1 Fog Formation during Gravity Currents Interacting with

2 Coastal Topography

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7 Abstract An interesting mixing-fog event was identified during the C-FOG field campaign, 8 where a cold front arriving from the north-east collided with the Downs peninsula in 9 Ferryland, Newfoundland, to produce misty/foggy conditions. A comprehensive set of 10 field observations suggests that this collision caused turbulent mixing of nearly saturated 11 ambient air with an almost saturated cold front, creating conditions for mixing fog. To 12 delve into physical processes underlying this phenomenon, laboratory experiments were 13 performed on the interaction of lock-exchange induced gravity currents with a (rectangular) 14 obstacle. Instantaneous velocity and density fields were obtained using particle image 15 velocimetry and planar laser-induced fluorescence. The observations suggest that the 16 obstacle starts affecting the approaching gravity-current propagation at an upstream 17 distance of 2H and, upon collision, the mixing is taking place over a horizontal spatial 18 extent of 0.83*H*, where *H* is the depth of the ambient fluid layer. The time for larger-scale 19 turbulent stirring to permeate to the smallest scales of turbulence and activate the

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condensation nuclei was estimated as $3t^*$, where $t^* = \sqrt{H/g'}$ is the intrinsic time scale of the gravity current and g' the reduced gravity. Extrapolation of laboratory results to field conditions showed a good agreement with observations.

Keywords C-FOG case study · Gravity currents · Mixing fog · Topography · Turbulent
 mixing

25 **1 Introduction**

26 Fog typically forms when air close to the earth's surface becomes slightly supersaturated 27 and produces a layer of very small suspended water droplets (or clouds) in contact with the 28 surface. The AMS Glossary (2020) defines fog in terms of visibility, a condition that 29 reduces visibility below 1 km (0.62 miles). The extent of visibility reduction is considered 30 as the 'intensity' of fog. The usual fog formation mechanism is the deposition of water 31 vapour on hygroscopic aerosol nuclei (condensation nuclei CN) under favourable 32 conditions, such as reduction of temperature that 'activates' CN leading to droplet growth 33 (Gultepe et al. 2007). Dry atmospheric aerosols with a typical size of $\sim 0.1 \,\mu\text{m}$ are small 34 enough to scatter wavelengths of visible light preferentially, producing colours and give 35 opalescent appearance to the atmosphere (known as haze, visibility 2-5 km). On the other 36 hand, activated droplets are too large to yield differential scattering, lead to visibility 37 impairment, and give a white appearance. These include mist (~ 1 μ m, visibility 1-2 km) 38 and fog (~ 1–30 μ m, visibility < 1 km). There are many types of fog, three main types 39 being radiation fog, advection fog, and mixing fog (Fernando et al. 2020). Radiation fog 40 appears when net outgoing radiation cools the ground surface so as to drop the temperature 41 of overlying air below the dew point. Advection fog (or movement fog, a term used when 42 fog is localized) forms when relatively warm air overrunning a colder surface is cooled to 43 saturation by air-surface exchange processes (warm fog) or cooler air moving over a 44 warmer surface is saturated by evaporation (cold fog). Advection fog is not a feature of a 45 particular synoptic type of wind speed regime. The mixing of two near-saturated air masses 46 of different temperatures may produce supersaturation and, therefore, *mixing fog* (Taylor 47 1917), which is the focus of this paper.

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Fig. 1 A diagram of water vapour (partial) pressure as a function of temperature, illustrating the mixing of
 moist air masses A₁ and A₂ to produce fog at B

52 The mechanism of mixing-fog formation is best explained using the curvature of the water 53 vapour pressure p_v (ordinate) and temperature T (abscissa) diagram (Rhode 1962), as 54 illustrated in Fig. 1. The blue line represents the saturation vapour pressure p_s curve for 55 water vapour, which is described by the Clausius-Clapeyron equation for a perfect gas $d(\ln p_s)/dT = L(T)/RT^2$, where L(T) is the latent heat of evaporation, which is a 56 57 function of T, and R the universal gas constant. Air parcels located to the left of this curve 58 are supersaturated and to the right are unsaturated. The mixing line of two near-saturated 59 air masses of different temperatures (A_1 and A_2) is shown in red, and in favourable 60 situations of mixing the two air masses lead to B, which is supersaturated and 61 preconditioned for fog (for a derivation of mixing line for a special case, see Schumann 62 1996). The liquid water content (*LWC*) of B can be estimated by considering the difference 63 of water vapour pressure of point B and the saturation water vapour pressure B' at the same 64 temperature. However, due to the release of latent heat, the temperature of air-mass state 65 B increases during condensation and may reach D instead. Therefore, the overall mixing 66 process is nonlinear and the *LWC* is determined by the difference in water vapour pressure 67 of points B and D. Fog is expected when the mixing curve traverse to the left of the 68 saturation curve, and the appearance is more of cirrus nature. Persistence of fog requires 69 that the state of the final mixture is to the left of the saturation curve, otherwise fog is short 70 lived (Paoli and Shariff 2016).

71 It is also noted that the depiction in Fig. 1 does not consider the droplet activation by CN, 72 which may occur under unsaturated or supersaturated conditions (Gultepe et al. 2007). An 73 interesting aside is the case where A_1 and A_2 are further apart, as in the case of a humid jet 74 engine exhaust in colder air in the upper atmosphere. In such cases, the mixing line first 75 crosses the saturation curve of ice, and then into the supersaturation to produce contrails 76 when the so-called Schmidt-Appleman criterion is satisfied (Paoli and Shariff 2016). The 77 thread of the argument leading to this criterion is analogous to mixing-fog formation, 78 except that the airmasses involved are in a different p_v -T regime and thus physical 79 processes at play can be different.

