

1 Contrasting early Holocene temperature variations between
2 monsoonal East Asia and westerly dominated Central Asia

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14

15 **ABSTRACT**

16

17 Numerous studies have demonstrated that there are major differences in the timing
18 of maximum Holocene precipitation between the monsoonal East Asia and westerly
19 dominated Central Asia, but it is unclear if the moisture differences are also associated
20 with corresponding temperature contrasts. Here we present the first alkenone-based
21 paleotemperature reconstructions for the past 21 kyr from Lake Balikun, central Asia. We
22 show, unlike the initiation of Holocene warm conditions at ~11 kyr BP in the monsoon
23 regions, the arid central Asia remained in a glacial-like cold condition prior to 8 kyr BP
24 and experienced abrupt warming of ~9 °C after the collapse of the Laurentide ice sheet.
25 Comparison with pollen and other geochemical data indicates the abrupt warming is
26 closely associated with major increase in the moisture supply to the region. Together, our
27 multiproxy data indicate ~2 thousand years delay of temperature and moisture optimum
28 relative to local summer insolation maximum, suggesting major influence of the
29 Laurentide ice sheet and other high latitude ice sheet forcings on the regional atmospheric
30 circulation. In addition, our data reveal a temperature drop by ~ 4 °C around 4 kyr BP
31 lasting multiple centuries, coinciding with severe increases in aridity previously reported
32 based on multiproxy data. In contrast, model simulations display a much less pronounced
33 delay in the initiation of Holocene warm conditions, raising unresolved questions about
34 the relative importance of local radiative forcing and high-latitude ice on temperature in
35 this region.

36

37 **Keywords:** Paleotemperature reconstructions; Alkenone; Central Asia; Lake Balikun

38

39 1. Introduction

40 There have been extensive studies of moisture changes in China and central Asia
41 from LGM to present (e.g., Dykoski et al., 2005; Herzschuh, 2006; Chen et al., 2008; An
42 et al., 2012, 2013; Z. An et al., 2012; Wang and Feng et al., 2013). Broadly speaking,
43 there are two moisture source regimes: southeastern China is dominated by summer
44 monsoon precipitation originating from the tropical Pacific and Indian Oceans, whereas
45 central Asia and northwestern China are dominated by moisture from the Westerlies
46 (Zhou et al., 2009; Liu et al., 2014; Chen et al., 2008). A large amount of
47 paleohydrological data indicate overall drier conditions during the glacial and wetter
48 conditions during the Holocene for both regimes, with the exception of a distinct
49 difference for the timing of Holocene Climate Optimum: the Central Asia region during
50 the middle Holocene 8 - 6 kyr BP (e.g., An et al., 2012; Chen et al., 2008), but the
51 summer monsoon region around 11.5 - 5 kyr BP (e.g., Z. An et al., 2012; Dykoski et al.,
52 2005). Such difference has been attributed to the influence of the last substantial
53 remnants of northern Hemisphere ice-sheets on the atmospheric circulation (Chen et al.,
54 2008), including the Laurentide ice sheet (LIS) and the Fennoscandian ice sheet (FIS)
55 (Linden et al., 2006; Carlson et al., 2008). Alternatively, some model simulations of the
56 early Holocene indicate that ice sheets had little effect on central Asian aridity, instead
57 decreased winter temperatures over the North Atlantic due to early Holocene orbital
58 forcing had a significant impact on evaporation and atmospheric moisture (Jin et al.
59 2012).

60 In contrast to hydrological history, our knowledge of temperature variations for the
61 region is much less complete. Pollen data provide a long term estimate of temperature
62 changes for relatively wet regions in southeastern China (e.g., Zhu et al., 2008).
63 Geochemical data from Chinese loess plateau (Peterse et al., 2011; Gao et al., 2012; Jia et
64 al., 2013) and Lake Qinghai (Hou et al., 2016) provide higher resolution reconstructions
65 of temperature changes for the summer monsoon regions. The overall pattern is that the
66 regional temperature responds strongly to summer insolation changes (Gao et al., 2012;
67 Hou et al., 2016), but with major interruption at times of reduced North Atlantic
68 Deepwater (NADW) formation, as well as around 8.2 kyr BP (Hou et al., 2016).

69 However, temperature variations are poorly known for the westerly-dominated central
70 Asia. Regional vegetation is primarily controlled by moisture hence reconstruction of
71 temperature based on pollen induces major uncertainties. Thus, a major scientific
72 question is whether the observed difference in delayed timing of hydrological change
73 during the early Holocene in central Asia can also be found in the temperature record. In
74 modern conditions, cold conditions are generally associated with dry conditions, and
75 therefore, we hypothesize that temperature in the early Holocene may also exhibit
76 delayed warming, coeval with moisture variations.

77 Here we present a high-resolution alkenone-based paleotemperature reconstruction
78 from Lake Balikun, in central Asia. The central objective is to test the hypothesis that the
79 delayed moisture optimum during the Holocene at Lake Balikun is also associated with
80 delayed temperature optimum in central Asia.

81

82 **2. Material and methods**

83 *2.1. Study area*

84 Lake Balikun (43.60-43.73°N, 92.74-92.84°E, 1570 m a. s. l.) is a closed-basin,
85 hyper-saline lake (salinity 93.8 to 126.4 g/L), situated in the eastern Tianshan Mountains,
86 western China (Fig. 1; Fig. S1) (Zhao et al., 2014; Zhao et al., 2015). Previous study
87 suggested that the Lake Balikun was always a closed basin during the late Quaternary
88 (Ma et al., 2004). The Lake Balikun has an area of 116.0 km² within a catchment of
89 approximately 4500 km², sandwiched by Balikun Mountains in the south and Moqinwula
90 Mountains in the northeast (Wang and Dou, 1998) (Fig. S1). The prominent mountain
91 peaks in the catchment area have elevations of approximately 3800 to 4319 m a.s.l. (Fig.
92 S1). The annual precipitation near Lake Balikun ranges from to 120 to 342 mm, with 54 ±
93 9 (1σ) % falling in the summer months (June to August), based instrumental data from
94 1960 to 2008 (Zhao et al., 2015). The lake water is supplied by Dahe River, which
95 originates on the northern slopes of the Balikun Mountains, runs along the steppe from
96 east to west and finally discharges into the Lake Balikun (Fig. S1). Dahe River water
97 derives from both summer rain and spring-melting of snow accumulated during the

98 winter and early spring on Balikun Mountains: the percentage of water from these two
99 sources depends on seasonal distribution of rainfall. Lake Balikun reaches maximum
100 surface area either during the summer at the peak rainy season, or during spring following
101 the major melt water discharge, again depending on shifts in seasonal precipitation
102 patterns. The prevailing wind directions in all seasons are west to east or northwest to
103 southeast (summer monsoon thus does not reach this region). In recent years, permanent
104 glaciers on surrounding mountains have disappeared, hence no longer provide sustained
105 water supply to Dahe River during the warm seasons. The mean annual temperature in
106 the drainage basin is ~ 1.9 °C (monthly minimum -24.6 °C, maximum 21.3 °C). A cool
107 and dry season occurs in this region during the boreal winter when the Siberian High
108 establishes, giving rise to a strong anticyclone over Eurasia inland; conversely, a
109 relatively warm and wet season prevails during the summer months when the Siberian
110 High diminishes and the Westerlies climate dominates (Fig. S2). Thus, Lake Balikun is
111 an ideal site to study the variability of Westerlies and climate change in the arid central
112 Asia.

