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The dynamics and stoichiometry of dissolved organic carbon release by kelp

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Abstract

Canopy-forming kelps are foundational species in coastal ecosystems, fixing tremendous amounts of carbon, yet we know little about the ecological and physiological determinants of dissolved organic carbon (DOC) release by kelps. We examined DOC release by the bull kelp, *Nereocystis luetkeana*, in relation to carbon fixation, nutrient uptake, tissue nitrogen content, and light availability. DOC release was approximately 3.5 times greater during the day than at night. During the day, *N. luetkeana* blades released an average of 16.2% of fixed carbon as DOC.

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30 Carbon fixation increased with light availability but DOC release did not, leading to a lower
31 proportion of fixed carbon released as DOC at high light levels. We found no relationship
32 between carbon fixation and DOC release rates measured concurrently. Rather, DOC release by
33 *N. luetkeana* blades declined with marginal significance as blade tissue nitrogen content
34 increased and with experimental nitrate addition, supporting the role of stoichiometric
35 relationships in DOC release. Using a stable isotope (^{13}C) tracer method, we demonstrated that
36 inorganic carbon is rapidly fixed and released by *N. luetkeana* blades as ^{13}DOC , within hours.
37 However, recently fixed carbon (^{13}DOC) comprised less than 20% of the total DOC released,
38 indicating that isotope studies that rely on tracer production alone may underestimate total DOC
39 release, as it is decoupled from recent kelp productivity. Comparing carbon and nitrogen
40 assimilation dynamics of the annual kelp *N. luetkeana* with the perennial kelp *Macrocystis*
41 *pyrifera* revealed that *N. luetkeana* had significantly higher carbon fixation, DOC production and
42 nitrogen uptake rates per unit dry mass. Both kelp species were able to perform light-
43 independent carbon fixation at night. Carbon fixation by the annual kelp *N. luetkeana* is as high
44 as $2.35 \text{ kg C m}^{-2} \text{ yr}^{-1}$, but an average of 16% of this carbon ($376 \text{ g C m}^{-2} \text{ yr}^{-1}$) is released as DOC.
45 As kelp forests are increasingly viewed as vehicles for carbon sequestration, it is important to
46 consider the fate of this substantial quantity of DOC released by canopy-forming kelps.

47
48 **Keywords:** DOC, carbon fixation, blue carbon, primary productivity, nutrient assimilation,
49 *Macrocystis*, *Nereocystis*, nutrient stoichiometry

50 51 **Introduction**

52 While it has been more than 60 years since the discovery that algae release some
53 proportion of their photosynthetic products as dissolved organic compounds (Tolbert and Zill
54 1956, Fogg 1963, Fogg et al. 1965), we still know little about the ecological importance of
55 dissolved organic carbon (DOC) release by macroalgae. In freshwater and marine systems, both
56 macroalgae and phytoplankton release photosynthates as DOC (Baines and Pace 1991), but the
57 largest organisms known to produce DOC are the giant canopy-forming kelps that comprise kelp
58 forests (Reed et al. 2015). Canopy-forming kelps are extraordinarily productive, fixing teragram
59 quantities of carbon each year in the North Pacific alone (Wilmers et al. 2012). Kelp also release
60 substantial quantities of DOC, elevating seawater DOC concentrations by almost 50% inside

61 kelp forests (Pfister et al. 2019). The production of DOC by aquatic phototrophs alters surface
62 seawater carbon dynamics on a global scale (Aluwihare et al. 1997), driving nearshore microbial
63 processes (Carlson and Ducklow 1996). Kelp forests are undergoing declines in many locations
64 globally (Krumhansl et al. 2016). Carbon assimilation by temperate kelp forests will likely
65 decline with future warming (Pessarrodona et al. 2018), although the combined impact of ocean
66 acidification and warming on kelp forest productivity is unclear. Despite the growing need to
67 quantify carbon fluxes in the ocean, we lack important baseline data on the carbon dynamics of
68 several ecologically important kelp species.

69 The relationship between carbon fixation and DOC release is particularly important to
70 understand for kelps, as recent efforts to mitigate our global CO₂ surplus have focused on using
71 kelp as a potential ‘blue carbon’ sink (Hill et al. 2015, Krause-Jensen and Duarte 2016). The
72 export of DOC is hypothesized to be the main pathway for carbon sequestration by macroalgae
73 (Krause-Jensen and Duarte 2016), yet many blue carbon sequestration calculations do not
74 consider the release of fixed carbon as DOC (Hill et al. 2015). Studies that have quantified
75 carbon release by kelps demonstrate that, on average, 14% to 43% of fixed carbon is released as
76 DOC (Sieburth 1969, Hatcher et al. 1977, Abdullah and Fredriksen 2004, Wada et al. 2007, Reed
77 et al. 2015). For instance, the annual net productivity of the canopy-forming kelp *Macrocystis* is
78 as high as 1.3 kg of carbon per m² of benthos per year (Wheeler and Druehl 1986), potentially
79 releasing between 180 – 560 grams of carbon per m² as DOC. To better predict the magnitude of
80 DOC release by kelp forests and evaluate their contribution to nearshore carbon cycling, we must
81 first determine the factors that control DOC release by kelps.

82 While DOC release may be tightly coupled to nutrient availability or kelp productivity,
83 little is known about the physiological mechanisms controlling DOC release by kelps. The
84 release of DOC may be attributed to the passive leakage of low molecular weight compounds
85 that occurs during cell growth and lysis (Bjørnsen 1988, Nagata 2000), or to active exudation of
86 photosynthates (Morán and Estrada 2002). Studies with freshwater and marine phytoplankton
87 support the photosynthate diffusion hypothesis (Fig. 1a), where DOC release was proportional to
88 the amount of carbon fixed (Fogg et al. 1965, Berman 1976, Zlotnik and Dubinsky 1989,
89 Marañón et al. 2004). The stoichiometric overflow hypothesis (Fogg 1983) posits that DOC
90 release results from an excess of fixed carbon relative to the availability of other essential
91 nutrients, such as nitrogen (Nagata 2000; Fig. 1b). Thus, DOC release should increase with

92 decreasing nutrient availability. Studies with phytoplankton also support this hypothesis; DOC
93 release is higher when nutrients are depleted (Mykkestad 1995, Nagata 2000) and lower in
94 nutrient-rich regions, including upwelling zones (Thornton 2014). While support for both of
95 these hypotheses has been demonstrated using phytoplankton, it is uncertain whether either
96 hypothesis applies to large, more structurally complex macroalgae.

97 Here, we investigated the mechanisms of DOC release in one of the largest macroalgae,
98 the canopy-forming bull kelp, *Nereocystis luetkeana*, by quantifying carbon fixation, DOC
99 release and nutrient uptake using chamber incubations of *N. luetkeana* blades. Further, we used a
100 ¹³C stable isotope tracer method to determine the proportion of total exuded DOC that comes
101 from recently fixed carbon. We tested aspects of the passive cell leakage hypothesis (Bjørnsen
102 1988) by comparing carbon fixation and DOC release by *N. luetkeana* blades during the day and
103 at night, by testing the relationship between carbon fixation and DOC release over a large range
104 of natural variation in kelp productivity, and by quantifying the proportion of released DOC
105 attributable to recently fixed carbon (Fig. 1a). We tested the stoichiometric overflow hypothesis
106 (Fogg 1983) by examining the relationships between DOC production and both tissue nitrogen
107 content and dissolved inorganic nitrogen uptake, and by directly manipulating inorganic nitrogen
108 availability to *N. luetkeana* from nitrogen-poor Southern Puget Sound (Fig. 1b). Finally, we
109 compared daytime and nighttime carbon fixation, DOC production and nutrient uptake rates by
110 *N. luetkeana* with those of the giant kelp, *Macrocystis pyrifera*, from a mixed kelp forest.

111

112 **Methods**

113 **Kelp blade collection and chamber incubation experiments**

114 We simultaneously quantified carbon fixation, DOC production and nutrient uptake using
115 short-term (3-8 h) chamber incubations with kelp blades. In total, 7 experiments were conducted
116 between 2016 and 2019, including a total of $n = 51$ replicate *N. luetkeana* blades, during peak
117 biomass for the annual kelp from June – September (Table 1). Biological replicates for each
118 experiment consisted of kelp blades collected from distinct individuals incubated in separate
119 chambers (Table 1). Kelp blades were collected from Tatoosh Island, WA, USA (48.39°N,
120 124.74°W) at the north-facing Main Beach, where abundant *N. luetkeana* forests persist annually
121 (Pfister et al. 2019), or the southwest-facing Strawberry Draw, where there is a mixed canopy of
122 *N. luetkeana* and *M. pyrifera*. At both sites, the substrate is rocky, water depth ranges from 3-12

123 m, and wave heights average 1-3 m during the summer (see NOAA National Data Buoy Center
124 Station #46087). Experiments were conducted using detached blades of *N. luetkeana* (with the
125 exception of one experiment using *M. pyrifera*). *N. luetkeana* blades were detached by clipping
126 the small tissue junction where the base of the blade connects to the float, and *M. pyrifera* blades
127 were collected by separating the blade at the junction between the pneumatocyst and stipe.
128 Blades of *M. pyrifera* were collected near the surface of the canopy by snorkeling, while blades
129 of *N. luetkeana* were collected by snorkeling or by sampling from the intertidal on low spring
130 tides. Kelp blades were collected haphazardly from adult sporophyte populations, but blades with
131 abundant reproductive sori patches or severe fragmentation were avoided. For daytime
132 experiments conducted in September 2018 and June 2019, *N. luetkeana* blades were collected
133 across a range of light levels at the Main Beach site. *N. luetkeana* blades used in chamber
134 experiments averaged 4.13 (\pm 0.27) g dry mass and 142 (\pm 8.50) cm in length; *M. pyrifera* blades
135 averaged 5.28 (\pm 0.22) g dry mass and 49.2 (\pm 4.10) cm in length.

136 To test for DOC leakage as a result of blade agitation and separation from the thallus, we
137 compared DOC release rates of blades and whole *N. luetkeana* individuals gently removed from
138 the substrate at the holdfast. Whole thallus experiments were conducted for 3 hr in August, both
139 during the day ($n = 4$) and at night ($n = 4$), by incubating the individual kelp in 5-gallon buckets
140 filled with seawater and buried partially into wet sand to remain cool. Whole individual
141 measurements were compared to those from *N. luetkeana* blade chamber experiments conducted
142 on consecutive days during the day ($n = 8$) and at night ($n = 8$) in July and August (Table 1).
143 Whole kelp had similar sized blades to the detached blades used for comparison; the average
144 maximum length of blades attached to whole *N. luetkeana* individuals was 175 (\pm 6.37) cm,
145 while the average length of the detached blades used for comparison was 147 (\pm 8.35) cm.

