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3	Extension of the Rimodal Intraspasonal Oscillation Index using $IRA_55$
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8	Kazuyoshi KIKUCHI
9 10 11 12	International Pacific Research center, School of Ocean and Earth Science and Technology, University of Hawaii at Manoa Honolulu HI 96822
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30 31 32	Corresponding author:
33	Kazuyoshi Kikuchi
34	International Pacific Research Center, University of Hawaii
35	1680 East West Road, POST Bldg. 401, Honolulu, HI 96822, USA
36	E-mail: kazuyosh@hawaii.edu
37	Tel: +808-956-5019, Fax: +808-956-9425
38	UKCID: 0000-0002-0200-0908
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### Abstract

This study aims to extend the bimodal intraseasonal oscillation (ISO) index, developed by 42 Kikuchi et al., 2012, using JRA-55 reanalysis back in time to 1958. The bimodal ISO index is 43 composed of two distinct ISO indices: the Madden-Julian oscillation (MJO) index and the 44 boreal summer ISO (BSISO) index, each aiming to capture the ISO behavior during boreal 45 winter and summer, respectively. These indices are derived by means of extended empirical 46 orthogonal function (EEOF) analysis applied to outgoing longwave radiation (OLR) during 47 boreal winter and summer, respectively. By combining the MJO and BSISO indices, the state of 48 the ISO can be reasonably represented over the course of the year. First, the original index is 49 updated using observed OLR until recently (-Jan. 2017) with a modification of the use of 50 extended winter and summer months (Dec.-Apr./Jun.-Oct.) instead of normal winter and 51 summer months (Dec.-Feb./Jun.-Aug) in EEOF analysis. The updated version is quite 52 consistent with the original counterpart, whereas it is arguably able to represent the ISO more 53 faithfully throughout the year. In the same manner, a JRA-55-based index is constructed. 54 Although JRA-55 OLR has systematic biases, the resulting JRA-55-based bimodal ISO index is 55 in excellent agreement with the observation-based index. A comparison between JRA-55 and its 56 subset, JRA-55C (satellite observations are not assimilated at all) suggests that the 57 JRA-55-based index is reliable even in the pre-satellite era. Interannual variability and 58 long-term trend of the ISO activity are also discussed. The newly developed, long-term 59 JRA-55-based index will be useful for a number of applications. 60

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#### 63 Keywords: ISO, MJO, BSISO, JRA-55, index

## 64 **1. Introduction**

The tropical intraseasonal oscillation (ISO), characterized by the periodicity of 30-60 (90) day, 65 is the predominant phenomenon in the tropics throughout the year (Madden and Julian 1994; 66 Lau and Waliser 2012) and has a profound influence on a wide range of space-time scale 67 phenomena (e.g., Zhang 2013; Serra et al. 2014). Here we use the term "ISO" to refer to the 68 30-60 day oscillation in a broad sense that includes, but is not identical to, the so-called 69 Madden-Julian oscillation (MJO) (Madden and Julian 1971, 1972), which is often regarded as 70 representing the ISO during boreal winter. As discussed below, the 30-60 day oscillation during 71 boreal summer displays distinct spatio-temporal behavior (e.g., Yasunari 1979; Knutson and 72 Weickmann 1987; Wang and Rui 1990) and is variously referred to as the boreal summer MJO, 73 boreal summer ISO (BSISO), and monsoon ISO (MISO) (we prefer to use the term "BSISO"). 74 Thus, we prefer to view the ISO as comprising of the MJO and the BSISO. Despite its 75 importance, how to define the ISO is diverse. People used different approaches to define the ISO 76 (a review can be found in Kikuchi et al. 2012), particularly before the seminal study of Wheeler 77 and Hendon (2004). They developed an index, referred to as an all-season real-time multivariate 78 MJO (RMM) index, by isolating common features of the ISO that exist throughout the year by 79 applying empirical orthogonal function (EOF) analysis to combined fields of near-equatorially 80 averaged 850-hPa zonal wind, 200-hPa zonal wind, and outgoing longwave radiation (OLR). 81 Quite a large number of studies have benefitted from the index to address different aspects of the 82 ISO and associated variability (e.g., Cassou 2008; Kim et al. 2009; Wheeler et al. 2009; Kim et 83 al. 2018). 84

Although it is a remarkable approach, the degree to which the RMM index is able to faithfully represent the ISO throughout the year is in question. It has long been recognized that

the ISO during boreal winter is characterized by pronounced slow eastward propagation along 87 the equator over the Indo-Pacific warm pool region (e.g., Lau and Chan 1985; Knutson and 88 Weickmann 1987), while that during boreal summer by northward/northwestward migration of 89 convection over the northern Indian Ocean and western North Pacific as well as slow eastward 90 propagation along the equator (e.g., Lau and Chan 1986; Wang and Rui 1990). In addition, 91 recent studies have pointed out that the RMM index is representative rather of the dynamical 92 fields than of OLR (Straub 2013; Ventrice et al. 2013; Liu et al. 2016), suggesting that it is 93 inadequate for capturing the ISO convection. Recently, some efforts have been made to 94 construct a new OLR-based ISO index taking the ISO seasonal cycle into account. Kikuchi et al. 95 (2012) proposed a bimodal ISO index, on the basis of extended EOF (EEOF) analysis, that 96 consists of the so-called MJO mode and BSISO mode, which represents the typical 97 spatio-temporal behaviors of the ISO during boreal winter and summer, respectively. Kiladis et 98 al. (2014) developed another index, referred to as an OLR-MJO index (OMI), that relies on 99 daily-varying EOFs derived from windowed data centered on the target day. These newly 100 developed ISO indices arguably much better represent individual ISO events than the RMM 101 index throughout the year (Kikuchi et al. 2012; Wang et al. 2018b). This study particularly 102 concerns the bimodal ISO index. 103

104 So far the bimodal ISO index has been used to address a variety of topics including 105 assessment of models' ability to reproduce the ISO (Kikuchi et al. 2017; Shibuya et al. 2018; 106 Nakano and Kikuchi 2019), description of ISO-tropical cyclone relationship (Hirata and 107 Kawamura 2014; Yoshida et al. 2014), and examination of decadal change in the BSISO 108 (Yamaura and Kajikawa 2017) and of air-sea fluxes associated with the BSISO (Konda and 109 Vissa 2019). Nonetheless, the index may not be able to provide sufficient opportunities to address certain aspects of the ISO and associated variability on timescales ranging from
 interannual to multidecadal, because the satellite-derived OLR data (Liebmann and Smith 1996)
 on which the index relies is only available from mid-1970s at best.

