



# Xeriscape

Landscape Water Conservation In The Southeast

## Authors

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L. Brown, 1981.

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## **INTRODUCTION**

Water is one of the most abundant resources on earth, covering three-fourths of the planet's surface. Ninety-seven percent of earth's water is saltwater in the oceans, and of the three percent freshwater, most is locked up in polar ice sheets. Only a minute percentage of the earth's water is in groundwater, lakes and rivers, and this water supplies most of humanity. Many Southeastern cities rely on surface waters such as reservoir systems which, in turn, rely on adequate rainfall. In the United States approximately 82 billion gallons of ground water are removed daily for a wide variety of uses. Water is a precious resource, which we cannot continue to use as an unlimited resource.

Five of the driest years on record occurred in the 1980s, and many people wondered if the droughts were part of the predicted "greenhouse effect." While it may be impossible to determine if recent droughts are a direct result of greenhouse warming, it is certain that our water supplies can be limited by drought. Droughts in recent years have spotlighted our dependence on previously plentiful water supplies in the Southeast. Water rationing and outright bans on watering landscapes have imposed severe limitations on the landscape/nursery industry as well as on home gardeners. Scientists predict that if global warming does occur as a result of air pollution, periods of drought could become more frequent and severe. Many municipal water authorities will be forced to restrict water use further if future shortages occur. Preparing for drought now is a sensible alternative to suffering the consequences later.

A finite amount of water is available to consumers. It is estimated that the average middle-class person uses 80 gallons of water everyday. According to a study conducted by the Strom Thurmond Institute at Clemson University, 566 million gallons of water a day are currently used for residential purposes in South Carolina with a projected increase to 743 million gallons per day being required by the year 2005. Combined with sharply increasing demand, water resources are becoming more precious even in areas never before affected by shortages. Short-sighted and unwise use of water resources in the past has resulted in an all-time high in water dependency today. If Americans are to enjoy the luxury of inexpensive water in the future, we must begin employing water efficiency practices now. Fortunately, specific steps can be taken to relieve pressures on water supplies around homes and in businesses without detriment to quality of life. Because the largest single use of municipal water may be the landscape, it is an excellent place to begin reducing water demand.

Professionals and homeowners can take an aggressive and positive attitude toward water conservation in landscape design and management. When basic horticultural principles are employed with an emphasis on water efficiency, landscapes use much less water and are drought tolerant.

Combining water conservation techniques with landscaping is a concept known as Xeriscape or "dry landscape". Xeriscape is a term coined in a Denver, Colorado, program designed to promote water conservation in the landscape. While the idea began in the western United States where landscapes can be truly dry, the same water-saving principles apply to the Southeast. Xeriscaping combines sound horticultural practices to conserve water while maintaining a beautiful landscape. The seven basic Xeriscape principles are:

- 1) careful planning and design,
- 2) appropriate lawn areas,
- 3) thorough soil preparation,
- 4) appropriate use of plant materials,
- 5) effective and efficient watering methods,
- 6) use of mulch on trees, shrubs, and flower beds, and
- 7) proper landscape maintenance.

Each of these principles should be used when designing and managing a landscape. The greatest water efficiency is realized when all seven principles are used in combination. Studies have shown water-use reductions of 30 to 60 percent or more in landscapes that employ the seven basic principles of Xeriscape. This translates directly into money savings for the homeowner or business. Combining lower maintenance costs with greater survivability of landscape plants in times of water shortage, a Xeriscape is economically attractive. However, Xeriscaping should not be done for economics alone because each of us has a social responsibility to conserve water as stewards of our environment.

Xeriscapes need not be dry-looking cactus and rock gardens. Xeriscapes are landscapes that employ existing principles of landscape design, construction, and maintenance to create water-efficient landscapes. Xeriscapes that employ basic techniques create state-of-the-art landscapes that save money and are beautiful. By employing the basic principles of Xeriscapes, one can enjoy lush, green Southern landscapes and conserve water, too.

Footnote: Xeriscape is a registered trademark of the National Xeriscape Council, and use of this term must be in compliance with their guidelines. PLANNING AND DESIGN

When designing a new landscape or renovating an existing one, planning the landscape on paper is the best place to begin. The first step in planning a water-efficient landscape is the process of site analysis. While walking through the site with a piece of paper and pencil, the designer makes a sketch of the layout of the existing building and driveway, including any decks, patios or walkways. Existing trees, shrubs, and flower beds are located on the design. Careful notes are made on sun and wind exposure, topography, and drainage. Relationships among all site features are considered. Modifications that require grading, paving or construction should be planned at this stage. When modifying an existing landscape, the designer must outline the most important or desirable features. Existing shade trees should be left wherever possible, because shady landscapes are cooler and need less water than sunny areas. Decisions should be made about what size lawn area is needed, if any. Lawns are often the single largest user of water in the landscape, so reductions in lawn areas should be made where possible. Switching to a more drought-tolerant lawn species can also reduce watering needs.

The site's microclimates should be outlined on the plan. Microclimates are areas within the design that have environ-



The first step in planning a water-efficient landscape is a site inventory and analysis. A drawing of the layout of the existing building, driveway, walks, and vegetation is completed. Notes on sun and wind exposure, soils, topography, drainage, views, and other climatological and aesthetic features are noted, and relationships among all site features are considered.



house can block foundation vents. Restricting air flow under the building may create home moisture problems which cost U.S. homeowners

Microclimates influence plant selection. For example, a large shade tree on the south side of the house will lower temperatures and reduce water demands on an otherwise hot Plants placed too close to the and sunny area. Cooler, shady areas on the north side of buildings are a good environment for shade-loving plants. Some plants thrive in the cool morning sun of an eastern exposure, but wilt in the hot afternoon sun of a west-facing over \$1 billion per year. exposure. To achieve the greatest water efficiency, the landscape plan can incorporate "hydrozones"— areas within a design that receive either low, moderate or high amounts of water. All plants within a zone have the same water requirements and can be watered as a group. Plants grouped in this way make most efficient use of irrigation water. For example, certain planting areas may be designated low-water-use zones and would contain plants with low-water requirements. These areas receive little or no extra water after plants are established. Placing high-water-use plants in low-water-use zones should be avoided because watering plants with different demands is inefficient.

landscape.

