



Freshwater salinization syndrome: from emerging global problem to managing risks

Sujay S. Kaushal · Gene E. Likens · Michael L. Pace · Jenna E. Reimer · Carly M. Maas · Joseph G. Galella · Ryan M. Utz · Shuiwang Duan · Julia R. Kryger · Alexis M. Yaculak · Walter L. Boger · Nathan W. Bailey · Shahan Haq · Kelsey L. Wood · Barret M. Wessel · Cedric Evan Park · Daniel C. Collison · Belie Y.’aaqob I. Aisin · Taylor M. Gedeon · Sona K. Chaudhary · Jacob Widmer · Charles R. Blackwood · Claire M. Bolster · Matthew L. Devilbiss · Diego L. Garrison · Sharon Halevi · Gannon Q. Kese · Emily K. Quach · Christina M. P. Rogelio · Maggie L. Tan · Henry J. S. Wald · Seyram A. Woglo

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Abstract Freshwater salinization is an emerging global problem impacting safe drinking water, ecosystem health and biodiversity, infrastructure corrosion, and food production. Freshwater salinization originates from diverse anthropogenic and geologic sources including road salts, human-accelerated weathering, sewage, urban construction, fertilizer, mine drainage, resource extraction, water softeners, saltwater intrusion, and evaporative concentration of

ions due to hydrologic alterations and climate change. The complex interrelationships between salt ions and chemical, biological, and geologic parameters and consequences on the natural, social, and built environment are called Freshwater Salinization Syndrome (FSS). Here, we provide a comprehensive overview of salinization issues (past, present, and future), and we investigate drivers and solutions. We analyze the expanding global magnitude and scope of FSS including its discovery in humid regions, connections to human-accelerated weathering and mobilization of ‘chemical cocktails.’ We also present data illustrating: (1) increasing trends in salt ion concentrations in some of the world’s major freshwaters, including critical drinking water supplies; (2) decreasing trends in

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S. S. Kaushal (✉) · J. E. Reimer · C. M. Maas · J. G. Galella · S. Duan · J. R. Kryger · A. M. Yaculak · W. L. Boger · N. W. Bailey · S. Haq · K. L. Wood · D. C. Collison · B. Y.’aaqob I. Aisin · S. K. Chaudhary · J. Widmer · M. L. Tan
Department of Geology, University of Maryland, College Park, MD, USA
e-mail: skaushal@umd.edu

S. S. Kaushal · J. E. Reimer · C. M. Maas · J. G. Galella · S. Duan · J. R. Kryger · A. M. Yaculak · W. L. Boger · N. W. Bailey ·

S. Haq · K. L. Wood · D. C. Collison · B. Y.’aaqob I. Aisin · M. L. Tan
Earth System Science Interdisciplinary Center, University of Maryland, College Park, MD, USA

G. E. Likens
University of Connecticut, Storrs, CT, USA

G. E. Likens
Cary Institute of Ecosystem Studies, Millbrook, NY, USA

nutrient concentrations in rivers due to regulations but increasing trends in salinization, which have been due to lack of adequate management and regulations; (3) regional trends in atmospheric deposition of salt ions and storage of salt ions in soils and groundwater, and (4) applications of specific conductance as a proxy for tracking sources and concentrations of groups of elements in freshwaters. We prioritize FSS research needs related to better understanding: (1) effects of saltwater intrusion on ecosystem processes, (2) potential health risks from groundwater contamination of home wells, (3) potential risks to clean and safe drinking water sources, (4) economic and safety impacts of infrastructure corrosion, (5) alteration of biodiversity and ecosystem functions, and (6) application of high-frequency sensors in state-of-the-art monitoring and management. We evaluate management solutions using a watershed approach spanning air, land, and water to explore variations in sources, fate and transport of different salt ions (*e.g.* monitoring of atmospheric deposition of ions, stormwater management, groundwater remediation, and managing road runoff). We also identify tradeoffs in management approaches such as unanticipated retention and release of chemical cocktails from urban stormwater management best management practices (BMPs) and unintended consequences of alternative deicers on water quality. Overall, we show that FSS has direct and indirect effects on mobilization of diverse chemical cocktails of ions, metals, nutrients, organics, and radionuclides in freshwaters with mounting impacts. Our comprehensive review suggests what could happen if FSS were not managed into the future and

evaluates strategies for reducing increasing risks to clean and safe drinking water, human health, costly infrastructure, biodiversity, and critical ecosystem services.

Keywords Nonpoint source pollution · Emerging contaminants · Aquatic life · Human health · Infrastructure · Corrosion · Safe drinking water

Introduction

Freshwater salinization is an emerging water quality problem across the globe and is becoming a major chemical signature of the Anthropocene (Kaushal et al. 2005, 2018a, 2019; Cañedo-Argüelles et al. 2013a, 2016b; Stets et al. 2018). Although approximately 70% of Earth is covered by water, only about 2.5% of that is freshwater (Trenberth et al. 2007). While freshwater contains major ions originating from natural salts and mineral sources, dramatic increases in salt ion concentrations are occurring in fresh waters across local, regional, continental, and global scales (Kaushal et al. 2005, 2013, 2018a; Anning and Flynn 2014; Dugan et al. 2017; Stets et al. 2018). Increases are due to human activities including, but not limited to: urbanization, accelerated weathering of rocks by acid rain, weathering of impervious surfaces, agricultural fertilizers, hydrologic alterations, irrigation and evaporative concentration, resource extraction, land clearing, saltwater intrusion, and application of road salts. When major ion concentrations exceed pollution

M. L. Pace
Department of Environmental Sciences, University of Virginia, Charlottesville, VA, USA

R. M. Utz
Chatham University, Gibsonia, PA, USA

B. M. Wessel · C. E. Park · C. R. Blackwood ·
M. L. Devilbiss · S. Halevi · G. Q. Kese ·
E. K. Quach · C. M. P. Rogelio ·
H. J. S. Wald · S. A. Woglo
Department of Environmental Science and Technology,
University of Maryland, College Park, USA

T. M. Gedeon
Department of Anthropology, University of Maryland,
College Park, USA

C. M. Bolster
Department of Biology, University of Maryland,
College Park, USA

D. L. Garrison
Environmental Science & Policy Program, University of
Maryland, College Park, USA

thresholds (and/or interact with complex environmental factors) there can be degradation of agricultural soils, drinking water, biodiversity, and infrastructure, which represent risks to environment, human health, and infrastructure (Cañedo-Argüelles et al. 2016b; Kaushal 2016; Iglesias 2020; Lopatina et al. 2021). The complex interrelationships between salt ions and chemical, biological, and geologic parameters and consequences on the natural, social, and built environment is called Freshwater Salinization Syndrome (FSS). In order to face the challenge of increasing impacts from freshwater salinization, a better understanding is needed about the diverse causes of freshwater salinization and the various environmental consequences of different mixtures of salt ions (as impacted by anthropogenic watershed salt inputs, saltwater intrusion, and/or other processes) (Kaushal et al. 2018a, 2019, 2020). In the future, many of the world's water resources may be impacted by watershed salt inputs and also from saltwater intrusion into watersheds (Tully et al. 2019a). Long-term trends suggest that without urgent action, FSS will continue to cause increases in salinity and shift ionic compositions across local, regional, and global scales (Kaushal et al. 2005, 2013, 2017, 2018a; Stets et al. 2018; Kaushal et al. 2019; Stets et al. 2020; Kaushal et al. 2020). Consequently, these trends show that there is a need to accurately identify emerging causes of freshwater salinization and to strategically focus management approaches. Here, we analyze the rapidly expanding scope and magnitude of FSS, identify critical research issues, and propose and evaluate management strategies.

What is freshwater salinization syndrome?

On a global scale, increasing salinization from a diversity of causes has been occurring over a century without recognition and regulation equivalent to other global water pollution issues such as acid rain, eutrophication, and mine drainage, despite broad impacts to society and the environment (Kaushal et al. 2019; Iglesias 2020). Salinization typically refers to an accumulation of ions yielding an increase in electrical conductivity and/or total dissolved solids (Feistel et al. 2015); it is important to note that conductivity is not equal to total dissolved solids, but it can be a useful field proxy (as addressed later). The

interrelationships between salt ions and chemical, biological, and geological parameters and consequences in the natural and built environment are called Freshwater Salinization Syndrome (Kaushal et al. 2018a, 2019). The FSS encompasses a variety of processes such as sodification, the increase in exchangeable sodium in a soil, expressed as exchangeable sodium percentage (ESP) or as sodium adsorption ratio. The FSS can influence alkalization (Kaushal et al. 2013), which is an increase in alkalinity or the ability of a solution to neutralize acids due to bicarbonate and carbonate, bisulfide, hydroxides, and other ions (Drever 1988). The FSS also encompasses changes in microbial biogeochemical processes, corrosion potential, colligative properties of water, and other chemical and biological interactions, which have only recently been recognized (Kaushal et al. 2019, 2020). Diverse causes, interrelationships, and consequences linked to salinization can be organized at a systems level using the conceptual model of FSS. The FSS links salinization, sodification, alkalization, and other environmental processes as controlled by inputs of multiple ions from both anthropogenic and geological sources such as Na^+ , Ca^{2+} , Mg^{2+} , K^+ , NO_3^- , SO_4^{2-} , Cl^- , Br^- , etc. and secondary mobilization of other elements (Sr, Cu, Mn, Cd, Zn, Pb, radionuclides etc.) into chemical cocktails (Kaushal et al. 2019, 2020; Lazur et al. 2020). The FSS and its direct and indirect effects has far reaching implications for surface, ground and drinking water quality, and aquatic and terrestrial ecosystem function, human health, food production, and degradation of infrastructure.

Part 1. Expanding magnitude and scope of freshwater salinization

Our goal for this first section is to acknowledge the traditional bias in salinization research in arid and semi-arid regions, and introduce the additional need for a new focus on humid environments. We also include our perspective from documenting widespread salinization in humid regions and links to drinking water over almost 20 years of research (Kaushal et al. 2018b), while also documenting other literature. There are many topics that are introduced in this first section, especially the use of deicing salts and human-accelerated weathering, which are discussed further in later

sections. The main goal of this section is to justify the need for a new conceptual framework for Freshwater Salinization Syndrome in humid environments, while highlighting its diverse causes and consequences. Overall, we introduce many reasons to study, monitor, and manage freshwater salinization in a more holistic way using a syndrome approach.

Historical focus on salinization in arid and semi-arid regions

There has long been concern about freshwater salinization as a serious environmental problem locally in arid and semi-arid regions since the time of ancient civilizations. For example, in ancient Mesopotamia, Na^+ from the northern mountains was carried by rivers for irrigation and led to salt accumulation in soils due to the semi-arid climate, low soil permeability, and ancient marine geologic transgressions (Jacobsen and Adams 1958). Salinization of soils made land barren and contributed to the collapse of some of the world's major civilizations throughout human history (Jacobsen and Adams 1958). Some of these regions never fully recovered from salinization effects on agriculture due to low groundwater tables, poor drainage, and excessive irrigation.

There are many diverse processes that contribute to salinization in arid and semiarid areas. For example, much historical work has focused on diverse causes of salinization of rivers and lakes (*e.g.* Colorado River, Jordan River, Aral Sea, Lake Chad) in arid and semiarid regions, and salinization has been considered an important syndrome of the Anthropocene (Pillsbury 1981; Meybeck and Helmer 1989; Kreitler 1993; Meybeck 2003; Vengosh 2005). As just one illustrative example of dryland salinization from Australia, irrigation leaves behind salt residues after evaporation and rising groundwater levels following vegetation removal, thereby bringing salt ions from weathering of parent material toward the soil surface (Williams 1987; Cañedo-Argüelles *et al.* 2013a; Iglesias 2020). When trees or native vegetation are removed, evapotranspiration decreases and water tables rise into the capillary fringe. Salt ions are translocated by capillary movement up the unsaturated zone and then concentrated by evaporation. Salt ion accumulation occurs near soil surface horizons making the soils more sodic. When trees and deep-rooted vegetation are present, groundwater tables are lower and dissolved ions may

not reach up to the capillary fringe towards soil surfaces. Thus, salt ions can be diluted and removed by deeper groundwater flowpaths. The size of soil micropores, texture of soils (clay *vs.* sand), bedrock and weathering rates, and hydraulic conductivity all affect the speed of capillary rise of groundwater and salt ions and the vulnerability to salinization. Given much previous work understanding salinization processes in arid and semi-arid regions (Pillsbury 1981; Meybeck and Helmer 1989; Kreitler 1993; Meybeck 2003; Vengosh 2005), we focus our review and analysis on humid regions where causes, consequences, and conceptual frameworks related to freshwater salinization are not as well studied.

Discovery of widespread freshwater salinization in humid regions

Freshwater salinization is now increasingly recognized as a serious and widespread environmental issue in humid regions with diverse causes and consequences (Kaushal *et al.* 2018a, 2019). Freshwater salinization of inland waters has a long history of being recognized as an important source of water quality degradation on a case study basis, and especially in certain geographic regions (particularly coastal regions). For example, the International Commission for the Protection of the Rhine was formed in 1950, partially over salinization concerns that were ultimately related to mining and industrial activities (Meybeck and Helmer 1989). Additionally, the study of saltwater intrusion has a very long and extensive history, with the first published reference possibly being from 1855 in England (Braithwaite 1855; Kashef 1972) (we allude to this history in a later section on saltwater intrusion).

Across inland regions, one major cause of salinization, studied intensively, has been road salt use (*e.g.* Kaushal *et al.* 2005; Corsi *et al.* 2010; Dugan *et al.* 2017; Stets *et al.* 2018). During the winter of 1941–1942, New Hampshire became the first state in the U.S. to employ a statewide policy of incorporating road salting as part of its weather management protocol, dispersing about 4500 metric tons of salt on high-priority roads (National Research Council 1991). Following World War II, as the societal and commercial importance of the rapidly expanding highway system developed, road salt use soared nationwide, doubling every 5 years during the 1950s

and 1960s (National Research Council 1991). Prior to widespread road salt use, abrasives had been the most commonly employed technique, and motorists were generally encouraged to avoid unnecessary travel. Annual road salt sales in the U.S. have increased from 280,000 metric tons per year in the 1940s to 16.0 million metric tons per year from 2000 to 2008 (Corsi et al. 2010).

