytoplankton biomass~~ chlorophyll-a and nutrients*

527 Satellite estimates of chlorophyll-a for the years 2004-2006 show relatively low chlorophyll-a
528 concentrations over the Labrador Sea, while years 2014-2016 are associated with high chlorophyll-
529 a concentrations and exceptionally large blooms in May 2014 and May 2015 (Figure 2a). To
530 determine whether chlorophyll-a variability on the Labrador Sea can be associated with variability
531 in nutrients observed along the AR7W transect, Pearson correlation coefficients were calculated
532 between the annual spatial average of chlorophyll-a for the Labrador Sea (region outlined in
533 Figure 2b) and the nutrient concentrations for each grid point of the AR7W transect (Figure 11).
534 The nutrient concentrations for each grid point are correlated with the same spatial average of
535 MODIS chlorophyll-a, which represents values for the sunlit surface.

536 The distribution of correlations over the vertical transect shows that annual mean chlorophyll-a
537 over the Labrador Sea is positively correlated with springtime nutrient concentrations. This is true
538 along the entire transect in the upper 1000 m, especially in the central Labrador Sea. The three
539 regions that show the greatest correlation are in the southwest around the Labrador Current, in the
540 center of the deeper Labrador Sea (between 200 to 1000 m), and centered in the West Greenland
541 Current, where significant positive correlations are evident for silicate and nitrate (Figure 11a-

542 b) but not for phosphate (Figure 11c). For phosphate, there are only weakly positive values in
543 the central Labrador Sea (upper 1000 m and close to Greenland. ~~Concentrations~~). Nutrient
544 concentrations in the deep ocean between 1000 to 2000 m show consistently negative correlations
545 with surface chlorophyll-a. The negative correlation at these depths suggests that in years when
546 winters are associated with particularly deep mixing (> 1000 m), the upwelling of nutrients reduces
547 their concentrations in the deep ocean and increases concentrations in the surface layers, thereby
548 supporting increased productivity over the following summer.

549 The correlations pattern in the upper 100 m is different for silicate compared to nitrate and
550 phosphate (Figure 11). Silicate concentrations tend to be higher near the surface during years of
551 elevated chlorophyll-a concentrations. On the other hand, both nitrate and phosphate exhibit some
552 negative correlations with annual chlorophyll-a in the upper 200 m. Here, we are mostly interested
553 in the amount of nutrients that is available throughout the growing season in a given year. Thus, we
554 focus on the nutrient concentrations below 200 m and above 800 m, which has been less affected by
555 drawdown by the time of the cruise (Figure 8). Given the higher fidelity in silicate measurements
556 (Yashayaev et al. 2022) and the covariability of average nutrient concentration in the Labrador Sea
557 between 200 m and 800 m depth (Figure 12), we will focus on silicate as ~~as~~ a proxy of nutrient
558 availability.

559 *e. Relationship between nutrients and MLD along the AR7W transect*

560 The MLD has been shown to be an important indicator of stratification, which affects phyto-
561 plankton growth both directly (by reducing light limitation) and through its impact on surface
562 nutrient concentrations. The interannual variability in nutrient data along the transect can be directly
563 compared against the MLD using the AR7W data. Figure 13a shows the correlation pattern between
564 the local MLD and silicate at each set distance point during the May-July sampling period. In

565 the upper 100 m of the central Labrador Sea, positive correlations are observed between silicate
566 concentration and the MLD. Below 100 m, these correlations are negative, suggesting that deeper
567 MLDs are associated with an increase in nutrient supply that is seen over only the upper 100 m
568 of the central Labrador Sea, and the upper 20-50 m over the Labrador shelf. These correlations
569 are much weaker close to the Greenland coast, which suggests that silicate concentrations are less
570 connected to the MLD in that area.

571 There is notable spread in the Argo observations surrounding the AR7W transect, indicating
572 that MLDs are spatially heterogeneous in that region. Considering this spread, there is fairly
573 good agreement between Argo MLDs and those derived from BIO AR7W CTD data (Figure 14).
574 A comparison with MLDs from high-resolution reanalysis fields (GLORYS12v1 and HYCOM)
575 shows general agreement in terms of the overall spatial variation along the AR7W transect in
576 May. However, the extent and details of MLD variation are quite different for each data product.
577 In particular, the two reanalysis products demonstrate notable differences in their representation
578 of MLD variation and only limited agreement with observations. Consequently, no particular
579 reanalysis product can be judged to represent MLD variability in the Labrador Sea better than the
580 others.

581 In order to seek correlations between the deeper March MLDs and May AR7W silicate concen-
582 trations, it was necessary to use MLD from reanalysis products. Given the general disagreement
583 in MLD values across reanalysis products (Figure 14), we include the March MLD from both
584 reanalysis datasets, HYCOM and GLORYS12v1 (Figure 13b). Positive correlations between the
585 March MLD from HYCOM and May silicate concentrations are observed below the seasonal MLD
586 (~ 100 m) over the central Labrador Sea. When March MLD are taken from GLORYS12v1, we see
587 significant correlations in the upper 100 m of the central Labrador Sea. The overall correlation pat-
588 tern in the central Labrador Sea between silicate concentrations and winter mixing is in accordance

589 with the notion that a deep water column is associated with nutrient rich water. However, no such
590 correlation pattern is observed near the Greenland coast. Thus, locally higher silicate concentrations
591 are not associated with deeper winter mixing in the upper water close to Greenland. It is only
592 further offshore that deeper winter mixing is associated with greater silicate concentrations.

593 Positive correlations between the MLD and silicate concentrations in the upper 50 m are observed
594 only in the central Labrador Sea, suggesting that nutrient concentrations off the Greenland coast
595 are affected by a mechanism other than vertical supply through winter mixing. The absence of
596 any significant correlation between silicate and MLD off the coast of Greenland does not support
597 a direct link between vertical supply and high silicate concentrations in the upper waters of that
598 region. On the other hand, the overall circulation regime (Figure 6) allows nutrients (especially
599 silicate) to be transported through the boundary currents sourcing from the Arctic Ocean, along the
600 East and West Greenland Current, and on into the northern Labrador Sea. It has been suggested
601 that the SPG regulates silicate concentrations in the North Atlantic (Hátún et al. 2017), indicating
602 that by comparing SPG strength indices against silicate concentrations it is possible to assess the
603 relevance of gyre strength on nutrient transport off the Greenland coast.

604 *f. Relationship between nutrients along the AR7W transect and gyre strength*

605 Satellite altimetry provides a decadal long record of SPG strength variability, from 1993 to
606 the present. Daily gridded fields of the multialtimeter absolute dynamic topography product
607 were downloaded from the Copernicus Marine and Environment Monitoring Service (CMEMS;
608 <http://marine.copernicus.eu/>). The daily fields were selected for the period 1993-2018
609 and averaged to monthly mean fields. Absolute dynamic topography is referred to here as sea
610 surface height (SSH). The Subpolar Gyre Index is defined as the principal component of the second

611 Empirical Orthogonal Function (Koul et al. 2020) (i.e., second principle component), but here is
612 derived using monthly anomalies of SSH over the North Atlantic (20°N to 70°N, 0°W to 80°W).

613 The time series of the gyre index (Figure 15) indicates that SPG strength was at a maximum in the
614 early to mid 1990s (Häkkinen and Rhines 2004). After a period of decline, as documented by several
615 studies (Häkkinen and Rhines 2004; Hátún et al. 2017), SPG strength reached another, almost
616 identical maximum in 2016 (Figure 15). It was therefore deemed relevant to test the connection
617 between gyre strength and Labrador Sea silicate concentrations for the longer time period (1994 to
618 2018).

619 A composite analysis was used in which years of a “strong gyre” are defined as those in which the
620 gyre index exceeds one standard deviation above the mean, and years of a “weak gyre” as those in
621 which the gyre index exceeds 1 standard deviation below the mean. This is illustrated in (Figure 16)
622 as the normalized gyre index, where the PC2 of SSH has been normalized (by subtracting the mean
623 and dividing by the standard deviation). It should be noted that this analysis, based on the longer
624 time period 1994 to 2018, includes sampling periods for silicate concentration that range from
625 from May to July in the years prior to 2004, whereas sampling after 2004 occurred during May to
626 June (Table 1). Therefore some variability may be attributable to seasonal rather than interannual
627 variation.

628 For strong SPG years, average silicate concentrations across the transect field are found to be
629 higher than average over the entire deep basin, especially in the upper 100 m (Figure 17a). For
630 weak SPG years, average silicate concentrations are above the mean only in the upper 50 m towards
631 the Labrador Shelf (Figure 17b). In years of a strong SPG, but not in years of a weak SPG, silicate
632 concentrations have positive anomalies present close to the Greenland coast, where circulation
633 is directed northwest via the West Greenland Current. A similar picture occurs when plotting
634 the anomaly distribution of Si:P ratios for years of strong (Figure 17c) and weak (Figure 17d)

635 SPG, reflecting an enrichment in silicate compared to phosphate. This suggests that increased
636 nutrient concentrations in the upper layers of the Labrador Sea can be attributed to an enhanced
637 SPG strength. However, the relative importance of convective mixing versus horizontal (i.e., gyre-
638 driven) circulation in regulating blooms is yet unanswered. The following section accounts for the
639 importance of deep winter convection in bloom dynamics in the Labrador Sea.

640 *g. Relationship between nutrients along the AR7W transect and convection depth*

641 As noted above, the spatial pattern in MLD is very heterogeneous over the Labrador Sea and
642 across the AR7W transect associated with large temporal variability and uncertainties. Especially,
643 winter MLDs are difficult to accurately estimate due to sporadic observations. Therefore, an
644 estimate of the aggregated convective depth, which represents the overall extent of wintertime deep
645 convection in a given year, is used here to further test the relationship between vertical mixing and
646 nutrient supply in the Labrador Sea. An annual time series of convection depth is derived using
647 vertical profiles of σ_2 (i.e., potential density anomaly with reference pressure of 2000 dbar) from
648 available Argo and shipboard profiles over the course of the entire winter. Deep convection in the
649 Labrador Sea is characterized by decadal variability that closely matches variability in SPG strength
650 (Figure 15). Both deep convection and gyre strength appear to have intensified in the recent years,
651 consistent with findings by Yashayaev and Loder (2017).

652 The correlation of convection depth with silicate, nitrate and phosphate concentration was
653 evaluated for each grid point of the depth-distance grid along the AR7W transect over the time
654 period 1994 to 2018 (Figure 18). The correlation analysis between convection depth and nutrient
655 concentration is on a year-to-year basis. As defined in our study and described in Yashayaev and
656 Loder (2016), convection depth represents the integrated impact of vertical mixing over the winter
657 and is presented here as an annual time series. Similarly, the nutrient time series are presented as

658 annual time series for each grid point and represent the concentration at the time of the cruise, which
659 usually occurred in May-June, with a few exceptions of sampling in July. In the top 50 m layer, the
660 seasonal cycle is likely to dominate the variability of nutrients, biasing the respective correlation.
661 However, a clear positive correlation between convection depth and nutrient concentrations below
662 50 m and above 1000 m of the Labrador Sea is most likely reflective of a real connection between
663 convection and nutrients. Correlations are particularly strong in the case of silicate (Figure 18a) with
664 weaker correlations in nitrate (Figure 18b), while phosphate shows very little positive correlations
665 with convection depth (Figure 18c). Furthermore, there are clear negative correlations between
666 convection depth and nutrient concentration below 1000 m across the section. This suggests a
667 physical redistribution of the deep Labrador Sea nutrient pool to the upper water column by deep
668 winter mixing.