Introducing a few limited high-water-use zones makes it possible to use specimen plants as an accent or focal point. A vegetable garden or flower border could contain plants that have high water needs and would be considered a high-wateruse zone. High-water-use zones have also frequently been used near entryways and close to buildings in the past. However, recent research indicates that a high percentage of homes and commercial buildings in the Southeast have significant moisture problems and damage related to landscaping. The National Forest Service estimated that home moisture problems cost U.S. homeowners over \$1 billion per year which is similar to what is spent annually to control the most publicized, structurally damaging insect pest, termites. Placement of low-water-use zones adjacent to building foundations could help alleviate the extensive mildew problems and mois-

mental conditions that differ from adjacent areas, such as the cool, shady north side of a building. Other microclimates would include the hottest places in full sun on the south side of a building. Areas that receive more water, such as rainfall runoff from the roof or low spots that collect water, should also be noted. Coastal residents must also consider the effects of ocean salt spray as it greatly affects plant selection in the

ture damage that many Southeastern homes presently face. In addition, the placement of dense shrubs near

the building foundation frequently blocks foundation vents which were installed to allow good air circulation beneath the floor of the structure. Thus, plant varieties and placement should be planned to provide free air flow through vents and around foundations and siding of a house. For more



People with home moisture or insect problems may want to consider alternatives to foundation plants around buildings. Solutions could include:

- A. installing a subsurface drainage system to move water away from the foundation.
- B. placing hard surface areas such as patios adjacent to the foundation. Container plants and vines on an arbor can "soften" the structure.
- C. moving plants away from the foundation and out from under the roof overhang to eliminate the need for irrigating close to the building.

information review the five Clemson University Cooperative Extension Service video tapes in the series "Managing Moisture — The Housing Menace". They show how to prevent, identify, and correct home moisture problems. Further help for professional or amateur landscapers is found in the Clemson University Extension slide-tape set "Landscape Management to Prevent Home Moisture Damage" and the companion leaflet "Landscape Moisture Checklist: Preventing Home Moisture Damage".

Excessive moisture applied to landscape plants near the building's foundation may also promote the development of insect pests. Research has shown that termites, carpenter ants, and roaches thrive in moist locations. Reducing moisture around a building's foundation lessens the chance of invasion by these pests.





This plan view of a residential Xeriscape illustrates design with mulch, lawn, shrub, and groundcover areas to promote efficient water use. Patios and decks provide space for outdoor entertainment and require no irrigation.

# PLANT LIST: RESIDENTIAL DESIGN

KEY	BOTANICAL NAME	COMMON NAME
1	Quercus laurifolia	Laurel Oak
2	Cortaderia selloana	Pampas Grass
3	Lorapetalum chinense	Loropetalum
4	Prunus laurocerasus 'Otto Luyken'	Otto Luyken Laurel
5	Raphiolepis indica	India Hawthorne
6	Jasminum floridum	Florida Jasmine
7	Prunus serrulata	'Sekiyama'Japanese Cherry
8	Cercis canadensis	Redbud
9	Buddleia davidii	Butterfly Bush
10	Liriodendron tulipifera	Tulip-Tree
11	Osmanthus heterophyllus	Holly Osmanthus
12	Osmanthus fragrans	Fragrant Tea Olive
13	Phlox subulata	Thrift
14	llex vomitoria 'Nana'	Dwarf Yaupon
15	Betula nigra	Riverbirch
16	Koelreuteria paniculata	Golden Raintree
17	Osmanthus fortunei	Fortune's Osmanthus
18	Ligustrum lucidum	Waxleaf Ligustrum (tree form)
19	Callicarpa dichotoma	Purple Beautyberry
20	ilex pernyi	Perny Holly
21	Corylus avellana 'Contorta'	European Contorted Filbert
22	Nandina domestic 'Harbour Dwarf'	Dwarf Nandina
23	Vinca minor	Periwinkle
24	Ilex cornuta 'Carissa'	Carissa Holly
25	Prunus laurocerasus	English Laurel
26	Relocated Podocacarpus	Existing Podocarpus
27	*Relocated Hollies	Existing Hollies
28	Rosa banksiae 'Lutea'	Banks Rose
29	Abelia grandiflora 'Sherwood'	Glossy Abelia
30	Fatsia japonica	Japanese Fatsia
31	Ophiopogon japonicus	Mondo Grass
32	Ilex glabra	Inkberry Holly
33	Gelsemium sempervirens	Carolina Jessamine
34	Abelia x grandiflora	Glossy Abelia
35	Cedrus deodara	Deodar Cedar
36	Myrica cerifera (tree form)	Wax Myrtle (tree form)
37	Juniperus chinensis sargentii	Sargent Juniper
38	Hypericum calycinum	Aaronsbeard
39	Ulmus parvifolia	Chinese Elm
40	Catharanthus roseus	Madagascar Periwinkle
41	Verbena canadensis	Clump Verbena
42	Lantana camara	Common Lantana
43	Artemisia schmidtiana	Wormwood 'Silver Mound"
44	Hemerocallis 'Stella d'Oro'	Daylily
45	Pennisetum setaceum	Fountain Grass
46	Helleborus orientalis	Lenten Rose
47	Caladium x hortularium	Caladium 'Pink Beauty'
48	Epimedium grandiflorum	Barrenwort
49	Aster x frikartii	Hardy Aster
50	Salvia x superba	'May Night' Salvia
51	Rosa hybrida	Climbing Rose

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Shade is an important feature in a water-efficient landscape. A California study found that surface temperatures cooled an average of 36 degrees in the five minutes following the arrival of the shadow line from overhead foliage. Lower temperatures mean less water loss by plants. However, plants placed directly under a shady tree face tree root competition which may decrease the availability of water. "Dry shade" is a problem that must be considered when planting within a tree's root zone. Shade is not created only by trees, but also by hardscape features such as walls, fences, arbors, and trellises.

