# 1 Title: Plant biomass and rates of carbon dioxide uptake are enhanced by

# 2 successful restoration of tidal connectivity in salt marshes

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# 19 Abstract:

20 Salt marshes, due to their capability to bury soil carbon (C), are potentially 21 important regional C sinks. Efforts to restore tidal flow to former salt marshes have 22 increased in recent decades in New England (USA), as well as in some other parts of the 23 world. In this study, we investigated plant biomass and carbon dioxide (CO<sub>2</sub>) fluxes at 24 four sites where restoration of tidal flow occurred five to ten years prior to the study. 25 Site elevation, aboveground biomass, CO<sub>2</sub> flux, and porewater chemistry were 26 measured in 2015 and 2016 in both restored marshes and adjacent marshes where tidal flow had never been restricted. We found that the elevation in restored marsh sites was 27 2-16 cm lower than their natural references. Restored marshes where porewater 28 29 chemistry was similar to the natural reference had greater plant aboveground biomass, 30 gross ecosystem production, ecosystem respiration, as well as net ecosystem CO2 exchange (NEE) than the natural reference, even though they have the same plant 31 32 species. We also compared respiration rates in aboveground biomass (AR) and soil (BR) during July 2016, and found that restored marshes had higher AR and BR fluxes than 33 34 natural references. Our findings indicated that well-restored salt marshes can result in 35 greater plant biomass and NEP, which has the potential to enhance rates of C 36 sequestration at 10-yrs post restoration. Those differences were likely due to lower 37 elevation and greater flooding frequency in the recently restored marshes than the 38 natural marsh. The inverse relationship between elevation and productivity further 39 suggests that, where sea-level rise rate does not surpass the threshold of plant survival, 40 the restoration of these salt marshes may lead to enhanced organic and mineral 41 sedimentation, extending marsh survival under increased sea level, and recouping 42 carbon stocks that were lost during decades of tidal restriction.

43 Key words: Salt marsh, greenhouse gas, restoration, carbon dioxide

### 44 Introduction

45 Coastal wetlands are considered a significant sink for carbon (C), since the rates of C burial are generally greater and, as importantly, the rates of C mineralization are generally 46 47 lower in coastal wetlands than in terrestrial ecosystems (McLeod et al., 2011). Salt marshes 48 play an important role in the global C cycle, and the large C reservoirs in salt marsh 49 sediments are important pools for conservation (Holmquist et al., 2018; Wang et al., 2019b). 50 Globally, there is increasing interest in coastal wetlands as targets for greenhouse gas 51 emission offset projects through preservation and restoration of these ecosystems to increase future C sequestration and reduce anthropogenic greenhouse gas emissions 52 (Crooks et al., 2018; Kroeger et al., 2017; Pendleton et al., 2012). 53

54 Despite their importance, salt marshes have been under pressure from human 55 activities including conversion to farms and developed land, dam construction, among 56 others (Emery and Fulweiler, 2017; Gedan et al., 2011). In New England, over half the salt 57 marshes present before the pre-industrial era have been lost (Portnoy and Giblin, 1997a; Portnoy and Giblin, 1997b). Some of these salt marshes were converted to other 58 59 ecosystems after undersized culverts, dikes, and similar structures were put in place for the 60 construction of roads, insect control, wildfowl habitat, or agriculture (Portnoy and Giblin, 61 1997a; Portnoy and Giblin, 1997b; Roman and Burdick, 2012). These dikes and undersized culverts not only reduce the geographic extent of these wetlands, but also impact the 62 63 biogeochemical processes by restricting tidal exchange between estuaries and upstream 64 wetlands, and alter the processes controlling soil C accumulation and greenhouse gas 65 emissions (Drexler et al., 2013; Emery and Fulweiler, 2017; Warren et al., 2002).

66 Restriction of tidal exchange commonly causes retention of freshwater and lowers the 67 salinity in wetlands landward of the restriction (Emery and Fulweiler, 2017; Roman and 68 Burdick, 2012). In turn, large ecological shifts occur that alter biogeochemical processes. For 69 example, plant community composition often transitions from salt-tolerant cordgrasses 70 (*Spartina alterniflora* and/or *S. patens*) to freshwater or brackish wetland species such as 71 cattail (*Typha latifolia*) and common reed (*Phragmites australis*) in restricted marshes

(Warren et al., 2002). If the tidal restriction results in drainage of the wetland, C decomposition may increase as buried soil C is exposed to oxygen (Portnoy, 2012; Portnoy and Giblin, 1997b). In a 90-year old diked and drained salt marsh in New England, Portnoy and Giblin (1997b) observed 90 cm soil surface subsidence relative to the nearby unrestricted reference marsh. If tidal restrictions promote decomposition of buried organic matter or enhanced methane emissions, the salt marshes may shift from a CO<sub>2</sub> sink to a source of greenhouse gases (Kroeger et al., 2017).

79 Restoration of tidal flow has the potential to reverse these effects by extending 80 flooding depth and duration, raising the water table, and increasing salinity (Portnoy and Giblin, 1997b). A longer flooding duration, or higher flooding frequency, can enhance salt 81 82 marsh plant biomass (Cadol et al., 2014; Kirwan and Guntenspergen, 2012; Morris et al., 83 2002), potentially resulting in greater  $CO_2$  assimilation in salt marshes after tidal restoration. In a recent laboratory experiment, we found reduced C decomposition rates in the higher 84 inundation levels that occur with tidal restoration (Wang et al., 2019a). While there have 85 86 been a number of investigations of biogeochemical processes and plant community 87 composition in response to salt marsh restriction and restoration (Roman et al., 2002; Smith 88 and Medeiros, 2013; Warren et al., 2002), there is relatively limited knowledge of the C 89 storage and greenhouse gas (GHG) flux responses associated with these management 90 actions (Emery and Fulweiler, 2017; Kroeger et al., 2017; Negandhi et al., 2019; Pendleton et 91 al., 2012). Considering the large area of tidally restricted wetlands globally (Kroeger et al., 92 2017), quantifying the effect of tidal restriction and restoration on C biogeochemical cycles 93 and subsequent storage will support future restoration scenarios (Drexler et al., 2013).

