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1 **Change in strong Eastern Pacific El Niño events dynamics in the warming climate**

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3 Aude Carréric<sup>1\*</sup>, Boris Dewitte<sup>1,2,3,4\*</sup>, Wenju Cai<sup>5,6</sup>, Antonietta Capotondi<sup>7,8</sup>, Ken Takahashi<sup>9</sup>, Sang-Wook Yeh<sup>10</sup>,4 Guojian Wang<sup>6</sup> and Virginie Guémas<sup>11</sup>

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7 <sup>1</sup> LEGOS, Université de Toulouse, CNES, CNRS, IRD, UPS, Toulouse, France8 <sup>2</sup> Centro de Estudios Avanzados en Zonas Áridas (CEAZA), Coquimbo, Chile9 <sup>3</sup> Facultad de Ciencias del Mar, Universidad Católica del Norte, Coquimbo, Chile10 <sup>4</sup> Millennium Nucleus Ecology and Sustainable Management of Oceanic Island (ESMOI), Coquimbo, Chile11 <sup>5</sup> Key Laboratory of Physical Oceanography, Institute for Advanced Ocean Studies, Ocean University of China and

12 Qingdao National Laboratory for Marine Science and Technology, Qingdao, China

13 <sup>6</sup> Centre for Southern Hemisphere Oceans Research (CSHOR), CSIRO Oceans and Atmosphere, Hobart, Tasmania,

14 Australia

15 <sup>7</sup> Cooperative Institute for Research in Environmental Science, University of Colorado, Boulder, CO, USA16 <sup>8</sup> Physical Sciences Division, NOAA Earth System Research Laboratory, Boulder, CO, USA17 <sup>9</sup> Servicio Nacional de Meteorología e Hidrología del Perú—SENAMHI, Lima, Peru18 <sup>10</sup> Department of Marine Sciences and Convergent Technology, Hanyang University, Ansan, South Korea19 <sup>11</sup> CNRM UMR 3589, Météo-France, CNRS, Toulouse, France

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26 \* Corresponding authors:

27 Boris Dewitte, email: [boris.dewitte@ceaza.cl](mailto:boris.dewitte@ceaza.cl)28 Aude Carréric, email: [aude.carreric@gmail.com](mailto:aude.carreric@gmail.com)

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## Abstract

While there is evidence that ENSO activity will increase in association with the increased vertical stratification due to global warming, the underlying mechanisms remain unclear. Here we investigate this issue using the simulations of the NCAR Community Earth System Model Large Ensemble (CESM-LE) Project focusing on strong El Niño events of the Eastern Pacific (EP) that can be associated to flooding in Northern and Central Peru. It is shown that, in the warmer climate, the duration of strong EP El Niño events peaking in boreal winter is extended by two months, which results in significantly more events peaking in February-March-April (FMA), the season when the climatological Inter-Tropical Convergence Zone is at its southernmost location. This larger persistence of strong EP events is interpreted as resulting from both a stronger recharge process and a more effective thermocline feedback in the eastern equatorial Pacific due to increased mean vertical stratification. A heat budget analysis reveals in particular that the reduction in seasonal upwelling rate is compensated by the increase in anomalous vertical temperature gradient within the surface layer, yielding an overall increase in the effectiveness of the thermocline feedback. In CESM-LE, the appearance of strong EP El Niño events peaking in FMA accounts for one-quarter of the increase in frequency of occurrence of ENSO-induced extreme precipitation events, while one-third results from weak-to-moderate El Niño events that triggers extreme precipitation events because of the warmer mean SST becoming closer to the convective threshold. In CESM-LE, both the increase in mean EP SST and the change in ENSO processes thus contribute to the increase in extreme precipitation events in the warmer climate.

**Keywords:** CESM-LE, extreme El Niño event, climate change, vertical stratification

## 49 1. Introduction

50

51 El Niño-Southern Oscillation (ENSO) is the most important mode of inter-annual variability in the tropical Pacific.  
52 By impacting meteorological conditions worldwide via atmospheric teleconnections (Ropelewski and Halpert, 1987;  
53 Yeh et al., 2018), it leads to dramatic societal and economics impacts (McPhaden et al., 2006). Understanding if and  
54 how El Niño characteristics will change with global warming has been a major concern since the first Coupled Model  
55 Intercomparison Projects in the 1990s (Meehl et al., 2000). While large progresses in our vision of the likely changes in  
56 ENSO statistics have been made in the recent decades (Yeh et al., 2009a; Power et al., 2013; Cai et al., 2014; 2015b),  
57 there are still many uncertainties in the mechanisms at play to explain the changes in statistics in the context of global  
58 warming, all the more so as models have persistent biases (e.g. westward shift in the center of action of El Niño (Zheng  
59 et al., 2012; Li and Xie, 2013), double Inter-Tropical Convergence Zone (ITCZ) syndrome (Hwang and Frierson, 2013;  
60 Li and Xie, 2013), warm bias in the far eastern Pacific (Richter, 2015)). These biases can in particular impact the  
61 realism of ENSO diversity in models (Ham and Kug, 2012; Karamperidou et al., 2017) by, for instance, influencing the  
62 evolution of Sea Surface Temperature (SST) anomalies during El Niño development (Santoso et al., 2013; Dewitte and  
63 Takahashi, 2017), favoring so-called double peaked El Niño events (Graham et al., 2017) or yielding compensating  
64 errors amongst the main ENSO feedbacks (Bayr et al., 2018). Since ENSO diversity is also a manifestation of the non-  
65 linearity of ENSO (Takahashi et al., 2011; Capotondi et al., 2015) that can impact mean state changes at low-frequency  
66 (Lee and McPhaden, 2010; McPhaden et al., 2011; Choi et al., 2012; Karamparidou et al., 2016), these biases are also  
67 likely influential on the way models simulate internal variability (Zheng et al., 2017). This has been a limitation to gain  
68 confidence in the projections of ENSO changes by these same models, but also to infer a clear mechanistic  
69 understanding of the sensitivity of ENSO to climate change.

70 So far, two broad views of the mechanisms at work in ENSO change due to global warming have been documented:

71 1) The projected faster warming of the eastern equatorial Pacific compared to that of the central Pacific will induce an  
72 easier eastward shift of the convection area from the central Pacific, through a weakening of westward mean equatorial  
73 currents associated with the reduction of the equatorial trade winds (Vecchi et al., 2006; Santoso et al., 2013); 2) The  
74 faster eastern equatorial Pacific surface warming due to climate change will reduce the meridional SST gradient in the  
75 eastern Pacific so that the ITCZ is likely to move more often southward, inducing an increase in the number of ENSO-  
76 induced extreme precipitation events in the eastern Pacific (Power et al., 2013; Cai et al., 2014, 2015b, 2017). Note that  
77 this applies to the warm phase of ENSO and not to the cold phase (La Niña) for which the faster warming of the  
78 Maritime continent in the Indonesian sector will tend to facilitate extreme La Niña events (Cai et al., 2015a).

79 Although these paradigms of the impact of climate change on ENSO provide useful guidance for analyzing and  
80 interpreting models, they present two main related caveats: first, they allow explaining the increase in ENSO-related

81 extreme precipitation events but do not address changes in ENSO statistics itself. In particular, the increase in extreme  
82 precipitation events does not necessarily require that El Niño events become stronger. This issue is nevertheless relevant  
83 considering the oceanographic consequences of strong El Niño events on the marine ecosystems in particular along the  
84 coast of Peru and Chile (Barber and Chavez, 1983; Carr et al., 2002). Second, in their principles, these paradigms only  
85 consider changes in surface processes (mixed-layer) although the latter are tightly linked to dynamical changes  
86 associated with thermocline processes. In particular, the differential warming between the surface oceanic layer and the  
87 thermocline under anthropogenic forcing yields a significant increase in vertical stratification across the equatorial  
88 Pacific (Yeh et al., 2009a; DiNezio et al., 2009; Capotondi et al., 2012) that can be influential on ENSO dynamics  
89 through a number of processes. Not only it modulates the way the wind stress forcing projects on the wave dynamics  
90 (Dewitte et al., 1999; 2009), influencing ENSO stability (Dewitte et al., 2007; Thual et al., 2013), but it also directly  
91 influences the so-called thermocline feedback, that is the sensitivity of SST to thermocline fluctuations (Zelle et al.,  
92 2004), a key process during Eastern Pacific (EP) El Niño events (Zebiak and Cane, 1987; An and Jin, 2001). The effect  
93 of changes in vertical stratification on ENSO dynamics in the context of global warming has been suggested in former  
94 studies (Yeh et al., 2009ab; 2010; DiNezio et al., 2009; Stevenson et al., 2017). Recently it has been shown that the  
95 variance of EP El Niño events increases in association with the stronger vertical stratification in the central Pacific in a  
96 set of models that realistically simulate the non-linear character of ENSO (Cai et al., 2018). While this study  
97 consolidates the confidence in climate change projections by showing a large inter-model consensus with regards to  
98 their sensitivity to changes in vertical stratification, the statistical approach somehow limits a clear understanding of the  
99 oceanic processes involved. It thus calls for advancing our mechanistic understanding of the sensitivity of EP El Niño  
100 events to changes in vertical stratification in the context of climate change. In particular, the main question that  
101 motivates the present work is: Through which processes are strong EP El Niño events favored in the warmer climate  
102 and how does their increase in frequency explain the increased occurrence of extreme precipitation events?

103 Here we take advantage of the simulations of the CESM-LE project (Kay et al., 2015) to investigate the  
104 mechanisms behind the sensitivity of ENSO statistics to mean state changes focusing on strong EP El Niño events that  
105 are those associated with extreme events (Takahashi et al., 2011; Takahashi and Dewitte, 2016, hereafter TD16). The  
106 CESM-LE project provides a large number of realizations of the same model, the NCAR Community Earth System  
107 Model (CESM), a Coupled General Circulation Model (CGCM) that accounts for ENSO diversity with some skill  
108 (Stevenson et al., 2017; Dewitte and Takahashi, 2017). The CESM model also simulates changes in mean SST pattern  
109 between the present climate (historical) and the climate corresponding to RCP8.5 future greenhouse gas emission  
110 scenarios (hereafter RCP8.5) comparable to those of the CMIP5 ensemble mean (Vecchi and Soden, 2007; Li et al.,  
111 2016), that is an El Niño-like pattern warming. Finally, this model also predicts an increase in ENSO-related extreme  
112 precipitation events in a warmer climate comparable to that of the CMIP5 ensemble (Cai et al., 2014), thus offering a

113 perfect test-bed for better understanding the relative influence of the gradual SST warming and the changes in ENSO  
114 dynamics on the statistics of extreme precipitation events.