In the last decade or so, efforts have been devoted, using up-to-date data assimilation 113 (DA) systems, to construct comprehensive reanalysis that covers the period from late 1950s 114 (Uppala et al. 2005; Kobayashi et al. 2015). Of particular note is the most recently developed 115 reanalysis by the Japan Meteorological Agency (JMA), the second Japanese global atmospheric 116 reanalysis (JRA-55) (Kobayashi et al. 2015). Since its predecessor, JRA-25 (Onogi et al. 2007), 117 JMA's operational NWP system has improved in many respects, including revision of the 118 longwave radiation scheme, introduction of four-dimensional variational analysis and 119 variational bias correction for satellite radiances. These improvements have led to significant 120 reduction in model biases, improved consistency of the dynamical fields, and advanced 121 handling of satellite radiances (Kobayashi et al. 2015). It has been reported that JRA-55, 122 compared to other reanalysis, is able to well reproduce various tropical subseasonal variability 123 including the ISO and convectively coupled equatorial waves (CCEWs) (Harada et al. 2016). 124 Another advantage of JRA-55 is that it provides JRA-55 Conventional (JRA-55C) as its subset, 125 which uses only conventional observations based on the same DA system and the same 126 boundary conditions as JRA-55, which provides us with an opportunity to examine the degree to 127 which reanalysis in the pre-satellite era is reliable. 128

The purpose of this study is to extend the bimodal ISO index by using JRA-55 reanalysis back in time to 1958. First of all, we update the bimodal ISO index using observational data until recently with a slight modification in which the way two ISO modes are defined. It is found that this modification improves the representation of the ISO over the course of the year, though most of the results that have been obtained using the original index would be
insensitive to this modification. Then, in the same manner, a JRA-55-based bimodal ISO index
is constructed. The newly developed, JRA-55-based ISO index will provide good opportunities
to better understand the variability of the ISO and associated variability on longer timescales.
This study paves the way for a number of possible future ramifications.

The paper is constructed as follows. Section 2 describes the data and methodology to be used. In Section 3, we update the bimodal ISO index using most up-to-date OLR data with the minor modification. In Section 4 we construct the bimodal ISO index using JRA-55 and discuss its reliability and argue some aspects. Section 5 concludes this paper.

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### 143 **2. Data and methodology**

#### 144 **2.1. Data**

Satellite- and reanalysis-derived OLR datasets are primarily used in this study. Daily NOAA 145 interpolated OLR dataset at a horizontal resolution of 2.5° latitude/longitude (Liebmann and 146 Smith 1996) is available, at the time of writing, for the period of June 1974 to January 2017, 147 with the gap between 17 March and 31 December 1978. In favor of not including the data gap 148 period, we use the dataset for the period 1979 to January 2017. JRA-55 (Kobayashi et al. 2015) 149 and its subset, JRA-55C (Kobayashi et al. 2014) are also used in this study. OLR at the nominal 150 top of the atmosphere is provided as a forecast variable every three hours as an average from the 151 beginning of forecasts up to 3 hours. JRA-55 is available from 1958 to present and we used it for 152 the period 1958-2017. JRA-55C, in contrast, covers the period from November 1972, when 153 JRA-55 starts to use satellite data, to 2012. JRA-55C assimilates only conventional observations 154 that exist throughout the entire period covered by JRA-55, including land and marine surface 155

data, upper air data, and tropical cyclone wind retrievals. Thus, by comparing JRA-55 and
JRA-55C we can assess the impact of the use of satellite observations into data assimilation.
Both reanalysis datasets are provided at a horizontal resolution of either 1.25° latitude/longitude
or model grid (TL319~55 km). We constructed and used coarse-grained data of reanalysis with
2.5° latitude/longitude, which is in line with the NOAA OLR dataset.

161 **2.2** 

### 2.2. Construction of the bimodal ISO index

We briefly review how the bimodal ISO index is constructed. Please see Kikuchi et al. (2012) 162 for a comprehensive description. First, the intraseasonal component is isolated by applying 163 25-90 day Lanczos bandpass filter (Duchon 1979) to OLR data. Extended EOF analysis (Weare 164 and Nasstrom 1982) with three time lags (-10, -5, and 0 days) is employed to extract the typical 165 spatio-temporal behavior of the ISO convection during boreal winter and summer, respectively. 166 In Kikuchi et al. (2012), the winter and summer months are defined as December-February 167 (DJF) and June-August (JJA), respectively. This choice, however, is modified in this study (the 168 winter as December-April, while the summer June-October), as discussed more in detail in the 169 next section. The first two EEOFs for each season are used to define the MJO mode and the 170 BSISO mode. Finally, the corresponding principal components (PCs) for the entire period are 171 obtained by projecting the extended intraseasonal OLR anomaly fields composed of the same 172 three time lags onto each EEOF for each mode, giving rise to the MJO index and the BSISO 173 index, respectively. At any given time, the state of the ISO is classified into significant MJO, 174 significant BSISO, or insignificant ISO based on the normalized amplitude ( $A^* =$ 175  $(PC_1^{*2} + PC_2^{*2})^{1/2})$  and non-normalized amplitude  $A = (PC_1^2 + PC_2^2)^{1/2}$  of the MJO and 176 BSISO indices, where  $PC^*$  represents the normalized PC by one standard deviation during the 177 period the EEOF analysis was performed, as schematically summarized in Fig. 1 (see Kikuchi et 178

