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Bottom-up processes mediated by social systems drive demographic traits of coral-reef fishes

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31 **Abstract.** Ectotherms exhibit considerable plasticity in their life-history traits. This plasticity can
32 reflect variability in environmental and social factors, but the causes of observed patterns are
33 often obscured with increasing spatial scales. We surveyed dichromatic parrotfishes across the
34 northern Great Barrier Reef to examine variation in body size distributions and concomitant size
35 at sex change ($L_{\Delta 50}$) against hypotheses of directional influence from biotic and abiotic factors
36 known to affect demography. By integrating top-down, horizontal, and bottom-up processes, we
37 demonstrate a strong association between exposure regimes (which are known to influence
38 nutritional ecology and mating systems) and both body size distribution and $L_{\Delta 50}$ (median length
39 at female-to-male sex change), with an accompanying lack of strong empirical support for other
40 biotic drivers previously hypothesized to affect body size distributions. Across sites, body size
41 was predictably linked to variation in temperature and productivity, but the strongest predictor
42 was whether subpopulations occurred at sheltered mid and inner shelf reefs or at wave-exposed
43 outer shelf reef systems. Upon accounting for the underlying influence of body size distribution,
44 this habitat-exposure gradient was highly associated with further $L_{\Delta 50}$ variation across species,
45 demonstrating that differences in mating systems across exposure gradients affect the timing of
46 sex change beyond variation concomitant with differing overall body sizes. We posit that
47 exposure-driven differences in habitat disturbance regimes have marked effects on the nutritional
48 ecology of parrotfishes, leading to size-related variation in mating systems, which underpin the
49 observed patterns. Our results call for better integration of life-history, social factors, and
50 ecosystem processes to foster an improved understanding of complex ecosystems such as coral
51 reefs.

52

53 **Keywords:** life-history variation, reaction norm, sex allocation, resource variability, parrotfishes,
54 structural equation model, sex change

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56

INTRODUCTION

57 Phenotypic traits in organisms often show considerable variability across space or time,
58 representing adaptive responses to changes in the surrounding environment (Fagen 1987). The
59 response capacity of a genotype to external conditions, manifested as phenotypic plasticity,
60 allows individuals or populations to persist within a range of environments by optimizing
61 regional fitness to maximize survival (Bradshaw 1965, Schlichting and Pagliucci 1998). The
62 resulting patterns of phenotypic variability can be measured as reaction norms across
63 environmental or anthropogenic gradients and are observed across a variety of spatial and
64 temporal scales (Schmalhausen 1949, Schlichting and Pagliucci 1998). A species' inherent
65 capacity to adapt to local conditions by altering its physiological rates helps explain species-
66 specific distributions on both regional (10–100s km) and biogeographic scales (1000s km) and
67 can facilitate predictions of population and ecosystem dynamics under changing environmental
68 conditions (Munday et al. 2008). Life-history traits, such as growth rate or age at maturity, are
69 the embodiment of physiological processes in organisms. Understanding how and why such
70 traits vary provides a link between ecological and evolutionary mechanisms, their response to
71 prevailing biotic and environmental conditions, and biogeochemical pathways within ecosystems
72 (Warner 1991, Agrawal 2001, Hutchings 2011). Thus, examination of trait variability can
73 provide a powerful path to understanding spatio-temporal variation in fundamental ecosystem
74 processes.

75 Sex allocation theory (Charnov 1982) provides a framework for understanding the
76 advantage of resource distribution among males and females in a population. Stemming from this
77 framework, the size-advantage hypothesis (Ghiselin 1969) predicts that protogynous
78 hermaphroditism will be favored when size-mediated reproductive value increases at a greater
79 rate in males than females (Warner 1975), with the male-female intercept of reproductive value
80 representing the optimal size at which to change sex in a population. Hence, within a species,
81 variability in the size of sex change is strongly linked to extant body size distributions (Allsop
82 and West 2003, Gardner et al. 2005), but is also influenced by social factors such as mating
83 system. Features of the surrounding environment can affect population dynamics within a
84 species, leading to alternative mating behaviors across space (Henson and Warner 1997). These
85 alternative mating behaviors, such as territorial harem behaviors versus group spawning, can
86 modify the reproductive values of males and females across size or age classes within a species
87 (Warner 1975), thus influencing the timing of sex change or even the decision of whether to

88 change sex. However, because of the interrelated nature of life-history processes, teasing apart
89 the factors regulating such processes is challenging (Schaffer 2004). Accomplishing this in a
90 holistic manner requires a study system spanning a spatial scale encompassing a broad spectrum
91 of environmental variability.

92 Coral reefs represent one of the most diverse and dynamic ecosystems on Earth. Coral reef
93 fishes are known to display a wide range of social and reproductive systems and are subject to a
94 multitude of environmental and biological factors, including small-scale variability in water
95 quality, wave exposure, ambient temperature, habitat complexity, resource availability,
96 competitive interactions, and lethal and sub-lethal effects of predation (Sale 2002, Mora 2015). A
97 substantial body of literature suggests that these factors yield adaptive responses in life-history
98 traits such as growth rate, body size, mortality, life span, and reproductive dynamics (Warner and
99 Hoffman 1980, Robertson et al. 2005, Ruttenberg et al. 2005, Munday et al. 2006, Taylor 2014).
100 To date, one of the most conspicuous and consistent patterns of variation in life-history traits has
101 been observed over small scales (≤ 20 km) between sheltered and exposed reefs on a longitudinal
102 gradient (Gust et al. 2002, Gust 2004). This pattern revealed higher mortality, smaller size-at-
103 age, shorter life spans, earlier reproductive development, and greater proportions of initial phase
104 primary males (a male alternative reproductive behavior determined prenatally and with
105 implications to the mating system) on exposed outer shelf reefs versus the sheltered mid shelf
106 reefs, and this outcome was linked to differences in competition and predation. These patterns
107 provided a rationale for identifying biotic top-down and horizontal processes as primary drivers
108 of demographic variation (Gust et al. 2002). However, reef ecosystems are also subject to
109 markedly different environmental conditions at large spatial scales. This variation is reflected in
110 differing patterns of reef configuration, hydrodynamics, or history and frequency of disturbance,
111 and is especially relevant to reef systems that span latitudinal gradients sufficient to reflect
112 changes in sea surface temperature. Yet, the relative extent to which biological factors are
113 pertinent drivers of demography over a gradient extensive enough to reflect geographic-scale
114 environmental variation is unknown.

