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4 **BRIEF COMMUNICATION**

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6 **Growth and maturation of the redlip parrotfish *Scarus rubroviolaceus***

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13  
14 Running headline: GROWTH AND MATURATION OF *S. RUBROVIOLACEUS*

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20 This study presents age-based life-history information for the red lip parrotfish *Scarus*  
21 *rubroviolaceus* based on a 5 year sampling programme from the commercial fishery of American  
22 Samoa. Females reached sexual maturity at 31.9 cm fork length ( $L_F$ ) and 2.6 years and sex  
23 change occurred at 42.3 cm  $L_F$ , although not all females change sex through their ontogeny. The  
24 maximum observed age was 14 years and *c.* 65% of the fishery harvest was above the median  $L_F$   
25 at sex change.

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28 Key words: American Samoa; life history; maturation; otoliths; parrotfish; reproductive biology.

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33 Parrotfishes (Labridae: tribe Scarinae) are a highly ubiquitous component of coral-reef faunal  
34 assemblages and bolster the functional diversity on reefs through processes of scraping and bio-  
35 eroding benthic substrata (Bellwood & Choat, 1990; Bellwood 1995*a,b*). They are also highly  
36 prevalent components of reef-associated commercial, artisanal and subsistence fisheries  
37 throughout the tropics, with the majority of species being actively targeted. Larger-bodied  
38 parrotfish species are particularly vulnerable to overexploitation (Jennings *et al.*, 1999; Hawkins  
39 & Roberts, 2003; Clua & Legendre, 2008; Mumby *et al.*; 2013 Taylor *et al.*, 2014), but a dearth  
40 of location-specific life-history information often hinders stock assessment of this group.

41 The redlip parrotfish *Scarus rubroviolaceus* Bleeker 1847 is a relatively large-bodied,  
42 dichromatic protogynous species that is broadly distributed from the Red Sea and eastern Africa  
43 across to the eastern Pacific Ocean (Fitzpatrick *et al.*, 2011). The species is common on fringing  
44 reefs characterized by high wave action (Taylor *et al.*, 2015) and represents a major food

45 resource in many locations across its range. In the United States associated islands of the Pacific  
46 Ocean, *S. rubroviolaceus* is of prime importance to commercial fishers. It represents the highest  
47 landed scarid species by mass in Hawaii, the Commonwealth of the Northern Mariana Islands  
48 and American Samoa and is the third highest in Guam (Houk *et al.*, 2012; DeMartini & Howard,  
49 2016; NOAA Commercial Fisheries Bio-Sampling Program, unpubl. data). Among these four  
50 locations, *S. rubroviolaceus* achieves the highest average density in American Samoa (CREP  
51 PIFSC, 2016), where the prevalence of low complexity fringing reef provides ideal habitat for  
52 the species across the Samoan Archipelago.

53 Preliminary estimates of growth and life span for *S. rubroviolaceus* from American  
54 Samoa were presented by Page (1998) to bolster regional management efforts. The present study  
55 expands on this work by deriving life-history information of value to fisheries management  
56 based on fishery-dependent collections spanning a 5 year period. In particular, estimates of  
57 growth, life span, length and age at female maturation and length at sex change are presented.  
58 The findings are discussed with regard to regional management of the species and variation in  
59 life-history trait values across bio-geographic regions based on comparison with other studies.

60 From October 2010 to September 2015, the coral-reef associated commercial fishery of  
61 Tutuila, American Samoa, was surveyed by Commercial Fisheries Bio-Sampling Program staff  
62 twice weekly (Sundberg *et al.*, 2015). During sampling times, all landed fishes were identified to  
63 the lowest taxonomic level, measured to the nearest 0.1 cm fork length ( $L_f$ ) and weighed to the  
64 nearest g (total mass,  $M_T$ ). The majority of the species and individuals targeted in American  
65 Samoa commercial markets come from night-time spear fishing. A sub-sample of the harvested  
66 *S. rubroviolaceus* was purchased opportunistically and later processed for life-history analysis.  
67 Opportunistic purchasing was performed using a random sampling design so that resultant  
68 length-frequency distributions reflected those of the fishery. From each purchased specimen,

69 sagittal otolith pairs were extracted, cleaned and stored dry and gonads were extracted,  
70 macroscopically staged as male or female, weighed to the nearest 0.001 g (gonad mass,  $M_G$ ) and  
71 stored in 10% buffered formalin solution.