## **3.** Update of the bimodal ISO index

We update the bimodal ISO index using satellite-derived data until recently with the 182 modification in the definition of the MJO mode and the BSISO mode. In the intention of 183 isolating typical spatio-temporal behavior of the ISO that is pronounced during two extreme 184 seasons, Kikuchi et al. (2012) applies EEOF analysis to data during DJF and JJA. It was found 185 that the MJO mode is able to represent the ISO behavior well from December to April (DJFMA), 186 while the BSISO from June to October (JJASO), and May and November are transitional 187 months. This bimodality nature of the ISO was corroborated by later studies based on different 188 approaches (Kiladis et al. 2014; Szekely et al. 2016). In light of this bimodality nature, it may be 189 more reasonable to define the MJO mode and the BSISO mode from data during DJFMA and 190 JJASO, respectively. In other words, the original treatment may have overlooked ISO events 191 192 that occur outside of DJF and JJA.

Figure 2 shows the leading two EEOFs for 1979-2009 DJF and JJA, which correspond 193 to the original EEOFs derived by Kikuchi et al. (2012) and those for DJFMA and JJASO using 194 1979-January 2017 data ("updated version"). The EEOFs are scaled by multiplying by one 195 standard deviation of the corresponding PCs during the period each EEOF analysis is carried out 196 so that the amplitudes reflect the typical magnitude of an event. The updated EEOFs seem to be 197 somewhat smoother and the contributions of each EEOF become somewhat smaller, both of 198 which are due to the use of the extended months rather than of the longer period (not shown), 199 although both versions overall exhibit quite consistent results (Table 1). In the end, the 200 corresponding PCs are remarkably consistent between the original and updated versions (Fig. 3 201

and Table 1), with a time lag of 1 day suggesting that the spatio-temporal pattern that accounts 202 for the largest variance shifts in a systematic manner in time by 1 day. 203

Meanwhile, the minor modification improves the representation of the ISO throughout 204 the year. Figure 4 shows the climatological annual cycle of the MJO mode and the BSISO mode 205 in terms of their non-normalized amplitudes. It is evident that the predominant ISO mode 206 switches in May and November, which is consistent with other studies (Kiladis et al. 2014; 207 Szekely et al. 2016). A notable feature is that the amplitude of each ISO mode in the updated 208 version, relative to the original version, become larger outside of its typical target season (DJF 209 or JJA), whereas it almost remains the same in its target season. Another interesting feature is 210 large drops in the BSISO amplitude in September in both versions, which will not be examined 211 in detail in this study, though. As a result of the minor modification, significant ISO days are 212 picked out more uniformly across months in the updated version (Fig. 5). In particular, large 213 increases in April, May, October, and November are obvious features (which are also expected 214 from Fig. 4 and can be seen in Fig. 3). In the end, the average frequency of occurrence increases 215 from 0.52 to 0.59, which is in better agreement with other ISO indices such as the RMM (0.62)216 and OMI (0.57). 217

From the discussion above, we conclude that the updated bimodal ISO index vields 218 highly consistent results with the original index, while it is able to more faithfully represent the 219 ISO over the course of the year. From now on, we will use the updated version. 220

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#### 4. Extension of the bimodal ISO index using JRA-55 222

#### 4.1. Climatology and intraseasonal variance 223

First, we examine how OLR is represented in JRA-55. Fig. 6 shows the climatology of OLR and 224

Fig. 4

Fig. 5

intraseasonal (25-90 day) variance of OLR anomalies. As pointed out earlier, the climatological 225 OLR in JRA55 has large positive biases in deep convective areas, due most likely to 226 underestimation of cloud radiative effects (Kobayashi et al. 2015). Also evident in deep 227 convective areas is large negative biases in the intraseasonal variance. It is underestimated by a 228 factor of  $\sim 2$ , which is consistent with an earlier report by Harada et al. (2016). Not only the 229 amplitude but also the patterns are different slightly. Locations of minimum climatological OLR 230 are somewhat shifted, including those over the central Africa. The patterns of the intraseasonal 231 variances are, to some extent, consistent, while the large peak over the equatorial central Indian 232 Ocean is not evident in JRA-55. Despite these large biases, it has been reported that subseasonal 233 tropical variability including the ISO and CCEWs, in general, is relatively well reproduced in 234 terms of signal-to-noise ratio compared to other reanalysis datasets (Harada et al. 2016). 235

### 4.2. Development of the bimodal ISO index using JRA-55 data

As described in Section 2.2, we construct a bimodal ISO index using JRA-55 OLR data. As in 237 the updated version discussed in the previous section, we use the extended months to isolate the 238 MJO and the BSISO modes. Shown in Fig. 7 are the first two EEOFs for both modes based on 239 1958-2017 period. Compared to the observation (Fig. 2), there are some differences. The 240 amplitudes of the EEOFs are smaller by a factor of  $\sim 2$ , which is consistent with Fig. 6. The 241 JRA-55-based EEOFs appear to have smaller-scale features (i.e., noisier) and weak tendency 242 over the central Indian Ocean for both seasons, whereas major features are well captured for 243 both modes such as the dipole structure in the Indo-Pacific warm pool region for the MJO and 244 the northwest-southeast tilted convective band for the BSISO. Indeed, the correlations between 245 the observation- and the JRA-55-based EEOFs are relatively high (Table 2). Note that these 246 results are robust regardless of the choice of the period used. For instance, the EEOFs yield quite 247

Fig. 7

Table 2

similar patterns if using the same period as the observation (i.e., 1979-January 2017, not
shown).