115 Scaling up analyses of life-history features to allow investigation over an appropriate
116 geographic scale is important to investigate the extent to which small- and broad-scale processes
117 contribute to the demographic patterns we find today. We examine drivers of trait variability
118 using a multi-scale design across 6° of latitude spanning the northern half of the Australian Great

119 Barrier Reef (GBR). This system includes significant environmental variation on both
120 longitudinal (wave exposure gradient of 40–100 km) and latitudinal (≤ 1000 km) axes. In
121 recognizing that various environmental and biotic factors in complex natural systems are
122 interdependent and hierarchically structured, we use a structural equation modelling framework
123 to test hypothesized pathways that yield striking differences in body size distributions observed
124 between shelf environments. We then focus on variability in the relationship between body size
125 and length of female-to-male sex change in parrotfishes, traits that are heavily linked to
126 physiological processes of growth and maturity, as well as with social demography and
127 surrounding environment (Shapiro 1991). By examining covariance among environmental
128 gradients and reaction norms of trait variability, the present study represents the first rigorous
129 holistic test of multiple, hierarchical drivers of life-history variation in reef fishes in the absence
130 of direct human exploitation on the study species.

131

132

METHODS

133 We surveyed 82 sites within 31 reefs along 6° of latitude on the northern GBR, Australia
134 (Fig. 1A), where parrotfishes are not exploited by humans. Surveys were conducted during Sep-
135 Oct 2014, using diver-operated stereo-video along 40-min timed swims (5 m wide), with a towed
136 GPS on a surface buoy showing an average speed of 20.3 m min^{-1} ($\pm 3.98 \text{ m min}^{-1}$ S.D.). Surveys
137 were conducted on the outer reef slopes at 6–10 m depth and were stratified across two shelf
138 positions (exposed and sheltered) and three management zones (no entry, no fishing, and fishing
139 allowed; Appendix S1: Table S1). All surveys were conducted on seaward (east-facing) reef
140 slopes of sheltered (inner and mid shelf) and exposed (outer shelf) reefs. Parrotfish surveyed by
141 stereo-video were measured to the nearest mm fork length and recorded by color phase (initial or
142 terminal phase) using the EventMeasure software (seagis.com.au). A second diver visually
143 surveyed all sharks, carangids, and other large mobile piscivores along a wider transect (20 m
144 wide), and lengths and abundances of smaller predators were determined from video analysis.

145 We estimated the median length at female-to-male sex change ($L_{\Delta 50}$) by site of the four most
146 common parrotfish species with dichromatic coloration on video surveys (*Chlorurus spilurus*,
147 *Scarus frenatus*, *S. psittacus*, and *S. schlegeli*) at both exposed and sheltered habitats (Fig. 1B).
148 Either a logistic model (see *Data Analysis* section) fitted to relative proportions of initial and
149 terminal phase individuals across the various length classes, or the midpoint between the largest

150 initial phase and smallest terminal phase individual (when lengths of color phases did not
151 overlap) was used to estimate $L_{\Delta 50}$ by species and site. The use of color phase is a highly robust
152 proxy for estimating functional sex change in parrotfishes, and the potentially confounding
153 presence of initial phase primary males has a minor effect on $L_{\Delta 50}$ estimates (Taylor 2014). We
154 further estimated a proxy to represent the high-range of the length frequency distribution for each
155 species by site using the 95th quantile of length (L_{max}). This approach provided a ‘buffered’
156 estimate of maximum length because actual observed maximum length can vary by breadth of
157 exposure to the population.

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Environmental data

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We measured a range of environmental factors known or hypothesized to influence life-history variation either directly or indirectly (Appendix S1: Table S2). Species-specific densities (individuals ha^{-1}) were estimated from standardized video surveys and represented the intensity of intraspecific competition. Species richness was treated as the total number of parrotfish species observed at a site and was highly correlated with more complex diversity measures. Predator biomass (as a proxy for the prevailing level of predation) represented the mean biomass density of all species (using appropriate size classes) known or highly suspected to prey upon parrotfish species based on an exhaustive literature search regarding diets and length-weight ratios of piscivores surveyed. Reef area (in hectares), reef slope (0–90°; mean of ten measurements per site from random video frames), habitat rugosity, and coral cover (1–5 scale; mean of ten estimates per site from random video frames) were measured to represent potential features of the environment influencing carrying capacity or spawning dynamics across reefs. Metabolic rates of ectothermic primary consumers are also influenced by sea surface temperature (SST) and primary production; hence, we acquired remotely-sensed SST as well as chlorophyll-A (Chl-A) data as a proxy for benthic productivity (Appendix S1: Table S2). Importantly, while satellite-derived SST can be a high-quality reflection of ambient SST (Kilpatrick et al. 2015), the relationship between satellite-derived pelagic Chl-A and benthic productivity can be highly tenuous (Gove et al. 2013), especially for complex ecosystems such as the GBR. However, the relative differences in estimated productivity values across regions and shelf positions were broadly similar to those of *in-situ* measurements of chlorophyll sampling stations across geographically comparable locations of the GBR (Brodie et al. 2007). Nevertheless, with such a

181 coarse measure of primary productivity, the relative effects here should be interpreted with
182 caution.

183 A primary determinant of sex change dynamics is the prevailing type of mating system.
184 While it was not feasible to collect empirical data on mating systems across the scale of the
185 study, Gust (2004) found pronounced differences in the reproductive biology of *C. spilurus*
186 populations, implying sheltered populations had almost exclusively harem territorial systems,
187 whereas territoriality was less pronounced (suggesting increased rates of group spawning) at
188 exposed outer shelf reefs. In the absence of this information for our sites, we used shelf position
189 to represent variation in exposure as well as a proxy for concomitant differences in mating
190 systems, as it relates to timing of sex change.

191

192 *Data Analysis*

193 We first examined the consistency and ubiquity of trends in $L_{\Delta 50}$ across exposure levels.
194 Relative proportions of initial and terminal phase individuals across length classes were pooled
195 by exposure regimes and fitted with logistic models for each species following $P_L =$
196 $\{1 + e^{-\ln(19)(L-L_{\Delta 50})/(L_{\Delta 95}-L_{\Delta 50})}\}^{-1}$, where P_L is the estimated proportion of terminal phase
197 individuals at a given length (L), 19 represents the number of breakpoints to the 95th quantile in a
198 cumulative density function ($19/20 = 0.95$; Haddon 2001), and $L_{\Delta 50}$ and $L_{\Delta 95}$ are the length at
199 50% and 95% sex change, respectively. We generated corresponding 95% confidence ellipses
200 surrounding $L_{\Delta 50}$ and $L_{\Delta 95}$ estimates for comparison by bootstrap resampling through 1000
201 iterations.