113 *2.2. Sediment core and dating*

114 A 62.53 m sediment core (BLK11A: $43^{\circ}39'51.05''\text{N}$, $92^{\circ}48'10.12''\text{E}$) was retrieved
115 from the center of Lake Balikun in June 2011 using a Kullenberg Uwitech Coring System
116 (Zhao et al., 2015). It was sampled continuously every 1 cm for the core. In this paper,
117 we focus on the top 6.42 m of the core. Here, we measured two accelerator mass
118 spectrometry (AMS) ^{14}C dates measured by Beta Analytic Inc, USA on bulk sediment,
119 together with our published ^{14}C ages (Zhao et al., 2015), are used to generate the
120 chronology of the top 6.42 m core.

121 *2.3. Water filters samples collection*

122 The water filters have been widely used to explore the relationship between long
123 chain alkenones (LCAs) and temperature when it is unclear what the alkenone-producing
124 species in the study area is, and thus, culture experiments cannot be performed (Goni et
125 al., 2004; Mercer et al., 2005; Toney et al., 2010; D'Andrea et al., 2011; Wang and Liu,
126 2013; Longo et al., 2016). To determine the relationship between summer temperatures

127 and alkenone unsaturation, we sampled water column samples from Lake Balikun in
128 June, July and August, but found alkenones only in June and July samples (Table S1). 24
129 surface water filters were collected from Lake Balikun and 8 surface water filter samples
130 from a small unnamed lake (43.82°N, 95.04 °E, 400 m a. s. l.) 170 km northeast of Lake
131 Balikun are collected and also used for calibrating alkenone temperature relationship
132 (Table S1). It is a closed basin lake with a salinity 30 g/L, area of 1 km², and maximum
133 depth of 1 m. Ten to twenty liters of water were filtered with combusted (550 °C)
134 Whatman GF/F 0.7 µm, 47mm glass filters. During this time, water temperatures range
135 from 17.6 to 27.1 °C in Lake Balikun and from 25.1 to 30.2 °C in another lake.

136 *2.4. LOI analysis*

137 The sediment core was sub-sampled by a 1 cm interval for loss-on-ignition
138 analysis. Sequential combustion at 550 °C and 950 °C was used to estimate organic
139 matter (Loss-on-ignition; LOI) and carbonate contents, respectively (modified from
140 Dean, 1974).

141 *2.5. Alkenone analysis*

142 A total of 120 sediment samples from BLK11A core and 32 water filters were
143 analyzed for LCAs at Brown University using the method described previously (Zhao et
144 al., 2014). All except for 16 samples in BLK11A contain sufficient alkenones for
145 quantification. Briefly, sediment samples (1-7 g) and water filters were freeze-dried and
146 then extracted with dichloromethane (DCM) via an Accelerated Solvent Extractor
147 ASE200 (Dionex). The extract was separated into neutral and acid fractions on a LC-NH₂
148 SPE column. The neutral fraction was separated into the aliphatic (n-hexane), ketone
149 (DCM) and polar (Methanol) fractions using silica gel column chromatography. The
150 ketone fractions were then saponified and further cleaned up using silica gel columns.
151 The alkenone fractions were analyzed using an Agilent 6890plus Gas Chromatograph
152 equipped with a VF-200ms GC column and a Flame Ionization Detector (FID) for
153 quantification (Longo et al., 2013). Alkenones were identified by comparison of retention
154 time with alkenone standards as well as confirmation using GCMS analyses (Longo et al.,

155 2013; Zhao et al., 2014). LCA concentrations were determined on GC-FID using the C₃₆
156 *n*-alkane standard.

157 3. Results

158 3.1. Lithology and chronology

159 We have published the pollen and grain-size data during MIS2 and last
160 deglaciation (294-720) in the BLK11A core (Zhao et al., 2015). In this paper, we focus
161 on the top 6.42 m of the core, which is consisted of clay (5.7–6.42 m), black clay (5.4–5.7
162 m), silt with sand (4.8-5.4 m), dark clay (3.4-4.8 m), black clay (2.9-3.4 m), clay (1.6-2.9
163 m) with a few Mirabilite crystals (Na₂SO₄·10H₂O) and Mirabilite crystals (1.6-0 m). Ten
164 AMS ¹⁴C ages were used to generate an independent chronology (Table 1). After
165 correcting for the 790 years reservoir and converting corrected radiocarbon ages to
166 calendar ages by Calib 7.0 software (An et al., 2012; Reimer et al., 2013; Zhao et al.,
167 2015), ages of each sampling interval are established by linear interpolation between the
168 two adjoining calendar year ages (Fig. 2).

169 3.2. U_{37}^k -temperature calibration based on modern water filters samples

170 32 surface water samples were analyzed for LCAs which were absent in 2 samples
171 (Table S1). C₃₇-C₄₀ LCAs were detected in surface water samples, but C₃₉-C₄₀ LCAs
172 were absent in most samples. The relative abundance of C₃₇ alkenones relative to C₃₈
173 alkenones, expressed as $C_{37}/C_{38} = (C_{37:4} + C_{37:3} + C_{37:2}) / (C_{38:4} + C_{38:3} + C_{38:2})$. The C₃₇/C₃₈
174 ratios range from 0.4 to 1.2, and the average value is 0.69 in surface water samples. The
175 U_{37}^k index [$U_{37}^k = (C_{37:2} - C_{37:4}) / (C_{37:4} + C_{37:3} + C_{37:2})$] has a significant relationship to lake
176 water temperature ($y = 0.015x - 0.678$, $r^2 = 0.66$, $p < 0.01$) (Fig. 3a); whereas the $U_{37}^{k'}$ index
177 [$U_{37}^{k'} = C_{37:2} / (C_{37:3} + C_{37:2})$] shows no correlation to lake water temperature (Fig. 3b). The
178 same phenomenon was reported in the *in-situ* work from Lake George (Toney et al.,
179 2010), and culture experiments (Theroux et al., 2010; Nakamura et al., 2014). We also
180 measured the *in-situ* air temperature, and found a strong relationship between *in-situ* air
181 temperature and *in-situ* water temperature (Fig. S3). Therefore, we suggest that surface
182 lake water temperature reflects air temperature in Lake Balikun.