It is remarkable that the resulting PCs have exceptionally high correlations with those obtained from the observation (Table 2), although there are slight time lags (1 or 2 days at most) that would not make much difference (i.e., small compared to the ISO periodicity, 30-60 days). In other words, the biases in the representation of the ISO in JRA-55 are so systematic that they are mainly absorbed by EEOFs and have little effect on PCs.

Finally, it is worth noting that constructing a bimodal ISO index by projecting JRA-55 OLR data onto the observed EEOFs is another option. In fact, that approach works as well (not shown). However, in the spirit of developing an independent index, we take the approach mentioned above.

### 4.3. How reliable is the JRA-55-based ISO index in the pre-satellite era?

We have shown that the JRA-55-based ISO index is highly consistent with the 260 observation-based index. Then, it is natural to ask how reliable is the index in the pre-satellite 261 era? We address that issue by comparing the JRA-55 and its subset JRA-55C (not assimilating 262 satellite observations at all). Before comparing the two indices in detail, we compare snapshots 263 of OLR on a particular day (27 October 2011, Fig. 8) to gain a sense of the degree to which 264 JRA-55 is consistent with or different from JRA-55C. This is a date in the midst of the first ISO 265 event that took place during the CINDY/DYNAMO field campaign (Gottschalck et al. 2013; 266 Yoneyama et al. 2013), which has been rigorously examined in many different respects (e.g., 267 Johnson et al. 2015; Kikuchi et al. 2018). According to the original bimodal ISO index<sup>1</sup>, the 268

<sup>&</sup>lt;sup>1</sup> see http://iprc.soest.hawaii.edu/users/kazuyosh/Bimodal\_ISO.html

normalized amplitudes of both MJO and BSISO modes are greater than 1 (1.02 and 1.54, 269 respectively), although the non-normalized amplitude of the BSISO mode (530) is much greater 270 than that of the MJO mode (398), indicating that this event can identified as a significant BSISO 271 event (see Fig. 1). In addition, this particular date corresponds to phase 3 of the BSISO. In fact, 272 the convective features over the IO in the observation (Fig. 8a) look very similar to phase 3 of 273 the BSISO composite (Fig. 12). JRA-55 and JRA-55C both appear to capture the major features 274 of this convective signal, although the amplitudes are much smaller, as has been discussed so far. 275 Upon close inspection, there are differences between JRA-55 and JRA-55C, yet they are mainly 276 outside of the major BSISO convection. 277

Figure 9 shows the two leading EEOFs for DJFMA and JJASO obtained using JRA-55C. The patterns are similar to those based on JRA-55 (Fig. 7). The correlations between them, indeed, are very high as well as their PCs (Table 3). Therefore, we conclude that the bimodal ISO index based on JRA-55 OLR is arguably reliable even in the pre-satellite era, to the extent that the conventional observations in the pre-satellite era are dense in space and time and reliable.

**4.4. Seasonal cycle and composite structures** 

We examine the seasonal cycle and composite structures of the ISO represented in JRA-55. Figure 10 shows the monthly frequency of occurrence of significant ISO days based on the JRA-55 ISO index for the period 1958-2017 (color bars) in conjunction with that for the period 1979-2017 based on the JRA-55 (black line) and on the observation (i.e., Fig. 5b, green line). It is clear that the overall shape of the seasonal cycle is in good agreement between the observation and the JRA-55. On the basis of a comparison for the overlapping period between the observation and the JRA-55 (i.e., black line vs. green line), it is suggested that the JRA-55 tends Table 3

to overestimate or underestimate the ISO amplitude in some months (e.g., the JRA-55 tends to overestimate the MJO amplitude in Feb, Mar, and Nov, while it tends to underestimate in Apr). The largest discrepancy occurs in May, in which the MJO and BSISO amplitudes are both underestimated in the JRA-55, resulting in a fewer number of total significant ISO days by  $\sim 20$  %. On the other hand, a comparison in the JRA-55 between the two periods (i.e., color bar and black line) suggests the BSISO amplitude tends to be lower in the pre-satellite era, which will be discussed more in detail in the next subsection in relation to linear trends.

Based on significant ISO events, we construct composites based on the two indices. As 299 in previous studies (e.g., Kikuchi et al. 2012), we separate the ISO into 8 phases. Figures 11 and 300 12 show the composite structures of OLR anomalies for the MJO and BSISO modes, 301 respectively. Given that the composite structures are insensitive to the choice of the period used, 302 we show the results based on 1958-2017 for JRA-55. Thus, the number of days used to construct 303 the composite is larger for JRA-55 than for the observation. The spatial features in JRA-55 seem 304 to be somewhat noisier or contain finer-scale features, which is of course consistent with the 305 EEOFs (Fig. 7), although the fundamental features of both the MJO and BSISO are in good 306 agreement, albeit the smaller amplitude in JRA-55 by a factor of  $\sim 2$ . 307

In both composites, the MJO starts to appear over the equatorial western Indian Ocean and propagates eastward. When it moves across the Maritime Continent, the convection seems to split into northern and southern branches, the southern branches being stronger. Finally, the convection moves southeastward over the western Pacific and decays. In contrast, the BSISO convection starts to appear over the central Indian Ocean in phase 1 and propagate both eastward and northwestward over the Indian Ocean (in phases 2-3), giving rise to a northwest-southeast tilted convection band in phases 4-6. The northwestward propagating Fig. 11

component over the northern Indian Ocean continues to move further northwestward and 315 dissipates over the Indian subcontinent, while the eastward propagating component starts to 316 move northwestward when it arrives over the western Pacific. 317