202 We then devised an integrated set of hypotheses to explain patterns in L_{max} (penultimate
203 response variable) and $L_{\Delta 50}$ (ultimate response variable) across all sites surveyed in the study
204 (Fig. 1C). We included three exogenous variables (*Shelf position* [ordinal; 0 = sheltered, 1 =
205 exposed], *Protection zone* [ordinal; 0 = fishing allowed, 1 = no fishing zone, 2 = no-entry zone]),
206 and *Latitude* [absolute degrees latitude South]) and nine endogenous variables (Sea Surface
207 Temperature [*SST*], *Productivity* [*Chl-A*], *Coral cover*, *Rugosity*, *Predator biomass*, *Intraspecific*
208 *density*, *Species richness* [of parrotfish], L_{max} , and $L_{\Delta 50}$). Habitat variables *Coral cover*, *Rugosity*,
209 *Reef area*, and *Slope* were assessed independently before full model construction and non-
210 significant variables *Reef area* and *Slope* were eliminated to avoid over-parameterization of the
211 resultant models and to improve clarity of the path diagram. We analyzed all specified paths as

212 linked equations using a structural equation modeling approach (SEM) based on d-separation
213 tests (Shipley 2009), which permits the rigorous quantification of indirect effects in a causal
214 network and provides an overall goodness-of-fit measure for an *a priori* model through the
215 statistical evaluation of a series of independence claims. Given the hierarchical nature of our
216 data, we used a piecewise SEM approach (Lefcheck 2015), which allows the specification of
217 models that can accommodate random effects. We formulated the following linkages: 1)
218 *Productivity* and *SST* are affected by *Shelf position* and *Latitude* and are subject to unquantified
219 common sources of variation (requiring the inclusion of a correlated error structure between
220 *Productivity* and *SST*); 2) *Coral cover* is affected by *Shelf position*, *Productivity*, and *SST*; 3)
221 *Rugosity* is affected by *Shelf position*, *Coral cover*, and *Latitude*; 4) *Predator biomass* is affected
222 by *Protection zone*, *Latitude*, and *Shelf position*; 5) *Species richness* is affected by *Coral cover*,
223 *Rugosity*, *Latitude*, and *SST*; 6) *Intraspecific density* is affected by *Productivity*, *Species richness*,
224 *Latitude*, *Coral cover*, *Rugosity*, and *Shelf position*; 7) L_{max} is affected by *Shelf Position*,
225 *Latitude*, *SST*, *Productivity*, *Intraspecific density*, *Rugosity*, and *Predator biomass*; and 8) $L_{\Delta 50}$ is
226 affected by *Shelf position* (interpreted here as alternative mating systems), L_{max} , *Predator*
227 *biomass*, *Intraspecific density*, and *Rugosity*. For models 1) through 5), a random intercept was
228 specified for each surveyed reef. For models 6), 7), and 8) (which included species-specific
229 estimates of density, L_{max} , and $L_{\Delta 50}$), the random intercept for reefs was nested within species.
230 Estimates of L_{max} and $L_{\Delta 50}$ for all species were scaled and centered prior to the analyses to
231 eliminate biases linked to differences in body size among species, while *Latitude*, *SST*, *Predator*
232 *biomass*, *Species richness*, and *Intraspecific density* were log-transformed to satisfy assumptions
233 of normality and homogeneity of variance. The goodness-of-fit of the devised model was
234 evaluated using Fisher's C statistic on the cumulative results of the d-separation tests (Shipley
235 2009). Model coefficients were standardized by their mean and variance to facilitate comparison.
236 For all significant pathways (and all pathways leading into L_{max} and $L_{\Delta 50}$), we visualized
237 relationships using partial regression plots. In addition, goodness-of-fit values (R^2) were
238 extracted for each component model. Homogeneity of variance was visually verified for each
239 component model using residual plots. All analyses were performed using R version 3.2.3.

240
241

RESULTS

242 Across 82 sites spanning the northern GBR, the median fork length at sex change ($L_{\Delta 50}$)
243 ranged from 165 to 266 mm for *C. spilurus*, 181 to 313 mm for *S. frenatus*, 166 to 245 mm for *S.*
244 *psittacus*, and 156 to 332 mm for *S. schlegeli*. All four species had larger collective $L_{\Delta 50}$ values
245 at sheltered versus exposed reefs (Fig. 1). This difference was highly pronounced for *C. spilurus*
246 and *S. frenatus*, resulting in non-overlapping 95% confidence ellipses surrounding sex change
247 parameters, while a similar suggestive trend for *S. psittacus* and *S. schlegeli* was present
248 (Appendix S1; Fig. S1).

249 In the structural equation model (SEM), *Shelf position*, *Latitude*, *SST*, *Rugosity*, and
250 *Productivity* exhibited significant effects on L_{max} (Fig. 2; Appendix S1: Figure S2), with more
251 sheltered reefs, lower *Latitude*, lower *SST*, lower *Rugosity*, and higher *Productivity* associated
252 with larger body size distributions (*standardized parameter estimate: Exposed* = -1.212 ± 0.184
253 SE; $P < 0.0001$; Fig. 2I; *Latitude* = -0.365 ± 0.118 SE; $P = 0.0029$; Fig. 2J; *SST* = -0.315 ± 0.123
254 SE; $P = 0.0126$; *Rugosity* = -0.0172 ± 0.072 SE; $P = 0.0189$; *Productivity* = 0.169 ± 0.075 SE; P
255 = 0.0271). The negative relationship between L_{max} and *Latitude* was unpredicted, but appears to
256 be an artefact of the spatial distribution of sheltered and exposed sites in our survey. In contrast,
257 *Intraspecific density* and *Predator biomass* had no effect on L_{max} . As predicted, $L_{\Delta 50}$ was
258 significantly and positively associated with L_{max} ($L_{max} = 0.392 \pm 0.065$ SE; $P < 0.0001$; Fig. 2K),
259 but was most strongly associated with *Shelf position* (*Exposed* = -0.875 ± 0.156 ; $P < 0.0001$; Fig.
260 2L). This result suggests that a large portion of the influence of *Shelf position* on $L_{\Delta 50}$ was not
261 transferred through shelf-associated differences in body size distribution, but instead directly and
262 independently related to shelf-associated alternative mating systems. No other factors included in
263 the model significantly affected estimates of $L_{\Delta 50}$ across sites (Appendix S1: Figure S2). The
264 marginal model fit for the L_{max} -model was 0.352 (*marginal R*²), while the conditional model fit
265 was 0.556 (*conditional R*²). For the $L_{\Delta 50}$ -model, these values were 0.522 (*marginal R*²) and 0.556
266 (*conditional R*²). Other significant pathways in the model included an effect of *Shelf position* and
267 *Latitude* on *SST* (*Exposed* = -0.608 ± 0.255 SE; $P = 0.0241$; *Latitude* = -0.709 ± 0.118 SE; $P <$
268 0.0001 ; Fig. 2A; Appendix S1: Figure S2), an effect of *Protection zone*, *Shelf position*, and
269 *Latitude* on *Predator biomass* (*No-entry* = 0.559 ± 0.140 SE; $P = 0.0001$; *Exposed* = $0.824 \pm$
270 0.171 SE; $P = 0.0001$; *Latitude* = -0.166 ± 0.078 SE; $P = 0.0348$; Fig. 2B-C; Appendix S1:
271 Figure S2), an effect of *Species richness* and *Latitude* on *Intraspecific density* (*Species richness*
272 = 0.218 ± 0.068 SE; $P = 0.0022$; *Latitude* = 0.293 ± 0.091 SE; $P = 0.0020$; Fig. 2D-E), an effect