While salinization of freshwater systems due to road salt use had been identified as early as the 1960's, the regional issue of freshwater salinization did not reach mainstream awareness until the mid-2000's. Early work showed that freshwater salinization was mostly a localized issue influencing individual aquatic ecosystems (Bubeck et al. 1971; Huling and Hollocher 1972; Godwin et al. 2003). During the mid-2000's, our work was the first to demonstrate that freshwater salinization was a serious and very widespread regional environmental issue in the Northeastern U.S. including impacts on major drinking water supplies, such as rapidly increasing chloride concentrations over time (Jackson and Jobbagy 2005; Kaushal et al. 2005). Our early work documented strong statistical relationships between increased Cl^- concentrations in streams with increasing watershed impervious surface cover (Kaushal et al. 2005). In addition, we showed that Cl^- concentrations not only reached extremely high levels (25–40% the salinity of seawater) during winter months due to road salts, but that Cl^- concentrations remained significantly elevated year round (Kaushal et al. 2005). These results suggested that Cl^- and salt ions were being retained in soils and groundwater and that the hydrologic residence time of salt ions could be considerably longer than previously expected (Shaw et al. 2012; Cooper et al. 2014). For example, groundwater has been salinized by road salts over the past 100 years in the US (Cassanelli and Robbins 2013). Salt can be retained in watersheds over time in soils and groundwater (Kaushal et al. 2005; Kelly et al. 2008) and this retention drives the long-term increasing trends over all seasons. Even if road salt use decreased, salt ions would not be flushed out for decades (Kaushal et al. 2005; Kelly et al. 2019), leaving a strong legacy effect of road salts on ecosystems.

Other studies have also demonstrated high levels of salt concentrations during winter months and widespread salinization in different regions of North America (Dugan et al. 2017, 2020). For example,

winter concentrations of Cl^- were elevated above the United States Environmental Protection Agency (USEPA) acute aquatic life water-quality criteria concentration of 860 mg/L and above the USEPA chronic aquatic life water-quality criteria concentration of 230 mg/L in streams of the Midwestern USA, indicating potential for toxicity effects to aquatic life (Corsi et al. 2010). Increases in long-term Cl^- concentrations were highest in developed areas, contributing to episodic and potential long-term detrimental impacts of road salt on both water quality and aquatic life (Corsi et al. 2010). In the past, comprehensive results on the potential impacts to sources of drinking water and human health were less studied and considered. Other notable studies in New York, New Hampshire, Texas, Puerto Rico, and other locations in the USA also demonstrated increasing trends in sodium and chloride concentrations due to a variety of causes, in addition to road salt (Steele and Aitkenhead-Peterson 2011; Potter et al. 2014; Kaushal et al. 2020). The increasing Cl^- trends discovered in this first phase of FSS research (*e.g.* earlier published papers by our group and also the growing literature by others investigating impacts of road salt) also raised concerns about drinking water safety and increased corrosion potential; for example, salinization can increase the chloride to sulfate mass ratio, which is a common index of corrosion potential in pipes, and can enhance leaching of Pb and other metals into drinking water (Kaushal 2016; Stets et al. 2018; Pieper et al. 2018). Although the widespread use of road salts is a dominant factor leading to freshwater salinization in many regions, there is also a clear link between urbanization and the potential for other sources of salt ions to contribute to FSS such as weathering of impervious surfaces, sewage, wastewater, and water softeners (Kaushal et al. 2015, 2017, 2020). We now know that increasing chloride trends and freshwater salinization are impacting freshwaters around the world (Fig. 1). Furthermore, concentrations of multiple ions related to FSS are becoming significantly elevated compared to historical global mean concentrations in freshwaters (Table 1). Thus, FSS explicitly accounts for multiple ions contributing to salinization and diverse impacts.

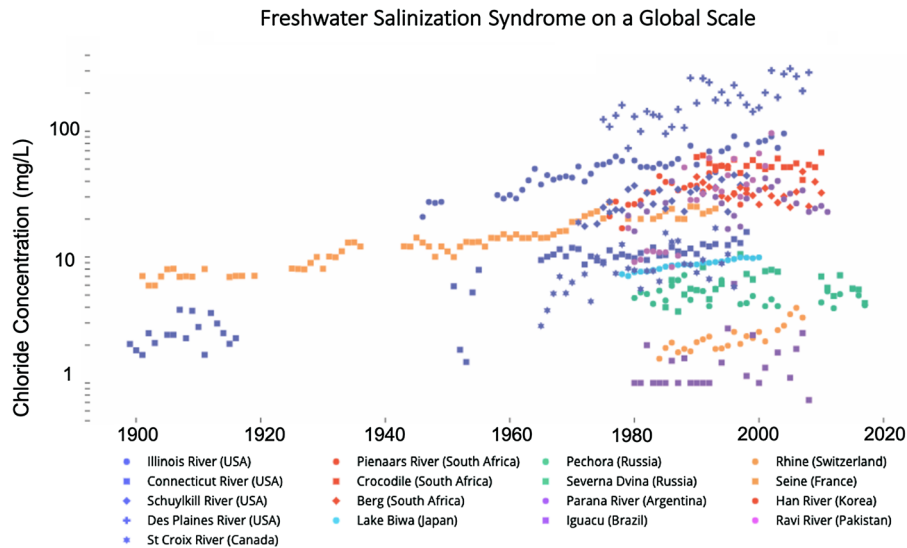


Fig. 1 Increasing Cl^- trends in freshwaters globally. Data collected from GEMstat for most rivers. Pienaars River data is from Huizenga et al. (2013). Des Plaines River data is from Kelly et al. (2012). Tuen Mun and Kai Tak data is from

Environmental Protection Department (Environmental Protection Department of HKSAR). Lake Biwa data is from Aota et al. (2003)

Table 1 Summary of common Freshwater Salinization Syndrome (FSS) ions and concentrations

Common FSS Ions	Examples of Global Mean Concentrations (mg/L)	Examples of Anthropogenically Enhanced Concentrations (mg/L)
Na^+	3.66 ^[1]	29.67–32.98 ^[2]
Ca^{2+}	13.48 ^[1]	26.63 ^[2]
Mg^{2+}	3.15 ^[1]	7.31–7.78 ^[2]
K^+	1.25 ^[1]	4.14–5.12 ^[2]
Cl^-	3.05 ^[1]	0.2–3.8 ^[3]
SO_4^{2-}	7.83 ^[1]	1.0–164 ^[3]
NO_3^-	0.1 ^[1]	1.1–3.92 ^[2]
HCO_3^-	50.94 ^[1]	27–748 ^[3]
Br^-	0.006 ^[1]	0.35–1.05 ^[3]
F^-	0.26 ^[1]	0.10–4.02 ^[3]
I^-	0.0018 ^[1]	0.0199 ^[4]
$\text{Mn}^{2+, 7+}$	0.034 ^[1]	0.764–7.246 ^[5]
$\text{Cu}^{1+, 2+}$	0.00148 ^[6]	0.00006–1.41 ^[7]
Zn^{2+}	0.0006 ^[6]	0.0007–22.0 ^[7]
PO_4^{3-}	0.01 ^[8]	0.01–0.03 ^[2]
Sr^{2+}	0.06 ^[6]	0.169–1.65 ^[9]

Global mean concentrations from unpolluted rivers are compared to rivers influenced by anthropogenic sources. Concentrations of ions from [1,a] Wetzel 2001: global average chemical compositions and [1,b] Wetzel 2001: approximate average concentration in natural and freshwater, [6] Gaillardet et al. 2003: average composition in surface waters, [8] Meybeck 1982: world averages. Anthropogenically enhanced concentrations include sites with elevated levels of some common Freshwater Salinization Syndrome ions from: [2] Connor et al. 2014, [3] Hellar-Kihampa et al. 2013, [4] Moran et al. 2002, [5] Kshetrimayum and Hegeu 2016, [7] Walker 1999, [9] Le Pape et al. 2012

Human-accelerated weathering and river alkalization contribute to salinization

Human activities can accelerate geological processes such as erosion, chemical weathering rates, acidification-alkalinization, and ion exchange in soils. This provides another justification for expanding our FSS conceptual framework for understanding diverse causes and consequences of salinization in humid regions. During the same time that increases in Cl^- and Na^+ were being discovered in U.S. freshwaters, positive trends in fluxes of bicarbonate ions and alkalinity were observed in the Mississippi River (Raymond and Cole 2003; Raymond et al. 2008). Agricultural liming was identified as a dominant source of increasing carbonates in agricultural watersheds over the previous century (Raymond and Cole 2003; Raymond et al. 2008). Related work also showed trends in increased chemical weathering products in rivers due to mining activities (Raymond and Oh 2009), a finding also supported by observations of higher specific conductance (an indicator of salinity) in streams of the Appalachian Mountain region due to mining (Palmer et al. 2010; Bernhardt and Palmer 2011). Other work suggested that trends in alkalinity and bicarbonate ions could be partially related to factors such as recovery from acid rain (Stets et al. 2014), although some of these trends began before the Clean Air Act Amendments of 1990, which targeted acid rain (Kaushal et al. 2013, 2018a; Stets et al. 2014). In addition, we found increasing concentrations of base cations in runoff from urbanized watersheds with no or minimal natural carbonate lithology, which suggested other sources such as weathering of impervious surfaces (Kaushal et al. 2014, 2015, 2017; Moore et al. 2017). Dissolved solids in rivers were rising across many regions of the U.S., which was also directly related to freshwater salinization (Anning and Flynn 2014). Interestingly, these trends in dissolved solids also occurred in watersheds not experiencing significant road salt use (Kaushal et al. 2013, 2018a). Our other related work has documented rising river temperatures in some of these same rivers over the past century (Kaushal et al. 2010). Increased temperatures can intensify and spread FSS by evaporative concentration of salt ions, accelerating chemical weathering rates, enhancing toxicity of ions, and contributing to sea level rise and saltwater intrusion (Kaushal et al. 2018a, 2019). Results from

our work and others has suggested that there is a growing need to develop a conceptual framework for linking interactive causes and consequences of salinization as a syndrome (Kaushal et al. 2018a, 2019). Further discussion of the role of human-accelerated weathering and other geochemical sources and processes in enhancing diverse causes and consequences of freshwater salinization is given in the section below.

Part 2. Freshwater salinization syndrome: diverse causes and chemical cocktails

In this section, we begin with a primer on the fundamental geochemistry of freshwater salinization so that readers have the geochemical background to understand the processes referenced later on in the paper in Part 3 (*e.g.* why many elements desorb with increasing ionic strength and are mobilized by salt ions). We also provide an introduction to the watershed “chemical cocktail” concept (*e.g.* Kaushal et al. 2018a, b, 2019, 2020; Morel et al. 2020; Galella et al. 2021) and allusions to the emerging toxicological and biogeochemical impacts on ecosystems from complex chemical mixtures.

Fundamental geochemistry of salinization—making chemical cocktails

There are important fundamental concepts of geochemistry, which can help explain why many elements desorb and/or are mobilized into solution with increasing salinization and ionic strength. Geochemical processes that enhance elemental mobility with regard to salinization include adsorption changes with ionic strength and pH, and redox effects (*sensu* Drever 1988; Appelo and Postma 2004); these processes provide more context for the effects of FSS on mobilization of multiple contaminants, which we discuss further in subsequent sections. As just one example, geochemical conditions including pH and redox determine movement and concentration of trace elements in groundwater. For example, positively charged ions including Cd, Co, Cu, Pb, Ni, and Zn sorb onto rocks and sediments at higher pH because the surface charge of metal oxides and clays becomes more negative, while negatively charged ions such as As, Cr, Se, and Mo desorb as pH increases, thereby

Table 2 A broad synthesis of examples of sources and impacts from common freshwater salinization syndrome ions

FSS Ions	Examples of Geologic and Atmospheric Sources	Examples of Anthropogenically Enhanced Sources	Examples of Diverse Environmental Implications	Examples of Diverse Health and Ecotoxicology Implications
Na ⁺	Weathering of Na-bearing silicate minerals (e.g. albite) ^[10, 11] , atmospheric deposition from sea salts ^[10, 12] , evaporation and evaporites ^[13]	Sewage, fertilizer, road salt ^[10] , drinking water treatment additives (e.g. Na hypochlorite) ^[14]	Increase algal production, decrease soil permeability, aeration, increase overland flow ^[15] , displaces metals, cations, organic and inorganic particles in soils ^[16]	Systolic and diastolic blood pressure ^[17] , Impacts sodium restricted diets (<i>i.e.</i> treatment of Miniere's disease), development of heart disorder of high risk groups, hypertension ^[18]
Ca ²⁺	Weathering of sedimentary carbonate rocks, rain ^[10]	Concrete drainage pipes, weathering of impervious surfaces ^[2] , atmospheric inputs ^[10]	Heavy metals ion exchange, damage to vegetation ^[19]	Excess Ca is secreted by the kidney (if no renal impairment), potential issues if have milk alkali syndrome and hypercalcemia ^[20]
Mg ²⁺	Weathering of rocks (e.g. pyroxenes, dolomites) ^[10, 11]	Weathering of impervious surfaces, urban structures ^[2]	Heavy metals ion exchange, damage to vegetation ^[19]	Diarrhea, laxative effect with high sulfate, hypermagnesemia (if abnormal kidney function) ^[20]
K ⁺	Weathering of silicate minerals (e.g. K-feldspar, mica, magnetite) ^[3, 10] , cyclic salt, decomposition of organic matter ^[21]	Concrete drainage pipes ^[2] , biomass burning ^[3] , agricultural land use, fertilizers, industrial, municipal sewage, and treated water discharge ^[21]	Decrease aquatic organism growth and reproduction ^[22]	Unlikely to occur in healthy individuals, large doses cause vomiting, hyperkalemia in high risk groups ^[23]
Cl ⁻	Weathering of rocks and minerals, rainwater from sea salts ^[10] , evaporation ^[24] , evaporites ^[13]	Air pollution ^[1]	More Cl ⁻ tolerant aquatic species, lake stratification, release Hg from sediments ^[15] , acidification, disrupts microbial processes and N cycles, infrastructure deterioration, corrosion ^[25] , chlorocomplexation, leaching of metals in pipes ^[26, 27, 28]	Organoleptic issues (Seigel, 2007); assist in developing hypertension, risk of stroke, left ventricular hypertrophy, osteoporosis, renal stones, asthma ^[30]
SO ₄ ²⁻	Weathering of sedimentary rocks, volcanic activity ^[10] , evaporites (e.g. gypsum) ^[13] , atmospheric deposition ^[31]	Pollution (fertilizers, wastes, mining) ^[10] , acid rain and fossil fuel combustion ^[31, 32]	Stimulates microbial sulphate reduction, increases HS-concentration, eutrophication ^[33]	Catharsis, dehydration, gastrointestinal irritation ^[34]
NO ₃ ⁻	Soil nitrification, atmospheric deposition ^[35] , lightning ^[36]	Agriculture and domestic practices (e.g. manure), sewage effluents ^[35, 37] , fossil fuels ^[3]	Acidification, increase primary producers, cause eutrophication ^[3] , toxic algal blooms ^[38]	Methemoglobinemia (Blue Baby Syndrome), diabetes, spontaneous abortions, thyroid problems, certain cancers, mutagenesis, teratogenesis ^[38]
HCO ₃ ⁻	Weathering of carbonate minerals ^[10] , soil zone CO ₂ from biological respiration ^[39, 40] autotrophic respiration, OM mineralization ^[40]	Pollution from sewage, fertilizers, road salt ^[10] , concrete drainage pipes ^[2]	Contributes to the mobility of As ^[41] , protects from acidification ^[42] , higher biomass production ^[43]	Metabolic alkalosis ^[44]
Sr ²⁺	Sedimentary rocks and calcite minerals ^[68]	Nuclear fallout, fertilizers, industrial manufacturing ^[68]	Not generally a concern to aquatic organisms ^[69]	Abnormal skeletal developments, bone calcification, strontium rickets, (higher impact to infants because infants have higher absorption rates into bloodstream and also higher rates of bone growth) ^[68]