In New England, there is increasing occurrence of tidal restoration in salt marshes in the last few decades (Warren et al., 2002). While post-restoration studies are critical for determining whether restoration goals were achieved through returning tidal exchange to salt marshes, data collection is inconsistent and mostly limited to evaluating animal and plant community composition (Raposa, 2008; Roman et al., 2002; Warren et al., 2002). Greenhouse gas (GHG) exchange is a critical component of evaluating the effectiveness of restored wetlands as efficient C sinks. To fill this knowledge gap, we aim to evaluate soil porewater chemistry and CO<sub>2</sub> fluxes in restored and natural salt marshes. Here, we compare two types of coastal wetlands: 1) 'natural' marshes at seaward of tidal restrictions where water exchange has never been restricted, and 2) landward 'restored' marshes that were reestablished from previously tidally restricted marshes.

#### 105 **Methods**:

#### 106 Study Sites

Four marsh sites along Cape Cod Bay, MA, USA, were chosen for this study (Fig 1). According to Massachusetts Division of Ecological Restoration (MA-DER), restrictions at these sites were constructed over 100 years ago. Between 2005 and 2010, tidal exchange was restored when a restriction, such as an undersized culvert in the tidal creek, was enlarged, thereby increasing connectivity between the marsh and Cape Cod Bay (Fig. 1). Measurements in these four sites were conducted in 2015 and 2016.

113 **Quivett Creek** (41.7470, -70.1434): The site was restored in 2005 with construction of a 114 new bridge that allowed full tidal flow in the landward direction. *Spartina alterniflora* is the 115 dominant vegetation at the natural site, while at the restored site, *S. alterniflora* and 116 *Spartina patens* are the dominant species.

117 **State Game Farm** (41.7314, -70.4272): In 2006, a small culvert was removed, and 118 replaced with a bridge which increased tidal flow to former restricted marsh. At the natural 119 site, *S. patens* is the dominant species. In the restored marsh, *S. alterniflora* is dominant, 120 with *P. australis* distributed along the marsh edge.

Bass Creek (41.7162, -70. 2376): The site was restored in 2008 with a new bridge, which fully restored the tidal flow in landward salt marsh. At the seaward of the former restriction, *Distichlis spicata* is the main species in the natural marsh site. In the restored marsh, *S. alterniflora* and *S. patens* dominate. 125 **Stony Brook** (41.45275, -70. 6762.): A small culvert was removed in 2010 by local 126 government and replaced with a large opening which restored the full tidal flow, aiming to 127 restore the natural marsh in the restricted region. In both the natural and restored sites, *S.* 128 *alterniflora* dominated plots were selected in 2015. In 2016, additional plots where *S.patens* 129 dominated were included to evaluate any species effect.

#### 130 Experimental Design

131 In this study, we conducted two experiments to detect the effect of salt marsh restoration on CO<sub>2</sub> fluxes, plant biomass and pore water chemistry. The first experiment was 132 conducted at the four sites mentioned above. At each site, plots were placed approximately 133 10 m downstream and upstream from the former restriction edge, and 4-5 m from the creek 134 135 edge, except at Stony Brook, where we utilized a boardwalk to access plots over 100 m away 136 from the former restriction, and 40-50 m away from creek edge (Fig. 1). Four 1m x 1m plots 137 were randomly distributed within the selected area (10 x 10 m), within 1-2 meters of each 138 other. Plots were kept in similar geomorphic settings (e.g. elevation, plant types) to 139 minimize the influence of other factors when comparing upstream restored and 140 downstream natural salt marshes. In each plot, a 30-cm-diameter circular collar was installed for static gas chamber measurements. The collar was 5 cm high, and inserted into 141 142 sediment to 2 cm and left in place for the entire two years of the study. Within each study site, a 1-m-deep well was installed within 2 m of the collars in 2015. In each well, an In-Situ 143 144 Aquatroll 200 (In-Situ Inc., Fort Collins, CO, USA) CTD sensor collected continuous water 145 table, water temperature, and salinity data. Further details on sensor deployment can be 146 found in an accompanying data release (O'Keefe Suttles et al., 2019).

While the first experiment was designed to evaluate the difference between natural and restored marsh sites, the dominant plant species usually differed between these sites. To resolve this issue, we conducted the second experiment at one site - Stony Brook, where *S. alterniflora* and *S. patens* dominated communites were observed in both restored and natural marsh sites. In 2016, we established four *S. patens* plots (Elevation (NAVD88) : 1.48 m) not far from the orginal four *S. alterniflora* plots upstream and down stream of the

former restriction, respectively. At this site, two species (*S. alterniflora* and *S.patens*) and two restoration types (restored and natural marsh), with each replicated by four plots, were used to identify the species effect and restoration effect on plant biomass and gas flux.

156 **CO<sub>2</sub> flux** 

157 CO<sub>2</sub> flux was measured in situ with a Picarro G2301 gas Analyzer (Picarro Inc, Santa 158 Clara, CA, USA). Gas flux was measured monthly during the growing season (April to 159 September) in 2015 and 2016. A 60-cm tall x 30-cm diameter transparent chamber, with a 160 recirculation fan to mix the chamber headspace, was used for gas measurements. Air 161 temperature and solar radiation were monitered during each gas flux measurement. Fluxes were measured under both light and dark conditions. To exclude photosynthetic CO<sub>2</sub> uptake 162 163 during dark sampling, we covered chambers with an opaque curtain. Pressure equilibration 164 occurred through a 10 cm length of 0.6 mm inner diameter steel tubing on the chamber that 165 is open to the atmosphere. All CO2 flux measurements lasted 4-5 minutes per plot (with 166 approximately 1 second sampling intervals), based on observed periods for linear rates of 167 gas concentration change and to avoid excessive chamber warming (Martin & 168 Moseman-Valtierra, 2015; Brannon et al., 2016). The gas flux was determined by the following formula: 169

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# 0 1) $F=(dC/dT) \times (1/V_0) \times (P/P_0) \times (T_0/T) \times (V/S)$

