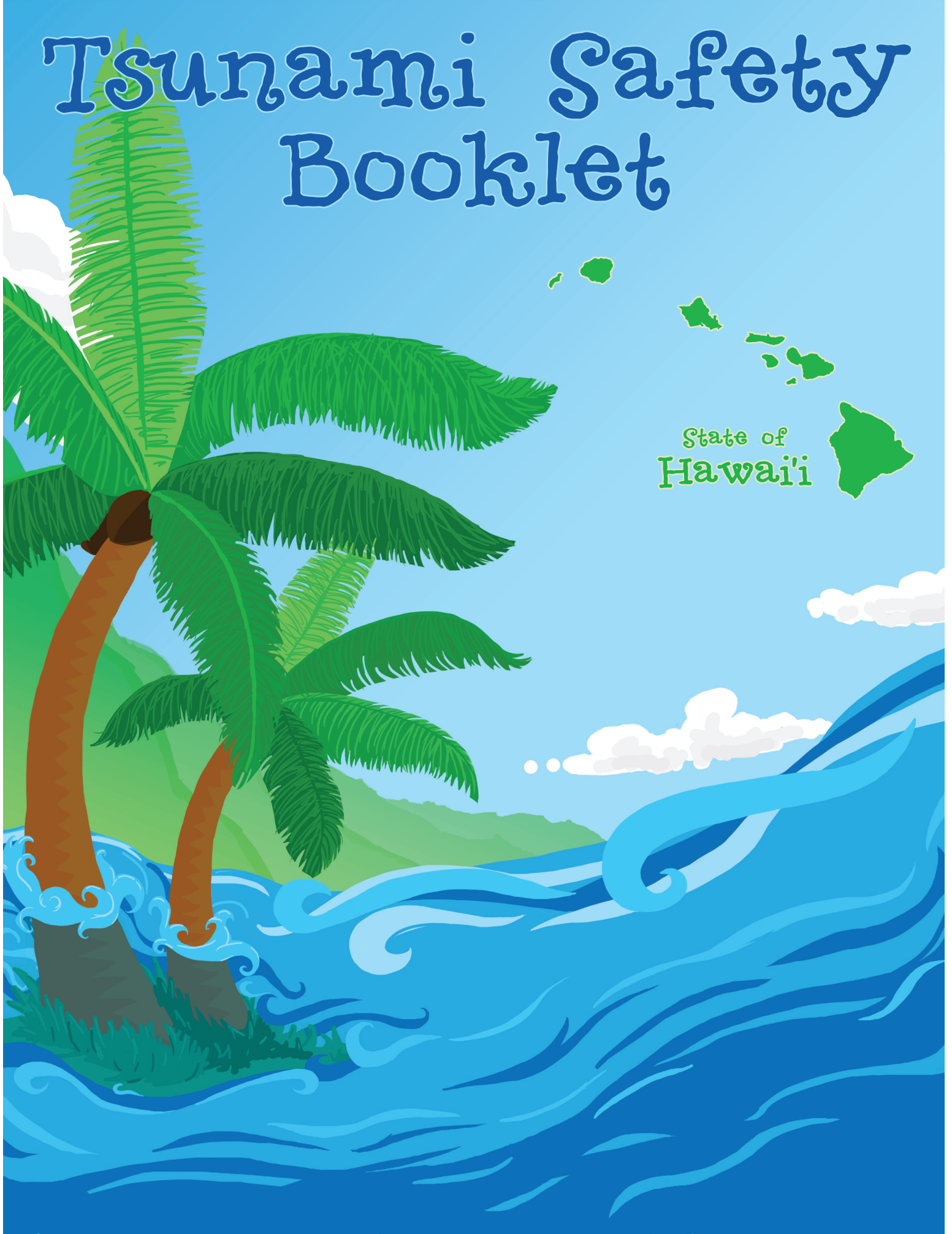


Tsunami Safety Booklet

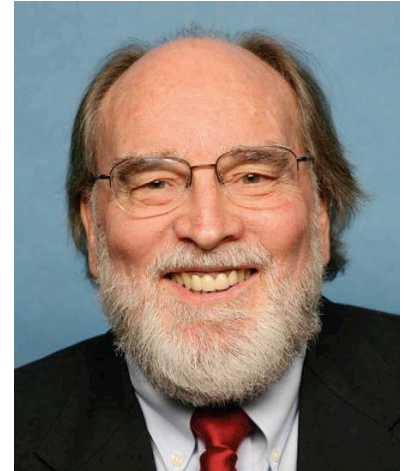


State of
Hawai'i

A Message from Neil Abercrombie Governor of the State of Hawai'i

Aloha!

Wherever you live in Hawai'i, the ocean plays a role in your life. As an ocean state, we know that the water provides a beautiful backdrop for relaxation and recreation, is a vital part of our ecosystem and sustainability, and brings together the culture and diversity of our islands.



Although we enjoy the many benefits of being a state surrounded by water, we are extremely vulnerable to a tsunami – one of the most serious natural hazards we face here in Hawai'i. Many of us remain unaware of the dangers associated with a tsunami and are unsure of what actions to take when the next one strikes. Tsunamis have impacted our past and will do so in the future, therefore we are proud to present the *Tsunami Safety Booklet* for Hawai'i developed for our keiki, our 'ohana and our state.

We all have a role to play in preparing and responding to the threat of a tsunami...including government agencies, community leaders, teachers, parents and keiki. For that reason, I encourage you to do your part by taking the time to go through the *Tsunami Safety Booklet* for Hawai'i with your class, peers, communities and friends.