80 An example is mixing fog that forms during the meeting of warm or cold masses at a front. 81 Byers (1959) defined three fog categories related to fronts, namely pre-frontal, post-frontal, 82 and frontal-passage. Pre-frontal fog occurs before a warm front, whence warm rainfall 83 evaporates into colder air close to the ground and increases humidity toward saturation. 84 Post-frontal fog shortly follows the passing of a cold front, also due to evaporation of rain. 85 Fog behind a cold front, however, is not as widespread because precipitation bands of cold 86 fronts have smaller spatial scales (Gultepe et al. 2007). The third and of interest to this 87 paper is frontal-passage fog, which occurs during the mixing of nearly saturated cold and 88 warm air masses (e.g. Fig. 1). Petterssen (1941) noted that it is impossible to form dense 89 fog by mixing alone, because of the relatively small amount of condensation during mixing. 90 According to Roach (1994), however, dense mixing fog is possible when the temperature 91 difference between the warm and cold air masses is ~ 10° C. The formation of dense fog is 92 also abetted by radiative cooling. George (1940) noted that enhanced mixing of air masses 93 at rough terrain increases the likelihood of fog. Thus, in order to successfully predict 94 coastal mixing fog, it is crucial to understand the interaction of fronts with coastal 95 topography.

96 Cold fronts belong to the class of flows driven by density differences or gravity currents. 97 Numerical models of gravity-current/obstacle interactions have been developed for both 98 2D and 3D cases (Gonzalez-Juez and Meiburg 2009; Tokyay et al. 2012; Nasr-Azadani 99 and Meiburg 2014; Tokyay and Constantinescu 2015; Jung and Yoon 2016; Nasr-Azadani 100 et al. 2018), mostly focussing on confined and unconfined turbidity currents, with model 101 validations conducted against laboratory data. Theoretical developments have been made 102 using shallow water models (Rottman et al. 1985; Lane-Serff et al. 1995), but these models 103 are incapable of rapid transient flow adjustments and mixing at the obstacle. The influence 104 of background rotation on gravity currents with and without sloping surfaces has been 105 studied numerically and using linear and non-linear theories (Hunt et al. 2005) and 106 laboratory experiments (Mahalov et al. 2000). The influence of background turbulence and 107 bottom (surface) friction on gravity current frontal mixing has been modelled by Noh and 108 Fernando (1991, 1993). Nevertheless, experimental laboratory studies on gravity currents 109 interacting with topography have been sparse. Lane-Serff et al. (1995) studied the 110 interaction of a gravity current with a triangular obstacle, where the flow was found to split 111 at the obstacle to a reflected hydraulic jump and an overflow at the obstacle. More recently, 112 Wilson et al. (2018, 2019) performed experimental studies on the interaction of lock-113 exchange generated gravity currents with a rectangular obstacle. Measurements of 114 instantaneous velocity fields using ultrasonic Doppler velocity profilers showed that 115 velocity profiles in the unobstructed currents have a log-Gaussian shape. In contrast, those 116 of obstructed flow close to the obstacle are more Gaussian. Downstream of the obstacle, 117 the maximum velocity and turbulence intensity were 48% and 28%, respectively, less than 118 unobstructed experiments; i.e., the obstacle decreased the downstream current's maximum 119 velocity and turbulence, possibly by vertical spreading of turbulence activity and due to 120 enhanced dissipation. The height and variance of the maximum speed and turbulence were 121 larger at the obstacle, suggesting its possible role in enhanced mixing and entrainment of 122 ambient fluid into the gravity current.

The present study was motivated by field observations of the "Toward Improving Coastal Fog Prediction" (C-FOG) project (Fernando et al. 2021), which included twelve land-based and three ship-based Intensive Operational Periods (IOPs). An interesting, conceivably a mixing-fog, event occurred during IOP7 (0000 UTC 16 September to 1430 UTC 17 127 September 2018), where a cold front from the north-east collided on a peninsula (Downs 128 promontory in the town of Ferryland) protruding into the Atlantic Ocean. It is hypothesized 129 that this collision caused warm near-saturated ambient air to mix with colder near-saturated 130 air at the cold front, thus producing mist and fog. In this paper, the observations from IOP7 131 will be presented in Section 2, together with a description of the observational area and 132 field measurements. Given sparse previous observations on turbulence generated by a 133 gravity current impinging on a topography, a laboratory experiment was conducted to study 134 the impingement of a lock-exchange released gravity current on a rectangular obstacle. The 135 experiment is described in Section 3, followed by results in Section 4 and a discussion in 136 Section 5. The conclusions are given in Section 6.

137 2 Field Observations

The C-FOG field program involved measurements in eastern Canada at three main coastal land sites on the Avalon Peninsula, Newfoundland (NL) and one in Nova Scotia (NS). Additionally, measurements were conducted aboard an instrumented research vessel R/V, Hugh R. Sharp, that tracked on the coastal areas of NL and NS. The fog-climatology based site selection and the details of the C-FOG field program, including IOPs, are given in Fernando et al. (2021). The information given below is relevant to IOP7 only.

144 **2.1 Instrumentation**

During IOP7, the Ferryland site registered relatively short fog events, while other land sites
or the R/V did not record fog. The Ferryland site consisted of three auxiliary sites, the
Downs site (mentioned earlier, 32 m above sea level a.s.l.), Battery site (3 m a.s.l.), Beach
House site and Judges Hill site (129 m a.s.l. on a nearby hill). Downs and Battery were the

two most densely instrumented. Figure 2 is a visual overview of the Ferryland sites.

Figure 3 shows the instrumentation at the Downs and Battery sites used for this study. The Downs site had a 16.2 m tower with four levels (2, 5, 10 and 15 m above ground level a.g.l.) of instrumentation, with each level having a fast response three-axis ultrasonic anemometer (Model 81000, R.M. Young) for velocity components and virtual temperature at 20 Hz and four slow response HC2S3 (Campbell Scientific) temperature and relative



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157 humidity (T/RH) measurements at 1 Hz. The tower also had a LI-COR Inc. fast response 158 (20 Hz) open-path infrared gas analyzer (LI-7500A) for water vapour fluxes mounted at 5 159 m. The visibility was measured by a Present Weather Detector (PWD22, Vaisala Inc.), with 160 data recorded at every 15 s. Other details of the turbulence measurements, data processing, 161 and data-quality criteria for the measurements at Downs during the C-FOG field campaign 162 can be found in Grachev et al. (2018, 2021). The site also had a Scintec MFAS 163 SODAR/RASS wind and temperature profiling system as well the Naval Postgraduate 164 School (NPS) Aerosol Sampling Unit (NASU) microphysics trailer housed with a modified

165 CDP-2 (Droplet Measurement Technologies) for cloud/fog droplet size spectrum (2-50 μm) measurements. Two Halo Photonics Streamline XR Doppler lidars, at the Downs and
167 Battery sites, were conducting co-planar range-height indicator scans to measure winds and
168 aerosol backscatter. The dual doppler configuration setup and general lidar info is
169 described by Newsom and Krishnamurthy (2020) and Vassallo et al. (2021).

