

Title: Assessing tidal marsh resilience to sea-level rise at broad geographic scales with multi-metric indices

Running Head: Tidal marsh resilience to sea-level rise

Kenneth B. Raposa^{a*}
Kerstin Wasson^b
Erik Smith^c
Jeffrey A. Crooks^d
Patricia Delgado^e
Sarah H. Fernald^f
Matthew C. Ferner^g
Alicia Helms^h
Lyndie A. Hiceⁱ
Jordan W. Mora^j
Brandon Puckett^k
Denise Sanger^l
Suzanne Shull^m
Lindsay Spurrierⁿ
Rachel Stevens^o
Scott Lerberg^p

^a Narragansett Bay National Estuarine Research Reserve, 55 South Reserve Dr., Prudence Island, RI 02872, USA; kenny@nbnerr.org

^b Elkhorn Slough National Estuarine Research Reserve, 1700 Elkhorn Road, Watsonville, CA 95076, USA; kerstin.wasson@gmail.com

^c North Inlet-Winyah Bay National Estuarine Research Reserve, PO Box 1630, Georgetown, SC 29442, USA; erik@belle.baruch.sc.edu

^d Tijuana River National Estuarine Research Reserve, 301 Caspian Way, Imperial Beach, CA 91932, USA; jcrooks@trnerr.org

^e Jug Bay Wetlands Sanctuary, 1361 Wrighton Road, Lothian, MD 20711, USA; rpdelg88@aacounty.org

^f Hudson River National Estuarine Research Reserve, 256 Norrie Point Way, P.O. Box 315, Staatsburg, NY 12580, USA; sarah.fernald@dec.ny.gov

^g San Francisco Bay National Estuarine Research Reserve, 3152 Paradise Drive, Tiburon, CA 94920, USA; mferner@sfsu.edu

^h South Slough National Estuarine Research Reserve, P.O. Box 5417, Charleston, OR 97420, USA; alicia.r.helms@state.or.us

ⁱ Delaware National Estuarine Research Reserve, 818 Kitts Hummock Road, Dover, DE 19901, USA; Lyndie.Hice-Dunton@state.de.us

^j Waquoit Bay National Estuarine Research Reserve, 131 Waquoit Hwy, Woods Hole, MA 02536, USA; jordan.mora@state.ma.us

^k North Carolina National Estuarine Research Reserve, 101 Pivers Island Rd., Beaufort, NC 28516, USA; Brandon.Puckett@ncdenr.gov

^l ACE Basin National Estuarine Research Reserve, 217 Fort Johnson Road, Charleston, SC 29412, USA; SangerD@dnr.sc.gov

^m Padilla Bay National Estuarine Research Reserve, 10441 Bayview-Edison Road, Mount Vernon, WA 98273, USA; sshull@padillabay.gov

ⁿ Grand Bay National Estuarine Research Reserve, Mississippi Department of Marine Resources, 6005 Bayou Heron Road, Moss Point, MS 39562, USA; Lindsay.Spurrier@dmr.ms.gov

^o Great Bay National Estuarine Research Reserve, 89 Depot Rd, Greenland, NH 03840, USA; Rachel.Stevens@wildlife.nh.gov

^p Chesapeake Bay National Estuarine Research Reserve of Virginia at the Virginia Institute of Marine Sciences, 1375 Greate Road., Gloucester Point, VA 23062, USA; lerbergs@vims.edu

* Corresponding author

Phone: 401.683.7849

Fax: 401.683.7366

Email: Kenny@nbnerr.org

Type of paper: Full length research paper

Abstract

Tidal marshes and the ecosystem services they provide may be at risk from sea-level rise (SLR). Tidal marsh resilience to SLR can vary due to differences in local rates of SLR, geomorphology, sediment availability and other factors. Understanding differences in resilience is critical to inform coastal management and policy, but comparing resilience across marshes is hindered by a lack of simple, effective analysis tools. Quantitative, multi-metric indices are widely employed to inform management of benthic aquatic ecosystems, but not coastal wetlands. Here, we develop and apply tidal marsh resilience to sea-level rise (MARS) indices incorporating ten metrics that contribute to overall marsh resilience to SLR. We applied MARS indices to tidal marshes at 16 National Estuarine Research Reserves across the conterminous U.S. This assessment revealed moderate resilience overall, although nearly all marshes had some indication of risk. Pacific marshes were generally more resilient to SLR than Atlantic ones, with the least resilient marshes found in southern New England. We provide a calculation tool to facilitate application of the MARS indices to additional marshes. MARS index scores can inform the choice of the most appropriate coastal management strategy for a marsh: moderate scores call for actions to enhance resilience while low scores suggest investment may be better directed to adaptation strategies such as creating opportunities for marsh migration rather than attempting to save existing marshes. The MARS indices thus provide a powerful new approach to evaluate tidal marsh resilience and to inform development of adaptation strategies in the face of SLR.

Keywords: assessment, index, marsh, National Estuarine Research Reserve System (NERRS), resilience, sea-level rise

1. Introduction

28
30 Tidal marshes are among the most productive ecosystems on earth, and provide key
32 services including shoreline protection, water quality improvement, provision of fish habitat
34 (Gedan et al., 2009), and carbon sequestration (McLeod et al., 2011). Coastal wetlands are
36 naturally dynamic, expanding and contracting in extent in response to altered river flow and tidal
38 dynamics, but many extensive tidal marshes have persisted for millennia (Redfield, 1972). Marsh
40 condition and extent are influenced by many abiotic and biotic factors, which are variable across
42 time and space, but in some systems have been altered by humans beyond the natural range of
44 variability. For instance, river diversion can decrease freshwater inputs and lead to declines in
46 inorganic sediment supply and organic soil building (Day et al., 2008), eutrophication can harm
48 marsh integrity (Deegan et al., 2012; Watson et al., 2014), and runaway herbivory can result in
50 marsh dieback (Silliman et al., 2005; Holdredge et al., 2009). The impacts of these factors are
52 now being compounded by additional impacts from climate change, including changes to
54 temperature and precipitation (Osland et al., 2016).

42 One major emerging threat to marsh stability and function is the projected acceleration in
44 the rate of sea-level rise (SLR) (Kirwan & Megonigal, 2013). Tidal marshes occupy a narrow
46 elevational range, where wetland plants drown if inundated excessively and are replaced by
48 upland species if inundated insufficiently. In the face of past SLR, many marshes have been able
50 to maintain their relative position in the tidal frame, but this resilience requires sufficient
52 inorganic sediment supply or organic soil building to allow marsh elevation to track rising water
54 levels over time (Morris et al., 2002; Kirwan & Megonigal, 2013). In the coming century, SLR is
56 projected to accelerate dramatically over rates documented for the past millennia, though there is
58 a high degree of uncertainty about the magnitude of future rates (Nicholls & Cazenave, 2010;
60 Rahmstorf, 2010; Hansen et al., 2016). Coastal wetlands will persist in their current locations
62 only if they can continue to build vertically at a rate equal to or greater than this accelerated rate
64 of SLR. Their ability to do so may be hampered by human alterations, such as decreased riverine
66 sediment supply or increased subsidence rates (Morris et al., 2002; Day et al., 2008; Kirwan &
68 Megonigal, 2013). Alternatively, some coastal wetlands may migrate to new, higher positions in
70 the landscape, though this is not possible in many regions due to built structures and urban
development. There is therefore concern that SLR may lead to significant loss of tidal marshes
and the key ecosystem services they provide (Craft et al., 2009), though recent analyses suggest
that marsh vulnerability to SLR may be overestimated (Kirwan et al., 2016).

60 Not all coastal wetlands will be equally affected by accelerated SLR (Day et al., 2008).
62 Tidal marsh responses will not be uniform due to differences in sensitivity. In part, sensitivity
64 can vary due to natural differences across sites, such as tidal range or proximity to riverine
66 sediment sources. Indeed, these two factors – tidal range and sediment supply – are considered
68 critical indicators of marsh sensitivity to accelerated SLR (Kirwan et al., 2010; Fagherazzi et al.,
70 2012). Sensitivity to SLR can also be affected by prior human alterations that degraded marsh
integrity. For instance, marshes in which vegetation is low in the tidal frame due to subsidence
induced by eutrophication (Deegan et al., 2012) or decreased sediment supply are particularly
vulnerable to increased rates of SLR (Morris et al., 2002; Cahoon & Guntenspergen, 2010). In
addition to variation in sensitivity, there also will be regional oceanographic differences and
local hydrodynamic factors that can lead to site-specific differences in exposure to accelerated
SLR (Sallenger et al., 2012).

72 In order to inform coastal management and policy, it is critical to characterize marsh
74 resilience to accelerated SLR across multiple spatial scales. Assessments of the relative
76 vulnerability of wetlands have not occurred for most regions of the world, and yet are critical to
78 prioritize restoration investment in wetlands and identify appropriate management strategies
(Webb et al., 2013). At a national scale, assessments could shape policy and investments. At a
80 local scale, understanding a marsh's resilience may lead to implementation of the most
appropriate management actions, such as restoration intervention to enhance resilience vs.
investment in opportunities for marsh migration where existing marshes have little chance of
persisting. Tools to quantify marsh resilience in the face of SLR are thus urgently needed
(Cahoon & Guntenspergen, 2010).

82 One approach to characterizing marsh resilience is the development and application of
numerical models. A variety of these have been generated, ranging in geographic scope from
84 single points to entire landscapes, and incorporating only a few physical variables vs. building in
complex biological feedbacks (Fagherazzi et al., 2012). Most models have been used to examine
86 a single marsh or estuary, with the purpose of making detailed spatial predictions for the region
of interest. For instance, Schile et al. (2014) recently applied sophisticated models incorporating
88 ecological feedbacks to projections for resilience of four marshes in San Francisco Bay, CA.
Models are also very well suited for exploring hypotheses about marsh processes and for
90 exploring different future scenarios of SLR rates or sediment concentrations (Kirwan et al.,
2010; Kirwan et al., 2016).

92 Another potential approach to characterizing marsh resilience is the use of an integrative
multi-metric index. Quantitative, multi-metric evaluations of habitat quality developed
94 specifically to inform management are commonly used to assess and compare benthic aquatic
ecosystems (Diaz et al., 2004; Pinto et al., 2009). The purpose of these indices is to assign a
96 score that reflects current conditions, which differs from the spatially-explicit predictions that are
typical of numerical models. These indices typically integrate a suite of complementary metrics
98 into a combined overall score for each site. The indices can be applied consistently at different
spatial scales, allowing for relative comparisons and prioritization for management action.
100 Although benthic habitat quality indices are widely considered to be useful tools for decision-
making in aquatic management and policy (Pinto et al., 2009), only recently have multi-metric
102 indices been applied to wetland vegetation (Miller et al., 2016), and this approach has not yet
been applied to assessments of coastal wetland resilience.