669 The positive relationship between silicate concentration in the upper Labrador Sea and convection
670 depth is particularly striking. Correlations are more pronounced at the intermediate depths, in
671 the layer of the ocean less affected by seasonal cycle aliasing with interannual variability. This
672 corresponds to be below the seasonal mixed layer during the time of sampling, whose 1994-2018
673 mean shows it at ~ 50 m towards the shelf and at ~ 150 m in the central Labrador Sea (Figure 7).
674 This highlights an important fact – nutrient concentrations in the surface layer of the Labrador Sea
675 experience strong seasonal variability affecting the annual survey data randomly positing anywhere
676 between the first days of May and mid-June. An annual time series representing interannual
677 variability in upper silicate concentration is derived by taking the average over a depth from 200 to
678 800 m across a half of the AR7W section adjacent to Greenland (i.e., ~ 100 -450 km off Greenland).
679 The reasoning for selecting this particular part of AR7W is that this region is likely to be affected
680 more strongly by the northwestward-flowing Irminger and West Greenland currents, where light
681 conditions due to freshwater-induced stratification are beneficial to phytoplankton growth and

682 where blooms are usually occurring (Figure 4, Frajka-Williams and Rhines 2010; Lacour et al.
683 2015; Marchese et al. 2019). The averaged silicate concentration covaries with the annual mean
684 chlorophyll-a concentrations and both are significantly correlated with convection depth (Figure 19).
685 These relationships support the idea that deep convection enriches the upper Labrador Sea in
686 nutrients. This is likely dominant only below 200 m, with consideration of Arctic sources necessary
687 at the surface, but the overall effect is to allow more extensive phytoplankton blooms throughout
688 the growing season.

689 **4. Discussion**

690 This study has shown that winter convection plays an essential role in redistributing nutrients
691 in the top two kilometers of the water column in the Labrador Sea. Positive correlations between
692 nutrient concentrations and convection depth occur in the upper 1000 m of the Labrador Sea. This
693 demonstrates that entrainment of nutrient-rich waters prevails over mixing of depleted waters during
694 winters in which convection depth is enhanced, and in turn results in a greater nutrient supply to
695 fuel larger phytoplankton blooms over the growing season. Conversely, during winters in which
696 convection depth is weaker, a net loss of nutrients in the upper Labrador Sea is expected. In years
697 prior to weak winter convection, nutrient uptake from phytoplankton growth and subsequent sinking
698 of organic material predominates, leading to a net transfer of nutrients into the deeper ocean, which
699 in turn reduces nutrient availability during spring and summer of the following year.

700 The correlation pattern across the AR7W transect of silicate, nitrate and phosphate with convection
701 depth are consistent but show clear differences in that the silicate-convection correlation is stronger
702 and more extended over the section. This discrepancy could be explained by the difference in
703 the mean vertical distribution of the three nutrients (Figure 7). Whereas nitrate and phosphate
704 concentrations are almost at their highest concentrations (i.e., 15 to 16 $\mu\text{mol kg}^{-1}$ and $\sim 1 \mu\text{mol kg}^{-1}$,

705 respectively) at intermediate depth levels of 100-200 m with very little increase below that, silicate
706 concentrations display a clear vertical gradient that reaches a maximum concentration situated much
707 deeper (~ 3000 m) compared to nitrate and phosphate maximums at 1500-2000 m. As convection
708 depth ranges from 630 to 2300 m, and nitrate and phosphate concentration are fairly homogeneous
709 below 200 m, the vertical redistribution of nutrients due to changes in winter convection should
710 affect silicate much more than nitrate and phosphate. Possible differences in the sinking rates
711 of diatom shells (i.e., opal) and other inorganic and organic material, as well as differences in
712 remineralization of silicate from opal versus nitrate and phosphate from non-siliceous material,
713 could explain the relatively low silicate concentrations at intermediate depths of the Labrador
714 Sea. However, it is not apparent that remineralization of opal is less pronounced compared to
715 non-siliceous materials (Thomalla et al. 2008).

716 The relationship between winter MLD from reanalysis products and silicate concentration
717 (Figure 13b, c) were not as clear as the one demonstrated between silicate and winter convection
718 depth (Figure 18a). This may be attributable simply to reanalysis data not sufficiently reflecting
719 observations, but it may also be due to differences between the aggregated effect of deep water
720 formation (i.e., Labrador Sea Water) and local mixing, which shows pronounced spatial and
721 temporal variability. For example, the vertical movement of the pycnocline due to mesoscale
722 eddies can have a large influence on winter MLD (Gaube et al. 2019), but this should not impact
723 the year-to-year variability of winter convection. Therefore, convection depth appears to be a better
724 reflection of the wintertime redistribution of nutrients between depleted surface waters and nutrient
725 rich deep water in the Labrador Sea.

726 The convection depth is correlated with gyre strength (Figure 15). Using the annual time series of
727 the sea surface height based index, representing SPG strength, instead of convection depth shows
728 that enhanced silicate concentrations (and higher Si:P ratios) in the upper 1000 m across the AR7W

729 section occurs in years of a strong SPG, and also anomalously lower values in years of a weak SPG
730 (Figure 16 and 17). This relationship between silicate and gyre strength matches the findings of
731 Hátún et al. (2017), who observed declining silicate concentrations throughout the SPNA over the
732 period 1990-2015.

733 Declines of 0.55-0.66 μM per decade were observed in the central Labrador Sea, the northern
734 Irminger Sea, and the Nordic Seas. Struck by the remarkable consistency of the decline across the
735 SPNA, Hátún et al. (2017) used the gyre index to connect the decline in silicate concentration with
736 a weakening SPG. In our study, a revised, detrended gyre index is used (Koul et al. 2020), which
737 suggests an increase in the gyre strength from 2014 onwards, coincident with increasing silicate
738 concentrations in the Labrador Sea. Expanding on and extending the work of Hátún et al. (2017),
739 the work described here demonstrates a positive correlation between SPG strength and silicate
740 concentrations in the Labrador Sea in recent years.

741 However, due to the strong relationship between the SPG strength and the deep convection in
742 the winter (Figure 15), this study points out that it might not merely be horizontal advection as
743 the cause of decreases or increases in nutrient concentrations, but that vertical supply of nutrients
744 through winter convection might also play an important role. While the size and circulation strength
745 of the SPG may influence silicate distribution in the North Atlantic as a whole, this study suggests
746 winter deep convection as a key driver specific to the Labrador Sea. Furthermore, increased deep
747 convection is likely the driver for the recent strengthening of the SPG as the deepening of the
748 isopycnal surface and reduced stratification lead to greater baroclinicity in the SPG. Based on
749 general circulation patterns in the Arctic and subpolar North Atlantic, previous work postulated that
750 productivity in the subpolar regions is dependent on silicate-rich waters of Arctic origin arriving via
751 the East Greenland Current (Tremblay et al. 2002; Torres-Valdes et al. 2013). While this may be the
752 case for the boundary region, the present study points out that winter convection is the major driver

753 for nutrient replenishment in the central deep basin. For example, the recent increase in silicate
754 concentration is detected throughout the upper 1000 m (Figure 9d) as well as spatially correlated
755 with the winter convection depth (Figure 13a) in the Labrador Sea. However, Arctic water masses
756 are expected to reside only in the upper 200 m of the Labrador Sea (Frajka-Williams and Rhines
757 2010; Torres-Valdes et al. 2013), which does suggest that the recent silicate enrichment is not of
758 Arctic origin. Additionally, the boundary flow is rather compact with strong closely positioned
759 recirculating flows.

760 The connection between deep convection and vertical nutrient supply is potentially an important
761 factor in phytoplankton biomass and biological productivity in the Labrador Sea, as this study
762 has shown that annual mean biomass-chlorophyll-a measured by satellite is connected to nutrient
763 concentration in the upper Labrador Sea. Generally, nutrient enrichment leads to greater dominance
764 of diatom growth (Armbrust 2009), such as it has been detected during the North Atlantic spring
765 bloom (Weeks et al. 1993). An open question is what nutrient eventually is limiting the phytoplank-
766 ton blooms. Our preliminary analysis suggests that the Labrador Sea is relatively depleted in silicate
767 as early as in springtime (Figure 8). Whereas at depth nitrate and phosphate are in accordance
768 to the Redfield ratio of 16:1 (Figure 10a), the silicate to phosphate ratio is only 8:1 (Figure 10b),
769 clearly below the expected 15:1 ratio.

770 Silicate depletion is also evident in the negative values of the Si^* tracer (where $Si^* = Si - N$)
771 throughout the AR7W section, indicating that the Labrador Sea is deficient in silicate relative to
772 nitrate according to the typical understanding of diatom growth (Ragueneau et al. 2000; Brzezinski
773 1985; Brzezinski et al. 2002; Sarmiento et al. 2004). Therefore, with sufficient nitrate and phosphate,
774 the diatom blooms during spring most likely ceases due to a deficit in silicate. This is in accordance
775 to a recent study that showed the depletion of silicate occurring before nitrate and identified it
776 as the main factor in terminating the spring bloom (Krause et al. 2019). As the diatom bloom

777 abates, nitrate and phosphate should still be sufficient to allow elevated biological production in
778 summer and fall. While some studies have investigated changes in phytoplankton community
779 composition in relation to generalized physical distinctions between North Atlantic and Arctic
780 regions (Fragoso et al. 2016, 2017, 2018) there is potentially great benefit in documenting shifts
781 in species compositions as they relate specifically to spatial and temporal variation in nutrient
782 availability and how this affects the marine ecosystem and carbon export.

783 In order to understand the connection between enhanced phytoplankton growth and vertical supply
784 of nutrients it is important to consider the predominant circulation patterns along the Greenland
785 side of the Labrador Sea. Regions of high chlorophyll-a are located further northwest of the AR7W
786 transect off the Greenland coast (Figures 2b, 3 and 4). It is likely not only the local nutrient
787 concentration that affects productivity at that location, but also input through horizontal advection.
788 For example, positive concentration anomalies in the upper 50 m silicate concentrations close to
789 Greenland were observed during the period 2014-2016 (Figures 9d-f). These were likely due to
790 stronger winter convection resulting in an enrichment of upper nutrients in the region where the
791 Irminger and East Greenland Currents act. Therefore, nutrient-enriched waters must have been
792 advected further north into the Labrador Sea to regions with favorable conditions for phytoplankton
793 growth by April-May. This nutrient enrichment in turn enhanced phytoplankton growth along the
794 coast of western Greenland, and possibly further offshore through eddy transport (Chanut et al.
795 2008; Frajka-Williams and Rhines 2010).