170 The instrumentation at the Battery site included a CL31 ceilometer (Vaisala Inc.) that 171 measured aerosol backscatter for cloud base height (CBH) or fog extent observations. 172 There was also a Present Weather Detector (PWD52, Vaisala Inc.) for visibility 173 measurements and a camera that took a photo of the Downs once every five minutes. Judges 174 Hill had a PWD22 (Vaisala Inc.) for visibility measurements. The Beach House site had



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176 Fig. 3 Instrument map of the Ferryland sites: the Downs, Battery, Judges Hill. Details of the instrumentation177 are given in the text

178 only a scanning Doppler Lidar.

179 2.2 Fog observations during IOP7

180 At 0000 UTC 16 September (local time = UTC -2.5 h) the winds were westerly and ~ 10 m s⁻¹. The wind speed steadily decreased to ~ 2.5 m s⁻¹ until 0900 UTC and remained 181 182 constant until 1130 UTC (to be shown later, Fig. 7a). The visibility of all Ferryland sites 183 observed by PWDs was similar until this time (Fig. 4a) but then started to drop at all 184 stations. At ~ 1200 UTC, fog/mist appeared at the low-lying coastal stations (Downs and 185 Battery) with visibility teetering around and dropping below 1 km. The LWC and the 186 droplet number concentration N_d at Downs first spiked at the time of first fog/mist 187 occurrence and then dropped somewhat until 1300 UTC where visibility dropped again 188 and LWC and N_d increase (Fig. 4b,c), with the appearance of fog/mist again. The mean 189 droplet diameter also increased from 4 to 6 µm at ~ 1200 UTC (Fig. 4d). This agrees well 190 with a study conducted on the Californian west-coast (Goodman 1977), where coastal fog 191 was observed to have a mean droplet diameter ranging from 4.5 to 10 μ m. Inspection of 192 ceilometer backscatter (Fig. 4f) and the observations described below show that there is an 193 intense mixing event starting at ~ 1145 UTC but without a clear cloud ceiling even after



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Fig. 4 Time series of (a) visibility, (b) liquid water content, (c) droplet number density, (d) mean droplet diameter, (e) droplet number density spectrum, and (f) ceilometer backscatter profile during IOP7 (16 September 2018). The visibility was measured with a PWD, the backscatter profile with a ceilometer, and the other variables are measured with a CDP-2

the appearance of fog at 1200 UTC and until about ~ 1230 UTC (ceilometer at the Downs
malfunctioned, and hence data from the Battery site is shown). In Fig. 4f, there appears to

be a stratus cloud layer from 200-300 m prior to the event, and there is no gradual cloud



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Fig. 5 Visibility observations at Downs during IOP7 (16 September 2018); photos from a camera at the
Battery site at time (a) 1100 UTC, (b) 1220 UTC, (c) 1310 UTC, (d) 1640 UTC

lowering leading to the event; instead, an abrupt mixing event appeared, following which
the cloud layer re-established, whereupon another mixing event followed at 1300 UTC.
Visual observations by a camera directed at Downs also confirmed a fog layer with a
diffused top (Fig 5b,c). Range-corrected backscatter profiles from Doppler lidars give a
view of the fog event. A scan taken at 1215 UTC shows the presence of a fog layer that is
~ 45 m thick above Downs (Fig. 6b).

211 The cloud base height was approximately 270 m a.s.l. or 240 m a.g.l. (Fig. 6a). The vertical 212 mixing evident spanning the entire air column above Downs Topography evident in Fig. 213 4f is not clear here, but a fog layer over Downs and the remnant cloud layer are very clear. 214 Since Doppler lidars were scanning at an angle away from Downs, the Doppler lidar beams 215 were not attenuated as observed by the ceilometer measurements (vertically pointing) in 216 Fig 4f. Overall, the results suggest that the fog event observed in IOP7 is not due to stratus 217 lowering. Tower data at Downs indeed confirmed the occurrence of an intense turbulent 218 mixing event at 1145 UTC with (i) a gradual change of winds from westerly to north-



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Fig. 6 Range-corrected backscatter from Doppler lidars located at Downs and Battery sites at 1215 UTC
during IOP7 (16 September 2018). (a) shows range-corrected backscatter profiles for the entire range of the
lidars, and (b) inset shows a zoomed section of backscatter measurements above Downs. The fog layer above
Downs is about 45 m thick. The base of the cloud layer is ~ 270 m a.s.l. The dashed contours represent the
terrain height in m. (adapted from Fernando et al. 2020)

225 westerly with a temporary gust and then stagnation during 1215-1300 UTC (Fig. 7a,b); (ii) a gradual drop of near-surface T (Fig. 7c); (iii) an increase of RH (Fig. 7d); and (iv) increase 226 227 of turbulent kinetic energy (*TKE*), its dissipation rate (ε) as well as the *rms* temperature fluctuations (σ_{θ}) (Fig. 7e,f,h). No significant changes of surface heat flux occurred except 228 229 at the two lowest levels indicating momentarily large negative fluxes, perhaps due to 230 undercutting of a cold front as a paint stripper and raising colder air past the sensors (Fig. 231 7g). All these observations are consistent with the possibility of a local turbulent mixing 232 event produced by mixing of two air masses of near saturation (existing air mass $RH \sim$ 233 94%, after mixing rising to \sim 98-100%) that produced fog. The temperature difference 234 between the airmasses was ~ 4° C. The absence of fog at the Judges Hill site during the 235 event confirms that this is a local event confined to lower altitudes (and unrelated to