104 Our goal was therefore to develop and apply the first set of integrative indices to quantify
marsh resilience in the face of SLR. We selected multiple metrics that have been identified in the
106 literature as reflecting both sensitivity and exposure of marshes to SLR and used these to develop
three different resilience indices. The focus of the indices is on existing environmental conditions
108 that affect marsh resilience. This differs from a typical numerical model because the output is not
a spatial or temporal prediction of how the marsh will change in a particular time period under
110 scenarios of SLR, but rather is a simple integrative assessment of site characteristics that
influence resilience. The indices can be used to compare among marshes at any geographic scale.
112 An explicit objective was to develop a method that could be used by any scientist or organization
collecting the relevant monitoring data, and that is transparent for coastal managers to
114 understand. As shorthand, we refer to these as MARS indices, assessing tidal marsh resilience to
sea-level rise. We use the term "resilience" as it has been developed in the ecological literature to
116 indicate the ability of a system to resist and recover from perturbation (Holling, 1973;
Gunderson, 2000). Alternatively, we could have used the inverse term, "vulnerability", but this

118 often includes an assessment of adaptive capacity and socioeconomic components that are not
120 currently included in our indices. Although they have been developed separately by ecological
122 vs. socioeconomic practitioners, it is clear that resilience and vulnerability are complementary
124 concepts that merit better integration (Miller et al., 2010). While some multi-metric indices
126 assess existing responses (e.g., of invertebrate communities) to a known gradient of human
disturbance (e.g., pollution levels), our indices emphasize conditions that are likely to affect
future marsh resilience to a projected disturbance (SLR). We therefore cannot ground truth
which metrics serve as best indicators, but rather apply the “universal metric approach”
(Schoolmaster et al., 2012), drawing on indicators of ecological integrity previously identified as
critical by expert judgment or in the published literature.

128 We applied the new MARS indices to characterize and compare resilience at 16 tidal
marshes in six biogeographic regions across the conterminous U.S. Scaling up, this allowed us to
130 provide an overall snapshot of marsh resilience across the nation, as well as to identify some
specific marshes at greatest risk. To accomplish this, we drew on data collected consistently as
132 part of the National Estuarine Research Reserve (NERR) System-wide Monitoring Program
(SWMP), which develops and implements robust, vetted protocols for collecting and processing
134 monitoring data in U.S. estuaries (Buskey et al., 2015; <http://cdmo.baruch.sc.edu/>). The reserves
have invested heavily in monitoring that will allow them to function as “sentinel sites” for
136 coastal wetland response to SLR, and thus serve as an ideal platform for conducting national
syntheses of estuarine conditions and responses to stressors (NERRS, 2012). This addresses a
138 critical need for coordinated networks to monitor wetland elevation changes and responses to
SLR (Webb et al., 2013). To our knowledge, ours is the first attempt to characterize marsh
140 resilience in the face of SLR at a continental scale and to examine geographic patterns of
variation.

142

2. Materials and methods

144

2.1. Study sites

146

This study was conducted in tidal marshes located in or near 16 NERRs distributed across
148 the conterminous U.S. (Fig. 1). Participating reserves are located in six NERR biogeographic
regions that are based largely on flora, fauna, and climate. These regions include the Acadian
150 (Maine to New Hampshire; one reserve), Virginian (Massachusetts to Virginia; six reserves),
Carolinian (North Carolina to northeast Florida; three reserves), Louisianan (Alabama to Texas;
152 one reserve), Columbian (Washington to Oregon; two reserves), and Californian (California;
three reserves) (Table A1). Hereafter, we use the terms “biogeographic region” and “region”
154 interchangeably. In a few instances, we also refer to more colloquial geographic areas such as
‘Pacific Coast’ and ‘southern New England’ when patterns emerged at scales different from
156 those represented by the NERR biogeographic regions. To assess regional and national patterns
in tidal marsh resilience to SLR, we included data from one marsh from each participating
158 reserve (currently, robust datasets relevant to our study are only available from one marsh at
most reserves). However, to examine how resilience varies among marshes within the same
160 NERR or estuary we also included additional marshes from the Narragansett Bay RI, Hudson
River NY, and Elkhorn Slough CA reserves in a separate analysis of local variation.

162

Marshes varied considerably in size, geomorphology, salinity, and vegetation. In some
estuaries (e.g., Narragansett Bay RI, Padilla Bay WA), marshes were relatively small, discrete

164 pocket or fringe marshes, while in others (e.g., Chesapeake Bay MD, North Inlet SC) the
166 marshes are small subsections of much larger contiguous marsh systems. In still other estuaries
168 (e.g., Elkhorn Slough CA, Tijuana River CA), data were collected from various marsh locations
170 that essentially represent the entire extent of marshes throughout these relatively small estuaries.
172 This variability is in part a reflection of reserves focusing on different areas of interest that
174 depend on local needs. In most cases, sampling was not designed for scaling up to a larger
176 geographic area; instead it aims to reflect conditions in that particular marsh or marsh area of
178 interest.

172 Our study focuses on salt marshes, which were sampled at 14 of the 16 NERRs, but also
174 includes tidal freshwater marshes in the Hudson River NY and Chesapeake Bay MD NERRs
176 (Table A1). Dominant vegetation species varied considerably among marsh types, reserves and
178 regions, but in general *Spartina* spp. dominated most Atlantic Coast salt marshes while *Spartina*
foliosa and *Salicornia pacifica* were common on the Pacific Coast. The selection of marshes
from across the NERRS ensured that our initial application of the MARS indices would span a
diverse set of tidal marshes in a variety of estuarine settings over a broad spatial scale.

180 2.2. Metrics

182 We used ten individual metrics, grouped into five broader categories (Table 1), to
184 calculate three indices of marsh resilience to SLR. The overarching rationale was to develop
186 indices based on multiple metrics evaluating marsh resilience to SLR and to select metrics that
188 reflect recent conditions (e.g., the past decade) in order to project marsh resilience forward in the
190 near-term. The categories and metrics include: 1) marsh elevation distribution (percent of marsh
192 below local mean high water [MHW], percent of marsh in the lower third of overall plant
194 distribution, skewness); 2) marsh elevation change over time; 3) accretion and sediments (short-
term accretion from marker horizons, long-term accretion from radiometric dating of soil cores,
turbidity); 4) tidal range; and 5) sea-level rise (long-term rate, short-term variability).
Individually, each metric provides an incomplete assessment of marsh resilience, but collectively
the metrics provide an integrated assessment of overall marsh resilience to SLR. Below, we
briefly explain the rationale for including each category and metric in our assessment and
describe basic field methods for collecting the required data for each metric (additional
information is provided in Table A2).

196 Within the marsh elevation distribution category, we included three complementary
198 metrics that reflect different aspects of marsh resilience. The rationale for including these metrics
is that marshes predominantly distributed low in the local tidal frame or within their overall
distributional range are likely less resilient to SLR (Morris et al., 2002). The first metric is the
200 percentage of marsh elevation points below local MHW. This is simply a reflection that the
202 distribution and zonation of marsh plants is often strongly related to flooding tolerance and,
204 therefore, to local tidal datums (Lefor et al., 1987; Morris et al., 2002). Data requirements
include a robust set of recent elevation points (e.g., from real-time kinematic GPS surveys)
206 distributed over the entire elevational range of the marsh plants at each site and an estimate of
the elevation of MHW that is relevant to the study marsh. One benefit of this metric is that it is
208 always relative to the same tidal datum (i.e., MHW), thereby facilitating consistent comparisons
among sites. Conversely, comparisons of this metric among disparate sites can be misleading
when marshes have vegetation species with different flooding tolerances (e.g., *Spartina*

210 *alterniflora* is relatively tolerant of tidal flooding and is often found below MHW, while
211 *Salicornia* spp. are intolerant of extended submergence and generally found above MHW).

212 To account for variations in flooding tolerance among plant species, we also included a
213 metric that reflects the distribution of marsh elevations relative to observed plant tolerance at a
214 site (i.e., percent of marsh elevations in the lower third of overall plant distribution). For
215 example, a marsh that has vegetation at elevations ranging from 0.5 m to 2.0 m above mean
216 lower low water (MLLW) and 75% of measured elevation points in the lower third of that range
217 (i.e., below 1.0 m) should be less resilient than a marsh with the same elevation range but with
218 only 10% of its elevation points below 1.0 m. Our selection of the lower third of plant
219 distribution range was arbitrary; the specific cutoff does not matter as long as it is consistent
220 among all sites. A benefit of this metric is that it only requires determining the entire range of
221 elevations that support marsh plants at each site; a local tidal datum does not need to be
222 calculated because this is an ecologically-relevant metric based on observed plant tolerance.

223 The last metric included in the marsh elevation distribution category is skewness, which
224 is based on previous work relating marsh elevation distributions to marsh vulnerability to SLR
225 (Morris et al., 2005). Positive skewness values (a right-skewed distribution) indicate that the
226 distribution of vegetation is clustered towards lower elevations and is likely more susceptible to
227 drowning. Negative numbers (a left-skewed distribution) indicate that the distribution of
228 vegetation is clustered towards higher elevations, which should make the marsh more resilient to
229 SLR. Benefits of this metric are that it does not require calculating a tidal datum and that it
230 applies across plant species with different elevation ranges.

231 The rate at which a marsh increases in elevation over time is another indicator of how
232 resilient a marsh is to SLR. The importance of this indicator is reflected in calls for expanding
233 the global network of surface elevation tables (SETs) to quantify rates of marsh elevation change
234 over broad spatial scales (Webb et al., 2013). Our second category is comprised of a single
235 metric that is simply the rate of marsh elevation change over time. This rate can be positive or
236 negative and is derived from time-series data collected from one or more SETs at each marsh (in
237 our study, averages were calculated for marshes that had multiple SETs at different elevations).
238 Ideally, this metric should be calculated from enough years of data to understand longer-term
239 processes (e.g., 10+ years) and from multiple SETs covering the full range of marsh elevations,
240 but for this analysis we included data from shorter periods for those reserves that only installed
241 SETs more recently, or from a small number of SETs where spatial coverage remains limited
242 (Table A2). It is also ideal to make comparisons of elevation change rates among marshes using
243 data from SETs located in the same habitat or at similar elevations relative to local tidal datums
244 (e.g., in low marsh habitat or near mean high water; Kirwan, 2016). This was not always possible
245 in our initial analysis because many reserves only have a small number of relatively new SETs
246 that were located in areas defined by local needs.