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### 4.5. Interannual variability and linear trends

It is beyond the scope of this study to rigorously examine the interannual and long-term 319 variability of the ISO, although it is of interest to look at how the ISO activity varies over the 320 course of the last six decades. Figure 13 shows time series of the ISO amplitude in terms of the 321 MJO and BSISO modes based on the JRA-55-based index. As has been discussed, the MJO 322 mode and the BSISO mode tend to be predominant during boreal winter and summer, 323 respectively. It is evident that both ISO modes undergo significant year-to-year variations in 324 activity. For instance, there were epochs that both ISO activities remained relatively high for a 325 long period of time such as from 2004 to 2010, while they remained low in some epochs such as 326 from 1982 to early 1984 (which is guite consistent with Wheeler and Hendon 2004). 327

Then, what controls these year-to-year changes in the ISO activity? Many previous 328 studies have focused on the effect of El Niño and the Southern Oscillation (ENSO). Although 329 the evolution characteristics of the ISO is affected by ENSO (e.g., Pang et al. 2016; Wang et al. 330 2018a), the overall level of ISO activity tends to be uncorrelated with ENSO (Hendon et al. 331 1999; Slingo et al. 1999; Hendon et al. 2007). Recently, the novel idea that the stratospheric 332 quasi biennial oscillation (QBO) controls the ISO activity during boreal winter has emerged 333 334 (Yoo and Son 2016; Son et al. 2017). Using the newly developed JRA-55-based ISO index, we address these issues. Table 4 summarizes the simultaneous relationship of the level of ISO 335 activity with ENSO and the QBO. The results are in good agreement with previous studies. The 336 overall activities of both ISO modes are uncorrelated with ENSO, whereas the activity of the 337

Table 4

MJO mode correlates with QBO (significant correlations in the upper and lower stratosphere with switching sign) throughout the extended winter. The relatively lower correlations, compared to Son et al. (2017), are primarily due to the use of the longer period used, as will be discussed below.

Detailed year-to-year variations of the ISO activity may be well described by means 342 of the wavelet transform. Figure 14 shows normalized wavelet spectra of the 3 month running 343 mean MJO and BSISO amplitudes calculated following Torrence and Compo (1998). By 344 construction, the annual cycle is most pronounced. Both spectra vary on multiple timescales, 345 although no specific timescale appears to exist that strongly controls both of the ISO modes. 346 There are several interesting features to note. First, both modes do not appear to be associated 347 closely with ENSO, which is characterized by 2-7 years periodicity and was relatively active 348 from 1960s to 1990s (Torrence and Compo 1998). Second, pronounced two-year peaks 349 sometimes appear in both spectra, while they are nonstationary. Perhaps what is worth 350 mentioning is that the two-year peaks in the MJO spectrum appear exclusively in the last three 351 decades, suggesting that the good MJO-QBO relationship has emerged since 1980s (Klotzbach 352 et al. 2019). Third, the spectrum of the BSISO index has more power on longer timescales 353 such as 4-8 years (which seems to be different from ENSO in nature) and multidecadal (15~30 354 years) (Yamaura and Kajikawa 2017). This is probably why we have not been able to explain 355 the interannual variability of the overall level of BSISO activity, as opposed to the MJO 356 counterpart (like the MJO-QBO relationship). 357

In order to gain better insight into what controls the year-to-year variability of BSISO activity, we examine the relationship with sea surface temperature (SST) using the Extended Reconstructed SST (ERSST) (Huang et al. 2017). Variability associated with two distinct

timescales, 4-8 years (interannual) and longer than 13 years (interdecadal), are isolated by 361 means of the Fourier transform. Since the available data length is limited (59 years), we use a 362 simple Fourier transform approach instead of the use of a sophisticated digital filter (Emery 363 364 and Thomson 1997). That is, after removing the linear trend from the yearly time series, we retained the 8-16th and 1-5th components of the Fourier transform for the interannual and 365 interdecadal components, respectively. Figure 15 shows correlations between the BSISO 366 activity and the SST anomalies on the two timescales for JJA (results are similar for JJASO). 367 For the interannual component, it is difficult to find any well-defined structure. For the 368 interdecadal component, on the other hand, there is a pattern that is to some extent reminiscent 369 of the interdecadal Pacific oscillation (IPO), which is characterized by a tripole structure with 370 the nodes over the eastern North Pacific, eastern South Pacific, and equatorial western Pacific 371 (Folland 1999; Power et al. 1999). However, the correlation between the BSISO activity and 372 the IPO index (Henley et al. 2015) is not high (-0.36). Another feature worth noting is that 373 there are significant positive SST anomalies in the northern Indian Ocean around the Indian 374 Peninsula. In summary, the degree to which how these SST anomalies affect the overall level 375 of BSISO activity is still unclear. 376

Another intriguing feature inferred from Fig. 13 is that there may be linear trends. Apparently, the overall level of activity of both modes in the last 1.5 decades appear to be much greater than the first 1.5 decades of the period. Similar positive trends in ISO activity were pointed out by Slingo et al. (1999) and Jones and Carvalho (2006), who used the National Centers for Environmental Prediction/National Center for Atmospheric Research (NCEP/NCAR) re-analysis (Kalnay et al. 1996), which suffered from several human processing errors (Kanamitsu et al. 2002), though. We calculate linear trends by means of least-squares,