273 of SST and Shelf position on Coral cover ($SST = 0.384 \pm 0.147$ SE; $P = 0.0102$; $Exposed = 0.738$
274 ± 0.347 SE; $P = 0.0426$; Appendix S1: Figure S2), an effect of Coral cover, Latitude, and Shelf
275 position on Rugosity (Coral cover = 0.631 ± 0.080 SE; $P < 0.0001$; Latitude = 0.527 ± 0.095 SE;
276 $P < 0.0001$; $Exposed = -0.978 \pm 0.200$ SE; $P < 0.0001$; Fig. 2F-H), and contrasting effects of
277 Coral cover and Rugosity on Species richness (Coral cover = 0.203 ± 0.100 SE; $P = 0.0455$;
278 Rugosity = -0.173 ± 0.082 SE; $P = 0.0367$; Appendix S1: Figure S2).

279 Overall, results of the SEM supported the *a priori* specified pathways. Specifically, Fisher's
280 C statistic revealed that p-values obtained through d-separation tests of independence claims
281 were likely to occur by chance ($C = 63.93$, $df = 54$, $P = 0.167$), suggesting no important
282 pathways among the specified variables were omitted from the hypothesized model. Summaries
283 of the coefficients and component model fits are provided in Appendix S1: Tables S3-4.

284 The interplay between Shelf position, L_{max} , and $L_{\Delta 50}$ is visualized in Fig. 3. Linear
285 regressions between L_{max} and $L_{\Delta 50}$ demonstrate, as predicted, a positive relationship between
286 these factors. However, the residuals of this relationship are separated by Shelf position for all
287 four species, whereby sex change occurs on average at larger than expected body sizes (relative
288 to underlying body size distributions) at sheltered sites. This pattern was highly pronounced for
289 *C. spilurus* and *S. frenatus*, but less conclusive for the more data-limited species *S. psittacus* and
290 *S. schlegeli*.

292 DISCUSSION

293 Despite a number of causal links between shelf position and biophysical factors, our results
294 demonstrate the overwhelming significance and generality of shelf position mediating parrotfish
295 body size and associated length at sex change. This conclusion is accompanied by a lack of
296 direct support for the roles of some previously hypothesized biotic interactions, specifically
297 predator-induced mortality estimated as predator biomass (DeMartini et al. 2005, 2008, Hall and
298 Kingsford 2016) and intraspecific competition estimated as density (Gust 2004), in driving
299 variation in body size distributions. The timing of sex change is heavily influenced by features of
300 the social system (Ross 1990), and our results demonstrate that length at sex change is linked to
301 local size distribution. However, for at least two of our study species, an additional directional
302 response in $L_{\Delta 50}$ beyond that explained by underlying size distributions was linked with a
303 common source of variation associated with exposure regime alone, presumably consistent with

304 alternative mating systems between shelf positions. Below, we frame our interpretations of these
305 observed spatial patterns of trait variation in light of nutritional ecology, sex allocation theory,
306 and mating systems across complex and variable ecosystems.

307

308 *Drivers of parrotfish size distributions*

309 Our results suggest that parrotfish body size distributions are weakly influenced by ambient
310 temperature and productivity, but are highly influenced by biophysical features associated with
311 shelf positions along the northern GBR. Temperature and productivity (estimates of food quality
312 and availability) are strongly linked to metabolic processes in ectotherms (Atkinson 1994,
313 Anguilleta et al. 2004). In contrast, underlying drivers of variation between exposed and
314 sheltered reefs remain much less clear and, to date, have not been explicitly linked to changes in
315 reef fish life-history traits. A major difference between these systems is the intensity of perpetual
316 hydrodynamic forces that influence benthic structure (Done 1982). Parrotfishes are nutritionally
317 reliant on benthic resources; specifically, they target endolithic and epilithic microbes, and, to a
318 lesser extent, detrital material (Clements et al. 2017). There is evidence that the distribution and
319 productivity of such nutritional resources varies along exposure gradients (Crossman et al. 2001,
320 Tribollet and Golubic 2005, Tribollet 2008), with epilithic resources increasing in sheltered
321 environments and endolithic resources increasing in exposed environments. This variation likely
322 facilitates different growth rates and resultant size distributions of the consumers who
323 differentially target both resources. Further refinement of productivity estimates beyond satellite-
324 derived Chl-A may strengthen the link between shelf position, benthic productivity, and body
325 size distributions. Gust et al. (2002), while examining life-history traits of fishes from an
326 overlapping subset of the reefs surveyed here, demonstrated a general pattern of faster initial
327 growth leading to larger body sizes at sheltered mid shelf reefs for three parrotfishes (including
328 *C. spilurus* and *S. frenatus*) and a surgeonfish. Further, higher adult mortality rates were linked
329 to shorter life spans on the exposed outer shelf reefs.

330 The consistent shelf-related variability in body size and concomitant life-history traits
331 observed by Gust et al. (2002) and Gust (2004) was attributed to differences in food levels,
332 predation rates, and [intraspecific] competition, all of which contribute to mortality rates. We
333 extended the scope across a greater diversity of environments spanning the northern half of the
334 GBR, and, based on our holistic analytical framework, posit that, among these variables,

335 resource distribution and quality across exposure gradients have by far the greatest effect, while
336 the previously reported effects of predation and competition are likely by-products of the
337 observed variation. Food availability is often a limiting factor in animal growth and has produced
338 similar demographic differences in a variety of marine and terrestrial ectotherms (e.g., Clifton
339 1995, Hjelm et al. 2000, Madsen and Shine 2000), including reef fishes (Bonin et al. 2015),
340 sometimes over small spatial scales. We found no relationship in our model between
341 intraspecific density and body size distributions within or across shelf positions, suggesting that
342 competition was not a major factor. We recognize that this analysis was not corrected for
343 underlying resource levels and acknowledge that competition may be demographically
344 important. However, our results suggest it is not the primary driver of the demographic variation
345 observed. We also found no relationship between predator biomass and body size distributions.
346 This result implies either (1) that variation in predation-induced mortality does not account for
347 observed demographic variation or (2) that predator biomass may not be an appropriate indicator
348 of predator-induced mortality in the study system. Greater adult mortality rates observed on
349 exposed reefs (Gust et al. 2002) correspond with life-history theory predicting greater
350 reproductive allocation associated with shorter life spans (Stearns 1976). It is not entirely clear
351 whether the source of greater mortality on exposed shelves is extrinsic (e.g., predation) or
352 intrinsic (i.e., linked to rate of metabolic processes; see Brown et al. 2004), but our results
353 suggest the latter.