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Fig. 7 Time series of (a) wind speed, (b) wind direction, (c) air temperature, (d) relative humidity, (e) *TKE*,
(f) *TKE* dissipation rate, (g) sensible heat flux and (h) standard deviation of sonic temperature. The data was
collected from a 16.2 m flux tower at Downs with four levels during IOP7 (16 September 2018). The wind
speed, wind direction, and turbulence statistics are calculated from 15-min averaged 20 Hz ultrasonic
anemometer measurements. Temperature and relative humidity were measured using 1 Hz T/RH sensors.
Four levels are 2 (level 1), 5 (level 2), 10 (level 3) and 15 (level 4) m a.g.l. (also see Fernando et al. 2020 and
Grachev et al. 2021)

possible stratus lowering) at least during the stagnation event (1215-1300 UTC). We hypothesize that a north-easterly cold front arriving approximately along the coast and impinging on the headland protruding to the ocean is a possible cause for this event. The appearance of fog ~ 15 minutes after the initiation of the event at 1145 UTC supports the



Fig. 8 Vertical profiles during IOP7 (16 September 2018) of (a) temperature and (b) wind direction as
measured by a radiosonde. The profile was taken at 1445 UTC at the Downs site. SODAR/RASS profiles of
(c) virtual temperature and (d) wind vectors from the Downs site

idea that this is a mixing fog event, since the event is triggered during the arrival of frontal intrusion at the Downs topography, wherefore turbulent mixing is initiated. Thereafter some time is needed for frontal-scale mixing to permeate to microphysical levels to spawn fog at sub-Kolmogorov scales. This will be addressed using a laboratory experiment later.

A somewhat broader perspective of the above event could be obtained using Sodar/RASS
measurements at Downs. This system measures wind components and temperature above

258 \sim 30-40 m, and 30 min averaged wind vectors and temperature are shown in Fig. 8c,d. The 259 Sodar/RASS registered a change of winds to north-easterly after 1300 UTC, indicating that 260 the changes of wind velocity at lower levels at 1130 UTC in Fig. 7a,b is due to the arrival 261 of the shallow gravity current nose at ~ 1145 UTC, followed by a trailing current of greater 262 thickness (for a review, see Simpson 1999). The front impinges on the Downs topography, 263 stagnates momentarily during the flow adjustment, accelerates due convergence over 264 topography, and causes mixing at low levels (Fig. 7). The turbulent front is then advected 265 past the topography, establishing a quasi-steady trailing current, which appears to occur at 266 ~ 1300 UTC. This transition is evident from wind velocity and T records in Figs. 7a,b and 267 8, which show a flow establishment at ~ 1300 UTC. From Sodar/RASS data (Fig. 8c,d), 268 it appears that the thickness of the trailing gravity current, estimated using the height where 269 T drops to background values, is about ~ 200-250 m, which is in agreement with the 270 radiosonde launch made at 1445 UTC shown in Fig. 8a,b.

To further investigate whether intense mixing at Downs at 1145 UTC is due to the arrival and impingement of a gravity current nose with the topography, it is possible to compare measurements with the theoretical trailing flow velocity u_g of gravity currents (Simpson 1999)

$$275 \qquad u_{\rm g} = \sqrt{gh\frac{\Delta T}{T_0}} \tag{1}$$

where g is the gravitational acceleration, h the height of the gravity current, ΔT the temperature difference and T_0 the reference temperature. Figure 7c indicates $\Delta T \sim 4$ K, $T_0 = 288$ K, and using $h \sim 250$ m, it is possible to calculate $u_g = 5.8$ m s⁻¹. This approximately agrees well with the observed gravity current trailing velocity of ~ 6 m s⁻¹ (registered after 1145 UTC). As evident from Noh and Fernando (1991, 1993), the estimate (1) is only approximate, as other factors such as background turbulence and surface friction play a role in determining frontal propagation.

To reassert the gravity-current attributes of flow preceding the fog event, key
meteorological parameters from a coastal buoy located north of St. Johns are shown in Fig.
9. Note the sudden drop of the temperature starting at 0630 UTC September 16 with a sharp



Fig. 9 Time series of (a) air and sea surface temperature, (b) relative humidity, (c) wind speed, and (d) wind
direction recorded by a buoy located 6 km east of St. John's. The data was curated by the Smart Atlantic
Alliance through the Memorial University of Newfoundland

change of wind direction from westerly to north-easterly and a drop of velocity to ~ 5 m s⁻¹, which can be identified with a south-westward propagating colder gravity current. If this current were to continue south-westward with a frontal flow velocity ~ 5 m s⁻¹, this gravity current is expected to arrive in Ferryland located ~ 60 km south of St. Johns within about 4.5 hours or around the observed time. The front is nearly saturated, and it arrival in Ferryland raises the relative humidity therein close to saturation following the mixing fog event.

The synoptic conditions surrounding the event are of interest, given our claim that a
gravity-driven rather than a pressure-gradient driven flow is dominant after 1145 UTC.
Figure 10 show synoptic maps of sea level pressure, 2-m air temperature, and 10-m wind





303 vectors during IOP7, indicating an eastward moving Low about 5° north of Ferryland (at ~ 304 53° N) on September 15, consistent with the easterly flow observed before switching to 305 northerly at 1130 UTC on 16 September. The low has cleared the general area by 1200 306 UTC 16 September, paying way to the north-easterly gravity current. Figure 10e, f shows 307 that cold air in the wake of the Low is moving south-westward as a frontal system, 308 undercutting warmer air, and its gravity driven nature is supported by (i) the broad 309 agreement of flow velocity with the theoretical formula described above, and (ii) the 310 southward propagation of cold air mass in the 2-m temperature maps of Fig. 10b that 311 indicates ~ 16°C air over Ferryland at 0000 UTC is replaced by ~ 12°C air at around 1200 312 UTC.

313 After 1300 UTC, fog at Downs and Battery subsided, and the visibility gradually increased 314 to ~ 10 km, but a strong fog presence was noted at the Judges Hill site where the visibility 315 dropped to ~ 300 m and remained low until 2030 UTC, except for some sporadic (> 1 km) 316 increases of visibility (Fig. 4a). This observation is consistent with the ceilometer 317 observations of Fig. 4f that shows the development a stratus cloud layer shrouding the 318 Judges Hill instrumentation (~129 m a.s.l.). This stratus-based fog development process is 319 different from that at low levels, which is due to mixing induced by a gravity current 320 impinging on the (Downs) topography. Prior to 1145 UTC September 16, the cloud base 321 was too high (~200-250 m) for cloud-shrouding to affect visibility at the Judges Hill.