Root depth is an important consideration. Red maple (*Acer rubrum*) is an example of a shallow-rooted tree that competes with other plants for water and can cause cracking of driveways, sidewalks and patios as well. Deep-rooted trees such as willow oak (*Quercus phellos*) will accommodate understory plantings and cause less damage by roots.

Lawn areas are often the single largest user of water in the landscape, but are an important feature in landscape design. When planning a landscape, be sure to consider how much lawn area is appropriate or needed. Shape lawn areas to make irrigation and maintenance efficient. Highly irregular lawn areas are more difficult to mow or irrigate efficiently. A small, irrigated area of grass can provide much of the aesthetic beauty associated with a larger lawn and can conserve a significant volume of water.

Decks and patios help tie the house into the landscape, provide outdoor living space and reduce water consumption. These design features, together with groundcovers and shrub beds, create spaces that compliment limited turf areas. Deciduous trees placed near decks and patios provide shade in summer and allow the sun to warm them in the winter. Flowering and fragrant plants and plants that attract wildlife placed nearby enhance the outdoor experience.

# APPROPRIATE LAWN AREAS

The concept of appropriate lawn areas is a key principle when designing Xeriscapes. Irrigated turf areas should be limited to the highest impact locations in the landscape. Lawn areas usually receive more water and require more maintenance than any other area in the landscape. Grasses should be carefully selected depending on location, use and desired maintenance programs. In-depth information on establishing lawns is available in the Clemson University Extension Publication "Warm-Season Lawn Grasses of South Carolina" (Circular 547).



Well-designed Xeriscapes can retain the lush, green and colorful look long associated with Southern landscapes. In this residential design, large mulched areas and shrub masses complement a limited lawn, providing aesthetic impact while conserving water and reducing maintenance. Common bermuda grass has recently been found to be among the best grass choices for very low irrigation regimes. This grass is an excellent choice for many Xeriscape designs. Several other warm-season grasses become dormant and may wilt or become brown during severe water shortages if they are not irrigated, but they will often "green-up" as soon as rains return. These nonirrigated turf areas provide useful control of erosion and provide play areas without wasting valuable water.

Table 1. Drought Tolerance of Grasses.					
Common Name	Drought Tolerance	Sun/Shade			
Centipede grass Bermuda grass St. Augustine grass Zoysia grass Tall Fescue Red Fescue	Fair Good Poor Good Poor Fair	Sun/Shade Sun Sun/Shade Sun/Shade Sun/Shade Shade			

Mowing the lawn at the proper height will help improve the drought tolerance of turfgrass. Maintaining cool-season turfgrass such as tall fescue at three to three and one-half inches will encourage a deeper root system which can access ground water more readily. Recommended mowing heights for the more drought-tolerant bermuda grass and centipede grass are one inch and one and one-half inches, respectively. It is difficult to determine exactly when a lawn area needs irrigation. One technique that helps determine needs for irrigation is the "footprint" method. Walk across a lawn (not covered with dew) and examine the area behind you to see if any footprints were left behind. Footprints often appear when the grass plants have low moisture in the leaves. When the grass blades are pressed by the foot, low water levels in the tissues prevent them from springing back. If the footprints remain for an extended time, the lawn area should be thoroughly irrigated.

Mowing the lawn at the proper height will help improve the drought tolerance of turfgrass. Maintain cool-season turfgrass such as tall fescue at three to three and one-half inches while the warm-season grasses such as bermuda grass and centipede grass should be maintained at a mowing height of one inch and one and one-half inches, respectively. If grass is mowed frequently enough, the lawn clippings should be left on the lawn to mulch the turf and reduce fertility requirements. The



beauty and quality of a lawn cannot be replaced, but the traditional size, design, and maintenance programs must be changed to meet water restrictions and drought conditions.



## SOIL PREPARATION

A basic life-support system of the landscape, soil is the medium for root growth and a reservoir for water and nutrients. Properly conditioned soil is of vital importance to the health of landscapes. Creating a good soil environment from the start will bring great dividends in the future.

A good soil is porous and will drain freely, yet retains water and nutrients in a form available to plants. Soils that are hard and compacted do not allow water and air to penetrate to the root zone, and irrigation water is often wasted as runoff. Sandy soils dry out quickly, and water and nutrients usually drain away before plants can use them. However, it is important to note that not all soils need amending. Many soils in the Southeast are already suitable for plant installation. When unsure about the soils in a landscape, call your county extension agent or bring in a soil sample for a complete analysis and recommendations for improvement.

Addition of organic matter to the soil is the single most important method of improving soil structure. Organic matter increases water and nutrient-holding capacity, aeration, and drainage. Plants establish more rapidly when planted in wellprepared soils. They are healthier and more vigorous, and they have greater disease and drought resistance.

Types of organic matter for soil amendment include sphagnum peat moss, pine bark, decomposed wood chips, and

composted materials. One of the most common mistakes in amending the soil is failure to incorporate sufficient organic matter. As a rule of thumb, a minimum of four inches of organic matter should be tilled into the planting bed to a depth of 12". It is important to amend the entire shrub or flower bed, not just the individual planting hole, so that plants can more easily form extensive root systems and

Soil berm achieve greater drought tolerance.



3" Mulch

 ۱۱ Trees and lawn areas, in general, do not receive as extensive amendment as shrub and flower beds; however, lawns establish more rapidly and grow stronger root systems when some attention is given to improving the soil. The type of tree to be planted dictates the level of soil improvement; for example, many flowering trees, such as dogwood, prefer a "richer" soil than pine trees, which can usually grow well with no soil improvement. Know the cultural preferences of the trees you are planting before investing in extensive soil improvement. Possibly the most beneficial treatment for trees is loosening compacted soils before planting, mulching heavily, and watering until established.

Much of the Southeast receives nonuniform rainfall, and excessive moisture may be a problem in poorly drained areas during winter and spring. Drainage may be improved by changing the slope of the site, adding subsurface drainage, or planting at a higher grade.

Mounding or berming of soil will improve survival of plants susceptible to drainage problems.