183 3.3. *LOI values*

184 Organic matter content as assessed by LOI ranges from 2.7 to 20 % and displays
185 large variations throughout the sediment core (Fig. 4). LOI varied around a mean value of
186 $\sim 6.9 \pm 1.8$ % between 21 and 17 kyr BP, but decrease significantly to a mean value of
187 5.9 ± 1.7 % (min 2.7 %, max 12.1 %) between 17 and 9.3 kyr BP. LOI began to rise after
188 9.5 kyr BP, and oscillated around 8.2 kyr BP. The highest LOI values were reached
189 during the mid-Holocene ($\sim 8 - 6$ kyr BP), followed by a continuously decreasing trend
190 after 6 kyr BP.

191 From 21 to 9.3 kyr BP, the carbonate content was generally lower than 10 % except
192 two periods around 20-17 kyr BP and 14.9-12.8 kyr BP. After 9.3 kyr, the carbonate
193 content began to increase and reach maximum (85%) around 8 kyr BP, following a
194 decreasing trend after 8 kyr BP.

195 3.4. *Paleotemperature reconstructions based on alkenones*

196 The total LCA concentrations ($C_{37} - C_{40}$) were relatively low during the glacial and
197 early Holocene before ~ 8.2 kyr BP, around 0.4 to 2.6 $\mu\text{g/g}$ of dry sediment and
198 occasionally absent. Immediately after 8.2 kyr BP, the LCA concentrations increased
199 abruptly, ranging from 2.6 to 192 $\mu\text{g/g}$ of dry sediment (Fig. 4). GC-MS showed that odd
200 and even carbon number alkenones were methyl and ethyl ketones, respectively. In
201 majority of the samples, alkenones are characterized by the presence of C_{40} LCAs but
202 lack C_{38} methyl and C_{39} ethyl alkenones, indicate the presence alkenone producers
203 closely related to coastal haptophyte species (*Chrysothilla lamellosa*, *Isochrysis galbana*
204 and *Pseudoisochrysis paradoxa*) (Theroux et al., 2010).

205 Previous studies suggest that there are two major types of haptophytes in saline
206 lakes (Theroux et al., 2010; Toney et al., 2012; D'Andrea, et al., 2016). Key differences
207 between the two species are the relative abundance of C_{37}/C_{38} alkenones and $\%C_{37:4}$
208 alkenone (Chu et al., 2005; Pearson et al., 2008; Toney et al., 2010; Wang et al., 2015).
209 Different species of haptophytes could dominate during different periods in the past
210 (Coolen et al., 2004; Randlett et al., 2014) due to lacustrine environment change (e.g.,
211 salinity, nutrients). When multiple species are present in the same samples, it is generally

212 difficult to obtain quantitative paleotemperature reconstructions and only qualitative
213 temperature estimates could be made (e.g., Randlett et al., 2014). Fortunately, however,
214 in the case of Lake Balikpapan downcore samples, we found two distinct types of alkenone
215 profiles that appear to display little overlap (Fig. 5 and 6). One pattern (Type I) is similar
216 to surface water samples in Lake Balikpapan, and it's characterized by C₃₈ component
217 dominant and high %C_{37:4} (Fig. 5). In contract, another pattern (Type II) is characterized
218 by low %C_{37:4} and a large range of C₃₇/C₃₈ ratio (Fig. 6). We were able to use principal
219 component analysis (PCA) to cleanly separate the LCAs samples into two distinct
220 clusters (Fig. 7; Fig. S4). We note that the alkenone-inferred haptophyte species changes
221 in downcore samples are strongly correlated in timing with lake environmental change
222 inferred pollen, LOI and carbonate content variations (Fig. 4 and Fig. S5). Type I
223 alkenone species dominated in present, mid- and late-Holocene when the lake was stable
224 and climate was relatively wet. In contrast, type II alkenone species dominated during
225 around 4.2 kyr, early Holocene and glacial when the lake was small and climate was dry
226 (Fig. S5).

227 To account for the species effect on reconstructed temperatures, we used different
228 calibrations to calculate the downcore temperatures for periods when Type I and Type II
229 alkenones are predominant (Fig. S5). Type I LCAs was similar to surface water samples
230 in Lake Balikpapan, and hence we used our U_{37}^k -temperature calibration based on water filter
231 samples ($T = 44.598 \times U_{37}^k + 38.056$, $r^2 = 0.66$, $p < 0.01$, standard error = 2.12 °C, n=27) to
232 calculate temperature (Fig. S5). The producer of type II LCAs was similar to coastal and
233 saline lake haptophyte species (belonging to the group II) based on LCAs distribution
234 (Fig. 6; Theroux et al., 2010). There are several published U_{37}^k -temperature calibrations
235 for type II haptophytes (Sun et al., 2007; Toney et al., 2010; Theroux et al., 2013;
236 Nakamura et al., 2014; Hou et al., 2016; Zheng et al., 2016) (Table S2). The calculated
237 temperatures using different calibrations display the same trends but with significant
238 offsets in absolute values: several calibrations lead to unrealistically large temperature
239 changes around 8.2 kyr BP. For this reason, we opted to use CCMP1307 U_{37}^k -temperature
240 calibration (Nakamura et al., 2014) to calculate the temperature for type II LCAs which
241 give the temperature change at 8.2 kyr BP similar in scale to the amplitude recently

242 reported from Mt Altai ice core (Aizen et al., 2016) (Fig. S5). At present LCAs producer
243 is blooming mainly in June-July, hence we interpret alkenone inferred temperatures as
244 early summer temperatures.

245

246 **4. Discussions**

247 *4.1. Changes in the regional moisture history inferred from records of BLK11A core*

248 Many previous studies have used a variety of sedimentary proxies to infer regional
249 moisture history (Chen et al., 2008, 2016; An et al., 2012, 2013; Wang and Feng et al.,
250 2013). Our data from BLK11A are consistent with previous conclusions. Lake Balikun is
251 calcium limited (Zheng et al., 1995), similar to Lake Qinghai (Z. An et al., 2012), and
252 hence higher calcium carbonate in sediments is interpreted to reflect wetter conditions
253 and higher lake level. Carbonate data show a major peak about 8 kyr BP, suggesting
254 major increase in precipitation possibly related to the collapse of the LIS. In lake
255 sediments, the organic matter reflects autochthonous production from plants and input of
256 eroded organic material from the catchment. Thus the organic content in lake sediments
257 can be broadly corresponding with net primary production in the catchment. In the arid
258 study site, higher organic matter in sediments is interpreted to reflect wetter conditions
259 (Xue and Zhong, 2011). LOI data from BLK11A indicate dry conditions during the
260 glacial and around 4 kyr BP, and peak moisture around 8 to 6 kyr BP. Although alkenone
261 concentrations do not always follow the LOI, the major rise in alkenones after 8.2 kyr
262 suggests aquatic productivity increased dramatically around the time. Moisture history
263 inferred from productivity and carbonate contents are strongly supported by pollen
264 inferred vegetation changes (An et al., 2012, 2013) (Fig. 4).