146 All other experiments were conducted using single detached kelp blades placed into clear
147 polycarbonate tube chambers (2.6 L). Chambers were designed to be watertight, yet readily
148 opened for sampling, by capping each end of the chamber with a wing nut expansion plug
149 containing a rubber seal (Fig. 2a). Chambers were filled with fresh local seawater, collected
150 during the incoming tide. Kelp blades were added individually to each chamber (usually $n = 4$
151 chambers per treatment; Table 1), while control chambers ($n = 1$ to 3) were filled entirely with
152 seawater to quantify nutrient uptake and DOC production by water column phytoplankton.
153 Chambers were suspended horizontally in a recreational float that was partially deflated to

154 ensure that they remained immersed, thereby keeping the chambers close to ambient seawater
155 temperature and permitting wave motion. Seawater inside the chambers was sampled
156 periodically at 0, 1, 3, or 8 hours for inorganic nutrients, while DOC concentrations were
157 measured at the start and end of each incubation (see Appendix S1: Sections S3-S4). At each
158 time point, the dissolved oxygen, temperature and pH of seawater inside the chambers was also
159 measured with a hand-held probe (Hach HQ40D, Loveland, CO, USA). Light measured as PAR
160 (photosynthetically active radiation) was quantified at 1 hr intervals in proximity to the chambers
161 with a LICOR LI-1000 equipped with a LI-190 quantum sensor. Daytime experiments always
162 began between 9:00 and 10:30 am, and lasted for 3 or 8 hours, while nighttime experiments,
163 conducted the following day using new kelp blades, were initiated after sunset (~9:00 pm) and
164 lasted for 3 or 8 hours. The experiment with *M. pyrifera* was run concurrently with *N. luetkeana*,
165 during the day and at night, to allow a direct comparison of the two kelp species under the same
166 conditions. Additional daytime experiments were conducted without corresponding nighttime
167 experiments (Table 1). For all chamber experiments, carbon fixation, nutrient uptake and DOC
168 production were quantified using the methods outlined below.

169

170 **¹³C tracer method for carbon fixation and ¹³DOC release**

171 Carbon fixation was quantified using the ¹³C assimilation method, where the amount of
172 inorganic carbon fixed through photosynthesis is measured using a ¹³C stable isotope tracer
173 (Miller and Dunton 2007). The methods in this section correspond to Fig. 1a (sections i-iii).
174 Upon collection, adjacent blades from the same individual (dichotomous blade pairs for *N.*
175 *luetkeana*) were taken so that one blade could be destructively sampled for initial (natural
176 abundance $\delta^{13}\text{C}$) stable isotope measurements, while the other was immediately prepared for the
177 chamber incubation experiment. To each chamber, 286 μL of enriched ¹³C-sodium bicarbonate
178 (1.0 M of 99% $\text{NaH}^{13}\text{CO}_3$, Cambridge Isotope Lab #CLM-441-PK) was added to achieve a
179 dissolved inorganic carbon enrichment level of approximately 4,718 per mil (or 6.04 at%),
180 assuming a dissolved inorganic carbon concentration of 2.11 millimolar (Wootton and Pfister
181 2012). Kelp blades were exposed to this enriched inorganic carbon source for 3 or 8 hours using
182 the chamber method described above. At the end of each experiment, kelp blades were sampled
183 for $\delta^{13}\text{C}$ to determine final tissue enrichment. For both initial and final sampling, *N. luetkeana*
184 blades were sampled at multiple positions: at the base, where the blade attaches to the float, at

185 the meristem ~10 cm from the base of the blade, in the middle of the blade, and near the tip (Fig.
186 2b-c). Blades of *M. pyrifera* were sampled at the base, where the blade attaches to the float, and
187 at the mid-blade (halfway from the base to the tip). To standardize across experiments and avoid
188 underestimation of carbon fixation (Fig. 2c), $\delta^{13}\text{C}$ values from the middle of the blade were used.
189 Dried kelp blade tissues were pulverized with a GenoGrinder, weighed, and analyzed on an
190 elemental analyzer-isotope ratio mass spectrometer at the University of Chicago or at
191 Northwestern University. The equation used to calculate carbon fixation via ^{13}C -bicarbonate
192 assimilation can be found in Appendix S1: Section S1. We note that this represents gross carbon
193 fixation, or carbon that is fixed and retained in the kelp blade, as it does not account for carbon
194 respired or lost as DOC. Recently assimilated ^{13}C is not available for respiration by macroalgae
195 (Søndergaard 1988, Miller and Dunton 2007).

196 From three experiments where carbon fixation was quantified through ^{13}C assimilation,
197 we also measured ^{13}DOC release (Table 2), allowing us to quantify the release of recently
198 assimilated carbon as isotopically enriched ^{13}DOC (Fig. 1a, section iii). Seawater samples were
199 collected at the beginning of each experiment and after 3 or 8 hours of kelp blades incubating in
200 enriched ^{13}C -sodium bicarbonate. Seawater samples were filtered with a $0.7\ \mu\text{m}$ filter (Whatman
201 GF/F), frozen, and shipped to the Ján Veizer Stable Isotope Laboratory at the University of
202 Ottawa for analysis of DOC concentrations and $\delta^{13}\text{C}$ of DOC. Briefly, samples were acidified to
203 remove all inorganic carbon, and remaining organic carbon was combusted and analyzed as CO_2
204 gas following methods in Lalonde et al. (2014). Analysis was performed using an OI Analytical
205 Aurora TOC Analyzer (Model 1030W, with a model 1088 autosampler) with a combustion unit
206 interfaced to a Finnigan Mat DeltaPlusXP isotope ratio mass spectrometer (interface designed by
207 P. Middlestead). Data were normalized using two different internal organic standards. The
208 equation used to calculate ^{13}DOC release is listed in Appendix S1: Section S2.

209

210 **Nutrient uptake and unlabeled DOC production**

211 During the same short-term (3-8 h) chamber incubation experiments described above, we
212 also quantified nutrient uptake and unlabeled, total DOC production, based on changes in DOC
213 concentration alone rather than ^{13}DOC . The methods in this section correspond to DOC release
214 from Fig. 1a (sections i-ii) and Fig. 1b (sections iv-vi), and nutrient uptake from Fig. 1b (sections
215 v-vi). Seawater inside the chambers was sampled periodically at 0, 1, 3, or 8 hours and filtered

216 with a 0.7 μm filter (Whatman GF/F). DOC concentrations were determined at the University of
217 Washington Marine Chemistry Lab from seawater filtered into 40 ml glass, carbon-free vials and
218 frozen at -20°C until analysis. Seawater inorganic nutrient concentrations of NO_3^- , NO_2^- , NH_4^+ ,
219 PO_4^- , and $\text{Si}(\text{OH})_4$ were measured in the same lab using standard methods (*Intergovernmental*
220 *Oceanography Commission* 1994). Total dissolved inorganic nitrogen (DIN) represents summed
221 concentrations of NO_3^- , NO_2^- , and NH_4^+ . Nutrient uptake followed an exponential decay function
222 (Appendix S2: Fig. S1a), thus nutrient uptake rates were calculated from the slope of log-
223 transformed nutrient concentrations (Appendix S2: Fig. S1b). DOC production was calculated
224 from the difference between DOC concentrations measured at the beginning and end of chamber
225 incubations. Nutrient and DOC fluxes from seawater control chambers were subtracted in both
226 calculations to account for phytoplankton activity. Detailed equations used to calculate DOC
227 release and nutrient uptake by kelp blades are listed in Appendix S1: Sections S3-S4.

228

229 **Scaling up to seasonal productivity per m^2 of kelp forest**

230 To scale up kelp blade carbon fixation rates to units of $\text{kg C m}^{-2} \text{yr}^{-1}$, we multiplied the
231 mean carbon fixation rate for all daytime experiments conducted on Tatoosh Island by areal
232 biomass measurements of *N. luetkeana* surveyed at the same location. We converted hourly to
233 seasonal rates by multiplying by the number of daylight hours in the annual growing season
234 (April – Sept). We converted gross carbon fixation measurements to net primary production by
235 accounting for estimated carbon lost as respiration. Finally, we quantified the range in seasonal
236 productivity by using the minimum and maximum values for all parameters (blade mass, number
237 of blades, kelp density, and carbon fixation rate); see Appendix S1: Section S5 for further details.

238

239 **Nitrate addition experiment**

240 To determine the effect of nitrogen availability on DOC exudation, a short-term (sampled
241 after 3 and 8 hrs) nitrate addition experiment was conducted in June 2018 with *N. luetkeana*
242 blades from Squaxin Island, in Southern Puget Sound (47.18°N , 122.91°W). This site was
243 chosen for the DIN addition experiment, as seawater nitrate concentrations at Squaxin remain
244 low ($<10 \mu\text{M}$) during the summer months (Berry et al. 2020) that coincide with the annual
245 sporophyte growth of *N. luetkeana*. This experiment was not conducted at Tatoosh Island on the
246 outer coast, as nitrate availability is generally high during the summer ($\sim 15\text{-}20 \mu\text{M}$) due to

247 upwelling (Pfister et al. 2007, Wootton and Pfister 2012). Sodium nitrate (NaNO_3) was added to
248 the experimental chambers ($n = 4$) containing *N. luetkeana* blades at a concentration of $30 \mu\text{M}$,
249 increasing the nitrate concentration to $35.9 (\pm 0.8) \mu\text{M}$, while control chambers ($n = 4$) remained
250 at low, ambient nitrate concentrations ($6.8 \pm 0.2 \mu\text{M}$). The experiment was conducted with
251 replicates split over two days (see Table 2); however, one of the days was sunny while the other
252 was cloudy (mean PAR = 1438 and $875 \mu\text{mol m}^{-2} \text{s}^{-1}$, respectively). To account for PAR
253 differences between days, this experiment was analyzed using both treatment (NO_3^- addition)
254 and day (sunny vs. cloudy) as factors. This methods section pertains to Fig. 1b (section vi).
255

256 **Statistical Analysis**

257 One-way and two-way analyses of variance (ANOVA) were used to examine the effects
258 of treatment (low vs. high NO_3^-), time of day (day vs. night), or species (*M. pyrifera* vs. *N.*
259 *luetkeana*) on rates of carbon fixation, DOC production and nutrient uptake. For significant
260 ANOVA outcomes, Tukey HSD pairwise tests were conducted with a post-correction
261 experiment-wide error rate of 0.05. To test for broad trends in DOC release, we pooled data from
262 all daytime DOC release measurements with *N. luetkeana* blades ($n = 35$), all ^{13}C DOC production
263 measurements ($n = 23$ and $n = 15$ with corresponding carbon fixation measurements), or all *N.*
264 *luetkeana* measurements conducted on Tatoosh Island ($n = 27$). With pooled data, we used linear
265 mixed-effects models (R package “nlme”) with the factors of carbon fixation, DOC production,
266 ^{13}C DOC production, tissue N content, DIN uptake rate, or PAR light levels as fixed effects, while
267 experiment was treated as a random factor in all models (see Appendix S2: Table S1 for a
268 summary of all linear mixed-effects models). All statistical tests were performed in R studio (R
269 version 3.4.4).
270