247 The rate of marsh elevation change is the net result of multiple surface and subsurface
248 processes, including deposition of sediments at the surface and accumulation of organic material
249 below the surface. We therefore included a category with metrics related to accretion and
250 sediment supply, since marshes with high accretion rates should be generally more resilient to
251 SLR. The short-term accretion rate metric focuses on surface accretion of sediments, and is
252 simply calculated using time-series data from marker horizons that are typically associated with
253 SETs. The short-term time period varied in our study for reasons stated above for SETs (Table
254 A2), but was generally from within the most recent ten-year period. Because short-term accretion
data were not available from multiple reserves, we also included the long-term accretion rate in

256 this initial analysis. Long-term accretion rate encompasses both surface and subsurface
258 accumulation of organic and inorganic material, and is derived from radiometric dating of one or
260 more soil cores at each marsh. Again, the time period covered by this metric varied across
reserves, but generally reflected accretion rates over the last 30 to 50 years (for many reserves,
accretion data from cores is available for much longer time periods, but we focused on the more
recent decades as identified by markers such as radioactive isotopes of lead and cesium).

262 We included a third metric in this category to reflect suspended sediment concentrations
264 in the water column adjacent to each marsh, as a proxy for sediment supply. Suspended sediment
266 concentrations are recognized as critical for predicting marsh resilience to SLR (Fagherazzi et
268 al., 2012), although examination of the differential between flooding and ebbing tides may be the
best indicator (Ganju et al., 2015). As a part of SWMP water quality monitoring, all NERRs
270 collect continuous water column turbidity (NTU) measurements, so we used this as the metric
272 for our assessment. The turbidity metric is calculated by taking the mean turbidity value from a
local SWMP station in or near each marsh over five recent years (2009 to 2014). However, we
274 recognize that turbidity measurements may not be available at other sites where the MARS
indices might be applied in the future and researchers may instead have direct measurements of
total suspended solids (TSS). We therefore examined the relationship between turbidity and TSS
with data from 11 reserves that collect both types of data. We used this relationship to develop an
alternative sediment metric using TSS in lieu of turbidity, and other studies have shown
correlations between these two metrics (Grayson et al., 1996; Packman et al., 1999).

276 Marshes subject to a higher range of tides generally have a correspondingly broad range
278 in elevations supporting marsh plants, which should increase resilience to SLR (Fagherazzi et al.,
2012). For example, a 20-cm rise in sea-level will be much more likely to drown a marsh that has
a 30-cm tidal range than one with a 200-cm tidal range. We therefore include tidal range as a
category and metric. This is calculated using time-series data from a SWMP station (or similar
280 tide station) in or near each marsh and averaging the mean daily difference in water levels (i.e.,
highest daily water level minus lowest daily water level) across a recent time period (2009 to
282 2014 in our study).

284 Finally, marshes that are exposed to high rates of SLR are in greater danger of drowning
than marshes subject to lower rates. In the SLR category, we include a metric for the long-term
rate of SLR and another that reflects recent short-term, inter-annual variability in water levels.
286 The former metric is the published rate of change in mean sea-level (MSL) from the nearest or
most appropriate National Water Level Observation Network (NWLON) station for each marsh
288 (tidesandcurrents.noaa.gov). The latter metric is calculated from the same NWLON station; it is
the mean monthly water level anomaly over the last 10 years after accounting for seasonal cycles
290 and the long-term trend (e.g., a high value reflects relatively high water levels in the local area
during that time period). A benefit to using these metrics is that they reflect patterns in water
292 levels over multiple time-periods using robust datasets from a coordinated network of long-term
tide stations that are easily accessible and publicly available.

294 2.3. Scoring and MARS indices

296 We first scored the values for each individual metric. Each measurement was assigned a
298 score of 1 to 5, where 1 represents lowest resilience to SLR and 5 the highest (for ease of
visualization, we assigned colors from red to green with these scores; Table 2). We defined the
300 range of data values associated with each score for each metric. To assign these score definitions,

302 we examined the range of variation of data across all 16 NERR marshes. We omitted extreme
303 outlier values, and then broke the data ranges into evenly-spaced categories. For metrics such as
304 marsh elevation change, we also ensured that scores were consistent with an understanding of
305 marsh processes, for instance with marshes that are not currently tracking local long-term SLR
306 receiving low scores. For other metrics such as turbidity, we had no a priori basis for score
307 assignments and simply used categories that encompassed the spread of the data (minus outliers).
308 Once all individual metrics were scored, mean scores were calculated for each broader category
309 that contained more than one metric (metric and category scores were identical for categories
310 with only one metric; e.g., tidal range).

311 The MARS risk index was based on the concept that a low score for any of the five
312 categories represents a risk in the face of SLR and multiple low scores represent higher risk.
313 Conversely, high category scores represent low risk. We calculated the risk index by summing
314 the number of categories that scored moderate to high (defined as having a mean category score
315 of ≥ 3), representing low risk. As an example, if a mean score of ≥ 3 was obtained for the ‘marsh
316 elevation change’ and ‘SLR’ categories, but not the other three categories, that marsh would
317 receive a MARS risk index score of 2. The MARS average index was simply calculated by
318 taking the average of the five category scores. The MARS ratio index was calculated by dividing
319 the rate of marsh elevation change by the long-term rate of SLR.

320 Since these are new indices, we were interested in exploring relationships among metrics
321 and indices. We therefore used Spearman Rank Order Correlations (in SigmaPlot version 12.0)
322 to test for relationships among the three MARS indices, and between all pairs of scoring metrics
323 that are in the same category.

324 *2.4. Regional and local patterns*

325 To explore patterns in resilience across broad geographic scales, index scores were
326 averaged among marshes within each biogeographic region. To complement the index scoring,
327 we also used a series of analyses to explore broad-scale patterns in marsh resilience based on our
328 multi-metric datasets. Non-metric Multi-Dimensional Scaling (nMDS) was used to arrange sites
329 in two-dimensional space based on similarity in the suite of resilience metrics. Analysis of
330 Similarity (ANOSIM) was then used to test for significant differences in resilience among
331 marshes in different biogeographic regions. Because all the metrics are based on disparate types
332 of data, all data were normalized prior to all multivariate analyses. Resemblance matrices were
333 developed based on Euclidean distance among samples prior to all ANOSIM and nMDS
334 analyses. All analyses were conducted using PRIMER version 7 (Clarke et al., 2014).

335 In order to explore how resilience varies locally (i.e., within an estuary), we also
336 compiled data and calculated MARS indices for additional marshes at the Narragansett Bay RI,
337 Hudson River NY, and Elkhorn Slough CA reserves (replicate marshes within each reserve were
338 all in relatively close proximity to one another i.e., less than 10 km apart). We then compared the
339 degree of variability in resilience across multiple spatial scales by calculating coefficients of
340 variation (CV) at local, regional, and national scales. Finally, we performed a second nMDS
341 analysis that included all the primary marshes as well as the additional local marshes.

344 **3. Results**

346 *3.1. Marsh elevation distribution*

348 Marsh elevation distribution was highly variable across the 16 marshes (Table 3). The
350 percent of marsh elevations below MHW ranged from 0 to 84%, and the percent of marsh
352 elevations in the lowest third of plant distribution ranged from 4 to 85%. However, results for
354 these two particular metrics were not consistent among marshes in different regions. For
356 example, a number of Atlantic Coast marshes had a higher percentage of their elevations below
358 MHW and scored correspondingly low on this metric. In contrast, some Pacific Coast marshes
had proportionally more of their elevations in the lower third of the observed range in plant
distribution and scored lower on the plant tolerance metric. The contrasting results based on
different elevation distribution metrics is illustrated using data from Narragansett Bay RI and
Tijuana River CA (Fig. 2). In this example, the marsh in Narragansett Bay scores low when
using only the percent below MHW metric, while the marsh in Tijuana River scores low on the
plant tolerance and skewness metrics.

360 *3.2. Marsh elevation change over time*

362 Dramatic differences were also seen among marshes when examining the elevation
364 change metric (Table 3). Some marshes are gaining elevation at relatively high rates (Hudson
366 River NY and Tijuana River CA), while others are gaining much more slowly (Waquoit Bay
368 MA, Narragansett Bay RI, and Elkhorn Slough CA) or are experiencing elevation declines
(North Carolina and South Slough OR). Rates of elevation change were generally not consistent
within marsh type (e.g., the two freshwater marshes in Hudson River NH and Chesapeake Bay
MD had very different rates) nor biogeographic region (e.g., rates varied widely within the
Virginian and Californian regions).

372 *3.3. Accretion and sediment supply*

374 Spatial patterns in accretion could not be thoroughly characterized because of the limited
376 number of sites with robust accretion datasets. However, of the 11 marshes with both short-term
378 accretion and elevation change data, about half (45%) have elevation change rates lower than
380 accretion rates (Table 3), suggesting that increases in marsh elevation due to accretion are being
partially offset by shallow subsidence at these marshes. Long-term accretion rates were very
similar to short-term rates at five marshes (Narragansett Bay RI, Delaware, South Slough OR,
San Francisco Bay CA, and Elkhorn Slough CA) but substantially lower at two other marshes
(Hudson River NY and Chesapeake Bay MD).

382 Mean turbidity also varied markedly among sites, ranging from 2 to 61 NTU, with no
384 apparent patterns among regions. Our examination of the relationship between turbidity and TSS
386 across 11 sites revealed a remarkably strong relationship (Fig. 3). When comparing across sites,
these currencies are very highly correlated and can be used almost interchangeably.

388 *3.4. Tidal range and sea-level rise*

390 Resilience metrics related to tidal range and sea-level rise varied dramatically among
392 marshes over broad spatial scales (Table 3). For example, tidal range was markedly higher at
high-latitude marshes (e.g., Great Bay NH, Padilla Bay WA) compared to low latitude (e.g.,
Grand Bay MS) and back-barrier (e.g., Nag Marsh in Narragansett Bay RI and Sage Lot Pond

Marsh in Waquoit Bay MA) marshes. The long-term rate of SLR ranged from 0.8 to 4.6 mm per year among sites and was generally lower along the Pacific Coast and higher in the Virginian region. Similarly, Virginian marshes have also been exposed to higher water levels in recent years relative to long-term conditions (i.e., high values for the short-term water level variability metric), while some southeastern and Pacific Coast marshes have been experiencing lower water levels compared to long-term conditions.