265 *4.2. Impact of Northern Hemisphere ice sheets on regional temperature and moisture* 266 *between 21 and 11.7 kyr BP*

267 From 21 to 14.9 kyr, the average summer temperature was approximately 17.5 °C.
268 LOI and carbonate content reflect low net primary production in the catchment and small
269 lake area in the last glacial (Fig. 4), corresponding to the sparse desert/desert steppe

270 vegetation documented by pollen records (An et al., 2013). Overall, multiproxy records
271 indicate dry and cold climate conditions from the last glacial maximum to 14.9 kyr BP.
272 The climate conditions lead to greatly expanded desert region and reduced vegetation
273 coverage. Global climate modeling has demonstrated that ice sheet growth during the
274 LGM led to an increase in the meridional (latitudinal) temperature gradient and
275 southward migration of the polar front and the Westerlies (COHMAP Members., 1988;
276 Kutzbach and Webb, 1993). The presence of permanent northern Hemisphere ice sheets
277 (e.g., LIS and FIS) could have provided a year-round reservoir of cold air at high latitude
278 regions, obstructing northward migration of the Westerlies while enhancing the intensity
279 and extending the duration of Siberian High. These atmospheric circulation patterns
280 resulted in a cold-dry climate during the LGM in central Asia.

281 Temperature increased by ~ 4.8 °C and was variable between 14.9 to 12.5 kyr BP,
282 corresponding to the Bølling-Allerød period (Grootes et al., 1993; Shakun et al., 2012)
283 (Fig. 8). During the Bølling-Allerød period, accelerated melting of mountain glaciers
284 under warm climate condition increases the rivers runoff and the inflow of the lake,
285 leading to the high *Artemisia*% and carbonate content (Zhao et al., 2015).

286 Alkenone-inferred temperatures are low during Heinrich Event 1 (H1) and the
287 Younger Dryas (YD), but do not display the large and abrupt decreases as observed in
288 Greenland and circum-Atlantic regions (Fig. 9). Freshwater forcing reduction of the
289 AMOC is commonly invoked to explain millennial-scale decrease in temperatures on the
290 Greenland ice sheet and surrounding regions (Clark et al., 2001). Our results suggest
291 impact of changes in AMOC on the summer temperatures of our study region is limited
292 relative to other forcings.

293

294 *4.3. The delayed Holocene thermal maximum in central Asia*

295 Summer temperature from Lake Balikun remained low prior to 8 kyr BP and
296 experienced abrupt warming of 9 °C after the collapse of the LIS (~ 8 kyr BP), around 2
297 thousand years delay relative to local summer insolation (Laskar et al., 2004) (Fig. 9).

298 The peak summer temperature at Lake Balikun at ~ 8 kyr BP is followed by a general
299 decline trend toward present (Fig. 8). Pollen and other geochemical data indicate the
300 abrupt warming around 8.2 kyr BP is closely associated with major increase in the
301 moisture supply to the region (Chen et al., 2008; An et al., 2012).

302 The Holocene temperature optimum from alkenones in Lake Balikun is
303 corroborated by reconstructed moisture based on pollen and other geochemical data from
304 lakes in the arid central Asia (e.g., Chen et al., 2008; An et al., 2012), indicating that the
305 post glacial increase in both temperature and moisture in the region is delayed by
306 approximately 2 kyr relative to local summer insolation maximum, while the Asian
307 monsoon region's moisture (precipitation) generally follows summer insolation. For
308 example, oxygen-isotope ($\delta^{18}\text{O}$) data from Dongge speleothems suggest a strong Asian
309 summer monsoon during the early and mid-Holocene in Asian monsoon region when
310 summer insolation is at a maximum (Dykoski et al., 2005). The summer temperature
311 record (Hou et al., 2016) and summer monsoon index (SMI) (Z. An et al., 2012) at Lake
312 Qinghai indicated that the Holocene Climate Optimum occurred between 11.5 and 5 kyr
313 BP. Pollen-based annual precipitation reconstructed from Gonghai Lake gradually
314 increased from 14.7-7.8 kyr BP, reached the highest from 7.8-5.3 kyr BP (Chen et al.,
315 2015). In addition, in the nearby Lake Daihai, maximum precipitation also occurred
316 during the middle Holocene (Xiao et al., 2004).

317 We suggest that the delayed Holocene Climate Optimum in central Asia can be
318 attributed to the influence of the last substantial remnant northern Hemisphere ice-sheets,
319 including the Laurentide ice sheet and the Fennoscandian ice sheet, on the atmospheric
320 circulation as well as in the glacial periods. These post-glacial ice sheets persisted in the
321 early Holocene (Linden et al., 2006; Carlson et al., 2008). The presence of the Northern
322 Hemisphere ice-sheets appears to have played a key role in determining the climate in
323 Central Asia, resulting in cold/cool and dry climate from the LGM to early Holocene.
324 Extent of regional glaciers must also play a role on the temperatures. Studies of glacier
325 history in the eastern Tianshan region (Zhao et al., 2012; Chen et al., 2015), where Lake
326 Balikun is situated, suggest that there were two major periods of glacier advances since
327 the last glacial maximum. The first period is around 15.8 ± 1.6 kyr BP and the second is

328 during the Little Ice Age (0.79 ± 0.59 kyr BP) (Zhao et al., 2012; Chen et al., 2015).
329 Unfortunately, the extent of the glacier during the most of the Holocene is uncertain
330 because the major glacier advance during the Little Ice Age erased earlier evidence of
331 glacial margin (Zhao et al., 2012; Chen et al., 2015).

332 In contrast, model simulations generally suggest that local insolation is most
333 important for determining early Holocene summer temperature in Central Asia. In the
334 CCSM3 TraCE transient simulation, for example, summer temperatures in Central Asia
335 increase about 7 °C during the deglaciation followed by maximum temperatures between
336 11.7 and 8 kyr BP for June and July and around 7.8 kyr BP for August (Fig. 8). These
337 timings for temperature maxima closely track local insolation maxima of approximately
338 11 kyr BP, 10 kyr BP, and 8 kyr BP for June, July, and August, respectively. Likewise,
339 transient experiments completed with ECBilt-CLIO-VECODE show a dominant role for
340 insolation in determining the timing of peak July warming in Eurasia south of 45-50°N
341 (Renssen et al., 2009, 2012). Lastly, a series of time slice experiments completed with the
342 CCSM3, designed to explore the effects of orbital and ice sheet forcings individually,
343 indicate that both the remnant ice sheet itself and freshwater forcing from the melting of
344 the ice sheet had a minimal effect on early Holocene summer temperatures in central Asia
345 (Jin et al., 2012).