271 **Results**

272 **Carbon $\delta^{13}\text{C}$ enrichment changes with position along kelp blades**

273 Pre-enrichment isotopic signatures of natural *N. luetkeana* blade tissues demonstrated
274 that $\delta^{13}\text{C}$ differed along the length of the blade (ANOVA, $df = 3$, error $df = 88$, $F = 14.4$, $P <$
275 0.001). Blade base and meristem tissues were significantly more enriched in ^{13}C than middle and
276 tip tissues (Tukey HSD pairwise tests, $P < 0.01$; Fig. 2b). Mean $\delta^{13}\text{C}$ values decreased from -
277 $17.0 (\pm 0.28)$ and $-16.39 (\pm 0.86)$ in base and meristem samples to $-19.12 (\pm 0.34)$ and $-19.91 (\pm$

278 0.48) in middle and tip samples, respectively. C:N ratios and $\delta^{15}\text{N}$ of natural tissues did not differ
279 with blade position (ANOVA, $df = 3$, error $df = 88$, $F = 2.32$ for C:N, $F = 2.04$ for $\delta^{15}\text{N}$, $P >$
280 0.05). The mean C:N ratio for *N. luetkeana* blade tissues was $10.90 (\pm 0.25)$, and the mean $\delta^{15}\text{N}$
281 was $7.13 (\pm 0.21)$.

282 Carbon fixation quantified using the ^{13}C -bicarbonate assimilation method revealed that
283 more distal *N. luetkeana* blade tissues had higher ^{13}C enrichment (ANOVA, $df = 3$, error $df = 64$,
284 $F = 13.42$, $P < 0.001$; Fig. 2c). Carbon fixation was significantly higher at the middle and tip of
285 the blade than at the base (Tukey HSD pairwise tests, $P < 0.001$; Fig. 2c), while the meristem did
286 not differ from the base ($P = 0.38$) and was marginally different from the middle and tip ($P =$
287 0.08 and $P = 0.06$, respectively). Mean $\delta^{13}\text{C}$ values of enriched *N. luetkeana* blades increased
288 from $53.6 (\pm 5.4)$ and $71.7 (\pm 9.2)$ in base and meristem tissues to $98.2 (\pm 5.4)$ and $100.8 (\pm 7.6)$
289 in middle and tip tissues, respectively. For *M. pyrifera*, sampled in only two positions, the mid-
290 blade fixed more carbon than the base (ANOVA, $df = 1$, error $df = 6$, $F = 132.2$, $P < 0.001$).
291 After ^{13}C assimilation, *M. pyrifera* base and mid-blade tissues had mean $\delta^{13}\text{C}$ values of $14.71 \pm$
292 2.13 and 55.18 ± 2.80 , respectively. We found no statistical evidence that carbon assimilation at
293 night differed with blade position in either kelp species (ANOVA, $df = 2$, error $df = 9$, $F = 0.314$,
294 $P = 0.74$ for *N. luetkeana*; ANOVA, $df = 2$, error $df = 9$, $F = 0.341$, $P = 0.72$ for *M. pyrifera*).

295

296 **Diurnal differences in carbon fixation and DOC production**

297 As expected, carbon fixation by *N. luetkeana* blades was significantly higher during the
298 day than at night (ANOVA, $df = 1$, error $df = 10$, $F = 88.55$, $P < 0.001$; Fig. 3a). Blades and
299 whole individuals of *N. luetkeana* released dissolved organic carbon (DOC) at a rate
300 approximately 3.5 times greater during the day than at night (Fig. 3b). DOC release did not differ
301 between detached blades and whole *N. luetkeana* individuals, and significantly more DOC was
302 released during the day than at night by blades and whole kelp (two-way ANOVA, $df = 1$, error
303 $df = 21$, $F = 36.17$, $P < 0.001$ for day vs. night, $df = 1$, error $df = 21$, $F = 1.16$, $P = 0.29$ for blades
304 vs. whole kelp). Single blades were thus a useful proxy for estimating DOC release (Fig. 3b).

305 Daytime carbon fixation rates by *N. luetkeana* blades from all experiments conducted on
306 Tatoosh Island ($n = 27$ replicate daytime blade incubations) averaged $78.50 (\pm 6.45) \mu\text{mol C g}^{-1}$
307 h^{-1} , while daytime DOC release averaged $10.80 (\pm 0.87) \mu\text{mol g}^{-1} \text{h}^{-1}$. Scaling up and assuming
308 growth between April and September, our daytime carbon fixation rates translate into a mean

309 seasonal net primary productivity for *N. luetkeana* of 2.35 kg C m⁻² yr⁻¹, with a range of 1.15 –
310 4.28 kg C m⁻² yr⁻¹. Across daytime experiments, the percent of fixed carbon released as DOC by
311 *N. luetkeana* blades (or PER, percent extracellular release) averaged 16.23% (± 1.81). Blades of
312 the perennial kelp *M. pyrifera* fixed an average of 48.36 (± 1.42) μmol C g⁻¹ h⁻¹ during the day,
313 with a corresponding DOC release rate of 8.42 (± 2.15) μmol g⁻¹ h⁻¹ and a mean PER of 17.27%
314 (± 3.94).

315 At night, light-independent carbon fixation was measured from both *N. luetkeana* and *M.*
316 *pyrifera* blades. Mean nighttime dark carbon fixation rates were 3.75 (± 0.42) μmol g⁻¹ h⁻¹ for *N.*
317 *luetkeana* (*n* = 8 replicate blades, Table 1) and 0.83 (± 0.00) μmol g⁻¹ h⁻¹ for *M. pyrifera* (*n* = 4
318 replicate blades, Table 1). Interestingly, nighttime DOC release by *N. luetkeana* blades (3.65 ±
319 1.36 μmol g⁻¹ h⁻¹) was approximately equal to the amount of carbon fixed at night, while *M.*
320 *pyrifera* blades released a greater amount of carbon as DOC (1.79 ± 0.68 μmol g⁻¹ h⁻¹) than was
321 fixed at night, indicating net carbon release at night.

323 **Nutrient uptake by *N. luetkeana* blades**

324 Diurnal differences in carbon metabolism corresponded with nitrogen uptake activity by
325 kelp blades and pH changes in the seawater. On Tatoosh Island, nutrient uptake rates determined
326 at ambient seawater nutrient concentrations demonstrated that *N. luetkeana* blades removed NO₃⁻
327 at the highest rate (Appendix S2: Fig. S2a), with a daytime mean NO₃⁻ uptake rate of 3.51 (±
328 0.32) μmol g⁻¹ h⁻¹ and a nighttime mean NO₃⁻ uptake rate of 1.37 (± 0.27) μmol g⁻¹ h⁻¹ (*n* = 27
329 replicate daytime measurements, *n* = 8 at night, Appendix S2: Table S2). NO₃⁻ uptake was
330 significantly higher during the day than at night during experiments directly comparing diurnal
331 differences (ANOVA, *df* = 1, error *df* = 14, *F* = 21.57, *P* < 0.001; Appendix S2: Fig. S2a), while
332 uptake rates for all other nutrients were constant during the day and at night (ANOVA, *df* = 1,
333 error *df* = 14, *P* > 0.50; Appendix S2: Table S2). Uptake rates of NH₄⁺ and PO₄⁻ averaged 0.30 (±
334 0.07) and 0.06 (± 0.01) μmol g⁻¹ h⁻¹, respectively (Appendix S2: Fig. S2a). Both NO₂⁻ and
335 inorganic silica (Si(OH)₄) displayed net production during the day and at night, with production
336 rates of 0.28 (± 0.06) and 0.15 (± 0.04) μmol g⁻¹ h⁻¹, respectively (Appendix S2: Fig. S2a).
337 During daytime chamber incubations, kelp blades increased seawater pH by approximately 0.38
338 ± 0.02 units per hour, while at night, kelp blades decreased seawater pH by 0.04 ± 0.02 units per
339 hour (Appendix S2: Fig. S2b).

340

341 **Relationships between carbon fixation, light availability, and DOC release**

342 We tested the hypothesis that DOC production is directly related to the rate of carbon
343 fixation with data pooled across all daytime experiments conducted with *N. luetkeana* blades,
344 from both Squaxin and Tatoosh Island (Table 1, $n = 35$). There was no relationship between
345 carbon fixation and DOC production by *N. luetkeana* blades (linear mixed-effects model, $df =$
346 28 , $t = 0.50$, $P = 0.62$; Fig. 4a). While carbon fixation by *N. luetkeana* blades increased with
347 irradiance (Fig. 4a), DOC production was higher at low light levels (Fig. 4a), leading to a
348 significant and negative relationship between light availability and the percent of fixed carbon
349 released as DOC (linear mixed-effects model, $df = 28$, $t = 3.52$, $P = 0.002$; Fig. 4b). Thus, while
350 carbon fixation and DOC production were not directly related (Fig. 4a), the increase in carbon
351 fixation but not DOC production with increasing light availability led to a lower proportion of
352 fixed carbon released as DOC at high light levels (Fig. 4b).

353

354 **Testing mechanisms of DOC release: release of recently fixed carbon as ^{13}C DOC**

355 Stable isotope (^{13}C -bicarbonate) tracer experiments revealed that carbon was fixed and
356 rapidly released as ^{13}C DOC after 3 and 8 hours by *N. luetkeana* blades (Table 2, Fig. 4c-d). Across
357 all experiments, ^{13}C DOC production by *N. luetkeana* blades ranged from $0.25 - 2.73 \mu\text{mol g}^{-1} \text{h}^{-1}$
358 (Fig. 4d), with a mean of $1.21 \mu\text{mol g}^{-1} \text{h}^{-1} (\pm 0.16)$. The release of labeled ^{13}C DOC made up 10 to
359 20% of the total DOC produced (Table 2), with a mean of $15.94\% (\pm 9.35)$ across all
360 measurements, indicating that more than 80% of the DOC released during these experiments was
361 unlabeled carbon, or carbon fixed prior to the start of the experiment. The release of recently
362 fixed ^{13}C DOC displayed a positive and marginally significant relationship with carbon fixation
363 rates measured concurrently (linear mixed-effects model, $df = 11$, $t = 2.13$, $P = 0.057$; Fig. 4c).
364 The exudation of ^{13}C DOC increased significantly with total DOC release, regardless of
365 measurement at 3 or 8 hours (Fig. 4d), indicating that recently fixed carbon was a relatively
366 constant proportion of total DOC released (linear mixed effects model, $df = 19$, $t = 3.25$, $P =$
367 0.004). Overall, ^{13}C DOC production did not vary by site (Tatoosh vs. Squaxin) or whether it was
368 measured after 3 or 8 hours (two-way ANOVA; $df = 1$, error $df = 20$, $F = 1.13$, $P = 0.30$ for time;
369 $F = 0.37$, $P = 0.55$ for site; Fig. 4d), further indicating that *N. luetkeana* blades released a
370 relatively constant but low proportion of recently fixed carbon as DOC.