171 Where F is the flux rate, dC/dT is the slope of the CO<sub>2</sub> concentration vs. time, V<sub>0</sub> is the  $CO_2$  molar volume under standard conditions (*i.e.*, 22.4 L mol<sup>-1</sup>), P is the air pressure,  $P_0$  is 172 173 the standard air pressure, T is the air temperature during each measurement,  $T_0$  is the 174 standard temperature, V is the effective head space volume, including the tubing volume, 175 and S is the soil surface area of the soil core. CO<sub>2</sub> fluxes were calculated with code 176 developed by Eckhardt and Kutzbach (2016) using Matlab 2016a Mathworks. Here, the net ecosystem CO<sub>2</sub> exchange was measured in light, and expressed as NEE, and ecosystem 177 178 respiration (ER) was measured in dark after 1 minute equilibration after the light 179 measurement. We calculated gross ecosystem production (GEP) as the balance of NEE and 180 ER. Soil temperature, soil water-filled pore space (WFPS, ProCheck soil moisture meter, 181 Decagon Devices, Inc. Pullman WA, USA), pH (Spectrum FieldScout SoilStik pH meter, 182 Spectrum Inc. Aurora IL, USA), and oxidation/reduction potential (Spectrum FieldScout 183 SoilStik electrode meter, Spectrum Inc. Aurora, IL) were also measured for surface soils (0-5 184 cm) during the gas measurement in the field.

#### 185 Water samples

186 During the gas flux measurements in 2016, pore-water samples were taken from each well (0.3 m depth) for pH, redox, salinity, dissolved organic C (DOC), Cl<sup>-</sup>, SO<sub>4</sub><sup>2-</sup> and S<sup>2-</sup> 187 188 measurements. Analyses were targeted to provide information on redox conditions, porewater chemical properties, and likely metabolic pathways for C cycling. Water pH 189 190 (Spectrum FieldScout SoilStik pH meter, Spectrum Inc. Aurora, IL), redox (Spectrum 191 FieldScout SoilStik electrode meter, Spectrum Inc. Aurora, IL), and salinity (refractometer) 192 were measured in the field. The DOC samples were filtered *in-situ* with a 0.45 μm syringe 193 filter (Millipore) into a 40 mL amber glass vial and acidified with 10 µL of 50% hydrochloric 194 acid. Sulfate and Cl<sup>-</sup> samples were also filtered but not acidified. Sulfide samples were 195 collected into a 10 mL vial preloaded with 0.2 mL of 2.0 N zinc acetate and 0.5 mL of 15 M 196 sodium hydroxide, and flushed with a nitrogen atmosphere, and then vacuumized. During 197 field sampling, 8 mL porewater was injected into the vial with a needle to avoid exposure to 198 air. All porewater samples were stored on ice immediately after collection, and then stored 199 at 4°C at the USGS Woods Hole laboratory prior to analysis. DOC samples were run on a 200 total organic carbon analyzer (OI Analytical, Aurora, IL) by high-temperature catalytic 201 oxidation/non-dispersive infrared detection (HTCO-NDIR). DOC concentrations are reported 202 relative to potassium hydrogen phthalate (KHP) standard. Hansell deep seawater (University 203 of Miami Hansell Laboratory, Lot# 01-14), and Suwannee River NOM (IHSS, Lot# 2R101N) reference materials were analyzed daily as additional checks on precision and 204 accuracy. Coefficient of variation of DOC concentration of KHP standards, reference 205

206 materials and samples is typically less than or equal to 5%. Porewater sulfate concentrations 207 were measured using a Dionex ion chromatograph (ThermoFisher, Waltham, MA). Sulfide 208 concentrations were measured upon formation of a methylene blue-sulfide complex and 209 measurement of its concentration with a spectrophotometer (Cline, 1969; Reese et al., 2011).

#### 211 Plant samples

In 2015, we sampled total aboveground biomass in each plot in mid-August by clipping one 25 cm x 25 cm quadrat near each gas chamber collar (n=4). The clipped plants from each plot were initially stored on ice, then at 4°C until they were dried at 65 °C for 48 hours and weighed to calculate above ground biomass.

In June 2016, we installed four additional collars at each site. After the July gas flux measurement, we clipped the plants to harvest the aboveground biomass, and then repeated the gas flux measurement. The goal was to separate aboveground respiration (AR) from soil respiration (BR, including root and soil microbial respiration).

## 220 Surface elevation and water table

Gas collar and well elevation were measured with a Trimble Real-Time Kinematic Geographic Positioning System (RTK GPS). All data were projected to NAD 1983 Massachusetts State Plane FIPS 2001 and elevations are given relative to NAVD88 with an elevation accuracy of 2-3 cm. The depth to the water table was calculated from the continuous (15 minute) CTD sensor data. Flooding frequency was determined as the percent of time water elevation was above the soil elevation during the sensor deployment.

227 Statistical analysis

We used linear mixed effects models (LME) to evaluate differences in CO<sub>2</sub> fluxes, elevation, salinity, and soil pH between restored plots and natural plots. In the LME analysis, study sites and restoration treatment (natural marsh vs restored marsh), and their interactions as fixed factors, and sampling time and plots within each site and treatment as

random factors. Since there were significant effects of inter-site, and the interaction of site
and restoration treatment on gas flux, we further investigated the restoration effect at each
site using a linear mixed effects model with restoration type as a fixed effect, and plots and
sampling time as random effects.

For pore-water data in 2016, since there was only one well at each restored or natural marsh site, we thus treated sampling time as a random effect, and site, restoration type and their interaction as fixed effects. Plant aboveground biomass data in each year was analyzed by linear mixed model with site, restoration type, and their interaction as fixed effects and plots as a random effect.

241 At the Stony Brook site, we have two species (S. alterniflora and S. patens) and two 242 restoration types (natural and restored marshes) in 2016. To detect the species-specific 243 effect on gas flux during salt marsh restoration, a linear mixed model was used to analyze the species and restoration types effect, with species, restoration type and their interaction 244 245 the fixed effects, and plots and sampling date random effects. To obtain p-values to assess 246 significance of each fixed effect on the above variables, we compared the Akaike 247 information criterion (AIC) of full models against models with each of the fixed effects 248 removed.