115 The paper is organized as follows: after describing the data sets and the methods used in section 2, we document  
116 the changes in ENSO statistics due to global warming (section 3), highlighting changes in the seasonality of the number  
117 of events. Section 4 presents a heat budget analysis where changes in the composite evolution of the tendency terms  
118 associated with global warming are interpreted in the light of an analysis of change in the thermocline feedback in the  
119 model. Section 5 is a discussion followed by concluding remarks.

120

## 121 **2. Data and Method**

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### 123 **2.1. Data**

124

125 We use long-term simulations of the NCAR Community Earth System Model Large Ensemble Project (CESM-LE)  
126 (Kay et al., 2015). The 42 and 40 members of the historical runs (1850-2005 for one member, 1920-2005 otherwise)  
127 and RCP8.5 runs (2006-2100) are respectively used here consisting in a total of 3682 and 3800 years, which allows  
128 estimating the spread between the members and thus confidence levels in the statistics (estimated by a Wilcoxon rank  
129 sum test in this study).

130 As defined by the CMIP5 design protocol (Taylor et al., 2012), the historical external forcing is composed of the  
131 observed atmospheric composition changes due to emissions of greenhouse gases and aerosols and the natural volcanic  
132 and orbital forcing. The RCP8.5 scenario corresponds to a “representative concentration pathways” (RCP) of high  
133 emissions of greenhouse gases, where the 8.5 label corresponds to an estimation of the radiative forcing ( $8.5 \text{ W/m}^2$ ) at  
134 the end of the simulation that is the year 2100.

135 The simulations of the CESM-LE project use the Community Earth System Model, version 1 (CESM1) (Hurrell et al.,  
136 2013) coupling the Community Atmosphere Model version 5 (CAM5) atmosphere component (Meehl et al., 2013),  
137 the Los Alamos National Laboratory (LANL) Parallel Ocean Program version 2 (POP) ocean component (Smith et al.,  
138 2010), the Community Land model version 4 (CLM4) land component (Oleson et al., 2010) and the LANL Community  
139 Ice Code (CICE4) sea ice component (Hunke and Lipscomb, 2010). All components of the model are approximately  $1^\circ$   
140 horizontal resolution. The atmospheric component has 30 vertical levels, the oceanic component has 60 vertical layers.  
141 CESM1(CAM5) still presents some of the persistent biases of coupled models, such as a westward shift of the cold  
142 tongue, the double ITCZ and an excessive mean precipitation in the tropical Pacific (Hurrell et al., 2013). However, as  
143 its previous version CCSM4, CESM1(CAM5) correctly simulates some intrinsic characteristics of ENSO such as a  
144 realistic 3-6 years period but overestimates the magnitude compared to observations (Gent et al., 2011; Deser et al.,

145 2012; Hurrell et al., 2013). The seasonality of the ENSO variance is well represented despite the magnitude bias and a  
146 larger difference between winter and summer. It implies that the observed variance values are outside the simulated  
147 CESM-LE internal variability for certain months of the year (January to April) (Zheng et al., 2017). This model also  
148 accounts for many ENSO properties, in particular its diversity (Stevenson et al., 2017; Dewitte and Takahashi, 2017).  
149 Karamperidou et al. (2017) and Cai et al. (2018) showed the importance of ENSO non-linearities in the response of the  
150 tropical Pacific to global warming. The metric of non-linearity  $\alpha$  defined by Karamperidou et al. (2017) and consisting  
151 in the leading coefficient of the parabolic approximation of the ENSO variability in the first and second principal  
152 components (PC) of SST anomalies in the tropical Pacific space, is used here as an integrated measure of diversity (see  
153 also Dommenget et al. (2013) for such an approach). It yields a value  $\alpha = -0.37 \pm 0.08$  ( $\pm 22\%$ ) for the CESM-LE  
154 historical run, which is close to the estimate from HadISST v1.1 observations (1950-2017) ( $\alpha = -0.39$ ) and from some  
155 CMIP5 models (Karamperidou et al., 2017; Cai et al., 2018). In particular, the  $\alpha$  value for the CESM ensemble is lower  
156 than the threshold value for  $\alpha$  used in Cai et al. (2018) (i.e.  $\alpha = -0.15$ ) to discriminate non-linear models. The CESM  
157 model has thus a non-linear behavior similar to that of the ensemble model used in Cai et al. (2018).

158 Stevenson et al. (2017) showed that the ENSO diversity in the CESM model is sensitive to various forms of  
159 external forcing using the Last Millennium Ensemble that contains many realizations of the 850–2005 period with  
160 differing combinations of forcing. In particular, anthropogenic changes in greenhouse gases and ozone/aerosol  
161 emissions can alter the persistence of EP and CP El Niño events, although forced changes in ENSO amplitude are  
162 generally small because of compensating effects between changes in oceanic processes. Here since we focus on the  
163 RCP8.5 scenario that corresponds to a significantly larger external forcing on the mean climate, we expect to identify  
164 more pronounced changes in ENSO processes, aided by our methodological approach to derive robust ENSO diversity  
165 changes in models (See section 2.2).

166 The HadISST v1.1 monthly average sea surface temperature dataset (Rayner, 2003) is used to estimate whether the  
167 representation of the internal climate variability spread simulated by the members of CESM-LE includes the observed  
168 contemporary climate trajectory. The dataset has a resolution grid of  $1^\circ$  latitude-longitude. We use the period from  
169 January 1950 to December 2017.

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## 171 **2.2. Definition of El Niño events and extreme precipitation events**

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### 173 *a) El Niño events*

174 Considering that at least two indices should be used in order to account for the different locations of SST  
175 anomalies peaks (Trenberth and Stepaniak, 2001; Takahashi et al., 2011; Ren and Jin, 2011; Dommenget et al., 2012),  
176 we use the E and C indices defined by Takahashi et al. (2011) as  $E = (PC1 - PC2)/\sqrt{2}$  and  $C = (PC1 + PC2)/\sqrt{2}$  where

177 the PC1 and PC2 are the normalized principal components of the first two empirical orthogonal function (EOF) modes  
178 of SST anomalies in the tropical Pacific (120°E-290°E; 10°S-10°N). The E and C indices are thus linearly uncorrelated  
179 by construction. They are calculated separately for the two different periods (historical versus RCP8.5). The SSTs are  
180 linearly detrended and the seasonal cycle is removed for each period and for each member independently, prior to  
181 carrying the EOF decomposition. A bilinear regression of the SST anomalies onto these indices is used to determine the  
182 SST anomalies spatial patterns associated with each index (Figure 1), indicating a relative good agreement between  
183 model and observations, although CESM simulates the center of the patterns displaced to the west compared to  
184 observations by 20° and 30° for the E and C patterns respectively. This westward bias of the SST variability is  
185 comparable to the CMIP5 ensemble (cf. Figure 1 of Matveeva et al. (2018)). Note also the cold tongue bias as  
186 evidenced by the position of the mean 28°C isotherm in Figure 1, that is shifted westward by 25°, a feature common to  
187 many other CGCMs (Wittenberg et al., 2006; Bellenger et al., 2014). These biases have been detrimental for comparing  
188 observations and models, particularly from historical ENSO indices, because the use of fixed regions (e.g. Niño-3) for  
189 averaging quantities results in differences that reflect this shift in variability and mean state rather than the actual  
190 dynamics of the system. For instance, Graham et al. (2017) showed that the recurrent CGCMs equatorial Cold Tongue  
191 bias can lead to the simulation of “fake” El Niño events that have never been observed, double peaking in the tropical  
192 band and called “double peaked” El Niño events. Using the conventional Niño regions to define El Niño diversity  
193 increases the risk of integrating so-called “double peaked” El Niño events and mistaking them as CP El Niños when  
194 compositing, although they have more commonalities with the observed EP El Niño events. We will thus follow the  
195 methodology of TD16 which projects tropical Pacific variability (and feedbacks) onto the E and C modes rather than  
196 fixed regions to avoid these limitations (see section 2.3.). Note that this method has proven to be skillful in showing a  
197 strong inter-model consensus on the SST variability of EP El Niño events despite differences in the details of El Niño  
198 simulation across models (Cai et al., 2018).

199 In order to diagnose changes in ENSO statistics between the present and future climates, we estimate the E and C  
200 modes for the two periods, the historical period (1920-2005) and the RCP8.5 period (2006-2100), which provides two  
201 sets of E and C modes (patterns and timeseries). The change in statistics is therefore reflected here in both the pattern  
202 and the temporal evolution of the modes. This is motivated by the fact that the ENSO pattern is changing between the  
203 present and future climate (Figure 2). The E and C indices have been normalized so that the patterns can be expressed  
204 in °C. In particular, there is a westward amplification (by 20°) of the E mode and an eastward amplification (by 35°) of  
205 the C mode in the warmer climate. In order to take into account these changes in the spatial patterns, the E and C  
206 indices of the RCP8.5 simulations are scaled by the projection of the associated spatial pattern on its counterpart of the  
207 historical runs. The scaling coefficients are equal to  $1.16 \pm 10\%$  ( $\pm 0.12$ ) for both E and C modes over 10°S-10°N. This  
208 allows comparing changes in the amplitude of the composite evolution of the E and C indices (Figure 3) and not just

209 changes in temporal evolution. Note that this method yields similar results than the one used in Cai et al. (2018), that  
210 does not consider change in spatial patterns of the E and C modes, but instead performs an EOF analysis of SST  
211 anomalies over the whole record (1920-2100). In particular, the increase in the variance of the E index in DJF from  
212 historical to RCP8.5 runs is 14% for our method and 18% for the Cai et al. (2018)'s method when considering the last  
213 85 years of each period. The largest difference in methods is the dispersion amongst the members that is in general  
214 larger in the method used here. Despite these differences, we find that the increase in variance of the E index in DJF is  
215 significant at the 95% confidence level based on a Wilcoxon test for both methods. CESM simulates thus an increase in  
216 the DJF E-index variance in the future climate, regardless of the method, comparable to 17 models of the CMIP5 data  
217 base that account realistically for the non-linear behavior of ENSO (Cai et al., 2018).