72 Age was determined for specimens through interpretation of sectioned sagittal otoliths.  
73 One otolith from each pair was weighed to the nearest 0.0001 g and affixed to a glass slide using  
74 thermoplastic glue (Crystalbond 509, Aremco; www.aremco.com), with the primordium located  
75 just inside the edge of the slide and the sulcul ridge perpendicular to the slide edge. The otolith  
76 was ground to the slide edge using a 600 grit diamond lapping disc on a grinding wheel along the  
77 longitudinal axis. The otolith was then removed and re-affixed to a clean slide with the flat  
78 surface against the slide face and ground to produce a thin transverse section *c.* 200  $\mu\text{m}$  thick,  
79 encompassing the core material. Finally, the exposed section was covered in thermoplastic glue  
80 to improve clarity of microstructures. Sections were examined twice and age in years was  
81 estimated by counting annuli (alternating translucent and opaque bands) along a consistent axis  
82 on the ventral side of the sulcul ridge, using transmitted light on a stereo microscope. When the  
83 two age estimates differed, a third blind read was conducted. Age in years was assigned when  
84 two age assignments agreed, which occurred for all specimens.

85 Sex-specific and combined growth patterns were modelled using the von Bertalanffy  
86 growth function (VBGF), represented by  $L_t = L_\infty [1 - e^{-K(t-t_0)}]$ , where  $L_t$  is the predicted  $L_F$   
87 (cm) at age  $t$  (years),  $L_\infty$  is the mean asymptotic  $L_F$ ,  $K$  is the coefficient used to describe the  
88 curvature of growth towards  $L_\infty$  and  $t_0$  is the theoretical age at which  $L_F$  equals zero, as  
89 described by  $K$ . Fitted growth curves were constrained ( $y$ -intercept) to a common length at  
90 settlement taken as  $L_0 = 1.5 \text{ cm } L_F$  (Bellwood & Choat, 1989).

91 Gonad material from specimens was histologically processed at the University of Hawaii  
92 School of Medicine to validate macroscopic sex assignments and determine stages of maturation.

93 Sections of gonad were embedded in paraffin wax, sectioned transversely at 6  $\mu\text{m}$  and stained on  
94 microscope slides with haematoxylin and eosin. Histological preparations were viewed under  
95 compound and dissecting microscopes and the developmental stages were classified using the  
96 standardized terminology of Brown-Peterson *et al.* (2011).

97 Estimates of  $L_F$  and age at 50% female sexual maturity ( $L_{50}$  and  $t_{50}$ , respectively) and  $L_F$   
98 at 50% sexual transition ( $L_{50}$ ) from female to male were estimated based on histological features  
99 of gonad material. For  $L_{50}$ , proportional frequencies of immature and mature females across 2 cm  
100 size classes were fitted with a logistic curve:  $p = \{1 + e[-\ln(19)(L - L_{50})(L_{95} - L_{50})^{-1}]\}^{-1}$ ,  
101 where  $p$  is the predicted proportion of mature females at a given length ( $L$ ) and  $L_{50}$  and  $L_{95}$  are  
102 the  $L_F$  at 50% and 95% maturity, respectively. Curves were fitted by minimizing the binomial  
103 maximum likelihood and corresponding 95% C.L. for each parameter were derived by bootstrap  
104 resampling through 1000 iterations.

105 Spawning seasonality was investigated by plotting gonado-somatic index values [ $I_G =$   
106  $M_G(M_T - M_G)^{-1}100$ ] of mature female specimens across the calendar year.  $I_G$  data from 2010 to  
107 2015 were aggregated by calendar month as interannual sample numbers were too small to detect  
108 reproductive patterns. Potential peaks in mean  $I_G$  values were interpreted as increased  
109 reproductive activity.  $I_G$  values were also regressed against lunar day for all mature female data  
110 combined to examine patterns across the lunar month.