Principal component analysis (PCA) was conducted for the July 2016 aboveground biomass data, porewater data, site parameters (elevation, salinity), and CO<sub>2</sub> gas flux (including GEP, NEP, ER, aboveground respiration, soil respiration).

All statistics were performed in R 3.6.0 (R Core Team, 2016) and interpreted significance at  $p \le 0.05$ .

### 254 **Results**

#### 255 Surface elevation, water table, and flooding frequency

The elevation of the restored marsh plots were generally 2-16 cm lower than plots in the natural reference sites (Table 1). Specifically, there was generally lower elevation in three of four restored sites, excluding Bass Creek site (BC). The flooding duration was greater in three of the restored marshes due to the lower surface elevation (Table 1).

#### 260 **Pore-water properties**

261 The pore water results indicate that inter-site variability dominated over restored 262 versus natural treatments. There was no difference in porewater salinity between restored 263 and natural marshes at three sites (Fig. 2), with the only exception of State Game Farm 264 (SGF), which was restored in 2006, but still had much lower salinity in restored side (10 SI) 265 than downstream in the natural marsh (21 SI). While natural marshes generally had higher 266 soil pH than restored marshes, there was no statistically significant difference (Fig. 2). 267 Disolved organic carbon (DOC) concentrations were significantly different among sites 268 (p<0.01), and there was a significant interaction effect between sites and restoration 269 treatments (p<0.01), but no significant differences between natural and restored sites. The 270 highest DOC (5,526 uM L<sup>-1</sup>) was observed in the natural marsh at the QC site, where DOC 271 concentrations were over four times higher than its restored counterpart (Fig. 2a). At SB and 272 SGF sites, there were generally 10% to 20% higher DOC concentrations in restored marshes 273 than natural reference (Fig. 2a). BC had the lowest DOC in both natural and restored 274 marshes, and there was no difference between them. Porewater sulfate concentration was 275 greatly affected by sites and the interaction of site and restoration types (p<0.01 for both).

276 The highest sulfate concentration (28.1 mM) was observed in BC sites (Fig 2b), which was similar to full-salinity seawater sulfate concentration but was 2-3 times higher than the 277 278 values at other sites. At QC site, sulfate concentration was significantly higher in the 279 restored marsh than the natural marsh. However the opposite pattern was observed at the SGF site (p<0.01). There was no difference in sulfate concentration between restored and 280 281 natural marshes in SB and BC sites (Fig. 2b). The sulfide concentration was very low in 282 comparison to sulfate, as expected. Due to the large variability observed between each 283 sampling events, there were no significant differences among sites or restoration 284 treatments. Porewater chloride concentration was 1-3 times higher at BC sites (over 500 285 mM) compared to other sites. The interaction between sites and restoration treatments also significantly affected chloride concentrations (p<0.01, Fig. 2d). At QC and SGF sites,</li>
there were higher chloride concentrations in natural marshes than restored marshes.
However, at BC site, restored marsh had higher chloride concentrations than natural marsh
(p<0.05, Fig. 2d).</li>

#### 290 Plant biomass

In both 2015 and 2016, restored marshes had higher biomass than their natural references in three out of four sites, with the SGF site serving as an exception with the opposite pattern observed (Fig. 3). At SB site in 2016, we investigated the biomass of two dominant salt marsh communities in restored and natural marsh: *S. alterniflora* and *S. patens. S. patens* generally had higher aboveground biomass than *S. alterniflora* at both restored and natural marsh sites. Moreover, at the SB site, the restored marsh had higher plant biomass than the natural marsh for both *S. patens* and *S. alterniflora* plots.

### 298

#### Gross Ecosystem Production, Ecosystem Respiration and Net Ecosystem Exchange

299 Gross ecosystem production (GEP) varied significantly among sites and restoration 300 treatments, as well as their interactions (P<0.01 for all, Table 2). The full factor LME model 301 showed that restored marshes had on average 2.47 µmol CO<sub>2</sub> m<sup>-2</sup> s<sup>-1</sup> greater (negative 302 values means uptake of atmosphere CO<sub>2</sub>) GEP than natural marshes, but this varied across 303 sites (p<0.01). We further conducted a separate analysis for each site (Fig. 4). At three out of 304 four sites, the restored marsh had significantly higher GEP than the natural reference 305 (p<0.01), while at SGF there was no difference between restored and natural marsh sites 306 (Fig. 4).

Ecosystem respiration (ER) was also typically greater at the restored sites than the natural marsh sites (Fig. 5, p<0.01, Table 2). In QC, BC and SB marshes, the restored site generally had higher ER than natural reference (p<0.01 for QC and BC, p<0.05 for SB, Fig. 5). At SGF, the natural marsh had higher ER than the restored marsh (p<0.01).

Net ecosystem CO<sub>2</sub> exchange (NEE) was generally higher (more negative values means
 higher capability to uptake CO<sub>2</sub>) in the restored marshes (Fig. 6 &Table 2). This pattern was

clear in QC (p<0.05), BC (p<0.01) and SGF sites (p<0.01, Fig. 6). At SB sites, the restored marsh had lower NEE during the Aug. and Sep. 2016 samplings mainly due to the cloudy weather or flooded plots by tides. As a result, we did not observe similar pattern as other three sites. However, in spring and early summer samplings of 2016, the NEE in restored site was higher than natural marsh (Fig. S4 & S5).