354

355 *The effect of size distributions and mating systems on length at sex change*

356 A defining feature of social control is that the length at sex change tends to be a function of
357 the local size distribution (Warner 1984). This pattern was demonstrated in the present study, but
358 for at least two species there was remarkable additional variation (after normalizing for
359 underlying size distribution) associated with shelf position. This result suggests that changes in
360 social demography associated with different environments elicits further control on sexual
361 selection (Warner and Hoffman 1980). Gust (2004) found large differences in the proportion of
362 initial phase primary males between mid and outer shelf populations of *C. spilurus* (i.e., more
363 initial phase males at outer shelf reefs). This pattern strongly implies that harem territoriality
364 among males was the predominant mating system at sheltered mid shelf reefs where primary
365 males were rare, and that group spawning emerged to some degree at exposed outer shelf reefs.

366 Such changes in mating strategies can influence the size-related reproductive value of males
367 (Warner 1984), and potentially explains the differences we observe after correcting for
368 underlying body size distributions between exposure regimes. For example, conceptual
369 application of the size-advantage hypothesis implies that, if male and female reproductive values
370 are stable, the shifts in body size distribution observed between habitats would yield proportional
371 shifts in $L_{\Delta 50}$ (orange arrow in Fig. 4a). However, if larger body size distributions select for
372 greater prevalence of harem territoriality, and harem male reproductive values favor the
373 largest males, then the optimal $L_{\Delta 50}$ would be higher than expected based on body size
374 distributions alone (blue arrow in Fig. 4b) compared to a less harem system. A related scenario
375 was observed by Bruggeman et al. (1994) for *Sparisoma viride* (Bonaire, Caribbean) between
376 depth zones. In that study, disparity in substrate densities led to different nutritional yields,
377 which were linked to changes in mean body size and associated variability in mating systems.
378 Deriving a better understanding of the mechanisms for how environmental features can affect
379 mating systems is an important objective for future research.

380

381 *Linking ecosystem processes and demographic patterns across spatial scales*

382 Despite the influence of social factors described above, we found only weak evidence of
383 consistent relationships among body size distributions, population density, and sex ratio across
384 species (Appendix S1: Fig. S3). This result is somewhat in contrast with patterns for *C. spilurus*
385 from Micronesia (using an identical survey strategy), where strong relationships among these
386 three factors were discovered at spatial scales matching those of the present study (Taylor 2014).
387 We reconcile these perceived differences based on the spatial distribution of the observed
388 systems. In Micronesia, variability was measured within and among highly isolated island
389 systems, where the influence of social structure was much easier to quantify in the absence of
390 extreme habitat variability. In contrast, on the GBR social groups and subpopulations at close
391 proximity reefs are subject to extremely high among-reef variability, thereby obscuring our
392 ability to easily identify such relationships.

393 The major similarity among cosmopolitan species across both the northern GBR (present
394 study) and oligotrophic islands of Micronesia (Taylor 2014) is that, at relatively large spatial
395 scales (>100–1000 km), geomorphological features appear highly influential of observed
396 patterns of variation in length at sex change for dichromatic parrotfishes. The categorical

397 distinction between shelf positions (GBR) and between island types (Micronesia) consistently
398 explained the majority of the response variance despite considerable gradients of latitude (GBR)
399 and fishery exploitation (Micronesia), suggesting that geomorphological features influence
400 variation in demographic traits through their hierarchical effect on biotic factors directly
401 affecting life-history variation. Although we were not able to determine mating systems at the
402 site level across the scale of our study, prior biological sampling and decades of research on the
403 dynamics of sex change suggest that the variation observed among distinct environments was
404 driven by shelf-associated alternative mating systems. Broadening observations and analyses of
405 life-history variation to mesoscales, as done here, is an important research objective. In
406 particular, given the direct link between variation in life-history traits (such as growth rate) and
407 ecosystem-level parameters that indicate overall ecosystem functioning (such as secondary
408 biomass production), identifying the hierarchy of underlying drivers of demographic variation
409 represents a paramount objective in the study of coral-reef ecosystems.

410 Broad-scale investigations of life-history variation help identify the capacity of populations
411 to achieve local adaptation, thereby linking ecological and evolutionary processes (Petersen and
412 Warner 2002). This study and others have demonstrated the high magnitude of life-history
413 variation across multiple spatial scales in sex changing reef fishes, as well as the hierarchical and
414 context-specific nature of relationships between life-history traits and influential factors. We
415 expect that environmental perturbations concomitant with climate change will have major
416 impacts on the persistence of coral-reef fish species (Munday et al. 2008), and the ability to
417 modify demographic profiles to optimize survivability will be critical to population persistence.

418

419

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426

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549

550

FIGURE LEGENDS

551 **Fig. 1.** (A) Map of 82 sites across the northern Great Barrier Reef. Exposed sites in yellow,
552 sheltered sites in blue. (B) Species with associated color phases of initial (lower, front) and
553 terminal (above, behind) broadly representing females and males, respectively. (C) Hypothesized
554 pathways of influence from exogenous to endogenous biotic and abiotic factors ultimately
555 affecting maximum length and length at sex change. Curved, double-headed arrows indicate
556 correlated error structure. (i-iv) Comparison of sex change schedules for species in (B) pooled
557 across exposed (yellow) and sheltered (blue) sites. Confidence ellipses surrounding $L_{\Delta 50}$ and $L_{\Delta 95}$
558 estimates are displayed in Appendix S1: Fig. S1.