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Common Lantana Lantana camara



Crape Myrtle Lagerstroemia indica



Epimedium or Barrenwort Epimedium grandiflorum

## PLANT SELECTION

Lush, green landscapes and seasonal color provided by a variety of plants are a hallmark of the Southeast. Xeriscapes can achieve this beauty while reducing water consumption. Xeriscaping does not require that landscapes become cactus gardens. However, careful planning and plant selection are important to insure the investment and longevity of landscape plants in a Xeriscape.

Any plant is a candidate for use in a Xeriscape; the key to success is how the plant is used. In general, the greatest success is achieved when plants are placed in an environment most similar to the plant's native habitat. However, many plants are adaptable and will perform equally well in different situations. River birch (*Betula nigra*) and bald cypress (*Taxodium distichum*) are examples of trees native to low, wet areas that grow perfectly well on high ground. Determining a plant's adaptability often requires research into its cultural requirements, which must be compatible with the plant's placement in the landscape plan.

Plant selection for coastal residents is more challenging because they must often consider the influence of ocean breezes which may be laden with salt spray if they are located near the beach. Both salt spray and wind cause the foliage of many plant species to dry out, often resulting in severe damage or death. In addition, soils very near the beach are sandy with little water and nutrient holding capacity, while soils slightly inland may be heavy, poorly drained, "gumbo-type" soils. Another problem for coastal residents is the quality of the irrigation water available. Because of the intrusion of seawater into underground aquifers, the concentration of salts in the drinking-water supply is increasing. These salts may injure landscape plants in a manner similar to the harm caused by ocean spray. The Southeast is fortunate to have a large



Liatris or Spike Gayfeather Liatris spicata 'Kobold'





Yellow Jessamine Gelsemium sempervirens



Trumpet Honeysuckle Lonicera sempervirens



Hosta or Plantain-Lily Hosta sp.

number of native plant species that are naturally well-adapted to our climate. Many of our most popular landscape plants are from similar temperate climates around the world and perform very well in the Southeast. Together these sources provide a large palate of plant materials from which to design a landscape. The key to water efficiency is using these plants properly in the design, placing the plants where they will perform their best without excess water.

Native plants are well adapted for use in Xeriscapes; however, this does not mean they are all drought tolerant. Many of our Southeastern native plants are extremely hardy and are useful in a wide range of conditions, but it is important to consider that the landscape into which they are being introduced may not resemble their native landscape. For example, building construction almost always destroys the natural soil structure, often leaving compacted red clay or sandy subsoil for the landscaper or homeowner to contend with. This is where the Xeriscape principle of soil amendment can help restore these soils to a more hospitable environment for plant roots.

A plant's candidacy for a Xeriscape hinges on its placement in the landscape. Selecting and grouping plants that have similar water needs is desirable. For example, azaleas and rhododendrons should be grouped together in a cool area of the landscape because water requirements are the same for these plants and irrigation becomes most effective.

When selecting plants for a landscape, a designer must consider a number of site conditions such as sun exposure, wind, soil conditions, and drainage patterns. It is important to know the sun/shade patterns of the landscape, for some plants are tolerant of morning sun but not of the intensely hot afternoon sun, while other plants require both to flower prolifically. Soil type, structure, and pH are factors that will determine the success of a particular plant. While soil factors can be modified for a given planting, the dominant soil conditions



Nellie R. Stevens Holly *llex x* 'Nellie R. Stevens'



An existing natural woodland enhanced by annuals and perennials



Rudbeckia in perennial border

will ultimately be the most important when choosing plants. As mentioned earlier, coastal landscapes must consider the proximity of sea breezes and the rapid changes in soil types. The USDA Soil Conservation Service Bulletin "Plants for Coastal Dunes" addresses the establishment, protection, planting, and maintenance of our fragile coastal dunes.

Plants requiring areas that are wetter than the site being designed should be used in an area that will naturally receive more water, such as a low spot, near a spigot, or where runoff from the roof or paved areas will provide extra water. Likewise, plants that are adapted to areas that are drier than your site should be located in the design where they will benefit from good drainage, such as slopes, tops of berms, or nonirrigated areas.

It is important to bear in mind, however, that a plant tolerant of dry conditions may be stronger and faster-growing when it receives extra moisture. Just because a plant is drought tolerant does not mean it has to be used in a dry spot in the landscape. Drainage is often important, and careful attention should be given to placement of species requiring good drainage.

By combining proper plant selection with the other basic principles of Xeriscape such as improving the soil, mulching, and appropriate maintenance, water efficiency is maximized. If each plant's basic cultural requirements are met in the design, a landscape can be healthy, green, and water efficient, too.

The plant list that follows should not be considered a complete listing of all drought-resistant plant materials. It should be used as a guide to selecting new plants and/or retaining existing plants as the landscape is being planned. Improved cultivars of the species listed are often drought tolerant, but it is beyond the scope of this publication to list all cultivars of landscape plants. There are some species not listed (such as azaleas and camellias) which may survive drought periods once they are established, but they are generally considered to require irrigation to supplement rainfall. There are many plant choices for a Xeriscape; you may even wish to include a hydrozone incorporating high-water-use plants, which are not on this list. The plant list includes some species which may not be hardy in your area or which may not be available in the local garden centers. Some plants on the list are shadeloving while others require full sun. Always work with your local nursery for suggestions when selecting plants from the list.

It is very important to note that most plants on the list are drought tolerant only after they become established in the landscape. It is critical, therefore, that irrigation be provided when necessary for the first and, perhaps, second growing season.