318 To examine the species effect during restoration, we conducted gas flux measurements in two dominated plant communities (S. alterniflora and S. patens) in Stony Brook. There 319 320 was significantly higher (more negative) GEP in restored marshes for the two Spartina 321 species (p<0.01, Fig. 7a&b). It was harder to resolve patterns in the ER data, which vaired 322 across species and restoration treatment (p<0.01, Fig. 7c, d), mainly due to the Aug. and 323 Sep. samplings, which experienced cloudy weather (lower PAR) and floodings during the 324 measurement in restored marshes. There was significantly higher ER in restored marsh S. 325 alterniflora communites, but greater ER in natural marsh S. patens community than natural 326 marsh S. alterniflora (p<0.05, Fig. 7d). The NEE data indicate that restored marshes had 327 higher NEE (p<0.01, Fig. 7e), and this pattern varied between species (interaction effect: 328 p<0.01). As we mentioned above, this was mainly due to cloudy weather and flooding 329 conditions in the restored marsh measurements. The reduced data set, derived by filtering 330 out data collected during cloudy weather, indicated that restored marshes had significantly 331 higher NEP than natural marsh at both *S. patens* and *S. alterniflora* communities (Fig. S5). 332 Moreover, S. alterniflora had higher NEP than S. patens communities in either natural or 333 restored marshes (Fig S5. P<0.01).

#### **Factor analysis**

To identify the dominant environmental variables that impact variance in gas flux, two orthogonal latent factors were extracted for the July 2016 data (Fig. 8). The high loadings of GEP, ER, AR, BR, NEE and biomass on Dim 2 suggest strong linkages between these parameters, whereas the relatively small loading of porewater variables (water table, SO<sub>4</sub>, Chloride, Salinity, S<sup>2-</sup>, DOC) and site elevation on this factor indicate relatively small to moderate relationships to CO<sub>2</sub> fluxes components and biomass. Moreover, the similar orientations among biomass and BR indicated aboveground biomass had a closer relation
with BR rather than ER and AR. Soil water-filled pore space (WFPS), temperature and pH had
relative short length in either Dim 1 or Dim 2, indicted their weak relations with CO<sub>2</sub>

344 Comparing across sites, BC site data were generally different than other sites along Dim 345 1, which is mainly related with porewater variables (Fig. 8). Moreover, the relative difference between the restored marsh and natural marsh at BC site was mainly loaded on 346 347 Dim 2, indicating significant biomass and  $CO_2$  flux differences. Whereas at SGF site, the 348 restored and natural marsh difference was mainly loaded onto Dim 1, reflecting differences 349 in porewater chemistry and elevation across the sites. QC restored marsh site had much lower Dim 2 loading, likely resulting from higher biomass and CO<sub>2</sub> fluxes (GEP, ER, AR, BR, 350 351 NEE) than other sites. SB restored and natural marsh sites grouped near each other, 352 irrespectively of species composition.

#### 353 Discussion

354 Salt marsh restoration has been proposed as one potential pathway to mitigate rising 355 atmospheric CO<sub>2</sub> levels (National Academies of Sciences and Medicine, 2018). In this study, 356 we found that biomass and CO<sub>2</sub> gas fluxes in restored marshes, with lower elevation and 357 higher flooding duration, were 50%-100% greater than those in their natural counterpart in 358 three studied sites, where the porewater salinity was comparable between the restored 359 marsh and the natural reference. Previous studies have reported that the duration of 360 flooding controls coastal plant biomass (Cadol et al., 2014; Kirwan and Guntenspergen, 361 2012; Morris et al., 2002). At intraspecies levels, the productivity of marsh plants had a 362 subsidy/stress response to increasing flood frequency (Morris et al., 2013). Marsh biomass 363 and productivity increase with decreasing elevation and increasing flooding frequency, until 364 frequency exceeds the optimum for plant growth. This can create a positive feedback 365 between increased flooding and plant biomass and CO<sub>2</sub> uptake. This feedback was observed 366 at many of the marsh sites in this study.

367 Restored marsh sites generally had similar porewater salinity as their natural reference, indicating that tidal flow was substantially restored to the previously restricted marshes, 368 369 except State Game Farm, which is discussed further below. However, generally lower 370 present-day elevation in the restored sites, relative to their reference sites, suggests that 371 elevation loss and/or diminished accretion rate occurred while the sites were tidally 372 restricted. As a result, flooding duration was greater in the restored marshes. These sites 373 also had higher plant biomass than the natural marsh, indicating that more frequent 374 flooding likely increased plant biomass in both S. alterniflora or S. patens communities (Fig 375 S1). Thus, while these marshes lost elevation due to previous restriction, upon restoration of 376 tidal flow, they had sufficient elevation capital to respond positively to increased flooding. It 377 is likely that the enhanced CO<sub>2</sub> uptake in restored versus natural reference sites observed 378 here will continue until the restored marshes reach the same elevation and flooding frequency as the natural marsh. 379

380 Moreover, species occurrence is largely a function of the flooding regime, as different 381 species are adapted to different degrees of flooding (Morris et al., 2002; Morris et al., 2013). 382 Following tidal restoration, in some cases we observed different salt marsh vegetation 383 species in restored and natural marsh sites. Due to the lower elevation and greater 384 inundation duration in the restored marsh, S. alterniflora was generally the dominant 385 species. For example, the restored marsh sites at SGF and QC were dominated by tall form S. 386 alterniflora, while their natural references were predominantly S. patens and short form S. 387 alterniflora, respectively. This difference in dominant species at natural and restored sites 388 could result in a mixed effect of restoration on gas flux and plant biomass. To separate the 389 species effect from restoration treatment, our second experiment at SB site included both S. 390 patens and S. alterniflora in each of natural and restored treatments. S. patens generally 391 had higher biomass than short form *S. alterniflora* in both restored and natural salt marshes. 392 Both species had significantly greater aboveground biomass in the restored marsh than in 393 the natural reference (Fig. 3). Our interpretation is that this was mainly due to the greater 394 inundation frequency at restored marshes.