322 At Downs, from 1300 UTC until about 1400 UTC, there was an appreciable increase of 323 the *TKE*, modest increase of σ_{θ} , and elevated level of *TKE* dissipation rate ε , pointing to 324 turbulence in the trailing sheared gravity current. As mentioned, the drop of T, increase of 325 *RH*, and a change of wind direction to a quasi-steady state indicate that at this time, the 326 front has cleared the topography. In the trailing flow, the cloud layer is low, with its base 327 at ~ 100 m (and the estimated cloud top at ~200-250 m), but the clouds stay clear from the 328 ground. Between 1400 UTC and 1600 UTC, there is an increase of turbulence activity, 329 possibly because of an increase of local wind speed. Intermittent stratus lowering occurred 330 between 1530 and 1700 UTC, briefly enveloping Battery and Downs sites, as indicated in 331 Fig. 4a,f, and observed from the camera (Fig. 5d). During this stratus lowering period, in 332 general there were increased levels of *TKE*, ε , and σ_{θ} , pointing to enhanced turbulence 333 responding to an increase of wind speed. At ~ 1700 UTC, the cloud layer started rising, 334 even gradually clearing fog at Judges Hill. Complete clearing of fog at Judges Hill occurred 335 after 2000 UTC, whence the base of the stratus cloud was about ~150 m. In all, local small-336 scale activities dominated Ferryland during and after fog/mist formation processes.

337 3 Laboratory Experiments

The laboratory experiments were directed at understanding the initial stages of the
interaction of a gravity-current induced front with an obstacle to shed light on observations
made during IOP7.



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Fig. 11 The experimental setup for producing lock-exchange gravity currents. The gravity current was createdby lifting the lock. PIV and PLIF techniques were used for flow diagnostics

344 **3.1 Experimental (lock-exchange) configuration**

345 The experiments were carried out in a 175 cm long, 15 cm wide, and 30 cm high Plexiglas 346 tank. A gate (lock) was placed 30 cm from the left side of the tank that separated the dense 347 fluid (density ρ_1) from the lighter fluid (ρ_a). The gravity current was generated by lifting 348 the lock instantaneously. Figure 11 shows a schematic of the experimental configuration. 349 A 1 W 520 nm continuous-wave diode laser was used to generate a laser sheet that 350 illuminated the centre vertical section of the tank. The velocity and density fields were 351 measured simultaneously using a time-resolved PIV/PLIF system. Two separate cameras 352 were used for the particle image velocimetry (PIV) and planar laser-induced fluorescence 353 (PLIF) measurements. The cameras were synchronized with a hardware trigger. Low- and 354 high-pass filters (in wavelength) were mounted on the PIV and PLIF cameras to filter out 355 unwanted signals.

356 Separate experiments were conducted with (obstructed) and without (unobstructed) 357 topography. For obstructed runs, a 10 cm long and 2 cm high rectangular Plexiglas block 358 that spans the tank width was placed at the centre of the tank. Ten independent replications 359 were conducted with identical experimental parameters for each unobstructed and 360 obstructed case to aid ensemble averaging. The fluid layer depth was H = 10.0 cm, which 361 was selected to mimic the length scale ratio as in the field; for this case, the obstacle height 362 to H ratio is 0.2, and in the field it is about 0.15. The dense fluid was prepared with a salt solution ($\rho_1 = 1002.3$ kg m⁻³), and an aqueous ethanol solution with $\rho_a = 993.4$ kg m⁻³ 363 was used as the lighter fluid. The densities were chosen such that the refractive indices 364 365 between the two fluids are matched to prevent laser-beam distortions. The density and 366 refractive indices were measured with a Mettler Toledo Densito 30 PX densitometer and a 367 Leica handheld analogue refractometer. Hannoun et al. (1988), Strang and Fernando (2001), 368 and Xu and Chen (2012) provide further details on the refractive-index matching technique.

369 3.2 Velocity measurements

370 Two-dimensional instantaneous velocity fields were obtained using high-frame-rate PIV. 371 Both the dense and lighter fluids were seeded with hollow glass spheres with a median 372 diameter of 10 µm. The 1 W 520 nm continuous-wave laser illuminated the particles. An 373 IDS UI-3360CP-M USB 3.0 camera, equipped with a 2048 x 1088 pixels CMOS sensor 374 and a 50 mm f/2.0 lens, was used at a frame rate of 40 Hz. A low-pass filter mounted on 375 the lens filtered out the fluorescence of the PLIF dye from the laser light. The particle 376 frames were processed using the MATLAB PIVlab package (Thielicke 2014; Thielicke 377 and Stamhuis 2014; Thielicke and Stamhuis 2019), which is based on the iterative 378 multigrid image deformation method (Scarano 2001). The sampling frequency and 379 interrogation window size were chosen such that they met the one-quarter rule (Adrian 380 1991). Consequently, the window size of the final selection was 16 x 16 pixels with a 50% 381 overlap.

382 **3.3 Density measurements**

383 Time-resolved PLIF measurements provided density fields within gravity currents.384 Rhodamine 6G (R6G) was chosen as the fluorescent dye because of its high quantum

385 efficiency, high resistance to photo-bleaching, and because its absorption peak of 525 nm 386 (Crimaldi 2008) is close to the laser wavelength (520 nm). The dye was added only to the lighter fluid at an initial concentration of 100 µg L⁻¹. The fluorescence intensity was 387 388 recorded by an IDS uEve UI-1220-C USB 2.0 camera with a 752 x 480 pixels CMOS 389 sensor. A high-pass filter with a cut-off wavelength of 550 nm was mounted on the PLIF 390 camera lens to filter out the laser light. The majority of the fluorescence was retained 391 because the fluorescence spectrum of R6G has a peak at 555 nm (Penzkofer and Leupacher 392 1987). The R6G concentrations were calculated from the grey values using the calibration 393 technique described by Xu and Chen (2012). Local density values were derived from the 394 measured R6G concentration using a calibration curve.