Table 2 continued

FSS Ions	Examples of Geologic and Atmospheric Sources	Examples of Anthropogenically Enhanced Sources	Examples of Diverse Environmental Implications	Examples of Diverse Health and Ecotoxicology Implications
F ⁻	Leaching from fluoride-bearing minerals (e.g. fluorite, apatite, mica, amphiboles, clays, vivianite) in Earth's crust ^[49, 50]	Added to drinking water ^[49] , mining, pesticides, brick kilns ^[51]	Associated with soft, alkaline, and calcium-deficient water ^[52]	Dental fluorosis, skeletal, neurological manifestations, muscular manifestations, allergize manifestations, gastrointestinal problems, head ache, loss of teeth ^[49] , antioxidant defense system, down syndrome, cytolysis and phagocyte function, hematopoiesis, chromosome exchange and aberration, neurophysiology and memory loss, blood biochemistry alterations ^[30]
I ⁻	Atmospheric inputs (oceanic cyclic iodine), weathering, Iodine volatilization from plants/organic degradation, upwelling deep groundwater ^[4]	Pesticides, herbicides, fertilizers, mass production of crops disposal of oilfield brines, hospital wastes ^[4]	Impacts aquatic biota ^[53]	Goiters, thyroid dysfunction, hypothyroidism ^[54]
Mn ²⁺ , 7+	Weathering of rocks ^[55]	Mining, metal smelting, agriculture ^[55] , emissions from steel & ferroalloy manufacturing, wind erosion of soils, additive in gasoline, coal combustions ^[16]	Turbidity, deposition in pipes ^[56]	Neurotoxin, learning disabilities/deficits in intellectual function in children, Mn-induced parkinsonism, compulsive behaviors, emotional lability, hallucinations, attention disorders, infant mortality, cancer ^[56] , apathy, irritability, headache, insomnia, respiratory diseases ^[34]
Cu ¹⁺ , 2+	Copper oxide, copper sulfide, other ores ^[58]	Corrosion plumbing, electroplating wastes, algicides, pavement wear ^[7] , aquatic plant herbicides, molluscicides, fungicides, fertilizers, mining, smelting, burning coal ^[58]	Toxicity to freshwater organisms, growth inhibition ^[58]	Diarrhea, abdominal cramps, nausea, weight gain, vomiting episodes ^[54] , can cause death by the nervous system, kidney and liver failure and damage, chronic anemia, coronary heart diseases, high blood pressure ^[59]
Zn ²⁺	Release and mineralization of organic detritus ^[1]	Metal production, waste incineration, fossil fuels consumption, phosphate fertilizers, cement production, tires and brake lining ^[60]	Toxic to aquatic biota ^[61]	Prostate cancer ^[62] , urolithiasis and urinary tract infection ^[63] , increase testosterone production, increase cholesterol, decrease levels of HDL cholesterol, cause immune dysfunction ^[64]
PO ₄ ³⁻	Weathering of sedimentary rocks (e.g. phosphate bearing limestone, apatite minerals) ^[10, 65] , decomposition of organic matter ^[66]	Inorganic fertilizers, farm manure, animal waste ^[3]	Accelerates plant growth, algal blooms, eutrophication, decrease water transparency ^[3]	Not considered a direct toxin to humans, but does cause toxic algal blooms or anoxic conditions that can be harmful ^[67]

Table 2 continued

FSS Ions	Examples of Geologic and Atmospheric Sources	Examples of Anthropogenically Enhanced Sources	Examples of Diverse Environmental Implications	Examples of Diverse Health and Ecotoxicology Implications
Br ⁻	Dissolution of evaporitic rocks, meteoric recharge ^[45] , marine aerosols, throughfall and stemflow ^[46] , saltwater intrusions ^[47]	Sewage ^[37] , oil and gas wastewater, coal-fired power plants, flame retardant textile production facilities ^[47]	Impaired reproduction in crustacean and fish ^[48]	Corrosive to human tissues as a liquid, vapors irritate eyes and throat, damage nervous system, thyroid glands ^[37] , Higher production of brominated disinfection byproducts after drinking water disinfection, more carcinogenic than chlorinated analogues ^[45]

Geologic and atmospheric sources are natural sources from: ([1] Wetzel 2001, [3] Hellar-Kihampa et al. 2013, [4] Moran et al. 2002, [10] Allen 1985, [11] Subramani et al. 2010, [12] Farrell 1995, [13] Apaydın and Aktaş 2012, [21] Talling 2010, [24] Krungalz et al. 2002, [31] González and Aristizábal 2012, [35] Mayer et al. 2002, [36] Tost 2017, [39] Singh et al. 2008, [40] Campeau et al. 2017, [45] D'Alessandro et al. 2008, [46] Neal et al. 2007, [47] Good and VanBriesen 2016, [49] Rao 2003, [50] Li et al. 2014a, b, [55] Li et al. 2014a, b, [58] de Oliveira-Filho et al. 2004, [65] Manning 2015, [66] Meyer 1980, [68] Scott et al. 2020)

Examples of anthropogenically enhanced sources are from: ([1] Wetzel 2001, [2] Connor et al. 2014, [3] Hellar-Kihampa et al. 2013, [4] Moran et al. 2002, [7] Walker 1999, [10] Allen 1985, [14] Lantagne 2008, [16] Herndon et al. 2011, [21] Talling 2010, [31] González and Aristizábal 2012, [32] Menz and Seip 2004, [35] Mayer et al. 2002, [37] Ghadimi et al. 2016, [47] Good and VanBriesen 2016, [49] Rao, [51] Ali et al. 2016, [55] Li et al. 2014a, [58] de Oliveira-Filho et al. 2004, [60] Councill et al. 2004, [68] Scott et al. 2020)

Examples of potential environmental impacts are from: ([3] Hellar-Kihampa et al. 2013, [15] Ramakrishna and Viraraghavan 2005, [16] Herndon et al. 2011, [19] Fay and Shi 2012, [22] Skowron et al. 2018, [25] Gene E. Likens 2009, [26] Pieper et al. 2018, [27] Acosta et al. 2011, [28] Zhao et al. 2013, [33] Cañedo-Argüelles et al. 2013b, [38] Qasemi et al. 2018, [41] L. DeVore et al. 2019, [42] Maul et al. 2014, [43] Mokashi et al. 2016, [48] Canton et al. 1983, [52] Ozsvath 2009, [53] Tiffany et al. 1969, [56] Tobiason et al. 2016, [58] de Oliveira-Filho et al. 2004, [61] Gozzard et al. 2011, [69] McPherson et al. 2014)

Examples of potential health and ecotoxicology impacts are from: ([17] Khan et al. 2011, [18] Calabrese and Tuthill 1977, [20] World Health Organization 2011, [23] World Health Organization 2010, [30] Vinod K. Garg et al. 2009, [34] Virkutyte and Sillanpää 2006, [37] Ghadimi et al. 2016, [38] Qasemi et al. 2018, [44] Siener et al. 2004, [45] D'Alessandro et al. 2008, [49] Rao 2003, [54] Knobloch et al. 1994, [56] Tobiason et al. 2016, [59] Mohod and Dhote 2013, [62] Leitzmann et al. 2003, [63] Johnson et al. 2007, [64] Moyad 2004, [67] Carpenter et al. 1998, [68] Scott et al. 2020)

effecting higher groundwater concentrations (DeSimone et al. 2014). As another example, lead can also move quickly into groundwater when organic matter and soil pH are low (Walraven et al. 2014). Thus, there are multiple complex interactions between ionic strength and pH, redox, organic matter, and other chemical parameters, which can enhance FSS mobilization of complex mixtures of multiple contaminants or chemical cocktails. Cocktail effects have been a useful concept in toxicology, but we expand our concept of chemical cocktails to include not only impacts on health and ecosystems, but also sources, fate, and transport of complex chemical mixtures in the environment (Kaushal et al. 2018a, 2019, 2020; Morel et al. 2020; Galella et al. 2021).

Typically, chemical cocktails mobilized by FSS can be from either geologic or anthropogenically enhanced sources and have diverse environmental and

health impacts (Table 2). In extensive surveys nationwide by the U.S. Geological Survey (USGS), 22% of groundwater wells sampled had at least one contaminant; 5% from anthropogenic and 17% from geologic sources, including 78% of the samples that exceeded a human health benchmark (DeSimone et al. 2014). Old groundwater is more likely to have geologic contaminant sources such as Mn, As, Rn, Sr, U, F, Mo, Pb, Sb, Se, Zn than newer groundwater because of the longer time for reaction with minerals and prevalence of anoxic conditions while NO₃⁻ is the most common anthropogenic groundwater contaminant from fertilizers, fossil fuel combustion, and human and animal wastes (DeSimone et al. 2014). Reducing conditions often drive NO₃⁻ transformations when groundwater becomes anoxic and reduction of NO₃⁻ is paired with oxidation of other chemicals, usually organic carbon which becomes an electron donor and oxygen

becomes the electron acceptor (*i.e.* order of electron acceptors is O_2 , NO_3^- , Mn, Fe, SO_4^{2-} and CO_2). There are many other examples of biological, geological, and chemical processes leading to couplings and pairings of elemental cycles in the environment and formation of complex chemical cocktails in freshwaters; FSS enhances and intensifies many of these geochemical and biogeochemical processes, which leads to co-mobilization of multiple contaminants and chemical cocktails in ground and surface waters (*e.g.* Kaushal et al. 2018a, b, 2019, 2020; Morel et al. 2020; Galella et al. 2021).

FSS chemical cocktails are emerging forms of nonpoint source pollution

The FSS can be attributed to diverse nonpoint sources of salt ions such as: (1) direct anthropogenic salt inputs; (2) human-accelerated weathering of infrastructure, rocks, and soils; (3) increased sea level rise and saltwater incursion; (4) evaporative concentration of salt ions from hydrologic modifications and climate; and (5) disturbance of vegetation and local groundwater hydrology. In addition to the geochemical processes above, these multiple sources and origins of FSS can also lead to the formation of novel and complex ionic mixtures, or chemical cocktails (Kaushal et al. 2018a, 2019, 2020). The diverse nonpoint sources also indicate the need for innovative management to reduce salt inputs to freshwater ecosystems. Nonpoint sources include road salts, sewage leaks and discharges, discharges from water softeners, agricultural fertilizers, fracking brines enriched with major ions, and septic systems (Kaushal et al. 2018a). Road salt is typically comprised of Na^+ and Cl^- ions (Dugan et al. 2017), but also can include Ca^{2+} , Mg^{2+} , and acetate depending on applications. Sewage can be enriched in Na^+ , K^+ , Mg^{2+} , Ca^{2+} , and Cl^- and all major ions from human diets whereas home water softeners typically discharge Na^+ , K^+ , and Cl^- . Many household products contain major ions and Na^+ and other salt ions are also added during the water treatment process (Bhide et al. 2020). Fracking produces brines with elevated salinity, alkalinity, and total dissolved solids, which are enriched in Br^- , I^- , Cl^- , and NH_4^+ and other ions (Vengosh et al. 2017). Agricultural fertilizers contain NO_3^- , NH_4^+ , $H_2PO_4^-$, HPO_4^- , Mg^{2+} , K^+ , Ca^{2+} , and SO_4^{2-} as macronutrients and Cl^- as a micronutrient (Schlesinger 2020).

In addition, there can be human-accelerated weathering in agricultural and urban watersheds, which contribute to diverse causes and consequences of FSS. For example, highly urbanized settings often contain structures built from limestone, concrete, gypsum, and other materials, which release major ions when weathered. During construction, materials from bedrock are released by weathering, soils are exposed to erosion and weathering, and more ions are mobilized into the surrounding environment. In fact, many constructed drainage systems in urbanized areas can be rich in carbonates and other major ions. The release of these ions due to weathering contributes to a distinct urban lithology known as the “urban karst” (*e.g.* Kaushal and Belt 2012; Kaushal et al. 2014, 2015, 2017, 2020). Ammonium-based fertilizers, which enhance nitrification and soil acidification, also accelerate the weathering of minerals, soils, and mobilization of major ions in urban lawns and agricultural fields. Further, SO_4^{2-} applied as pesticide and fertilizers to agricultural fields can immobilize Fe and release P from aquatic sediments (Hinckley et al. 2020). Thus, human-accelerated weathering of the built environment, fertilized agricultural lands, mined lands, and even minimally disturbed forests and other lands can all potentially mobilize Ca^{2+} , K^+ , Mg^{2+} , SO_4^{2-} , carbonates, and other ions contributing to FSS.

