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### Key Points:

- More than half of paleoclimatic estimates of Mid-Holocene Sahara-Sahel rainfall can be explained by four large-scale forcings
- These forcings are ENSO, AMO, hemispherical temperature difference, and the net energy input at the equator
- We obtained  $\sim 2.5^\circ$  northward shifts of latitude bands along which rainfall today averages 1,000, 500, or 200 mm/year

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## Mid-Holocene Sahara-Sahel Precipitation From the Vantage of Present-Day Climate

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**Abstract** To account for the wet mid-Holocene (ca. 6 ka) Sahara-Sahel region, we exploit teleconnections from four large-scale ocean-atmosphere-land forcings: El Niño–Southern Oscillation (ENSO), Atlantic Multidecadal Oscillation (AMO), hemispherical temperature difference, and net energy input at the equator; they offer theoretical bases for estimating effects of large-scale forcing on mid-Holocene Sahara-Sahel rainfall. Together, these forcings explain 16–64% of historical rainfall variability, with the highest percentages in the Sahel region. With estimates for mid-Holocene time, latitudes where rainfall today averages 1,000, 500, or 200 mm/year are reconstructed to have lain  $\sim 2.5^\circ$  farther north. Calculated mid-Holocene rainfall at 15°N, 17.5°N, and 20°N exceeds that today by  $\sim 250$ , 100, and 20 mm/year. These shifts account for more than half of paleoclimatic estimates of mid-Holocene rainfall and are comparable with the General Circulation Model (GCM) runs that match paleorainfall estimates most closely. Mid-Holocene radiation may have affected Sahel precipitation indirectly via teleconnections from oceanic regions.

## 1. Introduction

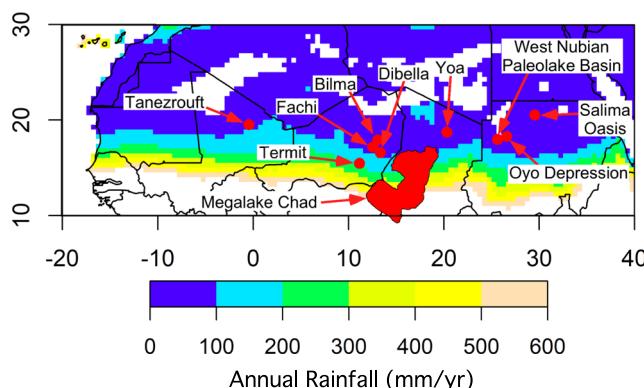
Rainfall in northern Africa occurs in an east-west band with a boundary,  $\sim 5^\circ$  in width, separating a band with 1,000 mm/year near  $\sim 10^\circ\text{N}$  from where rainfall is less than 100 mm/year (Figure 1). Paleoclimatic evidence shows that this band lay 300–500 km farther north in mid-Holocene time, at 6 ka (6,000 years ago). Simple logic buttressed by numerical calculations (e.g., Kutzbach, 1981) suggests that the more intense summer insolation at 6 ka than today should lead to wetter Northern Hemisphere subtropics than today. General Circulation Model (GCM) simulations (e.g., Braconnot et al., 2000, 2002, 2007a, 2007b, 2012; de Noblet et al., 1996; Harrison et al., 1998, 2014, 2015; Joussaume et al., 1999; Kageyama et al., 2013; Marzin & Braconnot, 2009; Otto-Bliesner et al., 2006; Perez-Sanz et al., 2014), however, commonly fail to match the paleoclimatic evidence for an  $\sim 300$ - to 500-km northward displacement of the rainfall belt. Accordingly, the wet mid-Holocene Sahel has challenged climate dynamicists for decades.

In fact, there are two challenges. First, which parameters should modelers tune, and how should they be tuned to bring simulations into accord with the paleoclimatic data? Second, how does summer insolation at 6 ka create a wetter Sahel than today? We address this latter question using the Earth's present-day climate as a template and basic theory as justification for its use. We examine the possibility that mid-Holocene insolation affected Sahel rainfall more via teleconnections than from direct, enhanced summer insolation over the Sahel itself. We rely on teleconnections known to affect seasonal variations in rainfall over northern Africa and appropriate differences between present-day and mid-Holocene climates to scale those teleconnections.