796 Further indication of a strong advective signal can be implied by patches of extremely high
797 chlorophyll-a concentrations in May distributions during years of enhanced Labrador Sea produc-
798 tivity (e.g., 2014, 2015). One can observe patches of up to $30\text{-}50\text{ mg m}^{-3}$ (Figure 3), which cannot
799 be attributed solely to in-situ growth. These levels are 2- to 4-fold above the available winter nitrate
800 concentrations of $\sim 15\text{ }\mu\text{mol kg}^{-1}$ (Figure 8), which would allow maximum chlorophyll-a concen-

801 tration of around 15 mg m^{-3} locally. With a polar diatom Si:N ratio of ~ 1.5 (Lomas et al. 2019),
802 local concentrations due to silicate availability would be even more constrained. An accumulation
803 mechanism is therefore indicated, one that leads to convergence of phytoplankton biomass in the
804 bloom region. Given that peak chlorophyll-a occurs in regions where enhanced eddy-kinetic energy
805 occurs, similar transport mechanisms for nutrients from the Greenland shelf can be anticipated.

806 A comparison between satellite-based estimates of ~~phytoplankton biomass and productivity~~
807 chlorophyll-a concentrations and NPP with estimates from ocean models (Figure 1 and 5) makes
808 clear that the available subset of models do not reproduce the variability in ~~Labrador Sea~~
809 ~~chlorophyll-a concentrations~~ phytoplankton communities of the Labrador Sea that is evident from
810 satellite observations (Figure 1 and 5). This discrepancy indicates that the models do not adequately
811 represent the connection between numerous physical processes and phytoplankton growth in this
812 region. Model inadequacy in this regard is not unexpected, given that the North Atlantic is charac-
813 terized by multiple distinct regions, each with its own dominant physical mechanisms and pattern
814 of biological productivity.

815 Recent studies suggest that the melting of the Greenland ice sheet may influence phytoplankton
816 blooms in the Labrador Sea, through two possible mechanisms. One is through an elevated supply
817 of dissolved nutrients from glacial meltwater, and the other is through the impact of meltwater
818 on surface stratification. The amount of meltwater discharged from Greenland ice melting has
819 increased over the recent decades (Rignot et al. 2008; Bamber et al. 2012; Dukhovskoy et al. 2019),
820 with striking summer melting in 2012 (Nghiem et al. 2012; Tedesco et al. 2013; Hanna et al. 2014).
821 This melting is projected to double by the end of the twenty-first century (Fettweis et al. 2013).
822 Through its impact on stratification and a reduction in light limitation conferred by shallower MLDs,
823 Oliver et al. (2018) propose that stronger phytoplankton blooms will start to occur later in summer
824 and fall, leading to increased primary productivity in the Labrador Sea.

825 Furthermore, the Greenland ice sheet is a potential source of bioavailable nutrients such as
826 phosphorus (Hawkings et al. 2016), iron (Bhatia et al. 2013; Hawkings et al. 2014; Arrigo et al.
827 2017) and silicate (Meire et al. 2016). Hawkings et al. (2016) measured concentrations of reactive
828 phosphorus in two glaciers that reached up to $0.35 \mu\text{M}$. Dissolved iron concentrations were found to
829 be on the order of $1\text{-}10\mu\text{M}$, with particulate iron an order of magnitude higher (Bhatia et al. 2013).
830 Silicate concentrations up to $15\text{-}30\mu\text{M}$ were measured in two fjords in northeast and southwest
831 Greenland that are fed by land and marine-terminating glaciers (Meire et al. 2016). Besides the
832 nutrient flux from the glacial meltwater itself, discharge of glacial melting from marine-terminating
833 glaciers play an important role as it leads to upwelling of deep nutrient rich water (Hopwood et al.
834 2018; Cape et al. 2018).

835 Arrigo et al. (2017) suggested that discharge of meltwater from the Greenland ice sheet is
836 associated with large-scale summer blooms in the Labrador Sea, accounting for about 40% of
837 annual primary production, at distances of up to 300 km from the coast. Since this was not
838 accompanied by a significant change in MLD, they reasoned that increased nutrient supply may be
839 the determining factor in associating glacial meltwater with phytoplankton blooms. In particular,
840 they cite evidence that macronutrient concentrations are not growth-rate limiting, and so conclude
841 that enhanced iron supply from meltwater is the main driver of the large-scale summer blooms.
842 In contrast, Meire et al. (2016) found that the export of dissolved silica in glacial meltwater is
843 disproportionately high (i.e., up to $30 \mu\text{M}$) relative to other macronutrients in two fjord systems
844 adjacent to the Greenland ice sheet, and that the resulting increased Si:P ratio at the ocean surface
845 is proposed to favor diatom growth above other types of phytoplankton.

846 It is not clear how far into the Labrador Sea the relevant area of impact of ice sheet meltwater
847 reaches, or whether it is mainly constrained to the vicinity of the Greenland fjords. Luo et al. (2016)
848 found that up to 60% of meltwater from southeast Greenland moves westwards into the northern

849 Labrador Sea by fall and early winter, which would affect stratification and nutrient concentrations
850 far from the coast. Arrigo et al. (2017) also suggested that timing of the summer blooms during
851 their study period is highly suggestive of a direct association with Greenland ice sheet melting.
852 Given these time constraints, Greenland ice sheet meltwater would affect ocean productivity in the
853 late summer and fall of the same year, and would likely not contribute to the nutrient pool in the
854 following years. One indication that the high silicate values observed in the AR7W transect are
855 not predominantly a result of Greenland ice sheet melting is that the year 2012, which was one of
856 record ice sheet melting, did not lead to elevated silicate values in the following years (Figure 12).
857 Furthermore, 2012 was a year with fairly low annual mean chlorophyll-a concentrations, calling
858 into question the effect of Greenland ice sheet melting on summer production. A direct link between
859 high silicate concentrations and Greenland ice sheet melting therefore cannot be established. One
860 might assume a possible delay of 2-3 years, but this is not based on the estimated time it would
861 take for this meltwater to reach the interior of Labrador Sea (Luo et al. 2016).

862 The above discussion gives fresh context to previous findings that spring bloom onset and intensity
863 in the northern Labrador Sea is correlated with low-salinity water along the Greenland coast (Wu
864 et al. 2008; Frajka-Williams et al. 2009; Frajka-Williams and Rhines 2010). Wu et al. (2008) found
865 that the early onset of the spring bloom in the northern Labrador Sea is related to a reduced MLD
866 associated with low-salinity water along the Greenland coast, although their work was focused
867 on the factors that drive annual timing of the spring bloom, rather than long-term impacts on
868 bloom magnitudes. Frajka-Williams et al. (2009) suggest that meltwater may increase boundary
869 gradients in the West Greenland Current, potentially accelerating the SPG which would in turn
870 lead to an increase in eddy production. However, they did not find any significant correlations
871 between meltwater runoff and offshore velocity or eddy kinetic energy. However, Frajka-Williams
872 and Rhines (2010) did find that the intensity of the bloom in the northern Labrador Sea correlated

873 with offshore advection, eddy activity, and runoff from Greenland on interannual time scales. This
874 is consistent with our findings that associate a stronger SPG with an increase in nutrient flux along
875 the West Greenland Current and more intense spring blooms in the Labrador Sea. However, we
876 identify the underlying mechanism for this increase in spring blooms to be the vertical supply of
877 nutrients through winter convection, the recent enhancement of which likely fueled the intense
878 spring blooms and strengthened the SPG.

879 **5. Conclusion**

880 Here a recent nutrient enrichment in the intermediate Labrador Sea has been documented,
881 attributed to enhanced winter convection and used to explain the observations of higher annual
882 mean chlorophyll-a concentrations in the Labrador Sea. The positive correlation of nutrients and
883 convection depth in the upper 1000 m of the Labrador Sea (Figure 18) indicates that during winters
884 with anomalously deep convection, entrainment of nutrient-rich waters prevails over mixing of
885 depleted waters, and conversely in winters in which convection depth is shallower than usual a net
886 loss of nutrients moving into the deeper ocean (particularly silicate) can be expected. There is also
887 a correlation between silicate concentration and the strength of the SPG, which is explained by the
888 strong correlation between the subpolar gyre index and convection depth (Figure 15). Even though
889 a causal link between gyre strength and nutrient concentrations can not be ruled out, the correlation
890 patterns between nutrients and convection depth suggest a dominant role of vertical redistribution
891 in regulating nutrient availability in the Labrador Sea.

892 Deeper winter convective mixing drives vertical nutrient supply which in turn is associated with
893 higher annual mean chlorophyll-a in the Labrador Sea (as observed from satellite). In particular,
894 stronger winter convection affects the nutrient upwelling in the vicinity of the West Greenland
895 and Irminger Current, where water flows northwest along Greenland. This potentially leads to

896 more nutrients reaching the northern Labrador Sea fueling the spring blooms observed in this area
897 (Figure 3). Mean concentrations do not suggest silicate limitation during the time of the cruise.
898 However, it could very well be that nutrient limitation will occur later in the summer. Thus, the
899 correlations between silicate and annual mean chlorophyll-a concentration can be explained by
900 enduring nutrient supply throughout the growing season. Conversely, chlorophyll-a trends are
901 negative in the eastern SPNA (i.e., between Iceland and Scotland; Figure 1), indicating that other
902 factors are acting in this region and that the link between nutrient enrichment and chlorophyll-a
903 concentration is constrained to the Labrador Sea. It should be noted though that the additional
904 nutrients now enriching the Labrador Sea may eventually be advected into the eastern SPNA, such
905 that this region may at some point in the future also experience increased productivity.

906 The Labrador Sea is a crucial source for the redistribution of nutrients to the western North
907 Atlantic, through deep mixing and horizontal circulation. In particular, the Labrador Current has
908 been identified as an important conveyor of nutrients into the North Atlantic (Torres-Valdes et al.
909 2013). Therefore, variation in nutrient concentrations in the upper Labrador Sea has important im-
910 plications for nutrient availability over the entire North Atlantic. A centennial decline in the Atlantic
911 Meridional Overturning Circulation (AMOC) has been identified as a driver of long term reduction
912 in ocean productivity over the subpolar North Atlantic (Osman et al. 2019). The idea confirms prior
913 modeling analysis (e.g., Schmittner 2005) predicting that a decline in the AMOC strength would
914 reduce globally integrated export production. The AMOC is connected to Labrador Sea Water
915 formation. The present study has shown the effect of deep water formation on nutrient levels in the
916 upper Labrador Sea, and connects this to recent variability in ~~phytoplankton biomass~~chlorophyll-a
917 concentrations, thereby providing a direct link between changes in the AMOC and ~~variability in~~
918 ~~phytoplankton biomass and ocean productivity~~the Labrador Sea ecosystem.

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926 sis Project version 2 (GLODAPv2 ([https://www.nodc.noaa.gov/ocads/oceans/GLODAPv2_](https://www.nodc.noaa.gov/ocads/oceans/GLODAPv2_2019/)
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936 [gdp/hourly_data.php](https://www.aoml.noaa.gov/phod/gdp/hourly_data.php)) and real-time variable-time-step data ([https://www.aoml.noaa.gov/](https://www.aoml.noaa.gov/phod/gdp/real-time_data.php)
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1276 nitrate, P: phosphate) across the AR7W transect. Information was obtained from the GLODAPv2 (Olsen et al.
1277 2016) and Bedford Institute of Oceanography data sets.