111 To examine geographic variability in age-based demography, estimates of life span  
112 (maximum age derived from otoliths of sampled specimens) and asymptotic  $L_F$  ( $L_{\infty}$  from VBGF  
113 constrained to *c.* 1.2 to 2.0 cm  $L_F$   $y$ -intercept) were collated from American Samoa (present  
114 study), the northern Great Barrier Reef (Choat & Robertson, 2002; J. Choat, unpubl. data), Guam  
115 (Taylor & Choat, 2014), Hawaii (Howard, 2008; E. E. DeMartini, unpubl. data), Oman  
116 (Sabetian, 2010; J. Choat, unpubl. data), Seychelles (Grandcourt, 2002), Solomon Islands

117 (Sabetian, 2010), Taiwan (Sabetian, 2010; B. Taylor, unpubl. data) and Yap (B. Taylor, unpubl.  
118 data), spanning from 14.6° S to 22.6° N. Life span and asymptotic  $L_F$  were regressed against  
119 satellite-derived sea surface temperature (SST, °C) from each location (2004–2009 monthly  
120 average, Pathfinder database 5.2; <https://www.nodc.noaa.gov/SatelliteData/pathfinder4km/>) to  
121 examine responses of each variable across the range of SST.

122 In total, 4980 *S. rubroviolaceus* specimens were surveyed at the commercial market; 395  
123 were purchased for life-history analysis and biological materials were extracted from 273. Of  
124 these 273, only 236 otolith pairs and 172 gonads were obtained for laboratory processing.  
125 Because of these discrepancies, true randomness in the catch could not be assumed and therefore  
126 age structure or mortality information are not presented from catch curves. Purchased specimens  
127 ranged from 17.9 to 54.5 cm  $L_F$  and 1 to 14 years of age. Males had a considerably greater mean  
128  $L_F$  at age, whereas sampled females comprised the only individuals ( $n = 3$ ) recorded above 7  
129 years old (Fig. 1). The estimated  $L_\infty$  for females and males was 40.6 and 47.8 cm  $L_F$ ,  
130 respectively, with a combined estimate of 42.7 cm  $L_F$  for the species in American Samoa. Female  
131 *S. rubroviolaceus* reached reproductive maturity at 31.9 cm  $L_F$  [ $L_{50}$ ; Fig. 2(a)] and 2.6 years [ $t_{50}$ ;  
132 Fig. 2(b)]. The species was found to change sex between *c.* 27 and 45 cm  $L_F$ , with a  $L_{50}$  estimate  
133 of 42.3 cm  $L_F$  [Fig. 2(c)]. A summary of growth, maturation and sex change model parameters  
134 with associated 95% C.L. is provided in Table I. The modal  $L_F$  class harvested by the American  
135 Samoa commercial fishery between 2010 and 2015 was 37 cm. In total, 65% of harvested  
136 individuals were above  $L_{50}$  and 15% were above  $L_{50}$  [Fig. 2(d)].

137 There was little evidence of strong seasonality in annual reproductive timing; however,  $I_G$   
138 plots suggested that reproductive activity gradually increased in winter months and was lowest in  
139 summer months (Fig. 3). There was no relationship identified between lunar period and mean  $I_G$   
140 value.

141           These results demonstrate that *S. rubroviolaceus* is a relatively longer-lived species  
142 compared with other parrotfishes and reaches its asymptotic length in *c.* 4–5 years. The  
143 maximum age of 14 years matches that previously reported by Page (1998) based on a limited  
144 fishery-independent sample from Tutuila. In the present study, only three individuals exceeded 7  
145 years of age, probably reflecting truncation of ages as a result of fishery selection and pressure.  
146 Hence, actual life span of the species in American Samoa may be greater than represented. The  
147 species reached 50% female maturity at 75% of its estimated asymptotic  $L_F$ , which is similar to  
148 ratios from Hawaii (68%; Howard, 2008; DeMartini & Howard, 2016) and Guam (72%; Taylor  
149 & Choat, 2014) for the same species.

150           The parameter values and confidence regions presented here have direct utility to stock  
151 assessment. Because final sample distribution from market sampling for life-history analysis was  
152 non-random, resultant age-frequency distributions did not reflect those of the fishery. Hence,  
153 reliable estimates of age-based mortality were not derived. The sampling programme, however,  
154 did derive five consecutive years of high-resolution length-frequency data that were  
155 representative of the commercial fishery market, thus providing a robust framework that could be  
156 applied through length-based assessment models to calculate spawner potential ratio (Nadon *et*  
157 *al.* 2015; Prince *et al.*, 2015). Coupling the 2010–2015 data with similar market surveys  
158 conducted by Page (1998) in 1997–1998, suggests that both the mean and modal  $L_F$  of harvested  
159 *S. rubroviolaceus* has gradually decreased across the near-two decade period, although not at the  
160 level observed in Guam, where the estimated annual decline in mean  $L_F$  for *S. rubroviolaceus*  
161 was 3.4 times greater in magnitude (Taylor *et al.*, 2014). This decrease was not reflected in  
162 comparison with proportional harvest frequencies between the two time periods where *S.*  
163 *rubroviolaceus* has consistently represented *c.* 20% of the parrotfish harvest. This is surprising  
164 given that the 1990s surveys were dominated by scuba spear-caught individuals, a method that

165 has since been banned (Green, 2003). Any sustained decline in mean length of a harvested  
166 species, however, warrants further investigation to ensure long-term sustainability (Jeffrey *et al.*,  
167 2017).