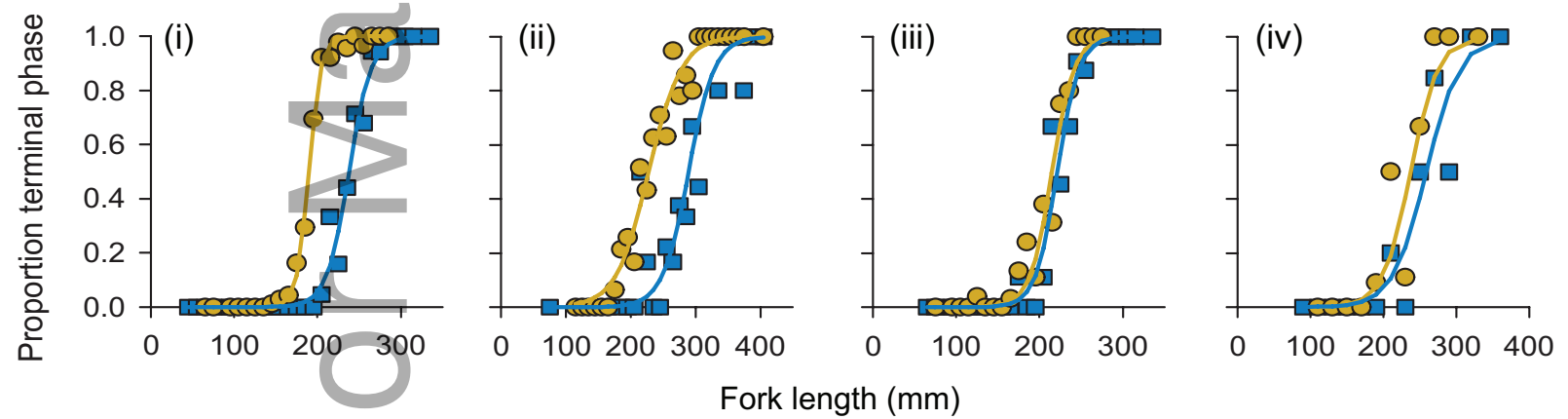
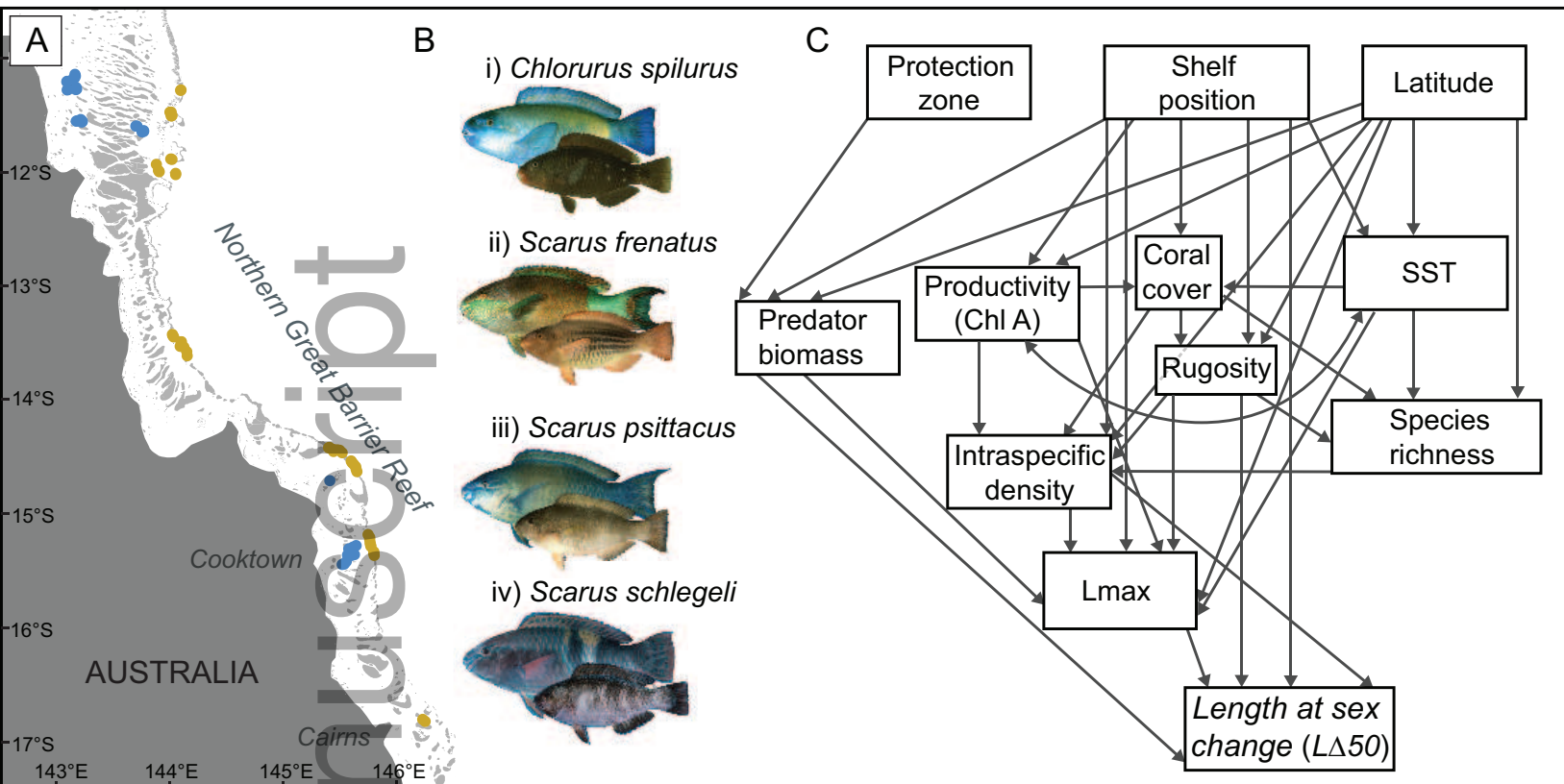
559 **Fig. 2.** Directed acyclic graph displaying standardized regression coefficients for highly
560 significant ($P < 0.01$) hypothesized pathways. Solid black and red arrows represent pathways
561 with positive and negative coefficients, respectively. Line thickness reflects coefficient values.
562 Subplots (A-H) represent the effects plots for significant pathways between explanatory factors.
563 Plots (I-L) represent effects plots for significant pathways to the primary response variables,
564 maximum length and length at sex change. Additional effects plots are presented in Appendix
565 S1: Figure S2.

566 **Fig. 3.** Relationships between maximum length (represented here as the 95th quantile of the body
567 size distribution) and length at sex change across sheltered mid and inner shelf reefs (blue) and
568 exposed outer shelf reefs (yellow) of the Great Barrier Reef ($n_{\max} = 82$ sites) for four parrotfish
569 species: (A) *Chlorurus spilurus*, (B) *Scarus frenatus*, (C) *S. psittacus*, and (D) *S. schlegeli*.
570 Shaded regions represent 95% confidence limits surrounding linear regression fits to each
571 exposure regime.