We cannot prevent a tsunami... but we can prepare for one.

Mahalo,

Neil Abercrombie, Governor of the State of Hawai'i

Authors

Dr. Walter Dudley
Mrs. Genevieve Cain Robison
Ms. Jeanne Branch Johnston

Cultural Practitioner

Ms. Roxane Kapuaimohalaikalani Stewart

All artwork and illustrations by Mr. Chris Runnells

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Tsunamis in Hawai'i

Hawaiian myths and legends speak of great sea floods and the 'rising of the sea to the hills'. These stories suggest that tsunamis have impacted Hawaiian coastal communities in the past, just as they do today. It is important to learn about what has happened in the past so that we can be prepared for the future.

**'Iliki ke kai i ka 'ope'ope la, lilo;
i lilo no he hawawā.**

*The sea snatches the bundle, it is gone;
it goes when one is not watchful.*

Interpretation

A person who fails to watch out often loses.
Never turn your back on the sea.

Look for the *No Ka 'Ohana* activities throughout the booklet. *No Ka 'Ohana* means 'for the 'ohana' so these challenges should be done at home.

BE A Tsunami SUPERHERO!

Tsunami Superheroes are kids just like you who know all about tsunami safety and have pledged to help others prepare for the next tsunami event.

Build your Superhero powers by completing the Tsunami Superhero Challenge after the activities throughout this booklet. When you have finished them all, you will be a Tsunami Superhero!

Why Learn About Tsunamis?

A **tsunami** is one of nature's most dangerous natural hazards. Tsunamis have killed more people in Hawai'i than all other natural **hazards** combined and caused millions of dollars in damage. Tsunamis have also caused death and destruction in other parts of the world. On average a **dangerous** tsunami occurs somewhere on earth nearly every year.

There is no tsunami season and a tsunami can strike at any time of day or night, in good weather or bad. When a tsunami reaches **shore**, a series of **waves** can **flood** inland over a period of several hours.

Hawai'i is vulnerable to tsunamis generated far away along the Pacific Ocean rim and also to tsunamis generated right here in Hawai'i. A tsunami from far away (*distant tsunami*) will take many hours to reach our shores, but a tsunami generated here in Hawai'i (*locally generated tsunami*) can reach our shores in minutes!

Studying our history of past tsunamis helps us to know which areas are safe from tsunami waves and which areas are dangerous and should be **evacuated**. Tsunamis can be deadly, but if you understand them and learn what to do when the next tsunami strikes, you will have a better chance of keeping yourself and your 'ohana **safe**.

The words have been scrambled by the tsunami waves. Use the words in bold from above to help you unscramble.

erhso

fase

lodof

evaws

iawi'aH

vecatudae

radahsz

mistanu

gourdesna

Superhero Challenge!



There are two Hawaiian words used when describing a 'Tsunami'. These words are **kai e'e**, which refers to tsunamis in general, and **kai mimiki**, which refers to the withdrawal of water that can occur before **kai e'e** waves arrive. Practice saying these words and learn their meanings. Teach these words to your 'ohana and share with them two reasons from the text above why it is important to learn about tsunamis.

No Ka 'Ohana

Talk with your 'ohana and kupuna about the **impact** that past tsunamis have had on coastal communities in your area and how they were experienced by the people who lived through them.

evacuate: to remove persons from an area for reasons of safety

Get Out of the Zone!



There is no tsunami warning signage on the island of O'ahu.



Superhero Challenge!

Work with your teacher and your 'ohana to find out if the following locations are in a Tsunami Evacuation Zone:

- Your home
- Your school
- Your parent's or guardian's place of work
- Your aunt, uncle or grandparent's homes
- Your favorite beach

No Ka 'Ohana

Teach your 'ohana (by speaking or writing directions) how to reach safety from their favorite beach.

Make your way out of the Tsunami Evacuation Zone to Safety!

Tsunami Evacuation Zones are places that can be very dangerous during a tsunami event. Tsunami Evacuation Zones have been created based on how far tsunami waves have come inland in the past. Tsunami Evacuation Zones often include rivers and streams because tsunami waves can be funneled up rivers and streams near the coast making them unsafe. **No coastline is safe during a tsunami, so always move inland to higher ground and stay away from rivers and streams.**

Homes, schools, businesses, hotels and, of course, beaches may lie in a Tsunami Evacuation Zone. To be safe, everyone in a Tsunami Evacuation Zone should have a tsunami evacuation plan which will lead them out of the danger zone quickly and safely when a tsunami is approaching.

Do you live, go to school, or play in a Tsunami Evacuation Zone? If you do, you should create a tsunami evacuation plan so that you can leave the unsafe area well before a tsunami strikes. You should also agree on an 'ohana meeting place, in case you are not together during a tsunami.

Parents: If your child goes to a school within a Tsunami Evacuation Zone, ask school officials about their tsunami evacuation plan. All schools in a tsunami evacuation zone in the State of Hawai'i should evacuate students to a designated safe pick up area outside the Tsunami Evacuation Zone.