395 **3.4 Phase-aligned ensemble averaging technique**

396 Turbulence statics of obstructed and unobstructed gravity currents were obtained by 397 ensemble averaging because of the nonstationarity and spatial inhomogeneity of gravity 398 currents. Similar to Zhong et al. (2018, 2020), we applied the phase-aligned ensemble 399 averaging technique (PAET), which aligns the time and space coordinates of each 400 realization to minimize jitter. It iteratively maximizes the cross-correlation of individual 401 realizations with the ensemble-averaged field by shifting the realizations along space and 402 time axes. In this study, the alignment was only necessary for time since the horizontal 403 variations are fixed by the position of the obstacle (or centre of the tank), and vertical 404 variations are limited by the tank bottom and the water surface. More details of PAET as 405 applied to gravity currents are given in Zhong et al. (2020).

406 **4 Observations**

407 **4.1 Observations of obstructed gravity currents**

408 The gravity current, formed after lifting the lock, propagated towards the obstacle and 409 impinged on it. An example of the instantaneous normalized density field of an obstructed 410 run is shown in Fig. 12. Based on the horizontal frontal velocity u_F the flow could be 411 divided into four stages. In the first stage, the gravity current propagated independently of 412 the obstacle at a constant speed. In stage two, as the gravity current approached the obstacle,



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414 Fig. 12 The instantaneous normalized density field for an obstructed run. The time origin is set to the
 415 instance where the gravity current makes contact with the obstacle

the horizontal front velocity gradually decreased with time. The collision of the gravity current with the obstacle is the third stage, which is characterized by a low horizontal frontal velocity and near stagnation. A part of the current deflected vertically similar to a jet, reaching a maximum height of about 0.8H. A vortex was formed at the leading edge of the obstacle that provided enhanced mixing. The current was also partially reflected as a hydraulic jump moving upstream. At the start of the fourth stage, the gravity current collapsed and continued to propagate over the obstacle.



Fig. 13 Propagation of the gravity current toward the obstacle, with (a) normalized frontal position as a function of time and (b) normalized frontal velocity as a function of normalized frontal position (show by lines, the different phases). The dashed lines indicate various phases of propagation described in the text. For this experiment, $\rho_1 = 1002.3$ kg m⁻³, $\rho_a = 993.4$ kg m⁻³, and H = 10 cm

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428 According to the hydraulic (inviscid) analysis of Benjamin (1968), an unobstructed gravity 429 current in its energy conserving mode has a height of $h_g = 0.5H$ and a Froude number of $Fr_H = \frac{u_F}{\sqrt{a'H}} = 0.5$, where u_F is the frontal velocity, $g' = g(\rho_1 - \rho_a)/\rho_0$ the reduced 430 gravity, and $\rho_0 = (\rho_1 + \rho_a)/2$ is a reference density. Previous laboratory and numerical 431 432 experiments have shown that in practice Fr_H has values between 0.36 and 0.45 for gravity 433 currents produced by lock-exchange (Zhong et al. 2018). In the present unobstructed experiments, it was found that $Fr_H \approx 0.42$, which agrees well with the observation that 434 435 gravity currents, after their initial development, typically have a constant velocity for about 436 5-10 lockbox lengths L (Meiburg and Kneller 2010). This is called the slumping phase. In 437 our case, the obstacle is located 3L from the lock, and hence observations are in the 438 slumping phase. Figure 13 shows ensemble-averaged results for a run, where the 439 normalized frontal position x_F relative to the obstacle leading edge (x = 0) is shown as a 440 function of time. Here x_F was measured using PLIF by locating the largest x-value of the $\rho^* = (\rho - \rho_a)/(\rho_1 - \rho_a) = 0.1$ contour. 441

The normalization variables were selected based on the intrinsic velocity, length, and time scales of unobstructed runs: $\sqrt{g'H}$, *H* and $t^* = \sqrt{H/g'}$, respectively. Note that near the obstacle the horizontal frontal speed is significantly reduced (Fig. 13a,b) as the front is 445 deflected upward and start overrunning the obstacle (Fig. 12c,d).

446 The Froude number Fr_H can be interpreted as a measure of the ratio of the kinetic energy of fluid parcels at the gravity current front (~ u_F^2) to the potential energy acquired by their 447 rise over the height of the current (~ g'H) (c.f., Lane-Serff et al. 1995). Fr_H is an important 448 449 quantity in specifying an unobstructed gravity current, but when it interacts with an obstacle an additional parameter $1/G = u_F / \sqrt{g'd} = Fr_H \left(\sqrt{H/d} \right)$ becomes important (d 450 451 being the obstacle height). In general, the interaction between a gravity current and a 2D 452 obstacle is a multi-parameter problem, determined by upstream Fr_H , d/H and other geometric ratios; for discussions, see Baines (1998) and Vassallo et al. (2021). The 453 454 variation of Fr_H as a function of the front position x_F/H is shown in Fig. 13b, where in the 455 unobstructed phase the Froude number maintains an approximately constant value of $Fr_H = 0.42$ until the gravity current is at a distance 2H away from the obstacle (i.e., the 456 457 first stage). As mentioned, this is valid for all runs conducted. The flow evolution beyond 458 the first stage is expected to be determined by additional parameters such as d/H.

459 As evident from Fig. 13b, during the second stage, the Froude number based on local 460 u_F slowly decreases with time to about 0.35, and this upstream influence is due to stronger 461 return flows established in the proximity of the obstacle. When the gravity current collides with the obstacle in stage three, Fr_H decreases significantly to a minimum value of 0.2 or 462 $G \approx 0.45$. The decrease is associated with the vertical deflection of the gravity current 463 464 during the collision. The Froude number slowly increases again as the gravity current 465 continues to propagate over the obstacle, after adjusting to the new propagation state. Given 466 the interest of this paper is mixing during the collision stage, detailed studies were not conducted on how local Fr_H varies with d/H and other geometric parameters or the 467 468 properties of the layer overflowing or reflected back from the obstacle.