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219 El Niño events are defined from the PC1 derived from the analysis of the main mode of variability of the tropical  
220 Pacific by the EOF method. El Niño events are when the value of the PC1 exceeds its 75% percentile over at least 5  
221 consecutive months, regardless of season. Our definition is slightly different from that of TD16 that seek for El Niño  
222 peaks over 2-year running mean time windows with a 1-2-1 filter applied to the PC1. We checked that both methods  
223 provide very comparable statistics by applying our definition to the GFDL CM2.1 PI-control simulation and comparing  
224 our results with that of TD16. In the meantime, it has been also verified that using the historical definition by the ONI  
225 index does not change ENSO statistics on the PI-control simulation of CESM. El Niño classes (strong versus moderate)  
226 are then defined based on the E index. When the E-index value reaches a threshold value (interpreted here as the value  
227 of SST anomalies in the far eastern Pacific needed for deep convection to be activated) a strong EP event takes place.  
228 This threshold is estimated from a *k-mean* cluster analysis ( $k=2$ ) applied jointly to the E and C values during El Niño  
229 years and for the calendar month when the E-index is maximal. It yields two classes that correspond to moderate (either  
230 EP or CP) Niño events (cluster 1) and strong EP El Niño events (cluster 2). We find a threshold value of 2.2°C for the  
231 PI-control simulation (see also Dewitte and Takahashi (2017)). Note the PI-control and historical simulations of CESM  
232 do not exhibit a well-defined bimodal distribution in the (E, C) space conversely to the GFDL CM2.1 model (see TD16),  
233 so that the determination of this threshold value is somewhat subjective and certainly sensitive to the model biases.  
234 Nevertheless the model exhibits a clear non-linearity in the response of the wind stress to SST anomalies in the eastern  
235 Pacific (Figure S1 – Supplementary material). The cluster analysis applied to historical and RCP8.5 simulations yields  
236 threshold values similar to the PI-control value. Sensitivity tests to this threshold value (taking an error of 5%) indicate  
237 that results presented in this paper are not impacted significantly. For a variation of  $\pm 5\%$  of the threshold, the number of  
238 strong El Niño events varies from 225 (-5.1%) to 262 (10.5%) for the historical simulations and from 271 (-10.3%) to  
239 322 (6.6%) for the RCP8.5 simulations.

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241 *b) Extreme precipitation events*

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**2.3. Heat budget**

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The equation of the SST change within the surface layer that is used for the heat budget is the following:

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$$\left[ \frac{\partial T'}{\partial t} \right] = - \left[ u \frac{\partial T'}{\partial x} \right]' - \left[ v \frac{\partial T'}{\partial y} \right]' - \left[ w \frac{\partial T'}{\partial z} \right]' + \frac{Q'_{net}}{\rho_0 c_p h} + R' \quad (1)$$

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The prime denotes the monthly anomaly relative to the mean climatology. T is the 4D-potential temperature, u, v and w are respectively 4-D zonal, meridional and vertical currents. Square brackets indicate vertical integration over the surface layer, whose depth is set at 80m. The first three right hand side terms correspond respectively to the zonal, meridional and vertical advections. The term  $Q_{net}$  is the net ocean-atmosphere heat flux, including surface fluxes and penetrating short-wave radiation. The coefficients  $\rho_0$  and  $C_p$  are respectively the sea-water reference density ( $\text{kg/m}^3$ ) and the specific heat content ( $\text{J}/(\text{kg}\cdot\text{C})$ ). The residual term R includes the short-wave fluxes of heat out of the base of the mixed layer, the change in temperature associated with the freshwater flux, the horizontal and vertical diffusion of heat, and errors associated with the off-line calculation and the use of monthly mean outputs. The method further follows TD16 that consists in projecting the tendency terms of the SST equation (Eq. 1) onto the spatial patterns of the first two normalized EOF modes of the equatorial Pacific ( $2^\circ\text{S}$ - $2^\circ\text{N}$ ). The resulting timeseries are then linearly combined

272 according to the definition of the E and C indices, which is convenient for inferring how processes contribute to the rate  
 273 of change of SST anomalies in the E and C equatorial regions (Figure 2). The projection of the heating rate onto the E  
 274 mode is thus expressed as:

$$275 \left\langle \frac{\partial T'}{\partial t} \middle| E \right\rangle = \frac{1}{N_x N_y} \int_{120^{\circ}E}^{290^{\circ}E} \int_{2^{\circ}S}^{2^{\circ}N} \left( \frac{\partial T'}{\partial t}(x, y, t) \cdot E(x, y) \right) dx dy$$

276  
 277 This method has the advantage of objectively estimating the region of influence of the different feedbacks and  
 278 their changes in a warmer climate, compared to the method where tendency terms are averaged over the classical Niño-  
 279 4 (5°S-5°N, 160°E-210°E) and Niño-3 (5°S-5°N, 210°E-270°E) regions, or modified versions of them to take into  
 280 account mean state biases in the CGCMs (Kug et al., 2010; Capotondi, 2013; Stevenson et al., 2017). Since the E and C  
 281 patterns are modified in the future climate (see Figure 2 and section 2.2.a), our method thus takes into account changes  
 282 that may occur in the location of the main centers of the thermodynamical processes. To be able to compare the  
 283 amplitude in the evolution of the tendency terms between the two climates, tendency terms for the RCP8.5 simulations  
 284 are scaled by the projection coefficient of the RCP8.5 E and C patterns on their counterparts in the historical runs. The  
 285 projection is done here over the domain (120°E-290°E; 2°S-2°N). The values of the scaling coefficient are equal to 1.18  
 286 ( $\pm 10\%$ ) for both E and C modes over 2°S-2°N. The heat budget was calculated on the model native grid. The CESM  
 287 uses the ocean POP model (Smith et al., 2010), which has a staggered Arakawa B-grid (Arakawa and Lamb, 1977). The  
 288 centered second-order finite differences scheme and leap-frog time stepping were used for the calculation of the  
 289 tendency terms following the model grid discretization.

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### 291 **3. Changes in Eastern Pacific El Niño events**

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#### 293 **3.1. Composite evolution**

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295 As a first step we present the composite evolution of the E and C indices during moderate and strong events in the  
 296 two climates (Figure 3). It indicates that, in this model, strong (moderate) El Niño events are preferentially of EP (CP)  
 297 types because strong (moderate) El Niño events have large (weak) values of the E index. The E index during strong El  
 298 Niño event tends also to peak from Aug(Y0), which is counterintuitive if compared to other historical indices (e.g.  
 299 NINO34). This can be understood as follows: The E index accounts for SST variability in the far eastern Pacific where  
 300 the thermocline is shallow and the thermocline feedback more intense than in the central equatorial Pacific. So when a  
 301 Kelvin wave is triggered during the development of ENSO (typically during Feb-April Y(0)), the SST increase in the  
 302 far eastern Pacific a couple month later, which projects on the E mode, then El Niño develops, which maintains an

303 elevated E. In other words, the first part of the warming in E is due to the forced Kelvin wave acting as a trigger of  
304 ENSO, while the second part of the warming in E is associated with the growing coupled mode. The values of the C  
305 index are somewhat larger for moderate than for strong El Niños during the development phase. The C index has  
306 weaker positive values for strong El Niño events and can become negative during their decaying phase because strong  
307 El Niño events tend to be followed by La Niña events (DiNezio and Deser, 2014), which the C index accounts for. The  
308 evolution of the indices is comparable to observations (see Figure 4 of TD16) although the comparison is limited for  
309 strong El Niño events owing to their too few numbers in the observational record.

310 The striking feature of Figure 3 is that the temporal evolution and amplitude of the indices do not change much  
311 from the present to the future climate in particular during the developing and mature phases of the El Niño composite,  
312 even if there are time frames when amplitude changes are statistically significant according to a Wilcoxon rank sum test.  
313 However, strong EP El Niño events last significantly longer by 2 months in the RCP8.5 simulations peaking in March  
314 (Y1) instead of December (Y0), while the central Pacific cools earlier and more than in the present climate. This  
315 suggests changes in seasonality of some events. Moderate El Niño events exhibit in general weaker changes in their  
316 evolution and amplitude, although there is a similar increase in persistence of the E index than that of strong events.

317

### 318 **3.2. Seasonal stratification**

319

320 In order to get further insights into the changes in ENSO statistics, the changes in the numbers of strong and  
321 moderate EP El Niño events are stratified according to the month of their peak value of the E index. Figure 4 allows  
322 identifying periods in the calendar year (hereafter referred to as “seasons”) when the number of events changes  
323 significantly from the historical to the RCP8.5 simulations. Considering periods in the calendar year when the number  
324 of events is above 15 events for 3 to 4 consecutive months in the RCP8.5 simulations, three “seasons” can be defined:  
325 Jul-Aug-Sep (JAS), Oct-Nov-Dec-Jan (ONDJ) and Feb-Mar-Apr (FMA) (see Table 1). The threshold value of 15 events  
326 is selected arbitrarily and corresponds to 2% of the total number of events.

327 The results indicate a drastic change in the seasonal distribution of the number of events between the two climates.  
328 The most important changes are for strong EP El Niño events, with a significant increase (+1315%) in the number of  
329 events peaking during FMA. This is also observed for moderate EP El Niño events but to a lesser extent (+92%). Such a  
330 change indicates that, while the mean amplitude of EP El Niño event is weakly impacted by global warming (Figure 3),  
331 this is not the case for the seasonal variance of the E index. This is evidenced in Figure 5 that shows the climatological  
332 variance of the E index for the two climates. There is a significant increase in the E index variance (at the 95%  
333 confidence level based on a Wilcoxon test) at almost all calendar months, more pronounced for the FMA season (+ 40%  
334 increase in variance). The large increase in variance of the E index in FMA is likely to translate in a larger number of

335 extreme precipitation events in the warmer climate because this corresponds to the season when the ITCZ has its  
336 southernmost position (Xie et al., 2018). In the CESM mode, the frequency of occurrence of extreme precipitation  
337 events (see definition in section 2.2) is projected to increase from 0.04 per 10 years (one event every 24.7 years) to 0.16  
338 (one event every 6.4 years) on average over the last 50 years of the RCP8.5 simulations, which corresponds to a 3.9 fold  
339 increase of the number of extreme events at the end of the 21st century (+225% increase from the present to the future  
340 climates, Table 1). The CESM model thus projects more than a doubling of extreme precipitation events in the future  
341 climate, consistent with Cai et al. (2014). The CESM model exhibits however a more modest increase, from the present  
342 to the warmer climate, in the number of strong EP El Niño events than in the number of extreme precipitation events. In  
343 particular, the number of strong EP El Niño events (extreme precipitation events) increases from 237 (146) in the  
344 historical period to 302 (489) in the RCP8.5 period, which corresponds to an increase of their frequency of occurrence  
345 (in events/decade) of +18% from the present to the future climates (Table 1), so that the increase in strong EP El Niño  
346 events is much less than the increase in extreme precipitation events. This can be interpreted broadly as resulting from  
347 the fact that moderate EP El Niño events can yield extreme precipitation events in the warmer climate due to increased  
348 mean SST in the eastern equatorial Pacific (Cai et al., 2014), independently of whether or not the moderate EP El Niño  
349 events undergo a change in their dynamics. However, since the overall number of EP El Niño events has almost no  
350 change, the 18% increase in the frequency of strong EP El Niño events indicate that global warming may favor the  
351 “high-regime” of ENSO (TD16), suggesting that the increase in extreme precipitation events in the warmer climate does  
352 not solely result from the warming of the cold tongue (Cai et al., 2014). This will be further documented in the  
353 discussion section. In the following, we investigate the processes explaining the increased persistence of EP El Niño  
354 and the emergence of events peaking in FMA in the warmer climate, focusing on key ENSO oceanic processes sensitive  
355 to the increased vertical stratification, i.e. the thermocline feedback and the recharge of heat content.