3.5. MARS indices

Scores among marshes and regions varied among the three indices, but some general patterns emerged. Based on the MARS risk index, many marshes are moderately resilient to SLR (i.e., 7 of 16 marshes had 2 or 3 categories classified as low risk) (Table 3); the mean score across the 16 marshes was 3.1 out of a maximum of 5. The two southern New England marshes (Narragansett Bay RI and Waquoit Bay MA) were the least resilient based on this index (i.e., each scored 1), but there was no apparent spatial pattern among the remaining seven marshes with relatively high resilience scores of 4 or 5.

Scores were even more similar among marshes based on the MARS average index (potential range of 1 to 5). In this case, 13 out of 16 marshes scored as moderately resilient (i.e., scores between 2 and 4), with a mean score across all marshes of 3.0. Interestingly, the three New England marshes scored at opposite ends of the overall range; Great Bay NH scored as highly resilient (i.e., > 4), while the marshes in RI and MA once again received the lowest resilience scores based on this index (i.e., < 2).

Most marshes appear less resilient to SLR based on MARS ratio scores (mean score of 1.2) than the other MARS indices. The marshes in North Carolina and South Slough OR had negative MARS ratio scores due to declines in marsh elevation over time (i.e., very low resilience), whereas six additional marshes across three regions (Table 3) had ratios that were less than 1, indicating that these marshes are also not gaining elevation at rates commensurate with SLR. Four marshes had ratio scores between 1 and 2, and three marshes (Great Bay NH, Hudson River NY, and Tijuana River CA) had ratios higher than 2 indicating very high resilience to SLR based on this index.

Scores on the three resilience indices were significantly correlated with each other (correlation coefficient = 0.81, $P < 0.0001$ for the risk and average indices; correlation coefficient = 0.58, $P = 0.02$ for the risk and ratio indices; correlation coefficient = 0.61, $P = 0.01$ for the average and ratio indices), which suggests that each index is reflecting the same pattern in relative marsh resilience across sites at the national scale. In contrast, only two pairs of metrics within the same category were significantly correlated with each other (correlation coefficient = 0.82, $P = 0.01$ for short and long-term accretion; correlation coefficient = 0.67, $P = 0.006$ for long-term SLR and short-term water level variability; $P > 0.05$ for all other pairs tested). The lack of correlations among most metrics demonstrates that each metric reflects a different component of overall marsh resilience to SLR and that redundancy among metrics in our study was minimal.

3.6. Regional patterns

Regional patterns emerged from our analysis, despite limited numbers of marshes within each region. Acadian and Californian marshes were consistently identified as most resilient

440 based on mean index scores (Fig. 4). Clear regional groupings also emerged based on nMDS,
442 which suggests that the degree to which a given marsh is resilient to SLR is partly driven by
444 regional patterns of sensitivity and/or exposure as expressed by the ten metrics (Fig. 5).
446 ANOSIM revealed a marginally significant difference in resilience metrics among regions
448 (Global $R = 0.224$, $P = 0.089$). Post-hoc pair-wise comparisons showed that Virginian marshes
450 were significantly different from both Columbian ($R = 0.76$, $p = 0.036$) and Californian marshes
452 ($R = 0.41$, $P = 0.048$); differences between all other pairs of regions were not significant ($P >$
454 0.05 in each case). These findings are supported by an ANOSIM that only includes data from
456 regions with at least three replicate marshes (i.e., by dropping the lone Acadian and Louisianan
458 marshes and by combining the Columbian and Californian marshes into one broader Pacific
460 group). In this ANOSIM with larger sample sizes (Global $R = 0.291$, $P = 0.016$), there was a
462 significant difference between Virginian and Pacific marshes ($R = 0.53$, $P = 0.002$), but not
464 between Virginian and Carolinian, nor between Carolinian and Pacific ($P > 0.05$ in both cases).
466 In the future, further replication of marshes within different regions could shed more light on
468 regional trends; our limited replication allows for only a preliminary characterization of some
470 regions, and we cannot generalize about the Acadian and Louisianan regions with just one marsh
472 sampled in each.

474 3.7. Local variation

476 Resilience to SLR was fairly similar among marshes within the same estuary based on
478 scores from additional marshes in Narragansett Bay RI, Hudson River NY, and Elkhorn Slough
480 CA (Table 4). Among the three indices, the MARS ratio index was the most variable locally,
482 particularly in Hudson River. Coefficients of variation and MARS average index scores showed
484 markedly lower within-estuary variability in marsh resilience (mean $CV = 0.05$) than variability
486 at regional (mean $CV = 0.15$) and national scales (overall $CV = 0.23$). An nMDS analysis
488 revealed that local marshes clustered closely together in Narragansett Bay RI and Elkhorn
490 Slough CA, indicative of similarities among the resilience metrics, but not in Hudson River NY
492 (Fig. A1).

494 4. Discussion

496 4.1. Integrated approach to assessing marsh resilience to SLR

498 In this study, we have developed and applied the MARS indices, providing for the first
500 time a robust, integrated multi-metric assessment of marsh resilience to SLR. These indices can
502 be applied at various geographic scales by any researcher or organization with the appropriate
504 datasets, and may be particularly applicable to networks of marsh sites such as U.S. Fish and
506 Wildlife Service refuges, or coordinated agency monitoring such as that conducted by the U.S.
508 Geological Survey and NOAA Sentinel Site Cooperatives. The indices allow for consistent
510 comparisons among coastal wetlands, and address a critical need to assess relative wetland
512 resilience across broad geographic scales to prioritize wetlands for management action (Webb et
514 al., 2013). The MARS indices complement numerical modeling approaches (reviewed by
516 Fagherazzi et al., 2012) by assessing current environmental conditions relevant to SLR resilience
518 using empirical data, rather than making spatial or temporal predictions and testing different
520 scenarios.

486 The MARS indices currently incorporate ten metrics related directly to both sensitivity
and exposure to SLR. Scoring is based on explicit thresholds, and the indices assess different
488 aspects of resilience. These indices can easily be adapted by other users. Calculation of the
indices from the metrics is transparent in our approach and can be altered, for instance to allow
490 for weighting of metrics of particular importance in some types of marshes. Likewise, scoring
thresholds for existing metrics can be altered to better reflect relevant conditions in other regions;
492 as new sites apply the indices, the thresholds can be refined. To facilitate expanded application
of the MARS indices, we therefore also include a spreadsheet template and calculation tool that
can be adapted and modified by new users (Table A3).

494 The scope of the MARS indices could also be broadened in the future through addition of
new metrics. Marshes are complex systems, affected by interactions between many abiotic and
496 biotic factors (Day et al., 2008). Sensitivity to SLR is likely affected by exposure of marshes to
other stressors, such as eutrophication, invasive species or herbivory; metrics could therefore be
498 included that quantify such exposure to other stressors. A metric could also be included to assess
dominance by C₃ vs. C₄ plants in the marshes, since the former may be able to increase
500 productivity with increasing CO₂ concentrations associated with continued climate change
(Curtis et al., 1989). A different category of metrics focusing on adaptive capacity to SLR could
502 also be added. For instance, metrics could be developed to estimate migration potential using
GIS-based quantifications of the percent of the marsh perimeter that has barriers to migration.
504 Another metric could focus on socioeconomic measures, such as funding level or community
support for marsh restoration in the region. Although we focused on SLR as the aspect of
506 projected climate change most likely to have the single greatest effect on tidal marshes, future
indices could also be developed to include other aspects such as temperature and precipitation
508 (Osland et al., 2016).

The indices we have developed thus set the stage for development of richer future
510 assessments, or evaluations tailored to particular regions or questions. Multi-metric indices have
proliferated as management tools for benthic aquatic habitats, and are recognized as playing an
512 important role in coastal decision-making (Diaz et al., 2004; Pinto et al., 2009). Our analysis
represents a first “proof-of-concept” demonstration of the feasibility and utility of such indices
514 for coastal wetlands.

516 *4.2. Contrasts among metrics and indices*

518 The five categories of metrics we included in our analysis address different aspects of
marsh resilience to SLR. The color-coded synthesis of metric scores (Table 3) highlights our
520 finding that most metrics are not significantly correlated with each other; the table shows a mix
of colors for the metrics with no clear associations. At the level of individual marshes, there was
522 also little consistency across categories – most marshes scored high on some and low on others.
This is ecologically reasonable: for instance, a marsh such as Elkhorn Slough CA has a high tidal
524 range, which gives it one type of resilience to SLR, but has vegetation that is near the bottom of
its tolerance to inundation, which makes it vulnerable. Such contrasts among categories do not
526 represent errors, but rather reveal the need for a holistic approach that integrates these different
components of resilience.

528 Within our five categories, there were two pairs of correlated metrics: long-term SLR and
short-term variability in water levels show very similar patterns across sites, as do long and
530 short-term accretion rates. It was to avoid “double-counting” that these similar metrics were

532 averaged into broader categories for the risk and average indices. However, within one category,
533 marsh elevation distribution, the three metrics assessing whether existing marsh vegetation is
534 low in the tidal frame revealed very different patterns (Table 3; Fig. 2). This demonstrates that
535 marsh resilience to SLR cannot be universally estimated and compared among marshes using a
536 single metric based on marsh elevations; instead, a multi-metric approach is needed to gauge
537 resilience over broad spatial scales due to differences in plant community composition and
538 flooding tolerance.

539 While inclusion of multiple metrics is important, it is possible that some metrics are more
540 important contributors to marsh resilience than others. For this initial assessment, we have not
541 weighted metrics differentially when calculating the indices to avoid arbitrary assignments of
542 weights. However, future indices could certainly incorporate such weighting. For instance, the
543 marsh elevation change rate seems very directly related to marsh resilience, while turbidity as a
544 proxy for sediment supply may be less so, since degrading marshes sometimes generate high
545 turbidity (Ganju et al., 2015). One could therefore weight marsh elevation change more heavily
546 than turbidity.

547 The three indices we used to calculate overall scores for marsh resilience also differed in
548 the perspective they provided. Only the marsh at Tijuana River CA received the same score (as
549 represented by the same shading in Table 3) on all three indices. Marshes at five other reserves
550 received fairly similar scores: Hudson River NY scored high on all three; Grand Bay MS and
551 North Inlet-Winyah Bay SC scored moderately on all three, and Waquoit Bay MA and
552 Narragansett Bay RI consistently scored low. However, scores were less consistent at the other
553 marshes. The least consistent marshes were ACE Basin SC and Elkhorn Slough CA, which each
554 received a very high and very low score on one index. In both of these cases, the low score is
555 from the MARS ratio index, which certainly provides important perspective on marsh resilience
556 (Cahoon & Guntenspergen, 2010). However, because these marshes also have other attributes
557 that increase resilience, such as high turbidity at ACE and low long-term exposure to SLR at
558 Elkhorn Slough, they receive higher scores on the other integrative indices.