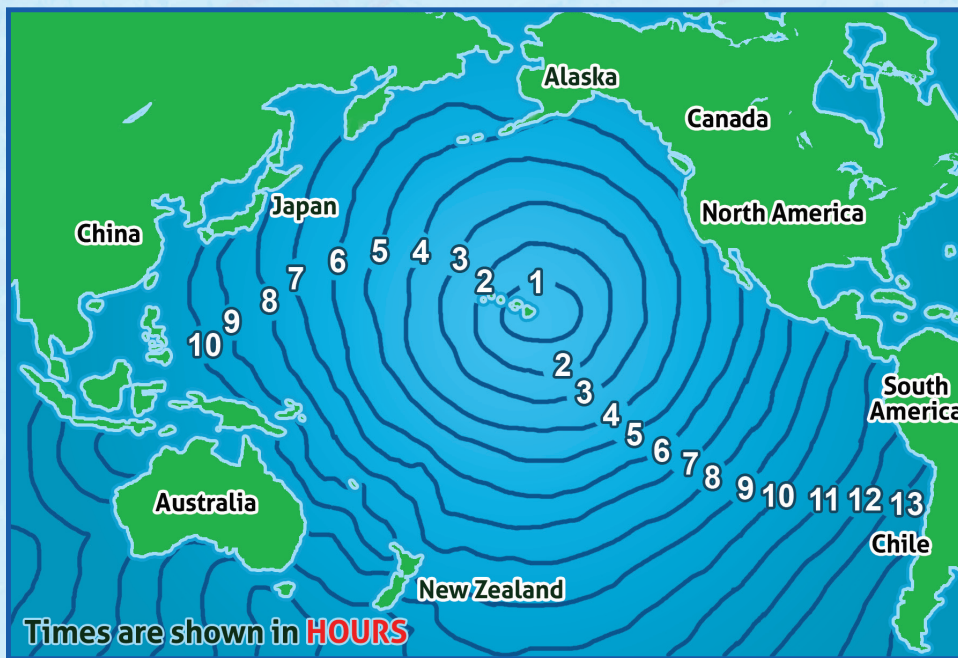
Tsunami Scientist

A tsunami is made up of a series of waves which are caused by violent movements of the sea floor. The largest tsunamis are caused by underwater earthquakes which move huge amounts of water, but they can also be caused by landslides and volcanic eruptions.

Most tsunamis occur in the Pacific because large earthquakes and geologic activity are frequent there. Tsunamis can travel across the ocean at over 500 miles per hour – which is as fast as a jet airplane!

Hawai'i is geologically active, so tsunamis can also be generated right here in the islands. Because tsunamis can travel so fast, a locally generated tsunami can reach our shores within minutes of a large earthquake.

Pacific Ocean Tsunami Travel Time Map



This is a map of the Pacific Ocean showing approximately how long it takes a tsunami to travel from one location to another with each ring representing one hour of travel time.

For example, a distant tsunami from Japan would take approximately 8-10 hours to reach Hawai'i.

Start at Hawai'i and count outwards to discover how long it will take for:

A tsunami coming from Alaska to hit Hawai'i? _____

A tsunami coming from Chile to Hawai'i? _____

Using this map you can also calculate how long it would take for a tsunami from somewhere in the Pacific Rim to reach a distant shore by counting the hours from the source of the tsunami. How long would it take:

A tsunami coming from Chile to strike Japan? _____



Superhero Challenge!

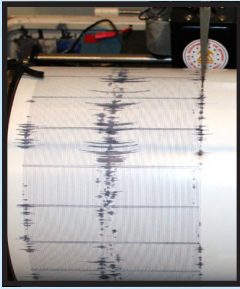
In small groups, fill in the blanks below and then practice being a tsunami scientist by reading the following message aloud to your group. You can find all of the information to fill in the blanks in the text above.

"A large _____-quake has generated a tsunami from off the coast of Japan. Tsunamis are made up of a series of waves that travel at over _____ miles per hour. The tsunami is expected to strike Alaska in approximately _____ hours and the islands of Hawai'i in approximately 8-10 hours. All low-lying coastal areas in the State of Hawai'i may be asked to evacuate to higher ground. Please listen for sirens and radio and television broadcasts by Civil Defense Agencies and the Department of Emergency Management."

I ka nānā no a'ike.
By observing one learns.

Tsunami Warning System

Scientists are always on the alert for the next tsunami event. When an earthquake occurs, instruments called **seismographs** record the seismic (earthquake) waves that travel through the earth. Scientists at the Pacific Tsunami Warning Center (and other tsunami warning centers) **monitor** seismographs around the world to see if the earthquake is large enough to possibly cause a tsunami.




Scientists then **monitor** special deep-sea gauges that record the passage of actual tsunami waves in the deep ocean. These instruments are called DART buoys, which stands for "Deep-ocean Assessment and Reporting of Tsunamis".

The deep-sea gauges send information from a surface buoy through satellites to the Warning Centers, which then decide if a tsunami has been **generated** and is traveling through the ocean.