469 **4.2 Mixing**

To quantify enhanced mixing at the obstacle between the gravity current front and background fluid, the variability of mixed fluid volume was measured. Given the high space-time variability and steep concentration gradients involved, direct measurements of



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474 **Fig. 14** Time series of (a) four different isopleths; (b) the difference of $\rho^* = 0.1$ and $\rho^* = 0.7$ isopleths as a 475 function of normalized time; (c) the difference of the $\rho^* = 0.1$ and $\rho^* = 0.7$ isopleths as a function of 476 normalized frontal position x_F/H

477 molecular-scale mixing rates (or dissipation rates of a scalar) are untenable with the 478 resolution of the current (and other available) techniques, but the amount of mixed fluid 479 present can be quantified in an integral sense by measuring the time evolution of the density 480 field over the domain of the gravity current. In our case, because of the limited field of 481 view, it was not possible to probe the entire gravity current, but a sound quantitative 482 estimate of mixing could be obtained by considering the time evolution of mixed fluid 483 within the field of view. Figure 14a shows the normalized volumes of 'mixed' fluid per 484 unit tank width, where A_0 is the volume per tank width of the measurement window 485 excluding the obstacle and A the volume per tank width of fluid parcels with a density at 486 or above a given density threshold. The density thresholds in Fig. 14a are $\rho^* = (\rho - \rho)^*$ $(\rho_a)/(\rho_1 - \rho_a) = 0.7, 0.5, 0.3, \text{ and } 0.1$. Curves for a given ρ^* threshold will be referred to 487 488 as an isopleth. Note that the fractional area A/A_0 of the isopleths increases with time because 489 more gravity current fluid is arriving in the field of view. If no further mixing takes place 490 in the field of view, then the fraction A/A_0 ought to increase linearly with time t (i.e., 491 dA/dt is constant) in Stage 1, given the constant speed of the gravity current feeding the 492 mixing area. When mixing takes place, dA/dt is also dependent on the rate of mixing, 493 whence fluid with lesser densities are generated due to mixing.

494 As pointed out by Hacker et al. (1996), mixing in a flow can be quantified by considering 495 the evolution of isopleths. That is, the volume of fluid for a given normalized density range 496 can be reckoned by subtracting the A/A_0 values corresponding to two isopleths. This is 497 illustrated in Fig. 14b,c for temporal and spatial characteristics. For example, the volume 498 of mixed fluid in the range of $0.1 \le \rho^* < 0.7$ can be found by taking the difference of A/A_0 499 values of 0.1 and 0.7 isopleths, with the divergence of two isopleths being an indicator of 500 how the density distribution changed due to mixing by reducing the A/A_0 ratio corresponding to the $\rho^* = 0.7$ and increasing that of the $\rho^* = 0.1$ isopleth. In order to 501 quantify the mixing, we will focus on the divergence of the $\rho^* = 0.1$ and 0.7 isopleths, 502 $\Delta A/A_0$ by taking the difference of A/A_0 at a given instant. In Fig. 14 until $t/t^* \approx -1.5$ 503 the rate of increase of $\Delta A/A_0$ is approximately constant. Between $t/t^* \approx -1.5$ and $t/t^* \approx$ 504 505 1.5, the divergence of the isopleths increases significantly faster with time (Figs. 14b,c), 506 which coincides with the arrival of the front at the obstacle (Stage 3) wherein mixing 507 enhances due to the collision of the gravity current with the topography at $t/t^* = 0$. After $t/t^* \approx 1.5$ the divergence decreases again, and thus there is less mixing taking place. 508

The period $\Delta t/t^*$ where enhanced mixing takes place can be evaluated by finding the period beyond which the slope of $\Delta A/A_0$ drops to half of its maximum. When applied to Fig. 14, its normalized value could be evaluated as $\Delta t/t^* \approx 3$. This period corresponds to frontal positions over the range -0.5 < x/H < 0.33, which surrounds the leading edge of the obstacle. These temporal and spatial scales of enhanced mixing, when applied to IOP7,

yield a duration of ~ 2.8 min over a length of ~ 400 m for $H = 2h_g = 450$ m, g' = 0.15514 515 m s⁻². This indicates that scalar (water vapour and temperature) mixing is permeated to 516 molecular scales quite rapidly after large-scale turbulence is generated by impingement of 517 gravity current on the topography, thus facilitating the activation of condensation nuclei 518 within the smallest scales of turbulence (i.e., Kolmogorov scale) and appearance of fog 519 over a short time scale. According to Fernando and Hunt (1996), the time scale for 520 homogenization when two dissimilar concentrations are bought together in a turbulent fluid 521 is ℓ/σ , where ℓ is the integral length scale and σ the *rms* velocity of turbulence. For the case of Downs topography, this can be estimated using $\ell = 30$ m and $\sigma = \sqrt{TKE} \sim 0.2$ 522 523 m s⁻¹ as 2.5 min, which is in broad agreement with the laboratory-based estimates presented 524 above. Note that the gravity current front approaches Downs topography at ~1130 UTC 525 (Fig. 7a-d), mixing becomes intense at ~1200 UTC (Fig 7e-h) and we expect the fog to 526 appear soon thereafter.

527 **5 Discussion**

528 The laboratory experiment described above was intended to provide physical insights and 529 relevant scales pertinent to gravity-current/topography interactions. In the traditional 530 (reductionist) approach to modelling, the study of complex natural flows is made tractable 531 by employing simplified yet realistic geometries in designing model configurations. In our 532 case, the long narrow stretch of Downs peninsula with a 'tadpole' headland (Fig. 2) was 533 approximated by a two-dimensional topography with a rectangular cross section, the 534 approach flow being normal to the long axis, notwithstanding in reality the approach flow 535 is about 45° to the long axis. The laboratory working fluid was water, which has been a 536 customary working fluid in previous laboratory simulations of atmospheric flows. In 537 particular, Chen et al. (1996, 1999) showed that the equations for the conservation of 538 momentum, mass, and buoyancy in a water-tank model are similar to those in the 539 atmosphere: the counterparts of the potential temperature and Exner function in the 540 atmosphere correspond to the specific volume and pressure, respectively, of the 541 experimental fluid (also see Berman et al. 1995). The displacements, velocity, and 542 temperature fields play similar roles in the atmosphere and in the model. Therefore, with 543 suitable matching of dimensionless parameters, it is possible to mimic natural flow 544 processes using water tank experiments.