356

#### 357 **4. ENSO processes and increased stratification**

358

359 In this section, the focus is on the processes that could explain the increased variance and persistence of the E  
360 index in FMA. As mentioned in the introduction, the increase in vertical stratification is a salient feature of the climate  
361 change pattern on temperature in the ocean, which has implications for ENSO dynamics. Not only it modulates the  
362 thermocline feedback through changing the relationship between SST and thermocline depth fluctuations (Dewitte et al.,  
363 2013), but it can also influence the dynamical response of the ocean through the projection of momentum forcing on the  
364 wave dynamics (Philander, 1978; Dewitte, 2000), and thereby the ENSO stability (Yeh et al., 2010; Thual et al., 2011,  
365 2013). Recently Cai et al. (2018) showed that changes in vertical stratification due to greenhouse warming are  
366 associated with the increase in variance of the EP El Niño events in an ensemble composed of models simulating ENSO

367 diversity/non-linearity similar to that of CESM (see section 2). We thus here use the CESM simulations to get insights  
368 in the mechanisms at work for explaining the increased climatological variance in strong EP El Niño events.

369

#### 370 **4.1. Recharge-discharge process**

371

372 Heat content along the equator is a precursor of ENSO and its primary source of predictability, which has been  
373 conceptualized by the recharge-discharge oscillator model (Jin, 1997). Although large heat content anomalies are not  
374 always necessary for strong EP El Niño to occur (TD16), it is worth diagnosing the recharge-discharge process in the  
375 model, as it can explain to some extent the persistence of SST anomalies during ENSO. In the framework of the simple  
376 recharge-discharge model (Jin, 1997), a stronger recharge would imply a longer lasting El Niño event once it has  
377 developed. Figure 6 shows the strong El Niño composite evolution of estimates of the so-called tilt and warm water  
378 volume (WWV) modes that depict the recharge discharge-discharge process (Clarke, 2010). The WWV mode is phase-  
379 shifted (ahead by ~6 months) with the tilt mode that accounts for the quasi-instantaneous response of the eastern Pacific  
380 thermocline to wind stress anomalies. It is clear from Figure 6a that the recharge process is increased in the warmer  
381 climate (the mean over the period Jun(Y0)-Oct(Y0) increases from 0.55 m to 6.25 m between the two climates), while  
382 the tilt mode amplitude also increases prior to the ENSO peak (Figure 6b). The tilt mode amplitude increase is  
383 consistent with westerly winds projecting more on the ocean dynamics in the warmer climate due to the increased  
384 stratification in the central Pacific (Figure 7) (Dewitte et al., 1999; Thual et al., 2011). Note that it was checked that the  
385 zonal equatorial wind stress integrated from one side of the Pacific to the other (that represents an estimate of the tilt  
386 mode which does take explicitly into account the change in stratification) during the EP El Niño events is not  
387 significantly changed between the two climates (not shown) so that the increase in the amplitude of the tilt mode is not  
388 the result of changes in the amplitude of wind stress forcing that contributes to the build-up of heat content, but instead  
389 has to result from the fact that wind stress forcing projects more efficiently onto wave dynamics due to the increased  
390 stratification. The increase lasts until Jan(Y1) so that the effect on SST anomalies could last until ~Mar(Y1) through the  
391 thermocline feedback because of the delayed response of SST anomalies to thermocline fluctuations (Zelle et al., 2004;  
392 see also section 4.2). Regarding the WWV mode, the change in amplitude in Jul(Y0)-Oct(Y0) from the present to the  
393 future climate is certainly more difficult to interpret because of likely compensating effects amongst different processes  
394 (Thual et al., 2011; Lengaigne et al., 2012; Izumo et al., 2018), the potential role of changes in off-equatorial high-  
395 frequency winds (McGregor et al., 2016; Neske and McGregor, 2018) and other sources of external forcing (see section  
396 5). However, the increase in amplitude of the WWV can be associated to a large extent with the increased occurrence of  
397 the strong events peaking in FMA as evidenced by the composite of the WWV evolution with and without strong events  
398 peaking in FMA (Figures 6c and 6d). The increase in amplitude of the WWV is statistically significant (at 95%

399 confidence level based on a Wilcoxon rank sum test) from Apr(Y0) to Jan(Y1) when considering the events peaking in  
400 FMA. The increase is statistically significant only from Jun(Y0) when El Niño events whose peak occurs in FMA are  
401 not considered. Note that the same diagnosis was done using the thermocline depth, i.e. the depth of the maximal  
402 vertical temperature gradient. While the change with global warming of the WWB amplitude prior to the ENSO peak  
403 (i.e. Jun(Y0)-Oct(Y0)) is less pronounced, it is statistically significant when considering strong El Niño events peaking  
404 in FMA (not shown). .

405

#### 406 **4.2. Mixed-layer processes**

407

408 While the strengthened vertical stratification increases the effectiveness of momentum flux onto the wave  
409 dynamics (Dewitte et al., 1999), which tends to destabilize ENSO by increasing the coupling efficiency between the  
410 ocean and the atmosphere (Thual et al., 2011; 2013), the sensitivity of ENSO to changes in stratification also operates  
411 through changes in the mixed-layer processes. Owing to the shallow thermocline in the eastern Pacific, the main  
412 oceanic process there is the mean vertical advection of anomalous temperature ( $-\bar{w} \cdot \frac{\partial T'}{\partial z}$ ), often referred to as the  
413 thermocline feedback (An and Jin, 2001). Since changes in the thermocline feedback not only depend on changes in the  
414 magnitude of the seasonal upwelling rate ( $\bar{w}$ ) but also on changes in the vertical gradient of anomalous temperature  
415 between the surface and the base of the mixed layer ( $\frac{\partial T'}{\partial z}$ ), inferring its sensitivity to vertical stratification is not  
416 straightforward. In particular, increased stratification in the eastern Pacific may reduce the effectiveness of upwelling  
417 through flattening and tightening the isotherms, while it could increase the sensitivity of SST anomalies to thermocline  
418 fluctuations through enhancing mean vertical diffusivity (Zelle et al., 2004). Compensating effects are thus possible.

419

420 As a first step, we present the composite evolution during strong El Niño events in the eastern Pacific (E region) of  
421 the mixed-layer processes (tendency terms) for the present and future climates (Figure 8). For conciseness sake, we  
422 focus hereafter on the developing and peak phases, noting also that the residual term being relatively large during the  
423 decaying phase (Figure 8e), the interpretation of the results is not straightforward during that particular phase. As  
424 expected, total vertical advection exhibits the largest amplitude (Figure 8d). It was checked through a Reynolds  
425 decomposition of the tendency terms that the main contributor to total vertical advection is the thermocline feedback,  
426 with non-linear vertical advection and anomalous vertical advection of mean temperature (“upwelling feedback”) only  
427 marginally contributing during the onset and peak phase of strong EP El Niño events (Figure S2 – Supplementary  
428 material) consistently with TD16. The residual term has a comparable contribution (cooling) than the thermal damping  
429 term, and can be interpreted as resulting from the reduced vertical diffusivity in the first 80m as the mixed-layer

430 deepens. The largest changes between the present and future climates are for vertical advection and thermal damping  
431 with a 71% increase (90% reduction) for the average over Apr(Y0)-Feb(Y1) for vertical advection (thermal damping)  
432 relatively to the value over the present climate (Figure 8f). Changes in these two opposite sign terms explain why the  
433 rate of SST change is hardly impacted from the present climate to the future climate. While the larger contribution of  
434 thermal damping is expected from the increase variance of the E index from the present to future climate, the increase in  
435 the magnitude of vertical advection is more difficult to interpret. 77% of this increase is associated with the contribution  
436 of climatological vertical advection of anomalous temperature (Figure S2), so that it can be interpreted as resulting from  
437 the combined effects of the weakening of the Walker circulation on the seasonal upwelling on the one hand (DiNezio et  
438 al., 2009; Dewitte et al., 2013; Chung et al., 2019) and of the increased stratification on the relationship between SST  
439 and thermocline anomalies on the other hand. Figures 9ab present estimates of the changes of these two quantities (i.e.  
440 upwelling rate and the slope of the linear relationship between SST and thermocline anomalies) between the two  
441 climates. The slope of the linear relationship between SST and thermocline anomalies is estimated for lag between -6  
442 and 6 months and the maximum value is shown considering that temperature anomalies in the vicinity of the  
443 thermocline are transported to the surface by a combination of upwelling and vertical mixing, which introduces a delay  
444 in the time dependence of the local relation between SST and thermocline anomalies (Zelle et al., 2004). As expected,  
445 the climatological upwelling rate is reduced in the warmer climate (Figure 9a). The reduction is most important in  
446 boreal winter reaching -14% in March. The decrease is statistically significant at the 95% confidence level except for  
447 the month of October. On the other hand, the sensitivity of the SST to thermocline fluctuations is significantly increased  
448 in particular with a maximum relative increase in August (+ 100 %). On average over the year, the relationship between  
449 SST and thermocline fluctuations is increased by 46%. Such increase largely compensates for the decrease in  
450 climatological upwelling and yield an overall increase in the thermocline feedback as evidenced by Figure 9c that  
451 shows the change in climatological variance of the mean vertical advection of anomalous temperature between the  
452 present and the future climate. In particular, the relative increase in variance is maximum in May-June-July (+83%),  
453 which corresponds to the season when the tropical Pacific system becomes highly unstable (Stein et al., 2010) and is  
454 more susceptible to develop an El Niño event. As a summary, Figure 8f presents the averaged changes in amplitude of  
455 the tendency terms during the developing phase of strong EP El Niño events. The largest increase is for vertical  
456 advection (+71%), 77% of which is attributed to the thermocline feedback.

457

## 458 **5. Discussions and concluding remarks**

459

460 We have investigated the sensitivity of ENSO dynamics to mean state changes in a model that has skill in  
461 simulating ENSO diversity and non-linearity. We find that, in the CESM model, the persistence of strong EP events is

462 increased by 2 months so that the variance in SST anomalies in the eastern Pacific is significantly increased over the  
463 FMA season when the ITCZ is about to reach its southernmost position. Noteworthy a similar behavior is found in the  
464 CMIP5 ensemble (Figure 10), allowing to some extent to generalize the results obtained here from the CESM model.