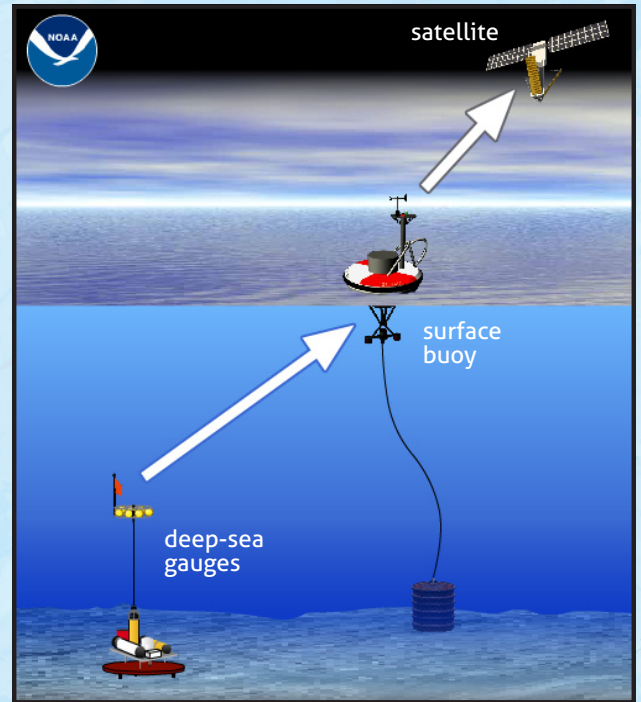
The speed tsunami waves travel is controlled by the depth of the ocean. Because scientists know the depth of the ocean they can predict how fast the waves will travel and therefore how long it will take them to reach us from their origin.

When scientists at the Warning Centers are certain that a tsunami is approaching, they will issue a Tsunami Warning.



When a Tsunami Warning is issued sirens will sound. When the sirens sound everyone in a Tsunami Evacuation Zone should evacuate in order to be safe. If you live outside of a Tsunami Evacuation Zone, stay where you are!

Sirens are also used for hurricane warnings and other major evacuations.



Vocabulary Match

Draw an arrow from each word to its definition.

monitor	ca <u>u</u> sed or produced
seismograph	susceptible to dan <u>g</u> er or unprotected
generated	a tsunam <u>i</u> from a nearby source
locally generated tsunami	a tsunami from a far away source, generally more than 600 <u>m</u> iles (1000 km) away
distant tsunami	instrument used by <u>s</u> cientists to record and measure earthquakes
all clear	to keep <u>t</u> rack of or regularly check
vulnerable	the term used by local <u>a</u> uthorities to declare that the danger has passed

What do the underlined letters in each definition above spell out?

U

Our 'Ohana Evacuation Route

Once a **Tsunami Warning** is issued by the Pacific Tsunami Warning Center, County Civil Defense Agencies and the Department of Emergency Management will coordinate with State Civil Defense to sound the sirens.

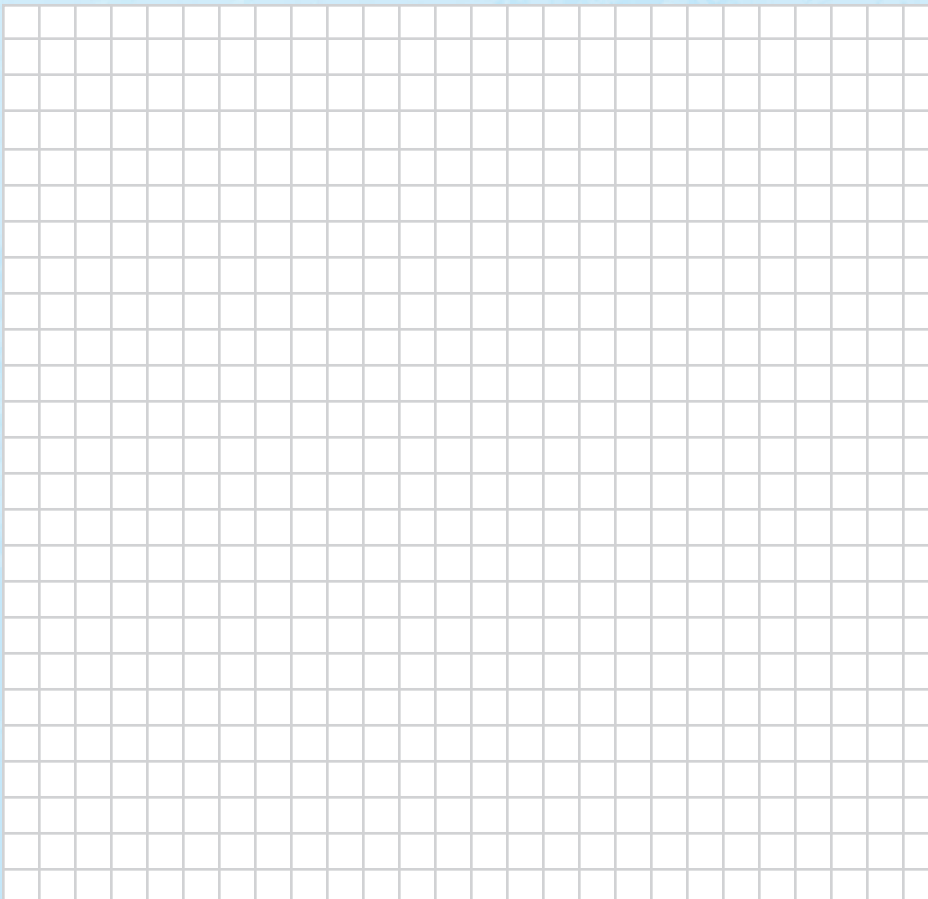
1. Sirens will sound.
2. Messages will be broadcast by radio and television.
3. Messages will be sent out over the internet and to some cell phones.
4. Police will set up roadblocks and may announce the messages over loudspeakers.
5. Civil Air Patrol planes with loudspeakers may fly over coastal areas and announce the message.

A Tsunami Warning means that everyone should evacuate the Tsunami Evacuation Zones immediately.

What if you are camping with your 'ohana at a remote fishing spot? Or on vacation outside Hawai'i where they may not have a Tsunami Warning System? What if you do not receive the warning message? You must know how to recognize Nature's warning signs; you can learn all about these on page 8.