and assess their statistical significance using a Student's-t test taking into account serial 384 autocorrelation based on the method of Santer et al. (2000). Figure 16 shows time series of the 385 MJO and BSISO variance based on the JRA-55 and the observation in conjunction with their 386 linear trends. It is evident that the time series are highly coherent between the JRA-55 and 387 observation on the interannual timescale (the correlations are over 0.95). However, the 388 estimated linear trends are significantly different. The trends in the MJO variance (Fig. 16a) 389 based on the JRA-55 are significantly upward (0.13 decade<sup>-1</sup> corresponding to ~9 % decade<sup>-1</sup>) 390 for both DJF and DJFMA, whereas that based on the observation are either slightly upward, 391 0.034 decade<sup>-1</sup> (~2 % decade<sup>-1</sup>) for DJF or downward -0.031 decade<sup>-1</sup> (~-2 % decade<sup>-1</sup>) for 392 DJFMA. The trends in the BSISO variance (Fig. 16b), in contrast, are consistently upward 393 both in the JRA-55 and the observation, yet their magnitudes are much smaller in the 394 observation: they are in the rage of 0.039-0.11 decade<sup>-1</sup> (~2-6 % decade<sup>-1</sup>) in the observation 395 as opposed to 0.15-0.22 decade<sup>-1</sup> (~10-16 % decade<sup>-1</sup>) in the JRA-55. Note that the linear 396 trends in the JRA-55 are similarly positive and much larger than in the observation for the 397 same period as the observation (not shown). Recently, Oliver (2016) estimated the linear trend 398 in ISO activity by constructing a bivariate index using surface pressure at a finite number of 399 locations from the Twentieth-Century Reanalysis (20CR; Compo et al. 2011). He showed that 400 the trend in ISO amplitude varies from nearly zero to an increase of ~30% over the 20th century 401 (i.e.,  $\sim 7\%$  decade<sup>-1</sup> in variance) depending on the locations used and suggested that we need to 402 be aware of the observational measurements. At this moment, it is difficult to draw a robust 403 conclusion on the linear trend in ISO activity, yet it may be reasonable to say that the JRA-55 for 404 some reason tends to exaggerate or overestimate the amplitude of the ISO in recent decades, as 405 is inferred from Fig. 16. 406

## 408 **5.** Conclusions

We updated and extended the bimodal ISO index introduced by Kikuchi et al. (2012) using OLR 409 from both satellite observations and JRA-55. To better represent the ISO over the course of the 410 year, we made a slight modification in defining the MJO mode and the BSISO mode. Originally, 411 the MJO and BSISO modes rely on the first two EEOFs derived from the normal winter (DJF) 412 and summer (JJA) months, respectively. This setting, however, results in overlooking ISO 413 events that occur outside of the target months. In the updated version, we use the extended 414 winter (DJFMA) and summer (JJASO) to derive the EEOFs that define the MJO and the BSISO 415 modes, respectively. Although this modification gives rise to only small differences in the EEOF 416 patterns, the representation of the ISO seems to be improved throughout the year, leading to a 417 more uniform distribution of the frequency of occurrence of significant ISO days across months. 418 Also the average frequency of occurrence of significant ISO days slightly increases, which is 419 now more in line with other ISO indices. It should be emphasized, however, that the original and 420 the updated versions of the ISO index are highly consistent and most results would be 421 insensitive to the choice of either version to be used. 422

Using the JRA-55 OLR, the bimodal ISO index was extended back in time to 1958. The same procedures are employed to construct the index. Despite large biases seen in the climatological mean and intraseasonal variability in OLR (Fig. 6), the JRA-55-based ISO index is remarkably consistent with the observation-based index. A comparison between JRA-55 and JRA-55C lends confidence in the reliability of the index even in the pre-satellite era (prior to 1972).

429

It is hoped that the new, extended, JRA-55-based bimodal ISO index will enhance a

number of future studies. We anticipate that we could address more rigorously certain aspects of
the ISO per se such as its interannual and multidecadal variability. As discussed in Section 4.5,
our understanding of what controls the year-to-year variability of ISO activity is still incomplete.
In addition, given its profound influence on other phenomena of a wide range of space-time
scales such as TC genesis, tropical-extratropical interactions, etc., the index would be useful to
examine whether and how the relationship between the ISO and other phenomenon varies over
the last six decades.

The results of this study encourage further extensions of the index using longer-term 437 reanalysis. Currently, several types of reanalysis that covers the entire twentieth century are 438 available; the twentieth-century reanalysis project (20CR; Compo et al. 2011), the ECMWF 439 twentieth century reanalysis (ERA-20C; Poli et al. 2016), and CERA-20C (Laloyaux et al. 440 2016). These are based on assimilation of only early instrumental record such as surface 441 pressure and marine wind observations. Using such reanalysis, some studies reconstructed 442 RMM-based ISO indices over the course of the 20th century (Oliver and Thompson 2012; Poli 443 et al. 2016) and showed that these indices capture the ISO variability relatively well at least in 444 the last three decades. Perhaps, these long-term reanalysis datasets would provide excellent 445 opportunities to rigorously investigate various aspects of the ISO, in particular linear trends. 446 Estimating linear trends reliably, however, seem to be challenging (Oliver 2016 and also as 447 discussed in Section 4.5). Presumably, using synergistically these reanalysis datasets, efforts to 448 construct a best reliable estimate of the bimodal ISO index and to assess its uncertainties over 449 the course of the 20th century is a worthwhile direction of future work. 450