For present-day precipitation, the standard against which we compare mid-Holocene rainfall (Figure 1), we used monthly rainfall on a  $0.5^\circ \times 0.5^\circ$  grid for 1951–2016 from Climate Research Unit (CRU) of University of East Anglia (Harris et al., 2014). Because the El Niño cycle spans the period from May to April, we computed the annual average rainfall for that period.

## 2. Paleoclimate Evidence for a Wetter Mid-Holocene Than Present-Day Sahel

Two classes of observations suggest a wetter 6-ka Sahel: widespread lake deposits and paleobotanical evidence of plants living in regions where desert conditions prohibit them today. Summaries of



**Figure 1.** Map of northern Africa showing summer rainfall today, with sites where paleoclimate data constrain past rainfall amounts.

Mid-Holocene lake levels were higher than today at many lakes: Tanezrouft, Bilma, Fachi, Dibella, Termit, one near  $20.3^{\circ}\text{N}$ ,  $0.7^{\circ}\text{W}$ , another at  $20^{\circ}\text{30}'\text{--}21^{\circ}\text{N}$ ;  $0\text{--}1^{\circ}\text{W}$ , Lake Megachad,  $\sim 12\text{--}17^{\circ}\text{N}$ ,  $13\text{--}18^{\circ}\text{E}$ , Lake Yoa, another near  $18.5^{\circ}\text{N}$ ,  $25.5^{\circ}\text{E}$ ), and the west Nubian paleolake basin (e.g., Gasse & Roberts, 2005; Gasse & Van Campo, 1994; Hillaire-Marcel et al., 1983; Hoelzmann et al., 2000; Petit-Maire & Riser, 1981). Elsewhere, especially farther east in the Salima Oasis and the Oyo Depression, pollen shows wetter climates than today (e.g., Haynes et al., 1989; Ritchie et al., 1985; Ritchie & Haynes, 1987).

considered it likely that only Lake Chad occupied areas as large as  $\sim 5,000 \text{ km}^2$ ; they argued that many estimates of past annual rainfall amounts have been overestimated.

Similarly, differences in vegetation call for more mid-Holocene than present-day rainfall (e.g., Haynes et al., 1989; Jolly et al., 1998; Lézine et al., 2011; Peyron et al., 2006; Tierney et al., 2017). Most call for 400- to 500-km northward displacements of vegetation and hence of rain bands (e.g., Abell & Hoelzmann, 2000; Lézine & Casanova, 1989; Mees et al., 1991; Pachur & Hoelzmann, 1991; Pachur & Kröpelin, 1987; Ritchie et al., 1985; Ritchie & Haynes, 1987). In a synthesis of Holocene paleoanthropology and paleoarcheology, Kuper and Kröpelin (2006) inferred contours of rainfall for the Sudan region for 7–5.3 ka. They showed the 150-, 300-, and 450-mm contours just south of  $22^{\circ}\text{N}$ ,  $\sim 18.5^{\circ}\text{N}$ , and near  $\sim 17^{\circ}\text{N}$ , respectively. Today, all lie south of  $\sim 15^{\circ}\text{N}$  (Figure 1). Collectively, these data suggest that the latitude band with 200–300 mm/year today lay 300–500 km farther north in mid-Holocene time.

### 3. Mid-Holocene Sahel Precipitation Simulated Using GCMs

Although the past decades have seen increasingly closer matches of simulated rainfall over the Sahel to that inferred from paleoclimate data, models that were tuned to match those data have continued to fall short in both precipitation amounts and latitudes of the rain belt. Coupled atmosphere-ocean GCMs do better than those that use a slab ocean (e.g., Alder & Hostetler, 2015; Bosmans et al., 2012; Braconnot et al., 2000, 2002, 2007a, 2007b, 2019; Brown et al., 2008; Dallmeyer et al., 2018; Liu et al., 2017; Otto, Raddatz, Claussen, Brovkin, & Gayler, 2009; Otto, Raddatz, & Claussen, 2009; Shin et al., 2006). In particular, using an atmospheric GCM and 6-ka insolation, Braconnot et al. (2000) simulated the rain belt to lie  $\sim 2^{\circ}$  north of that today, but with a coupled GCM,  $3^{\circ}$  north of it, if still short of some mid-Holocene estimates that reach  $5^{\circ}$ . Perhaps as impressive, however, are differences among modeled Sahel rainfall. Braconnot et al. (2007a) reported simulated differences between 6-ka and present-day rainfall over the Sahel ranging from 0.2 to 1.6 mm/day, and Dallmeyer et al. (2015) reported a range of 0.5 to 3.5 mm/day. Differences among simulations span factors as high as 8 (Braconnot et al., 2007a) and 7 (Dallmeyer et al., 2015). Harrison et al. (2015) concluded in a recent synthesis that attempts using paleosimulations to constrain climate sensitivity have been disappointing.