559 Given that the choice of index affects the outcome so drastically in some cases, it seems
560 clear that the most thorough understanding of resilience comes from an assessment that includes
561 multiple indices. This has been the consensus in application of integrative indices for estuarine
562 habitat quality based on invertebrate communities: there is no single universal index, and the best
563 assessment is obtained by employing multiple indices (Pinto et al., 2009).

564 *4.3. National characterization of marsh resilience*

565 The importance of comparative assessments of marsh resilience at a broad geographic
566 scale has been widely recognized, as has been their dependence on coordinated monitoring
567 networks (Cahoon & Guntenspergen, 2010; Webb et al., 2013). The NERRS invests heavily in
568 place-based, coordinated monitoring, and serves as an ideal platform for such an assessment
569 (NERRS, 2012; Buskey et al., 2015). Here we include 16 individual marshes widely distributed
570 across 13 U.S. states to provide a snapshot of national resilience. Inclusion of more sites in the
571 assessment would increase its scope as a tool for understanding broad trends across the continent
572 as well as within particular regions. This should be feasible in the future given that many other
573 organizations (e.g., National Park Service, U.S. Fish and Wildlife Service, U.S. Geological
574 Survey) are collecting the necessary data, and that the NERR Sentinel Sites program continues to
575 grow and will add new sites over time.

578 Overall, the average of the MARS indices across all 16 marshes reveals moderate
580 resilience by U.S. marshes to SLR. This is a somewhat less optimistic assessment than a recent
582 meta-analysis of selected marshes throughout the U.S. and Europe (Kirwan et al., 2016), perhaps
584 because our assessment was limited to assessment of marshes in their current footprints, and did
586 not include marsh migration potential. In any case, our approaches differed: Kirwan et al. (2016)
588 modeled changes under different SLR and sediment concentration scenarios, while our study
590 assessed the relative resilience of different marshes based on current environmental conditions.
The exact MARS scores for these marshes should not be taken as definitive, but as an initial
characterization that can be updated periodically as longer-term monitoring data are acquired.
Long-term datasets that can integrate across periods of drought and flooding, or different
oceanographic phases, provide more robust values than shorter-term monitoring, particularly for
SET measurements of marsh elevation change and accretion measurements at marker horizons
(Cahoon et al., 2011). The NERRS is committed to repeating this assessment at regular intervals,
and the results will become increasingly reliable and more comprehensive with time.

592 4.4. Regional signatures of resilience

594 Overall, the MARS indices showed some patterns across regions; for instance, the
596 Acadian and Californian regions scored highest on all indices (Fig. 4). There certainly were also
598 strong contrasts among marshes within regions (Table 3), in part because we included a variety
600 of tidal marsh types – for example, the marsh assessed in Chesapeake Bay MD is a tidal
602 freshwater system, while that in Chesapeake Bay VA is a saltwater system. Nevertheless, our
604 multivariate analysis of all ten metrics combined (Fig. 5) revealed strong regional groupings due
to shared values for particular metrics, with especially strong separation between the Pacific and
Virginian regions. An earlier multivariate analysis (Apple et al., 2008) of NERR water quality
data using principal components analysis also generally grouped reserves with others in their
biogeographic region, with separation of regions driven primarily by differences in temperature
and salinity, with salinity being a strong predictor of nitrogen loading.

606 The single metric that displayed the clearest regional patterns (Table 3) was short-term
608 variability in water levels, with unusually high water levels in the Acadian and Virginian regions
(Sallenger et al., 2012), moderate levels in the Carolinian and Louisianan, and generally low
610 levels on the Pacific Coast (Bromirski et al., 2011). The percentage of marsh vegetation below
MHW also shows a clear regional pattern: the entire Pacific Coast has a low percentage of
612 vegetation below MHW. This pattern can be attributed to taxonomic differences in marsh
dominance on the Pacific vs. Atlantic and Gulf Coasts; many Pacific marshes are dominated by
Salicornia pacifica, which cannot tolerate as much inundation as *Spartina* spp. (Wasson et al.,
2013; Janousek et al. 2016). On the Atlantic Coast, variable patterns emerged for this metric. At
614 marshes in Waquoit Bay and Narragansett Bay, the high percentage of vegetation below MHW
is likely the consequence of recent rapid SLR (Sallenger et al., 2012). Future assessments with
616 more replication of different marsh types could be stratified by factors such as salinity regime,
dominant marsh species, or marsh elevation, which would allow for more robust detection of
618 regional patterns and more consistent comparisons of marshes within a category.

620 4.5. Local variation in marsh resilience

622 Most reserves participating in this analysis supplied data for a single marsh ecosystem.
624 For small, relatively homogenous estuaries such as Tijuana River CA, the geographic scope of
626 the assessment consisted of much of the marsh in the estuary. At the other extreme, reserves on
628 small portions of very large estuaries, such as San Francisco and Chesapeake bays, submitted
630 data from a single marsh within a large, heterogeneous estuary. To explore variability in marsh
632 resilience within an estuary, we examined multiple marshes within three reserves. In each of
634 these cases, there were some contrasts among marshes within a system, both for individual
636 metrics and for MARS indices (Table 4). These contrasts were most pronounced at Hudson
638 River, where nearby marshes were subject to different hydrological regimes and harbored
640 different plant communities. Nevertheless, within the scope of the larger analysis, the variation
642 within estuaries was considerably lower than that among estuaries.

634 The relatively low within-estuary variability observed at Elkhorn Slough and
636 Narragansett Bay (Table 4) suggests that at least some of the scores for the marshes in Table 3
638 are probably good estimates for the larger systems surrounding them, when these are fairly
640 homogenous. However, the moderate variability observed within Hudson River estuary (Table 4)
642 suggests that the exact scores provided in Table 3 should not necessarily be taken as
644 representative for heterogeneous estuaries. The three Hudson River marshes, despite close
646 proximity, differed in dominant plant species, which affected elevational distributions and
648 sedimentation rates. One cannot assume processes are uniform across wetlands, but rather must
650 obtain site-specific data (Webb et al., 2013). Physical and biological differences in marsh
652 attributes can affect their rates of elevation change and responses (Cahoon, 2006). Thus, while
654 MARS indices can be fruitfully applied at any spatial scale, care must be taken to extrapolate to a
656 sufficiently homogenous area surrounding the site of data collection.

646 *4.6. Applying MARS indices to management and policy*

648 There is increasing recognition of the need to develop and implement climate adaptation
650 strategies to help valued ecosystems and the communities they support prepare for and cope with
652 climate change (Stein et al., 2013). For coastal wetlands, systematically collected data from
654 coordinated networks covering a large geographic scale can play an instrumental role in shaping
656 regional and national policy, including coastal planning, adaptation, and mitigation strategies
658 (Webb et al., 2013). There is a key “early warning” function of monitoring coastal wetlands that
660 serve as “sentinel sites”, allowing flexible climate adaptation strategies to be developed and
662 adopted (Callaway et al., 2007). Our analysis of marsh resilience to SLR at 16 NERR tidal
664 marshes serves as one such early warning, potentially informing the development of
666 management strategies by providing timely information on the relative resilience of different
668 marshes.

660 Climate adaptation strategies for coastal wetlands include enhancing resilience of the
662 existing marsh plain and facilitating desired transformations such as removing barriers to upland
664 migration of marshes or creating new marshes through sediment addition (Wigand et al., 2016).
666 Which strategy should be adopted depends on an understanding of the level of resilience that a
668 tidal marsh is likely to have in the face of SLR. The MARS indices we developed allow coastal
670 managers to choose the most appropriate strategy for a particular tidal marsh system. Below, we
672 illustrate how management strategies can ideally be tailored to MARS index scores, recognizing
674 that in practice management decisions can be complex and are influenced by multiple factors.

668 For marshes that score consistently high on the MARS indices, the management focus
669 should be on preservation. These marshes are likely to survive for at least a century, and so the
670 most important investment is in their conservation and protection from other stressors. Examples
671 of management actions for these high-scoring marshes include increasing conservation status
672 (e.g., purchasing high resilience marshes that are not yet in conservation ownership) and helping
673 to support marsh function by decreasing polluted run-off to the marsh, removing invasive
674 species, or restoring top predators that help to control herbivores.

675 For marshes that have moderate scores, or a mix of scores on the MARS indices, coastal
676 managers should consider taking action to enhance resilience to SLR, increasing the likelihood
677 that these marshes can persist into the future. For instance, waterlogging can sometimes be
678 reduced by improving drainage, thin layers of sediment can be added to increase marsh
679 elevation, creating fringing oyster reefs can facilitate sediment accretion, or upstream dams can
680 be removed to enhance sediment supply (Wigand et al., 2016). Enhancing freshwater inputs may
681 also increase the rate of organic soil formation, increasing marsh resilience (Day et al., 2008).

682 For marshes that scored consistently low on the MARS indices, very different
683 management approaches may be required. These marshes are unlikely to survive the next century
684 of projected SLR in their current location. The best long-term investment in these areas may be
685 to facilitate desired transformations. Low-lying uplands projected to be at a suitable elevation to
686 sustain tidal marsh migration can be acquired as conservation land so that new marshes in these
687 sites can replace the ones that have drowned (Callaway et al., 2007; Wigand et al., 2016). New,
688 more resilient marshes also can be created within the existing tidal marsh footprint, for instance
689 through sediment addition projects to create higher marshes. Of course, facilitating desired
690 transformations such as marsh migration and creation of new marshes may also be important
691 strategies to increase future marsh extent for systems with more resilient marshes, but for those
692 sites with very low resilience, they appear to be the only reasonable strategies.

693 In summary, these integrative indices of marsh resilience are novel tools that coastal
694 managers can apply to help select appropriate climate adaptation and management strategies for
695 coastal wetlands in the face of rising seas. One certainty that applies to all tidal marshes is the
696 need for continued long-term monitoring and study, both to understand how these important
697 ecosystems respond to SLR and other stressors associated with climate change and to evaluate
698 the management actions implemented to protect them.