FSS chemical cocktails impact ecosystems directly and indirectly

Mobilization of major ions, metals, and nutrients into chemical cocktails can affect biodiversity and ecosystem processes (Cañedo-Argüelles et al. 2013a, b; Schuler and Relyea 2018; Iglesias 2020). As concentrations of nutrients have been regulated and monitored for the protection of aquatic life and safe drinking water (*e.g.* Total Maximum Daily Loads or TMDL’s in the Chesapeake Bay watershed and elsewhere), specific conductance from salinization has increased due to lack of corresponding regulations for salt ions (Fig. 2). This has led to increasing specific conductance in rivers across all seasons due to accumulation of salt ions in soils and groundwater (Fig. 2), as mentioned above. However, ecosystem impacts of FSS as seasonal ion pulses or chronically elevated ion concentrations throughout the year are still poorly understood and may vary across watersheds due to state factors such as climate, topography,

underlying geology, biota, and time (Kaushal et al. 2019, 2020). Chemical cocktails can result in the depletion or reduction of native and sensitive species

including fish, macroinvertebrates, and plants (Cañedo-Argüelles et al. 2013a, 2016b; Schuler and Relyea 2018; Iglesias 2020), and may increase the

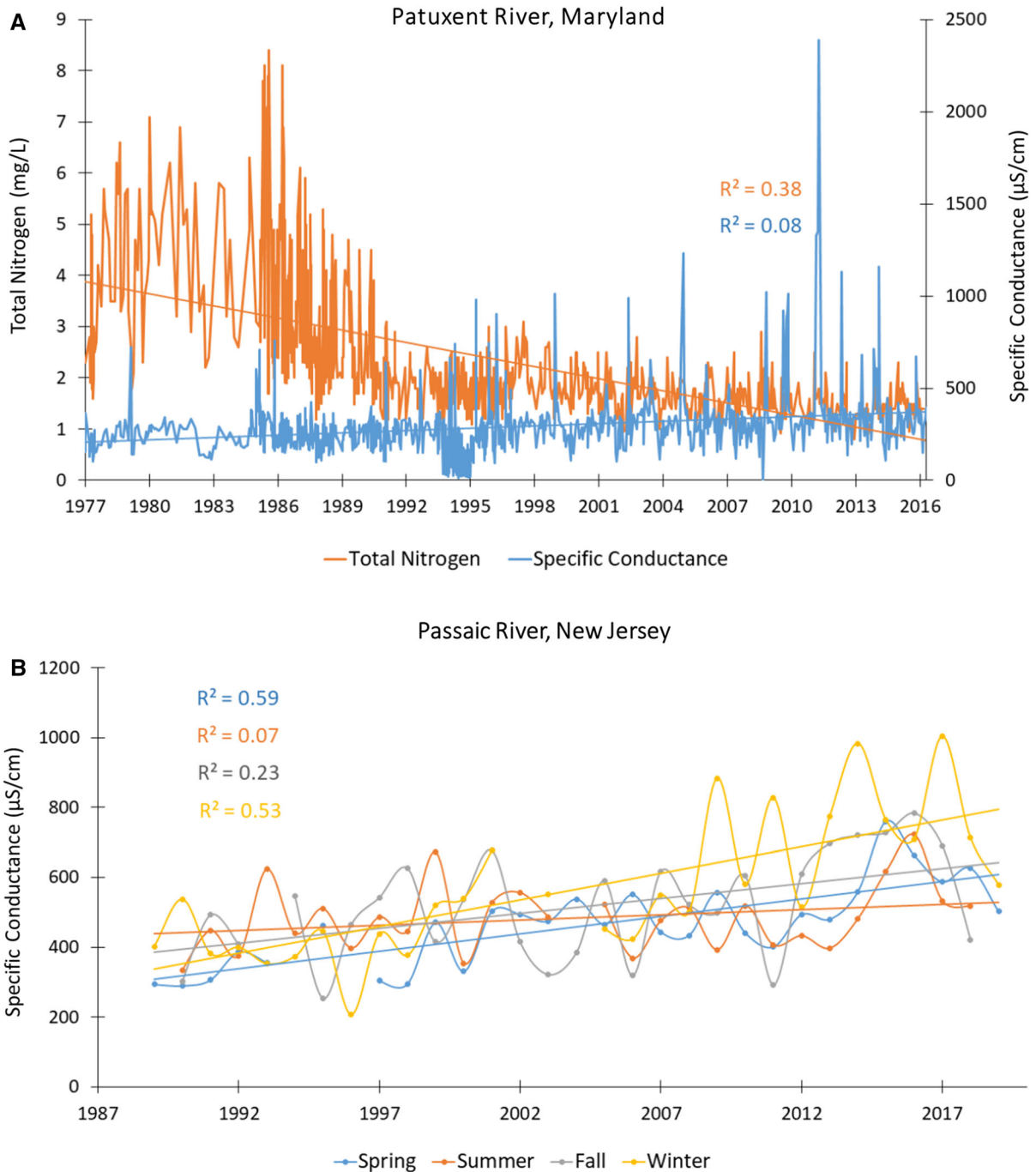


Fig. 2 Decreasing trends in nitrogen concentrations in the Patuxent River in Bowie, Maryland, USA, (USGS gage 01,594,440) over years due to nutrient regulations in the Chesapeake Bay watershed and increasing trends in specific

conductance (Top Panel). Increasing specific conductance over years across all seasons indicated by seasonal yearly means in the Passaic River, New Jersey, USA (USGS gage 01,389,005) (Bottom Panel)

potential for salt-tolerant invasive species to proliferate in these aquatic systems, thereby contributing to ecosystem impacts. Organisms that are more sensitive to shifts in water salinity are likely to exhibit greater mortality rates. For example, chemical cocktails of metals and major ions can reduce the species richness of mayflies (*Ephemeroptera*), caddisflies (*Trichoptera*), stoneflies (*Plecoptera*), and chironomids (*Diptera*) (Schuler and Relyea 2018). Increased anthropogenic salinization, due to elevated Ca^{2+} , HCO_3^- , SO_4^{2-} , and Mg^{2+} , can influence ecosystem structure and function through losses of sensitive aquatic taxa. The FSS induces trophic cascades and may influence biomagnification of contaminants through food webs (Van Meter et al. 2011; Cañedo-Argüelles et al. 2016b; Hintz et al. 2017). There are also potential consequences of continued heavy-metal contamination on microbial and biogeochemical processes in streams contributing to cascading effects that reduce ecosystem function and ecosystem services (Schuler and Relyea 2018). Metals mobilized by salt ions can reduce plant litter decomposition in aquatic ecosystems and alter microbial respiration (Duarte et al. 2008; Ferreira et al. 2016). It is difficult to comprehensively predict how FSS affects autotrophic and heterotrophic metabolic activities without further ecosystem scale studies and manipulation experiments and this topic represents a new research frontier.

Part 3. Freshwater salinization syndrome: critical research areas and identifying risks

Based upon almost 20 years of investigating FSS, we review and prioritize the following areas of critical research identifying risks from diverse causes and consequences. Specifically, we review and highlight the need for investigating approaches for better identifying and quantifying FSS sources, FSS causes and consequences and emerging risks from diverse FSS chemical cocktails (e.g. Table 2).

Identifying the expanding role of saltwater intrusion in FSS

Saltwater intrusion has been documented for over 150 years in the US, and contributes significantly to FSS elsewhere (Barlow and Reichard 2010). Coastal communities often use groundwater as their primary

source of drinking water (and primary source of domestic and commercial water), but over-pumping of fresh groundwater near saline groundwater contributes to saltwater intrusion (Paul et al. 2019). Sea level rise resulting from global warming and thermal expansion of water and post-glacial rebound can increase saltwater intrusion and affect the amount of freshwater available for coastal communities. Historically, there is evidence of higher sea levels increasing the amount of saltwater intrusion and the salinization of aquifers. In some areas along the U.S. East Coast, there are large aquifers of residual seawater that collected when sea levels were higher in the Pleistocene (Sprinkle 1989). When sea levels receded over the past 900,000 years, freshwater recharge created confined freshwater aquifers offshore of the Atlantic coast of the USA (Meisler 1989). Large-scale sea level changes affect the thickness of transition zones between fresh and salt waters. Repeated advance and retreat of sea level leads to thicker transition zones and, as a result, a greater volume of brackish water that can intrude into freshwater aquifers (Meisler 1989; Barlow and Reichard 2010). Because saltwater intrusion is often caused by relative sea-level rise or hydrologic alterations often as a result of human activities (Paul et al. 2019), and because natural saltwater varies in ionic composition and differs from salinized freshwater sources (Feistel et al. 2015), the role of saltwater intrusion requires special consideration in addressing FSS.

Saltwater intrusion related to relative sea-level rise is accompanied by increasing inundation of soils. This inundation leads to physical disturbance of soils by flowing water and mixing (Ferronato et al. 2019) and bioturbating organisms like marine worms (Valdemarsen et al. 2018), resulting in the dispersion of soil aggregates and movement of sediment, and the increasing availability of elements once sequestered within those aggregates. Aggregate dispersion is further exacerbated by several processes including microbial reduction of cementing oxide minerals (e.g. Fe, Mn oxide “glues”) (Weissman and Tully 2020; Krause et al. 2020) and dispersion of clay minerals by salt ions (Abbaslou et al. 2020). This results in a release of soluble ions including Fe, Mn, and compounds associated with their oxides, in addition to nutrients (e.g. P, N) released by cation exchange with seawater, particularly in nutrient-rich agricultural settings (Tully et al. 2019b; Weissman and Tully 2020). At the same time, reductive processes tend to

immobilize some elements including Cr (Tokunaga et al. 2001). So, saltwater intrusion of soils represents a complex set of environmental tradeoffs that will vary by setting and create chemical cocktails that differ from both the intruding seawater and the intruded porewater.

The relationships among salt ions and clay minerals are not completely understood, particularly within the context of saltwater intrusion. Some ions cause some clays to disperse, while others cause them to flocculate (Goldberg and Forster 1990). Although clay dispersion is commonly thought to occur in saltwater, intact clay films can be found in upland soils that have been submerged by estuarine water for centuries. Research is needed to understand better how different soils and geologic materials will behave as they are impacted by saltwater intrusion. There may be conditions where saltwater intrusion causes clay dispersion to plug pores, offering aquifers some protection from further saltwater intrusion. There may also be conditions where saltwater intrusion raises the pH and provides base cations for the formation of minerals such as smectites (Reid-Soukup and Ulery 2018), removing ions from solution as a new mineral-porewater equilibrium is established.

Mineral-porewater interactions under saltwater intrusion scenarios can also impact the atmosphere. Sulfate, supplied by seawater, significantly decreases rates of CH₄ production under anoxic conditions as sulfate is preferentially reduced by microbes (Helton et al. 2014; Wen et al. 2019). Sulfate reduction creates H₂S, which bonds with Fe to create FeS minerals (Wessel and Rabenhorst 2017). In environments with enough Fe, an “iron curtain” captures most of the H₂S created (Schoepfer et al. 2014). However, in environments without enough Fe to capture H₂S, H₂S can be released to the water column or atmosphere, causing fish kills and foul odors (Schunck et al. 2013). Better prediction of changes in the fluxes of CH₄, H₂S, and other gases as saltwater intrusion occurs is vital for environmental management.

Saltwater intrusion also alters organic matter dynamics and chemical cocktails. Saltwater intrusion reduces dissolved organic carbon (DOC) export from coastal freshwater wetlands through various mechanisms including reduced primary productivity and DOC flocculation (Ardón et al. 2016). Low-elevation coastal forests stressed by saltwater intrusion may be replaced by other vegetative communities,

compromising the ability of these landscapes to sequester carbon (Ury et al. 2020). Ghost forests line the salty edges of impacted wetlands, full of dead trees that are slowly releasing the carbon they once sequestered (Kirwan and Gedan 2019). Reportedly, more carbon is sequestered by migrating salt marshes than is lost as forests die back (Hussein et al. 2004). However, as marshes are lost to relative sea-level rise (or if they cannot migrate into ghost forests), the fate of this carbon remains closely tied to interactions with chemical cocktails, which remain poorly understood.

Identifying direct and indirect effects of FSS on groundwater resources

About half of the world’s population relies on groundwater for drinking water (Zekster and Everett 2004) including almost half of the U.S. population relying on groundwater for domestic purposes including drinking water (DeSimone et al. 2014; Dieter et al. 2018). Locally, this percentage can be much higher. Because groundwater is often consumed for drinking water, contaminants in groundwater pose health risks. Salinization can increase the risk of contamination from a wide suite of metal and radionuclide co-pollutants including As, Cd, Cr, Cu, Fe, Hg, Ni, Pb, Ra, U, Zn, and alpha and beta radioactive particles (Schuler and Relyea 2018; Lazur et al. 2020). Heavy metals and radionuclides cause multiple health issues (USEPA 2002, 2009). For example, in areas of the northern USA, people depend on groundwater from glacial aquifers for drinking water, and there are already health implications to about 4 million people from high concentrations of Mn and As, NO₃⁻, volatile organic compounds, and pesticides (Erickson et al. 2019). The U.S. Environmental Protection Agency (USEPA) advises a level for Na⁺ in drinking water of 20 mg/L and a total daily intake of 500 mg/day (USEPA 2003). Therefore, drinking water with high salt levels is a health risk and some US municipalities have reported exceedances of Cl⁻ above the USEPA secondary-drinking-water threshold of 250 mg/L (Corsi et al. 2010). However, it is important to mention that currently there are only secondary maximum contaminant levels for chloride; the USEPA also does not currently enforce these levels. These guidelines are to assist public water systems in managing their drinking water for aesthetic considerations, such as taste, color, and odor.

Although chloride and FSS chemical cocktails have not been previously considered to present a risk to human health in the past, our comprehensive review suggests that chloride and FSS chemical cocktails warrant further and deeper consideration for primary water quality criteria. High dependence on groundwater for drinking water also creates an even greater concomitant risk from consuming water contaminated with mobilized co-pollutants exacerbated by FSS from either geologic or anthropogenically enhanced sources (Stets et al. 2018; Lazur et al. 2020).

Movement of groundwater contaminants is controlled by hydrologic flowpaths. For example, contaminants move to deeper aquifers when groundwater flow is altered during withdrawals for water supply and irrigation. Because arsenic, for example, is found in high concentrations where surrounding minerals are derived from volcanic and crystalline rock (DeSimone et al. 2014) creating regional “hotspots” of groundwater As. There are also comparably high concentrations of arsenic found in aquifers in Holocene alluvial/deltaic sediments from Vietnam and Bangladesh (Smedley and Kinniburgh 2002). Nonetheless, vertical gradients of elements are important patterns observed naturally in aquifers. However, these patterns can be altered by pumping and withdrawal for agriculture leading to salinization. In the High Plains aquifer underlying the Great Plains of the USA, vertical gradients of dissolved solids (including salt ions) have been changed and even reversed when brackish water from deeper layers moves up and where irrigation recharge elevates concentrations nearer to the surface (DeSimone et al. 2014). The high plains is semiarid, but there are other examples in humid regions from North Carolina and Florida in the USA and Japan (Yamanaka and Kumagai 2006; Vinson et al. 2011; Maslia and Prowell 1990). Contaminants such as salt ions often move in plumes through groundwater, especially when emanating from point sources such as underground tanks or mine sites, following flowpaths of greatest porosity and preferential flow. Characterizing these hydrologic flowpaths can involve installing extensive networks of groundwater wells to monitor movement. In general, researchers typically don't have access to the same kind of high-quality monitoring records for groundwater that are available for surface water. This makes it even more difficult to identify, quantify, and manage salinization trends (which aren't related to saltwater intrusion or a

chemical spill event). However, research on trends in groundwater quality is steadily growing (Burow et al. 2017).