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657		

# **Table and Figure captions**

659	Table 1 Correlations between the original and updated versions in EEOFs and corresponding		
660	PCs. Pattern correlations are calculated between the original (based on 1979-2009		
661	summer and winter seasons) and updated (1979-January 2017 extended summer and		
662	winter seasons) versions in the first two EEOFs and lagged correlations between the		
663	original and updated versions in the first two PCs. Numbers in brackets denote lags in		
664	day at which the maximum correlations occur and positive values mean the PC of the		
665	updated version lags that of the original.		
666	Table 2 Same as Table 1 except for between the observed and JRA-55		
667	<b>Table 3</b> Same as Table 1 except for between JRA-55 and JRA-55C		
668	<b>Table 4</b> Correlations of the seasonal mean ISO amplitudes with ENSO and the QBO on the		
669	interannual timescale based on the period 1958-2017. The state of ENSO is represented		
670	by multivariate ENSO index (MEI; Wolter and Timlin 1993, 1998). The state of the		
671	QBO is measured by zonal-mean zonal wind, averaged over 10°N–10°S, at 10 hPa (U10),		
672	20 hPa (U20), 30 hPa (U30), and 50 hPa (U50). Statistically significant values at the		
673	95% confidence levels are indicated by bold-faced type.		
674	Fig. 1. Flowchart summarizing the procedure for identifying significant ISO events in terms of		
675	the MJO mode and the BSISO mode. $A^* = (PC_1^{*2} + PC_2^{*2})^{1/2}$ and $A = (PC_1^2 + PC_2^{*2})^{1/2}$		
676	$PC_2^2$ ) <sup>1/2</sup> is the normalized and non-normalized amplitude, respectively, of either the		
677	MJO or BSISO mode, where $PC^*$ represents the normalized PC by one standard		
678	deviation during the period the EEOF analysis was performed. Adapted from Kikuchi et		
679	al. (2012).		

**Fig. 2** Evolution of the ISO convection patterns during boreal winter (left) and summer (right)

represented in terms of the first two EEOFs of intraseasonal (25-90 day) OLR anomalies. 681 The EEOFs in the left and right panels are calculated using (top) DJF and JJA data. 682 respectively, for the period 1979-2009 and (bottom) DJFMA and JJASO for the period 683 1979-January 2017, which are used to define the MJO and BSISO modes, respectively. 684 The contribution of each EEOF mode to total variance is denoted above each panel. Note 685 that the pair of the first two EEOFs represents a half of the life cycle of each ISO mode. 686 Fig. 3 A comparison of the ISO index between the (upper panels) original and (lower panels) 687 updated versions for the MJO and the BSISO modes, respectively for the year 2001. 688 Note that each PC is normalized by one standard deviation of the corresponding PCs 689 during the period each EEOF analysis was performed to obtain the EEOFs. Significant 690 ISO events are shaded in the background. 691 Fig. 4 Climatological annual cycle of the normalized amplitudes of the MJO mode (blue) and 692 the BSISO mode (red). The original and updated version are represented by dashed and 693 solid lines, respectively. 694

- Fig. 5 Frequency of occurrence of significant ISO days as a function of calendar month
   normalized by the number of days available each month for the (a) original and (b)
   updated versions.
- Fig. 6 Annual mean climatological OLR (left) and standard deviation of intraseasonal (25-90 day) OLR anomalies in W m<sup>-2</sup> based on (left) NOAA interpolated and (right) JRA-55.
- Fig. 7 Same as Fig. 1b and d except for JRA-55 for the period 1958-2017. Note that the contour
   interval is halved.
- Fig. 8 Snapshots of OLR on 27 October 2011 for (a) observation, (b) JRA-55, and (c) JRA-55C.
- Fig. 9 Same as Fig. 5 except for those derived from JRA-55C.

704	Fig. 10 Same as Fig. 3 except for the JRA-55 for the period 1958-2017 (color bars) in	
705	conjunction with that for the period 1958-2017 based on the JRA-55 (black line) and the	
706	observation (i.e., Fig. 5b, green line).	
707	Fig. 11 Composite life cycle of the MJO mode for (a) observation and (b) JRA-55 in terms of	
708	OLR anomalies. Significant values at the 99 % level according to the t test with degree	
709	of freedom being one sixth of the number of composite samples (taking account of	
710	persistence) are only drawn.	
711	Fig. 12 Same as Fig. 11 except for the BSISO mode.	
712	<b>Fig. 13</b> Time series of 91-day running mean $PC_1^2 + PC_2^2$ , showing the low-frequency (primarily	
713	interannual) modulation of the variance of the MJO mode (blue) and the BSISO mode	
714	(red).	
715	5 Fig. 14 The local wavelet power spectrum of the 3 month running mean (a) MJO and (b)	
716	BSISO amplitudes. The left axis is the Fourier period (in yr) corresponding to the	
717	wavelet scale on the right axis. The bottom axis is time (yr). The green contour encloses	
718	regions of greater than 90% confidence for a red-noise process with a lag-1 coefficient.	
719	The cone of influence is indicated by the thick curved lines.	
720	Fig. 15 Correlations between the BSISO activity and SST anomalies during JJA on (a)	
721	interannual (4-8 years) and (b) interdecadal (longer than 13 years) timescales.	
722	Anomalies on the interannual and interdecadal timescales are isolated, after removing	
723	the linear trend, by retaining the 8-16th and 1-5th components of the Fourier transform,	
724	respectively. The green marks represent where the correlations are significant at the	
725	90% confidence level.	

**Fig. 16** Time series of the (a) MJO and (b) BSISO modes in terms of  $PC_1^2 + PC_2^2$  averaged over 726

- the specified months indicated. The values are linear trend (decade<sup>-1</sup>) and those with
   asterisk denote 90% significance.

**Table 1** Correlations between the original and updated versions in EEOFs and corresponding PCs. Pattern correlations are calculated between the original (based on 1979-2009 summer and winter seasons) and updated (1979-January 2017 extended summer and winter seasons) versions in the first two EEOFs and lagged correlations between the original and updated versions in the first two PCs. Numbers in brackets denote lags in day at which the maximum correlations occur and positive values mean the PC of the updated version lags that of the original.