371

372 **Testing mechanisms of DOC release: stoichiometric overflow**

373 Consistent with the stoichiometric overflow hypothesis, the relationship between DOC
374 production and blade tissue nitrogen content was negative using pooled data across all daytime
375 experiments with *N. luetkeana* blades from Tatoosh Island (linear mixed-effects model, $df = 21$, t
376 $= 2.03$, $P = 0.0548$; Fig. 5). While this relationship was marginally significant with experiment
377 included as a random factor ($P = 0.0548$), there was a four-fold difference in DOC production,
378 ranging from 5 to nearly 20 $\mu\text{mol DOC g}^{-1} \text{h}^{-1}$ across the range of blade tissue nitrogen (Fig. 5).
379 The stoichiometric overflow hypothesis also predicts a negative relationship between DOC
380 production and DIN uptake; while this relationship was not significant (linear mixed-effects
381 model, $df = 21$, $t = 0.85$, $P = 0.41$ for DIN uptake), there was a negative trend between DOC
382 production and DIN uptake (Fig. 5). However, DIN uptake did not explain additional variance in
383 DOC production; inclusion of both tissue % N and DIN uptake into the mixed-effects model did
384 not change the likelihood (AIC for % N only was 149.08 vs. 149.10 with % N and DIN uptake).
385 Despite much variation, DOC production by *N. luetkeana* blades was highest when blade tissue
386 N content was lowest (Fig. 5).

387 The nitrate addition experiment conducted at Squaxin Island directly tested the
388 stoichiometric overflow hypothesis. At Squaxin Island, the mean seawater DIN concentration
389 was only $8.9 (\pm 0.22) \mu\text{M}$, compared to a mean seawater DIN concentration of $21.58 (\pm 0.79)$
390 μM , with a range of 17.4 to 28.3 μM , across all experiments conducted at Tatoosh Island.
391 Adding supplemental nitrate to *N. luetkeana* blades from Squaxin Island stimulated DIN uptake
392 compared to the control where nitrate was not added (two-way ANOVA, $df = 1$, error $df = 5$, $F =$
393 59.15 , $P < 0.001$ for treatment; Appendix S2: Table S2; Fig. 6a), regardless of different light
394 levels during the experiment ($df = 1$, $F = 0.44$, $P = 0.54$ for light). Consistent with the
395 stoichiometric overflow hypothesis, experimental nitrate addition lowered DOC release rates
396 (Fig. 6b; two-way ANOVA, $df = 1$, error $df = 5$, $F = 6.40$, $P = 0.052$ for nitrate addition). While
397 the result was marginal ($P = 0.052$), each kelp blade that experienced nitrate addition displayed
398 lower DOC production than the controls (Fig. 6b). In contrast to total DOC production, the
399 release of recently fixed photosynthate (^{13}DOC) did not differ as a function of nitrate addition
400 when it was measured at 3 or 8 hrs ($df = 1$, $F = 1.52$, $P = 0.24$ for nitrate addition; $df = 1$, $F =$
401 1.62 , $P = 0.23$ for time point).

402 Light levels during the experiment had an even greater effect on DOC release than nitrate
403 addition (two-way ANOVA, $df = 1$, $F = 60.39$, $P < 0.001$ for light), with DOC flux from *N.*
404 *luetkeana* blades indicating net consumption of DOC on the cloudy day (Fig. 6b, Table 2). In
405 addition, ^{13}C DOC release by *N. luetkeana* blades was marginally higher on the sunny day
406 (ANOVA, $df = 1$, error $df = 12$, $F = 3.70$, $P = 0.08$; Table 2). Finally, compared to measurements
407 with Tatoosh Island kelp, *N. luetkeana* from Squaxin Island displayed lower carbon fixation and
408 DOC release rates, and had significantly lower blade tissue nitrogen content (Appendix S2:
409 Table S3) despite similar blade mass (Appendix S2: Fig. S3), although greater replication at
410 Squaxin Island is necessary to confirm this trend.

411

412 **Comparative carbon and nutrient dynamics of *M. pyrifera* and *N. luetkeana***

413 The two canopy kelp species differed in key aspects of carbon and nitrogen cycling.
414 When blades of the two canopy-forming kelps were incubated concurrently, *N. luetkeana*
415 displayed significantly higher carbon fixation, DOC release, and DIN uptake rates per unit dry
416 mass than *M. pyrifera*, both during the day and at night (two-way ANOVA, $df = 1$, error $df = 13$,
417 $F = 8.21$, $P = 0.013$ for carbon fixation; $F = 26.50$, $P < 0.001$ for DOC production; $F = 32.52$, $P <$
418 0.001 for DIN uptake; Fig. 7). Blades of *N. luetkeana* had significantly lower C:N ratios ($10.9 \pm$
419 0.25) compared to *M. pyrifera* (13.74 ± 0.37 ; ANOVA, $df = 1$, error $df = 14$, $F = 60.37$, $P <$
420 0.001 ; Fig. 7d). During the comparative experiment, the average daytime carbon fixation by *N.*
421 *luetkeana* blades was $60.15 \mu\text{mol g}^{-1} \text{h}^{-1}$, with a corresponding DIN uptake rate of $4.11 \mu\text{mol g}^{-1}$
422 h^{-1} and a DOC release rate of $14.32 \mu\text{mol g}^{-1} \text{h}^{-1}$. For *M. pyrifera*, mean daytime carbon fixation
423 was $48.36 \mu\text{mol g}^{-1} \text{h}^{-1}$, DOC release was $8.42 \mu\text{mol g}^{-1} \text{h}^{-1}$, and DIN uptake was $2.64 \mu\text{mol g}^{-1} \text{h}^{-1}$.
424 The stoichiometry of these rates indicates that after subtracting the mean amount of carbon lost
425 as DOC from the mean carbon fixation rate, the C:N ratio of assimilated matter was ~ 11.2 for *N.*
426 *luetkeana* and ~ 15.1 for *M. pyrifera*. Both ratios are similar to the C:N of blade tissue for each
427 species (Fig. 7d), suggesting a possible homeostasis between carbon and nitrogen dynamics.

428 Daytime carbon fixation, DOC release, and DIN uptake rates were significantly higher
429 than nighttime rates for both species (two-way ANOVAs, $df = 1$, error $df = 13$, $F = 409$, $P <$
430 0.001 for carbon fixation; $F = 41.13$, $P < 0.001$ for DOC production; $F = 22.26$, $P < 0.001$ for
431 DIN uptake; Fig. 7a-c). During the day, *N. luetkeana* blades fixed 20% more carbon (Fig. 7a)
432 and produced 41% more DOC than *M. pyrifera* blades (Fig. 7b). At night, carbon fixation by *N.*

433 *luetkeana* was 4.5 times higher than *M. pyrifera* (Fig. 7a) while DOC production was 3.6 times
434 higher (Fig. 7b), indicating that *N. luetkeana* is able to perform dark carbon fixation to a greater
435 extent than *M. pyrifera*. The percent of fixed carbon released as DOC was also greater for *N.*
436 *luetkeana* than *M. pyrifera*, both during the day (24.2% vs. 17.3%, respectively) and at night
437 (10.9 % vs. 3.7%, respectively; Table 1). Finally, DIN uptake by *N. luetkeana* was 60% higher
438 than *M. pyrifera* during the day and 195% higher at night (Fig. 7c; Appendix S2: Table S2).

439

440 **Discussion**

441 **Daytime and light-independent carbon fixation by kelp blades**

442 Daytime carbon fixation rates by *N. luetkeana* blades averaged 78 μmol (or 0.94 mg) C g⁻¹
443 dry mass h^{-1} , while blades of *M. pyrifera* assimilated significantly less carbon than *N.*
444 *luetkeana*, fixing an average of 48 μmol (or 0.58 mg) C g⁻¹ dry mass h⁻¹. Our canopy kelp carbon
445 fixation rates are comparable to other measurements of carbon fixation in kelps using the ¹⁴C
446 assimilation method, including 0.3 – 3.5 mg C g⁻¹ h⁻¹ for *M. pyrifera* blades (Towle and Pearse
447 1973, Arnold and Manley 1985) and 0.3 – 0.7 mg C g⁻¹ h⁻¹ for *Laminaria spp.* (Küppers and
448 Kremer 1978, Dunton and Jodwalis 1988). One study reported much higher ¹⁴C fixation by *N.*
449 *luetkeana* blades, ranging from 0.6 to 6.5 mg C g⁻¹ h⁻¹ (Wheeler et al. 1984); however, carbon
450 fixation was quantified using small discs of blade tissue in the lab at saturating irradiances. The
451 difference in carbon fixation rates between these two canopy kelp species likely reflects life
452 history differences; *N. luetkeana* is an annual kelp while *M. pyrifera* is a perennial that may
453 contain more carbon storage reserves, although individual blades of *M. pyrifera* are rarely older
454 than 6 months (Graham 2002). Willenbrink et al. (1979) found that *N. luetkeana* had a higher
455 photosynthetic efficiency per unit chlorophyll and fixed more carbon than *M. pyrifera*. Further,
456 annual macroalgae have been shown to have higher photosynthetic rates than perennials (King
457 and Schramm 1976). In addition to fixing more carbon, *N. luetkeana* also assimilated more DIN
458 and released greater quantities of DOC compared to *M. pyrifera*, suggesting that kelp forests
459 comprised of annual kelps may cycle carbon more quickly and produce substantial amounts of
460 DOC during the spring and summer growing season. When scaled up to seasonal kelp forest net
461 primary productivity, we found that *N. luetkeana* can fix 2.35 kg C m⁻² yr⁻¹, with a range of 1.15
462 – 4.28 kg C m⁻² yr⁻¹. Other studies report similar productivity for canopy-forming kelps,

463 including 1.4 kg C m⁻² yr⁻¹ for *N. luetkeana* (Foreman 1984) and 1.3 kg C m⁻² yr⁻¹ for *M. pyrifera*
464 (Wheeler and Druehl 1986).