Cruise	Dates	Year	n_{Si}	n_N	n_P
HUD-1994-008	29 May–5 June	1994	25	0	24
HUD-1995-011	11–16 June	1995	28	28	28
HUD-1996-006	18–25 May	1996	28	28	28
HUD-1997-009	21–28 May	1997	23	23	23
HUD-1998-023	26 June–3 July	1998	25	0	25
HUD-1999-022	1–11 July	1999	43	0	43
HUD-2000-009	24 May–5 June	2000	27	0	24
HUD-2001-022	4–11 June	2001	34	0	34
HUD-2002-032	2–8 July	2002	35	35	0
HUD-2003-038	23–29 July	2003	34	0	34
HUD-2004-016	20–27 May	2004	29	29	29
HUD-2005-016	29 May–3 June	2005	33	33	31
HUD-2006-019	26–31 May	2006	34	34	34
HUD-2007-011	12–21 May	2007	28	28	28
HUD-2008-009	23–29 May	2008	30	30	30
HUD-2009-015	20–26 May	2009	27	27	27
HUD-2010-014	17–24 May	2010	23	23	21
HUD-2011-009	11–22 May	2011	35	35	35
MLB-2012-001	4–12 June	2012	34	34	34
HUD-2013-008	11–19 May	2013	28	0	24
HUD-2014-007	7–15 May	2014	39	39	39
HUD-2015-006	9–16 May	2015	30	30	30
HUD-2016-006	7–15 May	2016	36	36	36
HUD-2018-008	3-9 May	2018	27	27	27

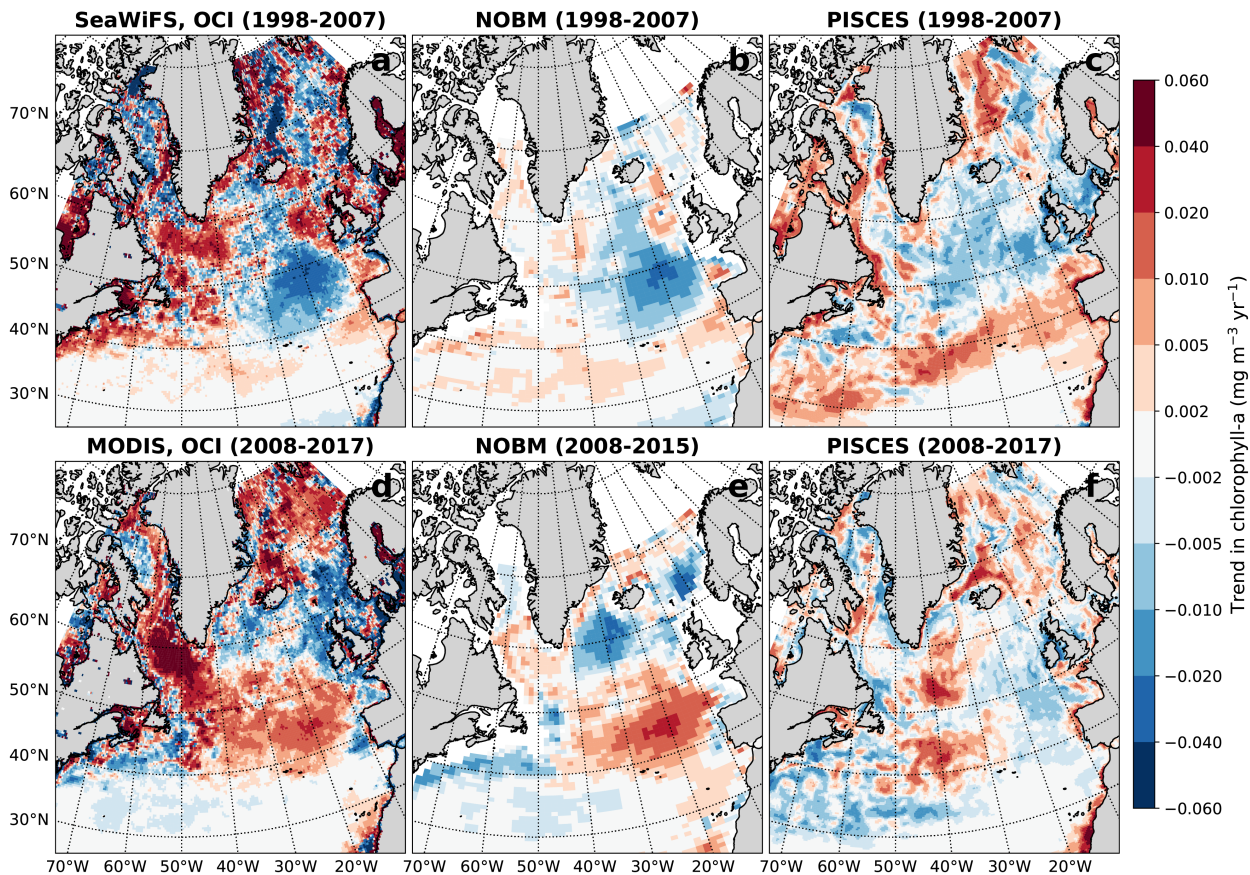
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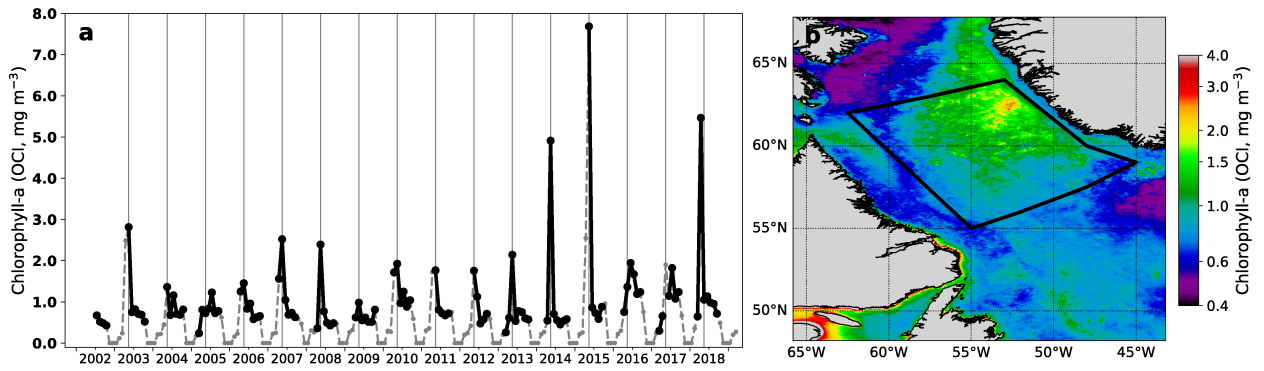
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1366 period and therefore upper ocean concentrations likely include seasonal biases. 80