465 While recent studies have shown that the number of extreme precipitation events associated with El Niño is  
466 projected to increase in the warmer climate (Cai et al., 2014; 2015b), the mechanisms by which this will take place  
467 remain unclear. Here we suggest that a portion of the increase in extreme precipitation events in the warmer climate is  
468 associated with the increase in the number of strong EP El Niño events, in particular those that peak in FMA, which  
469 corresponds to the season when climatological SST in the eastern Pacific is already high. Those events are thus strongly  
470 coupled to the ITCZ and do not necessarily require the anthropologically-forced mean SST warming trend in the eastern  
471 Pacific to yield extreme precipitation events. In order to estimate the proportion of extreme precipitation events that  
472 relates either to moderate or strong El Niño events, we consider the number of events over 10-year running windows  
473 among all simulation members (i.e. at least 400 years are considered for each chunk) and estimate the proportion of El  
474 Niño events (strong and moderate) compositing extreme precipitation events along historical and RCP8.5 periods  
475 (Figure 11). The increase (by 1315%) in the frequency of occurrence of strong EP El Niño events peaking in FMA  
476 explains 24% of the increase in the frequency of occurrence of extreme precipitation events in the CESM model. 9%  
477 and 21% of the increase in the frequency of occurrence of extreme precipitation events are explained by the frequency  
478 of occurrence of strong El Niño events peaking in ONDJ and JAS respectively (see section 3.2 for the definition of  
479 “seasons”). This sums to 54% of the increase in the frequency of occurrence of extreme precipitation events thus  
480 explained by the increase in the frequency of occurrence of strong El Niño events. Concomitantly, the increased  
481 proportion of extreme precipitation events associated with weak and moderate El Niño events (which represents an  
482 additional 0.43 events/decade of weak to moderate El Niño events that relates to an extreme precipitation events in the  
483 warmer climate) results in that 34% of the increase in extreme precipitation events are associated with moderate El  
484 Niño events and thus due to the warmer mean SST in the eastern equatorial Pacific. Note that in the present climate,  
485 there is almost no weak to moderate El Niño event (i.e. 0.003 events/decade) that relates to extreme precipitation events  
486 (versus 0.43 events/decades in the future climate). The remaining 12% of the increase in the frequency of occurrence of  
487 extreme precipitation events could not be explained by the occurrence of an El Niño event and thus corresponds to  
488 internal variability in precipitation in a warmer climate. Overall Figure 11 illustrates the influence of the number of  
489 events peaking in FMA on the change in extreme precipitation events in the warmer climate, although very few of these  
490 events (9) exist in the historical simulation. It indicates that changes in the statistics of extreme precipitation events  
491 cannot be solely attributed to changes in mean SST in the equatorial eastern Pacific i.e. the warmer mean SST becoming  
492 closer to the convective threshold, but also depend on changes in ENSO dynamics.



493 The “emergence” of strong EP El Niño peaking in FMA in the warmer climate is suggested to be associated with  
494 the increased vertical stratification across the equatorial Pacific, a salient feature of the climate change patterns in  
495 climate models (Yeh et al., 2009; DiNezio et al., 2009; Cai et al., 2018). Cai et al. (2018) showed in particular that the  
496 increased variance in Eastern Pacific SST anomalies is associated with the increase in vertical stratification. We suggest  
497 further that the increased persistence of EP El Niño events is resulting from both a stronger recharge process and a more  
498 effective thermocline feedback in the warming climate due to an increased vertical stratification. In particular, the  
499 sensitivity of SST anomalies in the far eastern Pacific to thermocline fluctuations is significantly increased in FMA and  
500 overwhelms the reduction in mean upwelling (Figure 9). The recharge process is also shown to be enhanced in the  
501 warmer climate, which can be interpreted as resulting from the increased stratification in the central-western Pacific  
502 where wind stress can be more efficiently projected onto the wave dynamics. Overall our study suggest that the  
503 influence of the increased ocean vertical stratification in a warmer climate on ENSO could be understood in terms of  
504 two main mechanisms involving mostly linear processes, i.e. 1) on the dynamical side, a stronger recharge process and  
505 an overall more energized wave dynamics, and 2) on the thermodynamical side, an increased thermocline feedback in  
506 the eastern Pacific. These processes work together to produce the increased persistence/variance in EP El Niño events in  
507 the warmer climate.

508 Of course, considering the coupled nature of ENSO, there are other potentially important processes that could be  
509 at play to explain the longer duration of strong EP El Niño events in the warmer climate and their changing seasonal  
510 stratification. In particular, non-linear oceanic processes are important for the strong El Niño regime (Jin et al., 2003)  
511 although non-linear advection, the main contributor to the oceanic non-linearities during ENSO, does not appear  
512 essential for the onset of strong EP El Niño events (TD16), a feature that is also observed here (Figure S2c).  
513 Nevertheless non-linear advection is increased by 120% from the present to the future climate, over Apr-May-Jun(Y1),  
514 the period over which it peaks in the E region, contributing to the longer persistence of warm anomalies during strong  
515 El Niño events. Determining if such increase is related to the increase in vertical stratification would deserve further  
516 investigation which is beyond the scope of the present study considering the likely interplay between the various non-  
517 linear processes. The other important non-linear processes for ENSO are those encapsulated in the Bjerknes feedback  
518 and are atmospheric processes by nature (Dommenget et al. 2013, TD16). While the details of the change in the  
519 characteristics of the Bjerknes feedback is beyond the scope of the present study, we note that, within the  
520 approximations of our methodological approach, the slopes of the piecewise linear relationship between the E index and  
521 the zonal wind stress in the eastern equatorial Pacific are weakly changed from the present to the future climate (See  
522 Figure S1). This suggests that the characteristics of the Bjerknes feedback are not fundamentally modified in this model  
523 from the present to the future climate, although the convective SST anomaly threshold appears to have changed  
524 consistently with Johnson and Xie (2010) that showed that it is not absolute and varies with the mean climate (e.g. the

525 temperature of the free troposphere). The other key ingredient for strong El Niño events to develop, that was not looked  
526 at here although it can non-linearly interact with the equatorial ENSO dynamics, is the nature of the changes in the  
527 external stochastic forcing that has multiple facets. While high-frequency stochastic forcing, in the form of Westerly  
528 Wind Bursts (WWBs), is expected to energize more wave dynamics in the warmer climate, it is not clear how its  
529 characteristics will change in the future (Bui and Maloney, 2018; Maloney et al., 2019). We note here that, in the CESM  
530 mode, the high-frequency (frequency > 90 days<sup>-1</sup>) variance of the equatorial zonal wind stress is increased from the  
531 present to the future climate (not shown), which could contribute to the stronger recharge process in the warmer climate  
532 for strong El Niño events (see Figure 6). This would deserve further investigation which is planned for future work. In  
533 particular, since there is more and more evidence that the low-frequency component of the external forcing to ENSO is  
534 certainly as important as the high-frequency component (Dommenget and Yu, 2017; Takahashi et al., 2018), such  
535 investigation will have to consider all aspects of the external forcing, including the North Pacific Meridional Mode  
536 (Chiang and Vimont, 2004) that is also suggested to become more energetic in the warmer climate in this model  
537 (Liguori and DiLorenzo, 2018).