Efforts to bring GCM simulations of rainfall into accord with paleoclimatic evidence have exploited a greener Sahel and Sahara than today. In addressing the twentieth century southward migration of the rain belt and the aridification of the Sahel, Charney (1975) showed that an increase in albedo, resulting from the

mid-Holocene lakes in Africa (Figure 1) call for perennial lakes in regions where today water accumulates rarely (Gasse & Roberts, 2005; McGee & deMenocal, 2017; Quade et al., 2018; Street & Grove, 1976). Gasse and Van Campo (1994) reported more water at 6 ka than today in paleolakes Bilma, Fachi, Dibella, and Termit. Hillaire-Marcel et al. (1983) reported early Holocene lakes near  $20.3^{\circ}\text{N}$ ,  $0.7^{\circ}\text{W}$  in Mali that then dried up between 6.5 and 5.5 ka. Petit-Maire and Riser (1981) reported Holocene lacustrine deposits with fish fossils at Tanezrouft, and to sustain a lake, they inferred that the Sahel belt lay  $3\text{--}4^{\circ}$  north of its present latitude.

Quantitative estimates of precipitation rates based on lake depths and areas also call for a northward displacement of the rain belt. For Megalake Chad,  $\sim 12\text{--}17^{\circ}\text{N}$ ,  $13\text{--}18^{\circ}\text{E}$ , where the current rainfall is 350 mm/year, Kutzbach (1980) inferred greater than 650 mm/year between 10,000 and 5,000 ka, 300–350 mm/year greater than present day (Hoelzmann et al., 1998). At Lake Yoa, Kröpelin et al. (2008) reported a drop from  $\sim 250$  mm/year at 6 ka to  $<150$  mm by 4.3 ka, where today it is  $<50$  mm/year. For a paleolake farther east, near  $18.5^{\circ}\text{N}$ ,  $25.5^{\circ}\text{E}$ , Hoelzmann et al. (2000) estimated annual rainfall of at least 350 mm, probably 500 mm, and if the lake were very large, 1,100 mm, compared to 15 mm today. Abell and Hoelzmann (2000) inferred maximum wetness at about 9 ka and marked drying after  $\sim 5,600$  ka. Maybe we should assume an amount close to 350–500 mm at 6 ka. In a summary, Quade et al. (2018)

replacement of a green absorbing surface by reflective desert, could lead to a southward migration of the rain belt. Others have exploited the converse and shown how a greener Sahel would reduce albedo and move the rain belt northward (e.g., Bonfils et al., 2001; Boos & Korty, 2016; Braconnot et al., 2007b, 2019; Kutzbach et al., 1996; Levis et al., 2004; Pausata et al., 2016; Su & Neelin, 2005; Swann et al., 2014), in some cases with additional feedbacks, like reduced advection of cool, dry air (with low moist static energy) into the region (Su & Neelin, 2005) and even a greener Eurasia (Swann et al., 2014). Most assessments of the roles of different albedo and different evapotranspiration between a green surface and desert show a much more important albedo (e.g., Kutzbach et al., 1996; Levis et al., 2004).

Differences in albedo may also explain differences among GCM simulations of rainfall. Levine and Boos (2017) showed that among 47 GCM simulations, mean values of summer albedo over the Sahel and Sahara span  $\sim 0.35\text{--}0.5$ , with standard deviations of  $\sim 0.6\text{--}0.12$ . Such standard deviations require differences of several tens of  $\text{W/m}^2$  in insolation, compared with  $\sim 20 \text{ W/m}^2$  greater mid-Holocene than present-day summer insolation over the Sahel. Given the importance of albedo in accounting for the mid Holocene wet Sahel/Sahara, and large variations in assumed values for it, differences among simulated precipitation amounts among the GCMs ought not to be surprising.