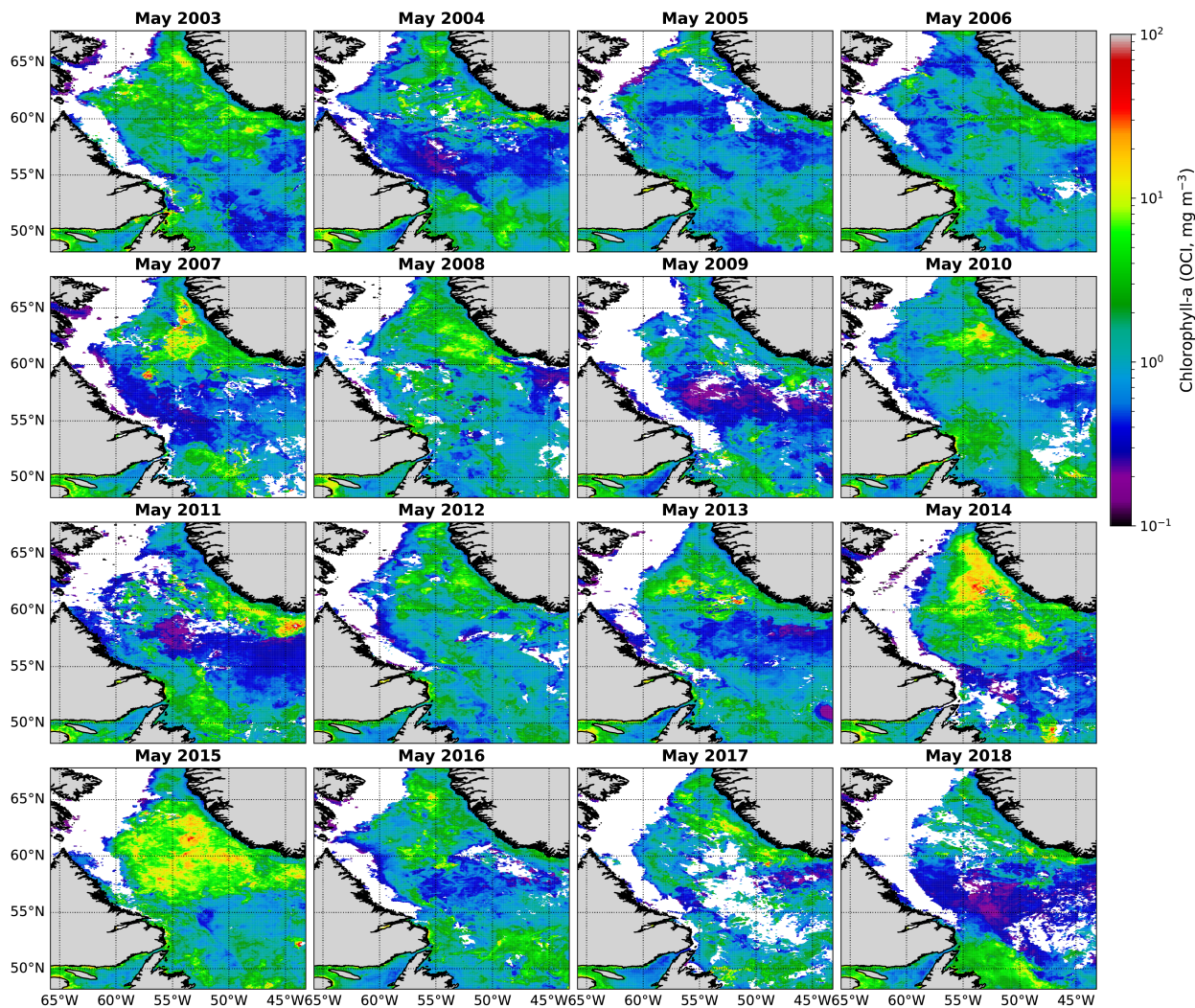
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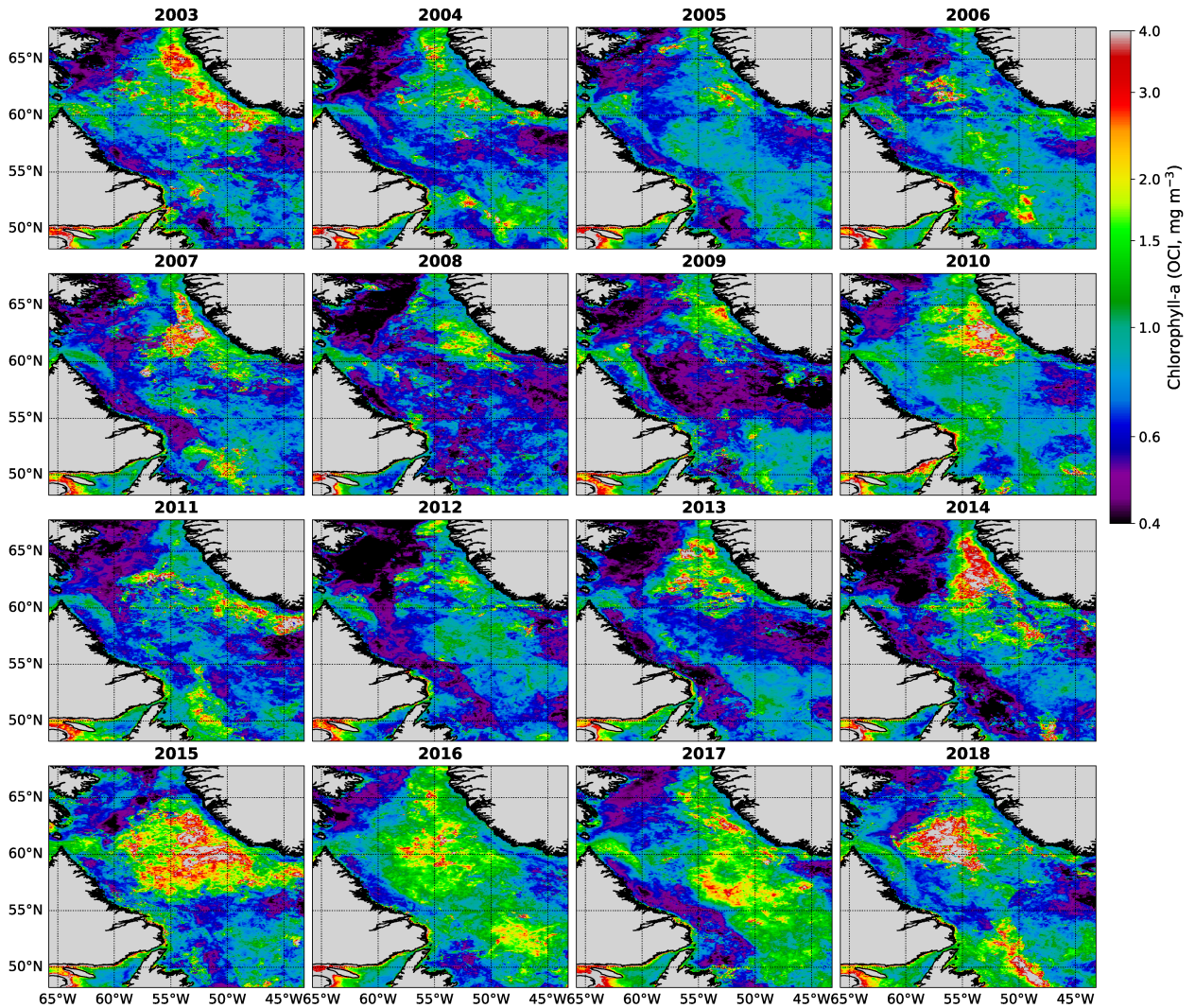
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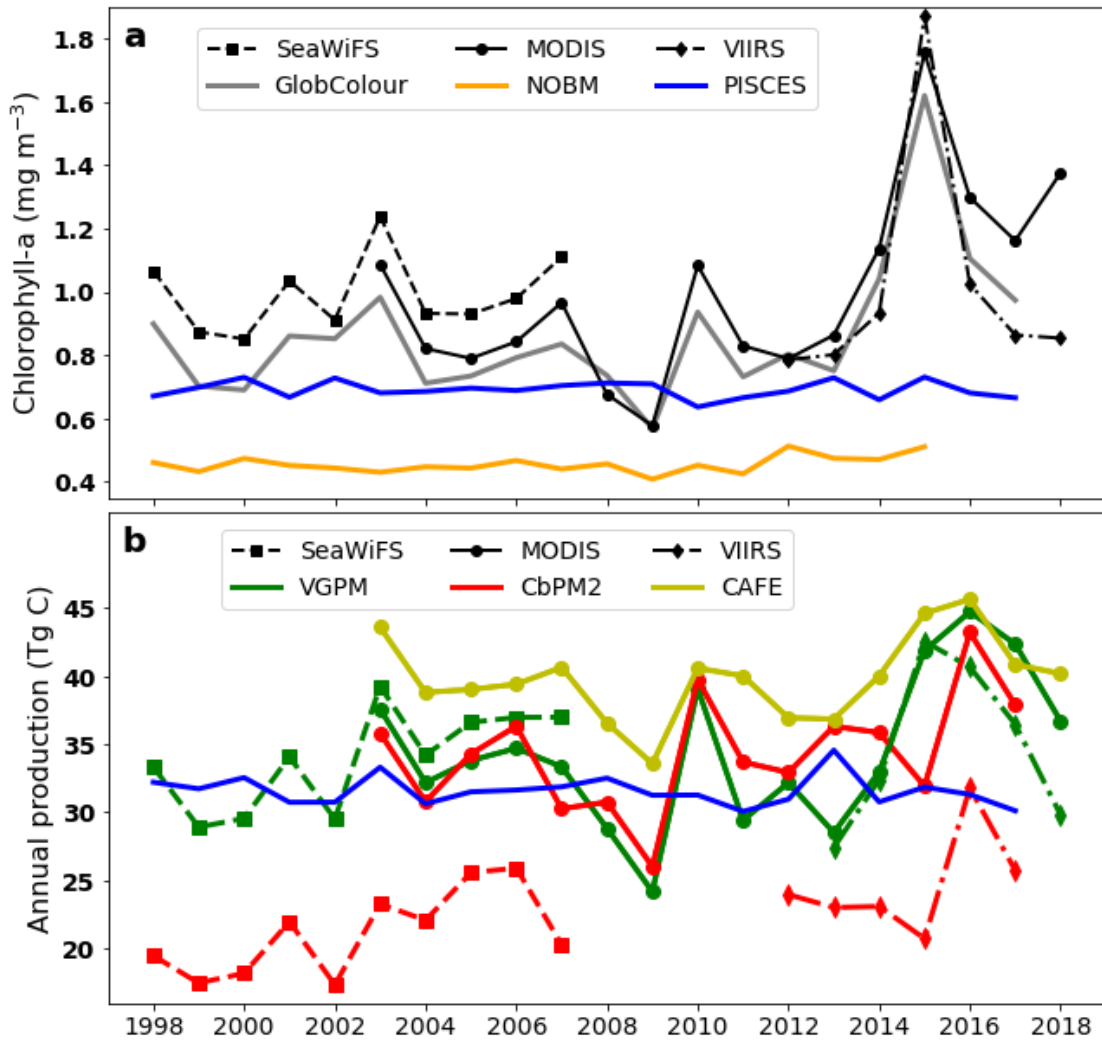
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 1378 denote spatial averages where more than 25% of data are missing within the region (due to cloud cover or
 1379 insufficient light conditions during winter). The vertical lines in (a) denotes the month of May for each year.
 1380 The time series and map are based on monthly 4 km resolution chlorophyll-a fields using the MODIS sensor and
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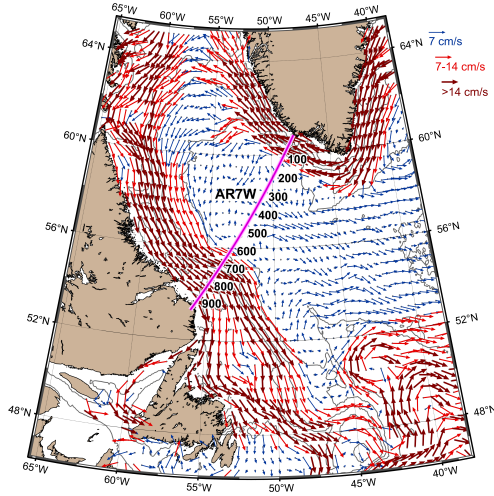
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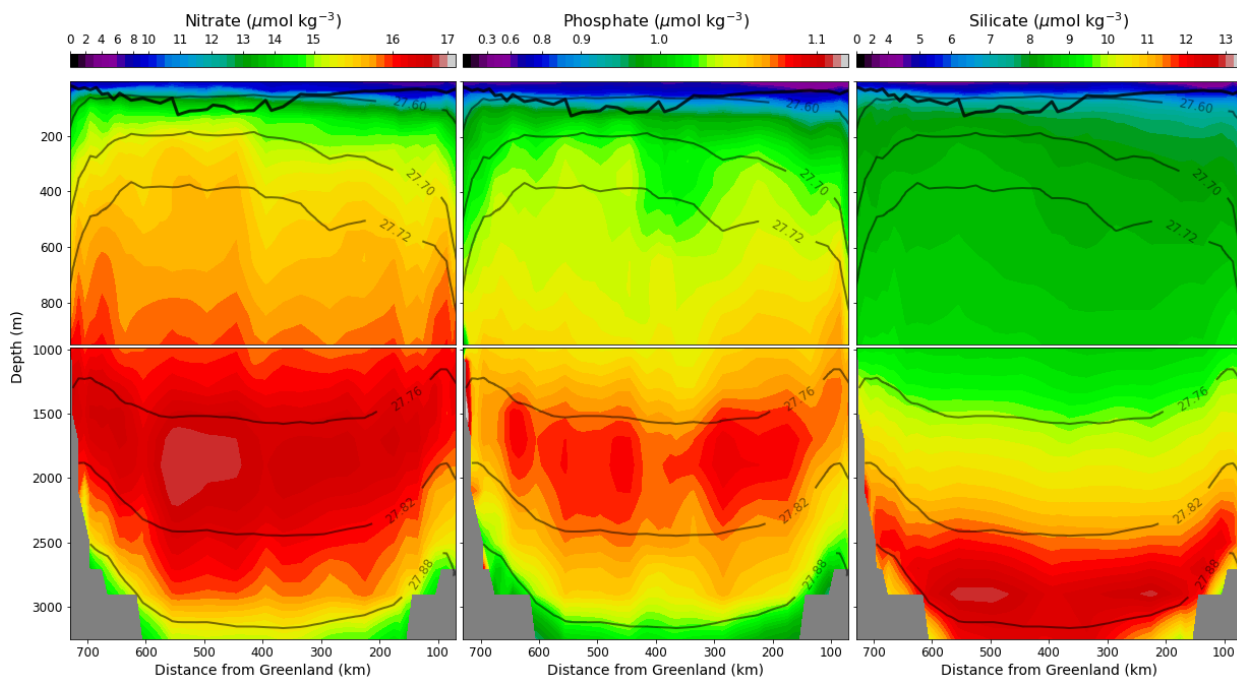
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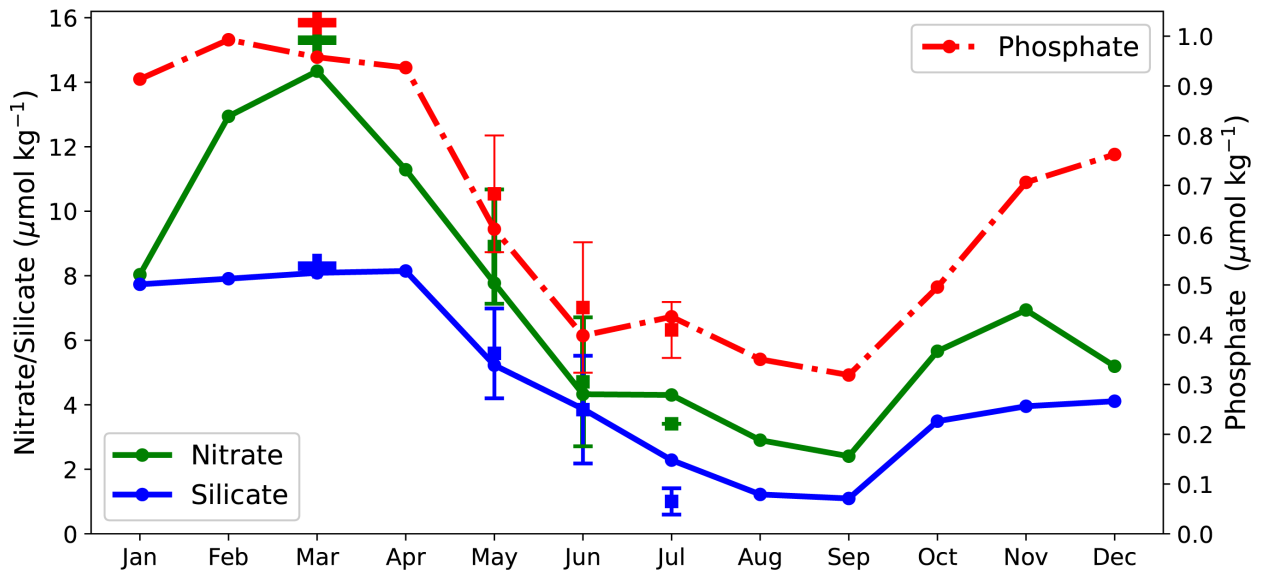