Identifying risks of FSS on groundwater quality from resource extraction

Groundwater quality can also be degraded by petroleum drilling operations, where improperly sealed wells leak hydrocarbon contaminants into groundwater and/or from improper disposal of the mass amounts of saline water produced coincidentally with oil extraction (Kharak et al. 2013; Jackson et al. 2014). These brines can be extremely saline (> 200,000 mg/L TDS) and contain metals and naturally occurring radioactive elements including ^{226}Ra , ^{228}Ra and ^{222}Rn , and have led to contamination of groundwater in the US (Kharaka and Otton 2007). The salinity of produced water varies greatly depending on basin. For example, produced water from California, USA tends to be much less saline than from the Marcellus shale region of the USA (Kondash et al. 2020). Groundwater wells in residential homes in the Marcellus shale region of Pennsylvania, USA showed effects of unconventional energy extraction (hydraulic fracturing) including increased salts, metals and radioactivity thought to be primarily due to well casing integrity problems (Osborn et al. 2011; Jackson et al. 2013). Benzene and solvents common in hydraulic fracturing fluids were found in groundwater in Wyoming, USA (DiGiulio et al. 2011) and high levels of As, Se, Sr, and TDS were found in drinking water wells in proximity to fracking activity (Fontenot et al. 2013). As groundwater is progressively depleted globally, deeper saline water reserves are increasingly being explored as drinking water sources. Because these reserves are often closer to the formations where petroleum and natural gas extractions occur, including zones for wastewater injection, more of these reserves are at risk of contamination (Kang and Jackson 2016). Previous work has linked resource extraction with formation of brines and increased salinization thus contributing to FSS (Palmer et al. 2010; Vengosh et al. 2017). More work is necessary to examine the extent of FSS induced by resource extraction and groundwater reserves and resources at risk. In addition to groundwater, it is important to note that surface waters are also at risk from FSS from oil

and gas extraction and other forms of resource extraction.

Identifying risks of FSS on human health risks and safe drinking water

The FSS and associated chemical cocktails may pose a risk to human health. For example, it is known that specific chemical contaminants can contribute to skin, vascular, nervous system disorders, and cancer. However, it is not currently known if, how, and when FSS can impact transport and toxicity of these and other chemical contaminants in the environment. Those potential risks can be prevented by establishing and adhering to drinking water standards that also account for potential FSS mobilization of contaminants and chemical cocktails (Foster et al. 2019). However, such standards do not take into consideration mixtures of elements that form chemical cocktails that, together, may have synergistic, or negative effects. For example, groundwater salinization and high concentrations of Cl^- , specific conductance, and dissolved solids coupled with low pH was found to increase risk from trace metals (Fe, Mn, As, B, Pb) in Bangladesh (Rakib et al. 2020). It may be important to clarify that salinization and these factors increase the extent of contaminant co-occurrence, not the health effects themselves, which were not evaluated in this study. In addition, up to 220 million people globally are at risk of exposure to elevated levels of As in groundwater, which can also be mobilized by saltwater intrusion (LeMonte et al. 2017), primarily in Asia where As is released under anoxic conditions from reduction of arsenic-bearing iron III minerals in areas of recently deposited alluvial sediment (Podgorski and Berg 2020). Risk of exposure to co-occurring, multiple heavy metals (chemical cocktails) in drinking water are pervasive in developing countries where drinking water alternatives are not available, and standards do not exist (Chowdhury et al. 2016). Coastal residents are especially at risk from saline water intrusion that often is exacerbated by anthropogenic activities and water use. For example, in a coastal area of China, groundwater salinization increased the mobility of As, Co, Cr, Cu, Fe, Mn, and Ni in an area with high concentrations of total dissolved solids (TDS), significantly increasing cancer risk, especially for children (Wen et al. 2019). While salt ions can exacerbate contaminant mobility, salinity alone in drinking water

can increase health costs and these risks could be exacerbated by increasing sea level rise causing more salt water intrusion along coasts (refer to above) (Khan et al. 2011; Vineis et al. 2011).

Although we have previously discussed examples from saltwater intrusion, other forms of salinization also typically lead to violations of multiple drinking water standards such as mining, agriculture, and urbanization. Exposure to saline drinking water and co-pollutants increases overall health care costs, emphasizing the importance of establishing water quality standards (*i.e.* USEPA currently has aquatic life criteria for chloride and secondary values or advisories for sodium, but USEPA does not currently have national primary drinking water regulations for these salt ions) and providing infrastructure for safe drinking water, especially in developing countries (Das et al. 2019). Sodium concentrations are increasing throughout hundreds of kilometers of the Potomac River, a major drinking water source and supply for Washington, D.C., USA and other nearby cities due to increasing urbanization and pollution (Fig. 3). Specific conductance near the drinking water intake for Washington, D.C. is strongly related to multiple ions and organic matter in drinking water (Fig. 3). Specific conductance may serve as a proxy for predicting concentrations of ions (discussed later), and indicate diverse chemical cocktails that impact infrastructure and human health. Major ion concentrations in the Washington D.C. water supply are still relatively low compared to some regions, but there is evidence to suggest that this relatively fresh water could still mobilize manganese and other metals and have implications for human health (Shaver 2015). There are many diverse sources and health impacts of chemical cocktails related to FSS, which require further investigation (Table 2).

Identifying FSS impacts on plumbing, pipe corrosion, and drinking water

Drinking water risks from high concentrations of salts and co-occurring metals are also both direct and indirect in the form of damage to drinking water infrastructure. One of the most well-documented cases of Pb contamination related to pipe corrosion from chloride occurred in Flint, Michigan, USA; it primarily became an issue because of the failure to adjust corrosion inhibitors and disinfection that contributed

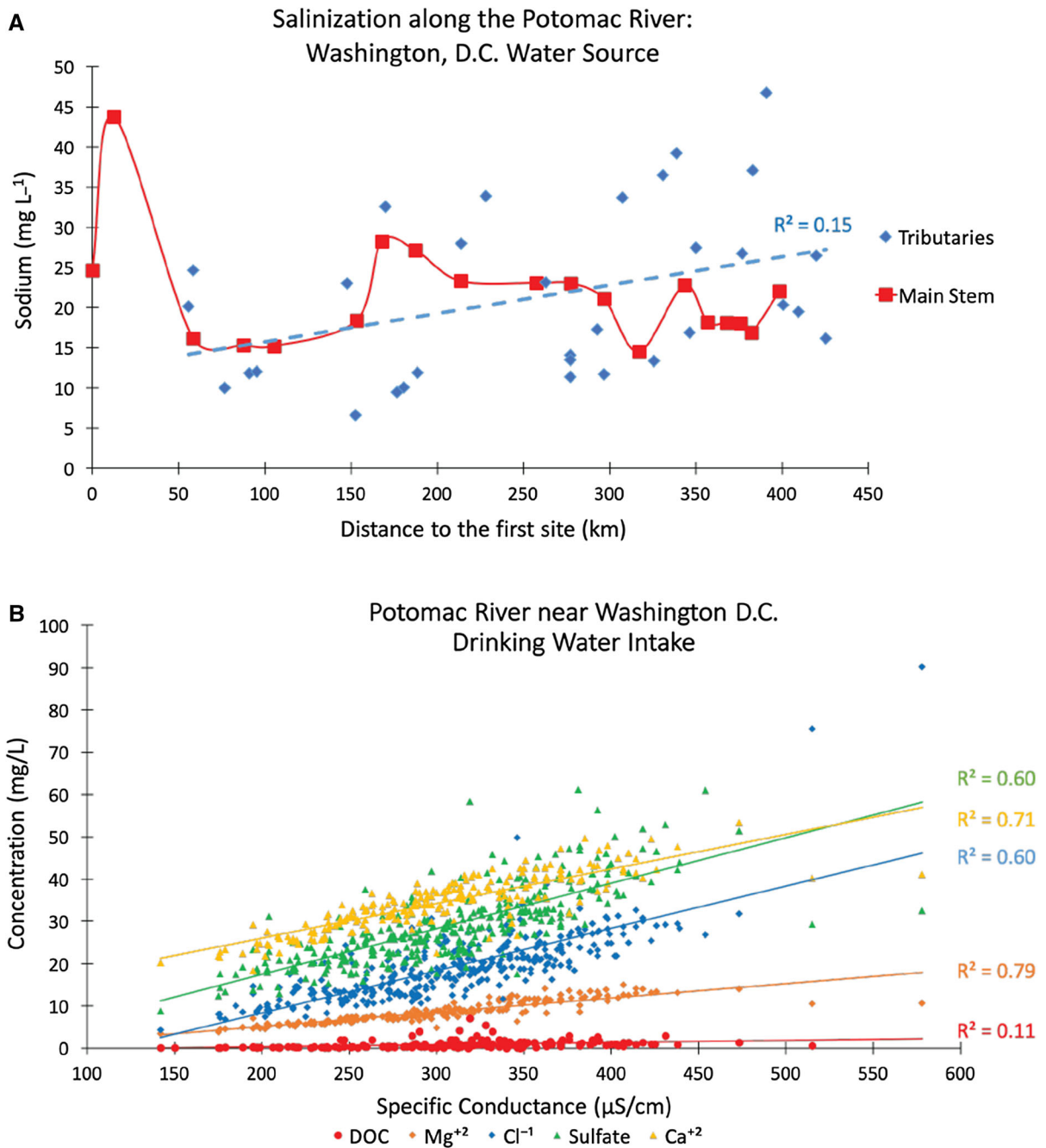


Fig. 3 Increasing sodium concentrations along the Potomac River mainstem and its tributaries, as it flows from its headwaters in West Virginia, USA to Washington, DC, USA (Top Panel). Linear relationships between specific conductance

and concentrations of multiple elements over decades in the Potomac River near the drinking water intake for the Washington, DC metropolitan region (USGS gage 01,646,580) (Bottom Panel)

to leaching of lead in pipes (Pieper et al. 2017). However, corrosive water from the Flint River, which was enriched in Cl^{-} from road salts, also contributed

to lead contamination from pipes throughout the city’s water distribution system (Butler et al. 2016). Although the use of ferric chloride and the

discontinuation of anti-corrosives were major contributors, increased Cl^- and contributions to corrosion potential were also important. The failure of properly monitoring and reporting Pb and Cu concentrations in home drinking water taps was another factor that contributed to drinking water contamination. Pb in drinking water significantly affects children and pregnant women. Among infants who drink water with significant soluble Pb contamination, about 25% experience elevated blood Pb levels (Hanna-Attisha et al. 2016).

Increased salinization can damage drinking water infrastructure and leach contaminants (Novotny et al. 1998; Kaushal 2016). Increasing concentrations of Cl^- is linked to corrosion of infrastructure and pipes and potential contamination of Pb throughout the US (Stets et al. 2018). Drinking water distribution systems that use galvanized steel or iron pipes are highly susceptible to corrosion by FSS, which may leach contaminants such as Pb and Fe (Stets et al. 2018). Pb pipe is also susceptible to leaching, and there can be leaching of Pb and other heavy metals from lead–tin solder joints in drinking water pipes (Edwards and Triantafyllidou 2007). Furthermore, Cu pipes are also susceptible to pitting induced by elevated concentrations of Cl^- and SO_4^{2-} in waters and soils (Stets et al. 2018). Experiments have shown that, as concentrations of salt ions increase, there is a corresponding increase in multiple metals mobilized in drinking water (Pieper et al. 2018).

Two chemical indices associated with corrosivity of plumbing and potential metal leaching are the Cl^- to SO_4^{2-} mass ratio (CSMR) and the Larson ratio (LR). The CSMR is associated with galvanic corrosion of lead, and LR, the sum of Cl^- and SO_4^{2-} to bicarbonate (HCO_3^-), is related to corrosivity of iron and steel (Lazur et al. 2020). Elevated corrosion from Cl^- leads to formation of soluble Pb complexes and elevated SO_4^{2-} leads to formation of insoluble Pb and SO_4^{2-} complexes (Lazur et al. 2020). For example, in an attempt to treat water for elevated As by replacing SO_4^{2-} with Cl^- based treatment coagulants, there can be changes in the CSMR ratio (Edwards and Triantafyllidou 2007). Discontinuing the use of orthophosphate as the corrosion inhibitor, raised the CSMR ratio and caused Pb to leach in pipes in Flint, MI (Pieper et al. 2017).

Corrosion from road salts poses particular risk to private wells and drinking water infrastructure (Pieper

et al. 2018). Corrosion from pipes in self-supplied groundwater in the USA contaminates drinking water with Pb, calcite, and apatite, where about 15% of wells tested were at risk of Pb dissolution, and highest Pb concentrations were found in California, Maryland, and Pennsylvania (Jurgens et al. 2019). While Pb pipes are being phased out of use in the US and other developed nations, some drinking water infrastructure still relies on Pb pipes, and even plumbing systems without Pb pipes show calcite and apatite precipitates in pipes can leach Pb (Jurgens et al. 2019). More research is necessary regarding drinking water safety and the human health impacts of FSS.

Identifying risks of FSS based on presence of radionuclides and hydrogeology

Road salts can mobilize naturally occurring radioelements and represent a major risk to groundwater in cities where road density influences application which, in turn, is related to salt application quantity. Similar to many other examples of FSS contaminant mobilization discussed throughout this paper, redox, ionic strength, and pH are still important drivers of solubility of radionuclides. Geology is also important for the occurrence of various metals as well (Wright and Belitz 2010; Izbicki et al. 2015; McClain et al. 2019), except for the cosmogenic/fallout radionuclides (Gellis et al. 2020). In public drinking water wells across the USA, lead-210 and polonium-210 radionuclides contaminate aquifers used for drinking water (Szabo et al. 2020). The radionuclides Pb-210 and Po-210 do not co-occur in groundwater despite both being derived from Rn-222 due to control by decay rates and interactions with various aquifer materials such as the association of Pb-210 with felsic crystalline rocks, whereas Po-210 presence is dictated by reducing conditions and high pH (Szabo et al. 2020).

Underlying hydrogeology can influence the movement and residence of subsurface Cl^- contamination and transport of radionuclides. Chloride was highly persistent in fractured bedrock in Connecticut, USA and concentrations accumulated in groundwater over time due to road salts (Vitale et al. 2017). In the Northeastern US, Na^+ in groundwater was closely correlated with Ra while Rn, the gaseous progeny of Ra, decreased linearly with specific conductance, demonstrating the strong influence of salinity on mobilization of radionuclides of human health

concern (McNaboe et al. 2017). Shallow groundwater can also be a reservoir for road salt in urban streams, which have chronically high Cl^- levels throughout the year even after salt application suggesting retention of ions in soils and aquifers (Cooper et al. 2014). However, there can be complex hydrologic flowpaths that influence sources, fluxes, and flowpaths of salt ions and sediments in human-impacted watersheds (Gellis et al. 2020). Polluted return flows with salinized surface waters can enter groundwater resources in agricultural and urban systems with implications for contaminant mobilization. Given that road salts mobilize radionuclides and metal cations such as Cu, Pb, and Zn in groundwater (Norrström and Jacks 1998; Bäckström et al. 2004), more work is necessary to identify other contaminants along complex hydrogeologic flowpaths and the role of groundwater-surface water interactions.