## DROUGHT-RESISTANT PLANT MATERIALS



#### LARGE TREES

Acer buergeranum Acer negundo Alnus glutinosa Betula nigra Carya illinoiensis Catalpa bignonioides Cedrus deodara Celtis laevigata Celtis occidentalis X Cupressocyparis leylandii \* Fraxinus americana Fraxinus pennsylvanica Ginkgo biloba Gymnocladus dioicus llex opaca Juniperus virginiana\* Koelreuteria bipinnata\* Koelreuteria paniculata\* Liquidambar styraciflua\* Magnolia grandiflora\* Pinus sp.\* Pistacia chinensis Populus sp. Pyrus calleryana 'Bradford'\* Quercus sp.\* Sabal paimetto\* Sapindus drummondii Sapium sebiferum Sophora japonica Taxodium distichum Trachycarpus fortunei \* Ulmus alata Ulmus carpinifolia Ulmus parvifolia Zelkova serrata

#### SMALL TREES

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Albizia julibrissin Amelanchier arborea Cercis canadensis Cornus florida Cotinus coggygria Eriobotrya japonica Hamamelis virginiana Hibiscus syriacus\* Ilex cassine\* Ilex x attenuata 'Foster #2'\* Ilex x attenuata 'Savannah'\* Ilex x attenuata 'Hume' \* Ilex x attenuata 'East Palatka'\* Lagerstroemia indica\* Malus sp. Osmanthus fragrans\* Ostrya virginiana Oxydendron arboreum Prunus caroliniana\* Rhus copallina Rhus typhina

Trident Maple Boxelder Black Alder River Birch Pecan Southern Catalpa Deodar Cedar Sugar Hackberry Hackberry Leyland Cypress White Ash Green Ash Ginkgo Kentucky Coffeetree American Holly Eastern Redcedar Chinese Flame Tree Golden Raintree Sweetgum Southern Magnolia Pines Chinese Pistache **Poplars Bradford Pear** Oaks Cabbage Palm Western Soapberry Chinese Tallow Japanese Pagodatree **Bald Cypress** Windmill Palm Winged Elm Smoothleaf Elm Chinese Elm Japanese Zelkova

Mimosa Serviceberry Redbud Flowering Dogwood Smoketree Loquat Witchhazel Rose of Sharon Dahoon Holly Foster Holly Savannah Holly Hume Holly East Palatka Holly Crape Myrtle Crabapples Tea Olive Hophornbeam. Sourwood Cherry Laurel Flameleaf Sumac Staghorn Sumac

SHRUBS (6-12') Buddleia davidii Callicarpa americana Chimonanthus praecox Elaeagnus angustifolia\* Elaeagnus pungens\* Exochorda racemosa Fatsia japonica\* llex cornuta\* Ilex decidua\* Ilex vomitoria\* Juniperus chinensis cultivars\* Kolkwitzia amabilis Ligustrum japonicum\* Ligustrum x vicaryi\* Loropetalum chinense Myrica cerifera\* Osmanthus x fortunei\* Osmanthus heterophyllus\* Photinia glabra\* Pittosporum tobira\* Podocarpus macrophyllus\* Punica granatum\* Pyracantha coccinea\* Pyracantha koidzumii \* Rhus glabra Sabal minor\* Spirea x vanhouttei\* Viburnum plicatum tomentosum Vitex agnus-castus\* Yucca aloifolia\* Yucca gloriosa\*

Butterfly Bush Beauty-Berry Wintersweet Russian Olive Thorny Elaeagnus Pearl Bush Fatsia **Burford Holly** Possumhaw Holly Yaupon Holly Chinese Junipers **Beauty Bush Japanese** Privet Golden Privet Loropetalum Waxmyrtle Fortune's Osmanthus Holly Osmanthus Photinia Japanese Pittosporum Podocarpus Pomegranate Scarlet Firethorn Formosa Firethorn Smooth Sumac Dwarf Palmetto Vanhoutte Spirea Doublefile Viburnum Chaste Tree Spanish Bayonet Spanish Dagger

Many of the shrubs in the 6-12' category are also pruned to grow as small trees.

#### SHRUBS (4-6')

Aucuba japonica\* Berberis species\* Buxus microphylla\* Chaenomeles speciosa\* Chamaecyparis obtusa 'Nana Gracilis'\* Cytisus scoparius\* Forsythia x intermedia\* Gardenia jasminoides \* Hamamelis vernalis Juniperus chinensis cultivars\* Lantana camara\* Leucophyllum frutescens\* Ligustrum sinense 'Variegatum' \* Nandina domestica\* Raphiolepis indica\* Raphiolepis umbellata\* Rhus aromatica Rosa sp.

Spirea thunbergii \*

SHRUBS (1-4') Abelia x grandiflora\* Berberis verruculosa\* Callicarpa dichotoma Ilex cornuta 'Rotunda'\*

Aucuba **Barberries** Japanese Boxwood Flowering Quince Dwarf Hinoki Cypress Scotch Broom Border Forsythia Gardenia Witch Hazel Chinese Junipers Common Lantana Texas Sage Chinese Privet Nandina Indian Hawthorn Yeddo Hawthorn Fragrant Sumac Rugosa Rose, Carolina Rose Cherokee Rose, Japanese Rose Thunberg Spirea

Abelia Warty Barberry Purple Beautyberry Chinese Holly







Ilex cornuta 'Carissa'\* Ilex vomitoria 'Nana'\* Jasminum nudiflorum Juniperus chinensis cultivars\* Juniperus conferta\* Pittosporum tobira 'Wheeler's Dwarf'\* Sabal etonia\* Salvia greggi Yucca filamentosa\*

#### GROUND COVERS

Euonymus fortunei Juniperus conferta cultivars\* Juniperus horizontalis cultivars\* Juniperus procumbens cultivars\* Liriope muscari \* Liriope spicata\* Ophiopogon japonicus\* Sarcococca hookerana humilis Vinca minor

#### VINE-LIKE PLANTS

Akebia quinata Campsis radicans\* Clematis paniculata Cocculus laurifolius\* X Fatshedera lizei\* Ficus pumila\* Gelsemium sempervirens\* Parthenocissus quinquefolia\* Parthenocissus tricuspidata Rosa banksiae Trachelospermum asiaticum\* Wisteria floribunda Wisteria sinensis Lonicera sempervirens Carissa Holly Dwarf Yaupon Winter Jasmine Chinese Junipers Shore Juniper Dwarf Pittosporum Scrub Palmetto Sage Adams Needle Yucca

Wintercreeper Euonymus Shore Junipers Creeping Junipers Japgarden Juniper Liriope Lilyturf Liriope Mondo Grass Himalayan Sarcococca Periwinkle

Fiveleaf Akebia Trumpet vine Sweet Autumn Clematis Snail Seed Tree Ivy Creeping Fig Carolina Jessamine Virginia Creeper Boston Ivy Lady Bank's Rose Yellow Star Jasmine Japanese Wisteria Chinese Wisteria Trumpet Honeysuckle