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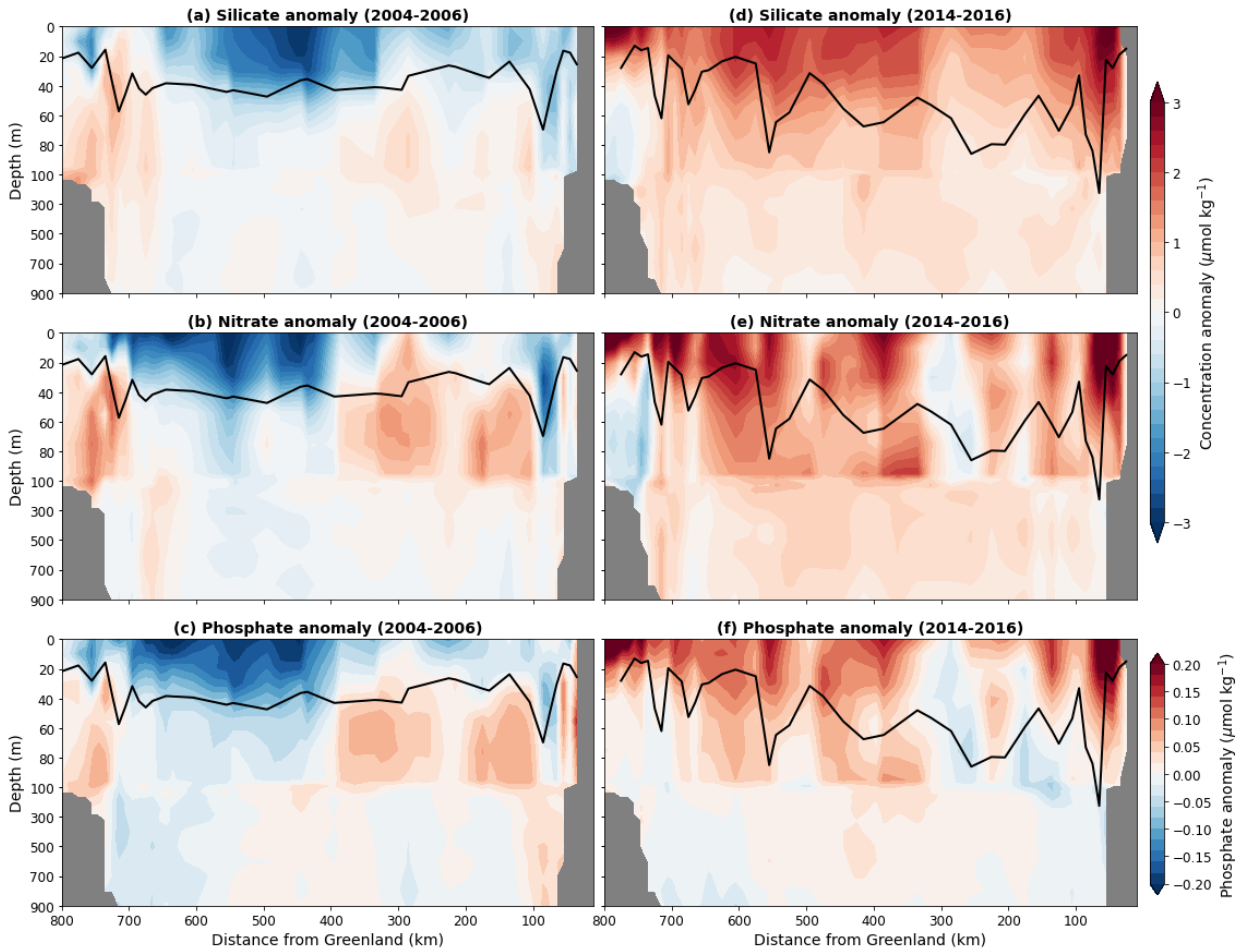
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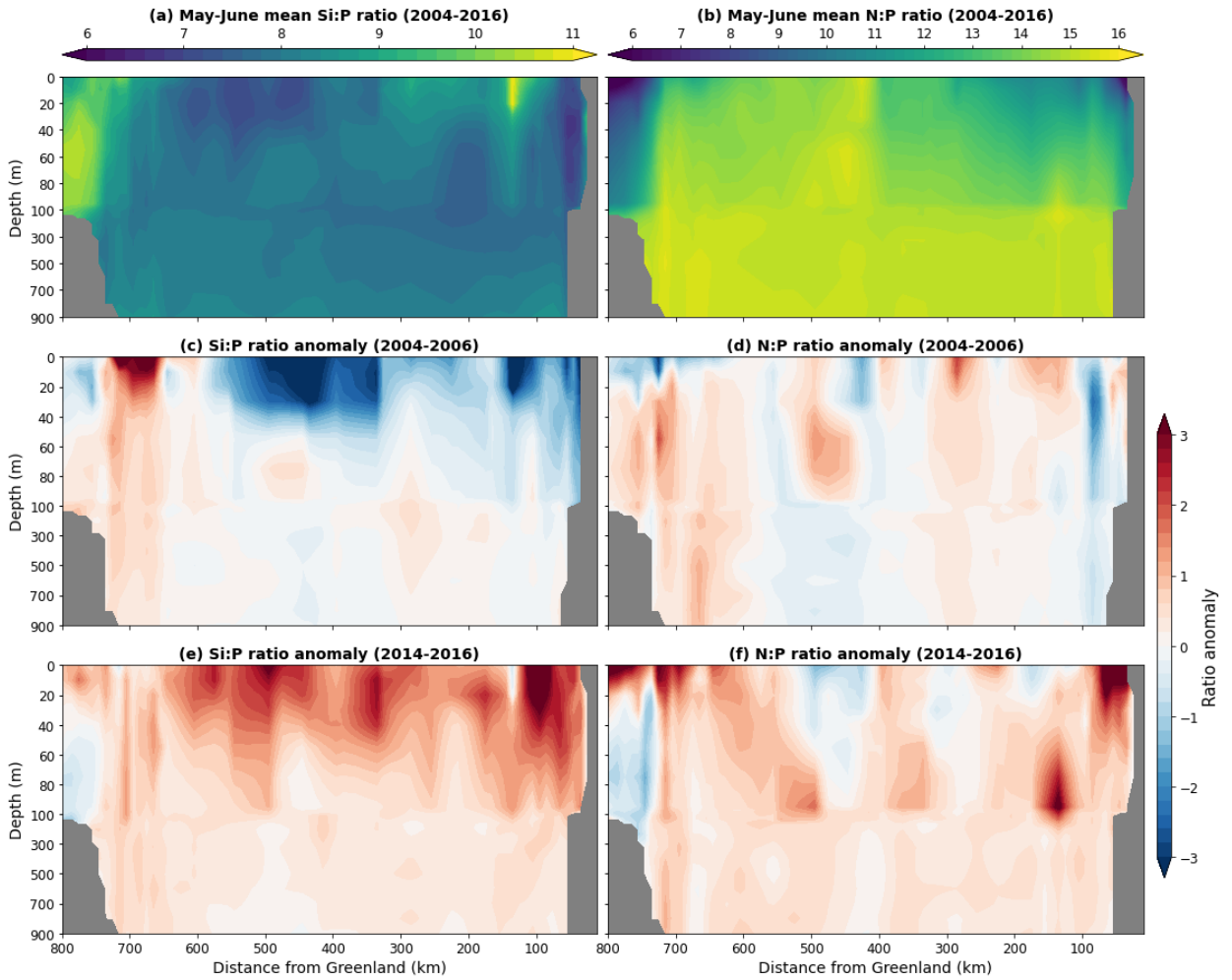
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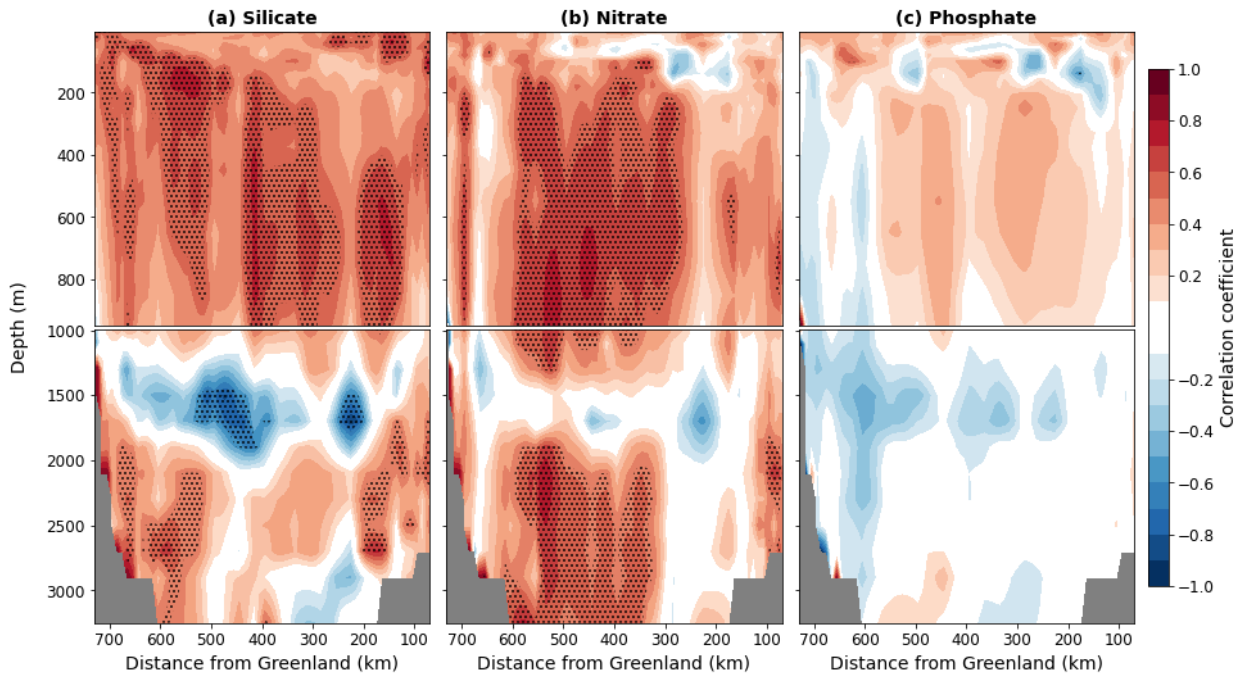
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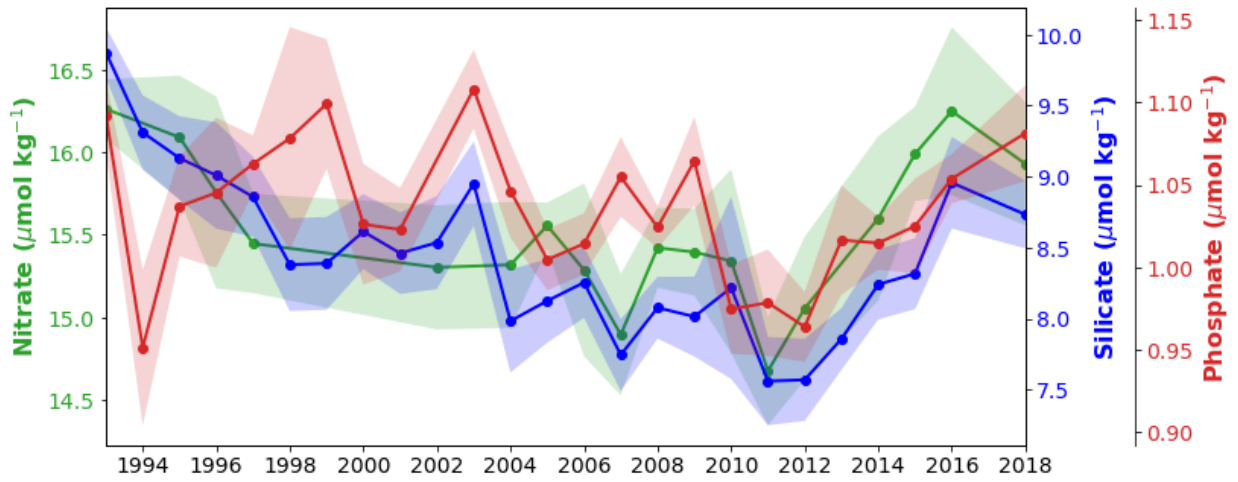
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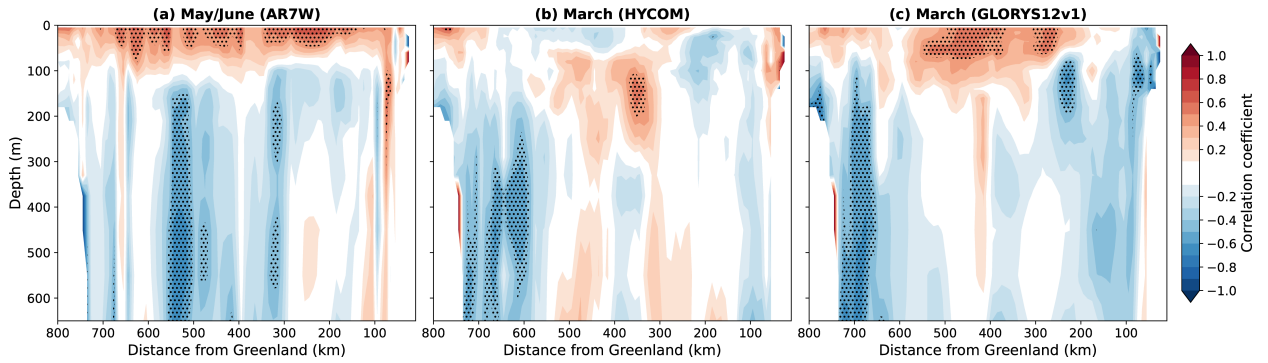
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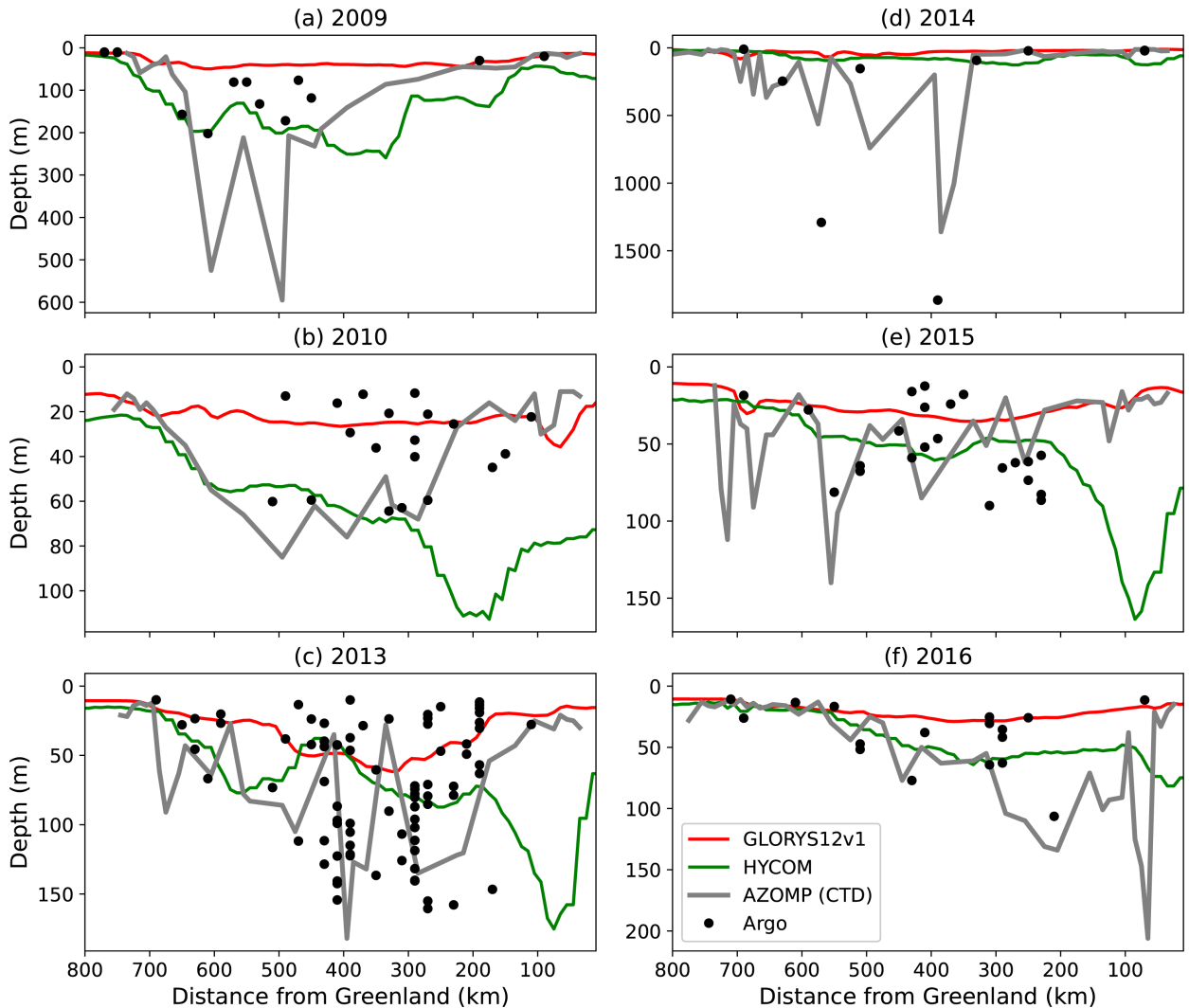
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 1419 MODIS period (2004-2018), with some years missing as indicated in Table 1. Nutrient fields are subselected
 1420 from cruises that occurred during May and/or June. Stippling indicates significant correlations with p-value less
 1421 than 0.05.