395 Other studies have reported the net ecosystem CO<sub>2</sub> exchange (NEE) for New England salt marshes. For example, Moseman-Valtierra et al. (2016) reported that S. alterniflora low 396 397 marsh zones had much higher NEE rate (up to 14  $\mu$ mol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup>) than the nearby high marsh zone, with dominant plant species including *S. patens* (less than 2  $\mu$ mol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup>). 398 At the marshes in the present study, NEE was up to 20  $\mu$ mol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup> at *S. alterniflora* 399 400 sites. We also compared the NEE in both the S. alterniflora and S. patens dominated 401 communities at Stony Brook (SB) marsh, and found S. alterniflora generally had much higher 402 NEP than S. patens in both natural and restored marshes, despite similar elevation across 403 restoration treatment. This species-specific effect on CO<sub>2</sub> emissions in salt marshes suggests 404 S. alterniflora can assimilate more CO<sub>2</sub> than S. patens under similar environmental 405 conditions. Given predicted increases future sea-level rise rates, S. patens dominated high 406 marsh will likely retreat and be replaced by S. alterniflora dominated low marsh (Gonneea 407 et al., 2019; Kirwan and Mudd, 2012; Raposa et al., 2017). If SLR rates do not surpass 408 thresholds for marsh plant survival, we could expect higher CO<sub>2</sub> uptake during the plant 409 community shift, coincident with increasing vertical increments of accommodation space for 410 soil storage, thus promoting higher rates of soil organic matter accumulation (Gonneea et 411 al., 2019), enhancing salt marsh elevation resilience to sea level rise (Kirwan et al., 2016).

412 In the present study, the pattern of ecosystem respiration (ER) between restored 413 marsh sites and their natural references was similar to aboveground biomass variability. ER 414 rates at three restored sites (SB, QC and BC) were higher in the restored marsh than the 415 natural marsh. The opposite pattern was observed at SGF, likely due to the high freshwater 416 input resulting in low coverage of *S. alterniflora* at this site. Thus, plant biomass likely exerts 417 a strong control on ER during the growing season. Ecosystem respiration in this study was up to 25  $\mu$ mol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup>, much higher than the soil respiration rate alone (including root 418 419 respiration and soil microbial respiration) measured at the same marshes (up to 15 µmol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup>, Fig 7). Previous studies of New England salt marshes report soil microbial 420 421 respiration ranging from 1.7 to 7.8  $\mu$ mol CO<sub>2</sub>·m<sup>-2</sup>·s<sup>-1</sup> in peak summer season (Wigand et al., 422 2009). At Great Sippewisset Marsh, Falmouth, Massachusetts, near the sites in this study, 423 Teal and Howes (1996) reported peak (August) soil microbial respiration in S. alterniflora 424 over a seven year period ranged  $3.1-3.7 \mu mol CO_2 \cdot m^{-2} \cdot s^{-1}$ . When we parse respiration into 425 plant aboveground respiration (AR) and soil respiration (BR), we find that AR contributes 426 26%-50% of total ecosystem respiration in these salt marshes. Since salt marsh root biomass 427 is likely higher than shoot biomass (Moseman-Valtierra et al., 2016; Valiela et al., 1976), 428 belowground roots might contribute more to CO<sub>2</sub> emissions than plant shoots 429 (Moseman-Valtierra et al., 2011; Spivak and Reeve, 2015).

430 Long-term salt marsh stability requires soil surface vertical elevation to increase at a 431 rate similar to the local rate of relative sea-level rise (SLR). This process relies on net positive 432 sedimentation of mineral sediment and increasing volume of plant-derived soil organic 433 matter (Fagherazzi et al., 2013). Marsh grass abundance can influence the rate of sediment 434 deposition by slowing water velocity over the marsh platform, thereby promoting 435 deposition (Morris et al., 2002). Changes in marsh plant abundance and biomass can 436 therefore affect both organic matter supply and mineral sediment deposition, and 437 ultimately vertical accretion (Fagherazzi et al., 2013). In the present study, restored marshes 438 (SB, QC and BC sites) generally had greater NEP than natural saltmarsh, indicating a greater 439 rate of supply of plant organic matter. Moreover, the higher biomass can enhance trapping 440 of suspended sediment particles by slowing water velocity, which would further accelerate 441 the sedimentation in restored marsh. In addition, due to the lower elevation in the restored 442 sites, greater flooding frequency, and depth occurred, the ecogeomorphic feedbacks 443 mentioned above tend to increase rates of organic and mineral sediment accumulation as 444 marshes become progressively more flooded. Anisfeld et al. (1999 has observed significantly 445 greater accretion rate ( $\sim$ 10 mm yr<sup>-1</sup>) in restored marsh than in natural marsh (3.6 mm yr<sup>-1</sup>).

Our comparison between restored and natural marshes indicates that recently restored (5 to 10 years) marshes, with similar porewater chemistry and salinity as natural marshes, had greater biomass and NEP than reference sites. Thus, these systems may be poised to have greater C storage and vertical accretion rates after restoration than either prior to restoration or compared to marshes that were never tidally restricted. This capacity to store carbon and build elevation is critical for coastal wetlands restoration as these 452 previously restricted and/or diked marshes experienced substantial loss of elevation and carbon stocks while tidally restricted. The results presented here, in context of 453 454 well-documented ecogeomorphic feedbacks, suggest that enhanced carbon storage rates 455 are likely to continue into the future, until elevation has been regained to a level similar to 456 that in reference marshes. Therefore, the carbon stock deficit that has occurred as a result 457 of decades of tidal restriction may be recouped, given sufficient time, through enhanced net 458 uptake and storage of atmospheric carbon dioxide. However, we should be aware that some 459 restricted tidal wetlands may subside too much to recover vegetation and associated carbon 460 storage without the restoration of elevation in addition to tidal flow. In these cases, 461 engineering practice, like the control of tidal flow or sediment addition may be needed to 462 successfully restore tidal wetlands.

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- 591

## 593 **Tables:**

Sites	Treatment	Dominant Species	Elevation (m)	Salinity (‰)	рН	Flooding Duration (%)
Quivett Creek	Natural	S. alterniflora	1.39±0.01	21.0±0.9	6.97±0.13	13.2±0.3
	Restored	S. alterniflora	1.31±0.01	19.0±0.4	6.72±0.20	17.8±0.6
State Game Farm	Natural	S. patens	1.35±0.01	21.2±1	7.04±0.31	7.2±0.3
	Restored	S. alterniflora	1.25±0.00	10.3±0.5	6.72±0.24	12.0±0.2
Bass Creek	Natural	D. spicata	1.60±0.01	32.8±2.8	6.85±0.10	4.2±0.3
	Restored	S. alterniflora & S. patens	1.58±0.00	33.5±2.4	6.51±0.11	4.9±0.1
Stony Brook	Natural	S. alterniflora	1.46±0.01	18.8±0.5	6.38±0.11	6.2±0.2
	Natural	S. patens	1.46±0.01			5.94±0.1
	Restored	S. alterniflora	1.33±0.01	19.4±0.4	6.16±0.15	14.7±0.1
	Restored	S. patens	1.31±0.01			16.3±0.1

Table 1: Dominant species, elevation (NAVD88), porewater chemistry and flooding
duration for each salt marsh site.