No.Ka 'Ohana

Pick a place in the Tsunami Evacuation Zone that you spend the most time and draw and color a route out of the zone to safety. You should include street names and also your 'ohana meeting place. You can use the maps in the front of your local phone book and also the NOAA Tsunami Hazard Information Service (*see inside cover for the web address*) to help you. Go over the route with your parents and discuss alternate plans should you be separated during an event.



Local Tsunami Evacuations

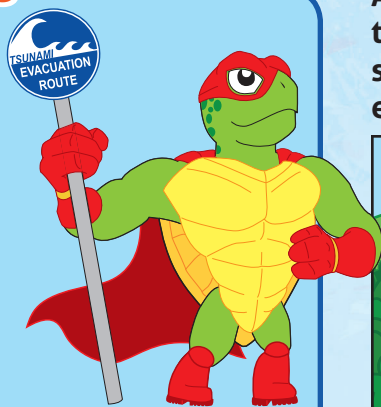
You have learned that Hawai'i is at risk from tsunamis that are generated right here in the islands. *Remember:* In the event of a locally generated tsunami you may only have minutes to evacuate. Look at the map of the Hawaiian Islands to see how quickly a locally generated tsunami can strike!

In a locally generated tsunami there may not be time for an official warning, so you must rely on Nature's warning signs.

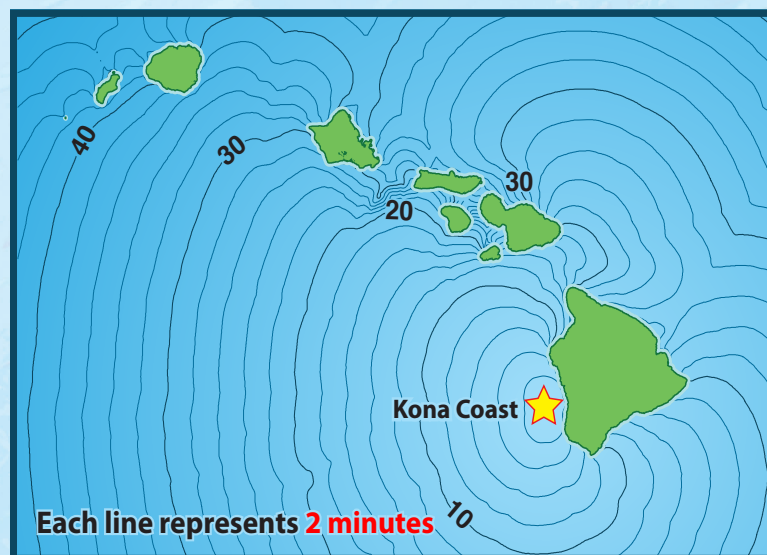
Because we know that earthquakes generate tsunamis, an earthquake may be your first warning that a locally generated tsunami is on its way!

Superhero Challenge!

Examine the Hawaiian Island Tsunami Travel Time Map above. Using the technique you learned to calculate tsunami travel times in the previous map of the Pacific Ocean, calculate how long it will take a tsunami from the Kona Coast ★ of the Big Island to reach your coastal community? _____ minutes



Hawaiian Islands Tsunami Travel Time Map



As you make your way quickly to safety from the ocean you may come across hazards. Circle six hazards that may cause harm to you or the environment.



It is **NOT** safe to get in a car to evacuate from a locally generated tsunami – you may get trapped. You should go immediately on foot to high ground!

Nei ka honua, he ōla'ī ia.

*When the earth trembles, it is an earthquake.
We know by what it does.*

Use Your Senses!

Sometimes you must rely on your senses as a warning of an approaching tsunami. You **may** experience one or more of these natural warning signs:

Feel: An Earthquake.

See: Any unusual water or wave behavior including odd bubbles, whirlpools or water receding or **surging** inland.

Hear: An unusual noise from out to sea.

If you experience any of these signs, you should evacuate to high ground and tell others that a tsunami may be approaching. It is always better to be safe than sorry.

Keyword:
Surging = Rushing

What should you do?

Read the questions and circle or underline each correct answer.

1. If you feel an earthquake?

- a) Jump up and down
- b) Run away from your 'ohana or friends
- c) Drop, Cover and Hold On, then move quickly away from the coast after shaking stops
- d) Run towards the ocean



2. If you see the water recede or surge inland?

- a) Grab your surfboard
- b) Find a cool spot to watch
- c) Collect stranded fish from the rocks
- d) Move quickly and safely to higher ground



3. What do you think a tsunami might sound like?

- a) A loud train
- b) No sound
- c) A loud roar
- d) All of the above (*have been described by tsunami survivors*)



Remember, not all signs may be present in a tsunami event. If you experience one or more of the signs, you should evacuate – it is better to be safe than sorry!

Can animals sense earthquakes and tsunamis?

Just prior to an earthquake or the arrival of a tsunami, people in different places around the world have reported witnessing strange behavior of animals. In Thailand, elephants were seen running away from the coastline just prior to the December 26, 2004 tsunami. Birds have stopped singing, cows have begun leaping and cats and dogs have sought refuge in the strangest of places. Have you heard stories about animals behaving strangely before an earthquake or tsunami?



Superhero Buddies

Look at the following illustrations and color in the people that may need help evacuating.