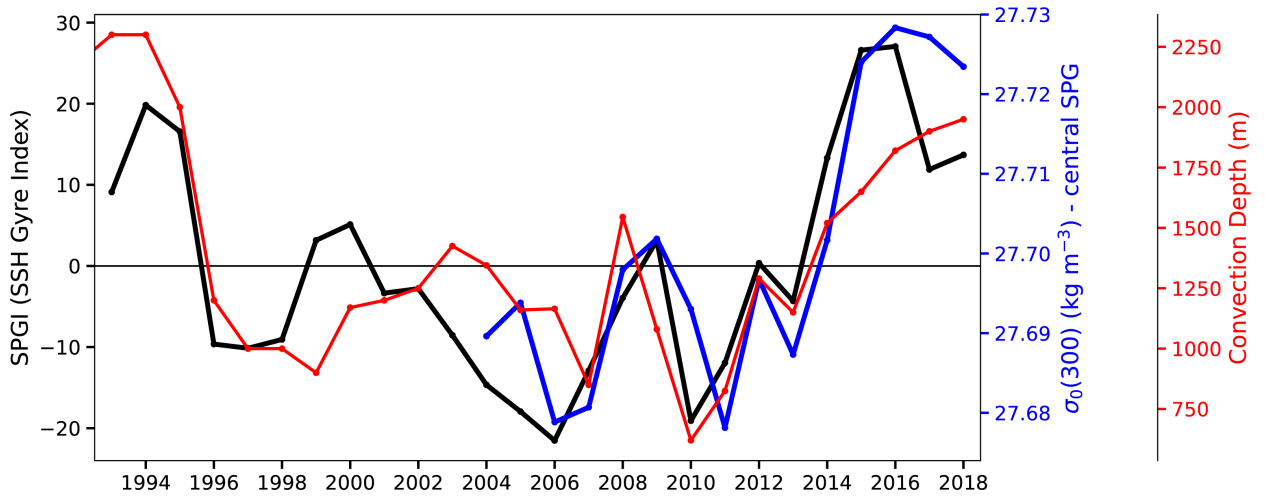
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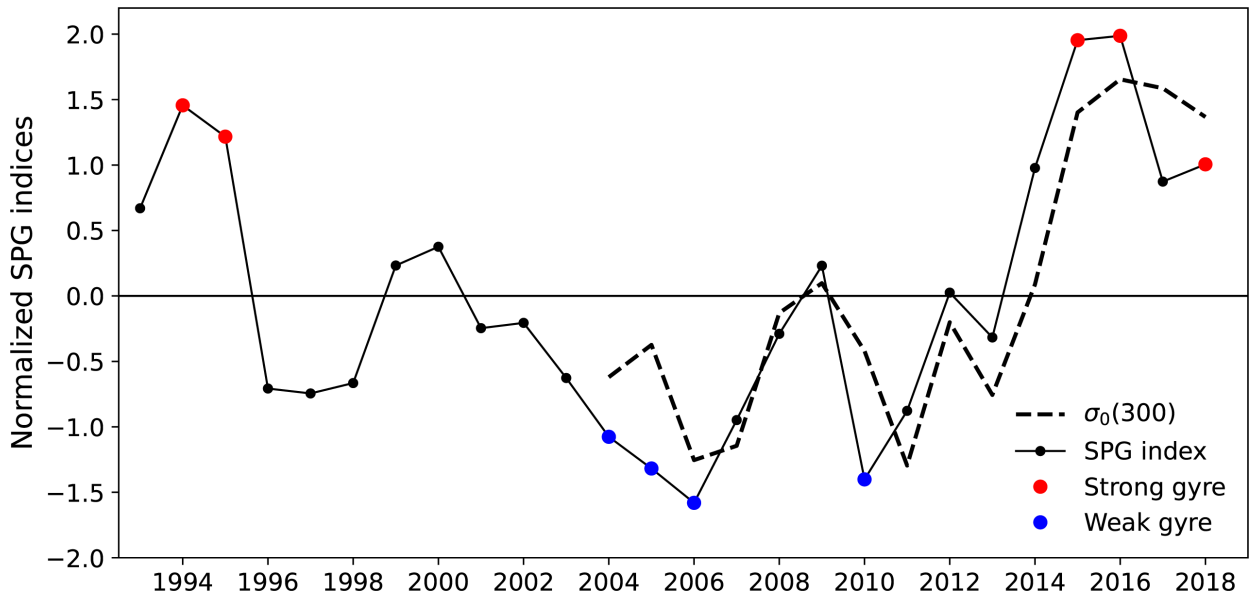
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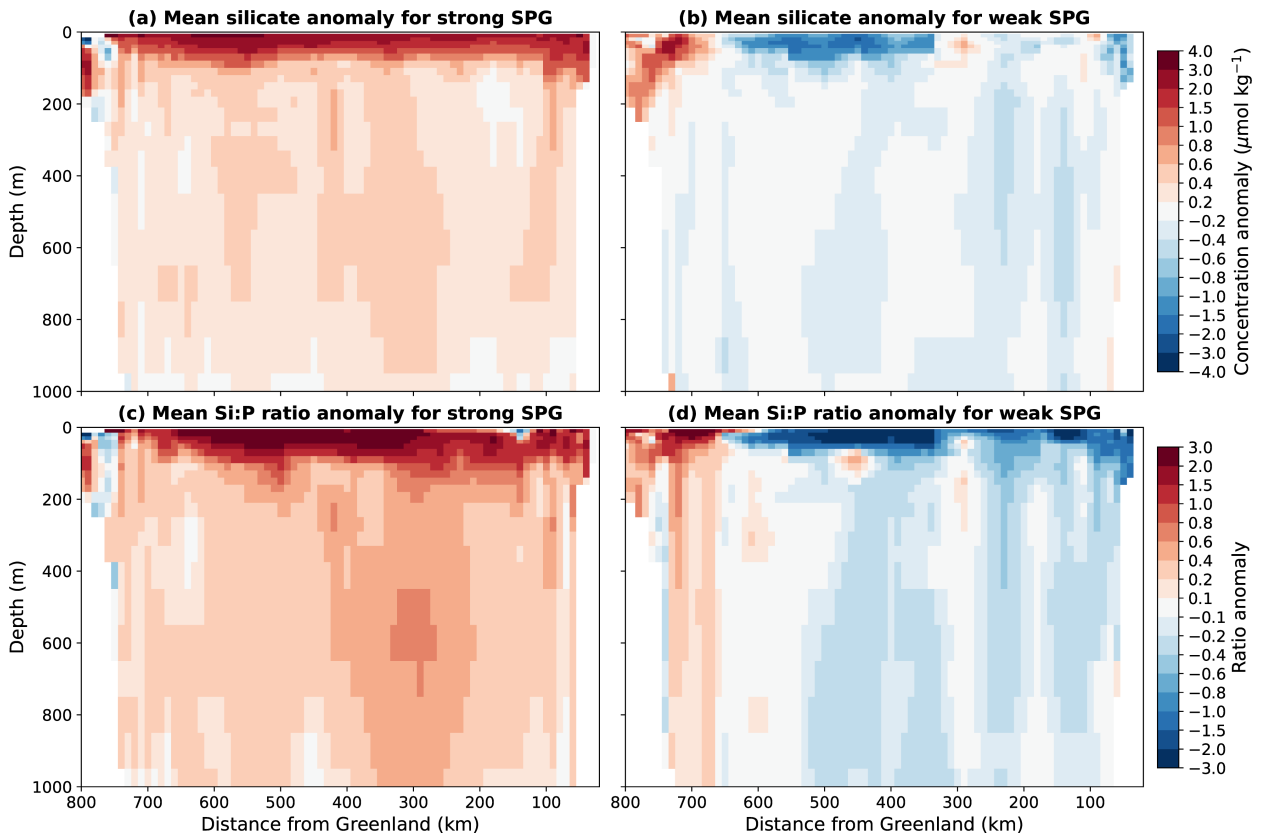
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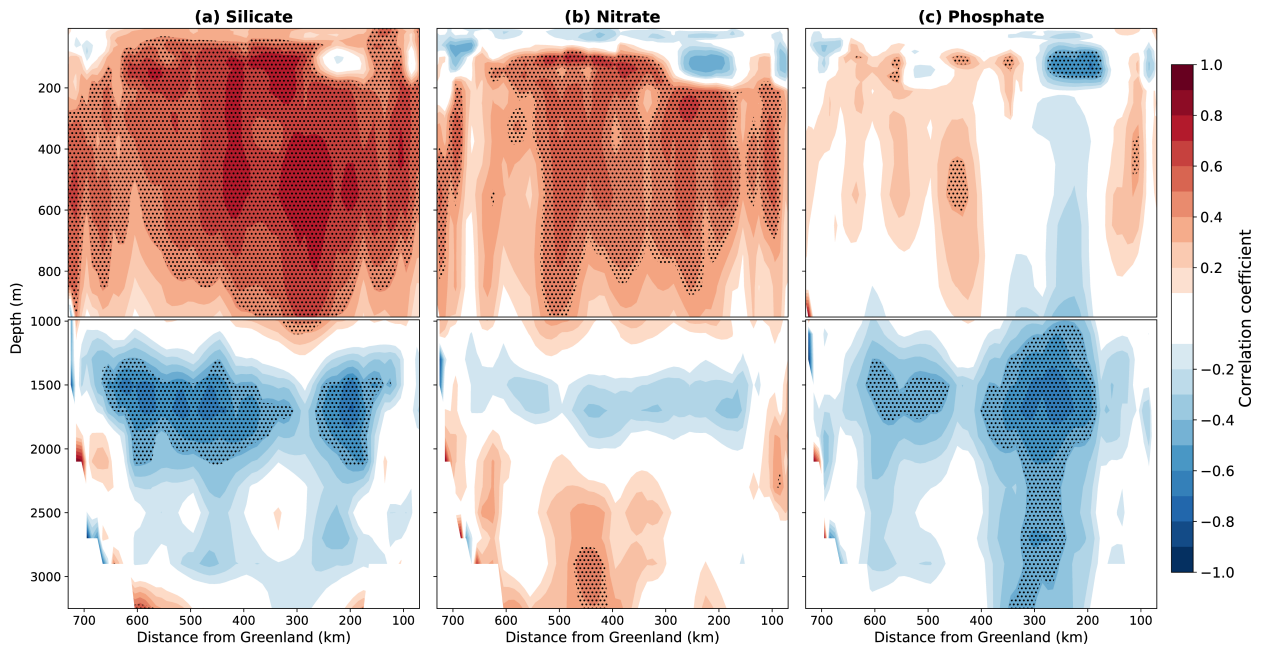
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 1436 (i.e., second principle component of North Atlantic SSH field) and density-based (i.e., σ_0 at 300 dbar in the
 1437 central SPG) gyre indices.