Monitoring sources, peaks, and persistence of FSS using high-frequency sensors

High-frequency sensor data is becoming increasingly available for freshwaters around the world. Specific conductance can easily be measured by sensors and can be a proxy for nitrate concentrations and reveal shifting groundwater-surface water flowpaths in streams and rivers across the USA (Fig. 4). Continuous high-frequency sensor measurements can also allow investigation of research questions related to detection of peaks in salinity spanning different magnitudes, persistence of peaks and lag times in solute transport, characterizing the potential for co-mobilization of contaminants associated with episodic salinization, and hysteresis of salinity and chemical concentrations due to lag times in groundwater storage and contaminant flushing (Fig. 5) (Haq et al. 2018; Moore et al. 2019; Kaushal et al. 2019). Biomonitoring approaches may also be useful to track and record changes in major ions in freshwater environments (e.g. Piotrowski et al. 2020). Given that land use change and climate variability amplify contaminant pulses in many human-impacted streams, it is difficult to accurately quantify exceedances and violations in water quality with traditional grab sampling during fixed routine monitoring of growing water quality problems (Kaushal et al. 2014, 2019; Haq et al. 2018; Moore et al. 2019; Morel et al. 2020). In addition to anthropogenic inputs and human-accelerated

weathering, the hydrology and volume of water available for dilution can influence the magnitude of salt pulses (refer to section Fundamental Geochemistry of Salinization - Making Chemical Cocktails below). Climate variability and changes in dry and wet years can interact with FSS and also influence the magnitude and duration of major ion pulses.

Sensor approaches are needed to interpolate and fill gaps between traditional grab sampling events to estimate concentrations across a wider range of hydrologic conditions in human-impacted watersheds and streams, particularly with flashy or pulsed hydrology (Kaushal et al. 2014; Morel et al. 2020). Thus, a growing research frontier will be to characterize and evaluate statistical relationships between high-frequency, continuous sensor outputs (e.g. specific conductance, water temperature, turbidity, nitrate, etc.) and individual water quality parameters such as salt ions, nutrients, and trace metals. In many regions throughout the USA, there has been an increasing density of US Geological Survey (USGS) stream gauges equipped with continuously recording water quality sensors. This makes it possible to relate traditional water quality measurements from grab samples, experiments, and laboratory measurements to “big data” sets of continuous sensor data of specific conductance (a robust proxy for dissolved ion concentrations) (Haq et al. 2018; Kaushal et al. 2018a). The analysis of sensor data will require developing new approaches to analyzing big data including statistical modeling and machine learning as well as to link concentrations and loads of salt ions, metals, and nutrients mobilized across seasons and events such as road deicer applications. Our work has shown that relationships between high-frequency sensor data can be developed to accurately estimate concentrations of salts, metals, and nutrients during wet weather storms and winter deicing events (Haq et al. 2018; Kaushal et al. 2019; Morel et al. 2020; Galella et al. 2021). More work is needed across different types of storms and snow events and broader gradients of streams and rivers across land use to more fully understand the impacts and consequences of these relationships (Haq et al. 2018; Morel et al. 2020; Galella et al. 2021).

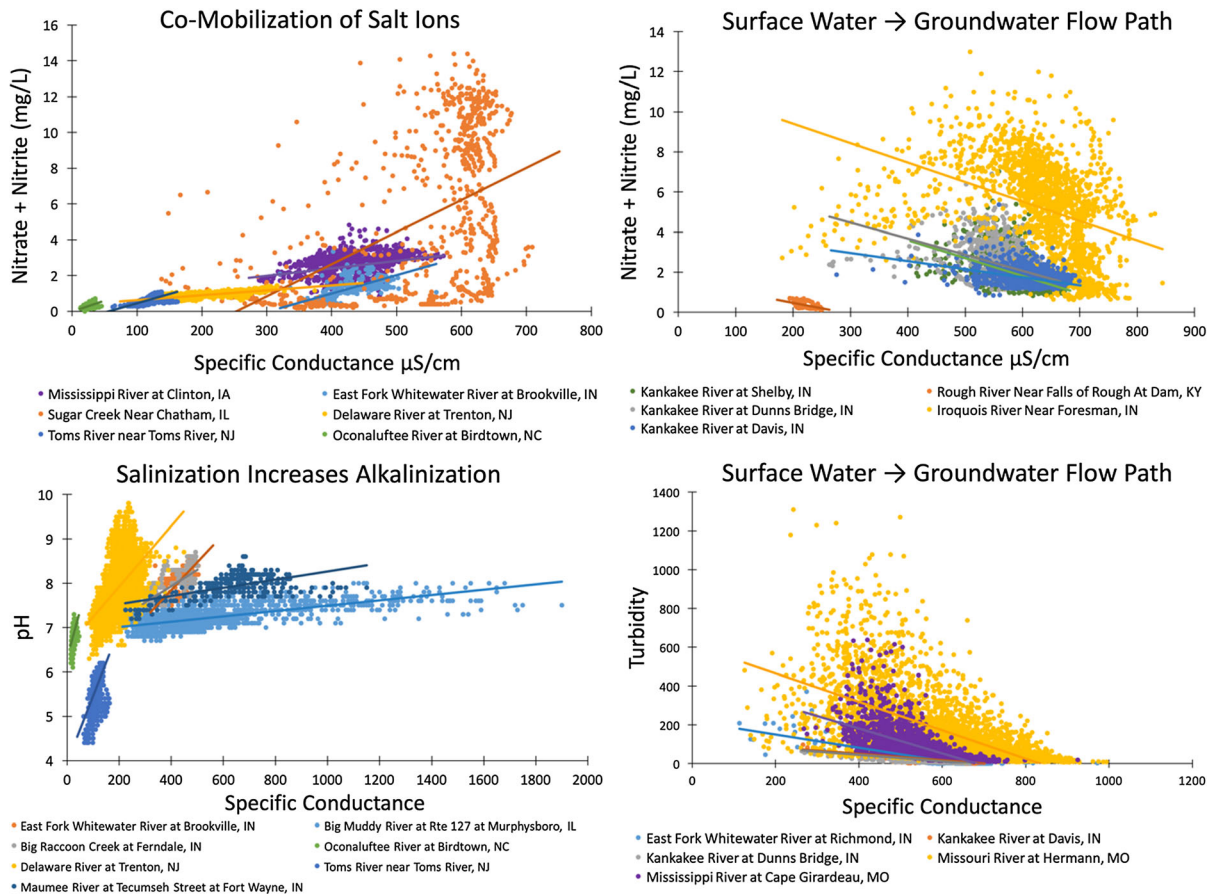


Fig. 4 Specific conductance can be a useful proxy or tracer of hydrogeochemical concentrations, sources, and processes. For example, there are relationships between specific conductance and nitrate concentrations, pH and turbidity (which were all measured from high-frequency sensors) in surface waters throughout the USA. Positive relationships between nitrate + nitrite and specific conductance (a proxy for total dissolved solids) suggest co-mobilization of ions and formation of chemical cocktails. Negative relationships between nitrate + nitrite concentrations or turbidity and specific

conductance indicate shifts from surface water to groundwater flowpaths (nitrate + nitrate concentrations and turbidity are highest in agricultural surface runoff from fertilized fields experiencing erosion and enhanced sediment transport; specific conductance is highest in deeper groundwater sources). Finally, salinization increases alkalinization, which is indicated by an increase in specific conductance (a proxy for total dissolved solids) and rise in pH. All sites are from USGS Water Quality Watch, which provides continuous real-time water quality of surface water in the United States

Part 4. Frontiers in managing freshwater salinization syndrome

The environmental and health impacts of increased salt ions to fresh water from diverse sources is significant and should be reduced. There are many potential management options, but the most effective strategy is reducing salt loading. Unfortunately, the concentrations of many salt ions, including Na^+ and Cl^- , are not regulated as primary contaminants in US drinking water (Kaushal 2016; Kaushal et al. 2018a). Yet, safe drinking water and secure water

infrastructure are a necessity. Diverse geological and anthropogenic sources of salt ions to fresh water make management of this problem especially challenging. Ultimately, there may be a need for regulations similar to the 1990 Clean Air Act Amendments, which were enacted to address pollution from acid rain (Likens 2010; Likens et al. 2021). Below, we discuss a few strategies for managing FSS.

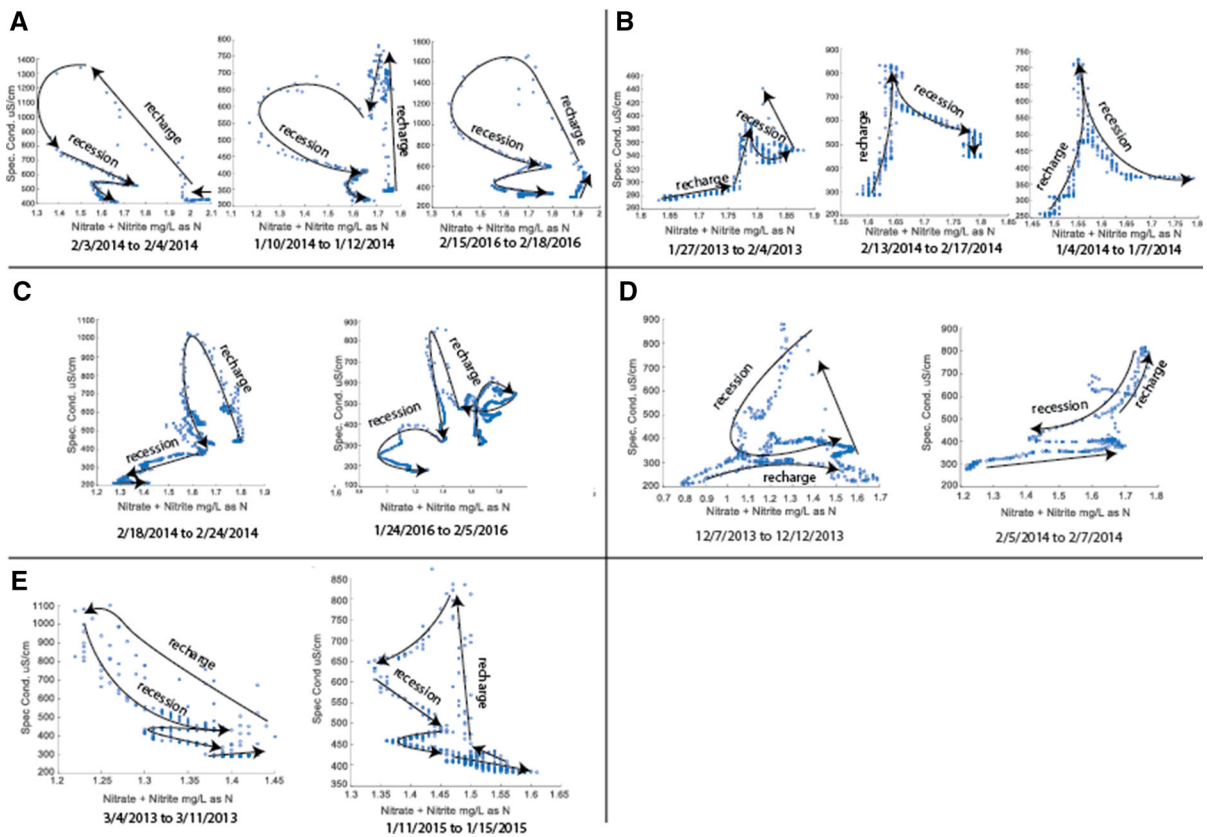


Fig. 5 Hysteresis in relationships between specific conductance and nitrate concentrations, which were all measured from high-frequency sensors in the Potomac River near the drinking water intake for the Washington, DC metropolitan region (USGS gage

01,646,580). Recharge of salt ions represents the ascending limb of the specific conductance peak during winter deicing events and recession represents the declining limb of the specific conductance peak

Monitoring and managing FSS using a watershed-ecosystem approach

The watershed-ecosystem approach is a classic and widely used tool to evaluate transport, storage and transformation of nutrients and contaminants in ecological and hydrologic systems (Bormann and Likens 1967). This approach helps to evaluate and understand patterns, processes and recovery associated with ecosystem disturbances, such as acid rain, deforestation, climate change, land use change, etc. (Likens et al. 1970; Bormann and Likens 1979; Likens 2010, 2013; Holmes and Likens 2016). Several sources contributing to acid rain were recognized initially, but further studies showed that approximately 70% of sulfur dioxide was from fossil-fueled power plants in the Midwestern U.S. (Likens 2010, 2013; Likens et al. 2021). Mass balance studies of watershed-ecosystem inputs and outputs identified

primary pollution sources that needed to be targeted to reduce the impact to lakes and rivers. Similar to acid rain, there are multiple sources of salt ion pollution associated with FSS and a coupled mass balance and watershed-ecosystem approach could also be used to evaluate and understand contributions from different sources and prioritize management efforts. For example, not every salt ion or nonpoint source is a major component of watershed salinity inputs and driver of increasing trends in freshwater ecosystems.

From a mass balance perspective, atmospheric deposition may be important for local or regional inputs of H⁺ and salt ions only in some cases (Fig. 6). It is important to note that changes in the acidity of atmospheric inputs (Fig. 6), can influence weathering rates and recovery from acid rain, contributing to upward trends in major ions in freshwaters (Kaushal et al. 2013, 2018a; Stets et al. 2014). There have been

increasing trends in atmospheric deposition of Na^+ and Cl^- ions in the coastal Northeastern USA, which may be due to aerosolization of road salts (automobiles driving over roads can suspend road salt ions into the atmosphere, and then salt ions are redeposited by precipitation) and/or changes in sea salt inputs from shifting storm patterns (Fig. 6). Some studies show localized atmospheric deposition of major ions in aerosols due to road salts during certain times of year (Blomqvist and Johansson 1999). There have also been increasing trends in Ca^{2+} in the Western USA, which may be due to increased eolian dust deposition from expansion of livestock grazing, increasing droughts and wildfires, and/or regional and long-range transport of dust from urban land use change and industrialization (Fig. 6). The initial focus of the

watershed-ecosystem approach could be on mass balances of total dissolved solids including atmospheric, terrestrial and groundwater inputs, and the mass balance approach could be expanded or refined to estimate inputs of each salt ion to get a more complete budget for watersheds. More work is also necessary to understand the potential for localized “hot spots” of atmospheric deposition and aerosolization of salt ions (*e.g.* Na^+ and Cl^-), particularly near roadways and in response to ecosystem disturbances such as wildfires, urbanization, and agriculture. Ultimately, the watershed-ecosystem approach may be a way to understand, monitor, inventory sources, and manage salinity and secondary impacts related to mobilization of chemical cocktails.