## HERBACEOUS PLANTS (Annuals and Perennials)

Achillea millefolium\* Ageratum species Anthemis species Artemisia species Asclepias tuberosa Aspidistra elatior \* Aster x Frikartii \* Baptista species Calendula species\* Caryopteris x clandonensis Catharanthus roseus\* Chrysanthemum species\* Coreopsis species\* Echinacea angustifolia\* **Echinops** species Epimedium species Eschscholzia californica\* Eustoma grandiflora\* Gaillardia species\* Gaura lindheimeri Gazania species\*

Yarrow Flossflowers Dog Fennels Wormwoods Butterfly Weed Cast Iron Plant Frikarti Aster **False Indigos** Calendula **Blue Mist Caryopteris** Madagascar Periwinkle Mums Coreopsis Purple Coneflower **Globe** Thistles Epimedium California Poppy Lisianthus Blanket Flower Gaura Gazanias

Hemerocallis cultivars\* Hosta cultivars Iberis sempervirens Lantana camara\* Lantana montevidensis \* Lathyrus species Lavandula species\* Liatris spicata\* Limonium species Linum species Lychnis species Melampodium paludosum\* Oenothera species Phlox species\* Portulaca grandiflora\* Rosmarinus officinalis\* Rudbeckia x Goldstrum\* Salvia species\* Santolina chamaecyparissus\* Santolina virens\* Sedum x 'Autumn Joy'\* Solidago altissima Tagetes species\* Thymus species Verbena canadensis\* Verbena tenuisecta\* Veronica species Zinnia species

#### TURFGRASSES

Cynodon dactylon\* Eremochloa ophriuroides\* Zoysia japonica\*

#### **GRASS-LIKE ORNAMENTALS**

Arundo donax\* Cortaderia selloana\* Eragrostis curvula Miscanthus sinensis Miscanthus gracillimus Miscanthus sinensis variegatus Miscanthus sinensis zebrinus Panicum amarum\* Pennisetum alopecuroides Uniola paniculata\* Daylily Hostas Candytuft Common Lantana Trailing Lantana Sweet Peas Lavenders Spike Gayfeather Sea Lavenders Flaxes Campions Melampodium Sundrops Phlox. Rose Moss Rosemary Goldstrum Rudbeckia Sages Lavender Cotton Green Santolina Autumn Joy Sedum Goldenrod Marigolds Thymes Clump Verbena Moss Verbena Speedwells Zinnias

Bermuda Grass Centipede Grass Zoysia Grass

Giant Reed Pampas Grass Weeping Lovegrass Japanese Silvergrass, Eulalia Maiden Grass Silvergrass Zebra Grass Bitter Panicum Fountain Grass Sea Oats



# EFFECTIVE AND EFFICIENT WATERING METHODS

The use of efficient irrigation systems is a technique inherent to Xeriscape planning. Irrigation systems should provide appropriate amounts of water at critical times. The irrigation system must be designed to correlate directly to the planting zones, known as "hydrozones." The planting zones are created by grouping together plants of similar water requirements. Turf areas need to be irrigated by a separate system or by using timers to control the amount of water the turf receives versus the requirements for ornamental shrubs, perennials, and annual beds. Irrigation systems are available in various forms: the traditional pop-up sprinklers and overhead sprinklers and the more water-efficient subsurface, drip and soaker-hose systems. For more information on irrigation systems obtain a copy of Clemson University's Extension Service Circular 580 "Irrigating Your Lawn and Garden".



low, medium, or high-water-use areas. Irrigation systems can be designed to meet the requirements of each separate zone. The proper selection and placement of irrigation systems can allow the landscape designer the use of water-loving plant material while taking into consideration drought conditions. Soil texture will influence the selection of both the kind and the placement of an irrigation system. In addition to environmental factors, economic factors must be considered with irrigation practices.

Drip and microsprinkler irrigation systems have many advantages.

- 1. They are precise.
- 2. They keep the foliage dry.
- 3. They are simple to install.
- 4. They can be used almost anywhere.
- 5. They reduce the number of replacement plants necessary by insuring better plant survival.
- 6. They reduce erosion and water loss due to evaporation.
- 7. They reduce splash-transmitted, soil-borne diseases associated with traditional sprinkler irrigation.
- 8. They reduce or prevent mildew and decay because water does not hit house siding.
- 9. They reduce weed populations.
- 10. The landscape can be enjoyed at any time because there is no water spray to inhibit activities.
- 11. They efficiently supply water slowly so that puddling is not a problem.
- 12. Because water is placed directly at the root zone, the plant's water requirements are met by using much less water than conventional methods.

The amount of water that drip systems use is measured in gallons of water per hour, whereas the amount of water used by a sprinkler system is measured in gallons per minute. While drip irrigation is not suitable for lawns or ground cover plantings, it is very effective in shrub and tree areas. Drip irrrigation, when used properly, encourages deep rooting and reduces runoff and evaporation. Many existing sprinkler systems can be retrofitted to serve as drip and microsprinkler systems.

A soaker hose is also an economical choice for an irrigation system. The hose is small and easy for the homeowner to handle. Installation is relatively simple and the hose works well in small shrub or flower beds. Local garden centers or nurseries can answer questions about designing the irrigation system and can supply the necessary parts for installation.

Although they have had only recent widespread use, subsurface systems are now demonstrating their effectiveness in both economics and conservation. Evidence suggests that they create as much as a 60 percent savings in water use, and because the water is placed directly at the root zone, wet/dry cycles are reduced, resulting in deeper root growth.



Drip systems, soaker hoses, and subsurface systems have a low profile in the landscape, so vandalism is almost eliminated. These systems use much less water than conventional irrigation systems and create lush, green Xeriscape landscapes and gardens.