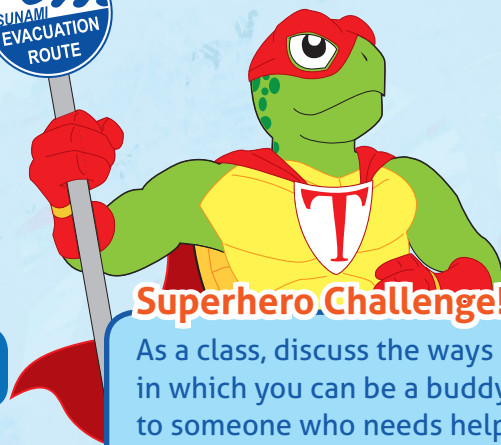
Sometimes people living or working in a Tsunami Evacuation Zone may not be able to hear a Tsunami Warning or evacuate themselves safely. These people need a buddy, or a Tsunami Superhero! You can be a Tsunami Superhero by identifying people in your community who need help evacuating and then developing and practicing an evacuation plan to help them reach safety; this is called the **BUDDY SYSTEM**.

Songs, Skits and Commercials

With your friends, create a song, skit or commercial to teach others about tsunami safety.

No·Ka·'Ohana

If you know someone that needs help evacuating from a Tsunami Evacuation Zone, develop a tsunami evacuation plan with them.



Superhero Challenge!

As a class, discuss the ways in which you can be a buddy to someone who needs help. Identify fellow students in the class who live in the Tsunami Evacuation Zone and see if they need a buddy.

Tsunami vs. Coastline

The Ultimate Showdown



Tsunami waves may travel at the speed of a jet plane (*over 500 miles per hour*) in the deep ocean but someone on a **boat** in deep water might not even notice tsunami waves passing under them. As tsunami **waves** approach shore they begin to slow down, build up in height, and are changed by the depth of the water and the shape of the coast. In some places the waves may come ashore as a huge flood going inland for hundreds of yards, whereas in other places there may be very little flooding at all. Bays, **harbors**, coves, and the mouths of rivers are more likely to have greater flooding than steep shoreline areas with rocky cliffs. Remember that tsunami waves can also **wrap** completely around an island creating dangerous conditions even on the far side from which the tsunami is approaching.

A tsunami is never just one wave. There is always a series of waves with danger that can last for several hours. The first wave may not be the largest, so do not think it is **safe** to go back to the shore just because the first wave has passed. Always wait for an official **All Clear** message before returning to a coastal area.

If you are out in the deep ocean in a **boat**, you should not try to come to shore, instead stay out at sea and wait for the All Clear before returning to port (*always ensure you carry enough gas in the boat to get you back in safely*).

If you are out surfing, get ashore as quickly as you can. Never try to **surf** a tsunami. Tsunami waves are **NOT** surfing waves. There is no wave face to surf and tsunami waves are full of debris and cause dangerous currents.

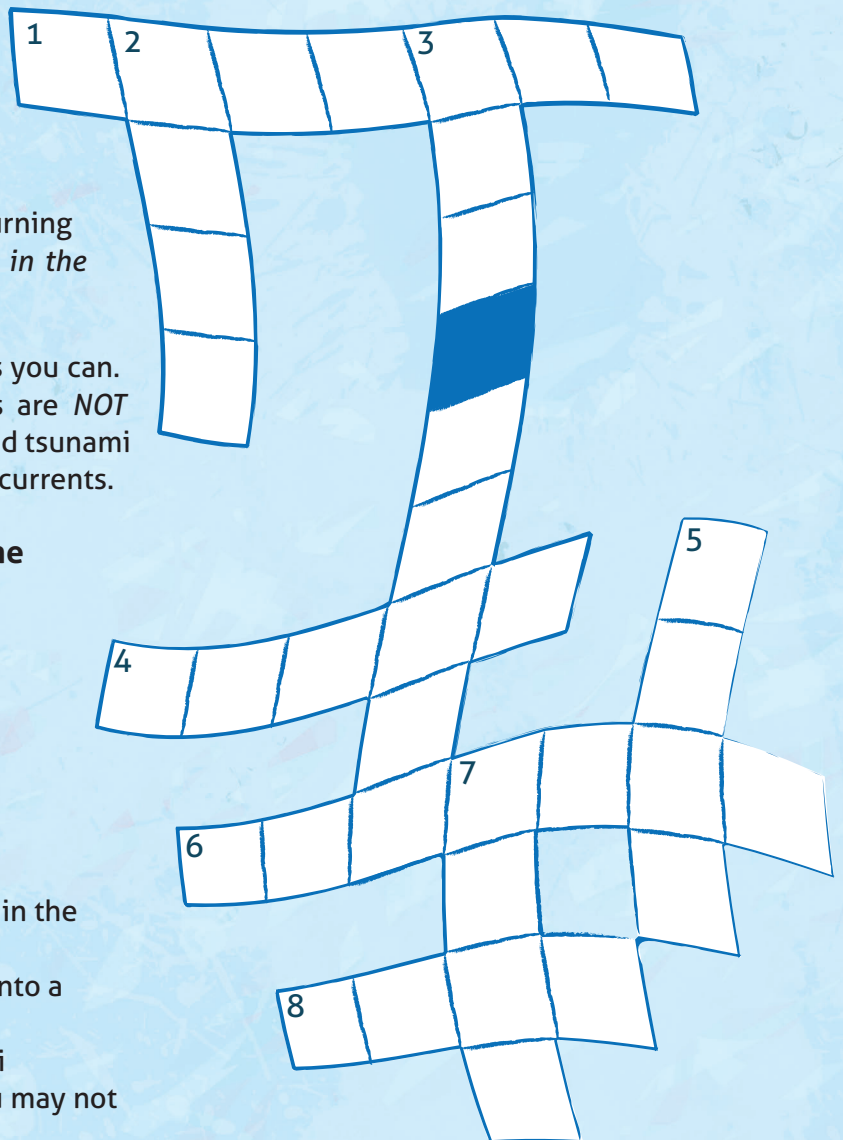
Use the words in bold to help you solve the crossword puzzle!