168 Despite five consecutive years of market sampling, little resolution was achieved to  
169 determine annual patterns of spawning periodicity. An increase in mean  $I_G$  values during winter  
170 months (peak, July–August) suggests that reproductive activity may increase during this period,  
171 but it is clear that no stark peaks in reproduction occur temporally for this species. DeMartini &  
172 Howard (2016) demonstrated a pronounced peak in  $I_G$  values for the same species during late  
173 winter in Hawaii, where temporally distinct patterns of reproduction would be more likely with  
174 increased seasonality at greater latitude (Conover, 1992). Most scarines have prolonged  
175 spawning seasons with reproductive events co-ordinated with outgoing tidal currents, but little  
176 else is known regarding reproductive cycles of *S. rubroviolaceus* (Colin & Bell, 1991).

177 Although few detailed assessments of age-based demography have been published for *S.*  
178 *rubroviolaceus*, length-at-age estimates have been derived from across a wide geographic range.  
179 Existing data across nine distinct locations demonstrate considerable physiological responses in  
180 age-based demography to SST (Fig. 4). Estimates of both maximum observed age and  
181 asymptotic  $L_F$  decreased with increasing SST, which conforms to metabolic theory in ectotherms  
182 across temperature gradients (Robertson *et al.*, 2005; Trip *et al.*, 2014). This relationship was  
183 significant (linear regression model,  $R^2 = 0.47$ ,  $F_{1,8} = 6.14$ ,  $P < 0.05$ ) for asymptotic length, but  
184 not for maximum age ( $R^2 = 0.31$ ,  $F_{1,8} = 3.13$ ,  $P > 0.05$ ). Variability in observed maximum age  
185 from the expected is probably influenced by inconstant fishing pressure among locations and  
186 potentially insufficient sample sizes for estimating life span at some locations. Size-selective  
187 fishing pressure has a direct influence on observed (but not metabolic) lifespan in populations  
188 and locations that are heavily fished or under-sampled increase the likelihood of underestimating

189 life span. Asymptotic  $L_F$  is more robust to these issues, but is also heavily influenced in marine  
190 fishes by ocean productivity, which facilitates resource quantity and quality. For instance, the  
191 location with the largest positive residual (*i.e.* larger than predicted based on regression with  
192 SST) in Fig. 4(b) was the sample from Oman, where seasonal monsoon upwelling generates  
193 ocean productivity values (Savidge *et al.*, 1990; measured as chlorophyll-*a* concentration) in the  
194 range of nine to 50 times higher than other locations presented here (data satellite-derived from  
195 the Aqua MODIS data base; [https://neo.sci.gsfc.nasa.gov/view.php?datasetId=MY1DMM\\_CHLORA](https://neo.sci.gsfc.nasa.gov/view.php?datasetId=MY1DMM_CHLORA)).  
196 Compared with length-at-age information, much fewer data exist regarding the reproductive  
197 biology of *S. rubroviolaceus* from across its range. Similar variability in schedules of maturation  
198 and sex change, however, can be expected as those seen for length-at-age and life span because  
199 life-history traits are physiologically linked (de Magalhães *et al.*, 2007).

200 In summary, this study provided a robust demographic baseline for informing  
201 management of the most highly targeted parrotfish species in American Samoa and identified  
202 signs of decreasing  $L_F$  over time in the fishery harvest. Further, it demonstrated that life-history  
203 traits vary widely across the geographic range of *S. rubroviolaceus* in relation to SST and  
204 potentially ocean productivity, a trend increasingly recognized for marine ectotherms. As a large-  
205 bodied and heavily targeted species throughout much of its range, further demographic research  
206 is warranted to tease apart the influence of environmental and anthropogenic factors on life span,  
207 body size and schedules of maturation.

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