Sprinkler irrigation for appropriate turf areas can be designed efficiently. State-of-the art sprinklers offer spray patterns that can effectively cover geometric or curvilinear areas without waste. It is imperative that sprinkler heads be adjusted so that large droplets are sprayed, because if a mist is created, 50 percent of the water may evaporate before it ever reaches the plant. Early morning watering reduces evaporation, and the system works more efficiently because morning winds are usually calmer. Rainfall sensors can be used to prevent time clocks from irrigating after an adequate rain. Irrigation timers should be adjusted weekly as determined by rainfall, season, and plant growth stage. Watering deeply and infrequently encourages deep rooting of plants which promotes greater drought tolerance.

Traditional high pressure overhead irrigation systems often result in a fine mist with a high evaporation rate and poor water use efficiency. Less visible drip irrigation systems provide a more water-efficient alternative where irrigation is desired.





tained so that there are no leaky heads and inefficient spray patterns. The system should be carefully monitored to meet the minimum water needs of the plants in the landscape. If water is observed to puddle or runoff excessively, split the watering cycle into two time periods to allow the soil time to absorb the water or change the sprinkler heads to a lower application rate. While a well-designed irrigation system can play a major role in water conservation, a poorly designed system can waste enormous amounts of water and money. The irrigation system must be matched to suit the site and the plants to be grown. So-

phisticated controllers allow great flexibility in automatically scheduling irrigation systems. One of the best ways to monitor irrigation needs is to observe the plants carefully in the landscape. Turfgrass will often develop a bluish caste with leaves curling and a rigidity loss when it is drought stressed. Ideally, the turf should be irrigated just before it reaches this point.

Property owners choosing to implement an irrigation system must realize that the cost of installing an efficient system will save tremendously in the long run. These cost savings will be obvious from the reduced water usage, the reduction of replacement plants, and the lowered maintenance cost.

## MULCHING TREES, SHRUBS, AND FLOWER BEDS

As much as 75 percent of the rainfall landing on bare ground is lost due to evaporation and runoff. This loss can be enormously reduced when the proper mulch is utilized. Mulch helps to insure plant survival and is an important component of Xeriscapes. The two basic types of mulches are organic and inorganic. Some examples of organic mulches are pine straw, pine bark mini-nuggets, pine bark mulch, shredded hardwood bark, wood chip mulch, composted leaves, and grass clippings. Inorganic mulches include pebbles, gravel, black plastic, and landscape fabrics. While many materials can be used for mulches, price, availability, and aesthetic appeal often dictate choice. In a research study conducted by Clemson University forestry professor Don Ham, properly mulched trees grew faster than unmulched trees. He also found almost 25 percent higher soil moisture and about seven degrees cooler soil temperatures around mulched compared to unmulched trees.

The best mulches are usually fine-textured and nonmatting organic materials. An organic mulch should decompose



Properly mulched street trees (on either side of photo) grew

much faster than unmulched

trees (the two trees in the center of

photo) in a study done by forestry

Professor Don Ham in Aiken, S.C.

slowly, be free of weed seed, and should not be easily washed away by rainfall. Mulches that decompose quickly, such as grass clippings, are less desirable. Gravel mulches reflect heat to the plant's canopy, thereby increasing water loss from the leaves. Organic mulches have many benefits in the landscape. They:

- increase water-holding capacity of the soil,
- 2. reduce the amount of water lost by runoff,
- moderate extreme soil temperature fluctuations,
- 4. reduce weed competition,
- 5. reduce the incidence of soil-related diseases,
- 6. prevent soil erosion,
- 7. reduce soil compaction, improve soil structure, and add nutrients and humus to the soil,
- 8. create an aesthetically pleasing design feature,
- 9. prevent mechanical damage to trees and shrubs

Root systems of trees often extend beyond the canopy of the tree. A three to five inch layer of mulch may be applied under the plant out to the drip line. This protects the plant during a drought by reducing evaporation of moisture from the soil surface, by reducing soil temperature fluctuations, and by controlling weeds which compete for available water and nutrients. It also promotes faster growth and a healthier tree:

- caused by mowers and weedeaters, and
- 10. prevent splash-back and staining of house foundation and siding.

Woody landscape plants need an application of three to five inches of a good mulch. This should be applied under the plant and at least out to the drip line, because the root system can extend two to three times the spread of the plant. Mulch should be pulled away from the trunk of the plant to keep the plant's bark dry. Trees have a very large spread, and mulching to the drip line will give good protection during a severe drought. When using mulch near the house, it is important to be sure that the mulch is at least six inches below untreated wood siding and at least eight inches below any untreated wood structural members such as sills, joists, plates, etc.

Mulching increases the water-holding capacity of the soil. Soil moisture can be increased 5 to 25 percent or more above that of a nonmulched area. The amount of water lost by runoff can be reduced significantly. Fine-textured mulches conserve water by allowing water to percolate down into the soil instead of being lost to runoff.

One of the important qualities of mulching is that it moderates extreme soil temperature fluctuations. The temperature of the soil surface and that of the soil directly beneath the mulch are partially controlled. Summer heat is dissipated by the mulch and the soil is insulated from the winter cold. Therefore, plant roots are kept cooler in the summer and warmer in the winter. When plant roots are not stressed, they use less water.

Weed control is an integral part of Xeriscapes, and mulching reduces weed competition. Weed-seed germination can be prevented by the mulch barrier created between the seeds that fall on top of the mulch and the soil. Also, existing weeds can be smothered by proper applications of mulch. Weeds compete with the plants for available water and nutrients. By reducing the weed population,

water requirements and fertilizer applications can be significantly reduced.

By using landscape fabrics under organic mulches, weed competition can be reduced even more than by using organic mulch alone. Also, fabrics allow air and water to penetrate to the soil below. However, using black plastic as a mulch can cause several problems. Black plastic restricts water and air flow to plant roots, and the water that penetrates the plastic cannot evaporate, which increases the likelihood of disease problems. Heat buildup is also a consideration.

The incidence of splash-transmitted soil-related diseases is reduced by mulching. A mulch barrier between the soil and plant helps prevent splashing of soil onto plants and keeps plants clean, reducing the spread of diseases.

When mulches have been established a few weeks, they can aid in preventing surface-soil erosion. Mulches create a mat that reduces splash erosion and helps hold the soil in place. On steep slopes, pine straw holds better than shredded barks and helps prevent erosion.