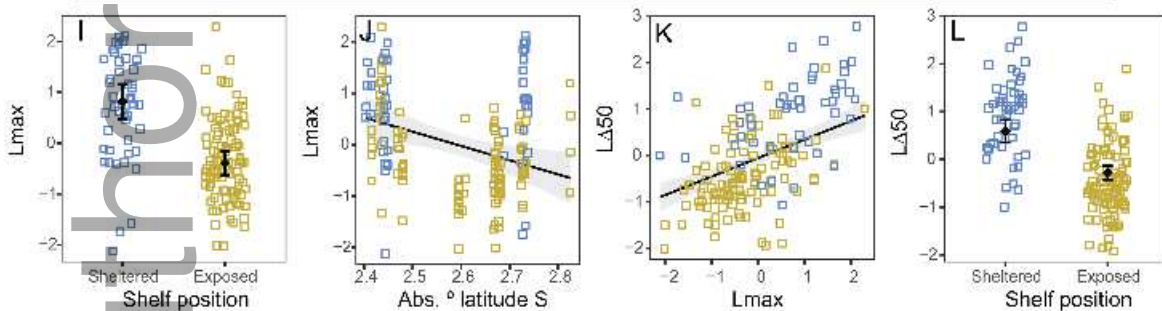
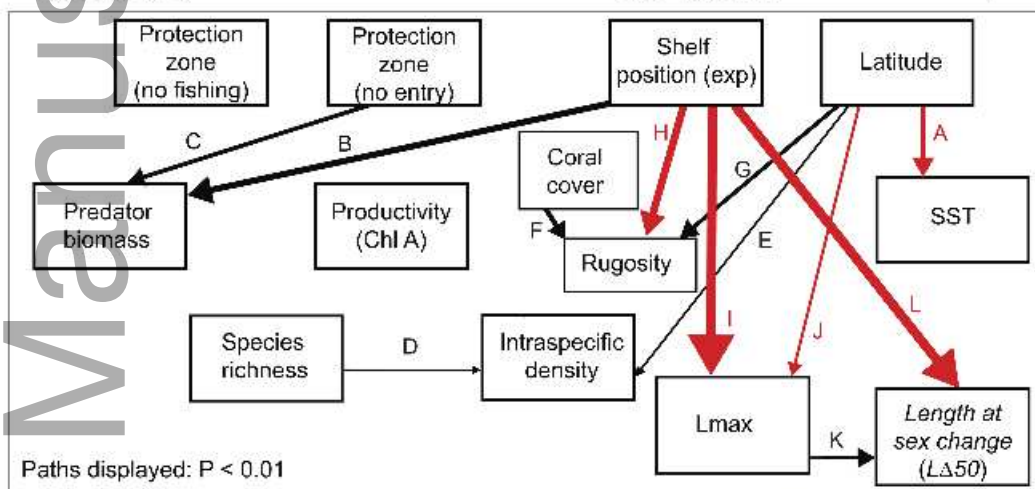
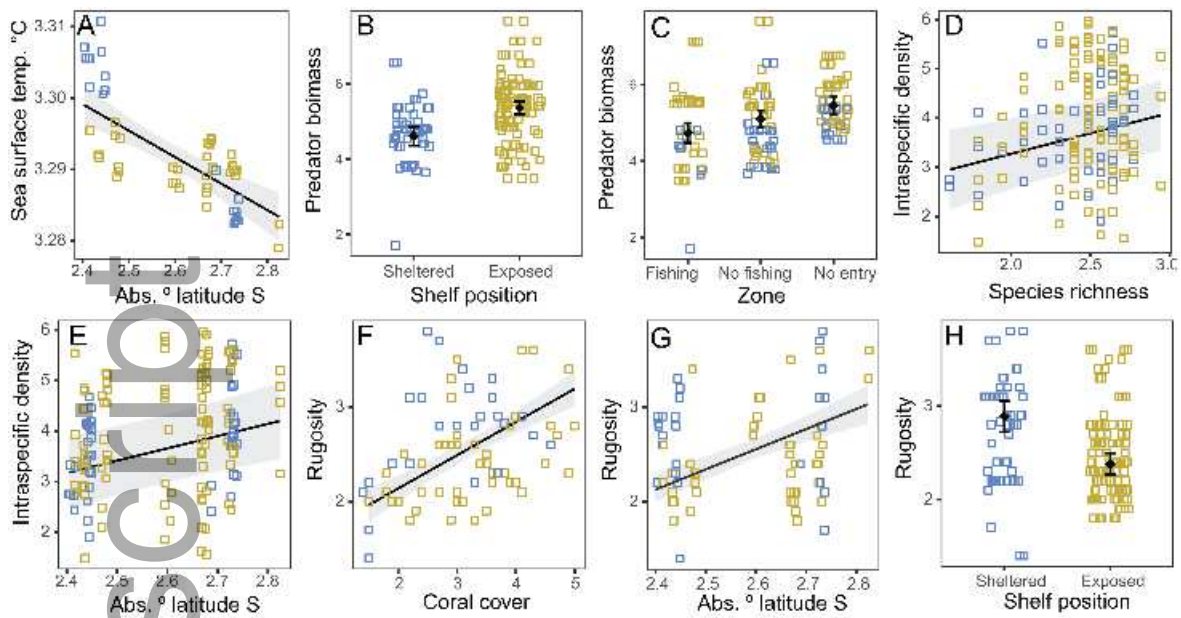
572 **Fig. 4.** Conceptual diagram depicting potential change in the optimal size at sex change ($L_{\Delta 50}$
573 [dotted line]; intercept of male and female reproductive values following the size-advantage
574 hypothesis) across populations with different body sizes and alternative mating systems. In (A),
575 the orange arrow represents the expected change in $L_{\Delta 50}$ based only on proportional shifts in
576 body size distribution, with mating system remaining unchanged. In (B), the blue arrow

577 represents expected change in $L_{\Delta 50}$ based on shifts in body size distribution coupled with changes
578 in the rate of male reproductive value as the prevalence of harem territoriality changes. Note
579 that reproductive value is an age-related value, but for parrotfishes with only moderately
580 determinant growth, the curves presented across body size should be approximately correct.