346 Several possible explanations exist for the model-data discrepancy in early
347 Holocene summer temperature in central Asia. First, it is possible that the alkenone
348 temperature records a later summer (e.g., August) signal, with a maximum around 8 kyr
349 BP due to the timing of orbital forcing. Additionally, the temperature reconstruction
350 could be impacted by the changing dominance of alkenone species and the necessity of
351 applying different calibrations to the record. Alternatively, it is possible that the models
352 are biased and do not show the appropriate sensitivity to orbital and ice sheet forcing for
353 this region.

354 Despite differences in Holocene summer temperature trends, models and data show
355 some agreement regarding early Holocene moisture conditions. In the TraCE experiment,
356 the modeled rainfall is relatively low during early Holocene and increases ca. 27 mm

357 (16%) around 8.2 kyr BP (Liu et al., 2009) (Fig. 8). Additional work with the CCSM3
358 proposes that dry conditions in the early Holocene in central Asia were due to decreased
359 temperatures and evaporation over the North Atlantic, leading to decreased water vapor
360 advection over Eurasia (Jin et al., 2012). Thus, while both modern conditions and the
361 alkenone record show an association between cold and dry conditions, the models
362 simulate warm and dry conditions for the early Holocene.

363 *4.4 The 4 kyr cold-dry event*

364 Alkenone data indicate major summer cooling by ~ 4 °C between 4.8 and 3.8 kyr
365 BP in Lake Balikun (Figs. 3 and 4). Similar amplitude scale of temperature drop is also
366 observed in the high resolution alkenone record from Lake Qinghai (Hou et al., 2016),
367 indicating the 4 kyr cooling event had a broader regional impact than the early Holocene
368 climate pattern. Our alkenone data are corroborated by numerous published
369 paleolimnological records suggesting major drought around 4 kyr BP in central Asia and
370 monsoon region, such as Lake Daihai, Lake Hulun and Lake Tuolekule (Xiao et al.,
371 2004; Wen et al., 2010; An et al., 2011).

372 Abnormal conditions in North Atlantic regions are the likely triggers for the 4 kyr
373 cold-dry climate event in central Asia. There are a number of related events in the
374 Atlantic including enhanced ice-rafted debris (Bond et al., 2001), weakening of AMOC
375 (McManus et al., 2004) and a reduction Atlantic inflow between 4.8 and 3.5 kyr BP
376 (Eldevik et al., 2014). These ocean circulation changes correspond to a major increase in
377 the sea ice cover in the Barents Sea between 4.8 and 3.5 kyr BP (de Vernal et al., 2013),
378 that could reflect changes in atmospheric pressure distribution and atmospheric flow
379 which can subsequently affect regional temperature at Balikun. Not surprisingly, this
380 event does not appear in transient model simulations (Fig. 8), which lack forcings other
381 than orbital and greenhouse gas changes during this time period as well as a series of
382 ensemble experiments that would be necessary to capture the wider range of variability
383 that is capable of being generated internally within the climate system.

384 The distinct cold-dry climate event around 4 kyr may have exerted major influence
385 on the prehistoric cultural exchange in Asia (Cullen et al. 2000; Staubwasser et al. 2003;

386 Weiss and Bradley 2001; Weiss et al. 1993; Wu and Liu 2004). The cold-dry climate
387 event terminated many Chinese Neolithic cultures in parts of northern China, and many
388 agricultural cultures were replaced by pastoralism or by agro-pastoralism (Liu and Feng,
389 2012). In the Tibetan Plateau, the cold-dry climate event likely delayed permanent human
390 settlements on the high altitude regions (>3000 m) of the Tibetan Plateau by at least 500
391 years (Hou et al., 2016).

392

393 **5. Conclusions**

394 We report the first temperature reconstruction for the past 21 kyr in central Asia
395 based on alkenones in Lake Balikun sediments. Together with multiproxy
396 reconstructions, our results indicate a ~ 2 thousand year delay in the Holocene
397 temperature optimum (with a temperature offset of approximately 9 °C around 8.2 kyr BP
398 relative to the local summer insolation maximum in central Asia, in consistent with the
399 temporal change in the the numerous published reconstructions of moisture variations.
400 We attribute such delay in temperature and precipitation optimum during the early
401 Holocene to the major influence of northern Hemisphere high latitude ice sheets forcings
402 on the regional atmospheric circulation. In addition, our data indicate a major decrease in
403 temperature by ~ 4 °C around 4 kyr BP lasting multiple centuries, coinciding with severe
404 increases in aridity previously reported based on multiproxy data. Comparison with sea
405 ice cover in the Barents Sea suggests cooling of the moisture regions for the westerlies
406 might have driven this abrupt change in temperature and moisture around 4 kyr BP.
407 Model simulations display a much less pronounced delay in the early Holocene
408 temperature optimum and instead tend to track insolation, raising important questions
409 about the relative sensitivity of this region to local radiative forcing compared to high-
410 latitude ice sheets.

411

412

413

414 Acknowledgments

415 This work was supported by the National Natural Science Foundation of China
416 (Grant No. 41671189, 41372180) and the National Science Foundation (Grant No. ATM-
417 0902805). We are grateful to two anonymous reviewers for their thoughtful reviews that
418 helped to significantly improve this manuscript.

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629

630 Table

631 Table 1 AMS radiocarbon dates and dated material from core BLK11A in Lake Balikun.

632

633

634 **Figure Captions**

635 Figure 1. Summer (June-July-August, JJA) mean 700 hPa streamline based on
636 NCEP/NCAR Reanalysis during 1971–2000. Red star indicates the location of Lake
637 Balikun. ‘EASM’, ‘ISM’, and ‘Westerlies’ denote the regions mainly influenced by the
638 East Asian Summer Monsoon, the Indian Summer Monsoon, and the Westerlies,
639 respectively. Triangles indicate the caves mentioned in the text, Dongge cave (25°17' N,
640 108°5' E) and Hulu cave (32°30' N, 119°10' E). Blue dots indicate the lakes mentioned in
641 the text, Lake Qinghai (36°32'-37°15' N, 99°36'-100°47' E); Lake Gonghai (38°54' N,
642 112°14' E); Lake Daihai (40°29'-40°37' N, 112°33'-112°46' E); Lake Hulun (49°7.6' N,
643 117°30.4' E). Blue square indicates ice cores (49°48' N, 86°33' E) from the Altai
644 Mountains

645 Figure 2. Chronology and lithology of sediment cores (BLK11A) from Lake Balikun

646 Figure 3. U_{37}^k and $U_{37}^{k'}$ vs. *in-situ* water temperature in water filter samples. The three
647 open circles are excluded from calibration equation, since these samples were collected
648 from near shore locations. Alkenones in these samples may not have been produced in
649 situ because of highly dynamic nature of the near shore lake waters.