#### 4. Sea Surface Temperatures and Rainfall Over the Sahel

Sahel rainfall correlates with sea surface temperatures (SSTs) in a number of regions (e.g., Folland et al., 1986). Higher than normal Sahel rainfall corresponds with a cooler than normal tropical Pacific Ocean, during La Niña events (e.g., Giannini et al., 2003, 2008; Parhi et al., 2016; Pomposi et al., 2016, 2020; Shin et al., 2006). Giannini et al. (2008) noted that during the growth phases of warm El Niño episodes, the small Coriolis parameter allows the entire tropics to warm, and this warming stabilizes the tropical atmosphere against convection and inhibits rainfall (Chiang & Sobel, 2002). When the tropical Pacific is cool, cooler tropics elsewhere facilitate convection of a moist troposphere and lead to a wetter Sahel. To quantify tropical Pacific SSTs, we use the NINO3.4 index (average SSTs over  $5^\circ\text{N}$  to  $5^\circ\text{S}$ ,  $170\text{--}120^\circ\text{W}$ ).

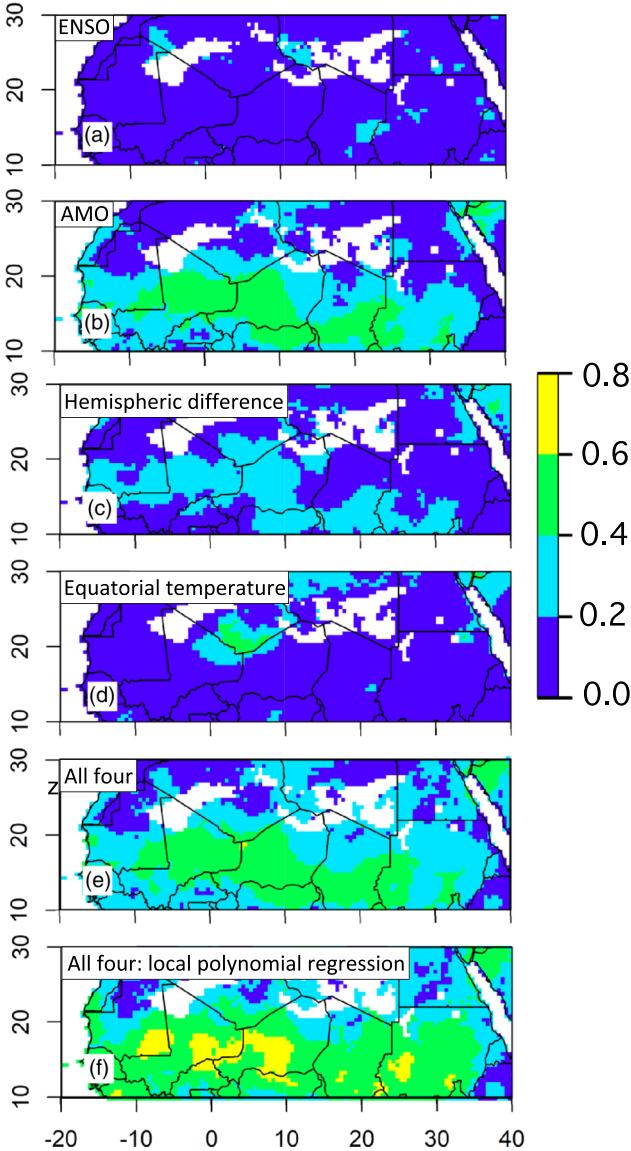
A cool North Atlantic SST correlates with low rainfall in the Sahel (e.g., Biasutti & Giannini, 2006; Chiang & Friedman, 2012; Giannini et al., 2013; Kushnir & Stein, 2010; Liu et al., 2014; Marzin et al., 2013), though some emphasize tropical North Atlantic SSTs and others middle- or high-latitude North Atlantic SSTs (e.g., Biasutti et al., 2008; Giannini et al., 2003, 2008; Lu & Delworth, 2005). Liu et al. (2014) pointed out that a cool North Atlantic leads to strong westerly winds that advect cool air over North Africa. Although the link between that cool air, with low moist static energy, and the African monsoon requires consideration of radiation balance (Liu et al., 2014), in simple terms the advection of air with low moist static energy suppresses moist convection (Su & Neelin, 2005).