465 In both kelp species, carbon fixation was higher at the older, more distal regions of the
466 blade, including the mid-blade and tip for *N. luetkeana* and the mid-blade for *M. pyrifera*. This is
467 consistent with other studies reporting higher photosynthetic rates in older kelp tissues (Towle
468 and Pearse 1973, Kremer 1981), including *N. luetkeana* blades (Willenbrink et al. 1979, Wheeler
469 et al. 1984). One study also reported a higher concentration of Rubisco in older blade tissues
470 (Küppers and Kremer 1978). Our findings support the consensus that more carbon is assimilated
471 in the older, distal portions of the kelp blade, which is then translocated to the actively growing
472 region at the base of the blade (Schmitz and Lobban 1976, Gómez et al. 2007).

473 As in our study, light-independent carbon fixation has been observed in multiple brown
474 macroalgae (Thomas and Wiencke 1991, Gómez et al. 2007), including *N. luetkeana* and *M.*
475 *pyrifera* (Willenbrink et al. 1979, Kremer 1981). We quantified light-independent carbon
476 fixation at night by *N. luetkeana* and *M. pyrifera* blades, which averaged ~6% and 1.7%,
477 respectively, of daytime carbon fixation. These rates are comparable to other brown algae
478 (Küppers and Kremer 1978, Kremer 1981), though less than the Antarctic brown macroalgae
479 *Ascoseira mirabilis* (13%, Thomas and Wiencke 1991). Carbon assimilation at night did not
480 differ with blade position, despite studies demonstrating higher light-independent carbon fixation
481 at the base of the blade (Küppers and Kremer 1978, Willenbrink et al. 1979, Kremer 1981). Most
482 studies of carbon fixation at night do not concurrently quantify DOC production. Interestingly,
483 the rate of light-independent carbon assimilation by *N. luetkeana* blades was approximately
484 equal to the amount of DOC released, indicating a net zero balance of carbon at night, while
485 DOC production by *M. pyrifera* blades exceeded dark carbon fixation.

486

487 **Extracellular release of fixed carbon as DOC**

488 During the day, the average percent of fixed carbon released as DOC by *N. luetkeana* and
489 *M. pyrifera* blades, often referred to as percent extracellular release (PER), was 16.2% and
490 17.3%, respectively. With a mean PER of 16% and estimated net primary productivity of 2.35 kg
491 C m⁻² yr⁻¹, *N. luetkeana* may release as much as 376 g C m⁻² yr⁻¹ as DOC. Another study found a
492 similar rate; the mean annual PER for *M. pyrifera* blades estimated *in situ* was 14% (Reed et al.
493 2015). Reported rates of DOC release by kelps averaged 26 – 35% of fixed carbon for *Laminaria*

494 spp. (Sieburth 1969, Hatcher et al. 1977, Abdullah and Fredriksen 2004). The kelp *Ecklonia cava*
495 has the highest reported DOC release rates, with a mean PER of 43% (Wada et al. 2007). Earlier
496 studies argue that the proportion of fixed carbon released as DOC by macroalgae is much lower,
497 from <1% (Fankboner and de Burgh 1977, Søndergaard 1981) up to 6% (Pregnall 1983,
498 Søndergaard 1990). However, these studies quantified the fixation and release of radiolabeled
499 ¹⁴DOC, which detects only recently fixed and released photosynthate (Pregnall 1983). In our
500 study, we found that the release of labeled ¹³DOC made up an average of only 18% of the total
501 DOC released. Because DOC release includes both recently and previously fixed carbon,
502 radiolabeled and stable isotope studies that rely on tracer production alone underestimate total
503 DOC release. Wada et al. (2007) caution that carbon isotope tracer studies can also
504 underestimate DOC release when the fixed carbon is synthesized into macromolecules such as
505 mucopolysaccharides, as this process dilutes the isotopic signature of the fixed carbon in the bulk
506 DOC that is released. Here, we demonstrated that DOC release by *N. luetkeana* was comprised
507 of < 20% recently fixed carbon, thus ~80% of DOC released was previously fixed, such as
508 intracellular compounds, or recently synthesized macromolecules that dilute the isotopic
509 signature of recently assimilated and released carbon.

510

511 **Effects of light availability on DOC release**

512 DOC release by *N. luetkeana* and *M. pyrifera* was 3.5 and 4.7 times higher during the day
513 than at night, respectively. Other studies report that kelps release 1.3 to 2 times more DOC
514 during the day than at night (Sieburth 1969, Abdullah and Fredriksen 2004, Reed et al. 2015).
515 Beyond diurnal contrasts, we found that carbon fixation by *N. luetkeana* blades increased with
516 irradiance, but DOC production did not, thus the percent extracellular release of fixed carbon
517 (PER) declined with increasing irradiance. Marañón et al. (2004) found a similar relationship
518 between PER and irradiance with phytoplankton. Other studies report that DOC release increases
519 with irradiance (Mueller et al. 2016), although the PER may be highest at low light levels and at
520 extreme irradiances (Fogg et al. 1965, Zlotnik and Dubinsky 1989), where photoinhibition of
521 photosynthesis can occur. During the Squaxin experiment, DOC release was higher on the sunny
522 day compared to the cloudy day, when the DOC flux was negative, and in all experiments DOC
523 release responded to changing light levels, warranting further investigation into the effects of
524 light on DOC release by kelp.

525

526 **DOC release by kelp blades: diffusion of fixed carbon and stoichiometric overflow**

527 We examined DOC release rates in relation to kelp productivity and nutrient availability
528 to evaluate aspects of the photosynthate diffusion (Bjørnsen 1988; Fig. 1a) and stoichiometric
529 overflow (Fogg 1983; Fig. 1b) hypotheses. These hypotheses are not mutually exclusive; for
530 example, it is possible that stoichiometric constraints promote DOC release under nutrient-
531 limited conditions, while passive diffusion prevails when nutrients are replete (Livanou et al.
532 2017). Diffusion of photosynthates as DOC, whether passive or active, has been hypothesized to
533 be dependent on the concentration of intracellular carbon pools (Bjørnsen 1988), and thus may
534 be positively related to the rate of carbon fixation (e.g. Morán and Estrada 2002). In contrast, we
535 found no relationship between DOC production and carbon fixation by *N. luetkeana* blades,
536 despite a large range of productivity quantified at different light levels, suggesting that DOC
537 release is not dependent on the rate of new carbon assimilation. It is important to note that the
538 passive diffusion hypothesis was devised for and has been supported by studies with microalgae,
539 which may differ from macroalgae in many important ways. For example, microalgae have a
540 higher surface area to cell volume ratio, faster biomass-specific growth rates, and more rapid
541 nitrogen acquisition per unit biomass than macroalgae (Hein et al. 1995), thus morphological
542 differences may lead to different physiological constraints on DOC release between microalgae
543 and macroalgae. Previous studies with macroalgae found that DOC release was unrelated to
544 gross primary production (Barrón et al. 2014) or net primary production (Abdullah and
545 Fredriksen 2004), although Reed et al. (2015) found a positive relationship between reef-scale
546 net primary production and DOC release. Bjørnsen (1988) suggests that nighttime DOC release
547 is consistent with the passive diffusion hypothesis, as it demonstrates carbon leakage without
548 concurrent photosynthesis. We found substantial DOC release at night by both canopy kelp
549 species, at a rate equal to or greater than nighttime carbon fixation, likely indicating passive
550 diffusion. Further, we demonstrated that recently fixed carbon (¹³DOC) comprised a small
551 proportion (<20%) of the total DOC released, thus the majority of DOC release was not a result
552 of immediate photosynthate spillover. Release of DOC that is not dependent on photosynthesis
553 could be due to myriad other processes, including cell death and lysis, viral cell lysis, or grazing
554 (Nagata 2000). We found that DOC release was not proportional to carbon fixation and the bulk

555 of DOC released was not recently fixed. Rather, DOC release by macroalgae may be a process
556 that integrates internal carbon stores and tissue nitrogen dynamics over longer time scales.

557 We found multiple lines of support for the stoichiometric overflow hypothesis, which
558 predicts that DOC released by kelp blades should decrease with greater nitrogen availability. For
559 all *N. luetkeana* incubations conducted on Tatoosh Island, DOC release declined as blade tissue
560 nitrogen content increased. While the relationship was marginally significant, the magnitude of
561 DOC release changed drastically over a small gradient in blade tissue nitrogen, ranging from 5 to
562 nearly 20 $\mu\text{mol DOC g}^{-1} \text{h}^{-1}$ as tissue nitrogen decreased. Moreover, the short-term nitrate
563 addition experiment with kelp from nitrogen-poor Squaxin Island demonstrated that nitrate
564 addition lowered DOC release rates, although light levels exerted a much stronger control on
565 DOC release than experimental nitrate addition. Overall, our results demonstrate that DOC
566 release was not dependent on carbon fixation and the bulk of DOC released was not recently
567 fixed photosynthate, yet DOC release declined with increasing nitrogen availability. Thus, DOC
568 released by kelp may be comprised mostly of stored carbon, with a small amount of recently
569 assimilated carbon, and the bulk release rate may be constrained by nitrogen availability.

570 The composition of extracellular carbohydrates released by kelp has not been well
571 characterized and it was not determined in this study, yet composition may provide further hints
572 about the mechanisms and consequences of DOC release. While simple monosaccharides such as
573 rhamnose, fucose, ribose, xylose, galactose and glucose were among the products exuded by the
574 kelp *Ecklonia cava* (Wada et al. 2007), other intracellular storage carbohydrates, such as
575 mannitol, can also be released by kelp (Newell et al. 1980, Wada et al. 2007). Laminarin, a key
576 polysaccharide storage compound in algae, is released extracellularly and contributes
577 significantly to the global carbon cycle (Becker et al. 2020). Studies using ^{14}C to trace
578 photosynthesis in brown algae over similar time periods to this study (3 hrs) determined that the
579 storage product mannitol comprised the majority of newly assimilated carbon, while cell wall
580 polysaccharides such as laminarin, alginate and fucoidan had a slower rate of isotopic carbon
581 incorporation (Yamaguchi et al. 1966, Bidwell 1967). Thus, it is possible that our stable isotope
582 enrichment experiments quantified the assimilation and release of rapidly ^{13}C labeled products
583 such as mannitol. However, the bulk of DOC released by *N. luetkeana* blades was unlabeled,
584 suggesting that it contained other previously fixed intracellular carbohydrates, possibly the result
585 of a significant time lag between assimilation and release of photosynthates as DOC. Future

586 studies combining isotopic labeling and compositional analysis of intracellular and extracellular
587 carbon pools may provide exceptional insight into the time course and the nature of DOC
588 release, revealing whether released compounds are dependent on the availability of intracellular
589 compound concentrations, recent photosynthates, or intracellular nitrogen pools.