538

539

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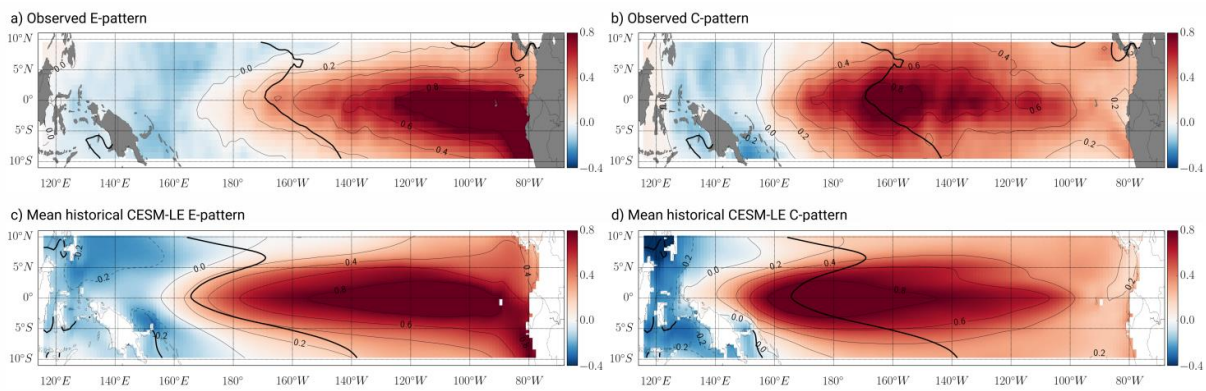
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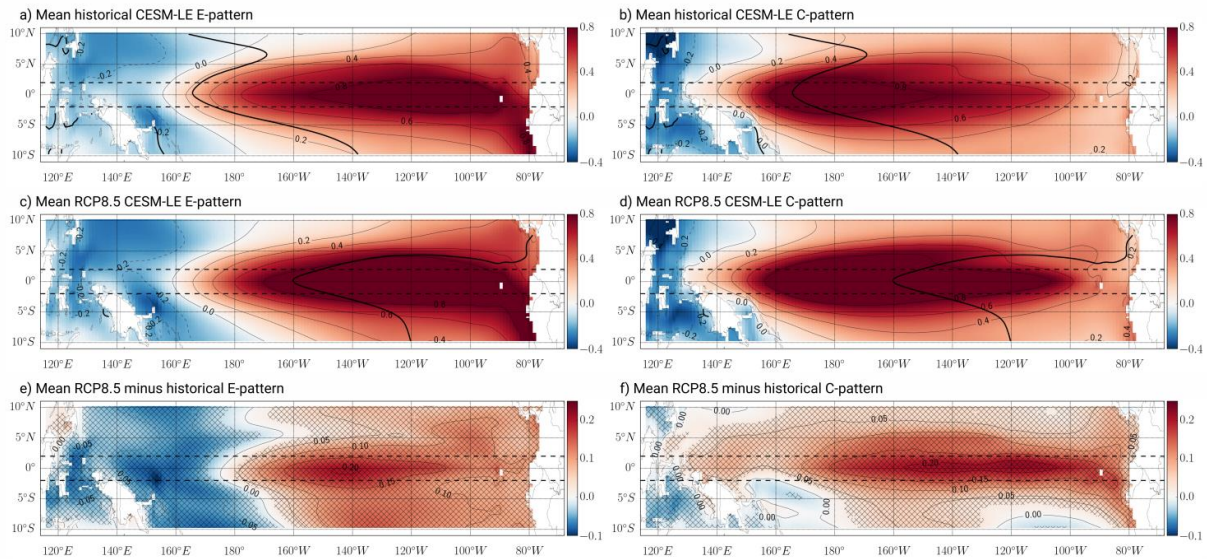
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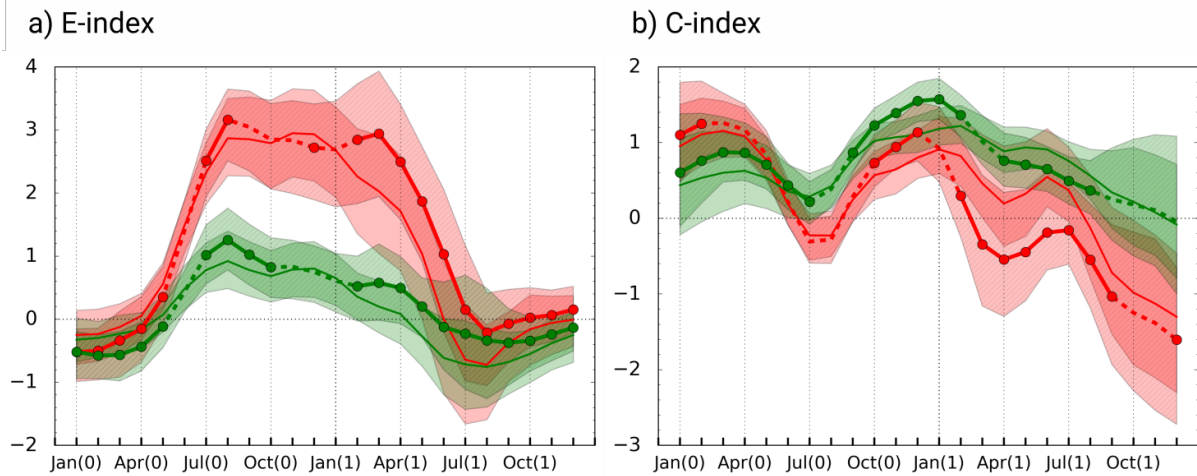
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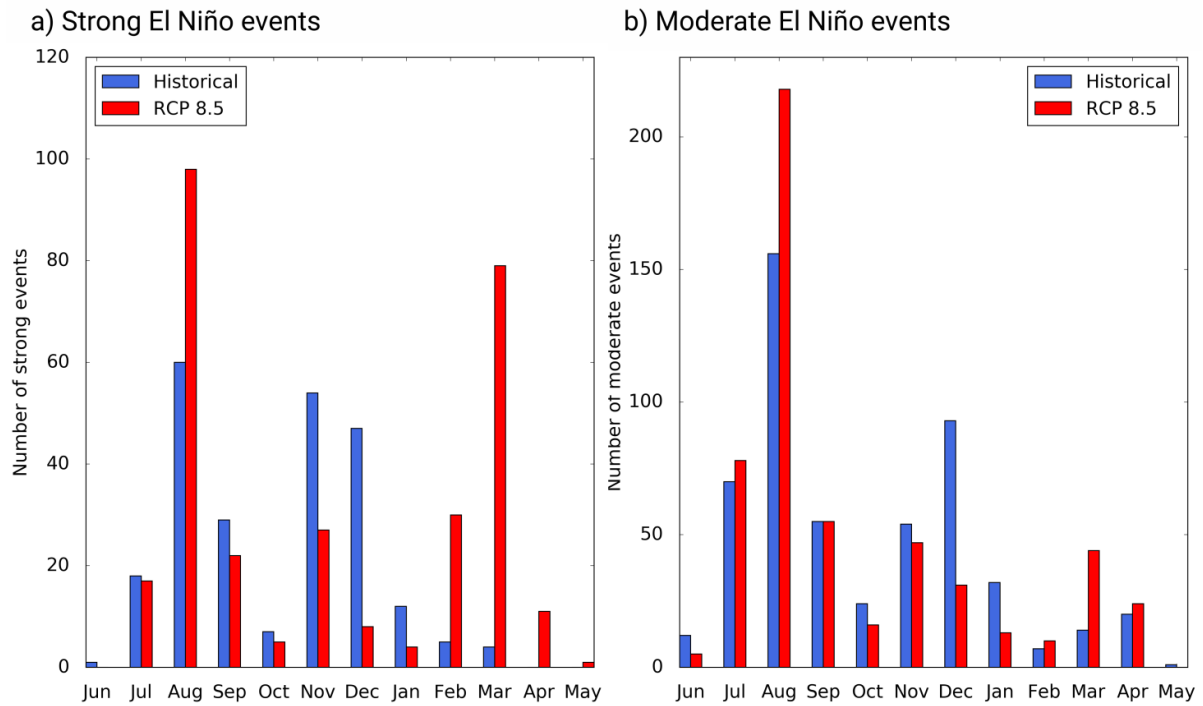
**Figure 1:** Linear regression coefficients ( $^{\circ}\text{C}$ ) of SST anomalies onto the E (a, c) and C (b, d) indices for (a, b) HadISST v1.1 (1950-2017) and (c, d) the ensemble mean of CESM-LE historical simulations (42 members). The E and C indices are defined from the two leading principal components of the EOF analysis of the SST anomalies in the tropical Pacific ( $115^{\circ}\text{E}$ - $290^{\circ}\text{E}$ ;  $10^{\circ}\text{S}$ - $10^{\circ}\text{N}$ ). The SST anomalies are linearly detrended over each time period. Also shown is the mean position of the  $28^{\circ}\text{C}$  isotherm (thick black line).



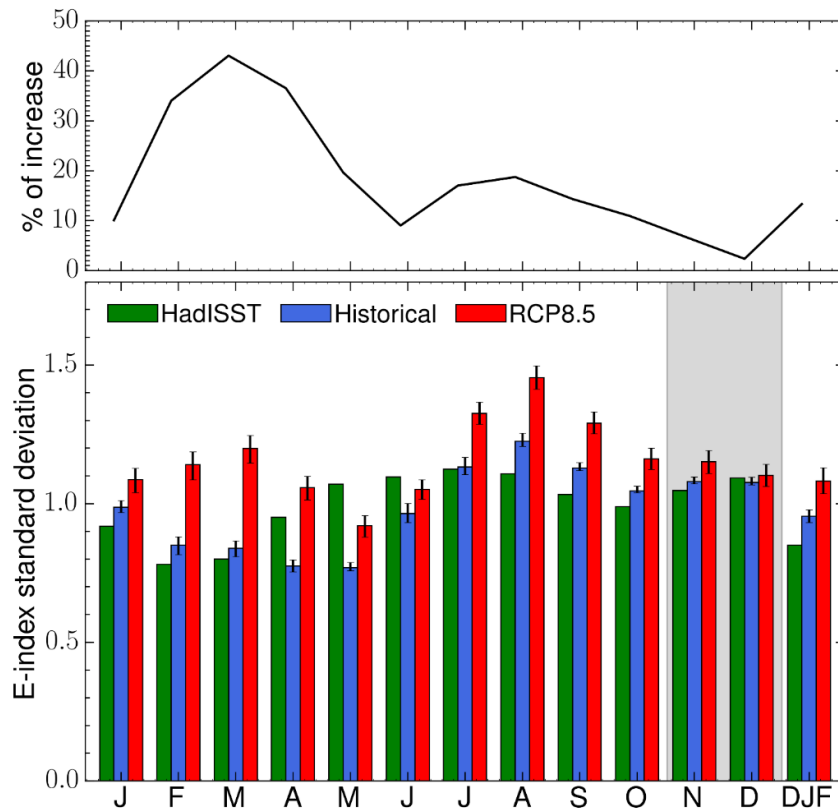
**Figure 2:** Ensemble mean of the linear regression coefficients ( $^{\circ}\text{C}$ ) of SST anomalies onto the E (left) and C (right) indices calculated for the historical runs (a, b), the RCP8.5 runs (c, d) and the differences between RCP8.5 and historical runs (e, f). The E and C indices are defined from the two leading principal components of the EOF analysis of the SST anomalies in the tropical Pacific ( $115^{\circ}\text{E}$ - $290^{\circ}\text{E}$ ;  $10^{\circ}\text{S}$ - $10^{\circ}\text{N}$ ). The SST anomalies are linearly detrended over each time period. The 5% confidence intervals from a Wilcoxon rank-sum test is indicated by stippling. The stippling indicates where the values of the RCP8.5 runs are significantly larger (in absolute value) than that of the historical runs. Note the different scale of the colorbar on (e) and (f). In the dashed lines is indicated the  $2^{\circ}\text{S}$ - $2^{\circ}\text{N}$  region onto which the heat budget is projected.



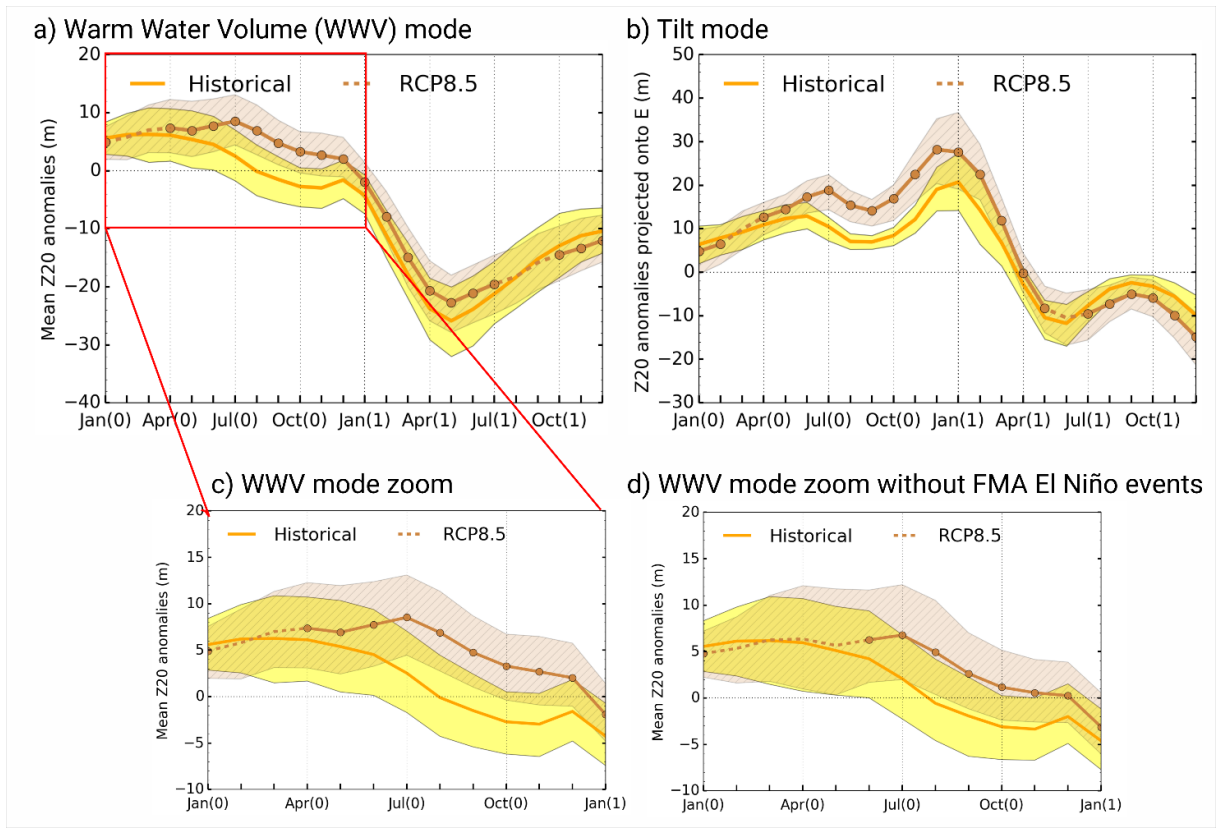
**Figure 3:** Composite evolution of (a) the E and (b) the C indices ( $115^{\circ}\text{E}$ - $290^{\circ}\text{E}$ ;  $10^{\circ}\text{S}$ - $10^{\circ}\text{N}$ ) during strong (red) and moderate (green) El Niño events for (solid lines) historical and (lines with circles) RCP8.5 runs. The shading indicates the range of values between the 25<sup>th</sup> and 75<sup>th</sup> percentiles of the distribution. The portion of the curves in dashed line for the RCP8.5 composites indicates where the changes between historical and RCP8.5 are not significant at the 95% level according to a Wilcoxon rank sum test.