650 Figure 4. Organic geochemical and other environmental proxies past 21 kyr from Lake
651 Balikun. (a) LCAs concentrations; (b) LOI (550 °C); (c) carbonate content. The
652 percentage of Artemisia (d) and Betula (e) pollen and vegetation types from BLK06E
653 core (An et al., 2012, 2013).

654 Figure 5 Alkenone signatures: Surface water filter sample (a) and Type I alkenone profile
655 (b) from BLK11A core at 266 cm.

656 Figure 6 Type II alkenone profile (a: from BLK11A core at 600 cm), *P. Paradoxa*
657 alkenone profile (b: Theroux et al., 2013) and *C. lamellosa* alkenone profile (c: Sun et al.,
658 2007).

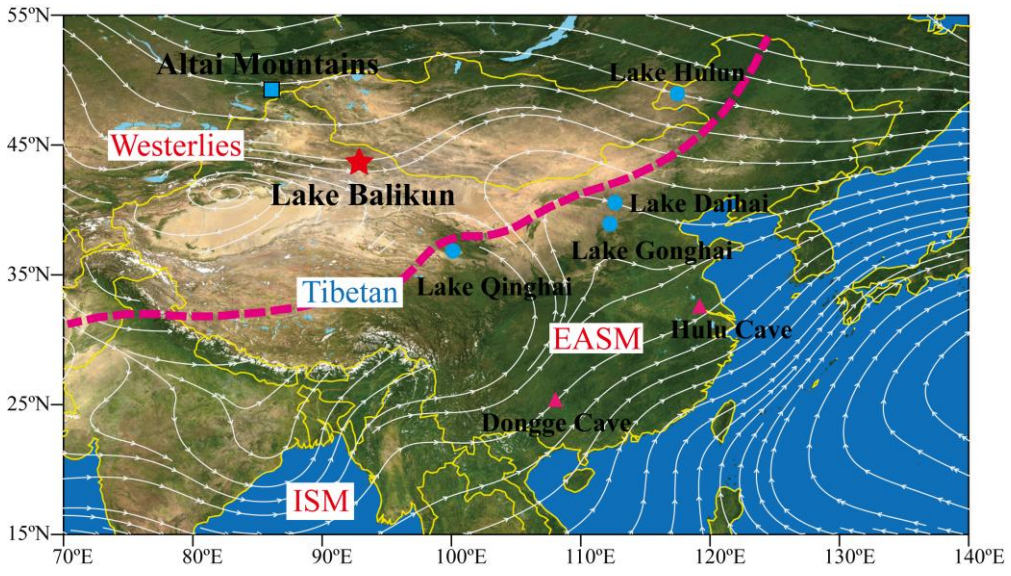
659 Figure 7. Principal component analysis (PCA) of LCAs index used in this study.
660 Specifically, in order to best differentiate the two haptophyte species, we use a number of

661 ratios derived from C_{37} and C_{38} alkenones as variables for principal component analysis
662 (PCA). These ratios include: $\%C_{37:4} / \%C_{38:4}$, $\%C_{37:4} / \%C_{38:3}$, $\%C_{37:4} / \%C_{38:2}$, $\%C_{37:3} /$
663 $\%C_{38:4}$, $\%C_{37:3} / \%C_{38:3}$, $\%C_{37:3} / \%C_{38:2}$, $\%C_{37:2} / \%C_{38:4}$, $\%C_{37:2} / \%C_{38:3}$, $\%C_{37:2} / \%C_{38:2}$
664 and C_{37} / C_{38} . Note $\%C_{37:4}$ represents percentage of $C_{37:4}$ alkenone relative to all C_{37}
665 alkenones (i.e., percentage ratio of $C_{37:4}$ over the sum of $C_{37:2} + C_{37:3} + C_{37:4}$). Same is
666 true for $\%C_{38:4}$, $\%C_{38:3}$ etc. The red circles indicate type I, and the blue circles indicate
667 type II. The green circles indicate water filter samples.

668 Figure 8. Comparison of Lake Balikpapan records with model results. (a) Alkenone-based
669 June-July temperature in Lake Balikpapan; (b) $\%C_{37:4}$; (c) Percentage of Artemisia pollen in
670 Lake Balikpapan (An et al., 2012b, 2013). Surface temperature (d) and annual precipitation
671 (e) time series from the CCSM3 TraCE transient simulation was produced from the grid
672 cell near the Lake Balikpapan (40 °N, 93 °E) (Liu et al., 2009). Yellow shadows indicate the
673 difference between Lake Balikpapan records and model results.

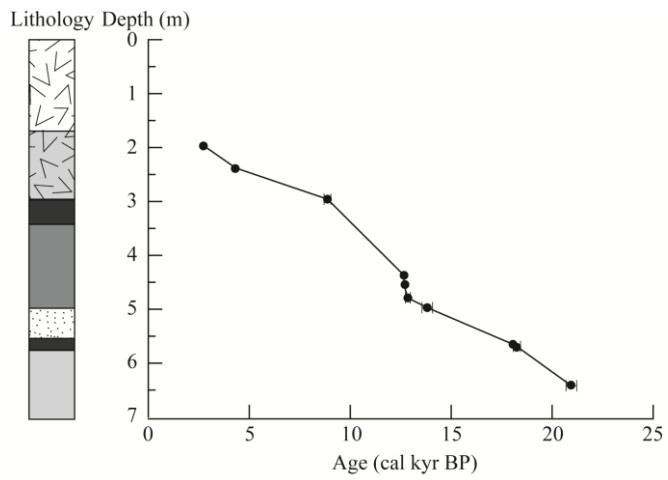
674 Figure 9. Comparison of Lake Balikpapan records with other records. (a) Alkenone-based
675 June-July temperature in Lake Balikpapan and June-July insolation at 43 °N (Laskar et al.,
676 2004); (b) Percentage of Artemisia pollen in Lake Balikpapan (An et al., 2012, 2013); (c)
677 Temperature record from Lake Qinghai (Hou et al., 2016); (d) Lake Qinghai Asian
678 summer monsoon index (SMI) (Z. An et al., 2012); (e) Pollen-based annual precipitation
679 reconstructed from Gonghai Lake (Chen et al., 2015); (f) Dongge and Hulu cave
680 speleothem $\delta^{18}O$ records, respectively (Dykoski et al., 2005; Wang et al., 2008); (g)
681 Reconstructed sea ice extent at Barents Sea (de Vernal et al., 2013); (h) Reconstructed
682 strength of Norwegian Atlantic Current (Eldevik et al., 2014); (i) Western subtropical
683 Atlantic $^{231}Pa/^{230}Th$ record (red and green circles denote measurements using two
684 different methods; error bars: 2σ), and synthesized meltwater flux in the Northern
685 Hemisphere (blue line) (McManus et al., 2004; Liu et al., 2014); (j) The Greenland Ice
686 Sheet Project 2 (GISP2) $\delta^{18}O$ record (Grootes et al., 1993).