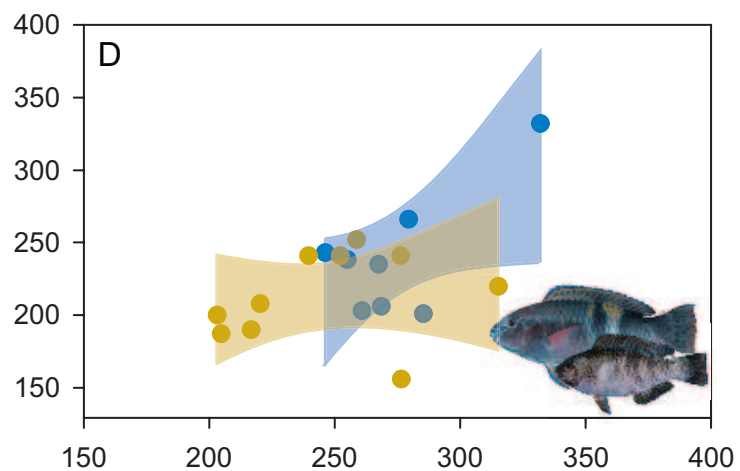
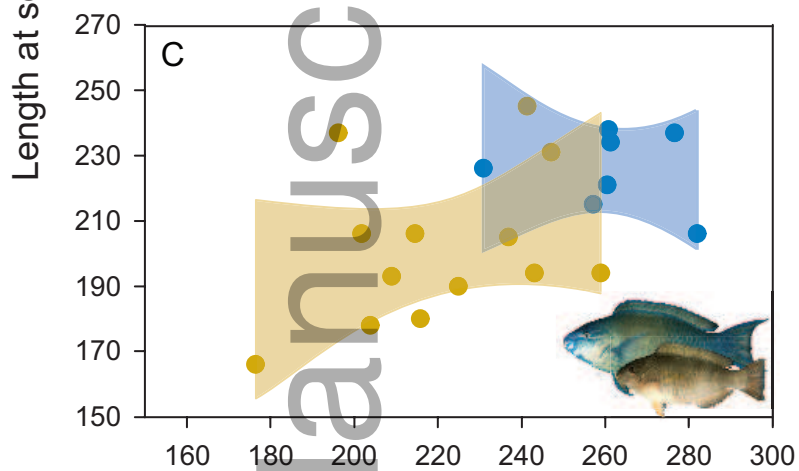
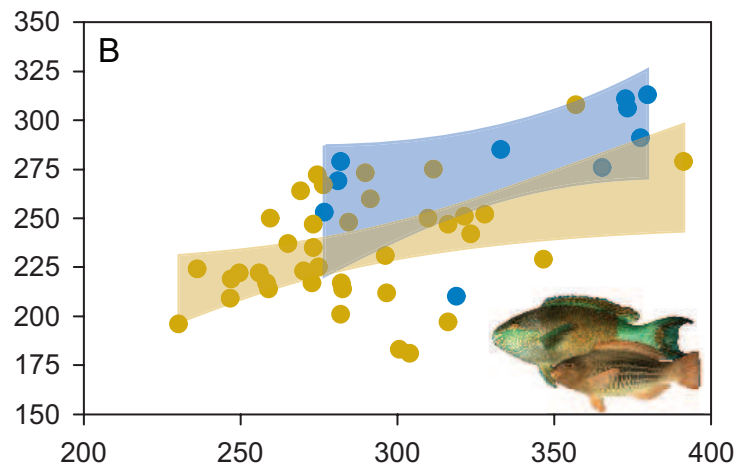
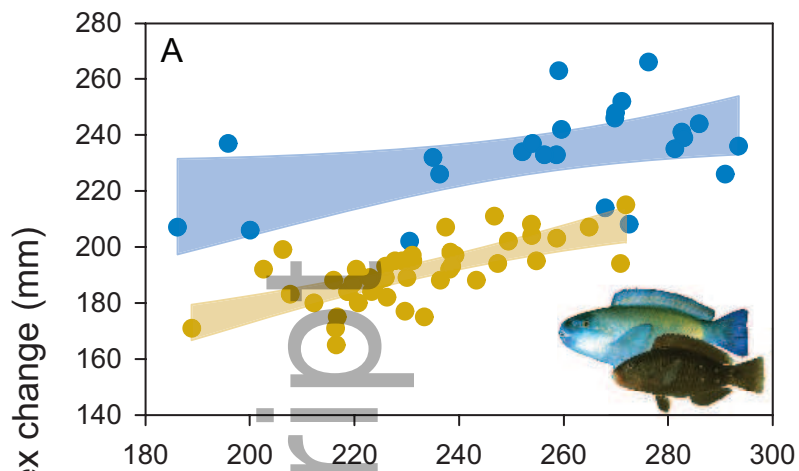
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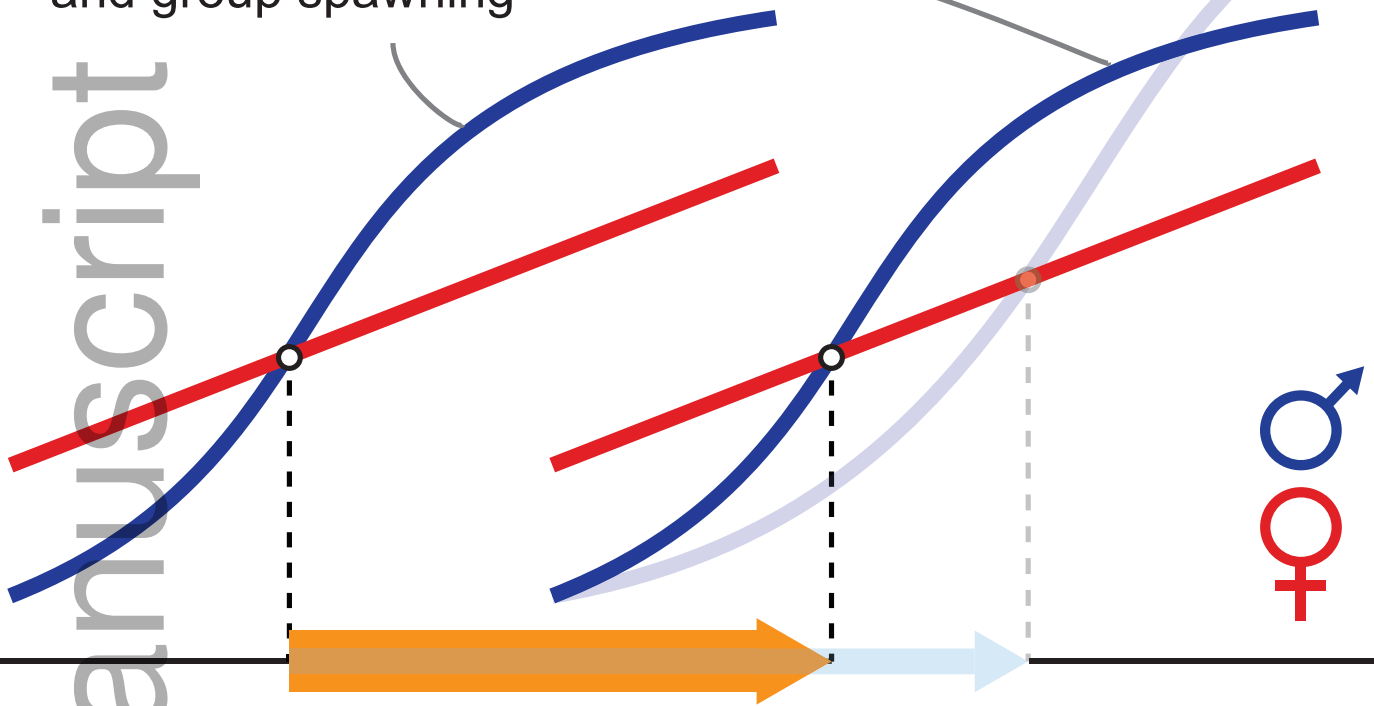
Maximum length (mm; as 95th quantile)

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A

mixture of haremlic mating and group spawning

predominantly haremlic, territorial



B

mixture of haremlic mating and group spawning

predominantly haremlic, territorial