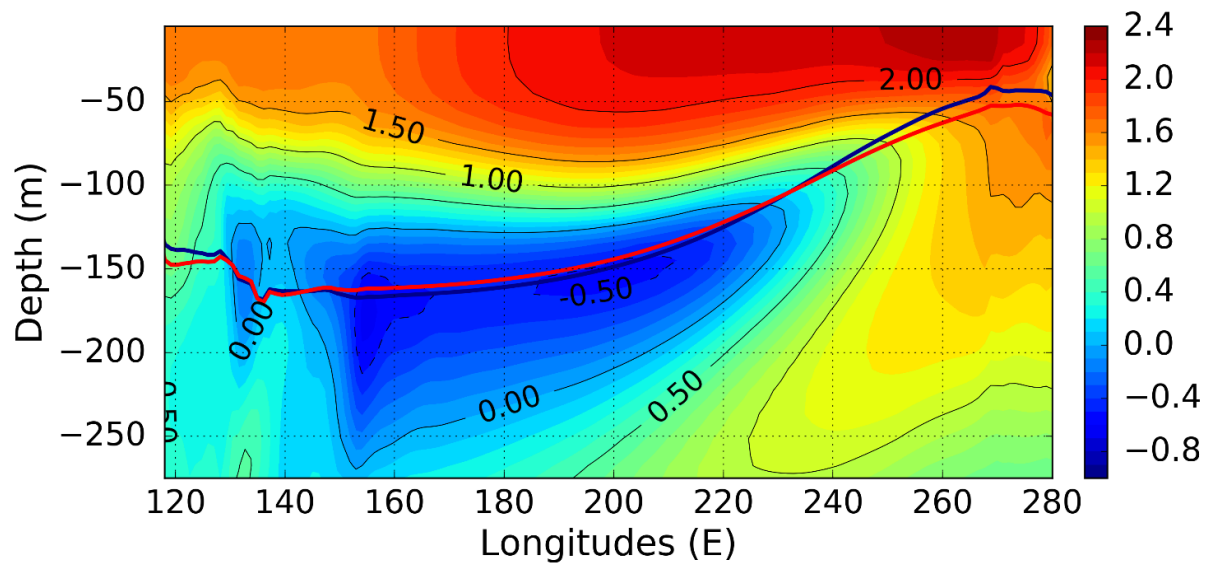
**Figure 4:** Number of (a) strong and (b) moderate El Niño events, defined from the E-index, as a function of the month in the calendar year when they peak (i.e. E index has maximum value) for (blue) historical and (red) RCP8.5 simulations. Note the different scale on the y-axis between (a) and (b).



**Figure 5:** (Bottom panel) Climatological variance of the E index for (green) observations (1950-2017, 115°E-290°E; 10°S-10°N), (blue) the historical and (red) RCP8.5 simulations of CESM-LE. Error bars are inferred from the 95<sup>th</sup> and 5<sup>th</sup> percentiles of the distribution obtained by 10,000 realisations of randomly resampling the 40 (42) members and calculating their variance each time, any member being allowed to be selected again. (Top panel) Percentage of increase in variance from the historical to the RCP8.5 runs as a function of calendar month. The increase in variance between historical and RCP8.5 simulations is statistically significant at the 95% confidence level for all months except November and December (grey shading) according to Wilcoxon and bootstrap tests. The increase in variance associated with the DJF mean is provided on the left hand side of each panel. It is significant at the 95% confidence level.

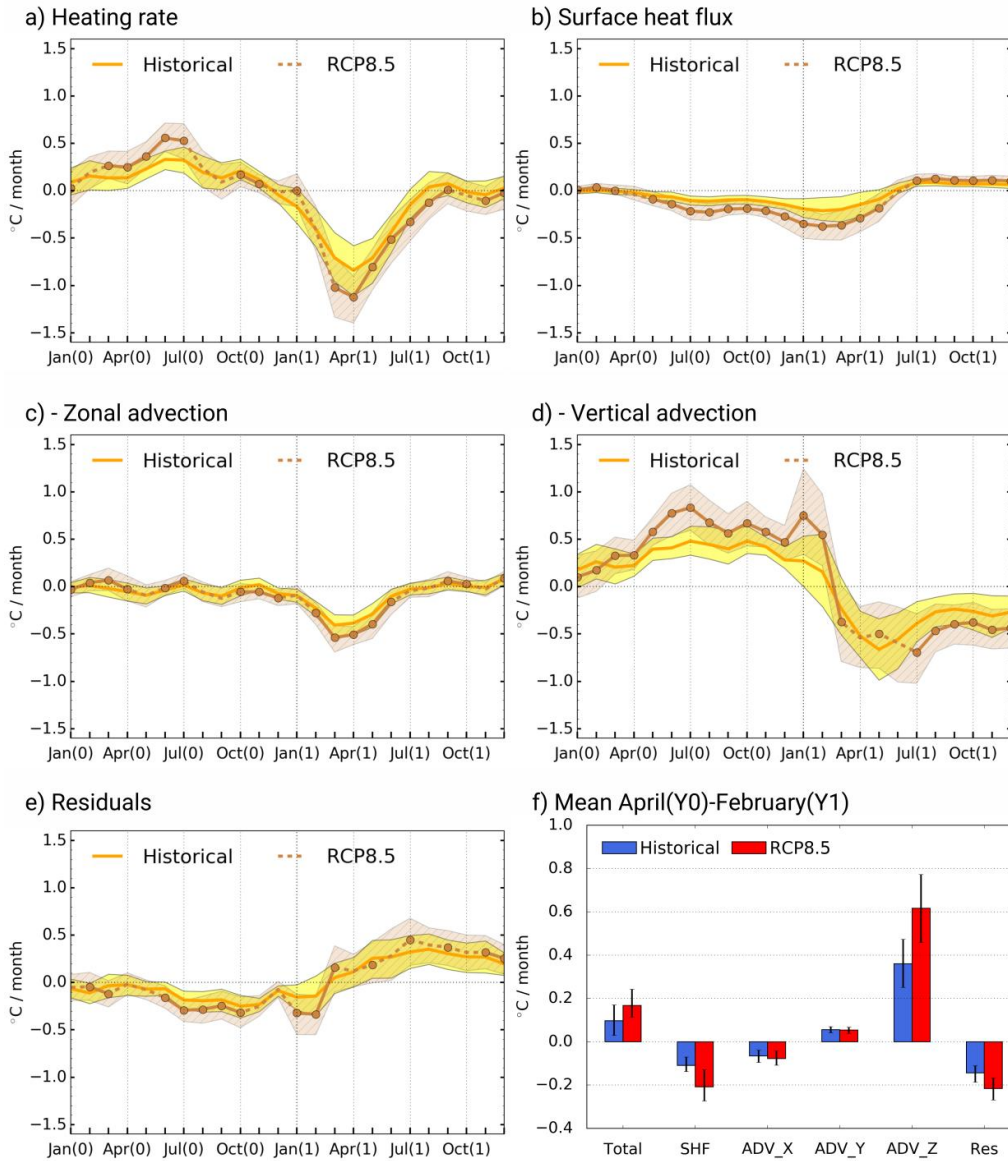


**Figure 6:** (Top panels) Composite evolution of (a) the Warm water volume (WWV) mode and (b) the tilt mode during strong El Niño events for the (solid yellow lines) historical and (brown lines with dots) RCP8.5 runs. The WWV mode corresponds to the mean 20°C isotherm depth (Z20) anomalies (m) averaged over the region (115°-290°E; 2°S-2°N). The tilt mode is estimated by projecting the 20°C isotherm depth (Z20) anomalies (m) onto the E mode pattern calculated over the domain (115°E-290°E; 2°S-2°N). The shading indicates the range of values between the 25<sup>th</sup> and 75<sup>th</sup> percentiles of the distribution of the members. The portions of the curves in dashed line for the RCP8.5 composites indicate when the changes between historical and RCP8.5 are not significant at 95% confidence level based on a Wilcoxon rank sum test. (Bottom panels) Composite evolution of Warm water volume (WWV) over Jan (Y0)-Jan(Y1) for (c) all the strong El Niño events, and (d) excluding the contribution of strong El Niño events peaking in FMA.