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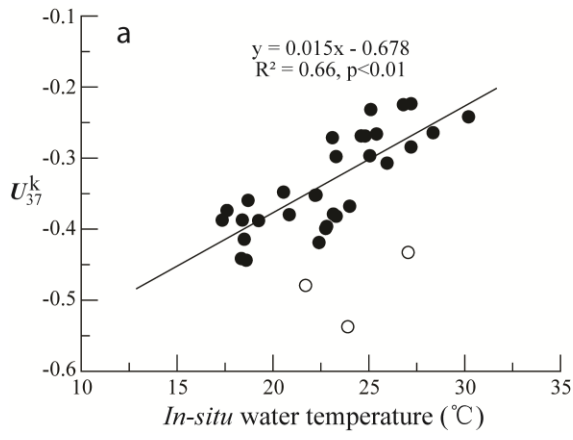
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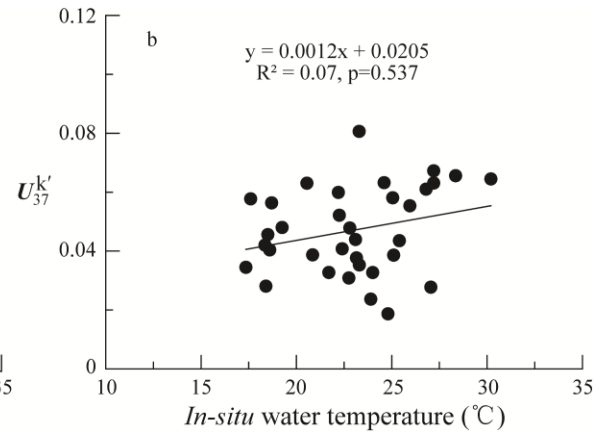


690 Clay Dark clay Black clay Sand Mirabilite crystals

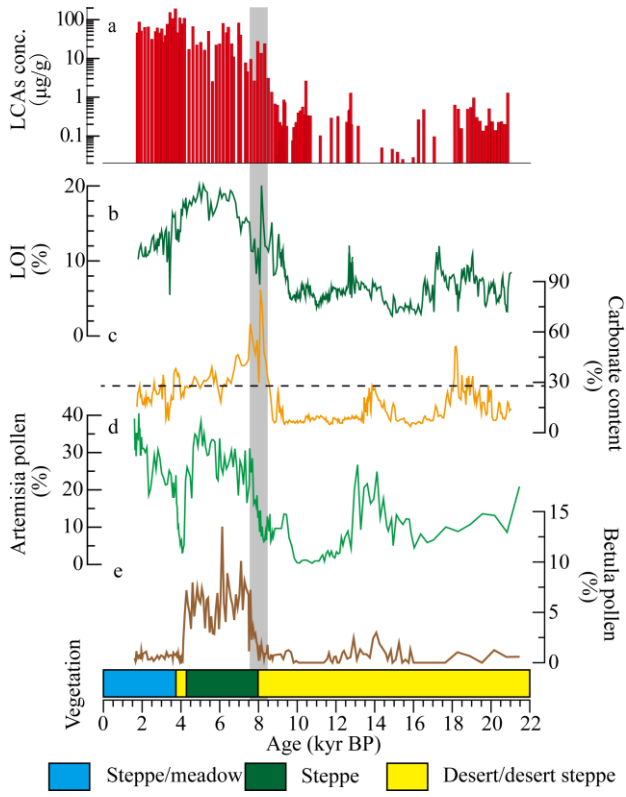
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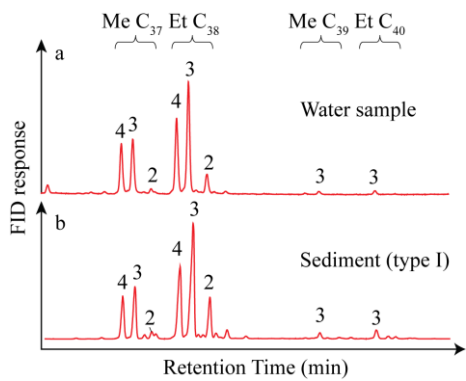