590

591 **Nutrient uptake and production associated with *N. luetkeana* blades**

592 In addition to releasing DOC, *N. luetkeana* blades were associated with strong diurnal
593 fluxes in inorganic nutrient concentrations. Mainly, *N. luetkeana* blades removed NO_3^- at a much
594 higher rate ($3.2 \mu\text{mol g}^{-1} \text{h}^{-1}$) than NH_4^+ ($0.53 \mu\text{mol g}^{-1} \text{h}^{-1}$). The only other study to measure
595 nutrient uptake by *N. luetkeana* also found that NO_3^- was removed at a higher rate than NH_4^+ ,
596 where NH_4^+ removal peaked at $10 \mu\text{M}$ availability but NO_3^- removal increased with availability
597 up to $30 \mu\text{M}$ (Ahn et al. 1998). However, we emphasize that the mean availability of NH_4^+ (1.98
598 μM) was ~ 9 times lower than that of NO_3^- ($17.65 \mu\text{M}$) at Tatoosh Island, indicating that the
599 mean uptake rate of NH_4^+ relative to its availability was 1.5 times higher than for NO_3^- . This
600 difference in preference vs. availability of these two nitrogen sources may also reflect the high
601 flux of NH_4^+ at this site (Pfister et al. 2014). Uptake of NO_3^- was significantly higher during the
602 day than at night, consistent with Gerard (1982), and may be driven by higher daytime nitrate
603 reductase activity (Young et al. 2007). Interestingly, we found that *N. luetkeana* blades displayed
604 net production of NO_2^- and inorganic silica ($\text{Si}(\text{OH})_4$), both during the day and at night. It is
605 possible that production of NO_2^- is a result of microbial activity associated with kelp blades. The
606 most abundant bacterial taxa living on *N. luetkeana* blades collected from Tatoosh Island was
607 *Granulosicoccus* sp. (Weigel and Pfister 2019), and a genome from *Granulosicoccus antarcticus*
608 contained the nitrate reductase gene (Kang et al. 2018), responsible for reducing NO_3^- to NO_2^- .
609 Further experiments are necessary to determine how kelp-associated microbes may contribute to
610 nutrient fluxes in kelp forests.

611

612 **Coastal implications of DOC release and relation to microbial processes**

613 Neither the stoichiometric overflow nor the diffusion hypothesis explains why *N.*
614 *luetkeana* and *M. pyrifera* blades release such a high proportion of fixed carbon (16-17%) into
615 the surrounding seawater. Photosynthate released by canopy-forming kelps can elevate DOC
616 concentrations in seawater by almost 50% inside of kelp forests compared to outside (Pfister et

617 al. 2019). It is likely that photosynthates released by kelp provision heterotrophic microbes living
618 on the kelp surface (Bengtsson et al. 2011), as well heterotrophic microbes in the surrounding
619 seawater (Fogg 1983, Pregnall 1983, Carlson and Ducklow 1996). For example, brown algae in
620 the genus *Carpophyllum* predominantly released low molecular weight compounds, which were
621 highly labile and readily decomposed by seawater microbes (Søndergaard 1990). Release of
622 photosynthates may contribute to the productivity of the bacterial biofilm that characterizes
623 many macroalgae, as reported for seagrass, where epiphytic bacterial production was fueled
624 almost entirely by DOC release (Kirchman et al. 1984). Microbes in the seawater (Sieburth 1969,
625 Fankboner and de Burgh 1977, Pregnall 1983) and on the kelp surface likely consume some
626 proportion of the DOC before it is detected, so this study and others may be underestimating
627 DOC release rates. For example, we found net consumption of DOC from *N. luetkeana* blades on
628 the cloudy day of the nitrate addition experiment (Fig. 6). Microbial consumption of DOC likely
629 fuels growth of the biofilm, while microbial respiration of DOC may provide a means of
630 recycling CO₂ back to the kelp for photosynthesis, or it could act as a net source of carbon to the
631 atmosphere. Glucose can stimulate microbial nitrate uptake (Pfister and Altabet 2019), thus DOC
632 release by kelp may also be coupled to local microbial nitrogen cycling. Further, microbial
633 processing of organic matter can influence nutritional content (Dethier et al. 2014), as well as
634 export and subsidies among coastal ecosystems (Sävström et al. 2016). Some of the DOC may
635 be exported to the deep sea and thus act as a carbon sink; this proportion is estimated at ~30%
636 (Krause-Jensen and Duarte 2016), but empirical validation is necessary to quantify this carbon
637 flux. Changing and variable ocean pH dynamics (Wootton et al. 2008) may interact with DOC
638 cycling in the nearshore, thus the fate of this large DOC pool is likely an essential aspect of the
639 current and future coastal carbon cycle.

640

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656

657 **Supporting Information**

658 Additional supporting information may be found online at: [link to be added in production].

659

660 **Data Availability**

661 Data with all values for replicate measurements of carbon fixation, DOC release, ¹³DOC release,
662 and nutrient uptake rates by *Nereocystis luetkeana* and *Macrocystis pyrifera* kelp blades are
663 available in the Dryad Digital Repository: <https://doi.org/10.5061/dryad.djh9w0vxp>

664

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849
850 **Tables**

851 **Table 1.** Summary of mean carbon fixation and DOC release rates (\pm standard error), including
852 the percent of fixed carbon released as DOC, across all experiments. The percent of carbon
853 released as DOC is expressed relative to the corresponding daytime carbon fixation rate.
854 Replication refers to the number of biological replicates per experiment or treatment.

| Experiment | Site | Date | Hrs | Day or Treat ment | Replic ation | Carbon fixation ($\mu\text{mol C g}^{-1}$ h^{-1}) | DOC release ($\mu\text{mol C g}^{-1}$ h^{-1}) | % fixed carbon released as DOC |
|-------------------------------------|---------|-----------|-----|----------------------------|-----------------|---|---|---|
| 1) <i>Nereocystis</i> whole kelp | Tatoosh | Aug 2016 | 3 | Day | n = 4 | not measured | 10.19 (0.88) | not measured |
| 1) <i>Nereocystis</i> whole kelp | Tatoosh | Aug 2016 | 3 | Night | n = 4 | not measured | 1.77 (0.78) | not measured |
| 2) <i>Nereocystis</i> blade | Tatoosh | July 2017 | 8 | Day | n = 4 | 47.74 (4.19) | 8.34 (1.29) | 17.69 (2.58) |

| | | | | | | | | | |
|--------------------------|---------|-----------|---|-----------------|-------|---------------|--------------|--|--------------|
| 2) <i>Nereocystis</i> | | | | | | | | | not |
| blade | Tatoosh | July 2017 | 8 | Night | n = 4 | not measured | 0.74 (1.31) | | measured |
| 3) <i>Nereocystis</i> | | | | | | | | | |
| blade | Tatoosh | Aug 2018 | 3 | Day | n = 4 | 60.15 (4.45) | 14.32 (0.72) | | 24.16 (1.95) |
| 3) <i>Nereocystis</i> | | | | | | | | | |
| blade | Tatoosh | Aug 2018 | 3 | Night | n = 4 | 3.75 (0.42) | 6.55 (1.16) | | 10.89 (1.93) |
| 3) <i>Macrocystis</i> | | | | | | | | | |
| blade | Tatoosh | Aug 2018 | 3 | Day | n = 4 | 48.36 (1.42) | 8.42 (2.15) | | 17.27 (3.94) |
| 3) <i>Macrocystis</i> | | | | | | | | | |
| blade | Tatoosh | Aug 2018 | 3 | Night | n = 4 | 0.83 (0.00) | 1.79 (0.68) | | 3.71 (1.40) |
| 4) <i>Nereocystis</i> | | | | | | | | | |
| blade | Tatoosh | Sept 2018 | 8 | Day | n = 8 | 61.89 (3.77) | 13.85 (1.78) | | 23.09 (3.49) |
| 5) <i>Nereocystis</i> | | | | | | 120.78 | | | |
| blade | Tatoosh | June 2019 | 8 | Day | n = 8 | (10.01) | 9.47 (1.01) | | 8.22 (1.06) |
| 6) <i>Nereocystis</i> | | | | | | | | | |
| blade | Tatoosh | July 2018 | 8 | Day | n = 3 | 75.49 (10.75) | 4.79 (0.94) | | 6.74 (1.81) |
| 7) <i>Nereocystis</i> | | | | Low | | | | | |
| NO ₃ addition | Squaxin | June 2018 | 8 | NO ₃ | n = 4 | 55.58 (6.64) | 3.90 (3.03) | | 6.33 (5.58) |
| 7) <i>Nereocystis</i> | | | | High | | | | | |
| NO ₃ addition | Squaxin | June 2018 | 8 | NO ₃ | n = 4 | 50.58 (0.71) | 0.76 (2.76) | | 1.68 (5.48) |

855

856

857 **Table 2.** Summary of mean total DOC production and ¹³DOC production (± standard error) by
858 kelp blades, including the percent of total DOC production that was recently fixed and released,
859 across all experiments. Replication refers to the number of biological replicates per experiment
860 or treatment. For the NO₃ addition experiment, the same replicate chambers were sampled at 3
861 and 8 hours, as indicated by the length (hrs) column; *n* = 2 chambers from each treatment were
862 conducted on both a sunny and cloudy day.