The North Atlantic Oscillation (NAO), a dominant phenomenon during winter, is linked with SST variability in the tropical Atlantic (e.g., Rajagopalan et al., 1998). Low frequency variability, quantified by the Atlantic Multidecadal Oscillation (AMO) (Enfield et al., 2001; Knight et al., 2005; Sutton & Hodson, 2005), modulates multidecadal rainfall variability over the Sahel and India (Zhang & Delworth, 2006). The AMO also correlates with the NAO and associated SST patterns (Peings & Magnusdottir, 2015). Thus, we chose the AMO index, the average SST over  $0\text{--}80^\circ\text{N}$  in the Atlantic Ocean (Trenberth & Shea, 2006), to quantify Atlantic Ocean SST variability for paleoclimate comparisons. The NINO3.4 and AMO indices are calculated using the Kaplan Extended v2 SST (Kaplan et al., 1998).

Summer Sahel precipitation correlates with the difference between SSTs in the Southern and Northern Hemispheres (e.g., Chiang & Friedman, 2012; Folland et al., 1986). Folland et al. (1986) calculated a correlation coefficient of 0.72 between Sahel rainfall and that difference for the period 1901–1984. To capture the overall strength of the hemispherical temperature gradient, we computed the annual (May–April) mean temperature difference based on land and SSTs, HadCRUT4 (Morice et al., 2012).

Finally, Bischoff and Schneider (2014, 2016) and Schneider et al. (2014) showed that the ratio of two quantities determines the latitude of the energy flux equator (EFE), where convergence from the two hemispheres is maximum and hence near the Intertropical Convergence Zone (ITCZ) where rainfall commonly is maximum. Those two quantities comprise the flux of energy across the equator, and the net energy input at the equator, with the EFE moving poleward with increasing flux across the equator and remaining close

## Correlations of Statistically Modeled and Historic Rainfall



**Figure 2.** Correlation maps of historical annual rainfall over northern Africa with estimates based on regression models of that rainfall at each grid point, for the period 1951–2016: Linear regressions (a) with NINO34 index, (b) with AMO index, (c) with hemispherical temperature gradient index, (d) with surface temperatures from the HadCRUT4 data set between 5°S and 5°N and south of the Sahel, between 20°W and 49°E, a surrogate for net energy input at the equator, and multiple linear regression (e) and local polynomial multiple regression (f) with all four indices.

the correlation is negative, as theory predicts (Figure 2d). The combination of these four indices in a multiple linear regression (Figure 2e) captures 4–36% of rainfall variance over almost the entire domain, except for small patches at the northern and eastern edges.

We recognize that Sahel rainfall may scale nonlinearly with the indices. To capture this nonlinearity, we performed a local polynomial regression (Loader, 1999). For a selected year, we fitted a linear regression to a subset of  $K$  nearest neighbors of each index, using a weighted least squares method, in which higher

to it with high energy input there. Globally averaged positions of the ITCZ and EFE match one another closely (Adam et al., 2016a), but in the African region, where both lie far from the equator in the summer rainy season, they differ by  $\sim 5^\circ$  (Adam et al., 2016b). Adam et al. (2019) showed that interannual variability in GCM runs aimed at Holocene Sahel precipitation corroborated such a scaling. Although globally, shifts in the ITCZ must be small because of compensating heat transport by the ocean in the opposite direction (Donohoe et al., 2013; Green et al., 2019; Green & Marshall, 2017; Marshall et al., 2014; McGee et al., 2014), locally over continental regions shifts can be large. Accordingly, a warm Northern Hemisphere should draw the ITCZ northward into Africa and enhance rainfall over the Sahel, especially if the equatorial band does not heat abnormally rapidly (Adam et al., 2016b, 2019).

Given difficulties in estimating energy fluxes for paleoclimate time, we treat the hemispheric difference in surface temperatures as a proxy for cross equatorial energy fluxes (e.g., Green et al., 2017; Kang et al., 2008, 2009) and surface temperatures from the HadCRUT4 data set between 5°S and 5°N and south of the Sahel, between 20°W and 49°E, as a surrogate for net energy input at the equator. This latter assumption gains support from the correlation of net energy input with SSTs in the tropics (Adam et al., 2018, Figure 10).

The preponderance of evidence based on the past research surveyed above indicates that teleconnections from four large-scale forcings—ENSO, AMO, hemispherical temperature difference, and the energy flux at the equator—affect Sahel rainfall at multidecadal time scales. Moreover, because the role of each rests on a theoretical and sensible foundation, combining them to model Sahel rainfall does not depend merely on correlations.