ACROSS

- 1 A series of dangerous waves
- 4 Tsunamis are made up of many of these
- 6 Places that are likely to get deep flooding
- 8 Tsunamis can do this around islands

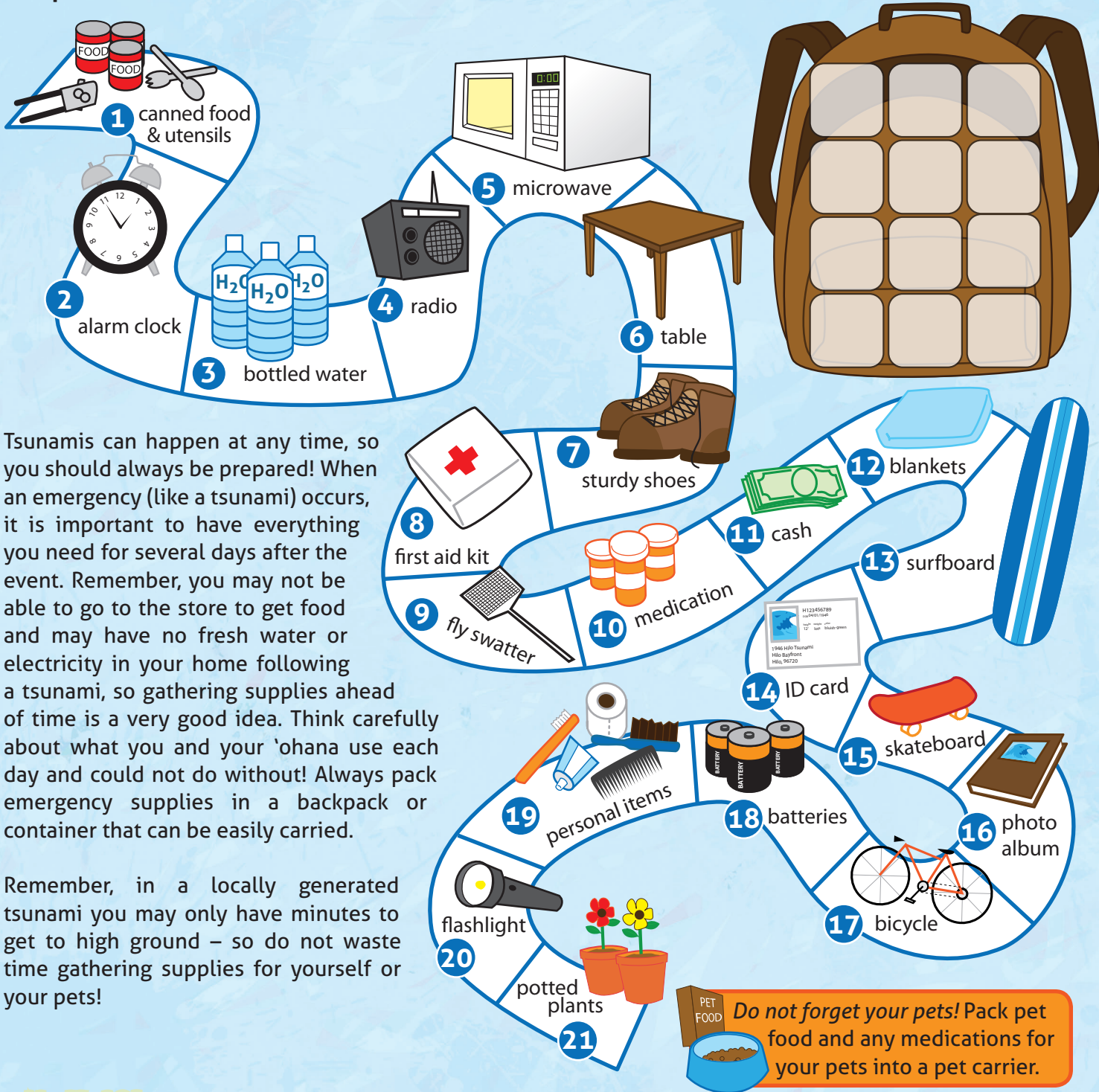
DOWN

- 2 If you learn about tsunamis you will be this in the next tsunami event
- 3 You should wait for this before going back into a Tsunami Evacuation Zone
- 5 You should never try to do this on a tsunami
- 7 If you are in one of these in deep water, you may not feel a tsunami



Emergency Kit

After reading through the text below, follow the path through the house picking up items to put into your emergency kit. But remember, you only have 12 spaces in your backpack, so you must only pick up the most important items. Place the number assigned to each item you choose in the backpack slots.



Tsunamis can happen at any time, so you should always be prepared! When an emergency (like a tsunami) occurs, it is important to have everything you need for several days after the event. Remember, you may not be able to go to the store to get food and may have no fresh water or electricity in your home following a tsunami, so gathering supplies ahead of time is a very good idea. Think carefully about what you and your 'ohana use each day and could not do without! Always pack emergency supplies in a backpack or container that can be easily carried.