863

| Experiment | Site | Date | Day or Treatment | Replication | Hrs | DOC production (μmol C g ⁻¹ h ⁻¹) | ¹³ DOC production (μmol C g ⁻¹ h ⁻¹) | % recently fixed (labeled) DOC |
|-----------------------|---------|------|------------------|-------------|-----|--|--|--------------------------------|
| 1) <i>Nereocystis</i> | | July | | | | | | |
| blade | Tatoosh | 2017 | Day | n = 4 | 8 | 8.34 (1.29) | 1.60 (0.42) | 20.39 (5.96) |

| | | | | | | | | | |
|--------------------------|---------|------|------------------------|-------|---|--------------|-------------|---------------|-------------|
| 2) <i>Nereocystis</i> | | July | | | | | | | |
| blade | Tatoosh | 2018 | Day | n = 3 | 8 | 4.79 (0.94) | 0.35 (0.07) | 8.71 (3.87) | |
| 3) <i>Nereocystis</i> | | June | Low NO ₃ , | | | | | | |
| NO ₃ addition | Squaxin | 2018 | high light | n = 2 | 3 | 18.42 (2.31) | 2.17 (0.56) | 11.58 (1.58) | |
| 3) <i>Nereocystis</i> | | June | Low NO ₃ , | | | | | | |
| NO ₃ addition | Squaxin | 2018 | low light | n = 2 | 3 | 1.81 (0.78) | 1.22 (0.70) | 62.02 (12.15) | |
| 3) <i>Nereocystis</i> | | June | High NO ₃ , | | | | | | |
| NO ₃ addition | Squaxin | 2018 | high light | n = 2 | 3 | 11.98 (1.06) | 1.11 (0.05) | 9.30 (0.43) | |
| 3) <i>Nereocystis</i> | | June | High NO ₃ , | | | | | | DOC |
| NO ₃ addition | Squaxin | 2018 | low light | n = 2 | 3 | -1.47 (2.79) | 1.44 (0.80) | | consumption |
| 3) <i>Nereocystis</i> | | June | Low NO ₃ , | | | | | | |
| NO ₃ addition | Squaxin | 2018 | high light | n = 2 | 8 | 8.82 (2.52) | 1.95 (0.22) | 23.31 (4.23) | |
| 3) <i>Nereocystis</i> | | June | Low NO ₃ , | | | | | | DOC |
| NO ₃ addition | Squaxin | 2018 | low light | n = 2 | 8 | -1.03 (0.05) | 0.57 (0.25) | | consumption |
| 3) <i>Nereocystis</i> | | June | High NO ₃ , | | | | | | |
| NO ₃ addition | Squaxin | 2018 | high light | n = 2 | 8 | 5.47 (0.10) | 1.13 (0.18) | 20.59 (2.82) | |
| 3) <i>Nereocystis</i> | | June | High NO ₃ , | | | | | | DOC |
| NO ₃ addition | Squaxin | 2018 | low light | n = 2 | 8 | -3.95 (1.12) | 0.63 (0.36) | | consumption |

864

865

866 Figure Captions

867

868 **Figure 1.** Conceptual diagram depicting two mechanisms of DOC release by kelps: **a)** passive or
 869 active diffusion of intracellular photosynthates. This process may be dependent on the
 870 concentration of intracellular photosynthates, and thus on the rate of carbon fixation, or it may be
 871 the result of carbohydrate leakage that occurs during cell lysis. **b)** Stoichiometric overflow,
 872 where DOC release results from an excess of fixed carbon relative to the availability of other
 873 essential nutrients, such as nitrogen, thus DOC release should increase when nitrogen is less
 874 available. Note that the two mechanisms are not mutually exclusive. Below each panel is a figure
 875 roadmap that outlines specific tests for each mechanism, indicated by sections i-vi.

876

877 **Figure 2. a)** Chamber design for measuring DOC production and nutrient fluxes by kelp blades
 878 (*N. luetkeana* depicted). Replicate chambers were then incubated horizontally at the seawater
 879 surface in a floating raft. **b)** Pre-enrichment isotopic signatures ($\delta^{13}\text{C}$) of *N. luetkeana* blade

880 tissues sampled from the base, meristem, mid-blade and tip, and **c)** post-enrichment $\delta^{13}\text{C}$ of *N.*
881 *luetkeana* blade tissues, indicating differences in carbon fixation rates along the length of the
882 blade. For boxplots, the median and interquartile range (the 25th and 75th percentiles) are
883 indicated in grey, and the whiskers indicate the maximum and minimum values that are within
884 1.5 times the interquartile range. Letters indicate statistically significant ($P < 0.05$) differences
885 after ANOVA and Tukey HSD pairwise comparisons.

886
887 **Figure 3.** **a)** Carbon fixation and **b)** DOC production by *N. luetkeana* from three comparative
888 experiments conducted during the day (light grey) and at night (dark grey), where both daytime
889 and nighttime measurements were conducted within a 24-hour period. DOC production by *N.*
890 *luetkeana* blades was compared to that of the whole kelp thallus. All rates are normalized by kelp
891 dry mass. Letters indicate statistically significant ($P < 0.05$) differences after ANOVA tests, and
892 P values indicate results of ANOVA tests comparing daytime vs. nighttime rates.

893
894 **Figure 4.** Relationships depicting **a)** carbon fixation vs. DOC production and **b)** the percent of
895 fixed carbon released as DOC over a natural gradient of light levels (PAR = photosynthetically
896 active radiation), pooled over all experiments conducted with *N. luetkeana* blades ($n = 35$), **c)**
897 carbon fixation vs. ^{13}C DOC production (recently fixed and released DOC) by *N. luetkeana* blades
898 ($n = 15$), and **d)** ^{13}C DOC production vs. unlabeled DOC production by *N. luetkeana* blades ($n =$
899 23) over 3 and 8 hours. Statically significant relationships (+95% confidence intervals) from
900 linear mixed-effects models are shown.

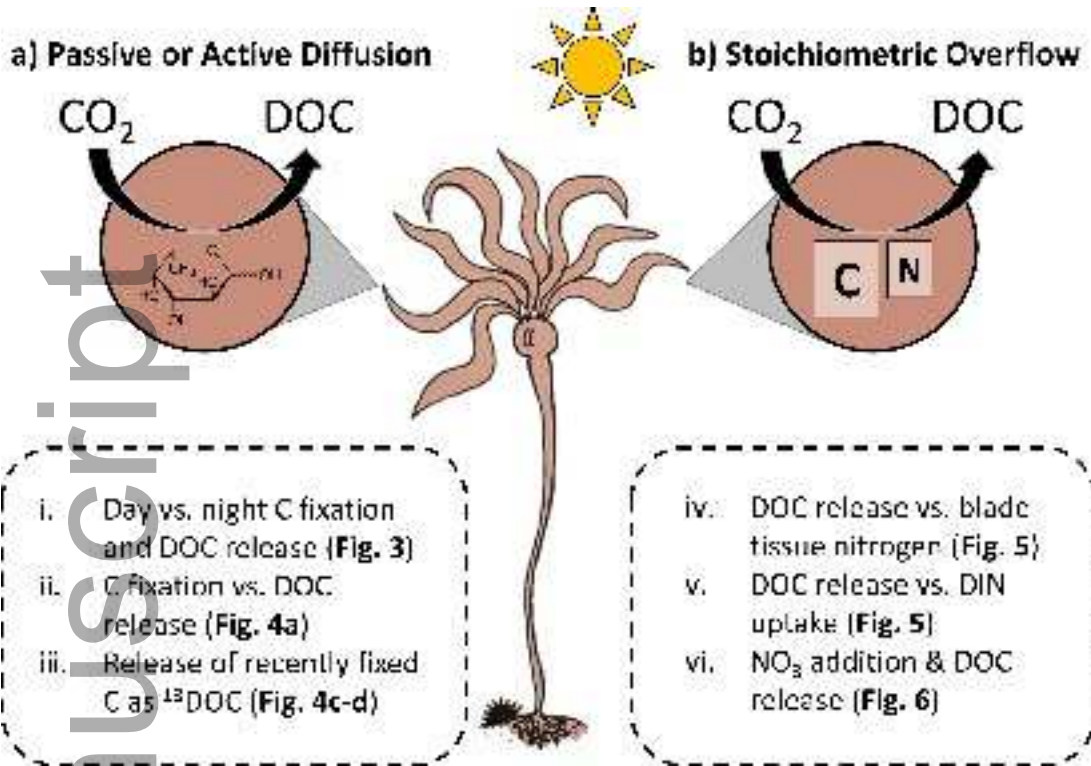
901
902 **Figure 5.** Testing the stoichiometric overflow mechanism controlling DOC production using
903 relationships between DOC production (vertical axis and color scale) vs. blade tissue nitrogen
904 content and dissolved inorganic nitrogen (DIN) uptake. Data are pooled across all daytime *N.*
905 *luetkeana* blades from Tatoosh Island ($n = 27$). The grid on the 3D plot depicts a best-fit multiple
906 linear regression model plane (DOC production \sim blade % N + DIN uptake); vertical lines show
907 residuals between data points and the model plane surface.

908
909 **Figure 6.** Biogeochemical responses of *N. luetkeana* blades from Squaxin Island to nitrate
910 addition. **a)** Dissolved inorganic nitrogen (DIN) uptake rates in natural (low nitrate) seawater and

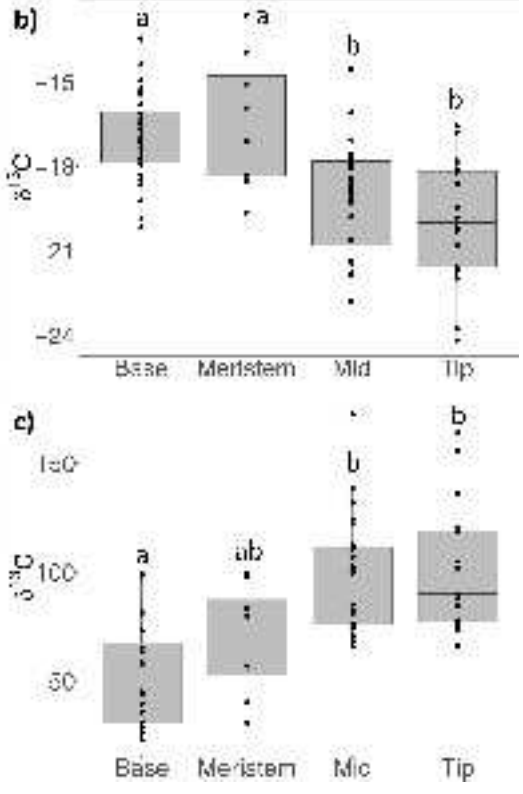
911 with experimental nitrate addition (high nitrate), and **b**) DOC production from low and high
912 nitrate treatments under both sunny and cloudy conditions. Light levels (PAR) were 1438 and
913 875 $\mu\text{mol m}^{-2} \text{s}^{-1}$, on the sunny and cloudy day, respectively. Statistically significant differences
914 between treatments are indicated with asterisks and corresponding P values in panel a). In panel
915 b), the effect of light levels on DOC release was significant ($P < 0.001$ ***), while nitrate
916 treatment was marginally significant ($P = 0.052$).