596 Note: SGF: State Game Farm, QC: Quivett Creek, BC: Bass Creek, SB: Stony Brook.

598	Table 2. The p-values of LME model results for gross ecosystem production (GEP), net
599	ecosystem CO <sub>2</sub> exchange (NEE) and ecosystem respiration (ER).

Variables	Restoration Type	Site	Site* Restoration interaction
GEP	<0.01	<0.01	<0.01
NEE	<0.01	<0.01	<0.01
ER	<0.01	<0.01	<0.01

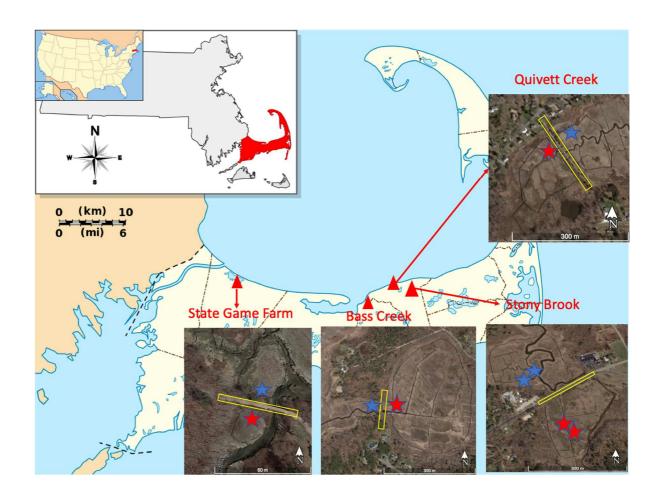


Fig 1. The location of research sites in Cape Cod, MA, USA. Red stars indicate restored marsh
 GHG and biomass sampling sites; Blue stars indicate natural reference marsh GHG and
 biomass sampling sites; Yellow rectangles indicated the locations at each site where tidal
 restriction was removed.

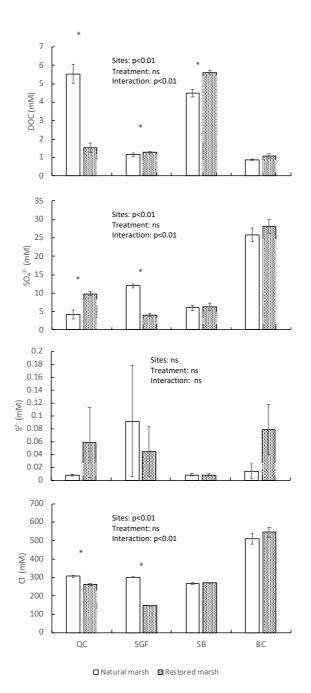
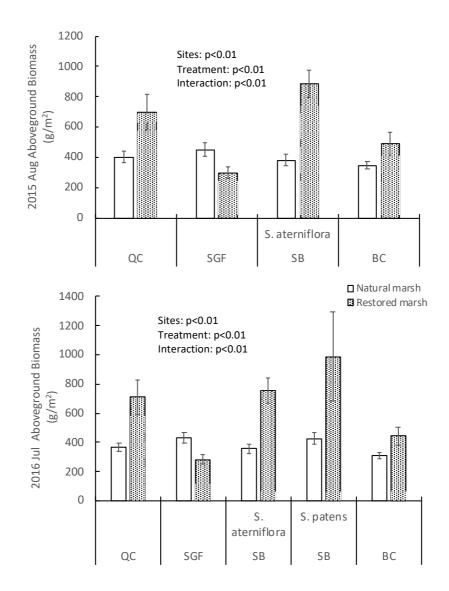


Fig. 2 Porewater chemistries in Cape Cod restored and natural salt marshes. DOC: Dissolved organic carbon, SGF: State Game Farm, QC: Quivett Creek, BC: Bass Creek, SB: Stony Brook.

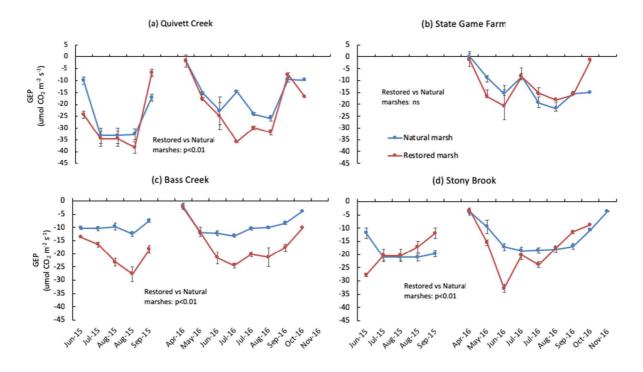
613 Treatment effect is the difference between restored marsh and natural marsh. Error bars

614 indicate one SE.



617 Fig. 3. Aboveground dry biomass in 2015 and 2016 at restored and natural salt marsh sites

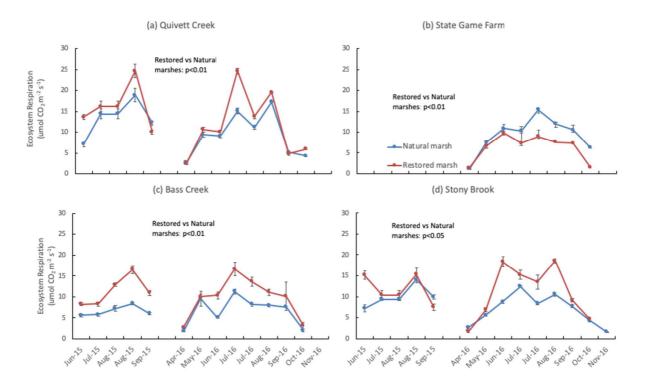
618 in Cape Cod, MA, USA. SGF: State Game Farm, QC: Quivett Creek, BC: Bass Creek, SB: Stony
619 Brook. Error bars indicate one SE.