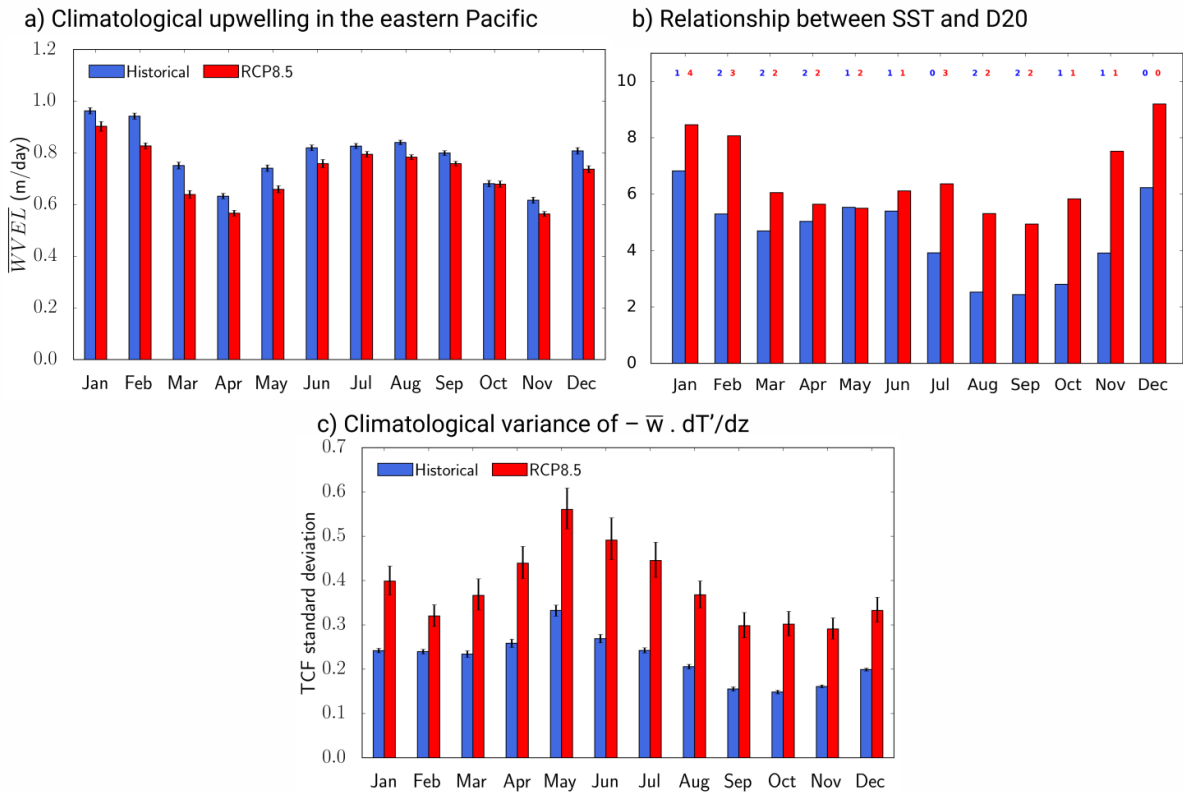


**Figure 7:** Mean differences of equatorial (2°S-2°N) temperature (in °C) between the RCP8.5 and historical simulations. The blue (red) line indicates the mean depth of the 20 °C isotherm for the historical (RCP8.5) simulations.

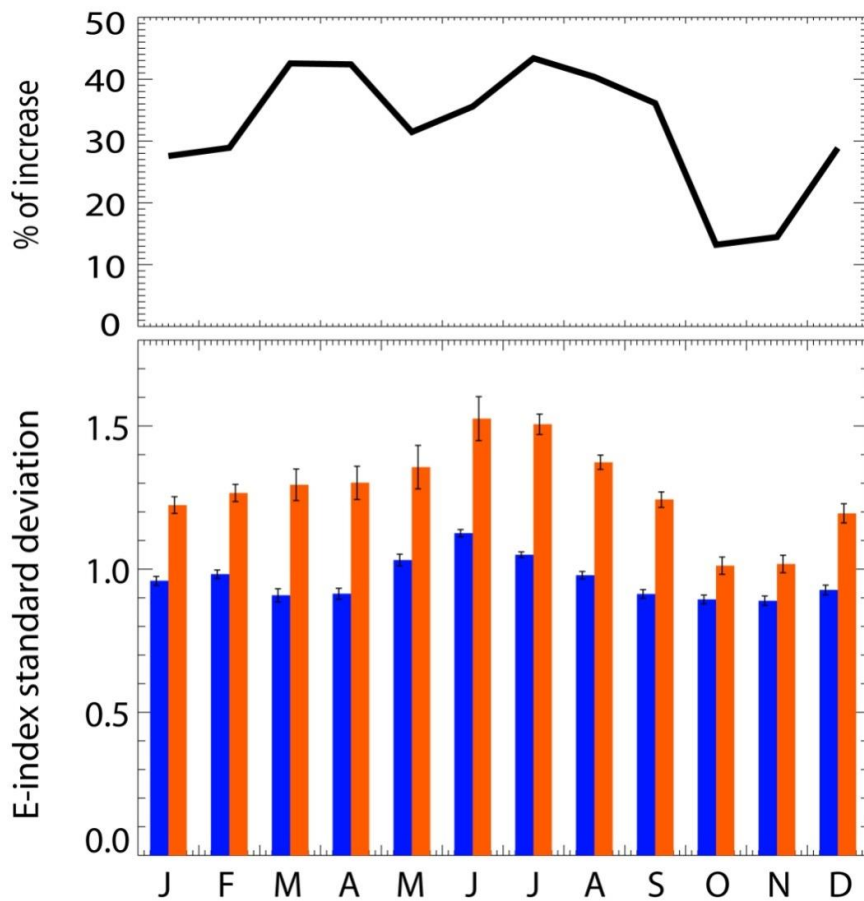




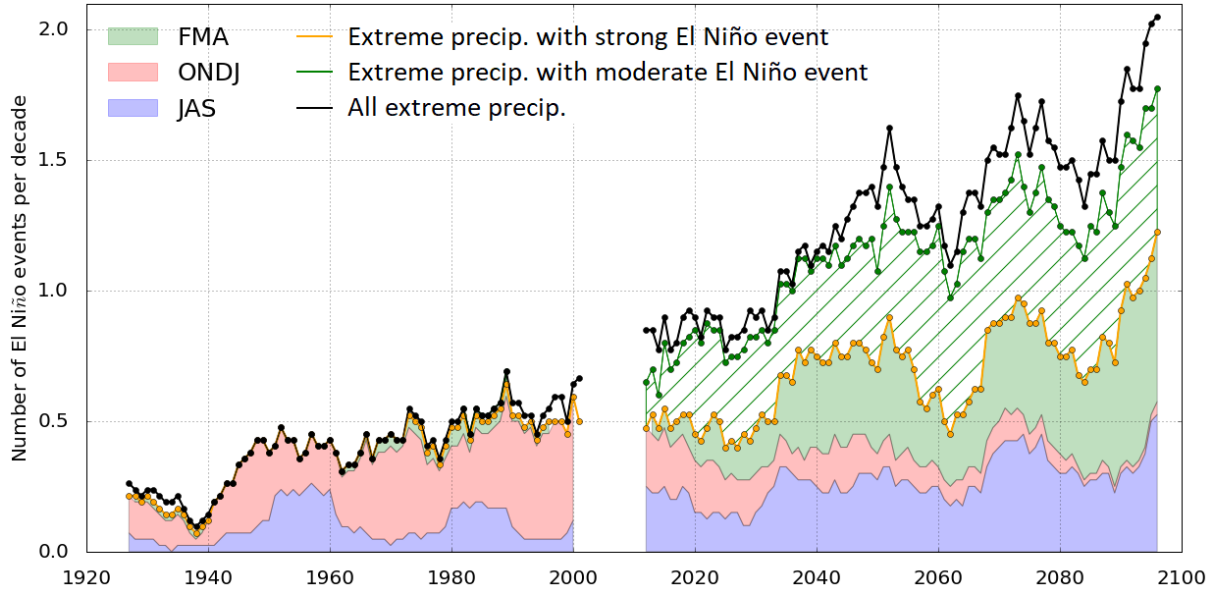
**Figure 8:** Heat budget projected onto the E mode: Composite evolution during strong El Niño events for (a) the total heating rate, (b) the surface net heat flux, (c) the zonal advection, (d) the vertical advection and (e) the residuals (i.e. difference between the rate of SST change and all tendency terms including meridional advection) for the (yellow) historical and (brown) RCP8.5 simulations. All terms are projected onto the E mode patterns (see the method section). The shading indicates the range of values between the 25<sup>th</sup> and 75<sup>th</sup> percentiles of the distribution of the members. The portions of the curves in dashed line for the RCP8.5 composites indicate when the changes between historical and RCP8.5 are not significant at 95% confidence level based on a Wilcoxon rank sum test. (f) Mean values over the period Apr (Y0)-Feb (Y1) of all the terms. Error bars are inferred from the 95<sup>th</sup> and 5<sup>th</sup> percentiles of the distribution obtained by randomly resampling the values of tendency terms of the 40 (42) members, any members being allowed to be selected again.



**Figure 9:** a) Changes in climatological mean upwelling in the eastern Pacific (Niño-3 region) for the (blue) historical and (red) RCP8.5 simulations (m/day). Error bars correspond to the inter-members spread (standard deviation). b) Changes in the maximum value of the slope of the lagged relationship between SST anomalies (E index) and the depth of the 20 °C isotherm (D20) anomalies in the eastern Pacific (projected onto the E mode) for the (blue) historical and (red) RCP8.5 simulations. The lag is indicated above the corresponding bars (positive value corresponds to D20 ahead SST). (c) Climatological variance of the thermocline feedback for the (blue) historical and (red) RCP8.5 simulations (°C/days). Error bars are inferred from the 95<sup>th</sup> and 5<sup>th</sup> percentiles of the distribution obtained by 10,000 realisations of randomly resampling the 40 (42) members and calculating their variance each time, any member being allowed to be selected again.



**Figure 10:** (Bottom panel) Climatological variance of the E-index for (blue) the historical and (red) RCP8.5 simulations of an ensemble of CMIP5 models. The ensemble corresponds to the 17 models used in Cai et al. (2018) that realistically represent the nonlinear Bjerknes feedback. Error bars are inferred from the standard deviation of 10,000 realisations obtained by randomly resampling the 17 models and calculating their variance each time, any models being allowed to be selected again. (Top panel) Percentage of increase in variance from the historical to the RCP8.5 runs as a function of calendar month.



**Figure 11:** Number of extreme precipitation events over 10-year running windows that are concomitant with either strong or moderate El Niño events among the ensemble of the historical (1920-2005) and the RCP8.5 (2006-2100) simulations. Hatch indicates the proportion of moderate El Niño events while shading is for strong El Niño events. The colors refer to the seasons as defined in section 3.2: blue for JAS events, red for ONDJ events and green for FMA events. Note that there is a little share of extreme events that are not concomitant with either a moderate or a strong El Niño events (i.e. the green curve does not overlap the black curve), which is due to internal variability in precipitation (year of extreme precipitation event without an El Niño event).

	Historical (1920-2005)			RCP8.5 (2006-2100)			Increase rate of frequency from present to future climate
	Number of events	Frequency of occurrence (events/decade)	% of events concomitant with an extreme precipitation event/strong event	Number of events	Frequency of occurrence (events/decade)	% of events concomitant with an extreme precipitation event/strong event	
Number of strong events	237	0.65	59%	302	0.77	89%	+18.5 %
Number of moderate events	538	1.42	1% (5)	541	1.42	31% (167)	-0.1 %
Number of extreme precipitation events	146	0.39	96%	489	1.26	55%	+225.6 %
Number of strong events peaking in JAS	107	0.30	34%	137	0.35	78%	+16.5 %
Number of strong events peaking in ONDJ	120	0.33	79%	44	0.11	100%	-65.8 %
Number of strong events peaking in FMA	9	0.02	100%	120	0.31	99%	+1314.9 %

**Table 1** Statistics in El Niño events and extreme precipitation events: 3682 (3800) years are considered for the historical (RCP8.5) runs. Note that the values of the frequency of occurrence have been rounded while the percentages in the text use the exact values.



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