Boos and Korty (2016) showed how zonal differences in energy flux affect Sahel precipitation. An unfortunate shortcoming in our study is an inability to quantify this for past climates.

To quantify the relationship of these teleconnections to Sahel rainfall variability, we first fit linear regressions between annual indices of the four forcings and annual rainfall for the period 1951–2016, at each grid point over Sahel region, 10–30°N; 20°W to 40°E (Figure 2). The ENSO (Figure 2a) correlation of  $\sim 0.2$  over the entire region indicates that ENSO captures  $\sim 4\%$  of rainfall variance. The AMO regression (Figure 2b) captures 16–36% of rainfall variance in the core Sahel region ( $12\text{--}17^\circ\text{N}$ ;  $10^\circ\text{W}$  to  $20^\circ\text{E}$ ). This is consistent with strong multidecadal correlation between Atlantic SSTs and Sahel rainfall in previous studies and specifically between the AMO and rainfall in Martin et al. (2014). Outside of the core region, the regression captures 4–16% of variance and  $\sim 4\%$  or less in the northern and eastern edges of the domain. The hemispherical temperature difference (Figure 2c) captures 4–16% of rainfall variance in the core region and  $\sim 4\%$  in the rest. The equatorial temperature, like ENSO, captures  $\sim 4\%$  of rainfall variance, though here

weights are assigned to nearest neighbors of the year in question, and least to the farthest. This is repeated for each year and at all grid points. We set the number of nearest neighbors,  $K$ , to the default 75% of the total number of 66 years of historical data. The local polynomial regression (Figure 2f) captures 36–64% of rainfall variance—over 12–17°N, 10°W to 10°E, 6–36% over the core Sahel region, and 4–16% over most of the rest of the domain. Thus, four large-scale forcings can parsimoniously model a significant portion (16–64%) of multidecadal rainfall variability over the Sahel region. We use the regression parameters from the local polynomial regression to reconstruct Mid-Holocene Sahel rainfall.

## 5. Holocene SSTs and Predicted Rainfall in the Sahel

Abundant paleoceanographic evidence from eastern tropical Pacific suggests lower SSTs in that region at 6 ka (e.g., Koutavas et al., 2006; Koutavas & Sachs, 2008). Gill et al. (2016) synthesized such data to infer that SSTs in the NINO3.4 region, were 0.75°C cooler than today. Moreover, modern coupled ocean-atmospheric GCM runs commonly show reduced ENSO variance and a cooler Holocene than present-day equatorial Pacific. Saint-Lu et al. (2019) simulated a mid-Holocene equatorial Pacific SST distribution that differs little from what Gill et al. (2016) inferred.