699 **Acknowledgements**

700 We are grateful to Nina Garfield, Whit Saumweber, Erica Seiden, and Marie Bundy for
701 championing the NERR Sentinel Sites program for the past decade. Philippe Hensel and Artara
702 Johnson provided instrumental support for establishing NERRS vertical control networks.
703 Support and data collection were provided to individual reserves by H. Baden, T. Buck, D.
704 Burdick, N. Burnett, D. Cahoon, K. Callahan, J. Callaway, J. Carey, L. Carroll, M. Cordrey, C.
705 Cornu, A. Deck, A. Demeo, S. Denham, W. Doar, D. Durant, C. Endris, J. Fear, S. Findlay, J.
706 Goins, T. Gregory, J. Hamilton, G. Hood, J. Leffler, Maryland DNR-Resource Assessment
707 Service, C. Nieder, J. McIlwain, M. Mensinger, C. Mitchell, W. Reay, J. Schmitt, V. Sheremet,
708 D. Siok, P. Stacey, R. Stevens, B. Toothman, W. Underwood, S. Upchurch, U.S. Geological
709 Survey in Woods Hole MA, E. Van Dyke, E. Watson, R. Weber, H. Wells, C. Whiteman, M.
710 Woodrey, and J. Zedler. We are grateful to two reviewers who provided thoughtful, extensive

712 comments that improved the manuscript. Funding was provided by many state partner
714 organizations and by NOAA's Office for Coastal Management.

716 **References**

- 716 Apple JK, Smith EM, Boyd TJ (2008) Temperature, salinity, nutrients, and the covariation of
718 bacterial production and chlorophyll-a in estuarine ecosystems. *Journal of Coastal
Research*, **SI (55)**, 59–75.
- 720 Bromirski PD, Miller AJ, Flick RE et al. (2011) Dynamical suppression of sea level rise along
722 the Pacific coast of North America: Indications for imminent acceleration. *Journal of
Geophysical Research: Oceans*, **116**, C7.
- 724 Buskey EJ, Bundy M, Ferner M et al. (2015) Chapter 21: System-Wide Monitoring Program of
726 the National Estuarine Research Reserve System: Research and Monitoring to Address
Coastal Management Issues. In: *Coastal Ocean Observing Systems* (eds Yonggang L,
Kerkering H, Weisberg RH), pp. 392-415, Academic Press, New York.
- 728 Cahoon DR (2006) A review of major storm impacts on coastal wetland elevations. *Estuaries
and Coasts*, **29**, 889-898.
- 730 Cahoon DR, Guntenspergen GR (2010) Climate change, sea-level rise, and coastal wetlands.
National Wetlands Newsletter, **32**, 8-12.
- 732 Cahoon DR, Perez BC, Segura BD et al. (2011) Elevation trends and shrink-swell response of
wetland soils to flooding and drying. *Estuarine, Coastal and Shelf Science*, **91**, 463-474.
- 734 Callaway JC, Parker VT, Vasey MC et al. (2007) Emerging issues for the restoration of tidal
marsh ecosystems in the context of predicted climate change. *Madroño*, **54**, 234-248.
- 736 Clarke KR, Gorley RN, Somerfield PJ et al. (2014) Change in marine communities: an approach
to statistical analyses and interpretation, 3rd edition. Primer-E, Plymouth.
- 738 Craft C, Clough J, Ehman J et al. (2009) Forecasting the effects of accelerated sea level rise on
tidal marsh ecosystem services. *Frontiers in Ecology and the Environment*, **7**, 73-78.
- 740 Curtis PS, Drake BG, Leadley W et al. (1989) Growth and senescence in plant communities
exposed to elevated CO₂ concentrations on an estuarine marsh. *Oecologia*, **78**, 20-26.
- 742 Day JW, Christian RR, Boesch DM et al. (2008) Consequences of climate change on the
ecogeomorphology of coastal wetlands. *Estuaries and Coasts*, **31**, 477-491.
- 744 Deegan LA, Johnson DS, Warren RS et al. (2012) Coastal eutrophication as a driver of salt
marsh loss. *Nature*, **490**, 388-394.
- 746 Diaz RJ, Solan M, Valente RM (2004) A review of approaches for classifying benthic habitats
and evaluating habitat quality. *Journal of Environmental Management*, **73**, 165-181.
- 748 Fagherazzi S, Kirwan ML, Mudd SM et al. (2012) Numerical models of salt marsh evolution:
Ecological, geomorphic, and climatic factors. *Reviews of Geophysics*, **50**, RG1002.
- 750 Ganju NK, Kirwan ML, Dickhudt PJ et al. (2015) Sediment transport-based metrics of wetland
stability. *Geophysical Research Letters*, **42**, 7992-8000.
- 752 Gedan KB, Silliman BR, Bertness MD (2009) Centuries of human-driven changes in salt marsh
ecosystems. *Annual Review of Marine Science*, **1**, 117-141.
- 754 Grayson RB, Finlayson BL, Gippel CJ et al. (1996) The potential of field turbidity measurements
for the computation of total phosphorus and suspended solids loads. *Journal of
Environmental Management*, **47**, 257-267.
- 756 Gunderson LH (2000) Ecological resilience-in theory and application. *Annual Review of
Ecology and Systematics*, **31**, 425-439.

758 Hansen J, Sato M, Hearty P et al. (2016) Ice melt, sea level rise and superstorms: Evidence from
paleoclimate data, climate modeling, and modern observations that 2°C global warming
760 could be dangerous. *Atmospheric Chemistry and Physics*, **16**, 3761-812.

Holdredge C, Bertness MD, Altieri AH (2009) Role of crab herbivory in die-off of New England
762 salt marshes. *Conservation Biology*, **23**, 672-679.

Holling CS (1973) Resilience and stability of ecological systems. *Annual review of ecology and
764 systematics*, **4**, 1-23.

Janousek CN, Buffington KJ, Thorne KM et al. (2016) Potential effects of sea-level rise on plant
766 productivity: species-specific responses in northeast Pacific tidal marshes. *Marine
Ecology Progress Series*, **21**, 548:111-25.

768 Kirwan ML, Guntenspergen GR, D'Alpaos A et al. (2010) Limits on the adaptability of coastal
marshes to rising sea level. *Geophysical Research Letters*, **37**, L23401.

770 Kirwan ML, Megonigal JP (2013) Tidal wetland stability in the face of human impacts and sea-
level rise. *Nature*, **504**, 53-60.

772 Kirwan ML, Temmerman S, Skeeahan EE et al. (2016) Overestimation of marsh vulnerability to
sea level rise. *Nature Climate Change*, **6**, 253-260.

774 Lefor MW, Kennard WC, Civco DL (1987) Relationships of salt-marsh plant distributions to
tidal levels in Connecticut, USA. *Environmental Management*, **11**, 61-68.

776 Mcleod E, Chmura GL, Bouillon S et al. (2011) A blueprint for blue carbon: toward an improved
understanding of the role of vegetated coastal habitats in sequestering CO₂. *Frontiers in
778 Ecology and the Environment*, **9**, 552-560.

Miller F, Osbahr H, Boyd E et al. (2010) Resilience and vulnerability: complementary or
780 conflicting concepts? *Ecology and Society* **15**, 11.

Miller KM, Mitchell BR, McGill BJ (2016) Constructing multimetric indices and testing ability
782 of landscape metrics to assess condition of freshwater wetlands in the Northeastern US.
Ecological Indicators, **66**, 143-52.

784 Morris JT, Porter D, Neet M et al. (2005) Integrating LIDAR elevation data, multi-spectral
imagery and neural network modelling for marsh characterization. *International Journal
786 of Remote Sensing*, **26**, 5221–5234.

Morris JT, Sundareshwar PV, Nietch CT et al. (2002) Responses of coastal wetlands to rising sea
788 level. *Ecology*, **83**, 2869-2877.

National Estuarine Research Reserve System (NERRS) (2012) Sentinel Sites program guidance
790 for climate change impacts. NERRS final program guidance. 24 pp.

Nicholls RJ, Cazenave A (2010) Sea-level rise and its impact on coastal zones. *Science*, **328**,
792 1517-1520.

Osland MJ, Enwright NM, Day RH et al. (2016). Beyond just sea-level rise: considering
794 macroclimatic drivers within coastal wetland vulnerability assessments to climate change.
Global Change Biology, **22**, 1-11.

796 Packman JJ, Comings KJ, Booth DB (1999) Using turbidity to determine total suspended solids
in urbanizing streams in the Puget Lowlands. In: *Confronting Uncertainty: Managing
798 Change in Water Resources and the Environment* (Canadian Water Resources
Association annual meeting, Vancouver, BC, 27-29 October 1999), pp. 158-165.

800 Pinto R, Patrício J, Baeta A et al. (2009) Review and evaluation of estuarine biotic indices to
assess benthic condition. *Ecological Indicators*, **9**, 1-25.

802 Rahmstorf S (2010) A new view on sea level rise. *Nature Reports Climate Change*, **1004**, 44-5.

804 Redfield AC (1972) Development of a New England Salt marsh. *Ecological Monographs*, **42**,
201-237.

806 Sallenger AH, Doran KS, Howd PA (2012) Hotspot of accelerated sea level rise on the Atlantic
coast of North America. *Nature Climate Change*, **2**, 884–888.

808 Schile LM, Calloway JC, Morris JT et al. (2014) Modeling tidal marsh distribution with sea-
level rise: evaluating the role of vegetation, sediment, and upland habitat in marsh
resiliency. *PLoS ONE*, **9(2)**, e88760.

810 Schoolmaster DR, Grace JB, William Schweiger E (2012) A general theory of multimetric
indices and their properties. *Methods in Ecology and Evolution*, **3**, 773-781.

812 Silliman BR, van de Koppel J, Bertness MD et al. (2005) Drought, snails, and large-scale die-off
of southern U.S. salt marshes. *Science*, **310**, 1803-1806.

814 Stein BA, Staudt A, Cross MS et al. (2013) Preparing for and managing change: climate
adaptation for biodiversity and ecosystems. *Frontiers in Ecology and the Environment*,
816 **11**, 502-510.

818 Wasson K, Woolfolk A, Fresquez C. (2013) Ecotones as indicators of changing environmental
conditions: rapid migration of salt marsh-upland boundaries. *Estuaries and Coasts*, **36**,
654-664.

820 Watson EB, Oczkowski AJ, Wigand C et al. (2014) Nutrient enrichment and precipitation
changes do not enhance resiliency of salt marshes to sea level rise in the northeastern
822 U.S. *Climatic Change*, **125**, 501-509.

824 Webb EL, Friess DA, Krauss KW et al. (2013) A global standard for monitoring coastal wetland
vulnerability to accelerated sea-level rise. *Nature Climate Change*, **3**, 458-465.