Remember, in a locally generated tsunami you may only have minutes to get to high ground – so do not waste time gathering supplies for yourself or your pets!

Do not forget your pets! Pack pet food and any medications for your pets into a pet carrier.

No.Ka`Ohana

As an 'ohana, discuss why it is so important to have an emergency kit for tsunamis and also for emergencies like hurricanes. As an 'ohana, collect as many items for your kit as possible. Remember to let everyone in your 'ohana know where the emergency kit is located!

Tsunami Quiz

Read the questions and circle or underline the correct answers.

1. **Why is it important to learn about tsunamis?**
 - a) They can happen any time, day or night.
 - b) Knowing about them can keep you safe in the next event.
 - c) Many lives have been lost in Hawai'i due to tsunamis.
 - d) All of the above.
2. **What is the area called that you want to evacuate during a tsunami?**
 - a) The Front Zone
 - b) The Tsunami Evacuation Zone
 - c) The Fun Zone
 - d) The Surf Zone
3. **What should you create if you live in a coastal community?**
 - a) A tsunami evacuation plan.
 - b) An emergency kit.
 - c) An action plan for meeting up with 'ohana and friends if separated.
 - d) All of the above.
4. **What is the most important difference between a distant tsunami and a locally generated tsunami?**
 - a) Distant tsunamis are bigger than locally generated tsunamis.
 - b) Distant tsunamis are smaller than locally generated tsunamis.
 - c) Distant tsunamis may arrive in hours and local tsunamis may arrive in minutes.
 - d) Distant tsunamis cause much more damage than locally generated tsunamis.
5. **What should you do if PTWC issues a tsunami warning?**
 - a) Grab your surfboard!
 - b) Grab your fishing net!
 - c) Prepare to evacuate low-lying coastal areas.
 - d) A tsunami has not been generated.
6. **Who might need help evacuating coastal areas during a tsunami event?**
 - a) The elderly
 - b) Mothers with children
 - c) People who are disabled
 - d) All of the above.
7. **What are three natural warning signs of a tsunami?**
 - a) Thunder, lightning and a cold wind.
 - b) Heavy rain, warm winds and high humidity.
 - c) An earthquake, water surging inland and water receding.
 - d) A storm with big waves, bright sunshine and heavy clouds.
8. **Why must you wait until an All Clear is given before going back into the Tsunami Evacuation Zone?**
 - a) There may be more tsunami waves to follow.
 - b) There may be hazards like debris and electrical wires.
 - c) First responders may need to carry out search and rescue.
 - d) All of the above.
9. **Who should have an emergency kit?**
 - a) Everyone, especially those living in a Tsunami Evacuation Zone.
 - b) Only people living in the Tsunami Evacuation Zone.
 - c) Only people with more than one child.
 - d) Only people visiting Hawai'i from the mainland.
10. **Why is it important to have an 'ohana meeting place for a tsunami event?**
 - a) Otherwise you will not get any dinner.
 - b) You may not be together when a tsunami strikes.
 - c) If you do then you can all meet and then go and get ice cream.
 - d) You need a ride home.

Checklist!

- As an 'ohana, we have checked to see if our home, school, or parent's workplace is in a Tsunami Evacuation Zone.
- If our home or parent's workplace is in a Tsunami Evacuation Zone, as an 'ohana we have created an evacuation plan. If not, we have created an evacuation plan for our favorite beach.
- As an 'ohana, we have agreed upon one or more 'ohana meeting places in the event of a tsunami occurring while we are separated.
- As an 'ohana, we have discussed the importance of following the 'ohana evacuation plan so that no 'ohana member enters into danger looking for other 'ohana members.
- As an 'ohana, we know where the designated pick up point is if our school is evacuated during a tsunami.
- As an 'ohana, we have discussed the time differences for distant tsunamis and for locally generated tsunamis and we understand the importance of safe, quick evacuation for both.
- As an 'ohana, we have discussed how we can learn about a Tsunami Warning and know how to respond when a warning is given.
- As an 'ohana, we have memorized Nature's warning signs of a tsunami and know to evacuate immediately if any of these signs are present.
- As an 'ohana, we understand that we must not go back into a Tsunami Evacuation Zone until an **All Clear** is given.
- As an 'ohana, we have discussed and prepared an emergency kit.

Complete the pledge below and hand completed booklet to teacher – do not cut out pledge.

PLEDGE: As an 'ohana, we pledge to prepare ourselves and others for the next tsunami event. We will share the information that we have learned in this booklet with others in an effort to keep our community safe when the next tsunami strikes.

Parent _____ Date _____

Child _____

Teacher _____

Find the answers to the activities in this booklet at www.tsunamisafe.org

Our Tsunami Action Plan

Complete this plan and then post it in your home for all to see.

Our 'ohana meeting places are _____

Our 'ohana cell phone numbers *(remember, cell phones may not have service during an emergency)*

Our out-of-state contact is _____

Our emergency kit is located in _____

Our important 'ohana papers _____

are located in _____

(If applicable) The school pick up point is _____

(If applicable) We will be assisting _____ with evacuation.

(If applicable) We will evacuate to our relative's or friend's home at _____

Medications for our 'ohana are located in _____

(If applicable) Our pet carrier is located in _____

(If applicable) Our pet's food, bowls, medication are located in _____

Remember to put all of your emergency contact phone numbers into your cell phone or wallet as you may not have this action plan with you when a tsunami strikes!