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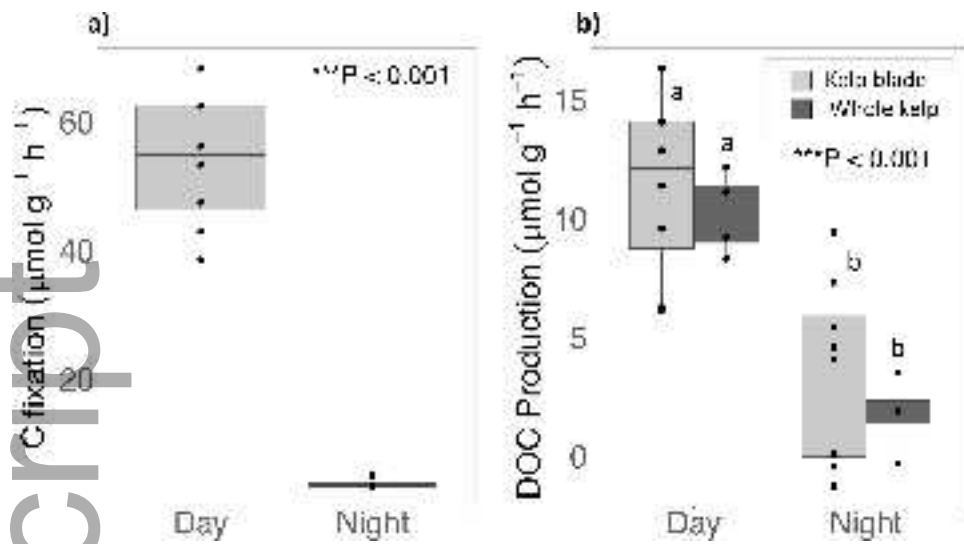
918 **Figure 7.** Comparisons of biogeochemical rates between *N. luetkeana* and *M. pyrifera* blades (n
919 = 4 of each species) during the day and at night for **a**) carbon fixation, **b**) DOC production, **c**)
920 dissolved inorganic nitrogen (DIN) uptake rates, and **d**) C:N ratios of blade tissue. Statistically
921 significant differences between species are indicated with asterisks and corresponding P values.



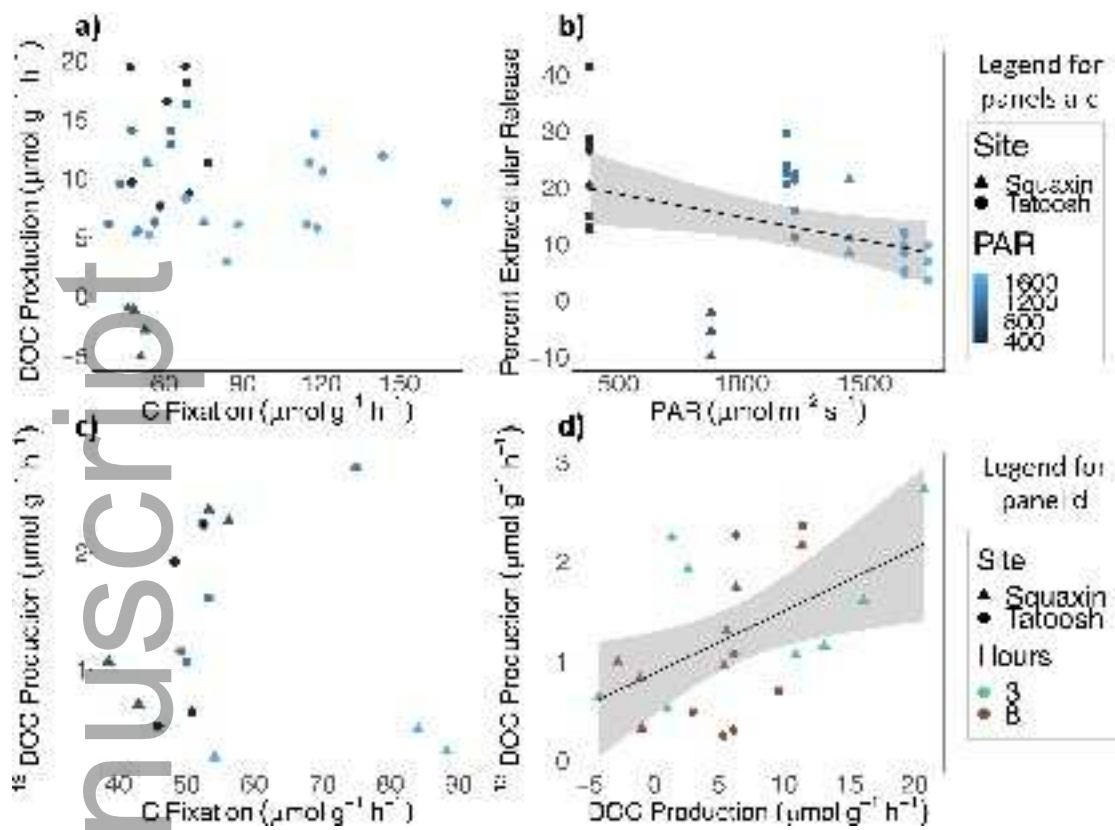
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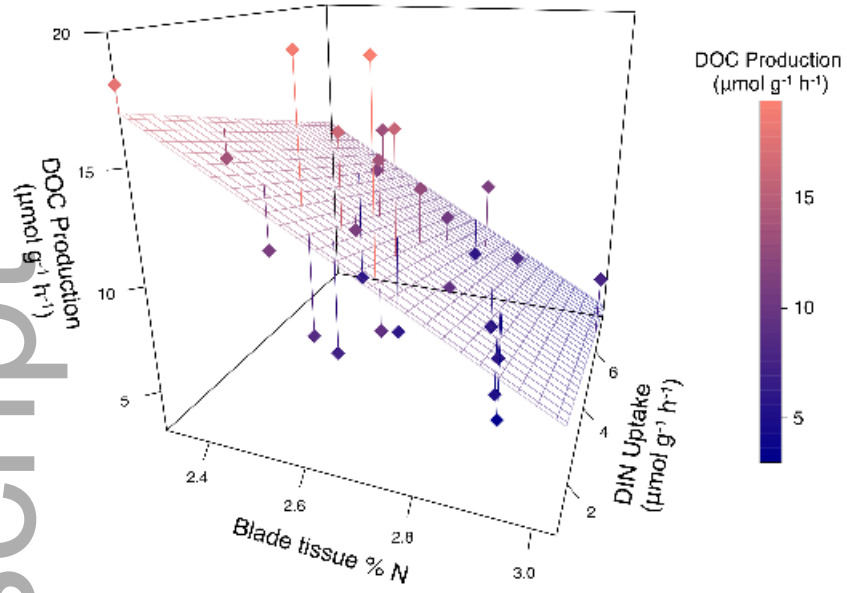
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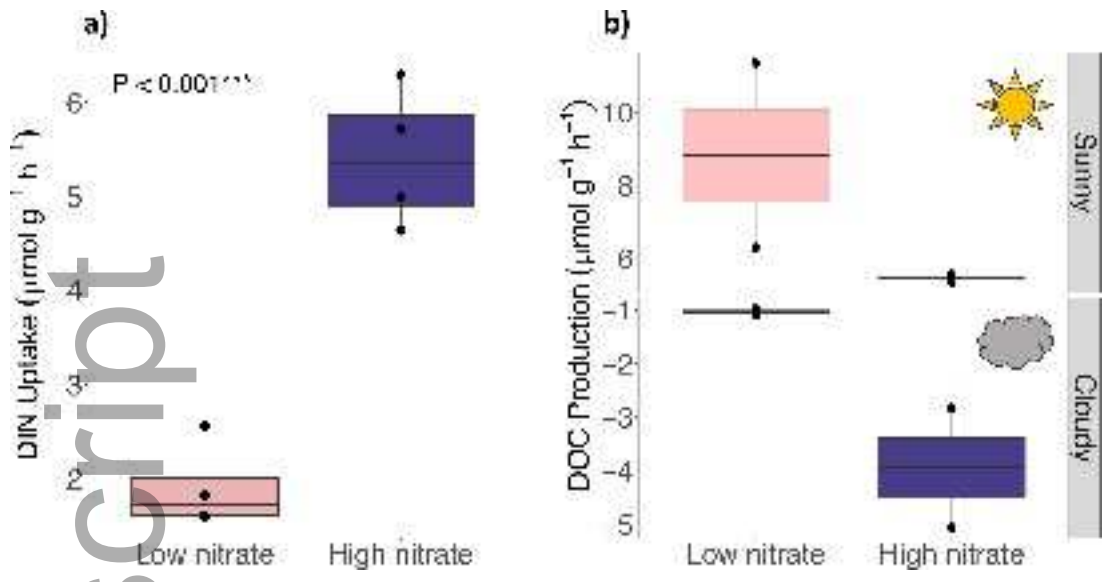
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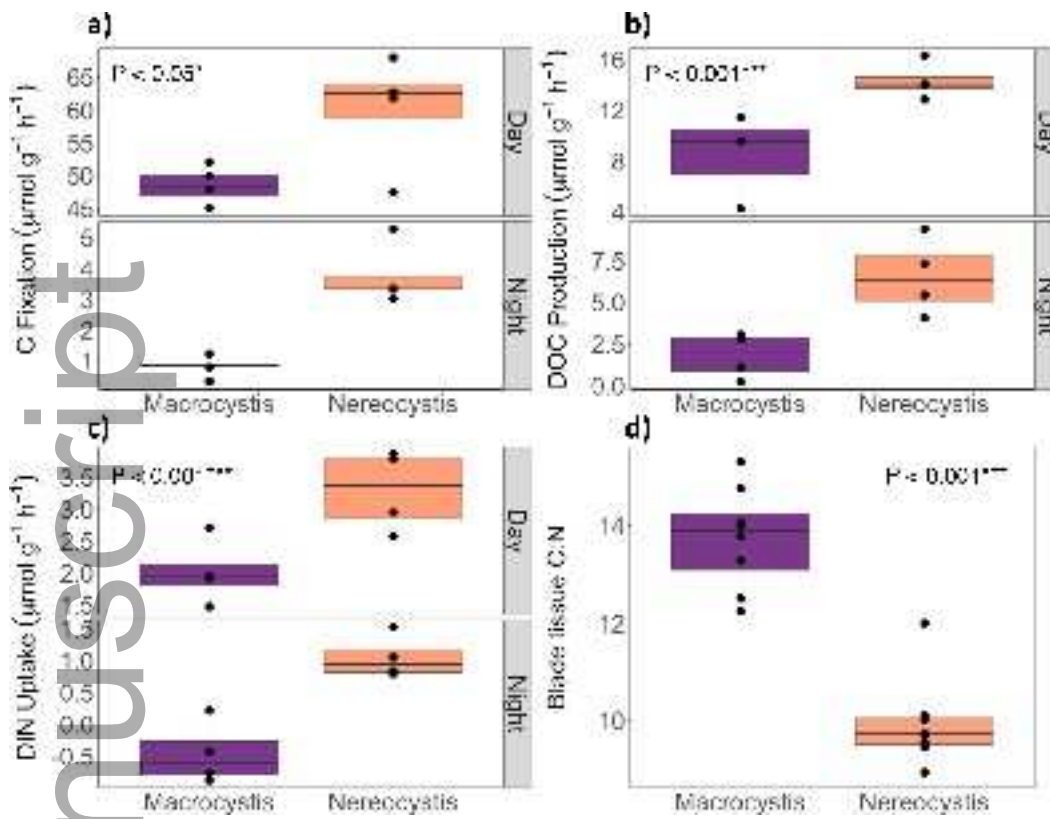


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