826 Wigand C, Ardito T, Chaffee C et al. (2016) A climate change adaptation strategy for
management of coastal marsh systems. *Estuaries and Coasts*, DOI 10.1007/s12237-015-
0003-y (in press).

828 Table 1. Marsh resilience categories and metrics used in this study, including data needs for each metric.

Category	Metric	Data needs
Marsh elevation distributions	Percent of marsh below MHW	Frequency distribution of marsh elevations Estimate of mean high water
	Percent of marsh in lowest third of plant distribution	Frequency distribution of marsh elevations
	Skewness	Frequency distribution of marsh elevations
Marsh elevation change	Elevation change rate (mm yr^{-1})	Time-series data from surface elevation tables (SETs)
Sediment/accretion	Short-term accretion rate (mm yr^{-1})	Time-series data from marker horizons
	Long-term accretion rate (mm yr^{-1})	Soil cores for radiometric dating
	Turbidity (NTU)	Mean turbidity from water quality sondes
Tidal range	Tidal range (m)	Mean daily tidal range from water quality sondes
Sea-level rise	Long-term rate of SLR (mm yr^{-1})	Long-term data from NWLON station
	Short-term inter-annual variability in water levels (mm)	Inter-annual variability data from NWLON station

830 Table 2. Numeric thresholds and color codes for individual metrics and all categories and indices. For metric scoring, red = 1, brown =
 832 2, yellow = 3, light green = 4, and dark green = 5. Note that even though we did not use TSS in our study, scoring thresholds for this
 metric are also presented because it can be used in lieu of turbidity in future assessments.

Metric thresholds	Percent of marsh below MHW	> 80%	> 60%	> 40%	> 20%	≤ 20%
	Percent of marsh in lowest third of plant distribution	> 80%	> 60%	> 40%	> 20%	≤ 20%
	Skewness	> 1.5	> 0.5	0.5 to -0.5	< -0.5	< -1.5
	Elevation change rate (mm yr ⁻¹)	≤ 2	> 2	> 3	> 4	> 5
	Short-term accretion rate (mm yr ⁻¹)	≤ 2	> 2	> 3	> 4	> 5
	Long-term accretion rate (mm yr ⁻¹)	≤ 2	> 2	> 3	> 4	> 5
	Turbidity (NTU) / Total suspended solids (mg l ⁻¹)	≤ 10	> 10	> 20	> 30	> 40
	Tidal range (m)	≤ 0.6	> 0.6	> 1.2	> 1.8	> 2.4
	Long-term rate of SLR (mm yr ⁻¹)	> 3.4	> 2.6	> 1.8	> 1	≤ 1
	Short-term inter-annual variability in water levels (mm)	> 25	> 15	> 5	5 to -5	< -5
Scoring	All metrics	1	2	3	4	5
	All categories	< 2	< 3	< 4	< 5	5
	MARS - risk	0-1	2	3	4	5
	MARS - average	1	> 1	> 2	> 3	> 4
	MARS - ratio	< -0.5	> -0.5	> 1.5	> 2.5	> 3.5

834

836 Table 3. Metrics (raw data), categories (mean scores among all metrics within each category), and MARS index scores for the 16
 838 primary marshes in this study, which are identified by NERR name but in some cases represent subsections within a NERR. For
 840 regions, ACA=Acadian, VIR=Virginian, CAR=Carolinian, LOU=Louisianan, COL=Columbian, and CAL=Californian. To illustrate
 scoring, all data are color coded using the scheme shown in Table 2.

		ACA	VIR						CAR			LOU	COL		CAL		
		NH	MA	RI	NY	DE	MD	VA	NC	SC	SC	MS	WA	OR	CA	CA	CA
		Great Bay	Waquoit Bay	Narragansett Bay	Hudson River	Delaware	Chesapeake Bay	Chesapeake Bay	North Carolina	NI-WB	ACE Basin	Grand Bay	Padilla Bay	South Slough	San Francisco Bay	Elkhorn Slough	Tijuana River
Metrics	Percent of marsh below MHW	42	62	61	38	0	16	27	84	58	47	53	0	34	25	40	1.5
	Percent of marsh in lowest third	8.9	14	5.6	38	57	17	7.9	10	26	44	3.8	85	4.0	7.0	52	54
	Skewness	-1.6	1.5	-0.13	-0.50	-1.6	-1.3	-0.32	-0.22	-0.11	0.07	1.2	2.1	-1.3	-1.5	0.97	0.62
	Elevation change (mm yr ⁻¹)	4.3	1.7	1.8	13.5	4.1	2.5	5.3	-1.9	2.6	2.0	4.2	n/a	-0.20	3.8	0.53	6.1
	Short-term accretion (mm yr ⁻¹)	2.7	n/a	1.8	12.7	6.1	31	8.3	n/a	n/a	n/a	1.4	n/a	1.4	3.1	3.3	5.4
	Long-term accretion (mm yr ⁻¹)	n/a	n/a	2.8	6.0	7.2	4.2	n/a	n/a	2.7	n/a	n/a	4.5	1.6	3.9	3.8	n/a
	Turbidity (NTU)	34	1.8	4.5	23	49	24	5.1	18	17	25	22	6.7	14	61	23	12
	Tidal range (m)	2.7	0.55	0.53	1.4	1.3	0.74	0.76	1.2	1.4	1.8	0.42	2.5	1.8	1.3	1.6	1.0
	Long-term SLR rate (mm yr ⁻¹)	1.8	2.8	2.7	2.8	3.4	3.7	4.6	2.1	3.2	3.2	3.2	1.1	0.84	1.9	1.2	2.1
	Short-term SLR variability (mm)	n/a	23	18	28	22	30	21	-0.50	-2.1	-2.1	-1.5	-2.6	-7.1	-15	-5.8	-0.92
Categories	Marsh elevations	4.3	3.0	3.3	3.7	4.3	4.7	4.0	3.0	3.3	3.0	3.3	2.3	4.3	4.3	3.0	3.3
	Elevation change	4	1	1	5	4	2	5	1	2	1	4	n/a	1	3	1	5
	Sediment/accretion	3.0	1.0	1.3	4.3	5.0	4.0	3.0	2.0	2.0	3.0	1.5	2.5	1.3	3.7	3.0	3.5
	Tidal range	5	1	1	3	3	2	2	2	3	4	1	5	4	3	3	2
	Sea-level rise	4.0	2.0	2.0	1.5	1.5	1.0	1.5	3.5	3.0	3.0	3.0	4.0	5.0	4.0	4.5	3.5
Indices	MARS - risk	5	1	1	4	4	2	3	2	3	4	3	2	3	5	4	4
	MARS - average	4.1	1.6	1.7	3.5	3.6	2.7	3.1	2.3	2.7	2.8	2.6	3.5	3.1	3.6	2.9	3.5
	MARS - ratio	2.4	0.60	0.66	4.8	1.2	0.67	1.1	-0.9	0.83	0.63	1.3	n/a	-0.24	2.0	0.5	2.9

842

Table 4. Within-NERR variability in marsh resilience at the Narragansett Bay RI, Hudson River NY, and Elkhorn Slough CA NERRs. For clarity, all data are color coded using the scheme shown in Table 2.

844

		Narragansett Bay		Hudson River			Elkhorn Slough	
		Coggeshall	Nag	Outer Tivoli North	Inner Tivoli North	Tivoli South Bay	Upper Slough	Lower Slough
Metrics	Percent of marsh below MHW	86	61	38	81	95	40	7.1
	Percent of marsh in lowest third	18	5.6	38	19	81	52	36
	Skewness	0.75	-0.13	-0.50	-1.0	1.7	1.0	0.50
	Elevation change (mm yr ⁻¹)	1.2	1.8	14	4.1	13	0.53	1.2
	Short-term accretion (mm yr ⁻¹)	2.2	1.8	13	18	20	3.3	4.0
	Long-term accretion (mm yr ⁻¹)	n/a	2.8	6.0	6.0	8.0	3.8	3.4
	Turbidity (NTU)	6.9	4.5	23	23	26	23	15
	Tidal range (m)	1.2	0.53	1.4	1.4	1.5	1.6	1.6
	Long-term SLR rate (mm yr ⁻¹)	2.7	2.7	2.8	2.8	2.8	1.2	1.2
	Short-term SLR variability (mm)	18	18	28	28	28	-5.8	-5.8
Categories	Marsh elevations	2.7	3.3	3.7	3.3	1.0	3.0	4.0
	Elevation change	1	1	5	4	5	1	1
	Sediment/accretion	1.5	1.3	4.3	4.3	4.3	3.0	2.7
	Tidal range	2	1	3	3	3	3	3
	Sea-level rise	2.0	2.0	1.5	1.5	1.5	4.5	4.5
Indices	MARS - risk	0	1	4	4	3	4	3
	MARS - average	1.8	1.7	3.5	3.2	3.0	2.9	3.0
	MARS - ratio	0.43	0.66	4.8	1.4	4.4	0.5	1.1

846 **Short captions for Supplemental figures and tables**

848 Figure A1: nMDS with additional marsh sites.

Table A1: Metadata and characteristics of each study marsh.

850 Table A2: Metadata for sampling procedures.

Table A3: Tool for conducting MARS assessment at new sites. (Excel file)



Figure 1. Map of the National Estuarine Research Reserve System showing the 16 reserves participating in this study. Bounds of NERR biogeographic regions are also shown.