545 For the laboratory case of Fig. 11, the governing variables are g', H, the width w_0 and the 546 height d of the obstacle, and the kinematic viscosity ν of the working fluid. The ratios 547 d/w_0 and d/H were maintained at 0.2, close to that of Downs topography 0.15. With some 548 manipulation, the frontal velocity of the gravity current prior to the influence of the obstacle and away from the lock can be written as $u_F/\sqrt{g'H} = \Psi(Re)$, where $Re = u_F H/\nu$ can be 549 550 construed as the Reynolds number. Independence on the Reynolds number (or the Reynolds number similarity; Barenblatt 1996) applies at high Re, whence $u_{\rm F} = C \sqrt{g' H}$, 551 552 where C is a constant. Previous and current experiments show a constant C = 0.36-0.45, 553 implying Reynolds number similarity. The value of Re for the current experiments is about 554 9300 whereas for IOP7 $Re \sim 10^9$. Breidenthal (1981) proposed that Reynolds-number 555 independent mixing is achieved when Re > 3000, an aspect that has been further 556 discussed by Princevac et al. (2005) and Zhong et al. (2018). Given both laboratory and 557 field *Re* are greater than the critical value above, we may assume that our laboratory 558 experiments can provide useful information on mixing in natural gravity currents. It is also 559 noted that the highest achievable Reynolds numbers in lock-exchange laboratory tanks are of the order $(10^3 - 10^5)$. 560

561 Worthy of mentioning are the shallow water models and high-resolution numerical 562 simulations on gravity/turbidity currents propagating past topographies, for which 563 substantial literature exists. Layered (1.5, 2, and 2.5) shallow water models have been 564 developed and refined since Rottman et al. (1985) to describe the approach, overflow and 565 reflected phases (Lane-Serff et al. 1995), but these models cannot capture the initial impact 566 and vertical flow deflection let alone mixing down to dissipation scales. Direct numerical 567 simulation (DNS) and Large-Eddy Simulation (LES) of lock-exchange (e.g., Gonzalez-568 Juez and Meiburg 2009; Gonzalez-Juez et al. 2009; Nasr-Azadani et al. (2014, 2018) using 569 DNS; and Tokay and Constantenescu 2015; Bhaganagar 2017; Zhou and 570 Venayagamoorthy 2017; Wu and Ouyang 2020 using LES) and steady constant flux 571 (Tokay and Constantinescu (2015) using LES) gravity and turbidity currents interacting 572 with obstacles have been reported, with identification of fine-scale details of flow evolution 573 around the obstacle. These studies, however, did not identify the time scale of scalar mixing 574 (homogenization at small scales) that is interest to our study, which was prompted by the

575 field observations.6 Conclusions

An interesting short-lived mixing-fog event occurred during the IOP7 of the C-FOG project, where a cold front arriving from the north-east collided on the Downs peninsula to produce foggy/misty conditions. The collision caused turbulent mixing of nearly saturated ambient air with the almost saturated cold front, creating fog. The conditions were such that fog lasted for a short period of time, and the final mixture of airmasses quickly reached the unsaturated region of the vapour pressure/temperature diagram.

582 Earlier in the day, the conditions were clear at the three Ferryland sites until 1200 UTC, 583 whence visibilities fluctuated and dropped < 1 km at the low-lying stations. At the same 584 time, the liquid water content, droplet number concentration, mean diameter, and total 585 aerosol count increased. The tower data showed a drop of temperature, an increase of 586 relative humidity, and an increase of TKE and its dissipation rate, and rms temperature 587 fluctuations. These observations suggest the possibility of a local turbulent mixing event 588 triggered by topographically induced mixing of two nearly saturated air masses with 589 different temperatures that led to fog. Measurements of a Sodar/RASS system, a 590 meteorological flux tower, a meteorological buoy located ~ 60 km upstream and synoptic 591 weather maps gave perspectives of the cold front. They pointed to a shallow gravity current 592 nose with a trailing current of about 200-250 m high arriving prior to the fog event. This 593 was confirmed by a radiosonde launch that followed. The observed velocity of the trailing 594 current agreed with the theoretical velocity.

595 Motivated by these observations, laboratory experiments were performed to study the 596 interaction of gravity currents with a rectangular obstacle to confirm enhanced mixing at 597 the topography as well as quantify the timescale for molecular-scale mixing due to the 598 collision (which is representative of the time for fog appearance following condensation 599 nuclei activation). Gravity currents were generated by lifting a (proverbial) lock that 600 separated a dense saline solution from a lighter ethanol solution that served as the ambient 601 fluid. The refractive index matching of the fluids made it possible to use optical techniques 602 for flow diagnostics. Instantaneous velocity and density fields were measured 603 simultaneously using PIV/PLIF techniques. Molecular-level mixing was quantified by 604 considering the divergence of a set of concentration isopleths. Given the logistical 605 constraints, the ratios of the obstacle height to the fluid layer depth and the aspect ratio of 606 the obstacle were kept fixed in the experiments reported in this paper, approximately 607 matched with the field conditions. Future studies ought to study the effect of these 608 parameters.

609 The propagation of the obstructed gravity current and its interaction with the obstacle 610 during experiments could be divided into four stages, namely, propagation independent of 611 the obstacle, approach, collision and continued propagation. Most of the mixing occurs in 612 the third stage due to turbulent eddies (vertical structures) generated during the collision. 613 An analysis based on isopleths confirmed increased (molecular-scale) mixing during the 614 collision, with enhanced mixing starting at $t/t^* = -1.5$ and reaching a maximum at $t/t^* = 1.5$, and decreasing rapidly thereafter. The period of enhanced mixing was $\Delta t/t^* \approx$ 615 3 and the extent around the obstacle that showed increased mixing was $-0.5 < x_F/H <$ 616 617 0.33. When applied to the IOP7 case, the time scale and length scale of enhanced mixing 618 were ~ 2.8 min and ~ 400 m, respectively. The smaller space-time scales involved in the 619 natural fog situation studied in this paper points to the difficulty of simulating mixing fog 620 using mesoscale numerical weather prediction (NWP) models, since critical underlying 621 processes of fog formation belong to the sub-grid category. The success of fog predictions 622 in NWP models, therefore, is expected to be sensitively dependent on the efficacy of sub-623 grid parameterizations.

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