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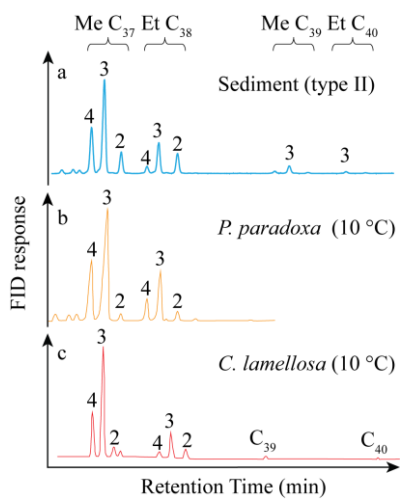
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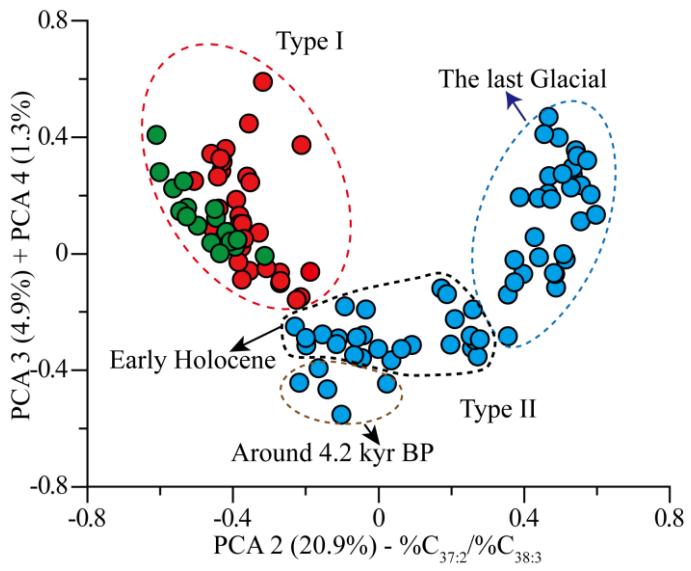
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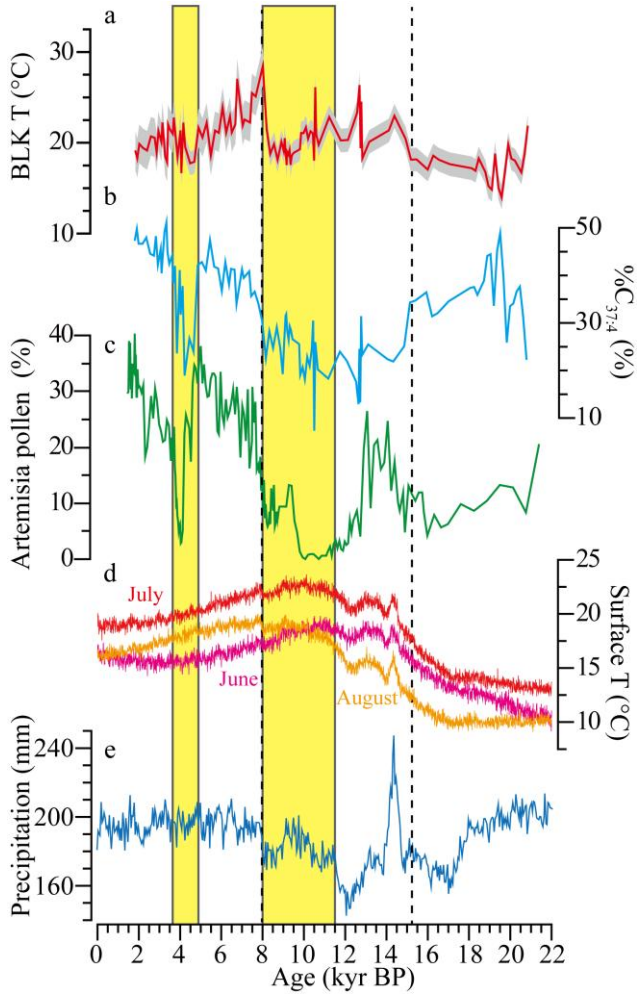
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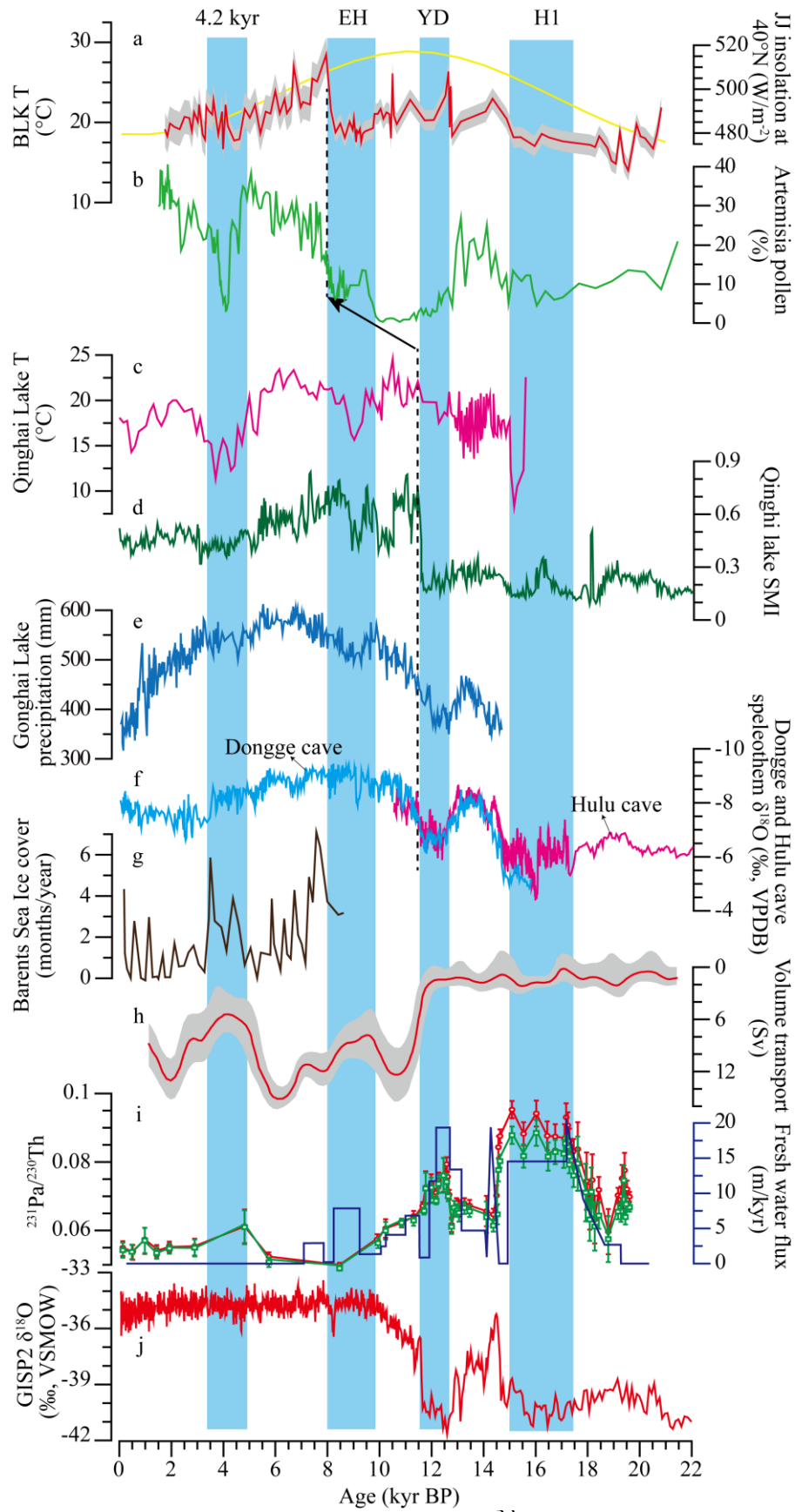
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706 Table 1 AMS radiocarbon dates and dated material from core BLK11A in Lake Balikun.

Lab code	Depth (cm)	Material Dated	$\delta^{13}\text{C}$ (‰)	Conventional radiocarbon age (yr BP)	Reservoir-corrected ^{14}C age by 790 yr	2-sigma calibrated age range (cal. yr BP)
345869	197	Bulk clay	-23.5	3420±30	2630±30	2728-2786
345870	238	Bulk clay	-20.6	4690±30	3900±30	4247-4418
345871 ^a	293	Bulk clay	-19.3	8860±40	8070±40	8779-9093
345873 ^a	437	Charcoal	-11.6	11520±50	10730±50	12587-12732
376479 ^a	453	Charcoal	-11.3	11480±40	10690±40	12576-12715
377642 ^a	479	Charred seeds	-16.7	11770±40	10980±40	12727-12974
345874 ^a	497	Bulk clay	-22.9	12750±50	11960±50	13619-14003
345875 ^a	565	Bulk clay	-21	15630±60	14840±60	17867-18246
377643 ^a	569	Charred seeds	-10.1	15820±60	15030±60	18045-18452
345881 ^a	642	Plant macrofossils	-11.8	18150±70	17360±70	20695-21202

707 ^adata from Zhao et al., 2015

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