Organic mulches serve as food for beneficial soil organisms and improve soil aggregation if they are tilled in later on. Soil compaction is reduced because good soil aggregation increases aeration. These mulches also add nutrients like potassium to the soil. Over a period of time humus is added to the soil through the continued use of organic mulches. Humus increases the nutrient-holding capacity of the soil.

Mulches are an aesthetically pleasing design feature. Organic mulches create clean lines between planting beds and lawn areas giving a nice definition to space. In times of extreme drought or until landscaping is done or is affordable

by the owner of a new house, beds that would normally be planted can be appealing without plants when an attractive mulch is used. Mulches are critical in a successful Xeriscape and cannot be overemphasized.

Mulch can be used as a design element to create line and rhythm in a plan. The dark brown color and rough texture of the mulch contrasts with the light green, fine textured grass giving visual relief in addition to water and maintenance savings.



## **PROPER LANDSCAPE MAINTENANCE**

The principles of Xeriscape design are not new. It is the use of these principles to create the total landscape package for our changing environment that is new to the industry and to the homeowner. Xeriscape designs that implement all seven principles have been shown to reduce maintenance by as much as 50 percent. There are nine main reasons for reduced maintenance. Xeriscape designs:

- 1. reduce water loss and soil erosion through careful planning, design, and implementation,
- 2. reduce mowing by limiting lawn areas and utilizing proper fertilization techniques,
- 3. reduce fertilization through soil preparation,
- reduce pruning of trees and shrubs through proper plant selection and through restricted applications of water and fertilizer,
- 5. reduce replacement plants through proper watering methods and soil preparation,
- 6. reduce weeds through proper mulching,
- 7. reduce disease and pest problems by creating less stress on plants through the methods listed above,
- 8. reduce irrigation through proper maintenance and selection of plants with healthier root systems, and
- 9. reduce costly damage to house/structures and foundations through proper selection, placement, and minimum watering near the house.

Water is conserved and less erosion occurs with careful planning and implementation of a Xeriscape design and irrigation system. Since plants are grouped in their respective hydrozones, they do not receive unnecessary water. Soil erosion can be partially prevented by implementing one of the watering systems discussed in the irrigation section. These systems do not create runoff and thereby help eliminate erosion. Spot checks of irrigation systems can help insure that water is being conserved. Considering the contours of the property when designing the hydrozones also helps prevent erosion and water waste.

The reduction of lawn areas to minimal size cuts down on the amount of mowing required. Proper fertilization can help reduce mowing by preventing unnecessary growth.

Proper timing of fertilizer applications reduces mowing and irrigation needs. Specific requirements for fertilizing grasses vary tremendously, depending on the variety of grass (see Clemson University Extension Circular 547 "Warm-Season Grasses for South Carolina"). Thorough soil preparation before planting should take care of fertilizer requirements necessary for the establishment of trees, shrubs, and lawn areas. Most landscape plants are overfertilized, creating excessive growth which requires more water.



Careful massing of xeriphytic plants in a backyard setting creates a sense of privacy around a lawn area intended for recreation. Pruning of trees and shrubs can be reduced by the correct choice of plant material and by reducing the amount of excessive growth encouraged by overfertilizing and overwatering. Selecting plants that have the desired natural form and appropriate height and spread enables homeowners to enjoy a lowmaintenance mature landscape.

Fewer plants will have to be replaced when deep-watering techniques are used instead of the overused "too frequent, too shallow" method. Deep saturation of the soil less frequently is



much preferred because it creates deep, extensive root systems. Also, much-needed fertilizers are not leached from the soil before they become available to the plant. Allowing the soil to dry out between watering intervals encourages roots to penetrate deeper into the soil. This Xeriscape technique helps plantings withstand times of extreme drought because root systems are deep within the soil and close to available moisture rather than at the dry surface. Annual mulching with organic matter can also help reduce maintenance by inhibiting weeds, by preventing soil com-

paction, by keeping the soil temperatures more moderate year round and, most importantly, by slowing evaporation. This gives the plants reserves of water in times of drought.

Xeriscape maintenance practices make disease and pest problems less prevalent because they reduce stress on plants. The plants have been hardened-off by using good irrigation techniques. Correct amounts and timing of fertilizers, especially nitrogen, keep the plants healthier and less succulent. Soil temperature extremes and weed competition are partially eliminated due to mulching. All of these maintenance practices keep plants from being stressed, reducing pest and disease problems.

Water requirements can be lowered because root systems of plants are healthier (more fibrous and deeper) when proper care and a good maintenance schedule are followed. By being aware of plant signs that indicate the need of water, a gardener can irrigate more efficiently, conserve water, and produce healthier plants.

Teamwork is the key to the long-term success of the Xeriscape. Teamwork among homeowners, landscape design-

ers, landscape contractors, and maintenance crews is crucial to maximize efficiency of the seven Xeriscape principles. A successful Xeriscape allows homeowners more leisure time to enjoy the lush, green environment that they have created as part of the team. In addition, all involved can experience the satisfaction of having contributed to the quality of life for others by conserving a limited, precious, and threatened natural resource; water.



This high-density residential development has effectively utilized Xeriscape principles to create a water efficient yet beautiful landscape.



Saving native trees and preserving woodland areas is an excellent way to combine Xeriscape and low-maintenance concepts into an attractive naturalistic design.

A slide set on Xeriscaping is available from the Clemson University Cooperative Extension Service.



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## Video Tapes

Efficient Water Management in the Landscape. San Luis Video, San Luis Obispo, CA

Xeriscape: Appropriate Landscaping to Conserve Water. San Luis Video, San Luis Obispo, CA

## Slide Sets

Xeriscaping: Landscape Water Conservation in the Southeast. Clemson University Cooperative Extension Service.

## Local Climate Data and Information

Daily, monthly, seasonal, and annual weather and climate information is available from the Southeast Regional Climate Center. You can write, call, or fax your request to:

Southeast Regional Climate Center 1201 Main Street, Suite 1100 Columbia, SC 29201 Phone: (803) 737-0800 Fax: (803) 765-9080

## For more information contact:

National Xeriscape Council P. O. Box 16372 Austin, Texas 78716-3172 Phone: (512) 392-6225





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