622 Fig 4. Gross ecosystem production (GEP) at restored (red) and natural (blue) marshes in four

623 sites at Cape Cod, MA. The negative GEP values means uptake of atmosphere CO<sub>2</sub>. Error

624 bars indicate one SE.



627 Fig 5. Ecosystem respiration (ER) in restored (red) and natural (blue) marshes at four sites on

628 Cape Cod, MA, USA. Three marshes have greater ER in the restored site, while the opposite 629 is observed at State Game Farm. Error bars indicate one SE.

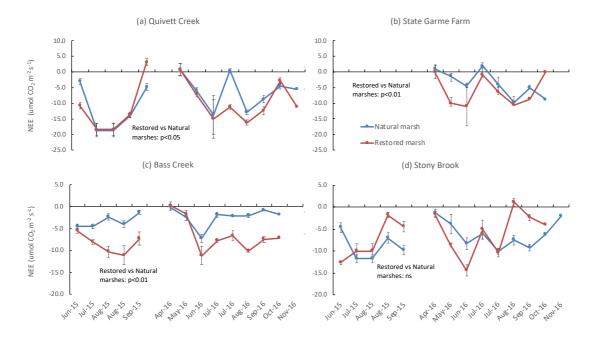
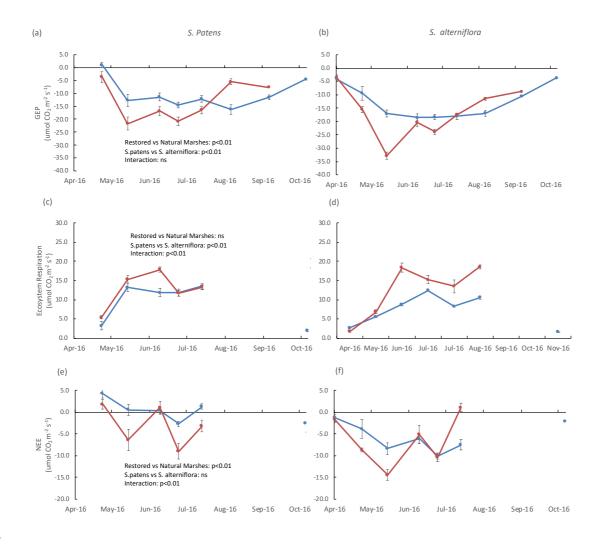
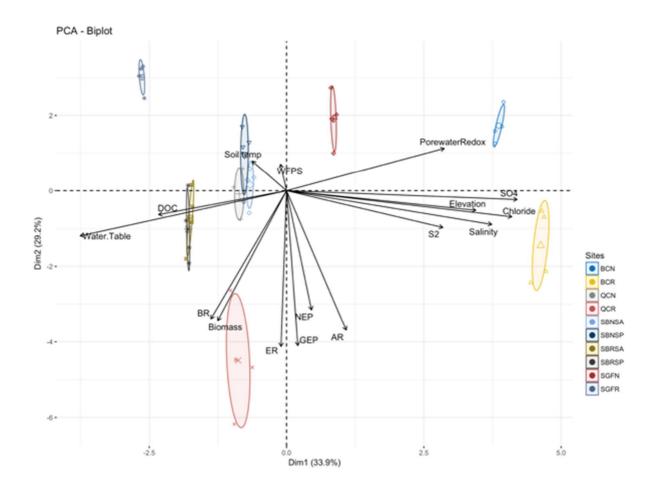


Fig. 6. Net ecosystem CO<sub>2</sub> exchange (NEE) in restored and natural marshes in four sites at
Cape Cod, MA, USA. The statistical results between restored and natural marshes in each
site were shown in each panel. The negative GEP values means uptake of atmosphere CO<sub>2</sub>.
Error bars indicate one SE.



638 Fig. 7 GEP, ER and NEE of *S. patens* and *S. alterniflora* communities at natural and restored

639 salt marshes in Stony Brook site in 2016. Error bars indicate one SE.



642 Fig. 8 Biplot showing relative orientations and interrelations of environmental properties and different CO<sub>2</sub> fluxes components in July 2016 sampling for salt marsh data. Percentage 643 644 explained by each dimension (Dim) is given in parentheses. Dim. 1 and 2 retained about 63.1% 645 (33.9% + 29.2%) of the total information contained in salt marsh data. Positively correlated 646 variables point to the same side of the plot, while negatively correlated variables point to 647 opposite sides of the graph. Individual sites were shown as different points. Each colored ellipse represents one Site, and the size of the ellipse indicated its 95% confidence. 648 GEP=gross ecosystem production, ER=ecosystem respiration, NEP=net ecosystem CO<sub>2</sub> 649 650 exchange, AR = aboveground plant respiration, BR=soil respiration (including root 651 respiration and microbial respiration), Biomass = aboveground biomass, WFPS=soil 652 water-filled pore space, S2= sulfide concentration in porewater, SO4=sulfate concentration 653 in porewater. SBNSA=Stony brook natural marsh S. alterniflora zone, SBNSP=Stony brook 654 natural marsh S. patens zone, SBRSA=Stony brook restored marsh S. alterniflora zone, 655 SBRSP=Stony brook restored marsh S. patens zone, BCN= Bass creek natural marsh, 656 BCR=Bass creek restored marsh, SGFN=State game farm natural marsh, SGFR=State game farm restored marsh, QCN= Quivett creek natural marsh, QCR=Quivett creek restored 657 658 marsh.

# Graphical abstract



The photos showing the tidal channel before (A) and after restoration (B) at Bass creek, Barnstable, MA, USA. Our study indicated that successful restoration of salt marshes leads to greater rates of C sequestration for a decade, at minimum. Moreover, the negative relationship between elevation and plant productivity suggested that sea level rise may lead to enhanced sedimentation, extending marsh survival under the increased sea level, and recouping carbon stocks that were lost during tidal restriction periods.