Trends in Atmospheric Ion Deposition in the U.S.

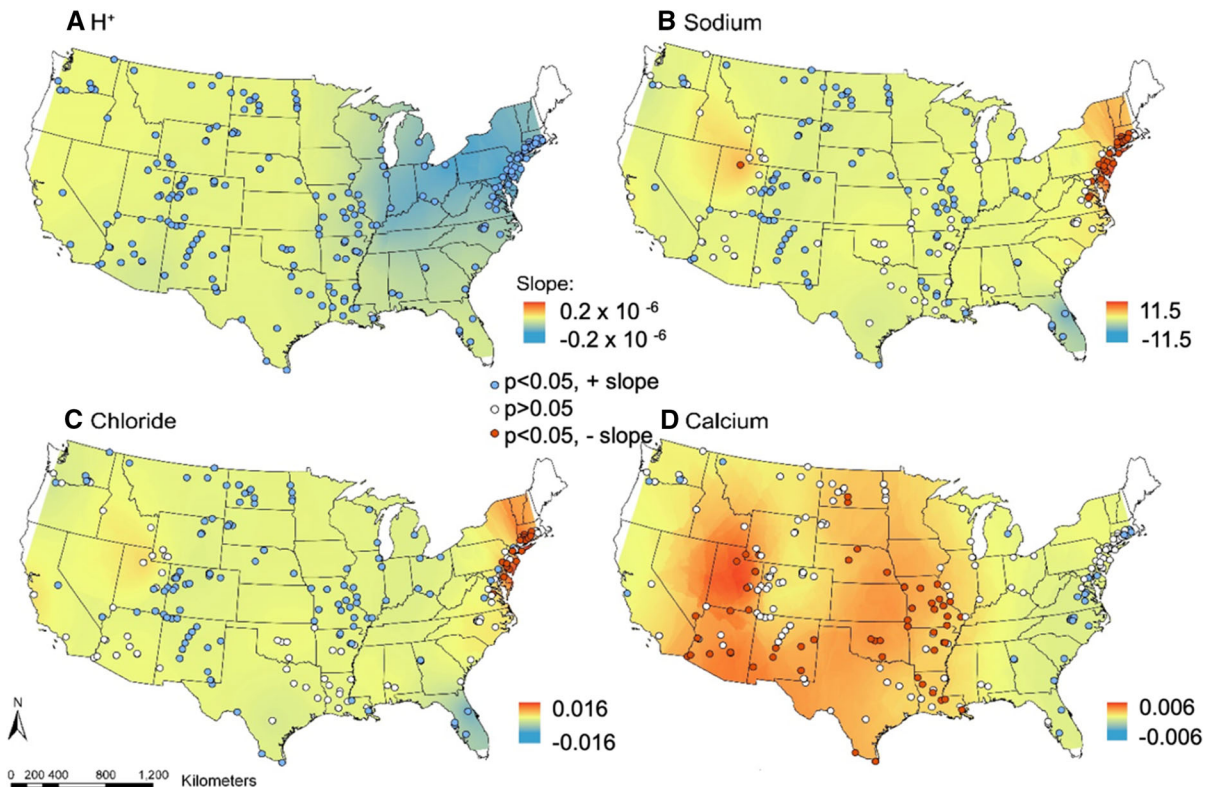


Fig. 6 Trends in H^+ and cation concentrations of rainwater in the continental United States. Points represent USGS monitoring stations analyzed in Kaushal et al. (2018a, b). We estimated changes in ionic deposition values in the watersheds at each site between 1986 to 2018 using data from interpolated maps provided by the National Atmospheric Deposition Program (NADP 2020). Trends for each watershed were approximated

using Theil-Sen regression; red and blue values corresponding to statistically significantly increasing and decreasing trends, respectively, and white values indicate no statistically significant trend. Values were also interpolated among assessed sites to provide estimates of deposition trends throughout the continental United States

Stormwater management retains and releases FSS chemical cocktails

There has been rapid expansion of engineered drainage networks in human-impacted landscapes which contribute to water quality issues via accelerated transport of nonpoint pollution sources to streams (Elmore and Kaushal 2008; Kaushal and Belt 2012; Kaushal et al. 2014). Depending on the type of stormwater management infrastructure, there is the potential to retain salt ions in soils, sediments, and groundwater but also to mobilize other contaminants concurrently through changes in ion exchange, pH, and biogeochemical processes. For example, Cl^- levels were lower downgradient of permeable asphalt compared to upgradient in a small urban study impacted by high ambient Cl^- concentrations, suggesting that permeable pavements, often employed to enhance infiltration in urban ecosystems (Passeport et al. 2013), may be a tool for managing groundwater quality (Dietz et al. 2017).

Plant-based bioremediation used in conjunction with stormwater management may also be effective for treating some metals in select soil strata (Rahman et al. 2016). For example, halophytes in the *Atriplex* genus and *Typha angustifolia* have been experimentally shown to significantly reduce the salinity of road runoff (Morteau et al. 2015; Suaire et al. 2016). In addition, these plant species also accumulated Ni and Zn, which may further reduce some chemical cocktails of trace metals (Suaire et al. 2016). Salt concentrations in plant tissues reached their maximum after one week (Morteau et al. 2015). Further research will need to be conducted to examine the feasibility of phytoremediation approaches beyond the lab setting, across higher concentration ranges of salinity in wetlands and riparian zones, and the ultimate fate and disposal of contaminants after sequestration in plant biomass.

Stormwater management features including stream restoration can also influence mobilization of different salt ions, metals, and nutrients in response to FSS, but this has received less attention. Because stream restoration and stormwater management can enhance hydrologic connectivity and groundwater-surface water interactions (Kaushal et al. 2008; Newcomer Johnson et al. 2016), there can be plumes of salt ions that contaminate groundwater from enhanced infiltration or recharge (Cooper et al. 2014; Snodgrass et al. 2017). The concentrations and compositions of

different salt ions and mobilization of secondary chemical cocktails in the soil profile in the plume can be directly related to groundwater table dynamics and recharge. Our previous work has shown that ion exchange induced by FSS can mobilize different ions (including toxic metals and nitrogen) from sediments into solution in streams and urban stormwater management sites (Fig. 7), and there are strong relationships between specific conductance and chemical cocktails of metals in urban streams (Fig. 8). Integration of certain media and substrates directly into soils in stormwater management features may enhance retention of certain metals and ions. For example, biochar application can increase pH, alkalinity, and the high P and carbonate content of some biochars can reduce metal mobility or adsorb metals in micropores (Zhang et al. 2013; Novak et al. 2014) which, in turn, is driven by organic matter content and characteristics of soils (Uchimiya et al. 2010). Iron oxides have also been successfully used to reduce water solubility of As, Cd, Pb, and Zn (Komárek et al. 2013). Given that numbers and diversity of stormwater management features have rapidly increased and evolved over several decades (Kaushal et al. 2014), more research is needed regarding the retention and release of ions and contaminants in response to FSS and how changes in soils, sediments, and hydrogeology can alter the balance of these processes.

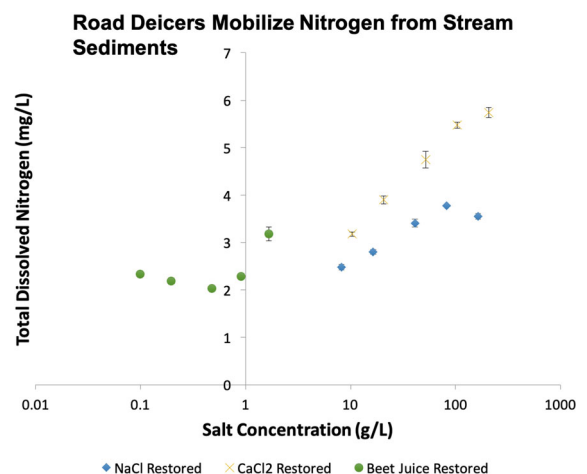
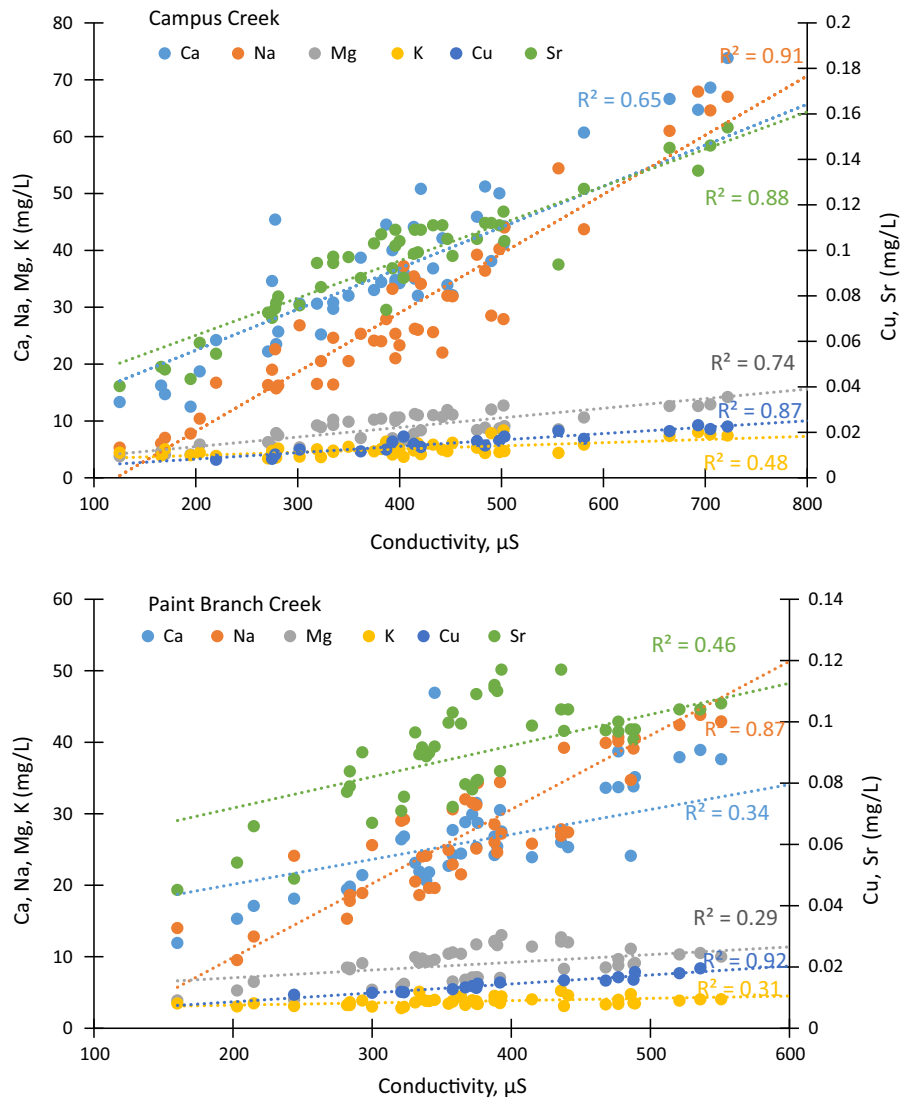


Fig. 7 Experimental effects of different deicers (sodium chloride, calcium chloride, and beet juice) at different concentrations in lab incubations on mobilization of nitrogen from sediments to stream water of a restored stream in Baltimore, MD. Methods are similar to Haq et al. 2018 and Kaushal et al. 2019

Fig. 8 Relationships between specific conductance and concentrations of base cations and trace metals over several years in Paint Branch Creek and Campus Creek, which are two urban streams on the University of Maryland campus near Washington DC, USA



Managing FSS through groundwater remediation

Managing risks from FSS and associated chemical cocktails will depend upon identifying and characterizing the risk through rigorous groundwater studies which often require special drilling techniques and extensive hydrogeologic sampling, often over long time periods owing to slow subsurface movement of plumes. Above-ground management including reducing and controlling sources before they reach groundwater is a cheaper, more effective means of addressing risks to groundwater contamination. Once salt ions have entered groundwater resources, managing

pollution and reducing risk to drinking water becomes more complicated.

When the extent and direction of salt ion plumes can be determined, treatment approaches can be implemented to halt or attenuate contaminants such as pump and treat solutions (Baú and Mayer 2008), thermal treatment (Stephenson et al. 2006), monitored natural attenuation (Wilkin 2008), and permeable reactive barriers (Ludwig et al. 2009; Wilkin et al. 2009). These efforts require proper location of the salt ion plume and positioning of treatment modes (e.g. permeable reactive barrier wall) to intercept the moving plume to allow interaction with microbes or chemicals such as zero valent iron or zeolites, which

can react with and reduce transport of certain ions and chemical cocktails (Passeport et al. 2013). Other technologies to remove salt ions and chemical cocktails in groundwater include ion exchange, reverse osmosis, electro dialysis and capacitive deionization, an electrochemical technique that removes ions from solution via charged porous carbon electrodes. While certain technologies are targeted toward single contaminants, capacitive deionization may be especially effective at removing multiple contaminants such as NO_3^- , PO_4^{3-} , Cr^{6+} , and Cu^{2+} even at low concentrations, an advantage when remediating multiple elements in chemical cocktails (Tang et al. 2016).

In-home reverse osmosis (RO) drinking water systems are effective (> 95%) at removing Cl^- and other salts as well as heavy metals (Qdais and Moussa 2004), and also can effectively (> 90%) remove Ra, U, and associated alpha and beta particles (USEPA 2005). However, such systems require maintenance and can be costly. In addition, there is also concern about reject brines from reverse osmosis systems (Ahmed et al. 2001; Imbulana et al. 2020). Contaminants and risk levels associated with groundwater and drinking water are not always known by the consumer due to lack of testing or local issues with decaying infrastructure and treatment (Schuler and Relyea 2018). Source control, addressing chemical cocktails comprehensively, and establishing effective regulations and management will be required to reduce the direct and indirect risks of Freshwater Salinization Syndrome.

Managing FSS from road salt runoff

As indicated throughout this paper, the causes and consequences of FSS and its chemical cocktails are more diverse than previously recognized. Here, we highlight the potential diversity of approaches to address one of the most ubiquitous and voluminous sources of salt ions contributing to FSS in temperate regions, road deicers (*i.e.* Jackson and Jobbagy 2005; Kaushal et al. 2005). Other FSS management solutions warrant further discussion, but we focus on this topic because it is an emerging issue.