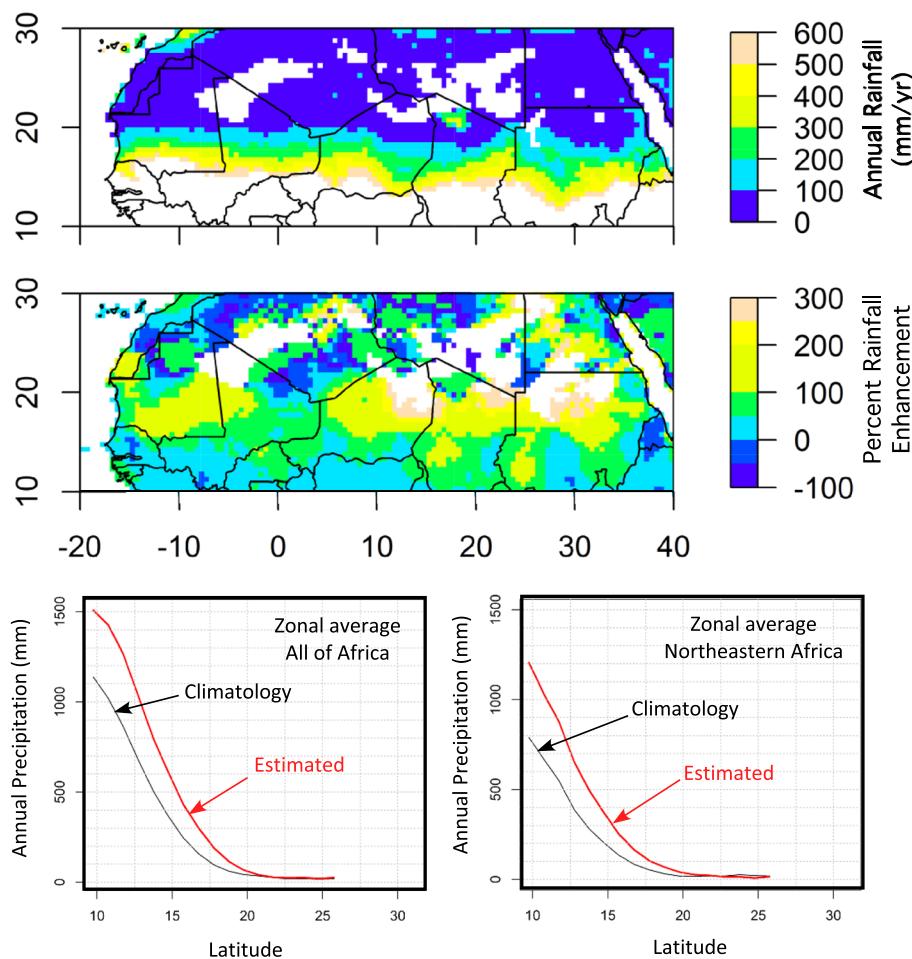
Explanations for the Mid-Holocene La Niña-like state at 6 ka rely on perihelion at 6 ka occurring in summer. Clement et al. (2000) noted that because the most intense heating of equatorial regions occurred in the season when El Niño events begin, El Niño events should have been weak at 6 ka, and as important, greater summer warmth in the northern subtropics at 6 ka should have induced stronger easterly winds along the equator than now. Upwelling led to a cooler eastern equatorial Pacific. By contrast, Liu et al. (2000) suggested that an intensification of the South Asian monsoon, associated with greater summer insolation than today, strengthened trade winds in the tropical Pacific, which then caused a cooler eastern equatorial Pacific. Finally, Chiang et al. (2009) argued that Holocene insolation would have reduced high-latitude variability leading to reduced stochastic forcing of easterly winds in the tropics and thus to less frequent El Niño events and a cooler average eastern tropical Pacific SST. In testing which of these views might be right, Roberts et al. (2014) concluded that the question might not be unanswerable. From our perspective, however, 6-ka insolation seems to account for the cooler tropical Pacific.

A warmer Holocene Northern Hemisphere in boreal summer follows logically from the greater summer insolation at 6 ka than today. D'Agostino et al. (2019) pointed out that additional energy in the Northern Hemisphere at 6 ka requires an additional southward flux of energy to balance this enhanced difference and that most such exchange between hemispheres occurs in monsoon regions, where air with large moist static energy aloft crosses the equator from the warmer to the cooler hemisphere. Liu et al. (2017) diagnosed coupled GCM results and showed that indeed a shift in the Hadley circulation led to more heat transported southward aloft, with a coupled northward transport of heat by the ocean, which in turn moved the ITCZ northward. Thus, the North Atlantic should also have been warmer at 6 ka than today. As noted above, a strengthening of meridional heat transport across the equator should shift the EFE and the ITCZ poleward.

Paleoceanographic inferences of SSTs call for a warmer Holocene North Atlantic than today (Lohmann et al., 2013). Rimbu et al. (2003) inferred that the North Atlantic SSTs decreased from early to late Holocene and, accordingly, that the NAO indices declined over that period. This secular cooling of the North Atlantic since early Holocene is largely attributed to Northern Hemisphere cooling due to precession. Rajagopalan et al. (2019) employed the method of Gill et al. (2016) to reconstruct both the total SST and AMO signals. They estimated a warmer mid-Holocene AMO by 0.75°C.

In a comprehensive compilation of SSTs since 11,300 years ago, Marcott et al. (2013a, 2013b) showed that throughout most of the Holocene the Northern Hemisphere was warmer than in preindustrial times. We weight the estimates shown in Figure S10 of Marcott et al. (2013b) for the latitude bands of 0–30°, 30–60°, and 60–90° by 0.5, 0.37, and 0.13 to take into account different areas of each latitude band. Mean temperatures for the Northern and Southern Hemispheres at 6 ka are ~1.5°C and ~0.0°C, respectively, leading to a difference of 1.5°C. These mean temperatures apply to annual averages and therefore underestimate summer differences.