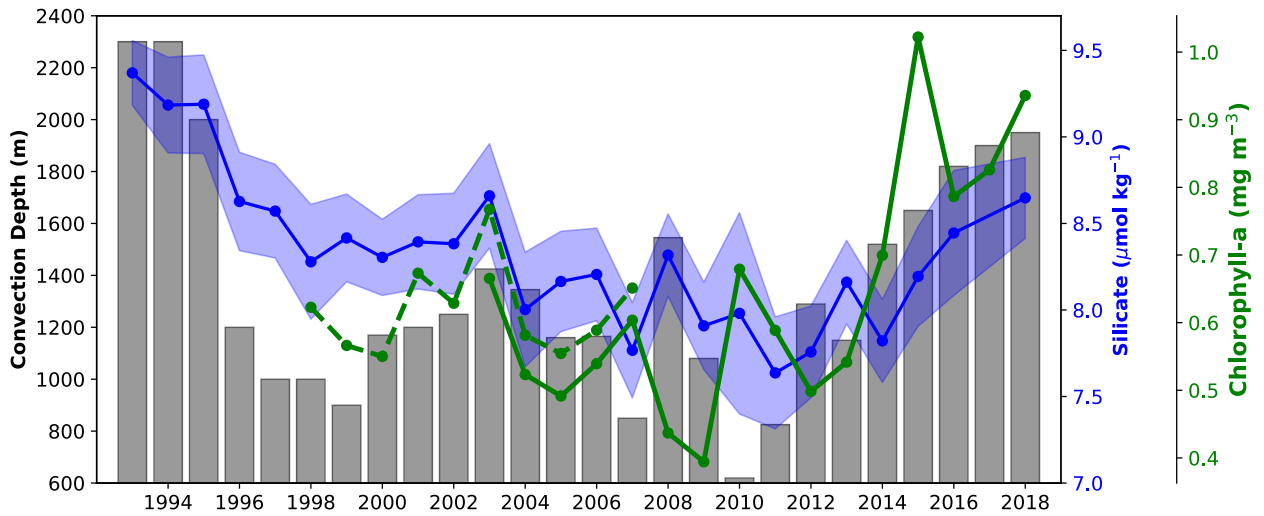
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 1439 dividing the time series by its standard deviation. The SSH-based gyre index is shown as solid line along with
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 1442 standard deviation (i.e., index < -1 or > 1). Years of strong and weak SPG strength are marked as red and blue
 1443 dots, respectively.



1444 FIG. 17. Anomaly distribution of (a-b) silicate concentrations and (c-d) Si:P ratios over the upper 1000 m of
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1447 FIG. 18. Spatial correlation pattern of winter convection depth in the Labrador Sea with (a) silicate, (b) nitrate
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 1454 SeaWiFS (1998-2007, dashed line) and MODIS (2003-2018, solid line).