	EEOF <sub>1,2</sub>	PC <sub>1,2</sub>
Winter	0.96, 0.95	0.99 (+1), 0.99 (+1)
Summer	0.96, 0.96	0.99 (+1), 0.99 (+1)

	EEOF <sub>1,2</sub>	PC <sub>1,2</sub>	
Winter	0.89, 0.86	0.96 (+2), 0.97 (+2)	
Summer	0.92, 0.88	0.96 (+1), 0.96 (+1)	

 Table 2 Same as Table 1 except for between the observed and JRA-55

	EEOF <sub>1,2</sub>	PC <sub>1,2</sub>	
Winter	0.97, 0.96	0.98 (-1), 0.99 (-1)	
Summer	0.96, 0.96	0.98 (0), 0.98 (0)	

 Table 3 Same as Table 1 except for between JRA-55 and JRA-55C

**Table 4** Correlations of the seasonal mean ISO amplitudes with ENSO and the QBO on the interannual timescale based on the period 1958-2017. The state of ENSO is represented by multivariate ENSO index (MEI). The state of the QBO is measured by zonal-mean zonal wind, averaged over 10°N–10°S, at 10 hPa (U10), 20 hPa (U20), 30 hPa (U30), and 50 hPa (U50). Statistically significant values at the 95% confidence levels are indicated by bold-faced type.

		Wi	Winter		Summer	
		DJF	DJFMA	JJA	JJASO	
ENSO	MEI	0.16	0.12	0.10	0.04	
QBO	U10	0.39	0.34	-0.14	-0.15	
	U20	0.20	0.21	-0.05	-0.11	
	U30	-0.12	-0.06	0.01	-0.04	
	U50	-0.34	-0.32	0.10	0.08	



**Fig. 1.** Flowchart summarizes the procedure for identifying significant ISO events in terms of the MJO mode and the BSISO mode.  $A^* = (PC_1^{*2} + PC_2^{*2})^{1/2}$  and  $A = (PC_1^2 + PC_2^2)^{1/2}$  is the normalized and non-normalized amplitude, respectively, of either the MJO or BSISO mode, where  $PC^*$  represents the normalized PC by one standard deviation during the period the EEOF analysis was performed. Adapted from Kikuchi et al. (2012).



**Fig. 2** Evolution of the ISO convection patterns during boreal winter (left) and summer (right) represented in terms of the first two EEOFs of intraseasonal (25–90 day) OLR anomalies. The EEOFs in the left and right panels are calculated using (top) DJF and JJA data, respectively, for the period 1979–2009 and (bottom) DJFMA and JJASO for the period 1979-January 2017, which are used to define the MJO and BSISO modes, respectively. The contribution of each EEOF mode to total variance is denoted above each panel. Note that the pair of the first two EEOFs represents a half of the life cycle of each ISO mode.



**Fig. 3** A comparison of the ISO index between the (upper panels) original and (lower panels) updated versions for the MJO and the BSISO modes, respectively for the year 2001. Note that each PC is normalized by one standard deviation of the corresponding PCs during the period each EEOF analysis was performed to obtain the EEOFs. Significant ISO events are shaded in the background.



**Fig. 4** Climatological annual cycle of the normalized amplitudes of the MJO mode (blue) and the BSISO mode (red). The original and updated version are represented by dashed and solid lines, respectively.



**Fig. 5** Frequency of occurrence of significant ISO days as a function of calendar month normalized by the number of days available each month for the (a) original and (b) updated versions.





**Fig. 6** Annual mean climatological OLR (top) and standard deviation of intraseasonal (25-90 day) OLR anomalies in W m<sup>-2</sup> based on (left) NOAA interpolated and (right) JRA-55.



-7.5 -6 -4.5 -3 -1.5 1.5 3 4.5 6 7.5

**Fig. 7** Same as Fig. 1b and d except for JRA-55 for the period 1958-2017. Note that the contour interval is halved.





Fig. 8 Snapshots of OLR on 27 October 2011 for (a) observation, (b) JRA-55, and (c) JRA-55C.



-7.5-6-4.5-3-1.51.5 3 4.5 6 7.5

Fig. 9 Same as Fig. 5 except for those derived from JRA-55C.



**Fig. 10** Same as Fig. 5 except for the JRA-55 for the period 1958-2017 (color bars) in conjunction with that for the period 1979-2017 based on the JRA-55 and the observation (i.e., Fig. 5b, green line).



**Fig. 11** Composite life cycle of the MJO mode for (a) observation and (b) JRA-55 in terms of OLR anomalies. Significant values at the 99 % level according to the t test with degree of freedom being one sixth of the number of composite samples (taking account of persistence) are only drawn.



Fig. 12 Same as Fig. 11 except for the BSISO mode.



**Fig. 13** Time series of 91-day running mean  $PC_1^{*2} + PC_2^{*2}$ , showing the low-frequency (primarily interannual) modulation of the variance of the MJO mode (blue) and the BSISO mode (red).



**Fig. 15** The local wavelet power spectrum of the 3 month running mean (a) MJO and (b) BSISO amplitudes. The left axis is the Fourier period (in yr) corresponding to the wavelet scale on the right axis. The bottom axis is time (yr). The green contour encloses regions of greater than 90% confidence for a red-noise process with a lag-1 coefficient. The cone of influence is indicated by the thick curved lines.



**Fig. 15** Correlations between the BSISO activity and SST anomalies during JJA on (a) interannual (4-8 years) and (b) interdecadal (longer than 13 years) timescales. Anomalies on the interannual and interdecadal timescales are isolated, after removing the linear trend, by retaining the 8-16th and 1-5th components of the Fourier transform, respectively. The green marks represent where the correlations are significant at the 90% confidence level.



**Fig. 16** Time series of the (a) MJO and (b) BSISO modes in terms of  $PC_1^2 + PC_2^2$  averaged over the specified months indicated. The values are linear trend (decade<sup>-1</sup>) and those with asterisk denote 90% significance.