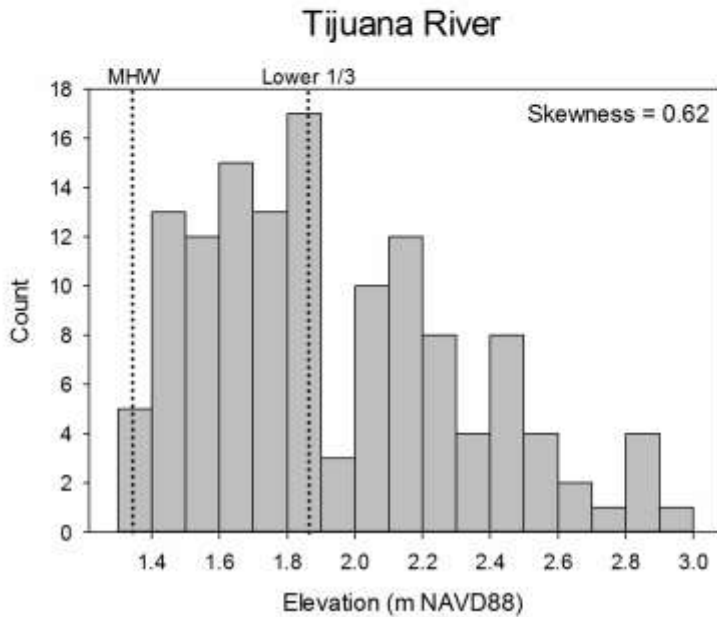
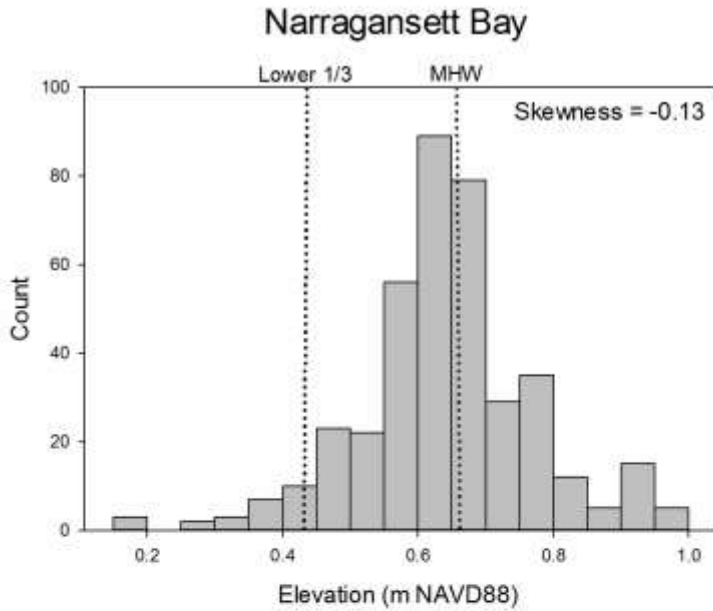


Figure 2. Comparison of three marsh elevation metrics. The frequency of different elevations observed in transects across the marsh at Narragansett Bay and Tijuana River NERRS are shown in the bar graphs. The elevations of MHW and the lower third of plant distribution range are also shown as dotted lines, and the calculated skew of the data is shown in the upper right. A substantial portion falls below MHW but not in the lower third of vegetation distribution at Narragansett, while the reverse is true at Tijuana, illustrating that different metrics can yield different indications of resilience.

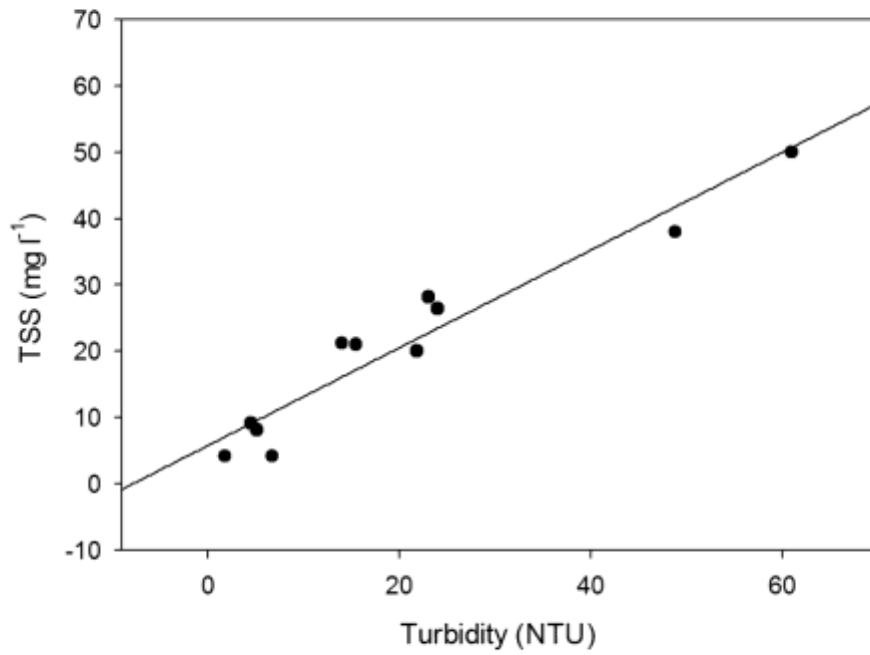


Figure 3. Relationship between total suspended solids (TSS) and turbidity at the site level. Relationship is highly significant based on a linear regression ($R^2 = 0.93$; $p < 0.0001$; $n = 11$ sites).

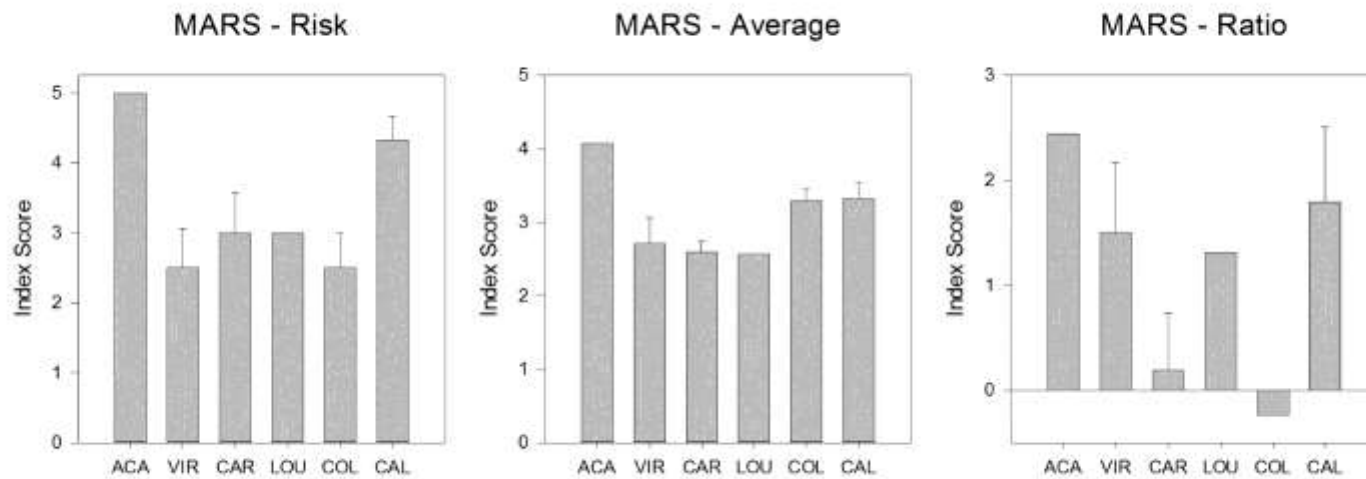


Figure 4. Patterns in mean index scores among biogeographic regions. Bars are means across all marshes within each region; error bars are 1 SE. For regions, ACA=Acadian, VIR=Virginian, CAR=Carolinian, LOU=Louisianan, COL=Columbian, and CAL=Californian.

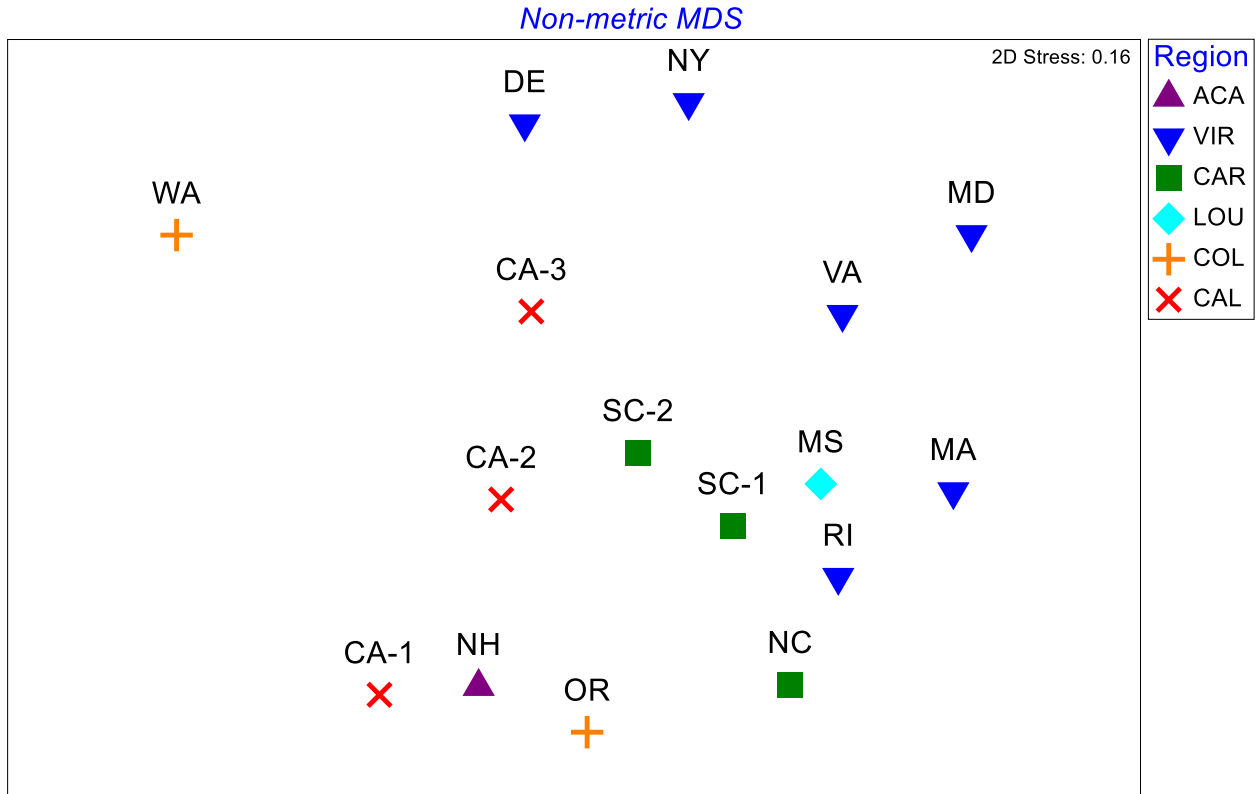


Figure 5. Non-metric multidimensional scaling plot showing similarities among the 16 NERR marshes based on marsh resilience metrics included in this study. Regions are coded as in Fig. 4. Marshes are labelled with state codes; for states with multiple sites, SC-1=North Inlet-Winyah Bay NERR, SC-2=ACE Basin NERR, CA-1=San Francisco NERR, CA-2=Elkhorn Slough NERR, and CA-3=Tijuana River NERR. The two freshwater marshes are in New York (NY) and Maryland (MD).