Two phenomena bear on mid-Holocene temperatures in the tropics. First, because the tropics tend to warm during El Niño events (e.g., Chiang & Sobel, 2002), with a La Niña-like mid-Holocene Pacific, the tropics



**Figure 3.** (top) Estimates of annual rainfall (mm/year) at ~6 ka based on local polynomial regression of historical rainfall with all four indices, (middle) percent rainfall enhancement, and (bottom) comparison of modern (black) and estimated for ~6-ka (red) annual rainfall versus latitude over North Africa (left) and northeastern Africa, 24–33°E (right).

should have been cooler than today. Adam et al. (2016a) showed that the energy flux at the equator is, indeed, lower during La Niña than El Niño. At 6 ka, summer insolation, however, was more intense near the equator than today (e.g., Adam et al., 2019), which alone would warm the equatorial band. The difference in summer insolation between the equator and the Sahel at 6 ka, however, differed little from that today (Adam et al., 2019, Figure 5b). Moreover, because of Kepler's second law, shorter summers when insolation is more intense should compensate, at least partly, for the integrated effect on equatorial temperatures (e.g., Huybers, 2006). Thus, for Holocene time, we set the coefficient for equatorial temperatures and thus, the energy flux at the equator, to that at present (no Holocene anomaly).

Using mid-Holocene values for the four indices in the local polynomial regression, we estimated Sahel-Sahara rainfall amounts and percentage deviations from the present along with latitudinal averages (Figure 3). Calculated mid-Holocene rainfall between 10°N and 22°N over the entire Sahel region exceeds that today, with a percentage difference of 50–300% between 15°N and 20°N—the core Sahel-Sahara region, and smaller south of 15°N. Compared with present-day climatology (Figure 1), rain bands covering 100 to 600 mm/year are shifted northward during mid-Holocene time, with the conspicuous shift seen in the 100- to 200-mm/year rain band from 17–18°N to ~20°N, a northward shift of ~2.5°. We computed rainfall averages for each latitude during the present day and mid-Holocene (Figure 3). Calculated mid-Holocene rainfall rates at latitudes of 15°N, 17.5°N, and 20°N exceed those today by ~250, 100, and 20 mm/year. We also computed the latitudinal average for the northeastern Africa region covering the longitudes of 24–33°E, to address the paleolakes and depressions in this region—West Nubian paleolakes, Oyo depression,

and Salima Oasis. At latitudes of 15°N, 17.5°N, and 20°N in this region, calculated rainfall amounts are ~150, 50, and 20 mm/year greater than those today. Although these shifts in rainfall fall short of the paleo evidence, the shifts are more than half the range implied by paleoclimate observations summarized above.

## 6. Summary and Conclusions

Each of a cooler eastern tropical Pacific, a warmer North Atlantic, and a larger difference in SSTs between the northern and summer hemispheres correlates with more rainfall today over the northern edge of the Sahel. We combine estimates of Nino3.4 and AMO indices and the hemispheric SST difference for mid-Holocene time with a nonlinear local polynomial regressions to quantify the teleconnections of these indices to rainfall over Africa between 10°N and 30°N. Calculated latitudes where present-day rainfall averages 1,000, 500, or 200 mm/year lie ~2.5° farther north, and calculated mid-Holocene rainfall at 15°N, 17.5°N, and 20°N exceeds that today by 250, 100, and 20 mm/year. These shifts cannot account for estimates of mid-Holocene rainfall but are comparable with GCM runs that come closest to matching paleorainfall estimates (e.g., Braconnot et al., 2000, 2007a; Dallmeyer et al., 2015). Thus, mid-Holocene insolation seems to have altered surface temperatures that, collectively, teleconnected to rainfall over the Sahel. Although this analysis is not a diagnosis of how interconnected dynamics link Holocene insolation to surface temperatures and then to precipitation, by analogy with the blind men describing an elephant, each of the separate elements of the elephant—tropical Pacific, North Atlantic, and hemispheric difference—responds in its own way to 6-ka insolation, so that they work together to enhance rainfall over the Sahel.

## Data Availability Statement

Data used in this study are available through Harris et al. (2014), Morice et al. (2012), and Kaplan et al. (1998).

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