Brines and pre-wetting to manage FSS from road salts

Rock salt (NaCl) has been the traditional solution to addressing road safety in winter by melting snow and

ice on the road surface by lowering the freezing point of water. Rock salt is only effective at temperatures above $-6\text{ }^\circ\text{C}$ and decreases in effectiveness as temperature decreases to $-21\text{ }^\circ\text{C}$. Brining is a practice intended to reduce the amount of salt needed to deice roads, in which a salt solution is applied to roads as preventative best management practice (BMP) before a forecasted winter storm (Haake and Knouft 2019). Brining can reduce average chloride transport to streams by $\sim 45\%$ under some circumstances (Haake and Knouft 2019). Another method is pre-wetting rock salt, as it is applied to the road, which accelerates the temperature reduction process in breaking the bond between the snow and pavement (Koefod et al. 2015). Pre-wetting rock salt not only increases the rate of melting, but also helps rock salt stay on the ground (Koefod et al. 2015).

Traction sands to manage FSS on roadways

Traction sand is another alternative deicer used to make roads accessible for cars in case of snow where sand is mixed with salt before being applied to roadways (Pulley et al. 2010). Another important advantage of using sand is that it can create a minor albedo effect to warm pavement and melt surrounding ice, and it can also perform well in extremely cold weather (Hossain et al. 1997). MgCl_2 , a more effective deicer than NaCl at lower temperatures, can be added to sand before being applied to roads. Potential drawbacks of using sand include accumulation and runoff which can impact water quality (Pulley et al. 2010). Traction sand also contains contaminants such as Cu, Zn, Cl, Mg, Na, N, and P that can contribute to stormwater runoff (Pulley et al. 2010).

Alternatives to sodium chloride to manage FSS on roadways

Road salt alternatives to NaCl have been suggested as a management approach for stormwater runoff, but some alternate road deicers such MgCl_2 and CaCl_2 are still highly efficient mobilizers of Pb, Cd, and Cu (Acosta et al. 2011). In addition, the NaCl and CaCl_2 -based road salts cause corrosion in both the concrete and steel structures on bridges, roadways, and sidewalks (Tang and Lindvall 2012; Gode and Paeglitis 2014) leading to risk of failure and potential for injuries and fatalities. Interestingly, self-heating

concrete mixtures are being tested as an alternative to applying road salts for deicing (Farnam et al. 2017). Another experimental approach is the use of *Sporosarcina pasteuria* bacteria to reduce the formation of calcium oxychloride when CaCl in road salt reacts with the calcium hydroxide (Ca(OH)₂ in concrete (Jones et al. 2020). These bacteria, commonly found in soil, convert nutrients and Ca into CaCO₃ or calcite, thereby reducing the corrosion potential of the road salt.

Biochar, produced from pyrolysis of organic matter usually sourced from waste streams including poultry litter or wood by-products, is a relatively inexpensive engineered solution that can help manage FSS effects in urban, agricultural, and other contaminated soils. Biochar has been found to mitigate or even eliminate salt stress in some plant species (Thomas et al. 2013). For example, biochar additions reduced the effects of salt-induced mortality in *Abutilon theophrasti* and increased survival of *Prunella vulgaris* (Thomas et al. 2013). Biochar can enhance water retention, cation exchange capacity, and carbon sequestration (Thomas et al. 2013), which may offset impacts of FSS.

Other alternative options include organic salts such as various acetate mixtures including potassium acetate, calcium magnesium acetate, sodium acetate, sodium formate, and propionate salts. Potassium acetate is sometimes used because it is less corrosive when relative to NaCl (Xie et al. 2017), though it still causes corrosion of galvanized steel (Xie et al. 2017). While organic salt ions cause less corrosion of steel than NaCl, the effects on concrete were similar across both traditional and organic road salts (Xie et al. 2017). For example, Ca Mg acetate (CMA) causes aggressive degradation of concrete when used during freeze–thaw cycles (Lee et al. 2000). A disadvantage of CMA is the degradation of the finer aggregate particles within concrete, which could more easily wash into waterways and contribute to salinity (Lee et al. 2000). Cheese whey can also be used to create acetate salts like CMA and propionate salts at a low cost through fermentation (Praveen et al. 2007). Organic molecules such as sugars, lignins, and hemicellulose can also lower water's freezing point, preventing ice crystal formation. Various industrial sources of organic wastes have been proposed as salt alternatives for deicing. For example, beet juice, a product of the sugar industry, can lower water's freezing point (Fu et al. 2012), and outperform some

road salts at lower temperatures (Gerbino-Bevins et al. 2012). Although beet juice is not toxic to aquatic life, it contains organic matter, which can contribute to biochemical oxygen demand, and it also has the potential to mobilize nitrogen into solution (Fig. 7).

Managing FSS through regulations

Another strategy for managing FSS may be through improved water quality regulations. Countries and regions around the world manage water quality using diverse strategies. There have been debates regarding bottom up vs. top down management approaches for managing freshwater salinization in the past (Cañedo-Argüelles et al. 2013a, 2016a; Kaushal 2016; Schuler et al. 2019). Future work in the social sciences may need to investigate the effectiveness of personal or market-based forces vs. regulations as a means of managing FSS. Although there may be many regulatory questions beyond the scope of this study, we highlight a few urgent needs from the US. For example, there is a current lack of private well testing, which hampers detection of impacts on domestic drinking water. Approximately 42 million Americans rely on private well systems for their main source of water (Colley et al. 2019). Some states in the USA have mandatory private well testing laws but performing treatment on contaminated wells can be optional (Flanagan et al. 2018). A USGS study found that 25 states are vulnerable to having corrosive wells due to unregulated water (Belitz et al. 2016). Given the extensive impacts of FSS on groundwater resources discussed in this paper, the lack of private well testing may contribute to a serious emerging environmental and health issue. In addition, chlorides are not federally regulated in the US as primary contaminants in drinking water, although Na⁺ is currently being considered. For drinking water, the USEPA recommends that chloride concentrations remain below 250 mg/L and recommended levels for Na⁺ concentrations are 20 mg/L, and decreasing salinity may decrease hypertension in some consumers (Schmidt 2017). Currently, Na⁺ and Cl⁻ in drinking water is not regulated by USEPA under national primary water quality regulations for human health but rather, only non-regulatory values to address aesthetic effects and aquatic life criteria. In order to reduce risks and protect human health, Na⁺ and Cl⁻ could potentially be considered as mandatory regulated substances and

Table 3 Geochemical signatures of a variety of nonpoint sources of salt contributing to Freshwater Salinization Syndrome (FSS)

Common FSS Source	Geochemical Signatures	References
Road Salt	Element: Cl Ratios: Major ions, Br/Cl, Na/Cl, SO ₄ /Cl, ³⁷ Cl/Cl, Tracers: dye	(Kreitler 1993; Vengosh 2005; Nassery and Kayhomayoon 2013)
Wastewater and Sewage	Element: N, Cl Ratios: ⁸⁷ Sr/ ⁸⁶ Sr, Cl/Br, Na/Cl, Br/Cl, B/Cl	(Vengosh 2005; Moore et al. 2008)
Oil field brines	Element: Cl Ratios: ³⁷ Cl/Cl, Na/Cl, Br/Cl Isotope: δ ⁷ Li	(Mirzavand et al. 2020; McDevitt et al. 2020)
Agriculture effluent (irrigation and fertilizer)	Element: SO ₄ , NO ₃ ⁻ , B Ratio: ⁸⁷ Sr/ ⁸⁶ Sr	(Trabelsi et al. 2007; Kume et al. 2010; Ben Ammar et al. 2020)
Seawater Intrusion	Element: B, Ba, I, Cl Ratio: B/Cl, Cl/Br, Na/Cl, Simpson's ratio Isotope: δD-δ ¹⁸ O, ¹⁴ C, ³ H,	(Sánchez-Martos et al. 2002; Nassery and Kayhomayoon 2013; Abdalla 2016)
Evaporite Dissolution	Element: Na, Cl Ratio: Na/Cl, Br/Cl, Li/Cl, Mn/Cl, B/Li, Cl/TDS, B/CL, ⁸⁷ Sr/ ⁸⁶ Sr	(Bouchaou et al. 2008; Zarei et al. 2013)

Geochemical signatures include elements, elemental ratios, and isotopes

Total Daily Maximum Loads (TMDLs) could be enforced under the federal Clean Water Act. Given that specific conductance can be related to a wide variety of ions as shown throughout this paper, further work may be needed to identify and manage FSS impacts at the level of chemical cocktails or mixtures relevant to watersheds or regions. Overall, much work is necessary to explore the effectiveness of different regulatory frameworks for FSS (and other comprehensive approaches and options discussed throughout this paper) as potential management tools by social scientists, politicians, environmental agencies, and/or the public.

Emerging research and management questions

Our review and analysis highlight several emerging research and management topics, but many questions remain. For example, uncertainty exists around how different salt ions and mixtures ranging from low to higher salinities impact biota, ecological communities, and ecosystem functions and services (Schuler and Relyea 2018; Iglesias 2020). Some species may be more sensitive to specific ions and chemical cocktails and questions remain about which species are affected,

which are extirpated, and what would be the effects on ecosystems? For example, what are emerging threats to those organisms adapted to waters with lower salinity because of increased ion pollution? Biotic diversity and changes in species abundances, changes in species roles, and distributions need to be identified. In addition, some salts are micronutrients, and salt ions may subsidize primary production, microbial and ecosystem metabolism, and nutrient uptake. All of this information can be useful in better understanding the importance of controlling FSS to protect aquatic life and also ecosystem functions and services related to clean drinking water.

In addition, there are questions related to FSS and associated chemical cocktails and estimating the relative contributions of road salt ions, fertilizers, construction activities that disturb soils, human-accelerated weathering processes, water softeners, and others discussed in this paper. How do these different salt sources shift seasonally, across hydrologic flowpaths, across varying degrees of groundwater-surface water interactions, along different irrigation return flow cycles, along engineered drainage networks, and across different types and gradients of developed land use? Can we use different

geochemical tracers to track salinization sources and quantify relative contributions of FSS (Table 3)? More work using geochemical measurements of major and trace elements and their isotopes is necessary to investigate sources, fluxes, and flowpaths of salt ions and associated chemical cocktails in watersheds (Table 3). For example, the catchment/watershed approach can be used to characterize major sources and fluxes of ions exported from small end-member watersheds reflecting a dominant land use. Changes in the sources and transformations of salt ions can also be analyzed across broader spatial scales and watershed sizes using stable isotopic techniques coupled with process-level measurements in streams and continuous sensor measurements (e.g. Haq et al. 2018; Kaushal et al. 2019; Morel et al. 2020; Galella et al. 2021). Information on sources, fluxes, and transformations of salt ions in watersheds can be linked to complementary geochemical measurements in paleoecological studies, soil cores, and groundwater, or simulation models to understand how past land use interacts with present day processes to influence sources, fluxes and flowpaths of FSS chemical cocktails. These approaches may reveal the importance of legacy impacts and how long they last in watersheds across land use, stream order, soils, and topography.

There are many questions related to emerging impacts of FSS and chemical cocktails on aquatic life, clean drinking water, infrastructure, use of water for energy and food production, etc. Most salinization research has focused almost exclusively on Na^+ or Cl^- ; however, there can be different ions and ionic ratios. For example, how do Mg^{2+} and Cl^- ratios at similar levels to Na^+ and Cl^- or Na^+ and SO_4^{2-} , and other ions and ratios relate to different impacts on species diversity, toxicity, corrosion potential, crop production, and water quality issues? Further, how can the ecological stoichiometry of a diversity of salt ions and chemical cocktails in freshwaters be connected to the diversity of microbial, plant, and animal species and water quality impacts on corrosion and scaling of pipes, contaminant toxicity, and microbial processes, etc. For example, some mixtures of salt ions may have lesser impacts on aquatic species, but they may mobilize toxic metals in drinking water pipes and/or create more scaling on pipes used in power generation and transmitting steam. Previous work has almost exclusively focused on the “cocktail” or “mixture effect” from toxicology (Cross et al. 2001; Celander

2011; Adebambo et al. 2015; Svingen and Vinggaard 2016). Throughout this paper, we have illustrated the need for a watershed chemical cocktail concept to encompass more holistic changes in salinized fresh water (e.g. Kaushal et al. 2018a, b, 2019, 2020; Morel et al. 2020; Galella et al. 2021). This concept can help investigate many emerging questions regarding whether different salt ions and chemical cocktails have environmental trade-offs, interactions, and unintended consequences that we haven’t identified and/or predicted yet.

Ultimately, ecosystem scale experiments, advances in water quality monitoring approaches using high-frequency sensors, and models are necessary to advance research and management frameworks for predicting what happens when we increase salinity and shift chemical composition of salt ion mixtures. For example, if we are interested in studying or managing freshwaters and the salinity is doubled, tripled, quadrupled, etc. with specific ions in the future, can we accurately predict direct and indirect effects of FSS on biodiversity, water quality, corrosion potential, nutrient and metals mobilization, etc.? Developing conceptual and quantitative frameworks for predicting what could happen in the future can significantly improve management efforts and identify what we need to do to protect, restore and mitigate damage to freshwater ecosystems.

Similarly, management of FSS must develop into a cohesive, coordinated approach involving legislation at local and regional scales, source control of major inputs of salt ions, technological solutions to cleanup of surface and groundwater, alternatives to deicer salts, and investigation into corrosion control of drinking water infrastructure and roads and bridges, and new methods of stormwater control that attenuate rather than exacerbate FSS impacts.

Conclusions

Our comprehensive review and analysis suggest that FSS is increasing dramatically across certain regions globally. Impacts on safe drinking water, human health, aquatic life, infrastructure, and other far ranging impacts remain poorly understood and require further research and management in future decades. In particular, FSS needs to come under coordinated management effort to alleviate increasing

environmental, infrastructure, and human health consequences. If this complicated, emerging problem doesn't get the attention it deserves, FSS will likely increase in severity and put tremendous pressure on existing freshwater resources. Most importantly, we propose that FSS now needs to be considered a pervasive problem of ecosystem and infrastructure degradation, water security, and human health at the same level as acid rain, eutrophication, loss of biodiversity, and other mainstream, environmental issues. Freshwater is one of our most precious resources, and our comprehensive review and analysis has shown that it is becoming seriously degraded with multiple ions and chemical cocktails across global, regional, and local scales. If increasing trends in freshwater salinization continue, there are serious risks that freshwater will not be as "fresh" or have the same desired chemical, biological, and physical properties, and/or be able to provide the same ecosystem services as in previous decades. Recognizing that FSS is becoming one of the most pervasive, and systemic water quality problems of this century can change the ways we think about it, study it, and manage it into the future.

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Declarations

Conflict of interest The authors have no relevant financial or non-financial interests to disclose.

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